

JANUARY



## ALL SAINTS NATIONAL CATHOLIC CHURCH

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[www.all saints ncc.org](http://www.all saints ncc.org)



## PRACTICE RELIGION AND LIVE LONGER

**"Pray without ceasing."** I Thes. 5:17

One of the clearest health benefits of religion: Churchgoers live longer than others."

Non church attenders will live to an average age of **75**. One who goes less than weekly will reach **80**, while weekly attenders live till **82**, and those who attend more than weekly, **83**.

If you are an unbeliever or a skeptic but knew that, by developing and practicing a faith, you would be given seven or eight additional years of life, would you do it? Hopefully, yes.

**Why do religious people live longer? First, church-going promotes healthy habits. Weekly attenders are more likely to make positive changes.**

They are **131 percent** less depressed, **78 percent** more likely to give up smoking, **54 percent** more apt to do more exercise and **39 percent** more inclined to stop drinking.

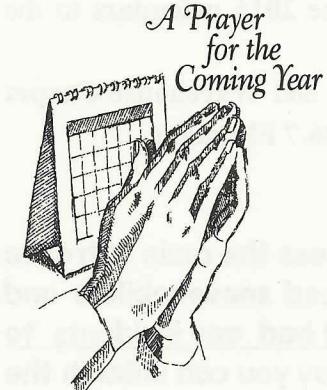
Embracing healthy beliefs and attitudes, learning to effectively resolve emotional stress, and moving in the direction of greater joy and gratitude all have an impact on our physical health.

God heals in one of three ways:

- Miraculously, like the blind man who could suddenly see when Jesus touched his eyes;
- Nature is altered, but scientists cannot prove it was a miracle;
- Prayer to God activates the immune system to speed healing and recovery.

*The Healing Power of Prayer* gives practical suggestions on how to pray. It notes that Jesus said, "When you pray, say **"Our Father"**. God is thus a person, with a will and purpose, an ever present friend, who is closer than a brother" (Prov. 18:24)

# The Power of Prayer



**Lord, make this New Year a Happy One.**

Not by shielding us from sorrow and pain,

But by strengthening us to bear it if it comes.

Not by taking hardship from us, but by taking all cowardice and fear from our hearts as we meet hardships.

Not by making our paths easy, but by making us sturdy enough to tread any path.

Not by making our lives always pleasant,

But by showing us where others and your cause need us most, and by making us zealous to be there and help.....

**God, make our New Year a Happy One! Amen!**

# The Power of Prayer



## † PARISH FAMILY MASS SCHEDULE FOR JANUARY †

- Friday , January 1 at 9:00 a.m. New Year's Day Mass  
Sunday, January 3 at 9:00 a.m. + George and Josephine Bagan, offered by Family  
Sunday, January 3 at 9:00 a.m. + Stephen Butora, offered by daughter Dolores Duke  
Sunday, January 10 at 9:00 a.m. + Bernard & Mary Wnuk, +Paul & Mary Arcangeli, offered by M/M M. Arcangeli  
Sunday, January 17 at 9:00 a.m. + Andrew Stasko Sr. & Karen Rose Blanford, offered by Sophie Stasko  
Sunday, January 24 at 9:00 a.m. + John and Lottie Plahanski, offered by Family  
Sunday, January 31 at 9:00 a.m. + Christmas Flower Memorials

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Please remember the following in your prayers, with a card, or a visit:

Joseph Nosal at Bridgewater Nursing Home

Jennie Kolba at Willow Point Nursing Home

Jacqueline Pokrinchak at Susquehanna Nursing Home

Emil Kotasek at Ideal Living Center

Edward and Vicky Ambrose

Jean Chapin

Florence Ottman

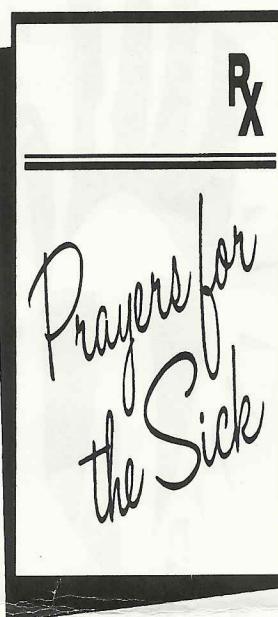
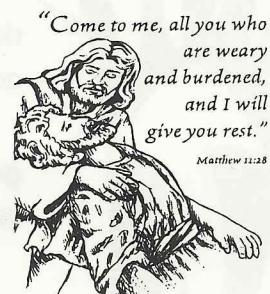
Barb Kotasek

