Reading Assignment

Batool, B. F. (2013). Emotional intelligence and effective leadership, *Journal of Business Studies Quarterly, 4*(3), 84-94. Download the pdf.

- Choose one effective strategy that you will follow. You will be asked to describe it in this week's Discussion Assignment.

Graham, S., & Weiner, B. (1996). Theories and principles of motivation. In D. Berliner & R. Calfee (Eds.) *Handbook of Educational Psychology*. MacMillan Library Reference USA. Download the PDF version here.

- You are expected to know the five theories of motivation. Throughout this week, you will be learning to put them to work by receiving and providing feedback.

Nuty, J. (2011). *A training manual on non violent communication*. Society for Nutrition Education and Health Action. Download the pdf.

- Peruse *A training manual on non violent communication.* The purpose for your perusal is to be able to envision choosing one exercise to be done with a team of people. Imagine that you are a leader and need to motivate and train your team... How would you go about teaching others to be more enthusiastic and learn some new concepts? Could you do it without being enthusiastic? What strategies do you presently employ to work on your own motivation? You may want to reflect on these questions and, possibly, comment on this exercise in your Learning Journal.

Video Resources

Dhar, J. (2018, October). *How to disagree productively and find common ground* [Video]. TED. https://www.ted.com/talks/julia_dhar_how_to_disagree_productively_and_find_common_ground

- This video covers communication, leadership, and feedback in a new way by discussing the benefits of actual debates. There are also several examples of how this can be applied in business, public conversations, and in personal conversations.

Sustainable Human. (2017, January 19). *The purpose of Nonviolent Communication* [Video]. YouTube. https://youtu.be/ImaehABEZaY

- Marshall Rosenberg is the founder of Nonviolent communication explaining the purpose of this concept and giving several examples.

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