Round 3- COVID Additional Assessments   `PID 550`

[✎ Online Designer ▾]

Since this project is currently in PRODUCTION, changes will not be made in real time.   Tell me more

[Submit Changes for Review]   Fields to be added: **0** / Total resulting field count: **274**
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Remove all drafted changes   🔍 View detailed summary of all drafted changes

[📷 Create snapshot of instruments]   🎞 VIDEO: How to use this page
Last snapshot: **06/07/2020 1:37am** [?]

This page allows you to build and customize your data collection instruments one field at a time. You may add new fields or edit existing ones. New fields may be added by clicking the Add Field buttons. You can begin editing an existing field by clicking on the ✎ **Edit** icon. If you decide that you do not want to keep a field, you can simply delete it by clicking on the ✖ **Delete** icon. To reorder the fields, simply **drag and drop** a field to a different position within the form below.

Learn how to use [⚡] Smart Variables   🖉 Piping   @ Action Tags   ⤓ Field embedding

[◀ Return to list of instruments]   [📋 Survey settings]

Current instrument: **Round 3**   [Preview instrument]

✎   *Variable:* record_id   * This field will NOT be displayed on the survey page.
                                             * You should NOT use identifiers (e.g., MRN, SSN) for the record ID field.

Record ID

NOTE: The field above is the record ID field and thus cannot be deleted or moved. It can only be edited.

[Add Field]   [Add Matrix of Fields]

✎ 🖳 📋 📋 ✖   *Variable:* subjid_rd3

Subject ID

* must provide value

[Add Field]   [Add Matrix of Fields]

✎ 🖳 📋 📋 ✖   *Variable:* date_time_rd3

Click 'Now'

* must provide value   📅⏱ [Now]   D-M-Y H:M

[Add Field]   [Add Matrix of Fields]

✎ 📋 ✖   *Matrix group:* bscs

BSCS: Using the scale provided, please indicate how much each of the following statements reflects how you typically are.

	1- Not at all like me	2	3	4	5 - Very much like me
🖳🛑 *Variable:* bscs_1					
I am good at resisting temptation	○	○	○	○	○
					reset
🖳🛑 *Variable:* bscs_2					
I have a hard time breaking bad habits	○	○	○	○	○
					reset
🖳🛑 *Variable:* bscs_3					
I am lazy	○	○	○	○	○
					reset
🖳🛑 *Variable:* bscs_4					
I say inappropriate things	○	○	○	○	○
					reset

Variable: bscs_5

I do certain things that are bad for me, if they are fun

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_6

I refuse things that are bad for me

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_7

I wish I had more self-discipline

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_8

People would say that I have iron self-discipline

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_9

Pleasure and fun sometimes keep me from getting work done

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_10

I have trouble concentrating

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_11

I am able to work effectively toward long-term goals

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_12

Sometimes I can't stop myself from doing something, even if I know it is wrong

   ◯   ◯   ◯   ◯   ◯

reset

Variable: bscs_13

I often act without thinking through all the alternatives

   ◯   ◯   ◯   ◯   ◯

reset

[Add Field] [Add Matrix of Fields]

Matrix group: sibs

SIBS: Using the scale provided, please indicate how much each of the following statements reflects how you typically are.

Variable: sibs_1

	1- Disagree Strongly	2- Disagree Some	3- Agree Some	4- Agree Strongly
I usually think carefully before doing anything	◯	◯	◯	◯

reset

Variable: sibs_2

When I am really excited, I tend not to think on the consequences of my actions

   ◯   ◯   ◯   ◯

reset

Variable: sibs_3

I sometimes like doing things that are a bit frightening

   ◯   ◯   ◯   ◯

reset

Variable: sibs_4

When I am upset I often act without thinking

○   ○   ○   ○

reset

Variable: sibs_5

I generally like to see things through to the end

○   ○   ○   ○

reset

Variable: sibs_6

My thinking is usually careful and purposeful

○   ○   ○   ○

reset

Variable: sibs_7

In the heat of an argument, I will often say things that I later regret

○   ○   ○   ○

reset

Variable: sibs_8

I finish what I start

○   ○   ○   ○

reset

Variable: sibs_9

I quite enjoy taking risks

○   ○   ○   ○

reset

Variable: sibs_10

When overjoyed, I feel like I can't stop myself from going overboard

○   ○   ○   ○

reset

Variable: sibs_11

Once I start a project, I almost always finish it

○   ○   ○   ○

reset

Variable: sibs_12

I often make matters worse because I act without thinking when I am upset

○   ○   ○   ○

reset

Variable: sibs_13

I usually make up my mind through careful reasoning

○   ○   ○   ○

reset

Variable: sibs_14

I generally seek new and exciting experiences and activities

○   ○   ○   ○

reset

Variable: sibs_15

I tend to act without thinking when I am really excited

○   ○   ○   ○

reset

Variable: sibs_16

I am a productive person who always gets the job done

○   ○   ○   ○

reset

Variable: sibs_17

When I feel rejected, I will often say things that I later regret

○   ○   ○   ○

reset

Variable: sibs_18

I welcome new and exciting experiences and sensations, even if they are a little frightening and unconventional

○   ○   ○   ○

reset

Variable: sibs_19

Before making up my mind, I consider all the advantages and disadvantages

○   ○   ○   ○

reset

Variable: sibs_20

When I am very happy, I feel like it is OK to give into cravings or overindulge

○   ○   ○   ○

reset

[Add Field]   [Add Matrix of Fields]

Matrix group: iu

IU: You will find below a series of statements which describes how people may react to the uncertainties of life. Please use the scale to describe to what extent each item is characteristic of you. Please select the number (1 to 5) that describes you best.

Variable: iu_1

	1- Not at all characteristic of me	2	3- Somewhat characteristic of me	4	5- Entirely characteristic of me
Unforeseen events upset me greatly.	○	○	○	○	○

reset

Variable: iu_2

It frustrates me not having all the information I need.

○   ○   ○   ○   ○

reset

Variable: iu_3

One should always look ahead so as to avoid surprises.

○   ○   ○   ○   ○

reset

Variable: iu_4

A small unforeseen event can spoil everything, even with the best of planning.