Mike Kozloski

Pam McKiernan

Mae Raychel, Genevieve Lupinsky, Lottie Rogowski

*Privacy laws do not allow hospitals or nursing homes to inform priests of admission.  
Family members must make this notification to the priest.*



## FROM THE



## Priest

As we begin the New Year of 2016, I acknowledge the following who have given of themselves in time, labor and material offerings to our parish:

- ☺ to Frank Gorgol, son of the late Frank & Helen Gorgol, for his \$500.00 church donation in the memory of his parents.
- ☺ to Gary & Theresa Nycz Morrison for their \$250.00 church donation
- ☺ to David Laskowski/Laskowski Funeral Home for supplying the 2016 calendars to the parish.
- ☺ to Andy Stasko/AMS Electric for his time and labor helping around the parish complex
- ☺ to all who supported the PTA Christmas Candy Sale a profit of \$555.00 was realized.
- ☺ to Peter Zalaffi and Grace Fell for preparing & donating the meat trays for the rectory Christmas open house.
- ☺ to Ann Bednarsky/Bednarsky Funeral Home for supplying the 2016 calendars to the parish.
- ☺ to Ciotoli Heating, Kolba Construction Co./George Kolba Jr. and Warehouse Carpet Outlets for sponsoring our Christmas Message on WCDW 106.7 FM radio.

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As a precautionary measure a reflective chain will be set up across the main entrance of the parish cemetery after Christmas to discourage unauthorized snowmobilers and trucks from the cemetery for this year's winter season. We have not had any incidents to date and we would like to keep it that way. If you need to get into the cemetery you can unlatch the chain to get in but please make sure you re-secure it when leaving.





We will conduct our yearly Parish Family meeting on Sunday, January 24, following the 9:00 a.m. mass.

The purpose of this meeting is to hear the reports of the past year of 2015, approve a budget, and elect a new parish council for 2016.

Those of you who would like to serve on the parish council are asked to contact Wanda Broczkowski (723-0302). *No one will be asked to serve. You must come forward on your own!*

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## **2016 CHURCH OFFERING ENVELOPES**

Most of you have received your **2016 offering envelope packet** by now. Please do not use any left-over envelopes from last year or previous years because many envelope assignment numbers change from year to year.

To review our parish offering envelope format - **Current Expenses**: Day to day operation expenses, insurance, utilities, salaries etc. **Parish Center Expenses**: Goes exclusively to pay utilities, insurance plus upkeep of the parish family center. **Mission Fund**: Helps with the mission work of the National Catholic Church and our mission endeavors on a local scene.



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On Sunday, January 3, prior to the start of the 9:00 a.m. mass, the symbolic Epiphany gifts will be blessed and will be available to you.



The blessing of the chalk, charcoal and incense have the special meaning of the gifts brought by the three Kings of the East as they visited the baby Jesus at his birth.

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## **PASTORAL VISITATIONS/BLESSING OF HOMES**

I have decided **to continue with the Epiphany tradition of pastoral visitations and the blessing of homes** for this year. **But I will need your cooperation!**

1. If I visited your home last year that will happen automatically unless notified differently.
2. If I did not visit your home last year and you would like a visit this year you must notify me.



## **EPIPHANY VISITS**

**Visitations will begin on Sunday, January 3.** I ask that you **try to be as flexible** as possible to the schedule that I prepare. **If your time and conditions do not permit a visit, please call the parish office.** **I will try my best to cover all areas, but that will depend on the weather and other needs of the parish.**

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You can lend a helping hand with your cooperation and assistance with the following items - please do not leave the staples from your newsletter in the pew; secondly, please do not place or leave your used tissues in the pews or in the book rack. Thank You!



