

JANUARY



ALL SAINTS NATIONAL CATHOLIC CHURCH

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www.all saints ncc.org

JANUARY



PRACTICE RELIGION AND LIVE LONGER

"Pray without ceasing." I Thes. 5:17

One of the clearest health benefits of religion: **Churchgoers live longer than others.**

Non church attenders will live to an average age of 75. One who goes less than weekly will reach 80, while weekly attenders live till 82, and those who attend more than weekly, 83.

If you are an unbeliever or a skeptic but knew that, by developing and practicing a faith, you would be given seven or eight additional years of life, would you do it? Hopefully, yes.

Why do religious people live longer? First, church-going promotes healthy habits. Weekly attenders are more likely to make positive changes.

They are 131 percent less depressed, 78 percent more likely to give up smoking, 54 percent more apt to do more exercise and 39 percent more inclined to stop drinking.

Embracing healthy beliefs and attitudes, learning to effectively resolve emotional stress, and moving in the direction of greater joy and gratitude all have an impact on our physical health.

God heals in one of three ways:

- Miraculously, like the blind man who could suddenly see when Jesus touched his eyes;
- Nature is altered, but scientists cannot prove it was a miracle;
- Prayer to God activates the immune system to speed healing and recovery.

The **Healing Power of Prayer** gives practical suggestions on how to pray. It notes that Jesus said, "When you pray, say **"Our Father"**. God is thus a person, with a will and purpose, an ever present friend, who is closer than a brother" (Prov. 18:24)

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Lord, make this New Year a Happy One.

Not by shielding us from sorrow and pain,

But by strengthening us to bear it if it comes.

Not by taking hardship from us, but by taking all cowardice and fear from our hearts as we meet hardships.

Not by making our paths easy, but by making us sturdy enough to tread any path.

Not by making our lives always pleasant,

But by showing us where others and your cause need us most, and by making us zealous to be there and help.....

God, make our New Year a Happy One! Amen!



† PARISH FAMILY MASS SCHEDULE FOR JANUARY †

- | | |
|---|--|
| <u>Monday, January 1 at 9:00 a.m.</u> | New Year's Day Mass |
| <u>Sunday, Janaury 7 at 9:00 a.m.</u> | +Cal Johnson, offered by Fred & Wanda Daszewski |
| <u>Sunday, Janaury 7 at 9:00 a.m.</u> | +Stephen Butora, offered by daughter Dolores Duke |
| <u>Sunday, January 7 at 9:00 a.m.</u> | + Bernard & Mary Wnuk, +Paul & Mary Arcangeli, offered by Mickey. & Kay Wnuk Arcangeli |
| <u>Sunday, January 7 at 9:00 a.m.</u> | +Ruth Campbell, offered by Ed Jr. & Yvonne Campbell Nowakowski |
| <u>Sunday, January 14 at 9:00 a.m.</u> | + Andrew Stasko Sr. & Karen Rose Blanford, offered by Sophie Stasko |
| <u>Sunday, January 21 at 9:00 a.m.</u> | + John and Lottie Plahanski, offered by Family |
| <u>Sunday, January 28 at 9:00 a.m.</u> | . + Christmas Flower Memorials |



Please remember the following in your prayers, with a card or call:

Joseph Nosal at Bridgewater Nursing Home
Jennie Kolba at Willow Point Nursing Home
Emil Kotasek at Ideal Living Center
Edward and Vicky Ambrose
Alice Spach
Jean Chapin
Jeanette Samuelson

Florence Ottman
Mae Raychel,
Genevieve Lupinsky
Peter Zalaffi
Dolores Duke
Mickey & Kay Arcangeli

Privacy laws do not allow hospitals or nursing homes to inform priests of admission. Family members must make this notification to the priest.



2018 CHURCH OFFERING ENVELOPES

Most of you have received your **2018 offering envelope packet** by now. Please do not use any left-over envelopes from last year or previous years because many envelope assignment numbers change from year to year.

To review our parish offering envelope format - **Current Expenses**: Day to day operation expenses, insurance, utilities, salaries etc. **Parish Center Expenses**: Goes exclusively to pay utilities, insurance plus upkeep of the parish family center. **Mission Fund**: Helps with the mission work of the National Catholic Church and our mission endeavors on a local scene.



