

Started on	Saturday, 11 May 2024, 4:21 AM
State	Finished
Completed on	Saturday, 11 May 2024, 4:24 AM
Time taken	2 mins 59 secs
Grade	9.00 out of 10.00 (90%)

Question 1

Correct

Mark 1.00 out of 1.00

True or False: An example of a piece of daily communication following NVC is: why do you always leave the book on the floor where I walk? I tripped and almost lost balance four times in a row.

Select one:

- ☐ True
- ☒ False ✓

Question 2

Correct

Mark 1.00 out of 1.00

True or False: NVC stands for Neuro-linguistic victory in collaborating.

Select one:

- ☐ True
- ☒ False ✓

Question 3

Correct

Mark 1.00 out of 1.00

True or False: NVC stands for Non Violent Communication.

Select one:

- ☒ True ✓
- ☐ False

Question 4

Correct

Mark 1.00 out of 1.00

True or False: SCARF stands for Self-developed-certain-ambitious-rigorous and following.

Select one:

- ☐ True
- ☒ False ✓

Question 5

Correct

Mark 1.00 out of 1.00

True or False: NVC is about assertive and empathic communication.

Select one:

- ☒ True ✓
- ☐ False

Question 6

Correct

Mark 1.00 out of 1.00

True or False: An example of using SCARF might be focusing attention on increasing one's sense of autonomy during a time of uncertainty.

Select one:

- ☒ True ✓
- ☐ False

Question 7

Correct

Mark 1.00 out of 1.00

True or False: SCARF stands for Sustained-careful-achievable-realistic and fair.

Select one:

- ☐ True
- ☒ False ✓

Question 8

Correct

Mark 1.00 out of 1.00

True or False: The SCARF model helps individuals both minimize threats and maximize rewards.

Select one:

- ☒ True ✓
- ☐ False

Question 9

Incorrect

Mark 0.00 out of 1.00

True or False: Knowing about the elements of SCARF helps one understand issues such as why you can't think clearly when someone has attacked your status, instead of just trying to push the feeling aside.

Select one:

- ☐ True
- ☒ False ✗

Question 10

Correct

Mark 1.00 out of 1.00

True or False: The cognitive tools associated with SCARF model have been verified in brain studies to be effective techniques for reducing the threat response.

Select one:

- ☒ True ✓
- ☐ False