



Round 3- COVID Additional Assessments


PID 550


 Online Designer ▾

Since this project is currently in **PRODUCTION**, changes will not be made in real time. [Tell me more](#)

[Submit Changes for Review](#)Fields to be added: **0** / Total resulting field count: **274**Fields to be deleted: **0** / Existing field count: **274**[Remove all drafted changes](#) [View detailed summary of all drafted changes](#) Create snapshot of instruments [VIDEO: How to use this page](#)Last snapshot: 06/07/2020 1:37am [?](#)

This page allows you to build and customize your data collection instruments one field at a time. You may add new fields or edit existing ones. New fields may be added by clicking the **Add Field** buttons. You can begin editing an existing field by clicking on the  **Edit** icon. If you decide that you do not want to keep a field, you can simply delete it by clicking on the  **Delete** icon. To reorder the fields, simply **drag and drop** a field to a different position within the form below. [Are you using Action Tags yet? If not, learn about Action Tags here.](#)

[Return to list of instruments](#) Survey settingsCurrent instrument: **Round 3**[Preview instrument](#)






 Variable: record_id

* This field will NOT be displayed on the survey page.
* You should NOT use identifiers (e.g., MRN, SSN) for the record ID field.

Record ID

NOTE: The field above is the record ID field and thus cannot be deleted or moved. It can only be edited.






[Add Field](#) [Add Matrix of Fields](#)

     Variable: subjid_rd3

Subject ID


* must provide value

[Add Field](#) [Add Matrix of Fields](#)




     Variable: date_time_rd3

Click 'Now'



* must provide value

 [Now](#) D-M-Y H:M

[Add Field](#) [Add Matrix of Fields](#)



   Matrix group: bscs

BSCS: Using the scale provided, please indicate how much each of the following statements reflects how you typically are.

  Variable: bscs_1



	1- Not at all like me	2	3	4	5 - Very much like me
I am good at resisting temptation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

  Variable: bscs_2



I have a hard time breaking bad habits	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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[reset](#)

  Variable: bscs_3



















I am lazy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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[reset](#)










  Variable: bscs_4





























I say inappropriate things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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[reset](#)


























  Variable: bscs_5
<p>I do certain things that are bad for me, if they are fun</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_6
<p>I refuse things that are bad for me</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_7
<p>I wish I had more self-discipline</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_8
<p>People would say that I have iron self-discipline</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_9
<p>Pleasure and fun sometimes keep me from getting work done</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_10
<p>I have trouble concentrating</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_11
<p>I am able to work effectively toward long-term goals</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_12
<p>Sometimes I can't stop myself from doing something, even if I know it is wrong</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: bscs_13
<p>I often act without thinking through all the alternatives</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>


[Add Field](#) [Add Matrix of Fields](#)

   Matrix group: sibs
<p>SIBS: Using the scale provided, please indicate how much each of the following statements reflects how you typically are.</p>
  Variable: sibs_1 <div style="display: flex; justify-content: space-around; margin-top: 5px;"> 1- Disagree Strongly 2- Disagree Some 3- Agree Some 4- Agree Strongly </div> <p>I usually think carefully before doing anything</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: sibs_2 <p>When I am really excited, I tend not to think on the consequences of my actions</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>
  Variable: sibs_3 <p>I sometimes like doing things that are a bit frightening</p> <p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p> <p>reset</p>


  Variable: sibs_4				
When I am upset I often act without thinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_5				
I generally like to see things through to the end	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_6				
My thinking is usually careful and purposeful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_7				
In the heat of an argument, I will often say things that I later regret	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_8				
I finish what I start	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_9				
I quite enjoy taking risks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_10				
When overjoyed, I feel like I can't stop myself from going overboard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_11				
Once I start a project, I almost always finish it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_12				
I often make matters worse because I act without thinking when I am upset	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_13				
I usually make up my mind through careful reasoning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_14				
I generally seek new and exciting experiences and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_15				
I tend to act without thinking when I am really excited	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_16				
I am a productive person who always gets the job done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			
  Variable: sibs_17				
When I feel rejected, I will often say things that I later regret	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset			

  Variable: sibs_18					
I welcome new and exciting experiences and sensations, even if they are a little frightening and unconventional	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: sibs_19					
Before making up my mind, I consider all the advantages and disadvantages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: sibs_20					
When I am very happy, I feel like it is OK to give into cravings or overindulge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
Add Field Add Matrix of Fields					
   Matrix group: iu					
IU: You will find below a series of statements which describes how people may react to the uncertainties of life. Please use the scale to describe to what extent each item is characteristic of you. Please select the number (1 to 5) that describes you best.					
  Variable: iu_1					
	1- Not at all characteristic of me	2	3- Somewhat characteristic of me	4	5- Entirely characteristic of me
Unforeseen events upset me greatly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_2					
It frustrates me not having all the information I need.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_3					
One should always look ahead so as to avoid surprises.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_4					
A small unforeseen event can spoil everything, even with the best of planning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_5					
I always want to know what the future has in store for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_6					
I can't stand being taken by surprise.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_7					
I should be able to organize everything in advance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_8					
Uncertainty keeps me from living a full life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
  Variable: iu_9					
When it's time to act, uncertainty paralyzes me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				