The next scheduled meeting of our Men's Society will be on Sunday, January 21, following the 9:00 a.m. mass. An invitation is extended to all men and teenagers 16 yrs and older of our parish family to become a member of our men's society. Our men's society is a back bone organization of our parish, **sponsoring many activities and supporting our children and teen programs.** Your participation and attendance is welcome.



Looking ahead to the Ash Wednesday evening service on Wednesday, February 14, Stations of the Cross, I would like to recruit seven [7] adult/teenage readers for the service. Each reader would read the two narratives of the station assigned to them from the church pulpit. Please contact Fr. Ruda as soon as possible if you would like to participate.



The following are lucky winners of this year's Choir Cookie Raffle: *Michele Krravnyk, Steve Pokrinchak, Debbie DeNinis, Jennie Kolba, Robert & Debbie Benzi, Crystal Come, Nancy Cole, Marie Ludka, Dave Plahanski, Charlotte Maluchnik, David Hetting and Frank Randisi.*

Thank you to all who supported and baked cookies making this raffle another successful function for the choir! ☺☺☺

PASTORAL VISITATIONS/BLESSING OF HOMES



EPIPHANY VISITS

I will continue with the Epiphany tradition of pastoral visitations and the blessing of homes for this year. But I will need your cooperation!

1. If we visited last year, that will happen automatically unless notified differently.
2. If we did not visit last year and you would like a visit this year you must notify me.

Visitations will begin on Sunday, January 8. I ask that you try to be as flexible as possible to the schedule that I prepare. If your time and conditions do not permit a visit, please call the parish office. I will try my best to cover all areas, but that will depend on the weather and other needs of the parish.

We will conduct our yearly Parish Family meeting on Sunday, January 28, following the 9:00 a.m. mass.

The purpose of this meeting is to hear the reports of the past year of 2017, approve a budget, and elect a new parish council for 2018.

Those of you who would like to serve on the parish council are asked to contact Fr. Ruda at 797-4394. We need some directors and another auditor *No one will be asked to serve. You must come forward on your own!*



You can lend a helping hand with your cooperation and assistance with the following items - please do not leave the staples from your newsletter on the pew secondly, please do not place or leave your used tissues on the pews or in the book rack. Thank You!



On Sunday, January 7, prior to the start of the 9:00 a.m. mass, the symbolic Epiphany gifts will be blessed and will be available to you.

The blessing of the chalk, charcoal and incense have the special meaning of the gifts brought by the three Kings of the East as they visited the baby Jesus at his birth.

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The following are some of the events and activities that have been scheduled for 2018. **Please mark your personal calendars accordingly:**

- ★ Sunday School, Music and Religion classes resume Sunday, January 7
- ★ Parish Family Social Night Out Friday, January 19 (see article)
- ★ Yearly Parish Family Meeting Sunday, January 28
- ★ Ash Wednesday February 14
- ★ Men's Society Hockey Outing February 22
- ★ Sunday School Bowling Party, sometime in February
- ★ Easter Sunday Mass, Egg Hunt & Balloon release Sunday, April 1
- ★ Men's Society take out Chicken Barbecue Saturday & Sunday, April 28 & 29
- ★ Sunday School year 2016/2017 Closing Sunday, May 6
- ★ Memorial Day Mass at the parish cemetery May 28 (weather permitting)
- ★ 2018/2019 Sunday School year begins Sunday, September 9
- ★ Sunday School Rummage Sale September 29 & October 1
- ★ Men's Society take out Chicken Barbecue Saturday & Sunday, October 27 & 28
- ★ Men's Society annual Turkey & Casino Night, Saturday, November 3
- ★ Sunday School PTA Breakfast with Santa, Sunday, December 9
- ★ *Choir Cookie Raffle Sunday, December 16*

This is a majority of what is planned for this 2018 year, with possibly a few other functions squeezed in somewhere.

Our Men's Society will host a Social Night Out on Friday, January 19 from 6:00 p.m. to 9:00 p.m. at Jonathan's Restaurant on Hooper Road in Endwell, NY.

This will be an evening of fellowship and socializing.

All parish family members will be free of charge for the food and non-alcoholic beverages. This event is not open to parish children or teenagers.

Please sign the reservation sheet in the vestibule.

Dear Members of the Parish Family of All Saints:

Thank you all so much for the parish collecting food and donating it to our CHOW PANTRY. Your generous donation will help keep our shelves stocked to feed those in need in Johnson City and beyond.

