




## Round 1- COVID Additional Assessments

[Online Designer](#) ▼[Create snapshot of instruments](#)[VIDEO: How to use this page](#)

Last snapshot: 05/18/2020 11:23pm ?

This page allows you to build and customize your data collection instruments one field at a time. You may add new fields or edit existing ones. New fields may be added by clicking the **Add Field** buttons. You can begin editing an existing field by clicking on the  **Edit** icon. If you decide that you do not want to keep a field, you can simply delete it by clicking on the  **Delete** icon. To reorder the fields, simply **drag and drop** a field to a different position within the form below. NOTE: While in development status, all field changes will take effect immediately in real time. **Are you using Action Tags yet? If not, [learn about Action Tags here](#).**






[Return to list of instruments](#)[Survey settings](#)Current instrument: **Round 1**[Preview instrument](#)

 Variable: record\_id \* This field will NOT be displayed on the survey page.

**Record ID**

NOTE: The field above is the record ID field and thus cannot be deleted or moved. It can only be edited.






[Add Field](#) [Add Matrix of Fields](#)

     Variable: subj\_id\_rd1

**Subject ID:**


\* must provide value

[Add Field](#) [Add Matrix of Fields](#)






     Variable: date\_time\_rd1

**Click 'Now'**

\* must provide value



 [Now](#) D-M-Y H:M

[Add Field](#) [Add Matrix of Fields](#)

     Variable: time\_instructions

**Please read the instructions at the top of each page carefully, as they may be asking you to reflect on different periods of time (e.g. the last month, the last two weeks, etc.)**






[Add Field](#) [Add Matrix of Fields](#)

**The following questions relate to your usual sleep habits during the PAST MONTH only. Your answers should indicate the most accurate reply for the majority of days and nights in the PAST MONTH.**


**For questions asking about time, please use military time. For assistance, you may open the attachment or copy and paste this link into a new tab: <https://bit.ly/2HG8yuk>**

[Add Field](#) [Add Matrix of Fields](#)

     Variable: psqi\_1






**During the past month, what time have you usually gone to bed at night?**

\* must provide value

 [Now](#) H:M

Bed time

[Add Field](#) [Add Matrix of Fields](#)

     Variable: psqi\_2





**During the past month, how long (in minutes) has it usually taken you to fall asleep each night?**

\* must provide value

Number of minutes


Add Field

Add Matrix of Fields



Variable: psqi\_3

**During the past month, what time have you usually gotten up in the morning?**





  H:M

Getting up time

\* must provide value

Add Field

Add Matrix of Fields



Variable: psqi\_4





**During the past month, how many hours of ACTUAL SLEEP did you get at night? (This may be different than the number of hours you spent in bed.)**

Hours of sleep per night

\* must provide value

Add Field

Add Matrix of Fields








Variable: psqi\_instructions2

**For each of the remaining questions, check the one best response. During the past month, how often have you had trouble sleeping because you . . .**

