

Reading Assignment

- Spielman, R., Dumper, K., Jenkins, W., Lacombe, A., Lovett, M. & Perlmutter, M. (2017). *Psychology*. OpenStax College, Rice University. Download for free at <https://openstax.org/details/books/psychology>.

Read the following:

- Chapters 9 and 10

Video Resources

- Gilbert, D. (2014, March). *The psychology of your future self* [Video]. TED2014. https://www.ted.com/talks/dan_gilbert_you_are_always_changing
 - This video shares the illusion that we have about our own personality and how much we ourselves change over time. Research shows we overestimate this and it influences our decision making.
- Chang, C. (2012, July). *Before I die I want to...* [Video]. TEDGlobal2012. https://www.ted.com/talks/candy_chang_before_i_die_i_want_to
 - This video talks about how in thinking about what we want to do before we die, we may find ways to live our lives better. This is from a community spaces perspective, but includes elements from psychology, though this is not specifically mentioned.

