

**PREDICTION
OF DIABETES +
BY CLASSIFICATION
MODELS**

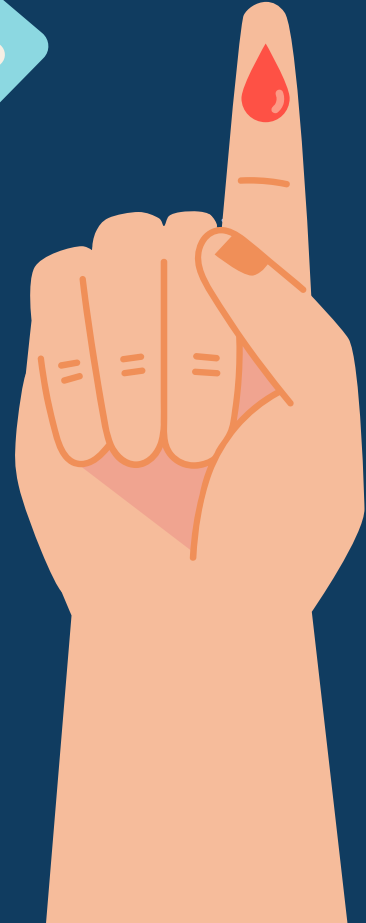




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01

**BACKGROUND
AND
MOTIVATION**



DIABETES AROUND THE WORLD IN 2021



DIABETES AROUND THE WORLD IN 2021:



537

million

adults are living with
diabetes



537 million adults (20-79 years) are living with diabetes - 1 in 10. This number is predicted to rise to 643 million by 2030 and 783 million by 2045.



3 in 4

adults with
diabetes

live in low- and
middle-income countries



Over 3 in 4 adults with diabetes live in low- and middle-income countries.



Diabetes is responsible for 6.7 million deaths in 2021 - 1 every 5 seconds.



6.7

million

deaths due to diabetes
in 2021



Diabetes caused at least U.S. 966 billion dollars in health expenditure – a 316% increase over the last 15 years.



541 million adults have Impaired Glucose Tolerance (IGT), which places them at high risk of type 2 diabetes.



● 02

EXPLORATORY DATA ANALYSIS





DATA INFORMATION



A dataset of **253,680** survey responses to the CDC's *The Behavioral Risk Factor Surveillance System* (BRFSS) 2015.

- **Target variable: Diabetes**
- **21 Feature Variables:**
 - **Categorical:**
 - 'HighBP', 'HighChol', 'CholCheck', 'Smoker', 'Stroke', 'HeartDiseaseorAttack', 'PhysActivity', 'Fruits', 'Veggies', 'HvyAlcoholConsump', 'AnyHealthcare', 'NoDocbcCost', 'GenHlth', 'DiffWalk', 'Sex', 'Age', 'Education', 'Income'
 - **Numerical:**
 - 'BMI', 'MentHlth', 'PhysHlth'



DATA CLEANING



1. CHECK DATA TYPES

2. HANDLE MISSING VALUES

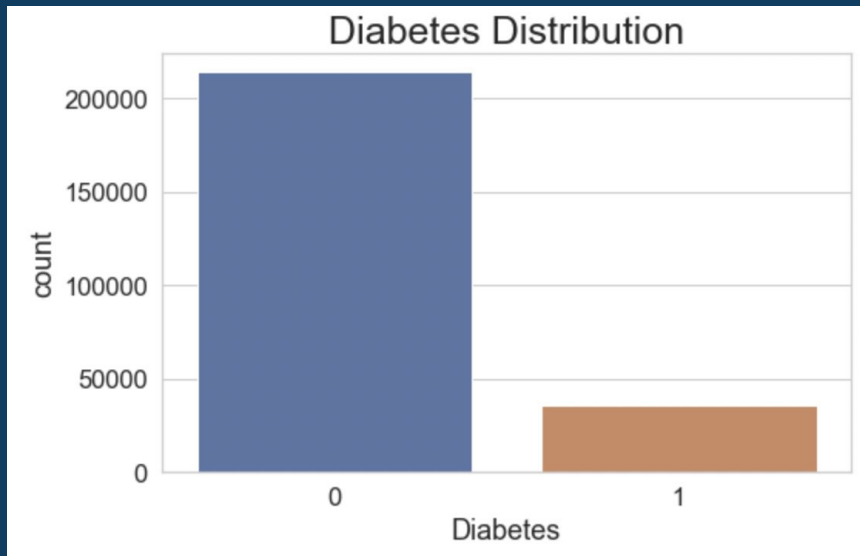
3. DROP UNNECESSARY FEATURES

| | |
|----------------------|---------|
| HighBP | float64 |
| HighChol | float64 |
| CholCheck | float64 |
| BMI | float64 |
| Smoker | float64 |
| Stroke | float64 |
| HeartDiseaseorAttack | float64 |
| PhysActivity | float64 |
| Fruits | float64 |
| Veggies | float64 |
| HvyAlcoholConsump | float64 |
| AnyHealthcare | float64 |
| NoDocbcCost | float64 |
| GenHlth | float64 |
| MentHlth | float64 |
| PhysHlth | float64 |
| DiffWalk | float64 |
| Sex | float64 |
| Age | float64 |
| Education | float64 |
| Income | float64 |