○   ○   ○   ○   ○

reset

Variable: iu_5

I always want to know what the future has in store for me.

○   ○   ○   ○   ○

reset

Variable: iu_6

I can't stand being taken by surprise.

○   ○   ○   ○   ○

reset

Variable: iu_7

I should be able to organize everything in advance.

○   ○   ○   ○   ○

reset

Variable: iu_8

Uncertainty keeps me from living a full life.

○   ○   ○   ○   ○

reset

Variable: iu_9

When it's time to act, uncertainty paralyses me.

○   ○   ○   ○   ○

reset

Variable: iu_10

When I am uncertain I can't function very well.

   ○   ○   ○   ○   ○

reset

Variable: iu_11

The smallest doubt can stop me from acting.

   ○   ○   ○   ○   ○

reset

Variable: iu_12

I must get away from all uncertain situations.

   ○   ○   ○   ○   ○

reset

[Add Field]   [Add Matrix of Fields]

Matrix group: erq

ERQ :We would like to ask you some questions about your emotional life, in particular, how you control (that is, regulate and manage) your emotions. The questions below involve two distinct aspects of your emotional life. One is your emotional experience, or what you feel like inside. The other is your emotional expression, or how you show your emotions in the way you talk, gesture, or behave. Although some of the following questions may seem similar to one another, they differ in important ways. For each item, please answer according to the following scale

Variable: erq_1

	1 = Strongly disagree	2	3	4 = Neutral	5	6	7 = Strongly agree
When I want to feel more positive emotion (such as joy or amusement), I change what I'm thinking about.	○	○	○	○	○	○	○

reset

Variable: erq_2

I keep my emotions to myself.	○	○	○	○	○	○	○

reset

Variable: erq_3

When I want to feel less negative emotion (such as sadness or anger), I change what I'm thinking about.	○	○	○	○	○	○	○

reset

Variable: erq_4

When I am feeling positive emotions, I am careful not to express them.	○	○	○	○	○	○	○

reset

Variable: erq_5

When I'm faced with a stressful situation, I make myself think about it in a way that helps me stay calm.	○	○	○	○	○	○	○

reset

Variable: erq_6

I control my emotions by not expressing them.	○	○	○	○	○	○	○

reset

Variable: erq_7

When I want to feel more positive emotion, I change the way I'm thinking about the situation.	○	○	○	○	○	○	○

reset

Variable: erq_8

I control my emotions by changing the way I think about the situation I'm in.	○	○	○	○	○	○	○

reset

Variable: erq_9

When I am feeling negative emotions, I make sure not to express them.

○ ○ ○ ○ ○ ○ ○

reset

Variable: erq_10

When I want to feel less negative emotion, I change the way I'm thinking about the situation.

○ ○ ○ ○ ○ ○ ○

reset

Add Field | Add Matrix of Fields

EXIT SURVEY

Add Field | Add Matrix of Fields

Variable: age

What is your age in years?

Add Field | Add Matrix of Fields

Variable: country_3mo

What country have you been in for a majority of the last 3 months?

Add Field | Add Matrix of Fields

Variable: geo_instructions

The following two geographic questions are optional, but information on your location during the pandemic will allow researchers to make a timeline of response measures taken in your area and determine their associations with alterations in your sleep and mood

Add Field | Add Matrix of Fields

Variable: state_3mo

If US/Canada, what State/Province have you been in for a majority of the last 3 months?

Add Field | Add Matrix of Fields

Variable: city

What City have you been in for a majority of the last 3 months?

Add Field | Add Matrix of Fields

Variable: highrisk_self

Do you consider yourself to be at "high-risk" if you contracted COVID19?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Variable: highrisk_check

Are you a member of any of the following high-risk groups for COVID-19? (Check all that apply)

☐ Healthcare worker
☐ Pre-existing/underlying health condition
☐ Essential worker (e.g. grocery clerk, delivery person)
☐ Smoker/vaper
☐ Taking immunosuppressive medication
☐ Livein a "Hot Zone" (e.g. New York City, Italy)
☐ Other
☐ None of the above

Add Field | Add Matrix of Fields

Variable: highrisk_othercheck   *Branching logic:* [highrisk_check(7)]

If other, please describe

Expand

Add Field | Add Matrix of Fields

Variable: highrisk_other_2

Do you have a loved one considered to be at "high-risk" if they were to contract COVID19?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Variable: highrisk_other

Do you live with some one considered to be at "high-risk" if they were to contract COVID19?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Quarantine

Add Field | Add Matrix of Fields

Variable: med_quar

Were you ever in a *medically-ordered* quarantine either due to contacting COVID19 or known contact with the virus?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Variable: med_start   *Branching logic:* [med_quar]="1"

Approximate start date of medically-ordered quarantine

[📅] [Today] D-M-Y

If multiple, put dates of longest stretch

Add Field | Add Matrix of Fields

Variable: med_end   *Branching logic:* [med_quar]="1"

Approximate end date of medically ordered quarantine

If ongoing, leave blank

Add Field | Add Matrix of Fields

Variable: shelter_quar

Were you ever in an area that was under "shelter-in-place" orders, "stay-at-home" orders, or an equivalent that you largely adhered to?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Variable: shelter_start   *Branching logic:* [shelter_quar]="1"

Approximate start date of orders

[📅] [Today] D-M-Y

If multiple, put dates of longest stretch

Add Field | Add Matrix of Fields

Variable: shelter_end   *Branching logic:* [shelter_quar]="1"

Approximate end date of orders

If ongoing, leave blank

Add Field   Add Matrix of Fields

Variable: self_quar

Did you ever take it upon yourself to engage in self-quarantine or extreme social distancing that was not ordered medically or by the government?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: self_start   *Branching logic:* [self_quar]="1"

Approximate start date

[_____] 📅 [Today] D-M-Y

If multiple, put dates of longest stretch

Add Field   Add Matrix of Fields

Variable: self_end   *Branching logic:* [self_quar]="1"

Approximate end date

[_____]

If ongoing, leave blank

Add Field   Add Matrix of Fields

Variable: quar_free

In this space, please provide any additional information that you think would be useful for us to know about your experience with quarantine, stay at home orders, and social distancing.

