

## DO/BE/FEEL List

Who	Do	BE	Feel	Concerns
A young student (lower primary)	Submit an emoji(happy, sad, stressful)	Able to express emotional state	Safe, understood	May not understand scale or feel shy to answer
An older student (upper primary or secondary)	Submit a 1–5 scale score with confidence	Honest and self-aware	Empowered, heard	May worry that low score means punishment
A student struggling emotionally	Use the app to signal they're not ready	Vulnerable but supported	Relieved someone knows	Unsure whether anyone will respond
A teacher	View individual and class reports of scores	Informed and responsive	Confident in supporting students	May be overwhelmed by too much data
A teacher	Use the app on iPad/desktop easily each morning	Efficient in routine check-ins	Supported, in control	Worried if app takes too long or crashes
A teacher	Compare score trends over time	Reflective and data-informed	Aware of class emotional flow	Unsure how to interpret some patterns
A school leader (e.g. year coordinator)	View readiness trends across classes/year levels	Strategically supportive	Connected to broader student wellbeing	Concerned about student anonymity
A developer / system maintainer	Ensure the app is simple and intuitive	Reliable in design delivery	Proud of enabling positive use	technically proud, but disconnected from real use cases