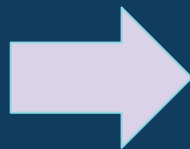


+ DATASET VISUALIZATION

TARGET VARIABLE: DIABETES



- 1 for diabetes
- 0 for no diabetes or only during pregnancy



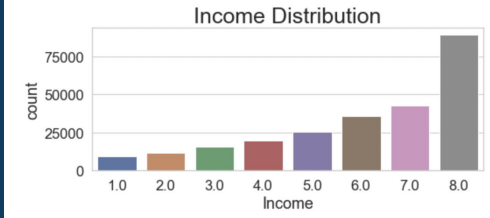
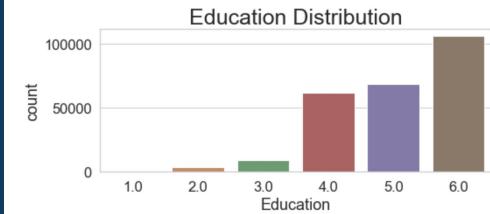
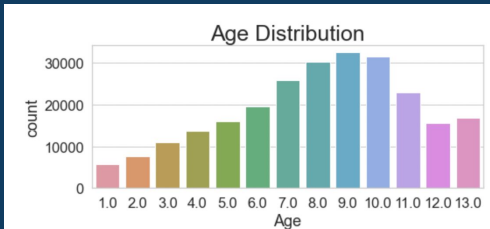
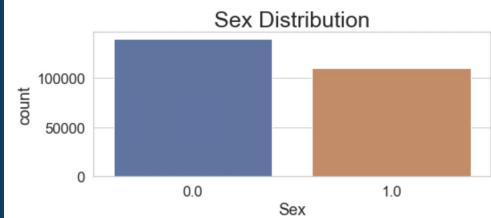
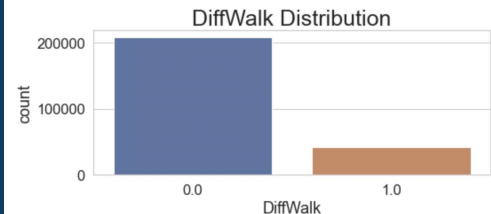
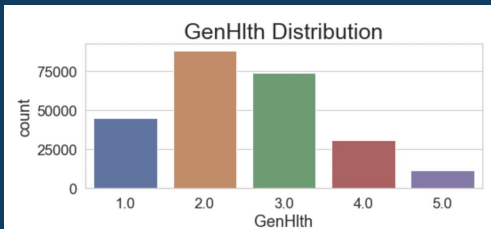
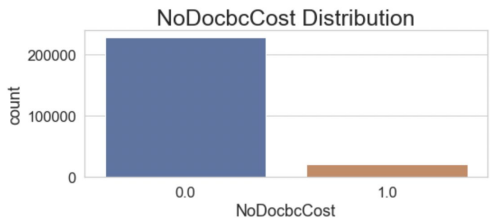
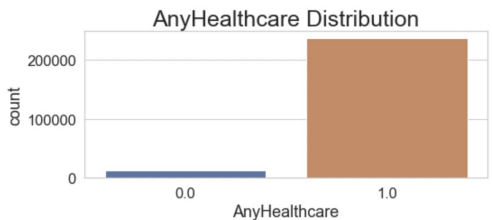
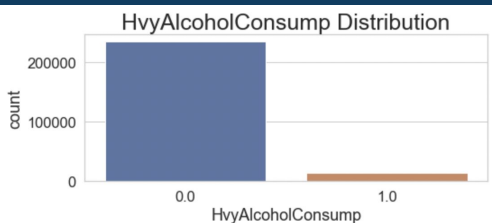
“There is class imbalance in this dataset.”