Add Field

Add Matrix of Fields



Variable: psqi\_5a

**Cannot get to sleep within 30 minutes**

☐ Not during the past month

☐ Less than once a week

☐ Once or twice a week






☐ Three or more times a week

\* must provide value

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5b

**Wake up in the middle of the night or early morning**

☐ Not during the past month

☐ Less than once a week

☐ Once or twice a week






☐ Three or more times a week

\* must provide value

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5c

**Have to get up to use the bathroom**

☐ Not during the past month

☐ Less than once a week

☐ Once or twice a week






☐ Three or more times a week

\* must provide value

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5d

**Cannot breathe comfortably**

☐ Not during the past month

☐ Less than once a week

☐ Once or twice a week






☐ Three or more times a week

\* must provide value

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5e

**Cough or snore loudly**

☐ Not during the past month

☐ Less than once a week

☐ Once or twice a week







☐ Three or more times a week

\* must provide value

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5f

**Feel too cold**  
*\* must provide value*

☐ Not during the past month

☐ Less than once a week







☐ Once or twice a week

☐ Three or more times a week

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5g

**Feel too hot**  
*\* must provide value*

☐ Not during the past month

☐ Less than once a week







☐ Once or twice a week

☐ Three or more times a week

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5h

**Had bad dreams**  
*\* must provide value*

☐ Not during the past month

☐ Less than once a week







☐ Once or twice a week

☐ Three or more times a week

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5h\_2

**Had pain**  
*\* must provide value*

☐ Not during the past month

☐ Less than once a week







☐ Once or twice a week

☐ Three or more times a week

reset

Add Field

Add Matrix of Fields



Variable: psqi\_5j

**Other reason(s), please describe below**

☐ Not during the past month

☐ Less than once a week






☐ Once or twice a week

☐ Three or more times a week

reset

Add Field

Add Matrix of Fields









Variable: psqi\_5j2

**If other, please describe:**

Expand

Add Field

Add Matrix of Fields



Variable: psqi\_6

**During the past month, how would you rate your sleep quality overall?**  
*\* must provide value*

☐ Very good

☐ Fairly good






☐ Fairly bad

☐ Very bad

reset

Add Field

Add Matrix of Fields

 Variable: psqi\_7

**During the past month, how often have you taken medicine to help you sleep (prescribed or "over the counter")?**

\* must provide value

☐ Not during the past month

☐ Less than once a week






☐ Once or twice a week

☐ Three or more times a week

reset

Add Field

Add Matrix of Fields

 Variable: psqi\_8

**During the past month, how often have you had trouble staying awake while driving, eating meals, or engaging in social activity?**

\* must provide value

☐ Not during the past month

☐ Less than once a week






☐ Once or twice a week

☐ Three or more times a week

reset

Add Field

Add Matrix of Fields

 Variable: psqi\_9

**During the past month, how much of a problem has it been for you to keep up enough enthusiasm to get things done?**

\* must provide value



☐ No problem at all

☐ Only a very slight problem

☐ Somewhat of a problem

☐ A very big problem






reset



**MTQ 1: The following section will ask you questions in regards to your sleep and wake behavior on work- and work-free days both prior to the COVID19 outbreak and more recently.**

Add Field






Add Matrix of Fields

 Variable: mst\_past

**Please estimate an average of your 'normal' sleep behavior for the 6 week period prior to February 1st, 2020.**

Add Field

Add Matrix of Fields

 Variable: mtq\_p1

**I was a shift- or night-worker at some time in the three month period PRIOR to February 1, 2020.**

\* must provide value






☐ Yes

☐ No

reset

Add Field

Add Matrix of Fields

 Variable: mtq\_p2






**Prior to February 1, 2020, I normally worked \_\_\_\_ days per week.**

\* must provide value

Enter a number

Add Field

Add Matrix of Fields






 Variable: mtq\_time

**Please answer all of the following questions even if you did not work or worked 7 days/week prior to February 1, 2020. Please continue to enter MILITARY TIME as in the daily surveys**

