



# What is life? – The Free Energy Principle and Active Inference

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# Battleplan

- Premise
- NESS and Biology
- Relation to Bayes
- Markov Blankets
- Bayesian brain hypothesis
- Free Energy Revisited
- Sample structures
- “This goes to 11!”

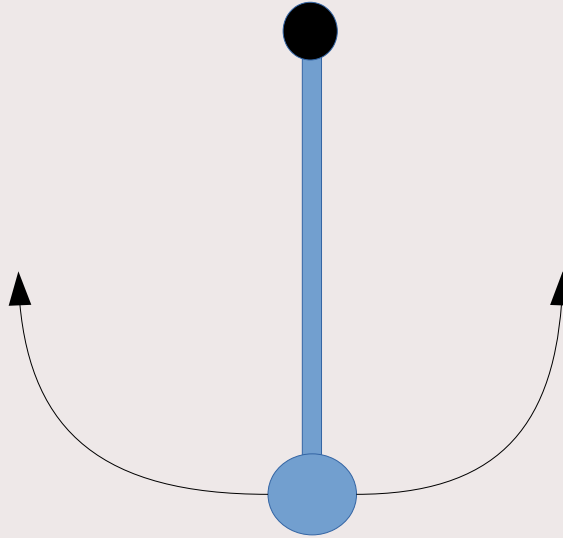




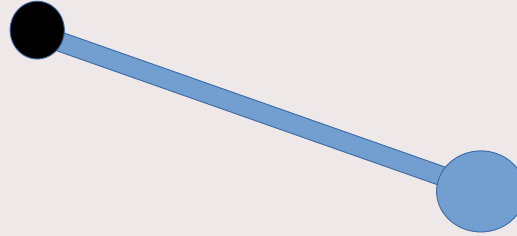
# Premise



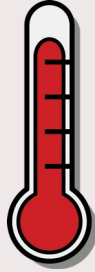
# Equilibria



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# Equilibria



# Bayes?

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$$p(\text{🌡️}) = (\text{Target}) \text{ Prior}$$

