



Round 2- COVID Additional Assessments


PID 549


 Online Designer ▾

Since this project is currently in **PRODUCTION**, changes will not be made in real time. [Tell me more](#)

[Submit Changes for Review](#)Fields to be added: **0** / Total resulting field count: **145**Fields to be deleted: **0** / Existing field count: **145**[Remove all drafted changes](#) [View detailed summary of all drafted changes](#) [Create snapshot of instruments](#) [VIDEO: How to use this page](#)Last snapshot: 05/20/2020 3:47am [?](#)

This page allows you to build and customize your data collection instruments one field at a time. You may add new fields or edit existing ones. New fields may be added by clicking the **Add Field** buttons. You can begin editing an existing field by clicking on the  **Edit** icon. If you decide that you do not want to keep a field, you can simply delete it by clicking on the  **Delete** icon. To reorder the fields, simply **drag and drop** a field to a different position within the form below.

Learn how to use [\[f\] Smart Variables](#) [Piping](#) [@ Action Tags](#) [Field embedding](#)[Return to list of instruments](#) Survey settingsCurrent instrument: **Round 2**[Preview instrument](#)






 Variable: record_id

Record ID

* This field will NOT be displayed on the survey page.
* You should NOT use identifiers (e.g., MRN, SSN) for the record ID field.

NOTE: The field above is the record ID field and thus cannot be deleted or moved. It can only be edited.

Add FieldAdd Matrix of Fields








Variable: subj_id_rd2

Subject ID:

* must provide value



Add FieldAdd Matrix of Fields






Variable: date_time_rd2

Click 'Now'

* must provide value



  Now D-M-Y H:M

Add FieldAdd Matrix of Fields



Matrix group: general_feelings



COVID19 Reflections



Variable: gen_1

	Entirely negative	Mostly negative	An equal mix	Mostly positive	Entirely positive
When I think about the past 8 weeks, my memories are:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset








Variable: gen_2

When I think about the summer and fall, my predictions are	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

reset

Add FieldAdd Matrix of Fields



Variable: history

Can you remember when you realized that this was going to be a part of history?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_history

Branching logic: [history] = '1'

How vivid is the memory?

- ☐ Extremely vague
- ☐ Fairly vague
- ☐ Fairly vivid
- ☐ Extremely vivid

reset

Add Field

Add Matrix of Fields



Variable: reexp_history

Branching logic: [history] = '1'

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

- ☐ Not at all
- ☐ Somewhat
- ☐ Moderately
- ☐ Completely

reset

Add Field

Add Matrix of Fields



Variable: occurarousing_history

Branching logic: [history] = '1'

How emotionally arousing was the event at the time of its occurrence?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: rebarousing_history

Branching logic: [history] = '1'

How emotionally arousing is the memory as you now reflect on it?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_history

Branching logic: [history] = '1'

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

- ☐ a) Recall this from my own eyes
- ☐ b) See myself as part of the scene

reset

Add Field

Add Matrix of Fields



Significant Closure

Add Field

Add Matrix of Fields



Variable: work_start

Were you in school or employed at the start of the COVID pandemic?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: work_close

Branching logic: [work_start] = '1'

Did your school or work close YOUR on-sight operations in response to the COVID-19 pandemic?

- ☐ Yes
- ☐ No

reset

Even if the establishment remained open for essential employees, mark yes if your work was ended or made virtual.

Add Field

Add Matrix of Fields



Variable: work_other

Branching logic: [work_start] = '0'

Was another significant entity or access in your life closed or canceled due to the COVID19 pandemic (e.g. community/senior centers, nursing home visitation abilities, etc.)?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: work_close_rem

Branching logic: [work_close_rem] = '1' or [work_other] = '1'

Can you remember when you learned of this closure?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_work

Branching logic: [work_close_rem] = '1'

How vivid is the memory?