**For assistance, you may open the attachment or copy and paste this link into a new tab: <https://bit.ly/2HG8yuk>**


Add Field

Add Matrix of Fields

 Variable: mtq\_p3

**Prior to Feb. 1, on WORKDAYS I normally fell asleep at:**

\* must provide value

 Now H:M

this is NOT when you got into bed, but rather when you fell asleep

<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_p4</div></div> <p><b>Prior to Feb. 1, on WORKDAYS I normally woke up at:</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><input style="width: 80px;" type="text"/> <input type="button" value="Now"/> H:M</div> <p style="color: red; font-size: 0.8em;">* must provide value</p> <p style="color: blue; font-size: 0.8em;">this is NOT when you got out of bed, but rather when you woke up</p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_p5</div></div> <p><b>Prior to Feb. 1, on WORK-FREE DAYS when I DID NOT use an alarm clock, I normally fell asleep at:</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><input style="width: 80px;" type="text"/> <input type="button" value="Now"/> H:M</div> <p style="color: red; font-size: 0.8em;">* must provide value</p> <p style="color: blue; font-size: 0.8em;">this is NOT when you got into bed, but rather when you fell asleep</p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_p6</div></div> <p><b>Prior to Feb. 1, on WORK-FREE DAYS when I DID NOT use an alarm clock, I normally woke up at:</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><input style="width: 80px;" type="text"/> <input type="button" value="Now"/> H:M</div> <p style="color: red; font-size: 0.8em;">* must provide value</p> <p style="color: blue; font-size: 0.8em;">this is NOT when you got out of bed, but rather when you woke up</p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; align-items: center;"> </div> <p><b>MTQ 2: Now, please estimate an average of your 'normal' sleep behavior over the past 6 weeks.</b></p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_1</div></div> <p><b>I have been a shift- or night-worker in the past three months</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><div><input type="radio"/> Yes <input type="radio"/> No</div><div style="margin-left: 20px;"><a href="#">reset</a></div></div> <p style="color: red; font-size: 0.8em;">* must provide value</p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_2</div></div> <p><b>Normally, I work ___ days per week.</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><input style="width: 150px;" type="text"/></div> <p style="color: red; font-size: 0.8em;">* must provide value</p> <p style="color: blue; font-size: 0.8em;">Enter a number</p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_time_2</div></div> <p><b>Please answer all of the following questions even if you do not work or work 7 days/week. Please continue to enter MILITARY TIME as in the daily surveys</b></p> <p><b>For assistance, you may open the attachment or copy and paste this link into a new tab: <a href="https://bit.ly/2HG8yuk">https://bit.ly/2HG8yuk</a></b></p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_3</div></div> <p><b>On WORKDAYS I normally fall asleep at:</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><input style="width: 80px;" type="text"/> <input type="button" value="Now"/> H:M</div> <p style="color: red; font-size: 0.8em;">* must provide value</p> <p style="color: blue; font-size: 0.8em;">this is NOT when you get into bed, but rather when you fall asleep</p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_p8</div></div> <p><b>On WORKDAYS I normally wake up at:</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><input style="width: 80px;" type="text"/> <input type="button" value="Now"/> H:M</div> <p style="color: red; font-size: 0.8em;">* must provide value</p> <p style="color: blue; font-size: 0.8em;">this is NOT when you get out of bed, but rather when you wake up</p>	
<a href="#">Add Field</a> <a href="#">Add Matrix of Fields</a>	
<div style="display: flex; justify-content: space-between; align-items: center;"><div> </div><div>Variable: mtq_p9</div></div> <p><b>On WORK-FREE DAYS when I DO NOT use an alarm clock, I normally fall asleep at:</b></p> <div style="display: flex; align-items: center; justify-content: flex-end;"><input style="width: 80px;" type="text"/> <input type="button" value="Now"/> H:M</div> <p style="color: red; font-size: 0.8em;">* must provide value</p> <p style="color: blue; font-size: 0.8em;">this is NOT when you get into bed, but rather when you fall asleep</p>	

Add Field

Add Matrix of Fields





 Variable: mtq\_p10

On WORK-FREE DAYS when I DO NOT use an alarm clock, I normally wake up at:

  Now H:M

\* must provide value

this is NOT when you get out of bed, but rather when you wake up

Add Field

Add Matrix of Fields




 Matrix group: gad7

**GAD-7: Over the last 2 weeks, how often have you been bothered by the following problems?**

Variable: gad\_1

	Not at all	Several days	More than half the days	Nearly every day
Feeling nervous, anxious or on edge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Variable: gad\_2

Not being able to stop or control worrying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------

reset

Variable: gad\_3

Worrying too much about different things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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reset

Variable: gad\_4

Trouble relaxing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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reset

Variable: gad\_5

Being so restless that it is hard to sit still	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------

reset

Variable: gad\_6

Becoming easily annoyed or irritable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--------------------------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset

Variable: gad\_7

Feeling afraid as if something awful might happen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------	-----------------------	-----------------------

reset

Add Field

Add Matrix of Fields




 Matrix group: cerq

**CERQ: How do you cope with events?**

Everyone gets confronted with negative or unpleasant events now and then and everyone responds to them in their own way. By the following questions you are asked to indicate what you generally think, when you experience negative or unpleasant events.