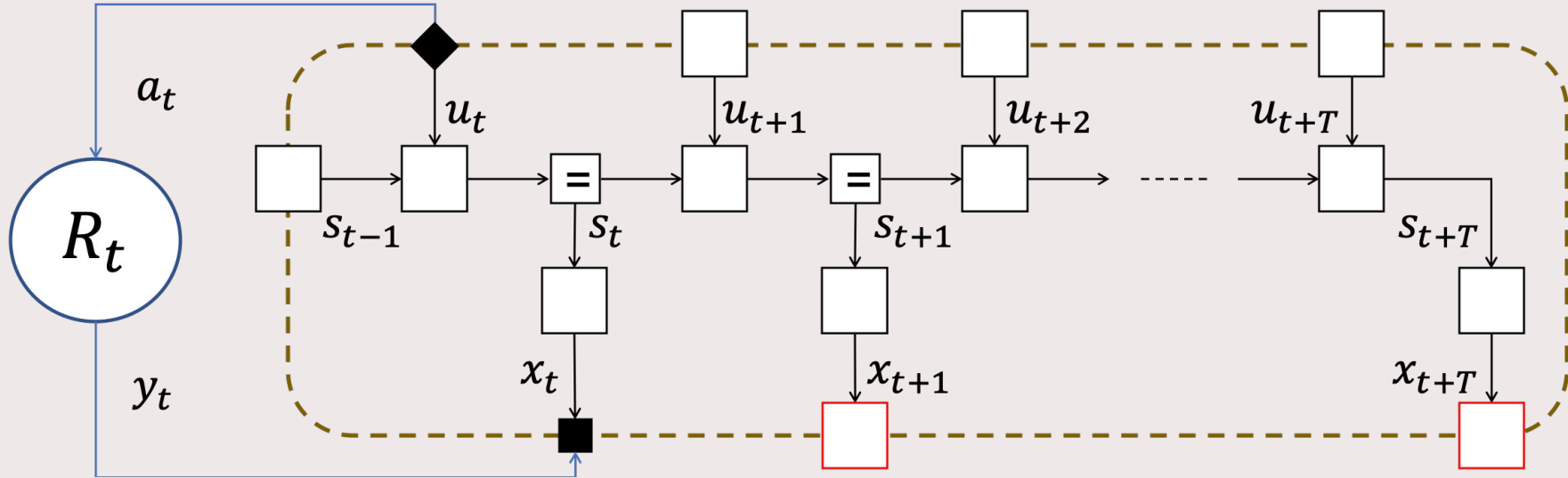


# Bayes?

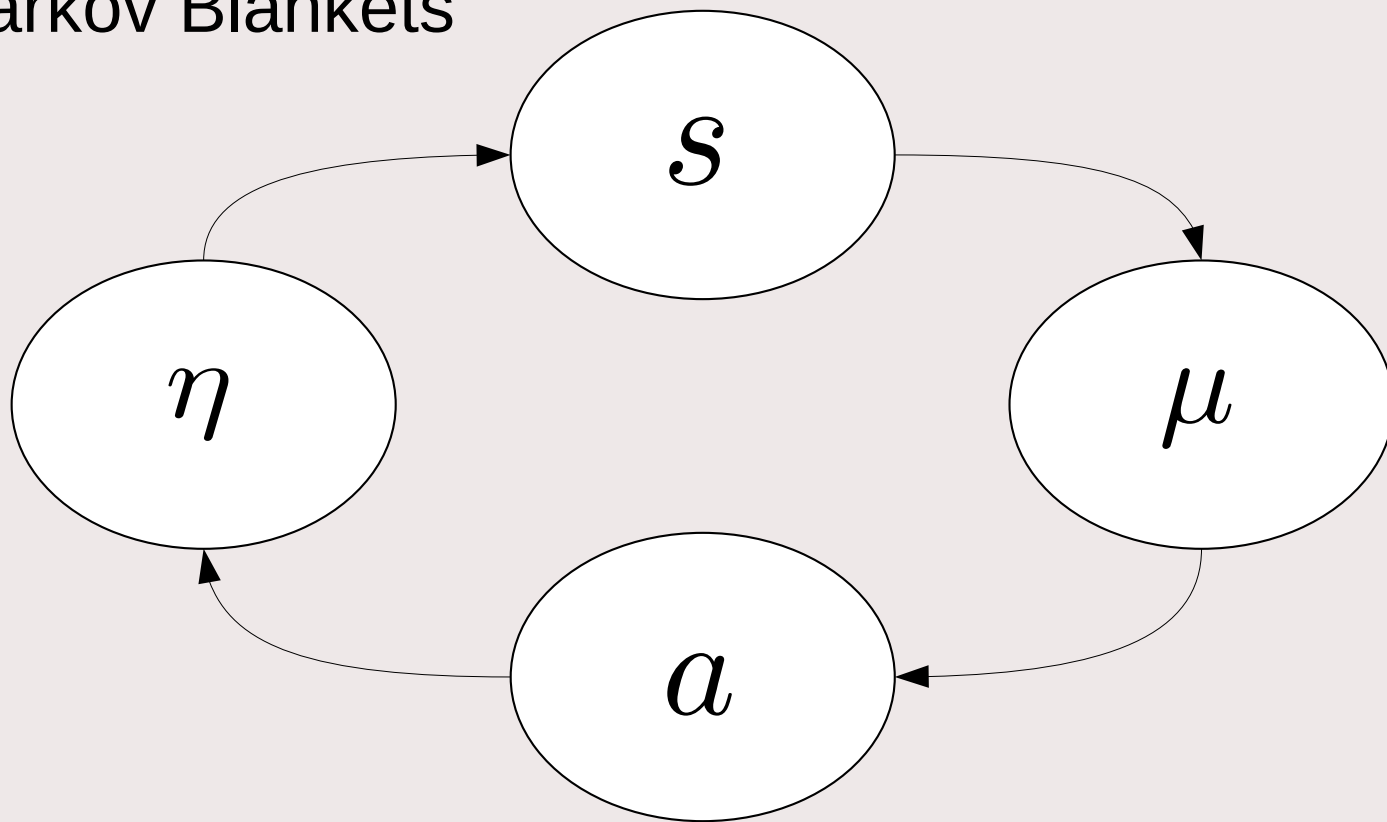
$p(\text{🌡️}) = (\text{Target}) \text{ Prior}$