  Variable: iu_10							
When I am uncertain I can't function very well. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: iu_11							
The smallest doubt can stop me from acting. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: iu_12							
I must get away from all uncertain situations. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
Add Field Add Matrix of Fields							
   Matrix group: erq							
ERQ :We would like to ask you some questions about your emotional life, in particular, how you control (that is, regulate and manage) your emotions. The questions below involve two distinct aspects of your emotional life. One is your emotional experience, or what you feel like inside. The other is your emotional expression, or how you show your emotions in the way you talk, gesture, or behave. Although some of the following questions may seem similar to one another, they differ in important ways. For each item, please answer according to the following scale							
  Variable: erq_1							
1 = Strongly disagree 2 3 4 = Neutral 5 6 7 = Strongly agree							
When I want to feel more positive emotion (such as joy or amusement), I change what I'm thinking about. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: erq_2							
I keep my emotions to myself. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: erq_3							
When I want to feel less negative emotion (such as sadness or anger), I change what I'm thinking about. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: erq_4							
When I am feeling positive emotions, I am careful not to express them. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: erq_5							
When I'm faced with a stressful situation, I make myself think about it in a way that helps me stay calm. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: erq_6							
I control my emotions by not expressing them. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: erq_7							
When I want to feel more positive emotion, I change the way I'm thinking about the situation. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: erq_8							
I control my emotions by changing the way I think about the situation I'm in. <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							

 Variable: erq_9

When I am feeling negative emotions, I make sure not to express them.

☐ ☐ ☐ ☐ ☐ ☐ ☐
[reset](#)
 Variable: erq_10

When I want to feel less negative emotion, I change the way I'm thinking about the situation.

☐ ☐ ☐ ☐ ☐ ☐ ☐
[reset](#)[Add Field](#)[Add Matrix of Fields](#)

EXIT SURVEY

[Add Field](#)[Add Matrix of Fields](#)
 Variable: age

What is your age in years?

[Add Field](#)[Add Matrix of Fields](#)
 Variable: country_3mo

What country have you been in for a majority of the last 3 months?

[Add Field](#)[Add Matrix of Fields](#)
 Variable: geo_instructions

The following two geographic questions are optional, but information on your location during the pandemic will allow researchers to make a timeline of response measures taken in your area and determine their associations with alterations in your sleep and mood

[Add Field](#)[Add Matrix of Fields](#)
 Variable: state_3mo

If US/Canada, what State/Province have you been in for a majority of the last 3 months?

[Add Field](#)[Add Matrix of Fields](#)
 Variable: city

What City have you been in for a majority of the last 3 months?

[Add Field](#)[Add Matrix of Fields](#)
 Variable: highrisk_self

Do you consider yourself to be at "high-risk" if you contracted COVID19?






☐ Yes
☐ No
[reset](#)[Add Field](#)[Add Matrix of Fields](#)
 Variable: highrisk_check

Are you a member of any of the following high-risk groups for COVID-19? (Check all that apply)

- ☐ Healthcare worker
- ☐ Pre-existing/underlying health condition
- ☐ Essential worker (e.g. grocery clerk, delivery person)
- ☐ Smoker/vaper
- ☐ Taking immunosuppressive medication
- ☐ Live in a "Hot Zone" (e.g. New York City, Italy)
- ☐ Other
- ☐ None of the above

Add Field

Add Matrix of Fields








Variable: highrisk_othercheck Branching logic: [highrisk_check(7)]

If other, please describe

Expand

Add Field

Add Matrix of Fields



Variable: highrisk_other_2






Do you have a loved one considered to be at "high-risk" if they were to contract COVID19?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: highrisk_other



Do you live with some one considered to be at "high-risk" if they were to contract COVID19?

☐ Yes
☐ No

reset

Add Field






Add Matrix of Fields



Quarantine

Add Field

Add Matrix of Fields



Variable: med_quar






Were you ever in a *medically-ordered* quarantine either due to contacting COVID19 or known contact with the virus?

☐ Yes
☐ No

reset


Add Field

Add Matrix of Fields



Variable: med_start Branching logic: [med_quar]="1"






Approximate start date of medically-ordered quarantine

 Today D-M-Y

If multiple, put dates of longest stretch

Add Field

Add Matrix of Fields








Variable: med_end Branching logic: [med_quar]="1"

Approximate end date of medically ordered quarantine

If ongoing, leave blank

Add Field

Add Matrix of Fields



Variable: shelter_quar






Were you ever in an area that was under "shelter-in-place" orders, "stay-at-home" orders, or an equivalent that you largely adhered to?

☐ Yes
☐ No

reset


Add Field

Add Matrix of Fields



Variable: shelter_start Branching logic: [shelter_quar]="1"






Approximate start date of orders

 Today D-M-Y

If multiple, put dates of longest stretch

Add Field

Add Matrix of Fields








Variable: shelter_end Branching logic: [shelter_quar]="1"

Approximate end date of orders





If ongoing, leave blank

Add Field
Add Matrix of Fields






Variable: self_quar

Did you ever take it upon yourself to engage in self-quarantine or extreme social distancing that was not ordered medically or by the government?
☐ Yes
☐ No
reset





Add Field
Add Matrix of Fields





Variable: self_start Branching logic: [self_quar]="1"

Approximate start date
 Today D-M-Y

If multiple, put dates of longest stretch





Add Field
Add Matrix of Fields





Variable: self_end Branching logic: [self_quar]="1"

Approximate end date

If ongoing, leave blank



Add Field
Add Matrix of Fields





Variable: quar_free





In this space, please provide any additional information that you think would be useful for us to know about your experience with quarantine, stay at home orders, and social distancing.

