



Round 2- COVID Additional Assessments

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This page allows you to build and customize your data collection instruments one field at a time. You may add new fields or edit existing ones. New fields may be added by clicking the **Add Field** buttons. You can begin editing an existing field by clicking on the  **Edit** icon. If you decide that you do not want to keep a field, you can simply delete it by clicking on the  **Delete** icon. To reorder the fields, simply **drag and drop** a field to a different position within the form below. NOTE: While in development status, all field changes will take effect immediately in real time. **Are you using Action Tags yet? If not, [learn about Action Tags here](#).**

[Return to list of instruments](#)





 Current instrument: **Round 2**
[Preview instrument](#)

 Variable: record_id

Record ID

NOTE: The field above is the record ID field and thus cannot be deleted or moved. It can only be edited.





[Add Field](#) [Add Matrix of Fields](#)

    Variable: subj_id_rd2

Subject ID:


* must provide value

[Add Field](#) [Add Matrix of Fields](#)




    Variable: date_time_rd2

Click 'Now'


* must provide value

 Now D-M-Y H:M

[Add Field](#) [Add Matrix of Fields](#)


   Matrix group: general_feelings

COVID19 Reflections

 Variable: gen_1

	Entirely negative	Mostly negative	An equal mix	Mostly positive	Entirely positive
When I think about the past 8 weeks, my memories are:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>





[reset](#)

 Variable: gen_2

When I think about the summer and fall, my predictions are	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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[reset](#)

[Add Field](#) [Add Matrix of Fields](#)





    Variable: history

Can you remember the moment when you realized that this was going to be a part of history?

☐ Yes
☐ No

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

    Variable: vivid_history Branching logic: [history] = '1'

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

[reset](#)

Add Field
Add Matrix of Fields

Variable: reexp_history Branching logic: [history] = '1'

How much do you feel like you're re-experiencing the event?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

reset

Add Field
Add Matrix of Fields

Variable: occarousing_history Branching logic: [history] = '1'

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field
Add Matrix of Fields

Variable: refarousing_history Branching logic: [history] = '1'

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field
Add Matrix of Fields

Variable: thirdper_history Branching logic: [history] = '1'

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset

Add Field
Add Matrix of Fields

Significant Closure

Add Field
Add Matrix of Fields

Variable: work_start

Were you in school or employed at the start of the COVID pandemic?

☐ Yes
☐ No

reset

Add Field
Add Matrix of Fields

Variable: work_close Branching logic: [work_start] = '1'

Did your school or work close YOUR on-sight operations in response to the COVID-19 pandemic?

☐ Yes
☐ No

reset

Even if the establishment remained open for essential employees, mark yes if your work was ended or made virtual.

Add Field
Add Matrix of Fields

Variable: work_other Branching logic: [work_start] = '0'

Was another significant entity or access in your life closed or canceled due to the COVID19 pandemic (e.g. community/senior centers, nursing home visitation abilities, etc.)?

☐ Yes
☐ No

reset

Add Field
Add Matrix of Fields

Variable: work_close_rem Branching logic: [work_close] = '1' or [work_other] = '1'





Can you remember the moment when you heard of this closure?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_work Branching logic: [work_close_rem] = '1'





How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

reset

Add Field

Add Matrix of Fields



Variable: reexp_work Branching logic: [work_close_rem] = '1'





How much do you feel like you're re-experiencing the event?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

reset

Add Field

Add Matrix of Fields



Variable: occarousing_work Branching logic: [work_close_rem] = '1'





How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: refarousing_work Branching logic: [work_close_rem] = '1'





How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_work Branching logic: [work_close_rem] = '1'



Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset

Add Field





Add Matrix of Fields



Children School Closure

Add Field

Add Matrix of Fields



Variable: school_kids





Are you the parent/guardian/caretaker for school-age children that have been living with you during the pandemic?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: school_close Branching logic: [school_kids] = '1'

Was your primary childcare service closed or cancelled in response to the COVID19 pandemic?





☐ Yes
☐ No

reset

School, daycare, nannys, access to family members, etc.