$q(\text{🌡️}) = \text{Posterior}$

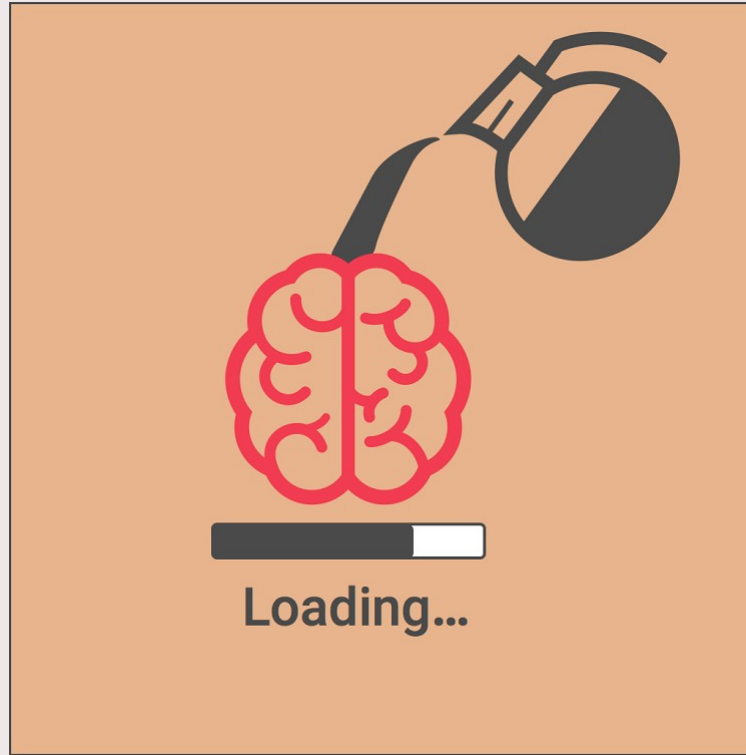
# Markov Blankets



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# Break time



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# The Bayesian Brain

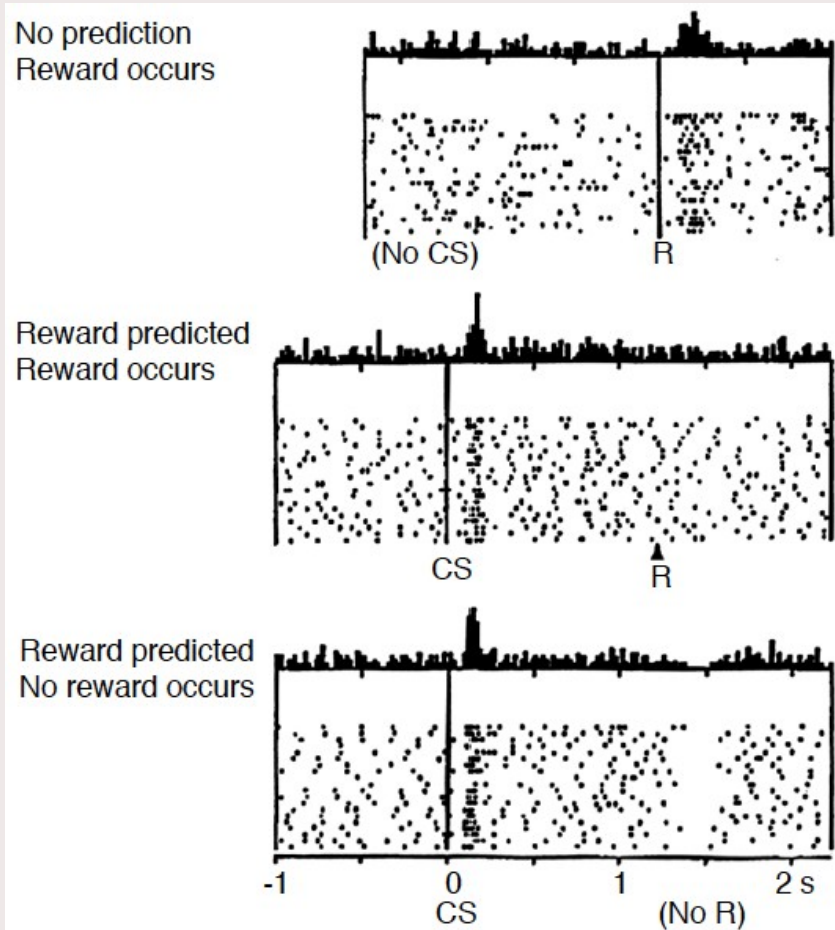
*“Perception is inference of the causes of observed impressions upon our sensorium!”\**





## Do dopamine neurons report an error in the prediction of reward? \*

# The Bayesian Brain



\*Figure reproduced from Schultz, Dayan and Montague, 1997, *A Neural Substrate of Prediction and Reward*

