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**Grade** 10.00 out of 10.00 (100%)

## Question 1

Correct

Mark 1.00 out of 1.00

The Gibbs cycle consists of the following stages, in the correct order:

- a. Evaluation, Description, Analysis, Conclusion
- b. Analysis, Description, Conclusion, Evaluation
- c. Description, Evaluation, Analysis, Conclusion ✓
- d. Conclusion, Description, Evaluation, Analysis

## Question 2

Correct

Mark 1.00 out of 1.00

According to Gibbs' Theory of Reflection, what is the purpose of the evaluation stage?

- a. To objectively describe the events or experience
- b. To examine the thoughts and feelings during the experience
- c. To critically analyze the positive and negative aspects of the experience ✓
- d. To develop an action plan for future improvements

## Question 3

Correct

Mark 1.00 out of 1.00

According to Driscoll's Theory of Reflection, what is the ultimate goal of the reflection process?

- a. To develop self-awareness and self-regulation skills.
- b. To achieve a state of continuous personal improvement. ✓
- c. To gain recognition and acknowledgement from others.
- d. To contribute to the broader body of knowledge in the field.

**Question 4**

Correct

Mark 1.00 out of 1.00

When incorporating personal insights and experiences in reflective writing, it is important to:

- a. Avoid any emotional or subjective elements.
- b. Focus solely on factual information.
- c. Analyze and critically evaluate the experience. ✓
- d. Rely on external sources for support.

**Question 5**

Correct

Mark 1.00 out of 1.00

According to Kolb's Experiential Learning Theory, which of the following is the correct sequence of the four stages of learning from experience?

- a. Reflective observation, concrete experience, abstract conceptualization, active experimentation
- b. Concrete experience, reflective observation, abstract conceptualization, active experimentation ✓
- c. Abstract conceptualization, reflective observation, active experimentation, concrete experience
- d. Active experimentation, abstract conceptualization, reflective observation, concrete experience