Variable: cerq\_1

	(almost) never	sometimes	regularly	often	(almost) always
I think that I have to accept that this has happened	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Variable: cerq\_2





























I often think about how I feel about what I have experienced	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------



reset

Variable: cerq\_3

I think I can learn something from the situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset

  Variable: cerq_4
I feel that I am the one who is responsible for what has happened <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_5
I think that I have to accept the situation <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_6
I am preoccupied with what I think and feel about what I have experienced <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_7
I think of pleasant things that have nothing to do with it <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_8
I think that I can become a stronger person as a result of what has happened <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_9
I keep thinking about how terrible it is what I have experienced <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_10
I feel that others are responsible for what has happened <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_11
I think of something nice instead of what has happened <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_12
I think about how to change the situation <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_13
I think that it hasn't been too bad compared to other things <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_14
I think that basically the cause must lie within myself <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_15
I think about a plan of what I can do best <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_16
I tell myself that there are worse things in life <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset
  Variable: cerq_17
I continually think how horrible the situation has been <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div>
reset

 Variable: cerq\_18

I feel that basically the cause lies with others

●

●

●



●

●

[reset](#)





Add Field

Add Matrix of Fields

 LSAS

Add Field





Add Matrix of Fields

 Variable: lsas\_directions

Read each situation carefully and answer the two following questions about that situation. The first question asks how anxious or fearful you feel in the situation. The second question asks how often you avoid the situation. If you come across a situation that you ordinarily do not experience, imagine "what if you were faced with that situation," and then, rate the degree to which you would fear this hypothetical situation and how often you would tend to avoid it. We will ask you about each scenario twice. First, about how you think you'd react in that situation generally, before the COVID19 outbreak. Second, about how you think you'd react in that situation now, in the last several weeks. Fill out the following scales with the most suitable answer.

Add Field




Add Matrix of Fields



 Variable: telephone

Telephoning in Public Generally (Pre-COVID)

Add Field

Add Matrix of Fields

 Matrix group: telephone\_fear

 Variable: telephone\_fear

None

Mild

Moderate

Severe

Fear

●

●




●



●

[reset](#)

Add Field

Add Matrix of Fields

 Matrix group: telephone\_avoid

 Variable: telephone\_avoid

Never (0%)

Occasionally (1-33%)

Often (34-66%)

Usually (67-100%)

Avoidance

●

●





●

●

[reset](#)

Add Field




Add Matrix of Fields



 Variable: telephone\_2

Telephoning in Public Now (Post-COVID)

Add Field

Add Matrix of Fields

 Matrix group: telephone2\_fear

 Variable: telephone2\_fear

None

Mild

Moderate

Severe

Fear

●

●




●



●

[reset](#)

Add Field

Add Matrix of Fields

 Matrix group: telephone2\_avoid

 Variable: telephone2\_avoid

Never (0%)

Occasionally (1-33%)

Often (34-66%)

Usually (67-100%)

Avoidance

●

●





●

●

[reset](#)

Add Field

Add Matrix of Fields

 Variable: small\_groups

Participating in small groups Generally (Pre-COVID)



Add Field

Add Matrix of Fields

*Matrix group: smallgroups\_fear*

Variable: smallgroups\_fear

None

Mild

Moderate

Severe

Fear



reset

Add Field

Add Matrix of Fields

*Matrix group: smallgroups\_avoid*

Variable: smallgroups\_avoid

Never (0%)

Occasionally (1-33%)

Often (34-66%)

Usually (67-100%)

Avoidance



reset

Add Field

Add Matrix of Fields



Variable: small\_groups\_2

**Participating in small groups Now (Post-COVID)**

Add Field

Add Matrix of Fields

*Matrix group: smallgroups2\_fear*

Variable: smallgroups2\_fear

None

Mild

Moderate

Severe

Fear



reset

Add Field

Add Matrix of Fields

*Matrix group: smallgroups2\_avoid*

Variable: smallgroups2\_avoid

Never (0%)

Occasionally (1-33%)

Often (34-66%)

Usually (67-100%)

Avoidance



reset

Add Field

Add Matrix of Fields



Variable: eating

**Eating in public places Generally (Pre-COVID)**

Add Field

Add Matrix of Fields

*Matrix group: eating\_fear*

Variable: eating\_fear

None

Mild

Moderate

Severe

Fear



reset

Add Field

Add Matrix of Fields

*Matrix group: eating\_avoid*

Variable: eating\_avoid

Never (0%)