Expand

Add Field
Add Matrix of Fields







COVID Impact

Add Field
Add Matrix of Fields





Variable: covid_test





Have you received a positive test for COVID19?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields





Variable: covid_doctor





Have you been diagnosed with COVID19 by a doctor without a formal test?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields





Variable: covid_belief






Do you believe you have contracted COVID19 at any point, even without a test or formal diagnosis by a doctor?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields





Variable: severity_cov Branching logic: [covid_test]="1" or [covid_doctor]="1" or [covid_belief]="1"






How would you rate the severity of the symptoms you experienced/are experiencing?
☐ Mild
☐ Moderate
☐ Severe, but recovered at home
☐ Severe and hospitalized
☐ Hospitalized and needed a ventilator or other lifesaving treatment
reset

Add Field
Add Matrix of Fields






Variable: covid_roommate






Has anyone you have lived with contracted COVID19?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields






Variable: covid_roommate_2 Branching logic: [covid_roommate] = "1"






Was this confirmed by a test or medical diagnosis?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields






Variable: covid_loved






Has a loved one (family or friend) contracted COVID19?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields






Variable: covid_loved_2 Branching logic: [covid_loved] = "1"






Was this confirmed by a test or medical diagnosis?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields






Variable: perished






Has a loved one perished due to COVID19?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields






Variable: perished_2






Has anyone you know personally perished due to COVID19?
☐ Yes
☐ No
reset



Add Field
Add Matrix of Fields






Variable: pos_instructions

It is important to recognize that the devastating impacts of COVID19 have not directly impacted everyone equally, and in fact some people may have experienced some positive outcomes or "silver linings". We will ask some questions about these situations now.



Add Field
Add Matrix of Fields






Matrix group: pos_effects





Variable: covpos_1

1 = Completely disagree
2
3
4
5 = Completely agree


Since the start of the pandemic, I have spent more quality time with my immediate family
☐
☐
☐
☐
☐
reset



Variable: covpos_2

Since the start of the pandemic, I have been in more contact with extended family and/or friends
☐
☐
☐
☐
☐
reset



Variable: covpos_3



Since the start of the pandemic, I have had more time for creative pursuits
☐
☐
☐
☐
☐
reset

  Variable: covpos_4

Since the start of the pandemic, I have had more time to prioritize sleep

☐ ☐ ☐ ☐ ☐



[reset](#)

  Variable: covpos_5

Since the start of the pandemic, I have benefited financially

☐ ☐ ☐ ☐ ☐



[reset](#)

  Variable: covpos_6

Since the start of the pandemic, I have had more time for my hobbies

☐ ☐ ☐ ☐ ☐

[reset](#)

  Variable: covpos_7

Since the start of the pandemic, I have had more time to exercise/focus on my health

☐ ☐ ☐ ☐ ☐

[reset](#)




[Add Field](#)[Add Matrix of Fields](#)



   Variable: positive_free_response

Please describe other positive impacts of the COVID19 pandemic and the response to it on your life, if any.

[Expand](#)

[Add Field](#)[Add Matrix of Fields](#)

   Matrix group: positive

  Variable: experience


1 = Entirely Negative 2 3 4 = Net Neutral 5 6 7 = Entirely Positive

My experience during the COVID19 pandemic has been...

☐ ☐ ☐ ☐ ☐ ☐ ☐

[reset](#)

[Add Field](#)[Add Matrix of Fields](#)

   Variable: covid_impact_free




If COVID19 has impacted you directly or indirectly in other ways (both positive and negative) that we have not asked about, please feel free to describe them here.

[Expand](#)

[Add Field](#)[Add Matrix of Fields](#)

  Impact on Employment

[Add Field](#)[Add Matrix of Fields](#)

   Variable: job

Before the COVID-19 pandemic, please select all that apply

- ☐ Employed full-time
- ☐ Employed part-time
- ☐ Retired
- ☐ Unemployed
- ☐ Full-time student
- ☐ Part-time student
- ☐ Disabled

Add Field
Add Matrix of Fields

Variable: occupation Branching logic: [job(1)] = "1" or [job(2)] = "1"

Occupation

Select the one that best describes your position

Add Field
Add Matrix of Fields

Variable: occupation_other Branching logic: [occupation]= "28"

If other, please describe
Expand

Add Field
Add Matrix of Fields

Variable: night_shift Branching logic: [job(1)] = "1" or [job(2)] = "1"

Do you work night shift or have an alternating night shift schedule?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields

Variable: essential Branching logic: [job(1)] = "1" or [job(2)] = "1"

Are you considered a frontline or essential services worker during the COVID-19 pandemic? e.g. nurse or doctor in a hospital, first responder, supermarket worker, teacher?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields

Variable: homework Branching logic: [job(1)] = "1" or [job(2)] = "1"

Have you transitioned to primarily working from home?
☐ Yes
☐ No
reset

Add Field
Add Matrix of Fields

Variable: job_impact Branching logic: [job(1)] = "1" or [job(2)] = "1"

Has the COVID-19 pandemic impacted your employment status?
☐ Yes, I have lost my job
☐ Yes, my work hours/wages have been reduced
☐ Yes, my work hours/wages have been increased
☐ Yes, my business has been affected negatively
☐ Yes, my business has been affected positively
☐ No, but I expect it to change in future
☐ No
reset

Add Field
Add Matrix of Fields

Variable: exposure Branching logic: [job(1)] = "1" or [job(2)] = "1"

Does your job involve potentially increased exposure to COVID19?
☐ Yes
☐ No
☐ Not Sure
reset

Add Field
Add Matrix of Fields



























Variable: financial_impact

Has the COVID-19 pandemic impacted your financial situation?
☐ Yes, positively
☐ Yes, negatively
☐ No
reset

Add Field
Add Matrix of Fields

Matrix group: soc_dis_mat

To what extent have you been engaging in the following behaviors since concerns about COVID19 began in your area?