Father Ruda has prepared a welcome pamphlet and packet to give to people who are looking for a spiritual home. If you know of someone who is searching for a church, **these packets are on the entrance table in the church vestibule for you to give them.**

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The following are some of the events and activities that have been scheduled for 2016.  
Please mark your personal calendars accordingly:

- ★ Yearly Parish Family Meeting Sunday, **January 24**
- ★ Sunday School Bowling Party, sometime in **February**
- ★ Ash Wednesday **February 10**
- ★ Chuck E. Cheese Afternoon **some time in March**
- ★ Easter Sunday Mass, Egg Hunt & Balloon release **Sunday, March 27**
- ★ Men's Society take out Chicken Barbecue **April 24** (weather permitting)
- ★ Sunday School year 2015/2016 Closing **Sunday, May 1**
- ★ Memorial Day Mass at the parish cemetery **May 30** (weather permitting)
- ★ Men's Society take out Chicken Barbecue, **Sunday June 5**
- ★ 2016/2017 Sunday School year begins **Sunday, September 11**
- ★ Classes for First Holy Communion begin **Sunday, September 1**
- ★ Sunday School Rummage Sale, **October 1 & 3 or October 8 & 10**
- ★ Men's Society take out Chicken Barbecue **Sunday, October 30** (tentative)
- ★ All Souls Cemetery Service **Saturday, October 29**
- ★ Men's Society annual Turkey & Casino Night, **Saturday, November 5**
- ★ Choir Cookie Raffle **Sunday, December 18**

This is a **majority of what is planned** for this **2016 year**, with possibly a few other functions squeezed in somewhere.

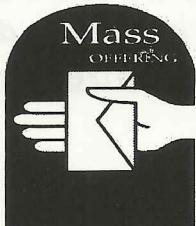
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## LAY LEADERS



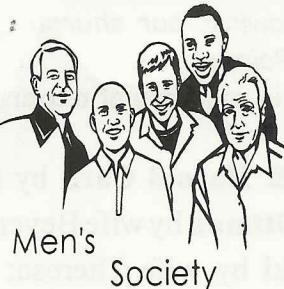
In conjunction with the Ash Wednesday evening service on Wednesday, February 10, Stations of the Cross, I would like to recruit seven [7] adult/teenage readers for the service. Each reader would read the two narratives of the station assigned to them from the church pulpit. Please contact Fr. Ruda as soon as possible if you would like to participate.

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From time to time people ask "*What is the proper offering for a mass to be said*". In ancient times offerings consisted of food, milk, poultry etc. for the priest. But in this modern time of the church the offering begins at \$10.00 and up according to the individual and their financial conditions. For the sacrifice of the mass to be celebrated, the following elements are needed: 1. *A priest to offer it to God.* 2. *An altar on which it is offered.* 3. *A visible gift.*





The next scheduled meeting of our **Men's Society** will be on **Sunday, January 17, 2016**, following the 9:00 a.m. mass. **An invitation is extended to all men and teenagers 16 yrs and older of our parish family to become a member of our men's society. Our men's society** is a back bone organization of our parish, **sponsoring many activities and supporting our children and teen programs.**  
**Your participation and attendance is welcome.**

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The verses of "Trust and Obey" were written in 1887 by Presbyterian minister John Henry Sammis. It was written at the request of Dr. Daniel Brink Towner, who lived in Binghamton, New York from 1870 until 1882 and was the music director at the Centenary Avenue Methodist Church.

When Dr. Towner wrote the melody, he didn't like the way the melody sounded and threw the manuscript into the waste basket. The next day, as his wife was cleaning his study, she emptied the waste basket and found the crumpled paper. She opened it up and sang it through and straightened it out and placed it back on the organ. Later, when he came home, he saw it there and called to his wife and questioned her. She said, "I feel the melody you have written is just what is needed to carry the message!" He agreed with her and the rest is history!

The authority for heeding the instructions in this gospel hymn come from **Colossians 3:16**, where we learn to use psalms and hymns and spiritual songs to teach one another concerning our relationships with our Lord and Savior Jesus Christ.

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**What do you do with your empty ink or toner cartridges from your computer printer, copy machine or fax machine?** Tired of mailing them back to the factory for recycling and getting nothing in exchange?

Our parish is collecting these empty cartridges from all printers and copy machines. With each returned cartridge, Staples Office Supply will give a \$2.00 store coupon toward our future purchases.