DATASET VISUALIZATION

CATEGORICAL VARIABLES

IMBALANCED



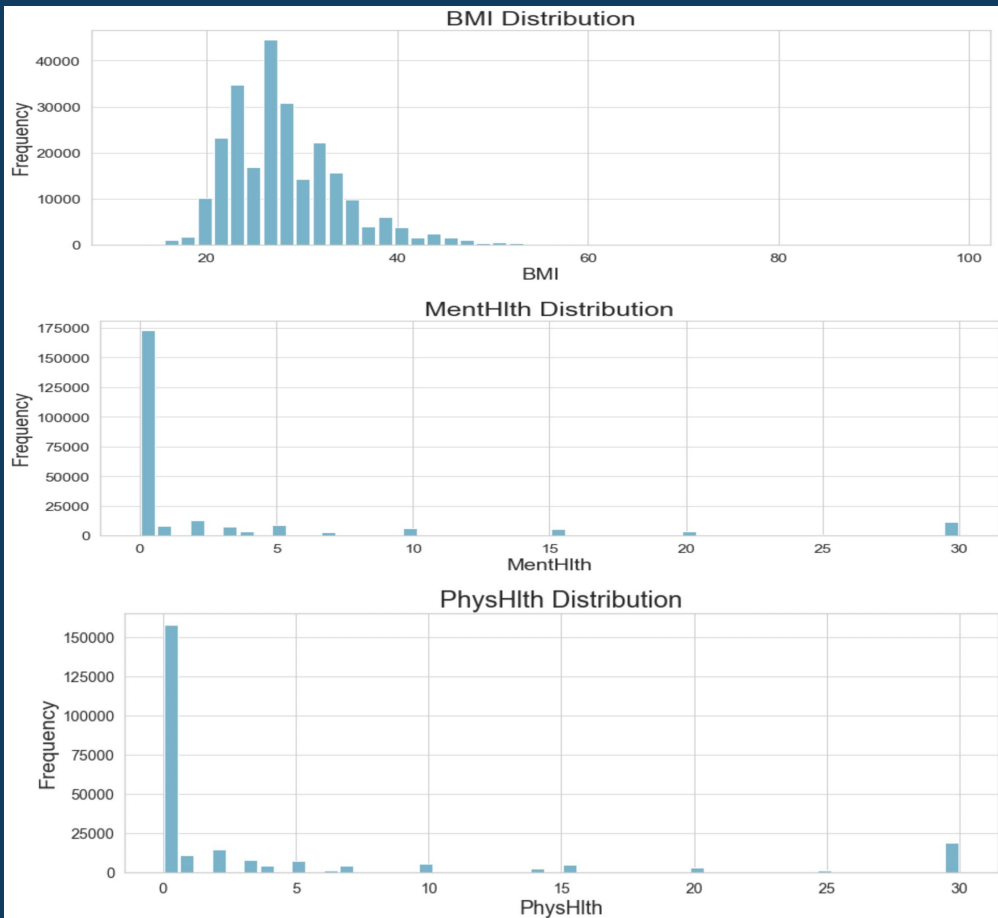
DATASET **VISUALIZATION** **NUMERICAL VARIABLES**



Right-skewed?



Log Transformation





EXAMINE RELATIONSHIP BETWEEN FEATURES AND DIABETES



For most categorical features,
the positive rates are significantly
different for different classes

| Diabetes | 0 | 1 | count | 0_rate | 1_rate |
|-----------|--------|-------|--------|----------|----------|
| HighBP | | | | | |
| 0.0 | 134391 | 8742 | 143133 | 0.938924 | 0.061076 |
| 1.0 | 79312 | 26604 | 105916 | 0.748820 | 0.251180 |
| HighChol | | | | | |
| 0.0 | 132673 | 11660 | 144333 | 0.919215 | 0.080785 |
| 1.0 | 81030 | 23686 | 104716 | 0.773807 | 0.226193 |
| CholCheck | | | | | |
| 0.0 | 9167 | 241 | 9408 | 0.974384 | 0.025616 |
| 1.0 | 204536 | 35105 | 239641 | 0.853510 | 0.146490 |

| Diabetes | 0 | 1 | count | 0_rate | 1_rate |
|----------|-------|-------|-------|----------|----------|
| GenHlth | | | | | |
| 1.0 | 43846 | 1140 | 44986 | 0.974659 | 0.025341 |
| 2.0 | 81489 | 6381 | 87870 | 0.927381 | 0.072619 |
| 3.0 | 60461 | 13457 | 73918 | 0.817947 | 0.182053 |
| 4.0 | 20755 | 9790 | 30545 | 0.679489 | 0.320511 |
| 5.0 | 7152 | 4578 | 11730 | 0.609719 | 0.390281 |