  Variable: sd_1	Not at all	Sometimes	Frequently	All the time
Washing your hands for at least 20 seconds after being outside of your home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_2				
Using hand sanitizer when out in public	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_3				
Avoiding touching your face	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_4				
Sneezing or coughing into mask, tissue, or the inside of your elbow	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_5				
Disinfecting frequently used items or surfaces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_6				
Avoiding in-person social gatherings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_7				
Avoiding eating or drinking at bars, restaurants, or food courts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_8				
Avoiding unnecessary travel, shopping, or social visits	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_9				
Not visiting family or loved ones in nursing homes or long-term facilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_10				
Keeping a distance of 6 feet (2 meters) when around others in public	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_11				
Wearing a mask when out in public	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_12				
Using delivery services instead of going to the grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				
  Variable: sd_13				
Sanitizing mail, packages, groceries, and food containers that come into your house	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset				

[Add Field](#) [Add Matrix of Fields](#)

Variable: travel_air

How much air travel have you engaged in since mid-March?

☐ No travel
☐ Some travel (1-5 trips)
☐ Moderate travel (5-10 trips)
☐ A lot of travel (10+ trips)

reset

[Add Field](#) [Add Matrix of Fields](#)

Variable: soc_serious

How seriously do you believe you need to follow the social distancing and shelter-in-place guidelines?

☐ Not serious at all
☐ Mildly serious
☐ Moderately serious,
☐ Very serious

reset

[Add Field](#) [Add Matrix of Fields](#)

Variable: mask_serious

How seriously do you believe you need to follow mask and other PPE guidelines to be?

☐ Not serious at all
☐ Mildly serious
☐ Moderately serious,
☐ Very serious

reset

[Add Field](#) [Add Matrix of Fields](#)

Variable: vol_self_iso

Since the start of the pandemic have you voluntarily self-isolated without showing COVID19 symptoms?

☐ Yes
☐ No

reset

[Add Field](#) [Add Matrix of Fields](#)

Variable: vol_self_iso_instruction

Branching logic: [vol_self_iso] = '1'

Please rank-order your motivations for self-isolating (Each column can only be selected once)

[Add Field](#) [Add Matrix of Fields](#)

Matrix group: vol_self_iso_rank

(One selection allowed per column)	1) Least Important	2	3	4	5) Most Important
To avoid contracting the coronavirus (COVID19)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't want to endanger my loved ones	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't want to contribute to community spread of the disease.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am trying to follow what public health officials recommend	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am concerned about the number of hospital resources available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Add Field

Add Matrix of Fields



Variable: no_self_iso_instruction Branching logic: [vol_self_iso] = '0'

Please rank-order your motivations for not self-isolating (Each column can only be selected once)

Add Field

Add Matrix of Fields



Matrix group: no_self_iso_rank



Variable: no_iso_1 Branching logic: [vol_self_iso] = '0'

(One selection allowed per column)

1) Least
Important

2

3

4

5

6

7

8) Most
Important

I am healthy and not at risk even if I get sick

☐☐☐☐☐☐☐☐

reset



Variable: no_iso_2 Branching logic: [vol_self_iso] = '0'

It is not my responsibility to prevent the spread of the disease

☐☐☐☐☐☐☐☐

reset



Variable: no_iso_3 Branching logic: [vol_self_iso] = '0'

I don't think isolation is the solution

☐☐☐☐☐☐☐☐

reset



Variable: no_iso_4 Branching logic: [vol_self_iso] = '0'

I don't think this virus is a threat

☐☐☐☐☐☐☐☐

reset



Variable: no_iso_5 Branching logic: [vol_self_iso] = '0'

There is conflicting information coming from places of authority regarding the benefits self-isolating

☐☐☐☐☐☐☐☐

reset



Variable: no_iso_6 Branching logic: [vol_self_iso] = '0'

The cost to my freedom outweigh the public health risks

☐☐☐☐☐☐☐☐

reset



Variable: no_iso_7 Branching logic: [vol_self_iso] = '0'

The financial costs of self-isolating outweigh the public health risks

☐☐☐☐☐☐☐☐

reset



Variable: no_iso_8 Branching logic: [vol_self_iso] = '0'

I don't have the option to stay at home.

☐☐☐☐☐☐☐☐

reset

Add Field

Add Matrix of Fields



Variable: gs

Since the new coronavirus (COVID19) started to spread, certain resources have become scarcer than usual due to fear that these resources might run out. Specifically, toilet paper and hand sanitizer are becoming more difficult to find.

Add Field

Add Matrix of Fields



Variable: goods_scarcity

Since the spread of the new coronavirus (COVID19) have you purchased extra amounts of toilet paper and hand sanitizer?