*Bring them to the parish office in a plastic bag and we will be glad to recycle these items for you.*

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*In Christian Sympathy* Words of Sympathy are extended to the **Kozloski Family** on the passing away of Joseph Kozloski. Joe is survived by his daughter **Kasey**, brothers **Mike** and **Ed** and companion **Laura Kurtz**. Joe was a life long member of the parish family of All Saints.

May He rest in peace.

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**Winners** of this year's **Choir Christmas Cookie Raffle** are: *Dave Plahanski,, staff at Willow Point Nursing Home, Donna Demilio, Kevin Cushner, Diane Binder, Alec Madison, John Ciotoli, John Daszewski, Jane Johnson,, Katie Creller.*

A profit of **\$440.00** ☺ was realized. Thank you to all who **baked cookies, sold tickets and supported our parish choir.**





# POINSETTIA DONATIONS

*Through the generosity of the following, our church was festively decorated with Christmas Poinsettias.*

The following poinsettias were given in memory of departed loved ones:

In memory of +George Kolba Sr. & Harold Card by the Kolba Family; In memory of +Carl Ottman by wife Beverly; In memory of + Joseph Borkowski by wife Theresa; In memory of +Mike Cushner Sr., & Kathryn Gidzinski by the Cushner Family; In memory of +Diane Gidzinski Smith, Edward Gidizinski, Eddie Gidzinski by the Cushner Family; In memory of +Mike, Helen, Rob, Andrew Mnahoncak by Bill & Mary Perkins; In memory of +Carl & Ruth Perkins by the Creller Family; In memory of +Julia Zalaffi, Raymond Zalaffi Jr., Raymond Zalaffi Sr., Ernie & Anna Zalaffi, by Peter Zalaffi; In memory of +Tony Winik, Frankie Heubach, Rose Chuck, Larry Rivenback, Rod Fell by Grace Fell; In memory of +Edward Yeomans, Edith Thiabald, Tim & Helen Janasko by the Yeomans Family; In memory of +John & Jean Borowski by daughter Carole Muller; In memory of Chester Sr. & Stella Socha by son Chester Jr., In memory of Joseph, Nellie & Peter Kot by Chester Socha Jr.; In memory of +Stanley & Veronica Podkulski by daughter Terri; In memory of +Laura & Elmer Cooper by Cooper Family; In memory of Drozdouski Family in Poland, In memory of Sperski Family in Poland by Vincent Sperski; In memory of +Walter Raychel & Edward Broczkowski by Mae Raychel, Mark & Wanda Broczkowski; In memory of +Richard & Barbara Plahanski by son David; In memory of +Ruth Campbell, Edward Sr. & Beverly Nowakowski by Edward Jr. & Yvonne Campbell Nowakowski; In memory of Bagan Family by Geneieve Bagan Lupinsky; In memory of departed members of the Bilsky & Yeates Families by Rita Bilsky Yeates; In memory of JC Patrolman DW Smith by Andrea Arcangeli; In memory of +Frank Szczepanski by sister Alice; In memory of Philip Pokrinchak, Dolores A. Dubik, Arlene Stone, Marlene Riccio by Mark & Janine Pokrinchak Dubik; In memory of +George & Katherine Perchinsky by Joe & Karen Perchinsky Berner.

Donations for Poinsettia Plants were received by: Jack & Debbie DeNinis, Annie Kaczmarek, Gary & Pam Himko, Diane & Gerry Turock

Mass for the memorial donations of flowers will be celebrated on Sunday, January 31 at 9:00 a.m.



# January 2016

## Events at All Saints



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday														
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3	4	5	6	7	8	9														
8:20 AM Priv. Confession 9:00 AM Holy Mass with the blessing of the gifts of the 3 Kings 10:00 AM Coffee Fellowship																				
<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>														
10	11	12	13	14	15	16														
9:00 AM Holy Mass 10:00 AM Coffee Fellowship 10:00 AM Parish Council Mtg. 10:00 AM Sunday School/Music																				
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9:00 AM Holy Mass 10:00 AM Coffee Fellowship 10:00 AM Men's Society Mtg. 10:00 AM Sunday School/Music																				
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24	25	26	27	28	29	30														
9:00 AM H 10:00 AM St. School/Musi 10:15 AM Yt Parish Mtg.	Conversion of Paul, Apostle																			
<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>	<b>Pastoral Visits</b>														
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