- ☐ Extremely vague
- ☐ Fairly vague
- ☐ Fairly vivid
- ☐ Extremely vivid

reset

Add Field

Add Matrix of Fields



Variable: reexp_work

Branching logic: [work_close_rem] = '1'

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

- ☐ Not at all
- ☐ Somewhat
- ☐ Moderately
- ☐ Completely

reset

Add Field

Add Matrix of Fields



Variable: occarousing_work

Branching logic: [work_close_rem] = '1'

How emotionally arousing was the event at the time of its occurrence?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: refarousing_work

Branching logic: [work_close_rem] = '1'

How emotionally arousing is the memory as you now reflect on it?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_work

Branching logic: [work_close_rem] = '1'

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

- ☐ a) Recall this from my own eyes
- ☐ b) See myself as part of the scene

reset

Add Field

Add Matrix of Fields



Children School Closure

Add Field

Add Matrix of Fields



Variable: school_kids

Are you the parent/guardian/caretaker for school-age children that have been living with you during the pandemic?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: school_close

Branching logic: [school_kids] = '1'

Was your primary childcare service closed or cancelled in response to the COVID19 pandemic?

- ☐ Yes
- ☐ No

reset

School, daycare, nannys, access to family members, etc.

Add Field

Add Matrix of Fields



Variable: school_close_rem

Branching logic: [school_close_rem] = '1'

Can you remember when you learned of this closure?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_school

Branching logic: [school_close_rem] = '1'

How vivid is the memory?

- ☐ Extremely vague
- ☐ Fairly vague
- ☐ Fairly vivid
- ☐ Extremely vivid

reset

Add Field

Add Matrix of Fields



Variable: reexp_school

Branching logic: [school_close_rem] = '1'

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

- ☐ Not at all
- ☐ Somewhat
- ☐ Moderately
- ☐ Completely

reset

Add Field

Add Matrix of Fields



Variable: occarousing_school

Branching logic: [school_close_rem] = '1'

How emotionally arousing was the event at the time of its occurrence?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: refarousing_school

Branching logic: [school_close_rem] = '1'

How emotionally arousing is the memory as you now reflect on it?

- ☐ Completely neutral
- ☐ Fairly neutral
- ☐ Fairly arousing
- ☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_school

Branching logic: [school_close_rem] = '1'

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

- ☐ a) Recall this from my own eyes
- ☐ b) See myself as part of the scene

reset

Add Field

Add Matrix of Fields



Negative Emotions

Add Field

Add Matrix of Fields



Variable: neg_emo

Can you remember a moment when you felt consumed by negative emotions related to the pandemic?

- ☐ Yes
- ☐ No

reset

Add Field

Add Matrix of Fields



Variable: vivid_neg_emo







Branching logic: [neg_emo] = '1'

How vivid is the memory?

- ☐ Extremely vague
- ☐ Fairly vague
- ☐ Fairly vivid
- ☐ Extremely vivid

reset

[Add Field](#) [Add Matrix of Fields](#)







      Variable: reexp_neg_emo Branching logic: [neg_emo] = '1'

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)







      Variable: occurousing_neg_emo Branching logic: [neg_emo] = '1'

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)







      Variable: refarousing_neg_emo Branching logic: [neg_emo] = '1'

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)



      Variable: thirdper_neg_emo Branching logic: [neg_emo] = '1'

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?







☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

  **Improvement**

[Add Field](#) [Add Matrix of Fields](#)







      Variable: get_better

Can you remember when you first felt that things were starting to get "better"?

☐ Yes
☐ No
☐ I don't feel that way yet

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)







      Variable: vivid_get_better Branching logic: [get_better] = '1'

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

      Variable: reexp_get_better Branching logic: [get_better] = '1'







How much do you feel like you're re-experiencing or reliving the event when you think back on it?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

[reset](#)

Add Field

Add Matrix of Fields



Variable: occarousing_get_better Branching logic: [get_better] = '1'







How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: refarousing_get_better Branching logic: [get_better] = '1'







How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field

Add Matrix of Fields



Variable: thirdper_get_better Branching logic: [get_better] = '1'



Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset

Add Field






Add Matrix of Fields



COVID Information

Add Field

Add Matrix of Fields









Variable: mem_instructions

Please do not use any outside references for these responses. Just provide your best guess based on your memory alone.

If you moved during the pandemic, please respond according to the area that you spent the MOST time since our data collection began (March 20, 2020)

Add Field

Add Matrix of Fields









Variable: num_march

How many people in your country had been diagnosed with COVID19 by mid-March?

Numbers only, no punctuation

Add Field

Add Matrix of Fields









Variable: num_april

How many people in your country had been diagnosed with COVID19 by mid-April?

Numbers only, no punctuation

Add Field

Add Matrix of Fields



Variable: us







Have you been in the United States for a majority of the COVID19 outbreak?

☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields









Variable: num_march_us Branching logic: [us]="1"

How many people in your state had been diagnosed with COVID19 by mid-March?

Numbers only, no punctuation

Add Field

Add Matrix of Fields



Variable: num_april_us Branching logic: [us]="1"

How many people in your state had been diagnosed with COVID19 by mid-April?

Numbers only, no punctuation

Add Field

Add Matrix of Fields



Variable: stayhome_us

Branching logic: [us]="1"

Was there a stay-at-home order, or equivalent, in your state?

- ☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: stayhome_begin_us

Branching logic: [stayhome_us] = '1' and [us]="1"

When did it begin? (please enter date as Month/Day/Year)



Today

M-D-Y

Add Field

Add Matrix of Fields



Variable: stayhome_end_us

Branching logic: [stayhome_us] = '1' and [us]="1"

When did it or when is it scheduled to end? (please enter date as Month/Day/Year)



Today

M-D-Y

If order or recommendation was extended, put the most recently released end date

Add Field

Add Matrix of Fields



Variable: severity_state

Branching logic: [us]="1"

I think my state's actions to prevent the spread of COVID19 were:

- ☐ Too severe
☐ Appropriate
☐ Not severe enough

reset

Add Field

Add Matrix of Fields



Variable: stayhome

Branching logic: [us]="0"

Was there a stay-at-home order, or equivalent, in your country?

- ☐ Yes
☐ No

reset

Add Field

Add Matrix of Fields



Variable: stayhome_begin

Branching logic: [stayhome] = '1' and [us]="0"

When did it begin? (please enter date as Month/Day/Year)



Today

M-D-Y

Add Field

Add Matrix of Fields



Variable: stayhome_end

Branching logic: [stayhome] = '1' and [us]="0"

When did it or when is it scheduled to end? (please enter date as Month/Day/Year)



Today

M-D-Y

If order or recommendation was extended, put the most recently released end date

Add Field

Add Matrix of Fields



Variable: severity

I think my country's actions to prevent the spread of COVID19 were:

- ☐ Too severe
☐ Appropriate
☐ Not severe enough

reset

Add Field

Add Matrix of Fields



Future COVID Expectations

Add Field

Add Matrix of Fields



Variable: normal_date

When do you expect things to feel "normal" again? (please enter date as Month/Day/Year)



Today

M-D-Y

If you already do, put today's date

Add Field

Add Matrix of Fields



Variable: mask_date

When do you expect that you will first feel comfortable going to the grocery store without wearing a mask? (please enter date as Month/Day/Year)



Today

M-D-Y

If you already do, put today's date

Add Field

Add Matrix of Fields



Variable: meetings_date

When do you expect that you will return to having mostly in-person meetings? (please enter date as Month/Day/Year)

 Today M-D-Y
If you already do, put today's date

Add Field

Add Matrix of Fields



Variable: bigevents_date

When do you expect large events (concerts, sporting events, conferences) to resume? (please enter date as Month/Day/Year)

 Today M-D-Y
If you already do, put today's date

Add Field

Add Matrix of Fields



Variable: shaking_hands_date

When do you expect that people will be shaking hands again? (please enter date as Month/Day/Year)

 Today M-D-Y
If you already do, put today's date

Add Field

Add Matrix of Fields



Variable: num_august

How many people in your country do you think will have been diagnosed with COVID19 by mid-August?

Add Field

Add Matrix of Fields



Variable: warmer

Do you think COVID19 rates will become lower when the weather gets warmer?

- ☐ yes
☐ no
☐ unsure

reset

Add Field

Add Matrix of Fields



Matrix group: specific_mem

Thoughts about the past



Variable: sp_mem_1

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
When I think about the past 2-3 months, I remember my fears related to the spread of the illness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset



Variable: sp_mem_2

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
When I think about the past 2-3 months, I remember the community working together under difficult circumstances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset



Variable: sp_mem_3

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
When I think about the past 2-3 months, I remember feeling hope that the efforts will save lives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset



Variable: sp_mem_4

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
When I think about the past 2-3 months, I remember the social isolation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



reset



Variable: sp_mem_5

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
When I think about the past 2-3 months, I remember the financial uncertainty	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