[_____]

Expand

Add Field   Add Matrix of Fields

COVID Impact

Add Field   Add Matrix of Fields

Variable: covid_test

Have you received a positive test for COVID19?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: covid_doctor

Have you been diagnosed with COVID19 by a doctor without a formal test?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: covid_belief

Do you believe you have contracted COVID19 at any point, even without a test or formal diagnosis by a doctor?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: severity_cov   *Branching logic:* [covid_test]="1" or [covid_doctor]="1" or [covid_belief]="1"

How would you rate the severity of the symptoms you experienced/are experiencing?

○ Mild
○ Moderate
○ Severe, but recovered at home
○ Severe and hospitalized
○ Hospitalized and needed a ventilator or other lifesaving treatment

reset

Add Field   Add Matrix of Fields

Variable: covid_roommate

Has anyone you have lived with contracted COVID19?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: covid_roommate_2   *Branching logic:* [covid_roommate] = "1"

Was this confirmed by a test or medical diagnosis?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: covid_loved

Has a loved one (family or friend) contracted COVID19?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: covid_loved_2   *Branching logic:* [covid_loved] = "1"

Was this confirmed by a test or medical diagnosis?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: perished

Has a loved one perished due to COVID19?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: perished_2

Has anyone you know personally perished due to COVID19?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: pos_instructions

It is important to recognize that the devastating impacts of COVID19 have not directly impacted everyone equally, and in fact some people may have experienced some positive outcomes or "silver linings". We will ask some questions about these situations now.

Add Field   Add Matrix of Fields

Matrix group: pos_effects

Variable: covpos_1

	1 = Completely disagree	2	3	4	5 = Completely agree
Since the start of the pandemic, I have spent more quality time with my immediate family	○	○	○	○	○

reset

Variable: covpos_2

Since the start of the pandemic, I have been in more contact with extended family and/or friends	○	○	○	○	○

reset

Variable: covpos_3

Since the start of the pandemic, I have had more time for creative pursuits	○	○	○	○	○

reset

Variable: covpos_4

Since the start of the pandemic, I have had more time to prioritize sleep

○   ○   ○   ○   ○

reset

Variable: covpos_5

Since the start of the pandemic, I have benefited financially

○   ○   ○   ○   ○

reset

Variable: covpos_6

Since the start of the pandemic, I have had more time for my hobbies

○   ○   ○   ○   ○

reset

Variable: covpos_7

Since the start of the pandemic, I have had more time to exercise/focus on my health

○   ○   ○   ○   ○

reset

| Add Field | Add Matrix of Fields |

Variable: positive_free_response

Please describe other positive impacts of the COVID19 pandemic and the response to it on your life, if any.

Expand

| Add Field | Add Matrix of Fields |

Matrix group: positive

Variable: experience

	1 = Entirely Negative	2	3	4 = Net Neutral	5	6	7 = Entirely Positive
My experience during the COVID19 pandemic has been...	○	○	○	○	○	○	○

reset

| Add Field | Add Matrix of Fields |

Variable: covid_impact_free

If COVID19 has impacted you directly or indirectly in other ways (both positive and negative) that we have not asked about, please feel free to describe them here.

Expand

| Add Field | Add Matrix of Fields |

Impact on Employment

| Add Field | Add Matrix of Fields |

Variable: job

Before the COVID-19 pandemic, please select all that apply

☐ Employed full-time
☐ Employed part-time
☐ Retired
☐ Unemployed
☐ Full-time student
☐ Part-time student
☐ Disabled

Add Field   Add Matrix of Fields

Variable: occupation   *Branching logic:* [job(1)] = "1" or [job(2)] = "1"

Occupation

Select the one that best describes your position

Add Field   Add Matrix of Fields

Variable: occupation_other   *Branching logic:* [occupation]="28"

If other, please describe

Expand

Add Field   Add Matrix of Fields

Variable: night_shift   *Branching logic:* [job(1)] = "1" or [job(2)] = "1"

Do you work night shift or have an alternating night shift schedule?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: essential   *Branching logic:* [job(1)] = "1" or [job(2)] = "1"

Are you considered a frontline or essential services worker during the COVID-19 pandemic? e.g. nurse or doctor in a hospital, first responder, supermarket worker, teacher?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: homework   *Branching logic:* [job(1)] = "1" or [job(2)] = "1"

Have you transitioned to primarily working from home?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: job_impact   *Branching logic:* [job(1)] = "1" or [job(2)] = "1"

Has the COVID-19 pandemic impacted your employment status?

○ Yes, I have lost my job
○ Yes, my work hours/wages have been reduced
○ Yes, my work hours/wages have been increased
○ Yes, my business has been affected negatively
○ Yes, my business has been affected positively
○ No, but I expect it to change in future
○ No

reset

Add Field   Add Matrix of Fields

Variable: exposure   *Branching logic:* [job(1)] = "1" or [job(2)] = "1"

Does your job involve potentially increased exposure to COVID19?

○ Yes
○ No
○ Not Sure

reset

Add Field   Add Matrix of Fields

Variable: financial_impact

Has the COVID-19 pandemic impacted your financial situation?

○ Yes, positively
○ Yes, negatively
○ No

reset

Add Field   Add Matrix of Fields

Matrix group: soc_dis_mat

To what extent have you been engaging in the following behaviors since concerns about COVID19 began in your area?

Variable: sd_1

	Not at all	Sometimes	Frequently	All the time
Washing your hands for at least 20 seconds after being outside of your home	○	○	○	○

reset

Variable: sd_2

Using hand sanitizer when out in public	○	○	○	○

reset

Variable: sd_3

Avoiding touching your face	○	○	○	○

reset

Variable: sd_4

Sneezing or coughing into mask, tissue, or the inside of your elbow	○	○	○	○

reset

Variable: sd_5

Disinfecting frequently used items or surfaces	○	○	○	○

reset

Variable: sd_6

Avoiding in-person social gatherings	○	○	○	○

reset

Variable: sd_7

Avoiding eating or drinking at bars, restaurants, or food courts	○	○	○	○

reset

Variable: sd_8

Avoiding unnecessary travel, shopping, or social visits	○	○	○	○

reset

Variable: sd_9

Not visiting family or loved ones in nursing homes or long-term facilities	○	○	○	○

reset

Variable: sd_10

Keeping a distance of 6 feet (2 meters) when around others in public	○	○	○	○

reset

Variable: sd_11

Wearing a mask when out in public	○	○	○	○

reset

Variable: sd_12

Using delivery services instead of going to the grocery store	○	○	○	○

reset

Variable: sd_13

Sanitizing mail, packages, groceries, and food containers that come into your house	○	○	○	○

reset

Add Field   Add Matrix of Fields

Variable: travel_air

How much air travel have you engaged in since mid-March?