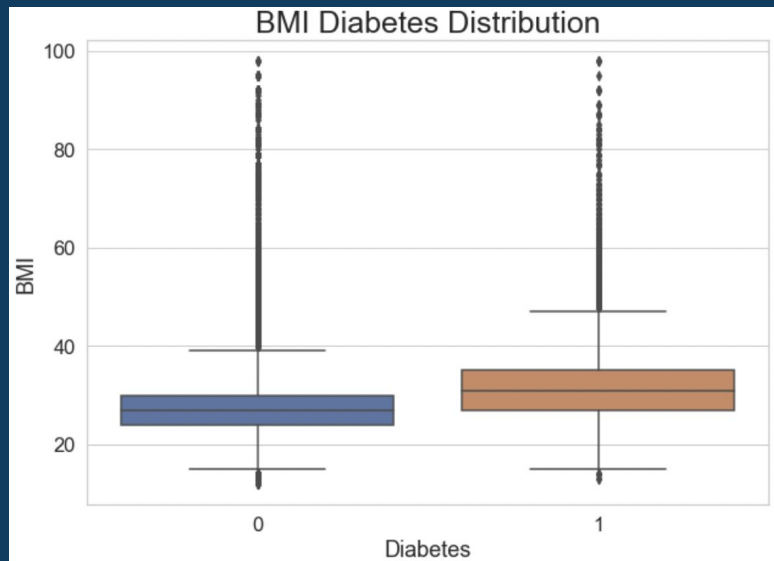
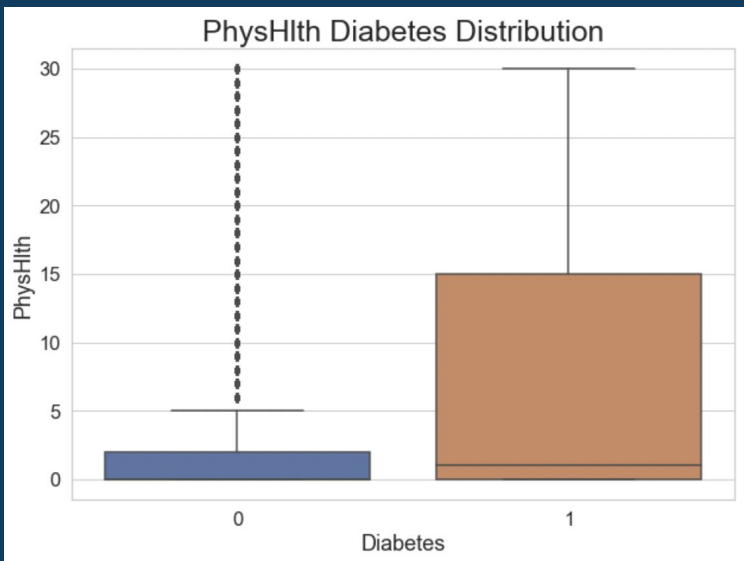


EXAMINE RELATIONSHIP BETWEEN FEATURES AND DIABETES

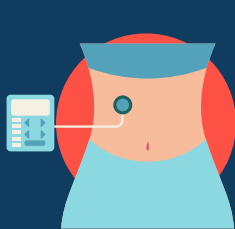


Similarly, for numerical features,

the distributions for 'diabetes' and 'no diabetes' are different.



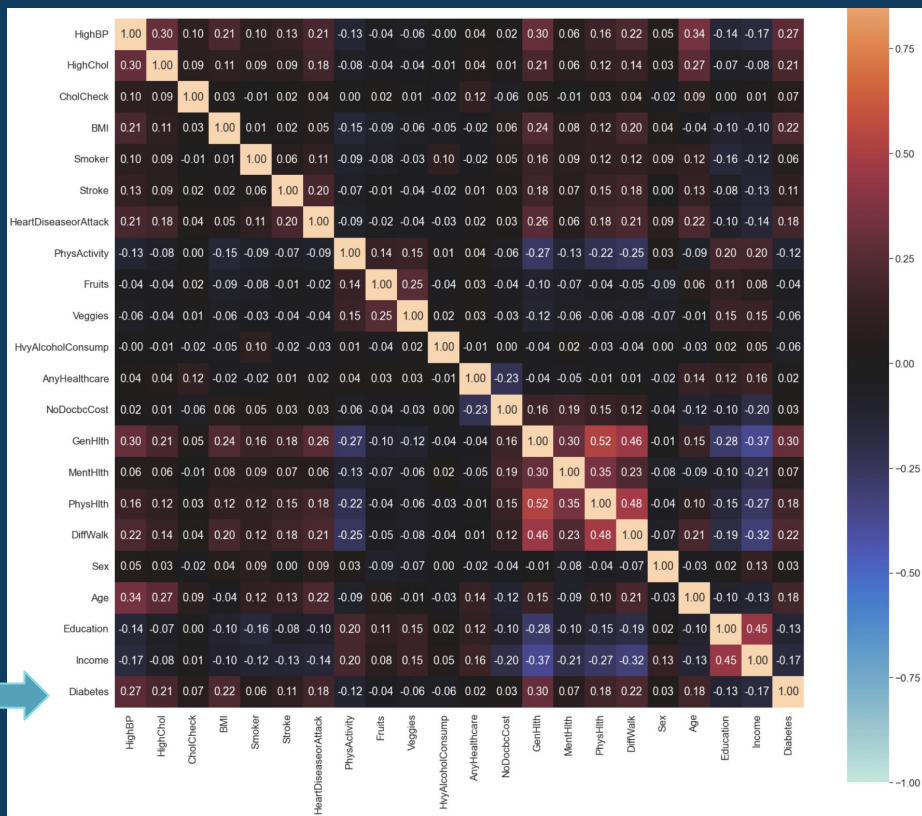
COMPUTE CORRELATION



If $\text{abs}(\text{correlation}) < 0.05$,

the feature is nearly
uncorrelated to diabetes.

