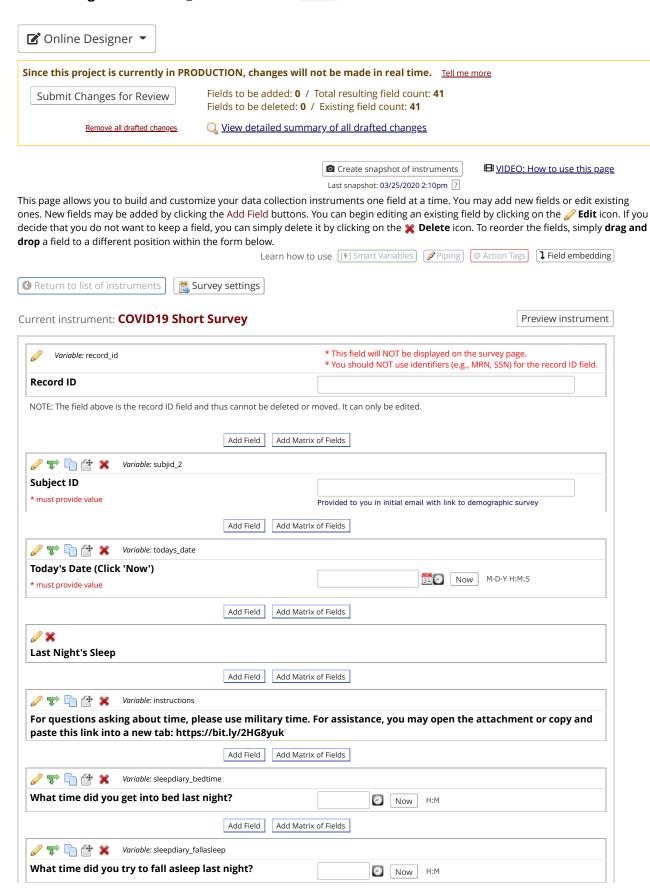
COVID Longitudinal Data Short Version



	Add Field Add Matrix	of Fields	
	ency		
How long did it take you to fall asleep la minutes)?	ast night (in		
	Add Field	c of Fields	
√ √ √ √ √ √ √ √ √ √	res		
Approximately how many times did you the night last night?		0 0 1 0 2 0 3 0 4 0 5 or more times	reset
	Add Field	c of Fields	
Wasinkla sinks sustance si			
✓ 😭 🛅 🚰 🗶 Variable: night_awakening_till In total, how long were you up during the these awakenings (in minutes)?		epdiary_wakes] = '1' or [sleepdiary_wakes] = '2' or [sleepd	
	Add Field	c of Fields	
			
What time did you wake up this mornin		Now H:M	
	Add Field Add Matrix	of Fields	
🥜 🚏 🜓 🚰 🗶 Variable: sleepdiary_outofbe	d		
What time did you get out of bed this m	orning? Add Field	Now H:M	
		Kurrieus	
	ams	○ Yes ○ No ○ I don't recall	reset
	Add Field Add Matrix	c of Fields	
	ontent Branching logic: [sleepdiary_dreams] = '1'	
Please describe in as much detail as you of your dreams last night.	u'd like the content		
			Expand
	Add Field Add Matrix	c of Fields	
	1		
Did you take a nap yesterday?		○ Yes ○ No	
	Add Field	y of Fields	reset
		napj = 1	
	Add Field Add Matrix	c of Fields	
	· ·		
Were the values reported here influence sleep tracker of any kind (e.g. Fitbit, App		○ Yes ○ No	reset