○ No travel
○ Some travel (1-5 trips)
○ Moderate travel (5-10 trips)
○ A lot of travel (10+ trips)

reset

Add Field   Add Matrix of Fields

Variable: soc_serious

How seriously do you believe you need to follow the social distancing and shelter-in-place guidelines?

○ Not serious at all
○ Mildly serious
○ Moderately serious,
○ Very serious

reset

Add Field   Add Matrix of Fields

Variable: mask_serious

How seriously do you believe you need to follow mask and other PPE guidelines to be?

○ Not serious at all
○ Mildly serious
○ Moderately serious,
○ Very serious

reset

Add Field   Add Matrix of Fields

Variable: vol_self_iso

Since the start of the pandemic have you voluntarily self-isolated without showing COVID19 symptoms?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: vol_self_iso_instruction   *Branching logic:* [vol_self_iso] = '1'

Please rank-order your motivations for self-isolating (Each column can only be selected once)

Add Field   Add Matrix of Fields

Matrix group: vol_self_iso_rank

Variable: self_iso_1   *Branching logic:* [vol_self_iso] = '1'

(One selection allowed per column)	1) Least Important	2	3	4	5) Most Important
To avoid contracting the coronavirus (COVID19)	○	○	○	○	○

reset

Variable: self_iso_2   *Branching logic:* [vol_self_iso] = '1'

I don't want to endanger my loved ones	○	○	○	○	○

reset

Variable: self_iso_3   *Branching logic:* [vol_self_iso] = '1'

I don't want to contribute to community spread of the disease.	○	○	○	○	○

reset

Variable: self_iso_4   *Branching logic:* [vol_self_iso] = '1'

I am trying to follow what public health officials recommend	○	○	○	○	○

reset

Variable: self_iso_5   *Branching logic:* [vol_self_iso] = '1'

I am concerned about the number of hospital resources available	○	○	○	○	○

reset

Add Field   Add Matrix of Fields

Variable: no_self_iso_instruction   *Branching logic:* [vol_self_iso] = '0'

Please rank-order your motivations for not self-isolating (Each column can only be selected once)

Add Field   Add Matrix of Fields

Matrix group: no_self_iso_rank

Variable: no_iso_1   *Branching logic:* [vol_self_iso] = '0'

(One selection allowed per column)	1) Least Important	2	3	4	5	6	7	8) Most Important
I am healthy and not at risk even if I get sick	○	○	○	○	○	○	○	○

reset

Variable: no_iso_2   *Branching logic:* [vol_self_iso] = '0'

	1) Least Important	2	3	4	5	6	7	8) Most Important
It is not my responsibility to prevent the spread of the disease	○	○	○	○	○	○	○	○

reset

Variable: no_iso_3   *Branching logic:* [vol_self_iso] = '0'

	1	2	3	4	5	6	7	8
I don't think isolation is the solution	○	○	○	○	○	○	○	○

reset

Variable: no_iso_4   *Branching logic:* [vol_self_iso] = '0'

	1	2	3	4	5	6	7	8
I don't think this virus is a threat	○	○	○	○	○	○	○	○

reset

Variable: no_iso_5   *Branching logic:* [vol_self_iso] = '0'

	1	2	3	4	5	6	7	8
There is conflicting information coming from places of authority regarding the benefits self-isolating	○	○	○	○	○	○	○	○

reset

Variable: no_iso_6   *Branching logic:* [vol_self_iso] = '0'

	1	2	3	4	5	6	7	8
The cost to my freedom outweigh the public health risks	○	○	○	○	○	○	○	○

reset

Variable: no_iso_7   *Branching logic:* [vol_self_iso] = '0'

	1	2	3	4	5	6	7	8
The financial costs of self-isolating outweigh the public health risks	○	○	○	○	○	○	○	○

reset

Variable: no_iso_8   *Branching logic:* [vol_self_iso] = '0'

	1	2	3	4	5	6	7	8
I don't have the option to stay at home.	○	○	○	○	○	○	○	○

reset

Add Field   Add Matrix of Fields

Variable: gs

Since the new coronavirus (COVID19) started to spread, certain resources have become scarcer than usual due to fear that these resources might run out. Specifically, toilet paper and hand sanitizer are becoming more difficult to find.

Add Field   Add Matrix of Fields

Variable: goods_scarcity

Since the spread of the new coronavirus (COVID19) have you purchased extra amounts of toilet paper and hand sanitizer?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: gs_rank   *Branching logic:* [goods_scarcity] = '1'

Please rank order your motivations for buying extra amounts of these goods (Each column can only be selected once)

Add Field   Add Matrix of Fields

Matrix group: good_scarcity

Variable: gs_1   *Branching logic:* [goods_scarcity] = '1'

(One selection allowed per column)

	1) Least Important	2	3	4	5	6	7	8) Most Important
I was looking out for myself	○	○	○	○	○	○	○	○

reset

Variable: gs_2   *Branching logic:* [goods_scarcity] = '1'

It seemed like the smart thing to do	○	○	○	○	○	○	○	○

reset

Variable: gs_3   *Branching logic:* [goods_scarcity] = '1'

I thought stores might close	○	○	○	○	○	○	○	○

reset

Variable: gs_4   *Branching logic:* [goods_scarcity] = '1'

I thought these goods might become unavailable	○	○	○	○	○	○	○	○

reset

Variable: gs_5   *Branching logic:* [goods_scarcity] = '1'