Occasionally (1-33%)

Often (34-66%)

Usually (67-100%)

Avoidance



reset

Add Field

Add Matrix of Fields



Variable: eating\_2

**Eating in public places Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: eating2\_fear**


**Variable: eating2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: eating2\_avoid**


**Variable: eating2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: drinking**
**Drinking with others in public places Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: drinking\_fear**


**Variable: drinking\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: drinking\_avoid**


**Variable: drinking\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: drinking\_2**
**Drinking with others in public places Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: drinking2\_fear**


**Variable: drinking2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: drinking2\_avoid**


**Variable: drinking2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset



Add Field

Add Matrix of Fields









**Variable: authority**
**Talking to people in authority Generally (Pre-COVID)**

[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: authority\_fear*  Variable: authority\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: authority\_avoid*  Variable: authority\_avoid



	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: authority\_2**Talking to people in authority Now (Post-COVID)**[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: authority2\_fear*  Variable: authority2\_fear


	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: authority2\_avoid*  Variable: authority2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: acting**Acting, performing, or giving a talk in front of an audience Generally (Pre-COVID)**[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: acting\_fear*  Variable: acting\_fear

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: acting\_avoid*  Variable: acting\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: acting\_2**Acting, performing, or giving a talk in front of an audience Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group:** acting2\_fear



**Variable:** acting2\_fear

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group:** acting2\_avoid



**Variable:** acting2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable:** party
**Going to a party Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group:** party\_fear



**Variable:** party\_fear

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



reset

Add Field

Add Matrix of Fields




**Matrix group:** party\_avoid



**Variable:** party\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable:** party\_2
**Going to a party Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group:** party2\_fear



**Variable:** party2\_fear

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group:** party2\_avoid



**Variable:** party2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields









**Variable:** working
**Working while being observed Generally (Pre-COVID)**

[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: working\_fear*  Variable: working\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: working\_avoid*  Variable: working\_avoid



	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: working\_2**Working while being observed Now (Post-COVID)**[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: working2\_fear*  Variable: working2\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: working2\_avoid*  Variable: working2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: writing**Writing while being observed Generally (Pre-COVID)**[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: writing\_fear*  Variable: writing\_fear

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: writing\_avoid*  Variable: writing\_avoid


	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: writing\_2**Writing while being observed Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: writing2\_fear**


**Variable: writing2\_fear**

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: writing2\_avoid**


**Variable: writing2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: calling**
**Calling someone you don't know very well Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: calling\_fear**


**Variable: calling\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: calling\_avoid**


**Variable: calling\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: calling\_2**
**Calling someone you don't know very well Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: calling2\_fear**


**Variable: calling2\_fear**

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: calling2\_avoid**


**Variable: calling2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset



Add Field

Add Matrix of Fields








**Variable: talking**
**Talking with people you don't know very well Generally (Pre-COVID)**

[Add Field](#)[Add Matrix of Fields](#)   **Matrix group: talking\_fear**  **Variable: talking\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   **Matrix group: talking\_avoid**  **Variable: talking\_avoid**



	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    **Variable: talking\_2****Talking with people you don't know very well Now (Post-COVID)**[Add Field](#)[Add Matrix of Fields](#)   **Matrix group: talking2\_fear**  **Variable: talking2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   **Matrix group: talking2\_avoid**  **Variable: talking2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    **Variable: strangers****Meeting strangers Generally (Pre-COVID)**[Add Field](#)[Add Matrix of Fields](#)   **Matrix group: strangers\_fear**  **Variable: strangers\_fear**

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   **Matrix group: strangers\_avoid**  **Variable: strangers\_avoid**



	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    **Variable: strangers\_2****Meeting strangers Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: strangers2\_fear**


**Variable: strangers2\_fear**

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: strangers2\_avoid**


**Variable: strangers2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: urinating**
**Urinating in a public bathroom Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: urinating\_fear**


**Variable: urinating\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: urinating\_avoid**


**Variable: urinating\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: urinating\_2**
**Urinating in a public bathroom Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: urinating2\_fear**