  Variable: sp_mem_6

When I think about the past 2-3 months, I remember feeling interconnected with others even while being physically distant



☐ ☐ ☐ ☐ ☐

[reset](#)

[Add Field](#)[Add Matrix of Fields](#)

   Matrix group: future

Thoughts about the future



  Variable: fut_1

Strongly disagree **Disagree** **Neither disagree nor agree** **Agree** **Strongly agree**

When I think about the summer and fall, I envision improvements in public health

☐ ☐ ☐ ☐ ☐



[reset](#)

  Variable: fut_2

When I think about the summer and fall, I envision continued spread of the illness

☐ ☐ ☐ ☐ ☐



[reset](#)

  Variable: fut_3

When I think about the summer and fall, I envision improved economic stability

☐ ☐ ☐ ☐ ☐



[reset](#)

  Variable: fut_4

When I think about the summer and fall, I envision continued financial uncertainty

☐ ☐ ☐ ☐ ☐

[reset](#)

  Variable: fut_5

When I think about the summer and fall, I envision less social isolation



☐ ☐ ☐ ☐ ☐

[reset](#)

[Add Field](#)[Add Matrix of Fields](#)

   Matrix group: peak_neg

Over the past 2-3 months,

  Variable: peak_neg

Early March **mid Mar** **late Mar** **early April** **mid Apr** **late Apr** **early May** **now**

when was your peak negative emotion

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

[reset](#)

[Add Field](#)[Add Matrix of Fields](#)

   Variable: peak_neg_intense

How intense was that peak negative emotion?

☐ Low

☐ Moderate



☐ High

[reset](#)

[Add Field](#)[Add Matrix of Fields](#)

   Matrix group: peak_pos

Over the past 2-3 months,

  Variable: peak_pos






Early March **mid Mar** **late Mar** **early April** **mid Apr** **late Apr** **early May** **now**

when was your peak positive emotion

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

[reset](#)

Add Field
Add Matrix of Fields









Variable: peak_pos_intense

How intense was that peak positive emotion?



☐ Low
☐ Moderate
☐ High

reset

Add Field
Add Matrix of Fields




Matrix group: sustained_emo



Over the past 2-3 months,



Variable: sustained_neg

Early March
mid Mar
late Mar
early April
mid Apr
late Apr
early May
now

when was your most sustained period of negative emotion (check all that apply)



☐
☐
☐
☐
☐
☐
☐
☐



Variable: sustained_pos






when was your most sustained period of positive emotion (check all that apply)

☐
☐
☐
☐
☐
☐
☐
☐

Add Field
Add Matrix of Fields



OPTIONAL Free Response Questions






Add Field
Add Matrix of Fields






Variable: challenging_free

In 250 words or less, describe one of the most challenging moments from the past 8 weeks.

Expand

Add Field
Add Matrix of Fields











Variable: vivid_challenge
Branching logic: [challenging_free] <> "

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

reset

Add Field
Add Matrix of Fields











Variable: reexp_challenge
Branching logic: [challenging_free] <> "

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

reset

Add Field
Add Matrix of Fields












Variable: occarousing_challenge
Branching logic: [challenging_free] <> "

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field
Add Matrix of Fields













Variable: re arousing_challenge Branching logic: [challenging_free] <> "

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field
Add Matrix of Fields













Variable: important_challenge Branching logic: [challenging_free] <> "

How important do you think this event will be to you in 6 months?

☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important

reset

Add Field
Add Matrix of Fields












Variable: thirdper_challenge Branching logic: [challenging_free] <> "

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset







Add Field
Add Matrix of Fields






Variable: positive_free

In 250 words or less, describe one of the most positive moments from the past 8 weeks.

Expand

Add Field
Add Matrix of Fields













Variable: vivid_positive Branching logic: [positive_free] <> "

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

reset

Add Field
Add Matrix of Fields













Variable: reexp_positive Branching logic: [positive_free] <> "

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

reset

Add Field
Add Matrix of Fields













Variable: occarousing_positive Branching logic: [positive_free] <> "

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field
Add Matrix of Fields








Variable: re arousing_positive Branching logic: [positive_free] <> "

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

[Add Field](#) [Add Matrix of Fields](#)


 Variable: important_positive Branching logic: [positive_free] <> "

How important do you think this event will be to you in 6 months?

☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)


 Variable: thirdper_positive Branching logic: [positive_free] <> "

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

[reset](#)


[Add Field](#) [Add Matrix of Fields](#)

 Variable: mundane_free

In 250 words or less, describe one typical or mundane event (e.g. shopping, work, lines) that took on new meaning in the last 8 weeks

[Expand](#)

[Add Field](#) [Add Matrix of Fields](#)


 Variable: vivid_mundane Branching logic: [mundane_free] <> "

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)


 Variable: reexp_mundane Branching logic: [mundane_free] <> "

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)


 Variable: occarousing_mundane Branching logic: [mundane_free] <> "

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)


 Variable: refarousing_mundane Branching logic: [mundane_free] <> "

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

[reset](#)

[Add Field](#) [Add Matrix of Fields](#)

 Variable: important_mundane Branching logic: [mundane_free] <> "

How important do you think this event will be to you in 6 months?

☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important

[reset](#)

Add Field
Add Matrix of Fields

Variable: thirdper_mundane Branching logic: [mundane_free] <> "

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset

Add Field
Add Matrix of Fields

Variable: unusual_free

In 250 words or less, describe one moment that, to you, best reflects the unusual circumstances of these past several weeks.

Expand

Add Field
Add Matrix of Fields

Variable: vivid_unusual Branching logic: [unusual_free] <> "

How vivid is the memory?

☐ Extremely vague
☐ Fairly vague
☐ Fairly vivid
☐ Extremely vivid

reset

Add Field
Add Matrix of Fields

Variable: reexp_unusual Branching logic: [unusual_free] <> "

How much do you feel like you're re-experiencing or reliving the event when you think back on it?

☐ Not at all
☐ Somewhat
☐ Moderately
☐ Completely

reset

Add Field
Add Matrix of Fields

Variable: occarousing_unusual Branching logic: [unusual_free] <> "

How emotionally arousing was the event at the time of its occurrence?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field
Add Matrix of Fields

Variable: refarousing_unusual Branching logic: [unusual_free] <> "

How emotionally arousing is the memory as you now reflect on it?

☐ Completely neutral
☐ Fairly neutral
☐ Fairly arousing
☐ Completely arousing

reset

Add Field
Add Matrix of Fields

Variable: important_unusual Branching logic: [unusual_free] <> "

How important do you think this event will be to you in 6 months?

☐ Very unimportant
☐ Fairly unimportant
☐ Fairly important
☐ Very important

reset

Add Field
Add Matrix of Fields

Variable: thirdper_unusual Branching logic: [unusual_free] <> "

Do you (a) recall this from your own eyes or (b) see yourself as part of the scene?

☐ a) Recall this from my own eyes
☐ b) See myself as part of the scene

reset


Add Field

Add Matrix of Fields



 Matrix group: isi_start



ISI: For each question, please select the number that best describes your answer. Please rate the CURRENT (i.e. LAST 2 WEEKS) SEVERITY of your insomnia problem(s).



 Variable: isi_1



	None	Mild	Moderate	Severe	Very Severe
Difficulty falling asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset



 Variable: isi_2

	None	Mild	Moderate	Severe	Very Severe
Difficulty staying asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset



 Variable: isi_3

	None	Mild	Moderate	Severe	Very Severe
Problems waking up to early	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

reset

Add Field

Add Matrix of Fields







 Variable: isi_4

How SATISFIED/DISSATISFIED are you with your CURRENT sleep pattern?

- ☐ Very Satisfied
☐ Satisfied
☐ Moderately Satisfied
☐ Dissatisfied
☐ Very Dissatisfied

reset

Add Field

Add Matrix of Fields







 Variable: isi_5

How NOTICEABLE to others do you think your sleep problem is in terms of impairing the quality of your life?

- ☐ Not at all Noticeable
☐ A little
☐ Somewhat
☐ Much
☐ Very Much Noticeable

reset

Add Field

Add Matrix of Fields







 Variable: isi_6

How WORRIED/DISTRESSED are you about your current sleep problem?

- ☐ Not at all Worried
☐ A little
☐ Somewhat
☐ Much
☐ Very Much Worried

reset

Add Field

Add Matrix of Fields







 Variable: isi_7

To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g. daytime fatigue, mood, ability to function at work/daily chores, concentration, memory, mood, etc.) CURRENTLY?