Add Field

Add Matrix of Fields



Variable: school_close_rem Branching logic: [school_close] = '1'

Can you remember the moment when you heard of this closure?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_school

Branching logic: [school_close_rem] = '1'

How vivid is the memory?

- ☐ Extremely vague
- ☐ Fairly vague
- ☐ Fairly vivid
- ☐ Extremely vivid

reset

Add Field

Add Matrix of Fields



Variable: reexp_school

Branching logic: [school_close_rem] = '1'

How much do you feel like you're re-experiencing the event?

- ☐ Not at all
- ☐ Somewhat
- ☐ Moderately
- ☐ Completely

reset

Add Field

Add Matrix of Fields



Variable: occarousing_school

Branching logic: [school_close_rem] = '1'

How emotionally arousing was the event at the time of its occurrence?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: re芳arousing_school

Branching logic: [school_close_rem] = '1'

How emotionally arousing is the memory as you now reflect on it?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_school

Branching logic: [school_close_rem] = '1'

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

- ☐ a) Recall this from my own eyes
- ☐ b) See myself as part of the scene

reset

Add Field

Add Matrix of Fields



Negative Emotions

Add Field

Add Matrix of Fields



Variable: neg_emo

Can you remember a moment when you felt consumed by negative emotions related to the pandemic?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_neg_emo

Branching logic: [neg_emo] = '1'

How vivid is the memory?

- ☐ Extremely vague
- ☐ Fairly vague
- ☐ Fairly vivid
- ☐ Extremely vivid

reset

Add Field

Add Matrix of Fields



Variable: reexp_neg_emo

Branching logic: [neg_emo] = '1'





How much do you feel like you're re-experiencing the event?

- ☐ Not at all
- ☐ Somewhat
- ☐ Moderately
- ☐ Completely

reset

Add Field

Add Matrix of Fields



Variable: occarousing_neg_emo Branching logic: [neg_emo] = '1'





How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: refarousing_neg_emo Branching logic: [neg_emo] = '1'





How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_neg_emo Branching logic: [neg_emo] = '1'



Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset

Add Field





Add Matrix of Fields



Improvement

Add Field

Add Matrix of Fields



Variable: get_better





Can you remember when you first felt that things were starting to get "better"?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_get_better Branching logic: [get_better] = '1'





How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

reset

Add Field

Add Matrix of Fields



Variable: reexp_get_better Branching logic: [get_better] = '1'





How much do you feel like you're re-experiencing the event?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

reset

Add Field

Add Matrix of Fields



Variable: occarousing_get_better Branching logic: [get_better] = '1'





How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: refarousing_get_better Branching logic: [get_better] = '1'

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_get_better

Branching logic: [get_better] = '1'

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

- ☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset

Add Field

Add Matrix of Fields



COVID Information

Add Field

Add Matrix of Fields



Variable: mem_instructions

Please do not use any outside references for these responses. Just provide your best guess based on your memory alone.

If you moved during the pandemic, please respond according to the area that you spent the MOST time since our data collection began (March 20, 2020)

Add Field

Add Matrix of Fields



Variable: num_march

How many people in your country had been diagnosed with COVID19 by mid-March?

Add Field

Add Matrix of Fields



Variable: num_april

How many people in your country had been diagnosed with COVID19 by mid-April?

Add Field

Add Matrix of Fields



Variable: us

Have you been in the United States for a majority of the COVID19 outbreak?

- ☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: num_march_us

Branching logic: [us]="1"

How many people in your state had been diagnosed with COVID19 by mid-March?

Add Field

Add Matrix of Fields



Variable: num_april_us

Branching logic: [us]="1"

How many people in your state had been diagnosed with COVID19 by mid-April?

Add Field

Add Matrix of Fields



Variable: stayhome_us

Branching logic: [us]="1"

Was there a stay-at-home order, or equivalent, in your state?

- ☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: stayhome_begin_us

Branching logic: [stayhome_us] = '1' and [us]="1"

When did it begin? (please enter date as Month/Day/Year)



Today

M-D-Y

Add Field

Add Matrix of Fields



Variable: stayhome_end_us

Branching logic: [stayhome_us] = '1' and [us]="1"

When did it or when is it scheduled to end? (please enter date as Month/Day/Year)







Today

M-D-Y

If order or recommendation was extended, put the most recently released end date

Add Field
Add Matrix of Fields









Variable: severity_state Branching logic: [us]="1"

I think my state's actions to prevent the spread of COVID19 were:

☐ Too severe
☐ Appropriate
☐ Not severe enough

reset

Add Field
Add Matrix of Fields









Variable: stayhome Branching logic: [us]="0"

Was there a stay-at-home order, or equivalent, in your country?

☐ Yes
☐ No

reset





Add Field
Add Matrix of Fields





Variable: stayhome_begin Branching logic: [stayhome] = '1' and [us]="0"

When did it begin? (please enter date as Month/Day/Year)

M-D-Y





Add Field
Add Matrix of Fields





Variable: stayhome_end Branching logic: [stayhome] = '1' and [us]="0"

When did it or when is it scheduled to end? (please enter date as Month/Day/Year)

M-D-Y
If order or recommendation was extended, put the most recently released end date

Add Field
Add Matrix of Fields







Variable: severity

I think my country's actions to prevent the spread of COVID19 were:





☐ Too severe
☐ Appropriate
☐ Not severe enough

reset

Add Field
Add Matrix of Fields



Future COVID Expectations





Add Field
Add Matrix of Fields





Variable: normal_date

When do you expect things to feel "normal" again? (please enter date as Month/Day/Year)

M-D-Y
If you already do, put today's date





Add Field
Add Matrix of Fields





Variable: mask_date

When do you expect that you will first feel comfortable going to the grocery store without wearing a mask? (please enter date as Month/Day/Year)

M-D-Y
If you already do, put today's date





Add Field
Add Matrix of Fields





Variable: meetings_date

When do you expect that you will return to having mostly in-person meetings? (please enter date as Month/Day/Year)

M-D-Y
If you already do, put today's date

Add Field
Add Matrix of Fields





Variable: bigevents_date

When do you expect large events (concerts, sporting events, conferences) to resume? (please enter date as Month/Day/Year)

M-D-Y
If you already do, put today's date

Add Field

Add Matrix of Fields



Variable: shaking_hands_date

When do you expect that people will be shaking hands again? (please enter date as Month/Day/Year)



Today

M-D-Y

If you already do, put today's date

Add Field

Add Matrix of Fields



Variable: num_august

How many people in your country do you think will have been diagnosed with COVID19 by mid-August?

Add Field

Add Matrix of Fields



Variable: warmer

Do you think COVID19 rates will become lower when the weather gets warmer?

☐ yes☐ no☐ unsure

reset

Add Field

Add Matrix of Fields



Matrix group: specific_mem

Thoughts about the past

Variable: sp_mem_1

Strongly disagree

Disagree

Neither disagree
nor agree

Agree

Strongly agree

When I think about the past 8 weeks, I remember my fears related to the spread of the illness

☐
☐
☐
☐
☐

reset

Variable: sp_mem_2

When I think about the past 8 weeks, I remember the social isolation

☐
☐
☐
☐
☐

reset

Variable: sp_mem_3

When I think about the past 8 weeks, I remember the financial uncertainty

☐
☐
☐
☐
☐

reset

Variable: sp_mem_4

When I think about the past 8 weeks, I remember the community working together under difficult circumstances

☐
☐
☐
☐
☐

reset

Variable: sp_mem_5

When I think about the past 8 weeks, I remember feeling hope that the efforts will save lives

☐
☐
☐
☐
☐

reset

Variable: sp_mem_6

When I think about the past 8 weeks, I remember feeling interconnected with others even while being physically distant

☐
☐
☐
☐
☐

reset


Add Field

Add Matrix of Fields




Matrix group: future

Thoughts about the future

 Variable: fut_1


	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
When I think about the summer and fall, I envision improvements in public health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

 Variable: fut_2


When I think about the summer and fall, I envision continued spread of the illness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset

 Variable: fut_3


When I think about the summer and fall, I envision improved economic stability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset

 Variable: fut_4

When I think about the summer and fall, I envision continued financial uncertainty	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset




 Variable: fut_5

When I think about the summer and fall, I envision less social isolation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------


reset

Add Field

Add Matrix of Fields

   Matrix group: peak_neg

Over the past 2-3 months,






 Variable: peak_neg

	Early March	mid Mar	late Mar	early April	mid Apr	late Apr	early May	now
when was your peak negative emotion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields

     Variable: peak_neg_intense




How intense was that peak negative emotion?

