

Food Scanner App



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1. Introduction

Welcome to the Food Scanner App – an intelligent, AI-driven solution designed to instantly identify and classify food items through images. In today's fast-moving world, having quick and reliable insights into what we eat is more essential than ever. Whether you're a student exploring food data, a health enthusiast tracking your meals, or an eco-conscious individual aiming to eat nutritional food, this app serves as your smart companion in connecting food with awareness, action, and understanding.

Using advanced image recognition technology, the Food Scanner enables users to either capture or upload images of food items, which are then analyzed by a machine learning model trained on a wide range of food categories. Within seconds, the system provides accurate predictions about the identified food, along with valuable details such as weight estimation and nutritional information – including calories, carbohydrates, proteins, and fats – tailored to the specific use case.

2. System Requirements

To ensure smooth and optimal performance of the Food Scanner App, please make sure your device meets the following minimum system requirements:

Hardware Requirements:

- **Device:** Smartphone, tablet, laptop, or desktop computer
- **Camera:** Built-in or external camera (required for live food scanning)
- **RAM:** Minimum 2 GB (4 GB or more recommended for faster image processing)
- **Storage:** At least 200 MB of free space (for temporary image handling and cache)

Software Requirements:

Operating System:

Windows 10 or higher

macOS 10.12 or higher

Android 8.0+ / iOS 12+ (for mobile use)

Web Browser:

Google Chrome (recommended)

Mozilla Firefox, Microsoft Edge, or Safari (latest versions)

Internet Requirements:

Connection: Stable internet connection (Wi-Fi or mobile data)

Speed: Minimum 2 Mbps for quick uploads and model responses

(Offline version not supported in current release)

3. Installation and SetUp

To get started with the **Food Scanner App**, follow the installation and setup instructions below based on your usage:

- For developers:----
- For end users: simply opening a link (if deployed)

4.How to use app

Option 1: Upload Image

1. Click on Upload Image.
2. Choose an image from your device.
3. Click Upload and Run Model.
4. Predicted food class and nutrition facts and AI generated suggestions will be shown.

Option 2: Live Capture

1. Click Live Capture.
2. Allow camera permissions.
3. Point your camera at the food item.
4. Click Capture.
5. Predicted food class and nutrition facts and AI generated suggestions will be shown.

5.Understanding the results

Once the Food Scanner processes the uploaded or captured image, it provides a set of results that help users understand what was identified and how confident the model is in its prediction.

1. Predicted Food Item

This is the name or category of the food item detected in the image.

Example: “Banana”, “Pizza”, “Carrot”, etc.

The prediction is based on the visual features of the food in the image.

2.Nutrition Details Per Item

It contains nutritional information like calories,carbohydrates,proteins and fats along with weight of the food item in the form of table.

3.AI generated Suggestions

Our app delivers AI-powered personalized suggestions based on the nutrition facts extracted from the food.

6.Use Cases

1. Diet & Health Monitoring

Helps users track and monitor their calorie, protein, fat, and carbohydrate intake daily.

2. Quick Nutrition Check

- Instantly analyzes food through camera or image upload to give nutrition facts.
- Saves time for people who eat out often or consume packaged foods.

3. Family Health Tracker

- Parents can monitor children's food intake and ensure balanced meals.
- Senior citizens can be guided to maintain proper nutrition.

4. AI-Driven Suggestions

- Suggests healthier alternatives based on what the user is about to eat.
- Recommends portion sizes and balanced meal combinations.

5. Dietary Reports for Doctors/Nutritionists

- Users can export food logs and nutrient data for consultations.
- Helps professionals analyze eating patterns and make informed decisions.

7.Troubleshooting

If you encounter issues while using the Food Scanner App, refer to the common problems and solutions below to quickly resolve them.

1. App Not Loading or Crashing

Possible Cause: Slow internet, unsupported browser, or runtime errors.

Solution:

Refresh the page or restart the app.

Ensure you're using a supported browser (Google Chrome recommended).

If using Google Colab, restart the runtime and re-run all cells.

2. Image Not Uploading or Displaying

Possible Cause: Unsupported file type or large image size.

Solution:

Use standard image formats (JPG, PNG)

Keep image size below 5MB.

Check if camera/file access permissions are granted.

3. Model Not Giving Predictions

Possible Cause: Model not loaded properly or kernel error

Solution:

Re-run the cell or script that loads the model.

Ensure required files (e.g., .h5 model file) are in the correct path.