I had an increased need due to more people at home throughout the day	○	○	○	○	○	○	○	○

reset

Variable: gs_6   *Branching logic:* [goods_scarcity] = '1'

I was shopping for a family member who could not get to the store	○	○	○	○	○	○	○	○

reset

Variable: gs_7   *Branching logic:* [goods_scarcity] = '1'

I was shopping for a non-family member at risk	○	○	○	○	○	○	○	○

reset

Variable: gs_8   *Branching logic:* [goods_scarcity] = '1'

I was shopping for a community resource (i.e Food Pantry)	○	○	○	○	○	○	○	○

reset

Add Field   Add Matrix of Fields

Variable: no_gs_rank   *Branching logic:* [goods_scarcity] = '0'

Please rank order your motivations for refraining from purchasing extra amounts of these goods (Each column can only be selected once)

Add Field   Add Matrix of Fields

Matrix group: no_good_scarcity

Variable: no_gs_1   *Branching logic:* [goods_scarcity] = '0'

(One selection allowed per column)

	1) Least Important	2	3) Most Important
I did not want to contribute to the shortage of toilet paper and hand sanitizer	○	○	○

reset

Variable: no_gs_2   *Branching logic:* [goods_scarcity] = '0'

I didn't need extra toilet paper or hand sanitizer	○	○	○

reset

Variable: no_gs_3   *Branching logic:* [goods_scarcity] = '0'

I didn't realize that people were buying extra toilet paper and hand sanitizer	○	○	○

reset

Add Field | Add Matrix of Fields

Variable: med_scarcity_inst

Since the coronavirus (COVID19) started to spread, certain medical supplies have become scarcer than usual due to fear that these resources might run out. Specifically, medical masks and gloves are becoming more difficult to find.

Add Field | Add Matrix of Fields

Variable: med_scarcity

Since the spread of the new coronavirus (COVID19) have you purchased medical masks or gloves?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Variable: med_scarcity_rank   *Branching logic:* [med_scarcity] = '1'

Please rank order your motivations for buying these medical supplies (Each column can only be selected once)

Add Field | Add Matrix of Fields

Matrix group: med_scarcity_rank

Variable: ms_1   *Branching logic:* [med_scarcity] = '1'

(One selection allowed per column)	1) Least Important	2	3	4	5	6) Most Important
I was looking out for ways to protect myself from exposure	○	○	○	○	○	○

reset

Variable: ms_2   *Branching logic:* [med_scarcity] = '1'

| I was looking out for ways to protect others in case I became exposed | ○ | ○ | ○ | ○ | ○ | ○ |

reset

Variable: ms_3   *Branching logic:* [med_scarcity] = '1'

| I thought stores might close | ○ | ○ | ○ | ○ | ○ | ○ |

reset

Variable: ms_4   *Branching logic:* [med_scarcity] = '1'

| I thought these goods might become unavailable | ○ | ○ | ○ | ○ | ○ | ○ |

reset

Variable: ms_5   *Branching logic:* [med_scarcity] = '1'

| I was purchasing them for a family member | ○ | ○ | ○ | ○ | ○ | ○ |

reset

Variable: ms_6   *Branching logic:* [med_scarcity] = '1'

| I was purchasing them for a non-family member at risk | ○ | ○ | ○ | ○ | ○ | ○ |

reset

Variable: ms_7   *Branching logic:* [med_scarcity] = '1'

| I was purchasing them for a community resource | ○ | ○ | ○ | ○ | ○ | ○ |

reset

Add Field | Add Matrix of Fields

Variable: ms_using   *Branching logic:* [med_scarcity]='1'

Are you using these medical supplies?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Variable: ms_instr   *Branching logic:* [med_scarcity]='0'

Please rank order your motivations for refraining from purchasing extra amounts of these medical supplies (Each column can only be selected once)

Add Field   Add Matrix of Fields

Matrix group: ms_use_rank

Variable: ms_use_1   *Branching logic:* [med_scarcity]='0'

(One selection allowed per column)

	1) Least Important	2	3	4) Most Important
I did not want to contribute to the shortage of medical masks and gloves	○	○	○	○

reset

Variable: ms_use_2   *Branching logic:* [med_scarcity]='0'

I don't need medical masks or gloves	○	○	○	○

reset

Variable: ms_use_3   *Branching logic:* [med_scarcity]='0'

I didn't realize that people were buying medical masks and gloves	○	○	○	○

reset

Variable: ms_use_4   *Branching logic:* [med_scarcity]='0'

I already have medical masks and gloves	○	○	○	○

reset

Add Field   Add Matrix of Fields

Variable: charity

Have you, if possible, offered financial support for rent, groceries, or other necessities to people that lost their job?
- ○ Yes
- ○ No
- ○ Not possible

reset

Add Field   Add Matrix of Fields

Variable: pandemic_serious

In general, how serious do you believe the pandemic is?
- ○ Not serious at all
- ○ Mildly serious
- ○ Moderately serious,
- ○ Very serious

reset

Add Field   Add Matrix of Fields

Add Field   Add Matrix of Fields

Variable: sleepaids

Since the start of the pandemic, your use of sleep aids has:
- ○ Started for the first time
- ○ Increased
- ○ Decreased
- ○ Stayed the same
- ○ I did not use sleep aids

reset

Add Field   Add Matrix of Fields

Variable: alcohol

Since the start of the pandemic, your use of alcohol has:
- ○ Started for the first time
- ○ Increased
- ○ Decreased
- ○ Stayed the same
- ○ I did not drink alcohol

reset

Add Field   Add Matrix of Fields

Variable: marijuana

Since the start of the pandemic, your use of marijuana has:

○ Started for the first time
○ Increased
○ Decreased
○ Stayed the same
○ I did not use marijuana

reset

Add Field   Add Matrix of Fields

Variable: caffeine

Since the start of the pandemic, your use of caffeine has:

○ Started for the first time
○ Increased
○ Decreased
○ Stayed the same
○ I did not use caffeine

reset

Add Field   Add Matrix of Fields

Variable: nonpdrug

Since the start of the pandemic, your use of other non-prescription drugs:

○ Started for the first time
○ Increased
○ Decreased
○ Stayed the same
○ I did not use other non-prescription drugs

reset

Add Field   Add Matrix of Fields

Variable: pdrug

Since the start of the pandemic, your use of prescription drugs:

○ Started for the first time
○ Increased
○ Decreased
○ Stayed the same
○ I do not have any prescription drugs

reset

Add Field   Add Matrix of Fields

Variable: diet

Since the start of the pandemic, the food I'm now eating is

○ A lot unhealthier than what I ate before
○ Somewhat unhealthier than what I ate before
○ About the same, health-wise, as what I ate before
○ Somewhat healthier than what I ate before
○ A lot healthier that what I ate before

reset

Add Field   Add Matrix of Fields

Variable: phys_activity

Since the start of the pandemic, I have engaged in

○ A lot less physical activity
○ Somewhat less physical activity
○ About the same amount of physical activity
○ Somewhat more physical activity
○ A lot more physical activity

reset

Add Field   Add Matrix of Fields

Variable: sleep_change

Since the start of the COVID19 pandemic, I have slept:

○ A lot less
○ Somewhat less
○ About the same amount
○ Somewhat more
○ A lot more

reset

Add Field　　Add Matrix of Fields

Variable: bedtime_change

Since the start of the COVID19 pandemic, I have gone to bed:

○ Earlier
○ Later
○ About the same

reset

Add Field　　Add Matrix of Fields

Variable: waketime_change_2

Since the start of the COVID19 pandemic, I have woken up the next day:

○ Earlier
○ Later
○ About the same

reset

Add Field　　Add Matrix of Fields

Variable: sleepchange_free

If there has been a substantial change in your sleep behavior during the pandemic, please use this space to describe any specific reasons why that might be.

Expand

Add Field　　Add Matrix of Fields

Variable: med_free

Please use this space to describe any information relevant to medication or supplement changes since you joined our study that you would like to share.

Expand

Add Field　　Add Matrix of Fields

Pre-existing Conditions

Add Field　　Add Matrix of Fields

Variable: sensitive

We believe that it is important to have a more complete health history in order to best understand how the pandemic and social isolation impacts individuals with different pre-existing conditions and health concerns. This information will likely be important in navigating both the current and future pandemics, so we are asking for any information on the following that you feel comfortable sharing.

Add Field　　Add Matrix of Fields

Variable: med_health

Prior to or since the start of the COVID19 pandemic, have you been diagnosed with any physical or health conditions?

○ Yes
○ No
○ Prefer not to say

reset

Either in the past or currently

Add Field   Add Matrix of Fields

Variable: med_history   *Branching logic:* [med_health]="1"

Please select all that apply

- ☐ Anemia
- ☐ Anesthetic Complication
- ☐ Arthritis
- ☐ Asthma
- ☐ Autoimmune Problems
- ☐ Birth Defects
- ☐ Bladder Problems
- ☐ Bleeding Disease
- ☐ Blood Clots
- ☐ Blood Transfusion(s)
- ☐ Bowel Disease
- ☐ Breast Cancer
- ☐ Cervical Cancer
- ☐ Colon Cancer
- ☐ Diabetes
- ☐ Growth/Development Disorder
- ☐ Hearing Impairment
- ☐ Heart Attack
- ☐ Heart Disease
- ☐ Heart Pain/Angina
- ☐ Hepatitis A
- ☐ Hepatitis B
- ☐ Hepatitis C
- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ HIV
- ☐ Hives
- ☐ Kidney Disease
- ☐ Liver Cancer
- ☐ Liver Disease
- ☐ Lung Cancer
- ☐ Lung/Respiratory Disease
- ☐ Migraines
- ☐ Osteoporosis
- ☐ Prostate Cancer
- ☐ Rectal Cancer
- ☐ Reflux/GERD
- ☐ Seizures/Convulsions
- ☐ Severe Allergy
- ☐ Sexually Transmitted Disease
- ☐ Skin Cancer
- ☐ Stroke/CVA of the Brain
- ☐ Thyroid Problems
- ☐ Ulcer
- ☐ Visual Impairment
- ☐ Other Disease, Cancer, or Significant Medical Illness
- ☐ NONE of the Above

Add Field   Add Matrix of Fields

Variable: med_other   *Branching logic:* [med_health]=98

If other, please describe

Expand

Add Field   Add Matrix of Fields

Variable: mental_health

Prior to the start of the COVID19 pandemic, were you diagnosed with any mental health conditions?

○ Yes
○ No
○ Prefer not to say

reset

Add Field   Add Matrix of Fields

Variable: psych_history   *Branching logic:* [mental_health]="1"

Please select all that apply

☐ Alcohol Abuse
☐ Depression
☐ Bipolar Disorder
☐ Persistent Depressive Disorder (Dysthymic Disorder)
☐ Other Mood Disorder
☐ Generalized Anxiety Disorder
☐ Agoraphobia
☐ Panic Disorder
☐ Obsessive-Compulsive Disorder (OCD)
☐ Social Anxiety Disorder
☐ Social Phobia
☐ Specific Phobia
☐ Other Anxiety Disorder
☐ Post-Traumatic Stress Disorder (PTSD)
☐ Anorexia Nervosa
☐ Attention-Deficit/Hyperactivity Disorder (ADHD)
☐ Autism Spectrum Disorder (ASD)
☐ Binge Eating Disorder
☐ Borderline Personality Disorder
☐ Bulimia Nervosa
☐ Other Eating Disorders
☐ Personality Disorders
☐ Schizophrenia
☐ History of Suicide Attempts
☐ Other major mental health disorder not listed above
☐ None of the above

Add Field   Add Matrix of Fields

Variable: psych_free_1   *Branching logic:* [psych_history(26)]

If other, please describe

Expand

Add Field   Add Matrix of Fields

Variable: mental_health_2

Since the start of the COVID19 pandemic, were you diagnosed with any mental health conditions?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: psych_history_2   *Branching logic:* [mental_health_2]="1"