☐ Low
☐ Moderate
☐ High


reset

Add Field

Add Matrix of Fields

   Matrix group: peak_pos

Over the past 2-3 months,






 Variable: peak_pos

	Early March	mid Mar	late Mar	early April	mid Apr	late Apr	early May	now
when was your peak positive emotion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields




     Variable: peak_pos_intense

How intense was that peak positive emotion?


☐ Low
☐ Moderate
☐ High

reset


[Add Field](#) [Add Matrix of Fields](#)

   **Matrix group:** sustained_emo

Over the past 2-3 months,



 **Variable:** sustained_neg

	Early March	mid Mar	late Mar	early April	mid Apr	late Apr	early May	now
when was your most sustained period of negative emotion (check all that apply)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>






 **Variable:** sustained_pos

when was your most sustained period of positive emotion (check all that apply)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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[Add Field](#) [Add Matrix of Fields](#)

  **OPTIONAL Free Response Questions**






[Add Field](#) [Add Matrix of Fields](#)

     **Variable:** challenging_free

In 250 words or less, describe one of the most challenging moments from the past 8 weeks.

Expand

[Add Field](#) [Add Matrix of Fields](#)

     **Variable:** vivid_challenge **Branching logic:** [challenging_free] <> "

How vivid is the memory?

☐ Extremely vague






☐ Fairly vague

☐ Fairly vivid

☐ Extremely vivid

reset

[Add Field](#) [Add Matrix of Fields](#)

     **Variable:** reexp_challenge **Branching logic:** [challenging_free] <> "

How much do you feel like you're re-experiencing the event?

☐ Not at all






☐ Somewhat

☐ Moderately

☐ Completely

reset

[Add Field](#) [Add Matrix of Fields](#)

     **Variable:** occarousing_challenge **Branching logic:** [challenging_free] <> "

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral






☐ Fairly neutral

☐ Fairly arousing

☐ Completely arousing

reset

[Add Field](#) [Add Matrix of Fields](#)

     **Variable:** refarousing_challenge **Branching logic:** [challenging_free] <> "

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral





☐ Fairly neutral

☐ Fairly arousing

☐ Completely arousing

reset

Add FieldAdd Matrix of Fields







Variable: important_challenge Branching logic: [challenging_free] <> "

How important do you think this event will be to you in 6 months?

☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important

reset

Add FieldAdd Matrix of Fields







Variable: thirdper_challenge Branching logic: [challenging_free] <> "

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset

Add FieldAdd Matrix of Fields







Variable: positive_free

In 250 words or less, describe one of the most positive moments from the past 8 weeks.

Expand

Add FieldAdd Matrix of Fields







Variable: vivid_positive Branching logic: [positive_free] <> "

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

reset

Add FieldAdd Matrix of Fields







Variable: reexp_positive Branching logic: [positive_free] <> "

How much do you feel like you're re-experiencing the event?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

reset

Add FieldAdd Matrix of Fields







Variable: occarousing_positive Branching logic: [positive_free] <> "

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add FieldAdd Matrix of Fields







Variable: re芳arousing_positive Branching logic: [positive_free] <> "

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add FieldAdd Matrix of Fields







Variable: important_positive Branching logic: [positive_free] <> "

How important do you think this event will be to you in 6 months?

☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important





reset

Add Field
Add Matrix of Fields





Variable: thirdper_positive Branching logic: [positive_free] <> "





Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?
☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene
reset

Add Field
Add Matrix of Fields





Variable: mundane_free





In 250 words or less, describe one typical or mundane event (e.g. shopping, work, lines) that took on new meaning in the last 8 weeks
Expand

Add Field
Add Matrix of Fields





Variable: vivid_mundane Branching logic: [mundane_free] <> "





How vivid is the memory?
☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid
reset

Add Field
Add Matrix of Fields





Variable: reexp_mundane Branching logic: [mundane_free] <> "





How much do you feel like you're re-experiencing the event?
☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely
reset

Add Field
Add Matrix of Fields





Variable: occarousing_mundane Branching logic: [mundane_free] <> "





How emotionally arousing was the event at the time of its occurrence?
☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing
reset

Add Field
Add Matrix of Fields





Variable: refarousing_mundane Branching logic: [mundane_free] <> "





How emotionally arousing is the memory as you now reflect on it?
☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing
reset

Add Field
Add Matrix of Fields





Variable: important_mundane Branching logic: [mundane_free] <> "

How important do you think this event will be to you in 6 months?
☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important
reset

Add Field
Add Matrix of Fields





Variable: thirdper_mundane Branching logic: [mundane_free] <> "

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?
☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene
reset

[Add Field](#) [Add Matrix of Fields](#)

Variable: unusual_free

In 250 words or less, describe one moment that, to you, best reflects the unusual circumstances of these past several weeks.

[Expand](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: vivid_unusual Branching logic: [unusual_free] <> "

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: reexp_unusual Branching logic: [unusual_free] <> "

How much do you feel like you're re-experiencing the event?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: occarousing_unusual Branching logic: [unusual_free] <> "

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: refarousing_unusual Branching logic: [unusual_free] <> "

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: important_unusual Branching logic: [unusual_free] <> "

How important do you think this event will be to you in 6 months?

☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

Variable: thirdper_unusual Branching logic: [unusual_free] <> "

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

[reset](#)

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Matrix group: isi_start

ISI: For each question, please select the number that best describes your answer. Please rate the CURRENT (i.e. LAST 2 WEEKS) SEVERITY of your insomnia problem(s).

Variable: isi_1	None	Mild	Moderate	Severe	Very Severe
Difficulty falling asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					

Variable: isi_2	None	Mild	Moderate	Severe	Very Severe
Difficulty staying asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					

Variable: isi_3	None	Mild	Moderate	Severe	Very Severe
Problems waking up to early	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					

[Add Field](#) [Add Matrix of Fields](#)

Variable: isi_4
<p>How SATISFIED/DISSATISFIED are you with your CURRENT sleep pattern?</p> <p> <input type="radio"/> Very Satisfied <input type="radio"/> Satisfied <input type="radio"/> Moderately Satisfied <input type="radio"/> Dissatisfied <input type="radio"/> Very Dissatisfied </p>
reset

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Variable: isi_5
<p>How NOTICEABLE to others do you think your sleep problem is in terms of impairing the quality of your life?</p> <p> <input type="radio"/> Not at all Noticeable <input type="radio"/> A little <input type="radio"/> Somewhat <input type="radio"/> Much <input type="radio"/> Very Much Noticeable </p>
reset

[Add Field](#) [Add Matrix of Fields](#)

Variable: isi_6
<p>How WORRIED/DISTRESSED are you about your current sleep problem?</p> <p> <input type="radio"/> Not at all Worried <input type="radio"/> A little <input type="radio"/> Somewhat <input type="radio"/> Much <input type="radio"/> Very Much Worried </p>
reset

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Variable: isi_7
<p>To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g. daytime fatigue, mood, ability to function at work/daily chores, concentration, memory, mood, etc.) CURRENTLY?</p> <p> <input type="radio"/> Not at all Interfering <input type="radio"/> A little <input type="radio"/> Somewhat <input type="radio"/> Much <input type="radio"/> Very Much Interfering </p>
reset

[Add Field](#) [Add Matrix of Fields](#)

Reduced MEQ
<p>What time would you get up if you were entirely free to plan your day?</p> <p> <input type="radio"/> 5:00-6:30AM <input type="radio"/> 6:30-7:45AM <input type="radio"/> 7:45-9:45AM <input type="radio"/> 9:45-11:00AM <input type="radio"/> 11:00AM-12NOON <input type="radio"/> 12NOON-5:00AM </p>
reset

Add Field

Add Matrix of Fields



Variable: meq_2

During the first half-hour after you wake up in the morning, how tired do you feel?