Thus we drop those
features to increase the
efficiency of our model.



+

03

+

CLASSIFICATION MODELS





BACKGROUND INFORMATION



- Why we use classification?

Categorical data

- What is the result we should focus on?

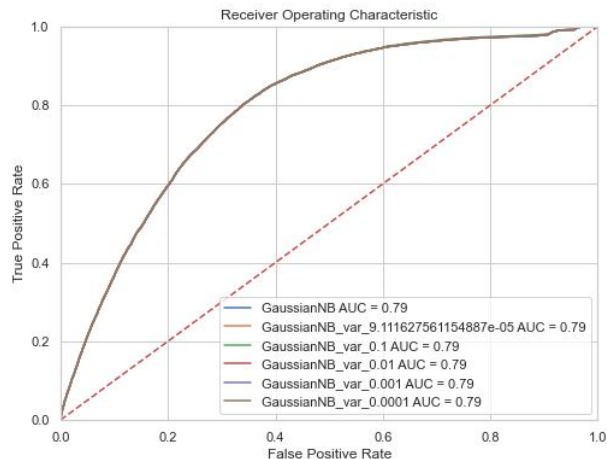
Recall instead of Accuracy

- What we do next for finding the best fitting

- Imbalanced dataset $\xrightarrow{\text{Under sample}}$ balanced dataset
- Hyperparameter tuning



NAIVE BAYES (GAUSSIAN)



- Select Parameter:

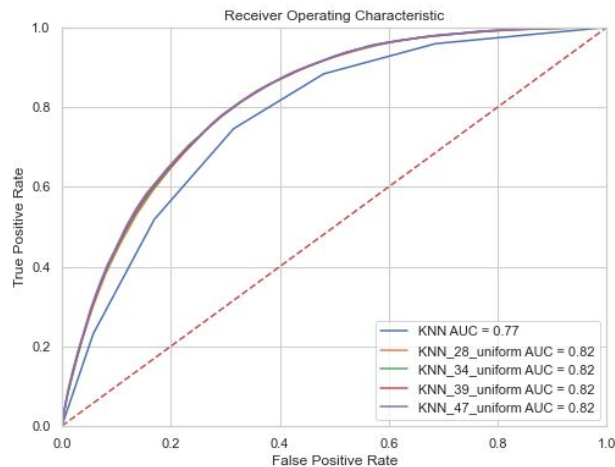
var_smoothing

- Best fitting:

var_smoothing = 9.11×10^{-5}

| | acc | precision | recall | f1 | auc |
|--------------------------------------|--------------------|---------------------|--------------------|---------------------|--------------------|
| GaussianNB | 0.7754400053536770 | 0.33311709373986400 | 0.581101471142965 | 0.42347604975603100 | 0.7887951618897770 |
| GaussianNB_var_9.111627561154887e-05 | 0.7754400053536770 | 0.33311709373986400 | 0.581101471142965 | 0.42347604975603100 | 0.7887962253861850 |
| GaussianNB_var_0.1 | 0.7841263467844480 | 0.339808640185561 | 0.5526216522067140 | 0.4208409637688970 | 0.7899960067254400 |
| GaussianNB_var_0.01 | 0.7764036672689550 | 0.33389590592334500 | 0.5783666540927950 | 0.4233742924202680 | 0.7889197608641100 |
| GaussianNB_var_0.001 | 0.7755203105132840 | 0.3331529971867560 | 0.5807242549981140 | 0.4234048404840480 | 0.7888077473327410 |
| GaussianNB_var_0.0001 | 0.7754266211604100 | 0.333081040168676 | 0.5810071671067520 | 0.4234218755369230 | 0.7887963062884010 |

K NEAREST NEIGHBOR

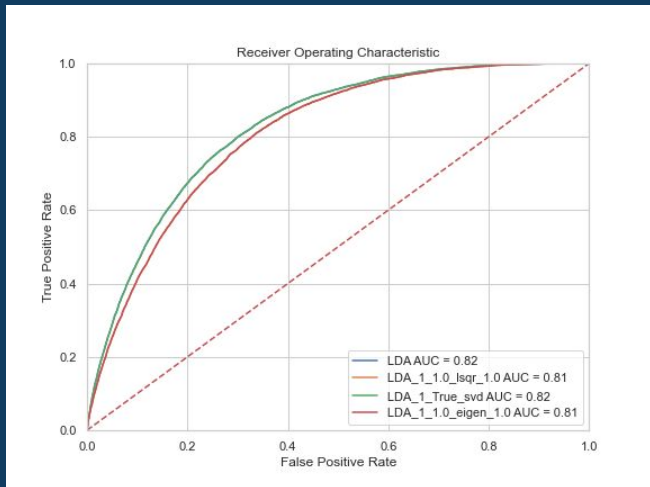


- Select Parameter:
N_neighbors, weighting, leaf_size
- Best fitting:
N_neighbors = 47
weighting = 'uniform'
leaf_size = 30