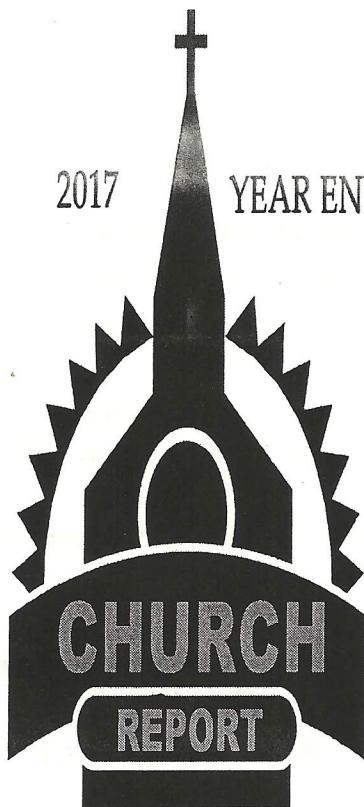
Thank you again!

Ida Taft - coordinator Chow Food Pantry



2017

YEAR END



As I review the activities of our parish life for the 2017 year, it was a year of many good achievements and happenings. We had several successful fund-raisers and functions. God called some of our parish brothers and sisters to their eternal reward: +Jacqueline Pokrinchak, +Nicholas McKiernan.

Our growth factor in 2017 was flat and our attendance for masses and services could have been much better, and this will be something for all of us to focus on and improve in this New Year and future. There were a few maintenance projects done around the parish complex and several are planned for 2018.

Now as our parish goes into 2018, with a nucleus of dedicated and God-loving people, positive and good things will be our priority. There will be our normal fund raising projects sponsored by the various church organizations. The parish will need your continued support and cooperation as members of the parish family. Let us all pray that God will continue to bless and approve our endeavors as we travel into this new year, and may God bless all of you with health to do the work that stands before us.

FYI
As a precautionary measure, a reflective chain will be set up across the main entrance of the parish cemetery after New Year's Day for the winter months to discourage unauthorized snowmobilers and trucks from the cemetery. We have not had any incidents to date and we would like to keep it that way. If you need to get into the cemetery you may unlatch the chain to get in but please make sure you re-secure it when leaving.

NOTES FROM THE CHOIR
Our grateful thanks to everyone who supported our annual Christmas Cookie Raffle! This is our main source of income for our costly music program.

Our choir is now rehearsing for the upcoming Lenten season, which begins on February 14.

Our great Sunday School singers are tentatively scheduled to sing during Mass in February. They're very excited about the anthem! Also, congratulations for a great job with their Christmas pageant!

Please remember our music donation program - you may donate \$25 for a piece of music, in memory or in honor of someone or for a special occasion, to be sung during a Mass. Contact Betty Ruda for more information.

DID YOU KNOW?
Did you know that the Christmas outdoor manger scene that is set up in front of the rectory was constructed out of masonite by the late Michael Wrona from plans that appeared in the local Sunday newspaper handy man section in 1959. Since that time several pieces have been reconstructed by Chester Gidzinski because of weathering and painted by Betty Ruda in the late 1980's.

Fathers Parish E-COLUMN

I acknowledge the following who have given of themselves in time, labor and material offerings to our parish:

- ☺ to Stephen Pokrinchak and Wai Ling Lee for their donation of a pair of Lenten Liturgical Banners. Donation of \$1,998.00.
- ☺ to Frank Gorgol for his \$300.00 church donation.
- ☺ to Jay & Karen Miller Konar for their \$300.00 donation.
- ☺ Gary and Theresa Nycz Morrison for their \$250.00 church donation.
- ☺ to Steve and Johann Falvo our good friends and our parish's retired insurance agents for their yearly \$200.00 church donation.
- ☺ to Dave and Louise Martin for their \$75.00 cemetery donation in memory of +Mary Sedlacek.
- ☺ to George Kolba Jr./Kolba Construction Co. for his time (*even on Christmas morning*), labor and materials plowing and salting the parish complex.
- ☺ to Joe Kot for his time and labor helping at the parish cemetery.
- ☺ to Ernie Kolba for his time and labor helping around the parish complex.
- ☺ to Brian Kot/Martin Bread Co. for helping with the delivery of our Christmas Flowers.
- ☺ to David Laskowski/Laskowski Funeral Home for supplying the 2018 calendars to the parish.
- ☺ to Andy Stasko/AMS Electric for his time and labor helping around the parish complex.
- ☺ to Jay Konar (*Terri Miller's son in law*) for his time, labor and expertise setting up a new computer system and program for the parish's financial team.
- ☺ to all who donated the children and teenagers winter hats, scarfs and gloves for the less fortunate.
- ☺ to our Men's Society & Sunday School PTA for helping Santa with his gifts.
- ☺ to our Men's Society for treating the parish family to a free Advent Breakfast.
- ☺ to Ann Bednarsky/Bednarsky Funeral Home for supplying the 2018 calendars to the parish.
- ☺ to Ciotoli Heating, Kolba Construction Co./George Kolba Jr. and Warehouse Carpet Outlets for sponsoring our Christmas Message on WCDW 106.7 FM radio.
- ☺ to Stephen Pokrinchak & Wai Ling Lee for their \$1,000.00 donation to FDR's retirement plan.
- ☺ to Tim, Kelly and Jason Yeomans for maintaining our parish website physically and financially.
- ☺ to Florence Ottman for her \$50.00 church donation in memory of her daughter Susan Ottman.



The verses of “Trust and Obey” were written in 1887 by Presbyterian minister John Henry Sammis. It was written at the request of Dr. Daniel Brink Towner, who lived in Binghamton, New York from 1870 until 1882 and was the music director at the Centenary Avenue Methodist Church.

When Dr. Towner wrote the melody, he didn’t like the way the melody sounded and threw the manuscript into the waste basket. The next day, as his wife was cleaning his study, she emptied the waste basket and found the crumpled paper. She opened it up and sang it through and straightened it out and placed it back on the organ. Later, when he came home, he saw it there and called to his wife and questioned her. She said, “I feel the melody you have written is just what is needed to carry the message!” He agreed with her and the rest is history!

The authority for heeding the instructions in this gospel hymn come from **Colossians 3:16**, where we learn to use psalms and hymns and spiritual songs to teach one another concerning our relationships with our Lord and Savior Jesus Christ.



What do you do with your empty ink or toner cartridges from your computer printer, copy machine or fax machine? Tired of mailing them back to the factory for recycling and getting nothing in exchange?

Our parish is collecting these empty cartridges from all printers and copy machines. With each returned cartridge, Staples Office Supply will give a \$2.00 store coupon toward our future purchases.

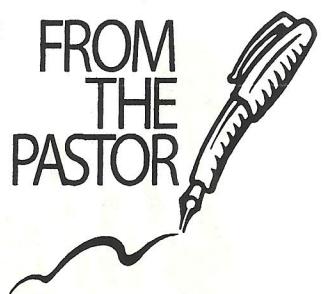
Bring them to the parish office in a plastic bag and we will be glad to recycle these items for you.



PLEASE, when calling the rectory, use the land line number at 797-4394 **first**; if no answer leave a message. If you call the land line and there is **no answer** and it is an emergency, then use the cell phone number (343-6596).

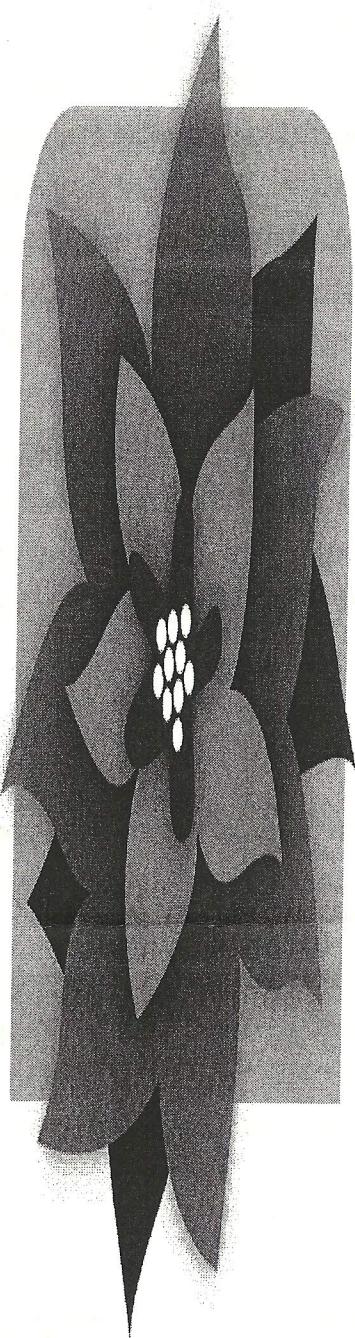
Never e-mail or text important messages or try to contact Fr. Ruda for emergencies via e-mail or text.