- ☐ Very tired
☐ Fairly tired
☐ Fairly refreshed
☐ Very refreshed

reset

Add Field

Add Matrix of Fields



Variable: meq_3

At what time of day do you feel you become tired as a result of need for sleep?

- ☐ 8:00-9:00PM
☐ 9:00-10:15PM
☐ 10:15PM-12:45AM
☐ 12:45-2:00AM
☐ 2:00-3:00AM

reset

Add Field

Add Matrix of Fields



Variable: meq_4

At what time of the day do you think that you reach your "feeling best" peak?

- ☐ 5:00-8:00AM
☐ 8:00-10:00AM
☐ 10:00AM-5:00PM
☐ 5:00-10:00PM
☐ 10:00PM-5:00AM

reset

Add Field

Add Matrix of Fields



Variable: meq_5

One hears about "morning" and "evening" types of people. Which ONE of these types do you consider yourself to be?

- ☐ Definitely a "morning" type
☐ Rather more a "morning" than an "evening" type
☐ Rather more an "evening" than a "morning" type
☐ Definitely an "evening" type

reset

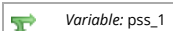
Add Field

Add Matrix of Fields



Matrix group: pss

Perceived Stress Scale: The questions in this scale ask you about your feelings and thoughts during the last month. In each case, you will be asked to indicate by circling how often you felt or thought a certain way.



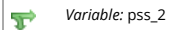
Variable: pss_1

Never Almost Never Sometimes Fairly Often Very Often

In the last month, how often have you been upset because of something that happened unexpectedly?

- ☐ ☐ ☐ ☐ ☐

reset



Variable: pss_2

In the last month, how often have you felt that you were unable to control the important things in your life?

- ☐ ☐ ☐ ☐ ☐

reset

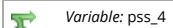


Variable: pss_3

In the last month, how often have you felt nervous and "stressed"?

- ☐ ☐ ☐ ☐ ☐

reset














Variable: pss_4

In the last month, how often have you felt confident about your ability to handle your personal problems?

- ☐ ☐ ☐ ☐ ☐

reset

Variable: pss_5					
In the last month, how often have you felt that things were going your way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: pss_6					
In the last month, how often have you found that you could not cope with all the things that you had to do?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: pss_7					
In the last month, how often have you been able to control irritations in your life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: pss_8					
In the last month, how often have you felt that you were on top of things?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: pss_9					
In the last month, how often have you been angered because of things that were outside of your control?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: pss_10					
In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Add Field Add Matrix of Fields					
Matrix group: teq					
TEQ: Below is a list of statements. Please read each statement carefully and rate how frequently you feel or act in the manner described. Circle your answer on the response form. There are no right or wrong answers or trick questions. Please answer each question as honestly as you can.					
Variable: teq_1					
	Never	Rarely	Sometimes	Often	Always
When someone else is feeling excited, I tend to get excited too.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: teq_2					
Other people's misfortunes do not disturb me a great deal.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: teq_3					
It upsets me to see someone being treated disrespectfully.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: teq_4					
I remain unaffected when someone close to me is happy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				
Variable: teq_5					
I enjoy making other people feel better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	reset				

 Variable: teq_6
<p>I have tender, concerned feelings for people less fortunate than me.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_7
<p>When a friend starts to talk about his/her problems, I try to steer the conversation towards something else.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_8
<p>I can tell when others are sad even when they do not say anything.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_9
<p>I find that I am "in tune" with other people's moods.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_10
<p>I do not feel sympathy for people who cause their own serious illnesses.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_11
<p>I become irritated when someone cries.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_12
<p>I am not really interested in how other people feel.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_13
<p>I get a strong urge to help when I see someone who is upset.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_14
<p>When I see someone being treated unfairly, I do not feel very much pity for them.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_15
<p>I find it silly for people to cry out of happiness.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>
 Variable: teq_16
<p>When I see someone being taken advantage of, I feel kind of protective towards him/her.</p> <div> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> </div> <p style="text-align: right;">reset</p>

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[Add Matrix of Fields](#)