| | acc | precision | recall | f1 | auc |
|-----------------------|--------------------|---------------------|--------------------|---------------------|--------------------|
| KNN | 0.6934082848156330 | 0.2812488887308420 | 0.745850622406639 | 0.4084699806326660 | 0.7721542776317300 |
| KNN_28_uniform | 0.7160008030515960 | 0.30440390639395600 | 0.7789513391173140 | 0.43774344842205700 | 0.8153723688370760 |
| KNN_34_uniform | 0.7133105802047780 | 0.3028292256088670 | 0.7832893247831010 | 0.4367900715187210 | 0.8166289633900170 |
| KNN_39_uniform | 0.7030315197751460 | 0.2966149308237940 | 0.7965861938890990 | 0.4322706105112330 | 0.8174521456476890 |
| KNN_47_uniform | 0.7036873452452650 | 0.29732578978810100 | 0.797906450396077 | 0.43321983564168900 | 0.8188863352749880 |



LDA



- **Select Parameter:**

Solver, shrinkage, n_components, tol

- **Best fitting:**

Solver = 'lsqr' or 'eigen'

Tol = 1

shrinkage = 1

n_components = 1

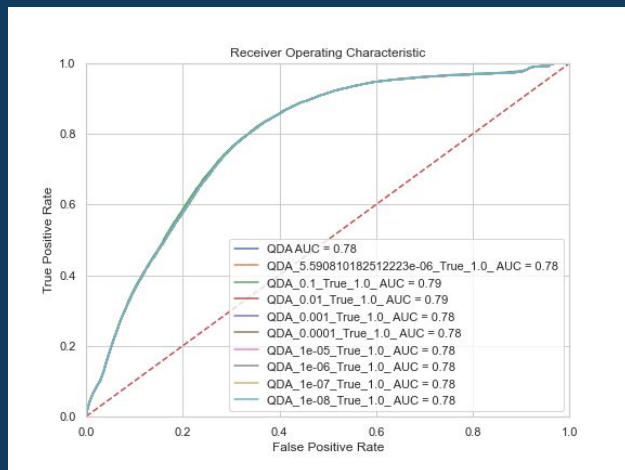
| | acc | precision | recall | f1 | auc |
|---------------------|----------|-----------|----------|----------|----------|
| LDA | 0.859533 | 0.511876 | 0.22152 | 0.309221 | 0.824735 |
| LDA_1_1.0_lsqr_1.0 | 0.812956 | 0.37861 | 0.495756 | 0.429336 | 0.807283 |
| LDA_1_True_svd | 0.859533 | 0.511876 | 0.22152 | 0.309221 | 0.824735 |
| LDA_1_1.0_eigen_1.0 | 0.812956 | 0.37861 | 0.495756 | 0.429336 | 0.807283 |





QDA

- Select Parameter:
Reg_param, store_covariance, tol
- Best fitting:
None

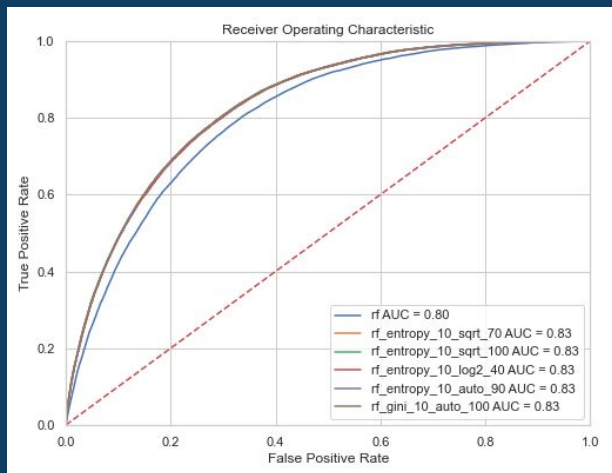


| | acc | precision | recall | f1 | auc |
|----------------------|----------|-----------|----------|----------|----------|
| QDA | 0.772121 | 0.324995 | 0.562335 | 0.411923 | 0.784898 |
| QDA_0.1_True_1.0_ | 0.782935 | 0.334979 | 0.537344 | 0.412689 | 0.787304 |
| QDA_0.01_True_1.0_ | 0.773258 | 0.32605 | 0.560072 | 0.412159 | 0.785137 |
| QDA_0.001_True_1.0_ | 0.772268 | 0.325151 | 0.562146 | 0.411998 | 0.784922 |
| QDA_0.0001_True_1.0_ | 0.772134 | 0.325012 | 0.562335 | 0.411937 | 0.7849 |
| QDA_1e-05_True_1.0_ | 0.772121 | 0.324995 | 0.562335 | 0.411923 | 0.784898 |