**Variable: urinating2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: urinating2\_avoid**


**Variable: urinating2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields





**Variable: seated**
**Entering a room when others are already seated Generally (Pre-COVID)**



Add Field

Add Matrix of Fields




**Matrix group: seated\_fear**


**Variable: seated\_fear**

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: seated\_avoid**


**Variable: seated\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: seated\_2**
**Entering a room when others are already seated Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: seated2\_fear**


**Variable: seated2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: seated2\_avoid**


**Variable: seated2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: attention**
**Being the center of attention Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: attention\_fear**


**Variable: attention\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: attention\_avoid**


**Variable: attention\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: attention\_2**
**Being the center of attention Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: attention2\_fear**


**Variable: attention2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: attention2\_avoid**


**Variable: attention2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: meeting**
**Speaking up at a meeting Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: meeting\_fear**


**Variable: meeting\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: meeting\_avoid**


**Variable: meeting\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: meeting\_2**
**Speaking up at a meeting Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: meeting2\_fear**


**Variable: meeting2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: meeting2\_avoid**


**Variable: meeting2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields









**Variable: test**
**Taking a test Generally (Pre-COVID)**

[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: test\_fear*  Variable: test\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: test\_avoid*  Variable: test\_avoid



	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: test\_2**Taking a test Now (Post-COVID)**[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: test2\_fear*  Variable: test2\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: test2\_avoid*  Variable: test2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: disagreement**Expressing a disagreement or disapproval to people you don't know very well Generally (Pre-COVID)**[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: disagreement\_fear*  Variable: disagreement\_fear

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)   *Matrix group: disagreement\_avoid*  Variable: disagreement\_avoid



	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)[Add Field](#)[Add Matrix of Fields](#)    Variable: disagreement\_2**Expressing a disagreement or disapproval to people you don't know very well Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: disagreement2\_fear**


**Variable: disagreement2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: disagreement2\_avoid**


**Variable: disagreement2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields






**Variable: looking**
**Looking at people you don't know very well in the eyes Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: looking\_fear**


**Variable: looking\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: looking\_avoid**


**Variable: looking\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Variable: looking\_2**
**Looking at people you don't know very well in the eyes Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: looking2\_fear**


**Variable: looking2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: looking2\_avoid**


**Variable: looking2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field




Add Matrix of Fields






**Variable: report**
**Giving a report to a group Generally (Pre-COVID)**

Add Field

Add Matrix of Fields

 **Matrix group: report\_fear**




 Variable: report\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields

 **Matrix group: report\_avoid**





 Variable: report\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field




Add Matrix of Fields



 Variable: report\_2

**Giving a report to a group Now (Post-COVID)**

Add Field

Add Matrix of Fields

 **Matrix group: report2\_fear**




 Variable: report2\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields

 **Matrix group: report2\_avoid**





 Variable: report2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field




Add Matrix of Fields



 Variable: pickup

**Trying to pick up someone Generally (Pre-COVID)**

Add Field

Add Matrix of Fields

 **Matrix group: pickup\_fear**




 Variable: pickup\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields

 **Matrix group: pickup\_avoid**





 Variable: pickup\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields

 Variable: pickup\_2

**Trying to pick up someone Now (Post-COVID)**



[https://capricorn.bc.edu/redcap/redcap\\_v8.11.11/Design/online\\_designer.php?pid=548&page=round\\_1](https://capricorn.bc.edu/redcap/redcap_v8.11.11/Design/online_designer.php?pid=548&page=round_1)

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Add Field

Add Matrix of Fields




**Matrix group: pickup2\_fear**


**Variable: pickup2\_fear**

	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: pickup2\_avoid**


**Variable: pickup2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: returning**
**Returning goods to a store Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: returning\_fear**