Please select all that apply

- ☐ Alcohol Abuse
- ☐ Depression
- ☐ Bipolar Disorder
- ☐ Persistent Depressive Disorder (Dysthymic Disorder)
- ☐ Other Mood Disorder
- ☐ Generalized Anxiety Disorder
- ☐ Agoraphobia
- ☐ Panic Disorder
- ☐ Obsessive-Compulsive Disorder (OCD)
- ☐ Social Anxiety Disorder
- ☐ Social Phobia
- ☐ Specific Phobia
- ☐ Other Anxiety Disorder
- ☐ Post-Traumatic Stress Disorder (PTSD)
- ☐ Anorexia Nervosa
- ☐ Attention-Deficit/Hyperactivity Disorder (ADHD)
- ☐ Autism Spectrum Disorder (ASD)
- ☐ Binge Eating Disorder
- ☐ Borderline Personality Disorder
- ☐ Bulimia Nervosa
- ☐ Other Eating Disorders
- ☐ Personality Disorders
- ☐ Schizophrenia
- ☐ Other major mental health disorder not listed above
- ☐ None of the above

Add Field   Add Matrix of Fields

Variable: psych_free_2   *Branching logic:* [psych_history_2(25)]

If other, please describe

Expand

Add Field   Add Matrix of Fields

Variable: mh_treatment   *Branching logic:* [mental_health]="1" or [mental_health_2]="1"

Are you currently receiving any treatment for mental health concerns?

- ○ Yes,treatment as usual including in person meetings
- ○ Yes, but all treatment has transitioned to be virtual
- ○ No

reset

Add Field   Add Matrix of Fields

Variable: condition_free

Feel free to provide any further information about any pre-existing conditions you may have

Expand

Add Field   Add Matrix of Fields

Additional Information

Add Field   Add Matrix of Fields

Variable: pet

Do you have a pet?

- ○ Yes
- ○ No

reset

Add Field   Add Matrix of Fields

Variable: parent

Are you a parent?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: children   *Branching logic:* [parent]='1'

Did you have children at home with you for a majority of the last 3 months?

○ Yes
○ No

Greater than 50% of the time

reset

Add Field   Add Matrix of Fields

Variable: how_many_kids   *Branching logic:* [children]='1'

How many children have you had at home with you?

[   ]

Number only

Add Field   Add Matrix of Fields

Variable: child_ages   *Branching logic:* [children]='1'

What were the age ranges of the children (Select all that apply):

☐ 0-1 years old
☐ 2-3 years old
☐ 3-5 years old
☐ 6-9 years old
☐ 10-12 years old
☐ 13-15 years old
☐ 15-17 years old
☐ 18+ years old

Add Field   Add Matrix of Fields

Variable: fluency

Please rate your level of English fluency

○ 0-25%
○ 25-50%
○ 50-75%
○ 75-100%

reset

Add Field   Add Matrix of Fields

Variable: fluency_diff

Did you have any difficulty understanding questions asked during the survey due to language barriers?

○ No difficulty at all
○ Some difficulty
○ Moderate difficulty
○ Severe difficulty

reset

Add Field   Add Matrix of Fields

Variable: mil_time

Do you recall ever forgetting to use military time in any of the sleep logs?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: mil_time_free   *Branching logic:* [mil_time]="1"

If yes, any information that you may be able to provide (such as approximately how many days you believe you did so) could help us go back and fix it as we're processing the data.

[   ]

Expand

Add Field   Add Matrix of Fields

Variable: mistakes

Do you recall making any other mistakes on any of the surveys you have completed for us?

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

Variable: mistakes_free   *Branching logic:* [mistakes]="1"

If yes, any information that you may be able to provide could help us go back and fix it as we're processing the data.

Expand

Add Field   Add Matrix of Fields

Variable: open_anything

Please feel free to use this space to inform us about anything else that we did not ask about in this study.

Expand

Add Field   Add Matrix of Fields

Variable: open_anything_2

Please feel free to use this space to inform us about your experience in this study.

Expand

Add Field   Add Matrix of Fields

COVID Dreams

Add Field   Add Matrix of Fields

Variable: dream_opt

There has been an increase in reports of intense dreaming during the COVID19 pandemic. Are you willing to answer some more questions related to your dreaming behavior and experiences over the last several months?

* must provide value

○ Yes
○ No

reset

Add Field   Add Matrix of Fields

COVID Dream Experience

Add Field   Add Matrix of Fields

Variable: covid_dream

Do you believe that you have experienced "COVID Dreams"?

○ Yes
○ No

reset

Add Field | Add Matrix of Fields

Matrix group: covid_relate

Variable: cov

	1 = Not at all related	2	3	4	5	6	7 = Very related
How related to COVID are your dreams?	○	○	○	○	○	○	○

reset

Add Field | Add Matrix of Fields

Variable: covdream_scare   *Branching logic:* [covid_dream]="1"

Did your COVID dreams scare you?
- ○ Yes
- ○ No

reset

Add Field | Add Matrix of Fields

Variable: covdream_scare_2   *Branching logic:* [covid_dream]="1"

Do you think you COVID dreams prompted you to be more cautious or careful?
- ○ Yes
- ○ No

reset

Add Field | Add Matrix of Fields

Variable: covdream_free

Please enter any features of your dreams (objects, emotions, people) that were related to COVID.

Expand

Add Field | Add Matrix of Fields

Matrix group: lucidity

Please respond to the following questions while reflecting on your dreams over the last 3 months

Variable: luc_1

	0 = Strongly disagree	1	2	3	4	5 = Strongly agree
While dreaming, I was aware of the fact that the things I was experiencing in the dream were not real	○	○	○	○	○	○

reset

Variable: luc_2

While dreaming, I was able to remember my intention to do certain things in the dream	○	○	○	○	○	○

reset

Variable: luc_3

While dreaming, I was aware that the self I experienced in my dream wasn't the same as my waking self	○	○	○	○	○	○

reset

Variable: luc_4

In my dream, I was able to manipulate or control other dream characters in a way that would be impossible and waking	○	○	○	○	○	○

reset

Variable: luc_5

While dreaming, I thought about other dream characters	○	○	○	○	○	○

reset

Variable: luc_6

While dreaming, I was able to successfully perform supernatural actions (like flying or passing through walls)

○ ○ ○ ○ ○ ○

reset

Variable: luc_7

The emotions I experienced in my dream were exactly the same as those I would experience in such a situation during wakefulness