RANDOM FOREST CLASSIFICATION



- **Select Parameter:**

Criterion, Max_depth, Max_features,
N_estimators

- **Best fitting:**

Criterion = 'gini'

Max_depth = 10

Max_features = 'auto'

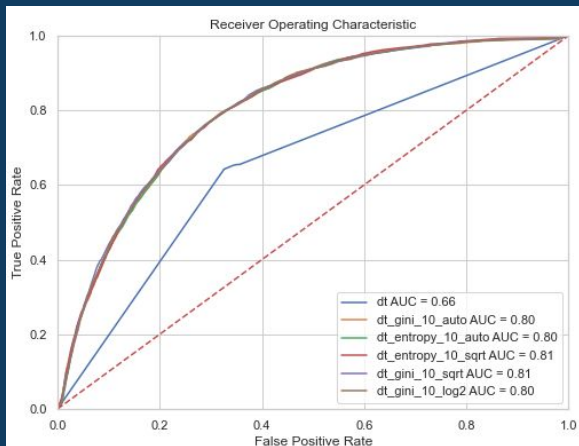
N_estimators = 100

| | acc | precision | recall | f1 | auc |
|------------------------|-------------|-------------|-------------|-------------|-------------|
| rf | 0.707970287 | 0.29577157 | 0.765843078 | 0.426736029 | 0.804858346 |
| rf_entropy_10_sqrt_70 | 0.724365924 | 0.313271028 | 0.790267823 | 0.448680195 | 0.831782696 |
| rf_entropy_10_sqrt_100 | 0.725102054 | 0.314153167 | 0.791870992 | 0.449843302 | 0.832079969 |
| rf_entropy_10_log2_40 | 0.724620224 | 0.313284147 | 0.788853263 | 0.448465353 | 0.831270703 |
| rf_entropy_10_auto_90 | 0.723536104 | 0.31289554 | 0.792625424 | 0.448673464 | 0.831951313 |
| rf_gini_10_auto_100 | 0.72352272 | 0.313314763 | 0.795548849 | 0.449572331 | 0.832108292 |





DECISION TREE CLASSIFICATION



- **Select Parameter:**
Criterion, Max_depth, Max_features

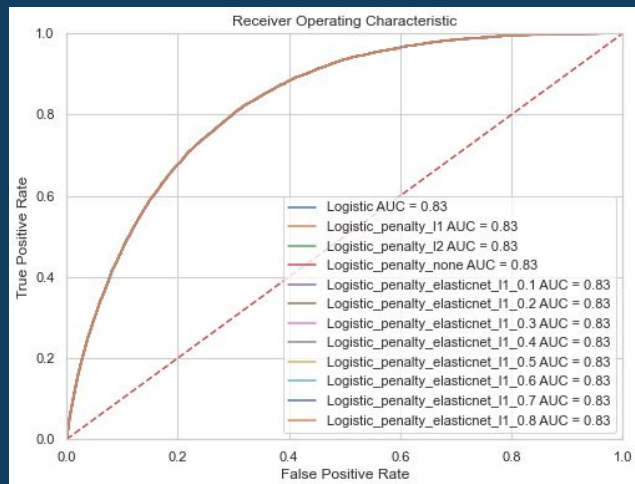
- **Best fitting:**
Criterion = 'entropy' Max_depth = 10
Max_features = 'auto'

| | acc | precision | recall | f1 | auc |
|--------------------|-------------|-------------|-------------|-------------|-------------|
| dt | 0.668152312 | 0.245095926 | 0.643342135 | 0.354961236 | 0.656998475 |
| dt_gini_10_auto | 0.707823061 | 0.297364621 | 0.776782346 | 0.430085631 | 0.804287408 |
| dt_entropy_10_auto | 0.697771532 | 0.291115839 | 0.787061486 | 0.425024826 | 0.802898349 |
| dt_entropy_10_sqrt | 0.708452118 | 0.297092242 | 0.771784232 | 0.429032004 | 0.805195642 |
| dt_gini_10_sqrt | 0.712052466 | 0.299536969 | 0.768672199 | 0.43108737 | 0.805426072 |
| dt_gini_10_log2 | 0.718409958 | 0.30322459 | 0.758204451 | 0.433201325 | 0.803765153 |