☐ Yes☐ No

reset

Add Field

Add Matrix of Fields



Variable: gs_rank Branching logic: [goods_scarcity] = '1'

Please rank order your motivations for buying extra amounts of these goods (Each column can only be selected once)

[Add Field](#) [Add Matrix of Fields](#)

Matrix group: good_scarcity

Variable: gs_1 Branching logic: [goods_scarcity] = '1'

(One selection allowed per column)

1) Least Important **2** **3** **4** **5** **6** **7** **8) Most Important**

I was looking out for myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

Variable: gs_2 Branching logic: [goods_scarcity] = '1'

It seemed like the smart thing to do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

Variable: gs_3 Branching logic: [goods_scarcity] = '1'

I thought stores might close	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

Variable: gs_4 Branching logic: [goods_scarcity] = '1'

I thought these goods might become unavailable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

Variable: gs_5 Branching logic: [goods_scarcity] = '1'

I had an increased need due to more people at home throughout the day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

Variable: gs_6 Branching logic: [goods_scarcity] = '1'

I was shopping for a family member who could not get to the store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

Variable: gs_7 Branching logic: [goods_scarcity] = '1'

I was shopping for a non-family member at risk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

Variable: gs_8 Branching logic: [goods_scarcity] = '1'

I was shopping for a community resource (i.e Food Pantry)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset								

[Add Field](#) [Add Matrix of Fields](#)

Variable: no_gs_rank Branching logic: [goods_scarcity] = '0'

Please rank order your motivations for refraining from purchasing extra amounts of these goods (Each column can only be selected once)

[Add Field](#) [Add Matrix of Fields](#)

Matrix group: no_good_scarcity

Variable: no_gs_1 Branching logic: [goods_scarcity] = '0'

(One selection allowed per column)

1) Least Important **2** **3) Most Important**

I did not want to contribute to the shortage of toilet paper and hand sanitizer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset			

Variable: no_gs_2 Branching logic: [goods_scarcity] = '0'






I didn't need extra toilet paper or hand sanitizer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset			

Variable: no_gs_3 Branching logic: [goods_scarcity] = '0'

I didn't realize that people were buying extra toilet paper and hand sanitizer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset			

Add Field

Add Matrix of Fields





 Variable: med_scarcity_inst

Since the coronavirus (COVID19) started to spread, certain medical supplies have become scarcer than usual due to fear that these resources might run out. Specifically, medical masks and gloves are becoming more difficult to find.

Add Field

Add Matrix of Fields










 Variable: med_scarcity

Since the spread of the new coronavirus (COVID19) have you purchased medical masks or gloves? ☐ Yes ☐ No

reset

Add Field

Add Matrix of Fields





 Variable: med_scarcity_rank Branching logic: [med_scarcity] = '1'

Please rank order your motivations for buying these medical supplies (Each column can only be selected once)

Add Field

Add Matrix of Fields



 Matrix group: med_scarcity_rank


 Variable: ms_1 Branching logic: [med_scarcity] = '1'

(One selection allowed per column)

	1) Least Important	2	3	4	5	6) Most Important
I was looking out for ways to protect myself from exposure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset


 Variable: ms_2 Branching logic: [med_scarcity] = '1'

I was looking out for ways to protect others in case I became exposed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset


 Variable: ms_3 Branching logic: [med_scarcity] = '1'

I thought stores might close	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
------------------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset


 Variable: ms_4 Branching logic: [med_scarcity] = '1'

I thought these goods might become unavailable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset


 Variable: ms_5 Branching logic: [med_scarcity] = '1'

I was purchasing them for a family member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset


 Variable: ms_6 Branching logic: [med_scarcity] = '1'

I was purchasing them for a non-family member at risk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset







 Variable: ms_7 Branching logic: [med_scarcity] = '1'

I was purchasing them for a community resource	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset

Add Field

Add Matrix of Fields










 Variable: ms_using Branching logic: [med_scarcity]='1'

Are you using these medical supplies? ☐ Yes ☐ No

reset

Add Field

Add Matrix of Fields





 Variable: ms_instr Branching logic: [med_scarcity]='0'

Please rank order your motivations for refraining from purchasing extra amounts of these medical supplies (Each column can only be selected once)

[Add Field](#) [Add Matrix of Fields](#)

Matrix group: ms_use_rank

Variable: ms_use_1 **Branching logic:** [med_scarcity]='0'

(One selection allowed per column)

	1) Least Important	2	3	4) Most Important
I did not want to contribute to the shortage of medical masks and gloves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

Variable: ms_use_2 **Branching logic:** [med_scarcity]='0'

I don't need medical masks or gloves

	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

Variable: ms_use_3 **Branching logic:** [med_scarcity]='0'

I didn't realize that people were buying medical masks and gloves

	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

Variable: ms_use_4 **Branching logic:** [med_scarcity]='0'

I already have medical masks and gloves

	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: charity

Have you, if possible, offered financial support for rent, groceries, or other necessities to people that lost their job?

☐ Yes
☐ No
☐ Not possible

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: pandemic_serious

In general, how serious do you believe the pandemic is?

☐ Not serious at all
☐ Mildly serious
☐ Moderately serious,
☐ Very serious

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: sleepaids

Since the start of the pandemic, your use of sleep aids has:

☐ Started for the first time
☐ Increased
☐ Decreased
☐ Stayed the same
☐ I did not use sleep aids

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)







Variable: alcohol

Since the start of the pandemic, your use of alcohol has:

☐ Started for the first time
☐ Increased
☐ Decreased
☐ Stayed the same
☐ I did not drink alcohol

[reset](#)

Add Field
Add Matrix of Fields













Variable: marijuana

Since the start of the pandemic, your use of marijuana has:

- ☐ Started for the first time
- ☐ Increased
- ☐ Decreased
- ☐ Stayed the same
- ☐ I did not use marijuana

reset

Add Field
Add Matrix of Fields













Variable: caffeine

Since the start of the pandemic, your use of caffeine has:

- ☐ Started for the first time
- ☐ Increased
- ☐ Decreased
- ☐ Stayed the same
- ☐ I did not use caffeine

reset

Add Field
Add Matrix of Fields













Variable: nonpdrug

Since the start of the pandemic, your use of other non-prescription drugs:

- ☐ Started for the first time
- ☐ Increased
- ☐ Decreased
- ☐ Stayed the same
- ☐ I did not use other non-prescription drugs

reset

Add Field
Add Matrix of Fields













Variable: pdrug

Since the start of the pandemic, your use of prescription drugs:

- ☐ Started for the first time
- ☐ Increased
- ☐ Decreased
- ☐ Stayed the same
- ☐ I do not have any prescription drugs

reset

Add Field
Add Matrix of Fields













Variable: diet

Since the start of the pandemic, the food I'm now eating is

- ☐ A lot healthier than what I ate before
- ☐ Somewhat healthier than what I ate before
- ☐ About the same, health-wise, as what I ate before
- ☐ Somewhat less healthy than what I ate before
- ☐ A lot less healthy than what I ate before

reset

Add Field
Add Matrix of Fields













Variable: phys_activity

Since the start of the pandemic, I have engaged in

- ☐ A lot less physical activity
- ☐ Somewhat less physical activity
- ☐ About the same amount of physical activity
- ☐ Somewhat more physical activity
- ☐ A lot more physical activity

reset

Add Field
Add Matrix of Fields







Variable: sleep_change







Since the start of the COVID19 pandemic, I have slept:

- ☐ A lot less
- ☐ Somewhat less
- ☐ About the same amount
- ☐ Somewhat more
- ☐ A lot more

reset

Add Field

Add Matrix of Fields



Variable: bedtime_change







Since the start of the COVID19 pandemic, I have gone to bed:

☐ Earlier
☐ Later
☐ About the same

reset

Add Field

Add Matrix of Fields



Variable: waketime_change_2






Since the start of the COVID19 pandemic, I have woken up the next day:

☐ Earlier
☐ Later
☐ About the same

reset

Add Field

Add Matrix of Fields








Variable: sleepchange_free

If there has been a substantial change in your sleep behavior during the pandemic, please use this space to describe any specific reasons why that might be.

Expand

Add Field

Add Matrix of Fields





Variable: med_free

Please use this space to describe any information relevant to medication or supplement changes since you joined our study that you would like to share.

Expand

Add Field






Add Matrix of Fields



Pre-existing Conditions

Add Field

Add Matrix of Fields









Variable: sensitive

We believe that it is important to have a more complete health history in order to best understand how the pandemic and social isolation impacts individuals with different pre-existing conditions and health concerns. This information will likely be important in navigating both the current and future pandemics, so we are asking for any information on the following that you feel comfortable sharing.

Add Field

Add Matrix of Fields



Variable: med_health







Prior to or since the start of the COVID19 pandemic, have you been diagnosed with any physical or health conditions?

☐ Yes
☐ No
☐ Prefer not to say

reset

Either in the past or currently

Add FieldAdd Matrix of Fields








Variable: med_history Branching logic: [med_health]="1"

Please select all that apply

- ☐ Anemia
- ☐ Anesthetic Complication
- ☐ Arthritis
- ☐ Asthma
- ☐ Autoimmune Problems
- ☐ Birth Defects
- ☐ Bladder Problems
- ☐ Bleeding Disease
- ☐ Blood Clots
- ☐ Blood Transfusion(s)
- ☐ Bowel Disease
- ☐ Breast Cancer
- ☐ Cervical Cancer
- ☐ Colon Cancer
- ☐ Diabetes
- ☐ Growth/Development Disorder
- ☐ Hearing Impairment
- ☐ Heart Attack
- ☐ Heart Disease
- ☐ Heart Pain/Angina
- ☐ Hepatitis A
- ☐ Hepatitis B
- ☐ Hepatitis C
- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ HIV
- ☐ Hives
- ☐ Kidney Disease
- ☐ Liver Cancer
- ☐ Liver Disease
- ☐ Lung Cancer
- ☐ Lung/Respiratory Disease
- ☐ Migraines
- ☐ Osteoporosis
- ☐ Prostate Cancer
- ☐ Rectal Cancer
- ☐ Reflux/GERD
- ☐ Seizures/Convulsions
- ☐ Severe Allergy
- ☐ Sexually Transmitted Disease
- ☐ Skin Cancer
- ☐ Stroke/CVA of the Brain
- ☐ Thyroid Problems
- ☐ Ulcer
- ☐ Visual Impairment
- ☐ Other Disease, Cancer, or Significant Medical Illness
- ☐ NONE of the Above

Add FieldAdd Matrix of Fields



Variable: med_other Branching logic: [med_health]=98







If other, please describe

Expand

https://capricorn.bc.edu/redcap/redcap_v9.10.0/Design/online_designer.php?pid=550&page=round_3

20/30

Add FieldAdd Matrix of Fields









Variable: mental_health

Prior to the start of the COVID19 pandemic, were you diagnosed with any mental health conditions?