○ ○ ○ ○ ○ ○

reset

Variable: luc_8

While dreaming, I was aware of the fact that the body experience in the dream did not correspond to my real sleeping body

○ ○ ○ ○ ○ ○

reset

Variable: luc_9

I was very certain that the things I was experiencing in my dream wouldn't have any consequences on the real world

○ ○ ○ ○ ○ ○

reset

Variable: luc_10

While dreaming I was able to successfully control or change the dream environment in a way that would be impossible during wakefulness

○ ○ ○ ○ ○ ○

reset

Variable: luc_11

While dreaming, I saw myself from outside

○ ○ ○ ○ ○ ○

reset

Variable: luc_12

While dreaming, I thought about my own actions

○ ○ ○ ○ ○ ○

reset

Variable: luc_13

While dreaming, I had the feeling that I had forgotten something important

○ ○ ○ ○ ○ ○

reset

Variable: luc_14

While dreaming, I was able to change or move objects (not persons) in a way that would be impossible in waking

○ ○ ○ ○ ○ ○

reset

Variable: luc_15

While dreaming I was not myself but a completely different person

○ ○ ○ ○ ○ ○

reset

Variable: luc_16

While dreaming, I often ask myself whether I was dreaming

○ ○ ○ ○ ○ ○

reset

Variable: luc_17

The thoughts I had in my dream were exactly the same as I would have in a similar situation during wakefulness

○ ○ ○ ○ ○ ○

reset

Variable: luc_18

While dreaming, I had the feeling that I could remember my waking life

○   ○   ○   ○   ○   ○

reset

Variable: luc_19

While dreaming, I was aware of the fact that other dream characters in my dream were not real

○   ○   ○   ○   ○   ○

reset

Variable: luc_20

Most things that happened in my dream could have also happened during wakefulness

○   ○   ○   ○   ○   ○

reset

Variable: luc_21

I watched the dream from outside, as if on a screen

○   ○   ○   ○   ○   ○

reset

Variable: luc_22

While dreaming, I often thought about the things I was experiencing

○   ○   ○   ○   ○   ○

reset

Variable: luc_23

I was able to influence the story line of my dreams at will

○   ○   ○   ○   ○   ○

reset

Variable: luc_24

While dreaming, I was able to remember certain plans for the future

○   ○   ○   ○   ○   ○

reset

Variable: luc_25

While dreaming, I felt euphoric/upbeat

○   ○   ○   ○   ○   ○

reset

Variable: luc_26

While dreaming, I had strong negative feelings

○   ○   ○   ○   ○   ○

reset

Variable: luc_27

While dreaming, I had strong positive feelings

○   ○   ○   ○   ○   ○

reset

Variable: luc_28

While dreaming, I felt very anxious

○   ○   ○   ○   ○   ○

reset

[Add Field]   [Add Matrix of Fields]

Matrix group: panas_dreams

Please answer the following questions irrespective of how often you can remember your dreams.

'In my dreams, I feel . . . '.

Variable: pandr_1

	0 = Never	**1**	**2**	**3**	**4= Always**
Enthusiastic	○	○	○	○	○

reset

Variable: pandr_2

Proud   ○   ○   ○   ○   ○

reset

Variable: pandr_3

Strong   ○   ○   ○   ○   ○

reset

Variable: pandr_4

Determined   ○   ○   ○   ○   ○

reset

Variable: pandr_5

Inspired   ○   ○   ○   ○   ○

reset

Variable: pandr_6

Excited   ○   ○   ○   ○   ○

reset

Variable: pandr_7

Active   ○   ○   ○   ○   ○

reset

Variable: pandr_8

Interested   ○   ○   ○   ○   ○

reset

Variable: pandr_9

Attentive   ○   ○   ○   ○   ○

reset

Variable: pandr_10

Irritable   ○   ○   ○   ○   ○

reset

Variable: pandr_11

Upset   ○   ○   ○   ○   ○

reset

Variable: pandr_12

Hostile   ○   ○   ○   ○   ○

reset

Variable: pandr_13

Ashamed   ○   ○   ○   ○   ○

reset

Variable: pandr_14

Guilty   ○   ○   ○   ○   ○

reset

Variable: pandr_15

Nervous   ○   ○   ○   ○   ○

reset

Variable: pandr_16

Scared   ○   ○   ○   ○   ○

reset

Variable: pandr_17

Distressed   ○   ○   ○   ○   ○

reset

Variable: pandr_18

Afraid   ○   ○   ○   ○   ○

reset

Variable: pandr_19

My dreams are vivid   ○   ○   ○   ○   ○

reset

Variable: pandr_20

I have exciting dreams   ○   ○   ○   ○   ○

reset

Add Field   Add Matrix of Fields

Matrix group: mw_1

Mindwandering

Variable: mw_1

	1 = Rarely	2	3	4	5	6	7 = A lot
I allow my thoughts to wander on purpose	○	○	○	○	○	○	○

reset

Variable: mw_2

I enjoy mind-wandering   ○   ○   ○   ○   ○   ○   ○

reset

Variable: mw_3

I allow myself to get absorbed in pleasant fantasy   ○   ○   ○   ○   ○   ○   ○

reset

Variable: mw_4

I find my thoughts wandering spontaneously   ○   ○   ○   ○   ○   ○   ○

reset

Variable: mw_5

When I mind-wander my thoughts tend to be pulled from topic to topic   ○   ○   ○   ○   ○   ○   ○

reset

Variable: mw_6

I mind-wander even when I'm supposed to be doing something else   ○   ○   ○   ○   ○   ○   ○

reset

Add Field   Add Matrix of Fields

Matrix group: mw_2

Variable: mw_7

	1 = Not at all true	2	3	4	5	6	7 = Very true
I find mind-wandering is a good way to cope with boredom	○	○	○	○	○	○	○

reset

Add Field   Add Matrix of Fields

Matrix group: mw_3

Variable: mw_8

	1 = Almost Never	2	3	4	5	6	7 = Almost Always
It feels like I don't have control over when my mind wanders	○	○	○	○	○	○	○

reset

Add Field   Add Matrix of Fields