Check for any console or notebook errors.

4. Low Accuracy or Wrong Predictions

Possible Cause: Poor image quality or unsupported food item.

Solution:

Use clear, well-lit images with only one food item in focus.

Avoid backgrounds with clutter or mixed objects.

Try capturing from a different angle or distance.

5. Camera Not Working (Live Scan)

Possible Cause: Browser doesn't have camera access.

Solution:

Allow camera permissions in your browser settings.

Use a browser that supports camera input (e.g., Chrome or Firefox).

Refresh and try again.

8.Tips for Better Accuracy

1.Use Ideal distance between food and camera

Keep the distance between the plate and the camera around **25–30 cm** for accurate detection.

2.Use Top-view Angle

Ensure the camera is positioned in a **top view** (directly above the plate) for best accuracy.

3. Use Clear and Focused Images

Make sure the food item is in focus and well-lit.

Avoid blurry, pixelated, or overexposed photos.

4. Ensure Good Lighting

Natural daylight or bright indoor lighting works best.

Avoid shadows, reflections, or very dark environments.

5.Use Standard Image Formats

Upload images in formats like .jpg, .png, or .jpeg.

Avoid overly compressed or edited images.

6.Keep Background Simple

Place the food on a plain surface (like a white plate or table).

Avoid cluttered backgrounds, utensils, or packaging in the image.

7.Try Different Angles

If the first scan is incorrect, try taking the picture from a different angle or height.

Flat top-down or slightly angled shots often give better results.

8.Frequently Asked Questions (FAQ)

This section answers common questions users might have while using the Food Scanner App.

◆ **1.What is the ideal distance between the camera and the food plate for accurate detection?**

For the best results, we recommend maintaining a distance of **25–30 cm (approximately 10–12 inches)** between the camera and the food plate. This ensures the food is clearly visible and centered in the frame, which helps the AI model accurately detect and analyze the food items.

◆ **2.What does the Food Scanner App do?**

Our app allows users to capture or upload images of food items. It uses AI and image recognition to identify the food and provides nutrition facts like calories, carbohydrates, proteins, fats, and in some cases, even weight estimation.

◆ **3. What types of food can the app recognize?**

The app is trained to recognize a wide range of common food items like fruits, vegetables, fast food, snacks, and some traditional dishes. However, recognition may be limited for highly mixed or rare items not present in the training dataset.

◆ **4. Do I need an internet connection to use the app?**

Yes, an active internet connection is required, especially if you're using the app on Google Colab or a cloud-based platform. For local or offline use, you must download all model files and dependencies in advance.

◆ **5.Is my data or image stored anywhere?**

No. The app processes your image in real-time and does not store or share any user data unless explicitly programmed to do so. Your privacy is a priority.

◆ **6. Can the app handle multiple food items in one image**

Currently, the app is optimized for identifying one food item at a time. We recommend uploading or capturing individual food items for best results.

◆ **7. Can the app provide nutritional information?**

Yes, if enabled. The app can display estimated nutritional values like calories, carbs, protein, etc., based on the detected food item using a reference food database.

◆ **8. What should I do if the app gives the wrong result?**

Try retaking the image with better lighting and a clean background. Also, make sure only one food item is visible. If the issue persists, it could be a limitation in the model's training.

◆ **8. How can I contribute to improving the app?**

You can help by reporting incorrect predictions, sharing feedback, or contributing to the dataset/model if it's open-source. Contact the project team through the support section.

◆ **9. Is my data safe with this app?**

Absolutely. We don't store any personal images or user data unless explicitly allowed. Your privacy is important to us.

◆ **10. Does the app support regional or South Indian foods?**

We're continuously training the model with diverse food data including regional cuisines. Some South Indian dishes are already supported, and more are being added.

10.Limitations

- ◆ **1. Limited Dataset Coverage**

The model can only recognize food items it has been trained on.

Uncommon, regional, or mixed dishes may not be accurately identified.

- ◆ **2. Low Accuracy with Poor Image Quality**

Blurry, dark, or cluttered images can lead to incorrect predictions.

Background noise or multiple items in one photo may confuse the model.

- ◆ **3. Requires Internet Access (if cloud-based)**

For Colab or hosted versions, the app needs a stable internet connection.

Offline use is limited unless the model is fully integrated locally.

10. Contact and Support

-If any queries contact to this email: ____@gmail.com

-Phone number- xxxxxxxxx