☐ Yes
☐ No
☐ Prefer not to say

reset

Add FieldAdd Matrix of Fields









Variable: psych_history Branching logic: [mental_health]="1"

Please select all that apply

☐ Alcohol Abuse
☐ Depression
☐ Bipolar Disorder
☐ Persistent Depressive Disorder (Dysthymic Disorder)
☐ Other Mood Disorder
☐ Generalized Anxiety Disorder
☐ Agoraphobia
☐ Panic Disorder
☐ Obsessive-Compulsive Disorder (OCD)
☐ Social Anxiety Disorder
☐ Social Phobia
☐ Specific Phobia
☐ Other Anxiety Disorder
☐ Post-Traumatic Stress Disorder (PTSD)
☐ Anorexia Nervosa
☐ Attention-Deficit/Hyperactivity Disorder (ADHD)
☐ Autism Spectrum Disorder (ASD)
☐ Binge Eating Disorder
☐ Borderline Personality Disorder
☐ Bulimia Nervosa
☐ Other Eating Disorders
☐ Personality Disorders
☐ Schizophrenia
☐ History of Suicide Attempts
☐ Other major mental health disorder not listed above
☐ None of the above

Add FieldAdd Matrix of Fields









Variable: psych_free_1 Branching logic: [psych_history(26)]

If other, please describe

Expand

Add FieldAdd Matrix of Fields



Variable: mental_health_2

Since the start of the COVID19 pandemic, were you diagnosed with any mental health conditions?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: psych_history_2

Branching logic: [mental_health_2]="1"

Please select all that apply

- ☐ Alcohol Abuse
- ☐ Depression
- ☐ Bipolar Disorder
- ☐ Persistent Depressive Disorder (Dysthymic Disorder)
- ☐ Other Mood Disorder
- ☐ Generalized Anxiety Disorder
- ☐ Agoraphobia
- ☐ Panic Disorder
- ☐ Obsessive-Compulsive Disorder (OCD)
- ☐ Social Anxiety Disorder
- ☐ Social Phobia
- ☐ Specific Phobia
- ☐ Other Anxiety Disorder
- ☐ Post-Traumatic Stress Disorder (PTSD)
- ☐ Anorexia Nervosa
- ☐ Attention-Deficit/Hyperactivity Disorder (ADHD)
- ☐ Autism Spectrum Disorder (ASD)
- ☐ Binge Eating Disorder
- ☐ Borderline Personality Disorder
- ☐ Bulimia Nervosa
- ☐ Other Eating Disorders
- ☐ Personality Disorders
- ☐ Schizophrenia
- ☐ Other major mental health disorder not listed above
- ☐ None of the above

Add Field

Add Matrix of Fields



Variable: psych_free_2

Branching logic: [psych_history_2(25)]

If other, please describe

Expand

Add Field

Add Matrix of Fields



Variable: mh_treatment

Branching logic: [mental_health]="1" or [mental_health_2]="1"

Are you currently receiving any treatment for mental health concerns?

- ☐ Yes, treatment as usual including in person meetings
- ☐ Yes, but all treatment has transitioned to be virtual
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: condition_free

Feel free to provide any further information about any pre-existing conditions you may have

Expand

Add Field

Add Matrix of Fields



Additional Information

Add Field

Add Matrix of Fields



Variable: pet






Do you have a pet?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: parent






Are you a parent?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: children *Branching logic: [parent]='1'*

Did you have children at home with you for a majority of the last 3 months?






☐ Yes
☐ No

Greater than 50% of the time

reset

Add Field

Add Matrix of Fields








Variable: how_many_kids *Branching logic: [children]='1'*

How many children have you had at home with you?

Number only

Add Field

Add Matrix of Fields








Variable: child_ages *Branching logic: [children]='1'*

What were the age ranges of the children (Select all that apply):

☐ 0-1 years old
☐ 2-3 years old
☐ 3-5 years old
☐ 6-9 years old
☐ 10-12 years old
☐ 13-15 years old
☐ 15-17 years old
☐ 18+ years old

Add Field

Add Matrix of Fields



Variable: fluency






Please rate your level of English fluency

☐ 0-25%
☐ 25-50%
☐ 50-75%
☐ 75-100%

reset

Add Field

Add Matrix of Fields



Variable: fluency_diff






Did you have any difficulty understanding questions asked during the survey due to language barriers?

☐ No difficulty at all
☐ Some difficulty
☐ Moderate difficulty
☐ Severe difficulty

reset

Add Field

Add Matrix of Fields



Variable: mil_time






Do you recall ever forgetting to use military time in any of the sleep logs?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields








Variable: mil_time_free *Branching logic: [mil_time]='1'*

If yes, any information that you may be able to provide (such as approximately how many days you believe you did so) could help us go back and fix it as we're processing the data.

Expand

Add Field

Add Matrix of Fields



Variable: mistakes






Do you recall making any other mistakes on any of the surveys you have completed for us?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields








Variable: mistakes_free Branching logic: [mistakes]="1"

If yes, any information that you may be able to provide could help us go back and fix it as we're processing the data.

Expand

Add Field

Add Matrix of Fields








Variable: open_anything

Please feel free to use this space to inform us about anything else that we did not ask about in this study.

Expand

Add Field

Add Matrix of Fields





Variable: open_anything_2

Please feel free to use this space to inform us about your experience in this study.

Expand

Add Field






Add Matrix of Fields



COVID Dreams

Add Field

Add Matrix of Fields



Variable: dream_opt

There has been an increase in reports of intense dreaming during the COVID19 pandemic. Are you willing to answer some more questions related to your dreaming behavior and experiences over the last several months?



☐ Yes
☐ No

reset

* must provide value

Add Field






Add Matrix of Fields



COVID Dream Experience

Add Field

Add Matrix of Fields



Variable: covid_dream

Do you believe that you have experienced "COVID Dreams"?

☐ Yes
☐ No



reset

Add Field

Add Matrix of Fields



 Matrix group: covid_relate


 Variable: cov
1 = Not at
all related

2

3

4

5

6

7 = Very
related






How related to COVID are your dreams?