E-mails are not checked on a daily basis and FDR does not text.





Father Ruda has prepared a welcome pamphlet and packet to give to people who are looking for a spiritual home. If you know of someone who is searching for a church, these packets are on the entrance table in the church vestibule for you to give them.



Poinsettia DONATIONS

Through the generosity of the following, our church is festively decorated with Christmas Poinsettias.

The following poinsettias were given in memory of departed loved ones:

In memory of +Carl Ottman by wife Beverly; In memory of departed members of the +Baron & +Turock Families by Gerry & Diane Turock; In memory of +Michael Cushner & +Kathryn Gidzinski by the Cushner Family; In memory of +Diane Gidzinski Smith & +Edward Sr. & +Eddie Gidzinski by the Cushner Family; In memory of +Chester Sr. & +Stella Socha by son Chester; In memory of +Joseph & +Nellie Kot by grandson Chester; In memory of +John & +Jean Borowski by daughter Carole; In memory of +Edward Sr. & +Beverly Nowakowski & +Ruth Campbell by Ed Jr. & Yvonne Campbell Nowakowski;; In memory of +Pat Fendick & +Helen Benzi by Rob & Debbie Benzi; In memory of departed members of the +Sperski & +Drozdowski Families by Vincent Sperski; In memory of +Barbara Plahanski by son David; In memory of +Karen Topa, +Kathy Ross & +Mary Stone by Fred & Mary Kocan; In memory of +Edward Yeomans, +Edith Thibolt, +Tim & +Helen Janosko & +Mary Stasko by Tim & Kelley Yeomans; In memory of +Laura & +Elmer Cooper by Tracy Cooper; In memory of +Tony Winik, +Frank Heubach, +Larry Rivenbark, +Rose Ciocca & +Ed Schmidt by Grace Fell; In memory of +Anna, +Raymond, +Ernie & Julie Zalaffi by Peter Zalaffi Sr.; In memory of +Pearl by Rev. Richard & Jean Chapin; In memory of +Angela Cervinni by Vince Sperski; In memory of the departed members of the +Mnahoncak & +Perkins Families by Bill & Mary Perkins; In memory of the +Arcangeli & +Wnuk Families by Andrea Arcangeli; In memory of the departed members of the +Pokrinchak & +Dubik Families by Mark & Janine Pokrinchak Dubik; In memory of +George, +Katherine & +Carole Ann Perchinsky by Karen, Joe, Jason & Valerie Berner; In memory of +Robert & +Helen Blakeslee by son Robert; In memory of +Bruce Ottman, +Susan Ottman Turner & +Gilbert Vandling by Janet Ottman; In memory of +Frank Szepanski by sister Alice; In memory of +Edward & +Virginia Nycz by Gary & Theresa Nycz Morrison. Donations for Poinsettias were received from *Jack & Debbie DeNinis* and *Terri Miller*. Mass in memory of flowers donated will be celebrated on Sunday, January 28 at 9:00 a.m.



EPIPHANY

January 2018

Events at All Saints



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																										
	1 9:00 AM New Year's Day Mass 	2	3	4 6:45 PM  Choir Practice	5	6  EPIPHANY																																																																																										
7 8:30AM Priv. Confessions 9:00AM Holy Mass 10:00AM Music/Sunday School 10:00AM Parish Council Mtg.	8	9	10	11 6:45 PM  Choir Practice	12	13																																																																																										
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14 9:00 AM Holy Mass 10:00 AM Coffee Fellowship 10:00 AM Music/Sunday School	15	16	17	18 6:45 PM  Choir Practice	19 6:00 PM At Jonathan's Restaurant (see article in newsletter) 	20																																																																																										
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28 9:00 AM Holy Mass 10:00 AM Music/Sunday School 10:30 AM Parish Yearly Meeting after coffee fellowship	29	30	31	Dec 2017 <table border="1"><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td></td></tr><tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr><tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr><tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr></table>	S	M	T	W	T	F	S					1	2		3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							Feb 2018 <table border="1"><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td></tr></table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
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