- ☐ Not at all Interfering
☐ A little
☐ Somewhat
☐ Much
☐ Very Much Interfering

reset

Add Field

Add Matrix of Fields




Reduced MEQ

Add Field

Add Matrix of Fields






Variable: meq_1

What time would you get up if you were entirely free to plan your day?

- ☐ 5:00-6:30AM
☐ 6:30-7:45AM
☐ 7:45-9:45AM
☐ 9:45-11:00AM
☐ 11:00AM-12NOON
☐ 12NOON-5:00AM

reset

Add Field

Add Matrix of Fields






Variable: meq_2

During the first half--hour after you wake up in the morning, how tired do you feel?

- ☐ Very tired
☐ Fairly tired
☐ Fairly refreshed
☐ Very refreshed

reset

Add Field

Add Matrix of Fields






Variable: meq_3

At what time of day do you feel you become tired as a result of need for sleep?

- ☐ 8:00-9:00PM
☐ 9:00-10:15PM
☐ 10:15PM-12:45AM
☐ 12:45-2:00AM
☐ 2:00-3:00AM

reset

Add Field

Add Matrix of Fields






Variable: meq_4

At what time of the day do you think that you reach your "feeling best" peak?

- ☐ 5:00-8:00AM
☐ 8:00-10:00AM
☐ 10:00AM-5:00PM
☐ 5:00-10:00PM
☐ 10:00PM-5:00AM

reset

Add Field

Add Matrix of Fields






Variable: meq_5

One hears about "morning" and "evening" types of people. Which ONE of these types do you consider yourself to be?

- ☐ Definitely a "morning" type
☐ Rather more a "morning" than an "evening" type
☐ Rather more an "evening" than a "morning" type
☐ Definitely an "evening" type

reset



Add Field

Add Matrix of Fields




Matrix group: pss



Perceived Stress Scale: The questions in this scale ask you about your feelings and thoughts during the last month. In each case, you will be asked to indicate by circling how often you felt or thought a certain way.



Variable: pss_1

In the last month, how often have you been upset because of something that happened unexpectedly?

- | Never | Almost Never | Sometimes | Fairly Often | Very Often |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |


























reset





























Variable: pss_2

In the last month, how often have you felt that you were unable to control the important things in your life?

- | Never | Almost Never | Sometimes | Fairly Often | Very Often |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

reset

  Variable: pss_3					
In the last month, how often have you felt nervous and "stressed"?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pss_4					
In the last month, how often have you felt confident about your ability to handle your personal problems?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pss_5					
In the last month, how often have you felt that things were going your way?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pss_6					
In the last month, how often have you found that you could not cope with all the things that you had to do?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pss_7					
In the last month, how often have you been able to control irritations in your life?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pss_8					
In the last month, how often have you felt that you were on top of things?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pss_9					
In the last month, how often have you been angered because of things that were outside of your control?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: pss_10					
In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
Add Field Add Matrix of Fields					
   Matrix group: teq					
TEQ: Below is a list of statements. Please read each statement carefully and rate how frequently you feel or act in the manner described. Circle your answer on the response form. There are no right or wrong answers or trick questions. Please answer each question as honestly as you can.					
  Variable: teq_1					
	Never	Rarely	Sometimes	Often	Always
When someone else is feeling excited, I tend to get excited too.					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: teq_2					
Other people's misfortunes do not disturb me a great deal.					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					
  Variable: teq_3					
It upsets me to see someone being treated disrespectfully.					
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
reset					

  Variable: teq_4						
I remain unaffected when someone close to me is happy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_5						
I enjoy making other people feel better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_6						
I have tender, concerned feelings for people less fortunate than me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_7						
When a friend starts to talk about his/her problems, I try to steer the conversation towards something else.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_8						
I can tell when others are sad even when they do not say anything.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_9						
I find that I am "in tune" with other people's moods.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_10						
I do not feel sympathy for people who cause their own serious illnesses.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_11						
I become irritated when someone cries.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_12						
I am not really interested in how other people feel.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_13						
I get a strong urge to help when I see someone who is upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_14						
When I see someone being treated unfairly, I do not feel very much pity for them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_15						
I find it silly for people to cry out of happiness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset
  Variable: teq_16						
When I see someone being taken advantage of, I feel kind of protective towards him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	reset

[Add Field](#)
[Add Matrix of Fields](#)