☐☐☐☐☐☐☐

reset

Add Field

Add Matrix of Fields





 Variable: covdream_scare Branching logic: [covid_dream]="1"






Did your COVID dreams scare you?

☐ Yes☐ No

reset

Add Field

Add Matrix of Fields





 Variable: covdream_scare_2 Branching logic: [covid_dream]="1"

Do you think you COVID dreams prompted you to be more cautious or careful?

☐ Yes☐ No

reset

Add Field

Add Matrix of Fields




 Variable: covdream_free

Please enter any features of your dreams (objects, emotions, people) that were related to COVID.

Expand



Add Field

Add Matrix of Fields



 Matrix group: lucidity

Please respond to the following questions while reflecting on your dreams over the last 3 months


 Variable: luc_1
0 = Strongly
disagree

1

2

3

4

5 = Strongly
agree

While dreaming, I was aware of the fact that the things I was experiencing in the dream were not real

☐☐☐☐☐☐



reset


 Variable: luc_2

While dreaming, I was able to remember my intention to do certain things in the dream

☐☐☐☐☐☐

reset


 Variable: luc_3

While dreaming, I was aware that the self I experienced in my dream wasn't the same as my waking self

☐☐☐☐☐☐



reset


 Variable: luc_4

In my dream, I was able to manipulate or control other dream characters in a way that would be impossible and waking

☐☐☐☐☐☐

























reset
























 Variable: luc_5

While dreaming, I thought about other dream characters






☐☐☐☐☐☐



































reset



























  Variable: luc_6
While dreaming, I was able to successfully perform supernatural actions (like flying or passing through walls) <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_7
The emotions I experienced in my dream were exactly the same as those I would experience in such a situation during wakefulness <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_8
While dreaming, I was aware of the fact that the body experience in the dream did not correspond to my real sleeping body <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_9
I was very certain that the things I was experiencing in my dream wouldn't have any consequences on the real world <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_10
While dreaming I was able to successfully control or change the dream environment in a way that would be impossible during wakefulness <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_11
While dreaming, I saw myself from outside <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_12
While dreaming, I thought about my own actions <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_13
While dreaming, I had the feeling that I had forgotten something important <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_14
While dreaming, I was able to change or move objects (not persons) in a way that would be impossible in waking <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_15
While dreaming I was not myself but a completely different person <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_16
While dreaming, I often ask myself whether I was dreaming <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset
  Variable: luc_17
The thoughts I had in my dream were exactly the same as I would have in a similar situation during wakefulness <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
reset

  Variable: luc_18						
While dreaming, I had the feeling that I could remember my waking life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_19						
While dreaming, I was aware of the fact that other dream characters in my dream were not real	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_20						
Most things that happened in my dream could have also happened during wakefulness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_21						
I watched the dream from outside, as if on a screen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_22						
While dreaming, I often thought about the things I was experiencing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_23						
I was able to influence the story line of my dreams at will	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_24						
While dreaming, I was able to remember certain plans for the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_25						
While dreaming, I felt euphoric/upbeat	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_26						
While dreaming, I had strong negative feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_27						
While dreaming, I had strong positive feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						
  Variable: luc_28						
While dreaming, I felt very anxious	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset						

[Add Field](#) [Add Matrix of Fields](#)

   Matrix group: panas_dreams					
Please answer the following questions irrespective of how often you can remember your dreams.					
'In my dreams, I feel . . . '.					
  Variable: pandr_1					
	0 = Never	1	2	3	4= Always
Enthusiastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					

  Variable: pandr_2					
Proud	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_3					
Strong	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_4					
Determined	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_5					
Inspired	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_6					
Excited	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_7					
Active	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_8					
Interested	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_9					
Attentive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_10					
Irritable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_11					
Upset	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_12					
Hostile	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_13					
Ashamed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_14					
Guilty	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_15					
Nervous	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_16					
Scared	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_17					
Distressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pandr_18					
Afraid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					

  Variable: pandr_19							
My dreams are vivid <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: pandr_20							
I have exciting dreams <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
Add Field Add Matrix of Fields							
  Matrix group: mw_1							
Mindwandering							
  Variable: mw_1							
<div> <div>1 = Rarely</div> <div>2</div> <div>3</div> <div>4</div> <div>5</div> <div>6</div> <div>7 = A lot</div> </div>							
I allow my thoughts to wander on purpose <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: mw_2							
I enjoy mind-wandering <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: mw_3							
I allow myself to get absorbed in pleasant fantasy <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: mw_4							
I find my thoughts wandering spontaneously <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: mw_5							
When I mind-wander my thoughts tend to be pulled from topic to topic <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
  Variable: mw_6							
I mind-wander even when I'm supposed to be doing something else <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
Add Field Add Matrix of Fields							
  Matrix group: mw_2							
  Variable: mw_7							
<div> <div>1 = Not at all true</div> <div>2</div> <div>3</div> <div>4</div> <div>5</div> <div>6</div> <div>7 = Very true</div> </div>							
I find mind-wandering is a good way to cope with boredom <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
Add Field Add Matrix of Fields							
  Matrix group: mw_3							
  Variable: mw_8							
<div> <div>1 = Almost Never</div> <div>2</div> <div>3</div> <div>4</div> <div>5</div> <div>6</div> <div>7 = Almost Always</div> </div>							
It feels like I don't have control over when my mind wanders <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>							
reset							
Add Field Add Matrix of Fields							