**Variable: returning\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: returning\_avoid**


**Variable: returning\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







**Variable: returning\_2**
**Returning goods to a store Now (Post-COVID)**

Add Field

Add Matrix of Fields




**Matrix group: returning2\_fear**


**Variable: returning2\_fear**



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




**Matrix group: returning2\_avoid**


**Variable: returning2\_avoid**

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields





**Variable: gparty**
**Giving a party Generally (Pre-COVID)**

Add Field

Add Matrix of Fields




 Matrix group: gparty\_fear



 Variable: gparty\_fear

	None	Mild	Moderate	Severe
Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

Add Field

Add Matrix of Fields




 Matrix group: gparty\_avoid



 Variable: gparty\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

Add Field

Add Matrix of Fields




 Variable: gparty\_2



Giving a party Now (Post-COVID)

Add Field

Add Matrix of Fields




 Matrix group: gparty2\_fear



 Variable: gparty2\_fear

	None	Mild	Moderate	Severe
Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



[reset](#)

Add Field

Add Matrix of Fields




 Matrix group: gparty2\_avoid



 Variable: gparty2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

Add Field

Add Matrix of Fields




 Variable: salesperson



Resisting a high pressure salesperson Generally (Pre-COVID)

Add Field

Add Matrix of Fields




 Matrix group: salesperson\_fear



 Variable: salesperson\_fear

	None	Mild	Moderate	Severe
Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



[reset](#)

Add Field

Add Matrix of Fields




 Matrix group: salesperson\_avoid



 Variable: salesperson\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

Add Field

Add Matrix of Fields









 Variable: salesperson\_2

Resisting a high pressure salesperson Now (Post-COVID)

Add Field

Add Matrix of Fields

   **Matrix group:** salesperson2\_fear




  **Variable:** salesperson2\_fear



	None	Mild	Moderate	Severe
<b>Fear</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

Add Field

Add Matrix of Fields

   **Matrix group:** salesperson2\_avoid




  **Variable:** salesperson2\_avoid

	Never (0%)	Occasionally (1-33%)	Often (34-66%)	Usually (67-100%)
<b>Avoidance</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)



Add Field

Add Matrix of Fields

   **Matrix group:** big\_5



**BIG 5: Here are a number of characteristics that may or may not apply to you. For example, do you agree that you are someone who likes to spend time with others? Please select the bubble under each statement to indicate the extent to which you agree or disagree with that statement.**

**I AM SOMEONE WHO....**

  **Variable:** big5\_1



	Disagree strongly	Disagree a little	Neutral; No Opinion	Agree a little	Agree strongly
<b>Tends to be quiet</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[reset](#)

  **Variable:** big5\_2



<b>Is compassionate, has a soft heart.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

  **Variable:** big5\_3



<b>Tends to be disorganized.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
----------------------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

  **Variable:** big5\_4



<b>Worries a lot.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

  **Variable:** big5\_5



<b>Is fascinated by art, music, or literature.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

  **Variable:** big5\_6



<b>Is dominant, acts as a leader.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---------------------------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

  **Variable:** big5\_7



<b>Is sometimes rude to others.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-------------------------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

  **Variable:** big5\_8



<b>Has difficulty getting started on tasks.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)

  **Variable:** big5\_9

<b>Tends to feel depressed, blue.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---------------------------------------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------



































[reset](#)



  **Variable:** big5\_10

<b>Has little interest in abstract ideas.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

[reset](#)





  Variable: big5_11					
<b>Is full of energy</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_12					
<b>Assumes the best about people.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_13					
<b>Is reliable, can always be counted on.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_14					
<b>Is emotionally stable, not easily upset.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_15					
<b>Is original, comes up with new ideas.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_16					
<b>Is outgoing, sociable.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_17					
<b>Can be cold and uncaring.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_18					
<b>Keeps things neat and tidy.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_19					
<b>Is relaxed, handles stress well.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_20					
<b>Has few artistic interests</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_21					
<b>Prefers to have others take charge.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_22					
<b>Is respectful, treats others with respect.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_23					
<b>Is persistent, works until the task is finished.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_24					
<b>Feels secure, comfortable with self.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_25					
<b>Is complex, a deep thinker.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_26					
<b>Is less active than other people.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				
  Variable: big5_27					
<b>Tends to find fault with others</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<a href="#">reset</a>				



Variable: big5\_28

Can be somewhat careless



reset



Variable: big5\_29

Is temperamental, gets emotional easily.

reset



Variable: big5\_30

Has little creativity.

reset

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Add Matrix of Fields