LOGISTIC REGRESSION



- Select Parameter:
Several regularization
- Best fitting:
None

| | acc | precision | recall | f1 | auc |
|------------------------------------|----------|-----------|----------|----------|----------|
| Logistic | 0.862344 | 0.547655 | 0.172859 | 0.262777 | 0.827302 |
| Logistic_penalty_l1 | 0.862344 | 0.547683 | 0.172765 | 0.262671 | 0.827302 |
| Logistic_penalty_l2 | 0.862357 | 0.547818 | 0.172859 | 0.262796 | 0.827302 |
| Logistic_penalty_none | 0.862344 | 0.547655 | 0.172859 | 0.262777 | 0.827302 |
| Logistic_penalty_elasticnet_l1_0.1 | 0.862344 | 0.547683 | 0.172765 | 0.262671 | 0.827302 |



SVC

- **Select Parameter:**

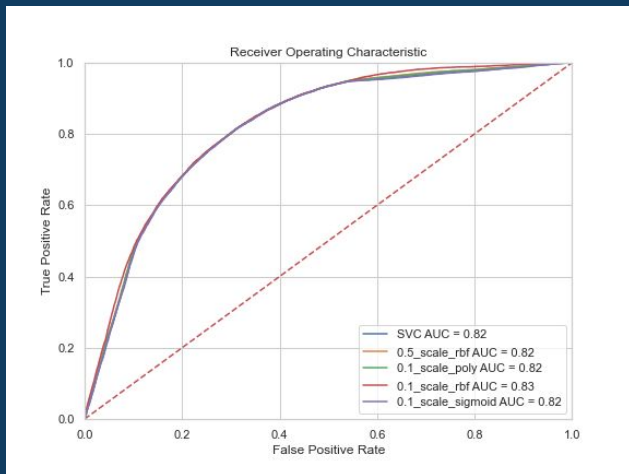
C, Gamma, Kernel

- **Best fitting:**

C = 0.1

Gamma = 'scale'

Kernel = 'rbf'



| | acc | precision | recall | f1 | auc |
|-------------------|--------------|--------------|--------------|--------------|--------------|
| SVC | 0.7109683464 | 0.3045210401 | 0.807336854 | 0.4422346773 | 0.8180997922 |
| 0.5_scale_rbf | 0.7105534364 | 0.3043524567 | 0.8084685025 | 0.4422263489 | 0.8207670206 |
| 0.1_scale_poly | 0.7095228535 | 0.3034670822 | 0.8080912863 | 0.4412347777 | 0.8197418291 |
| 0.1_scale_rbf | 0.7079569029 | 0.3029238122 | 0.8129007922 | 0.4413722478 | 0.8258717651 |
| 0.1_scale_sigmoid | 0.7108077361 | 0.3043772002 | 0.80724255 | 0.4420688409 | 0.8169414269 |

04

CONCLUSIONS



MODEL SELECTION

- Choose recall score as our primary criterion. Because we want to know the number of accurate predictions within all people with diabetes.
- SVC is the best in terms of recall scores.
- Considering training time and performance, we prefer random forest



| | acc | precision | recall | f1 | auc | train_time | predict_time |
|--------------------------|----------|-----------|----------|----------|----------|------------|--------------|
| SVC_best | 0.711397 | 0.304938 | 0.807808 | 0.442745 | 0.818521 | 674.642445 | 382.396422 |
| KNN_best | 0.703152 | 0.297165 | 0.799604 | 0.433298 | 0.818462 | 0.003280 | 97.878076 |
| QDA_best | 0.686783 | 0.283978 | 0.793286 | 0.418237 | 0.784127 | 0.036154 | 0.029693 |
| RandomForest_best | 0.72446 | 0.313757 | 0.793003 | 0.449619 | 0.831344 | 1.638924 | 0.793561 |
| DecisionTree_best | 0.706873 | 0.297014 | 0.779423 | 0.430122 | 0.807748 | 0.027780 | 0.012291 |
| Logistic_best | 0.736131 | 0.321346 | 0.772727 | 0.453923 | 0.827844 | 0.936724 | 0.004051 |
| GaussianNB_best | 0.724875 | 0.302289 | 0.717465 | 0.425361 | 0.788483 | 0.013829 | 0.022791 |
| LDA_best | 0.751482 | 0.323305 | 0.687099 | 0.43971 | 0.807442 | 0.076563 | 0.002063 |



IN REAL WORLD

- Using ML techniques to predict diabetes risk have received wide attention (Quan Zou, 2018).
- ML models are efficient and effective in prevention.





FURTHER WORK

- We can further explore time series data to analyze the accumulation effects.
- ML models are powerful in predictions. But we need causation effects for diagnosis.
- Need cross section data to improve the generalization ability.





THANKS!

Any questions?

Citation

1. *Diabetes Around the World in 2021*, <https://diabetesatlas.org/>
2. *Predicting Diabetes Mellitus With Machine Learning*, Quan Zou, 2018, <https://www.frontiersin.org/articles/10.3389/fgene.2018.00515/full>
3. **Data Resources:** <https://www.kaggle.com/datasets/alexteboul/diabetes-health-indicators-dataset>
4. **PPT Template :** created by Slidesgo, including icons by Flaticon and infographics & images by Freepik