# Free Energy

$$F = \int q(s|u) \log \frac{q(s|u)}{p(x, s|u)} ds$$

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Control states

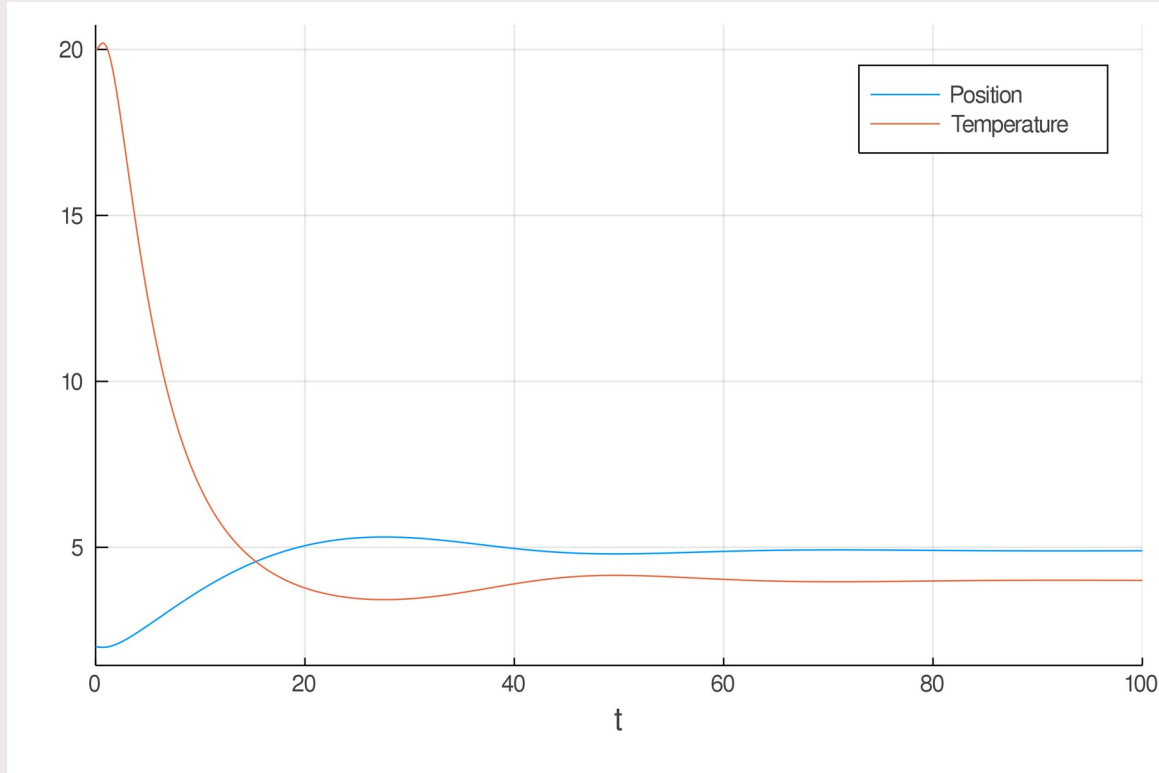
Hidden states

Observations

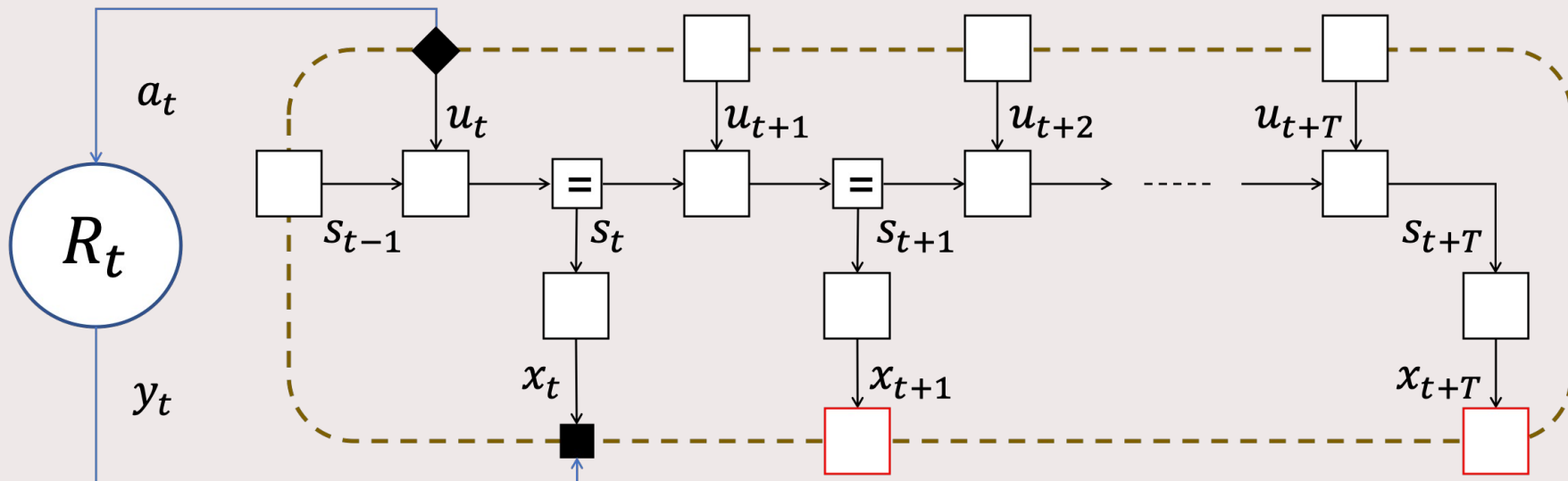
# Free Energy

$$F = \int q(s|u) \left[ \underbrace{\log \frac{q(s|u)}{p(s|u)}}_{\text{Complexity}} - \underbrace{\log p(x|s)}_{\text{Accuracy}} \right] ds$$

# Free Energy



# Introducing the future





# Free Energy revisited

$$G = \underbrace{\int \int q(x|s) \left[ \underbrace{q(s|u) \log \frac{q(s|u)}{p(x, s|u)} \mathrm{d}s}_F \right] \mathrm{d}x}_{\text{Expectation of } F}$$

# Free Energy revisited

$$G = \iint q(x|s) \left[ q(s|u) \log \frac{q(s|u)}{p(s|x, u)} - \log p(x) \right] ds dx$$

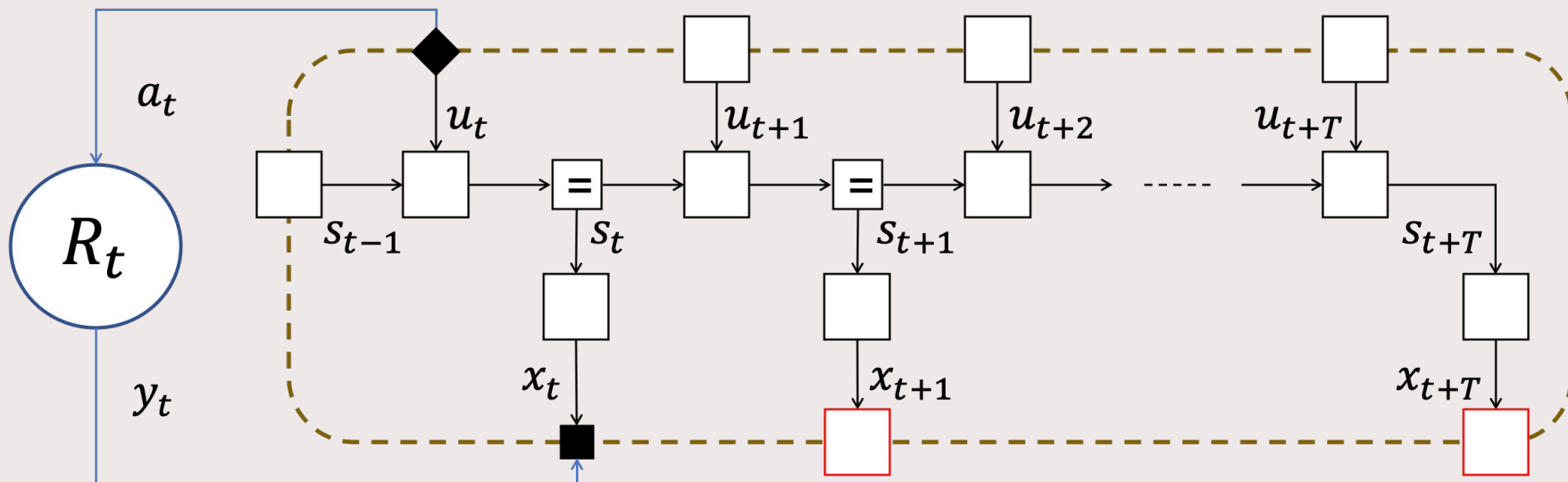
# Free Energy revisited

$$G = \underbrace{\iint q(x, s|u) \log \frac{q(s|u)}{p(s|x, u)} ds dx}_{\text{"Information Gain"}} - \underbrace{\iint q(x, s|u) \log p(x) ds dx}_{\text{Crossentropy}}$$

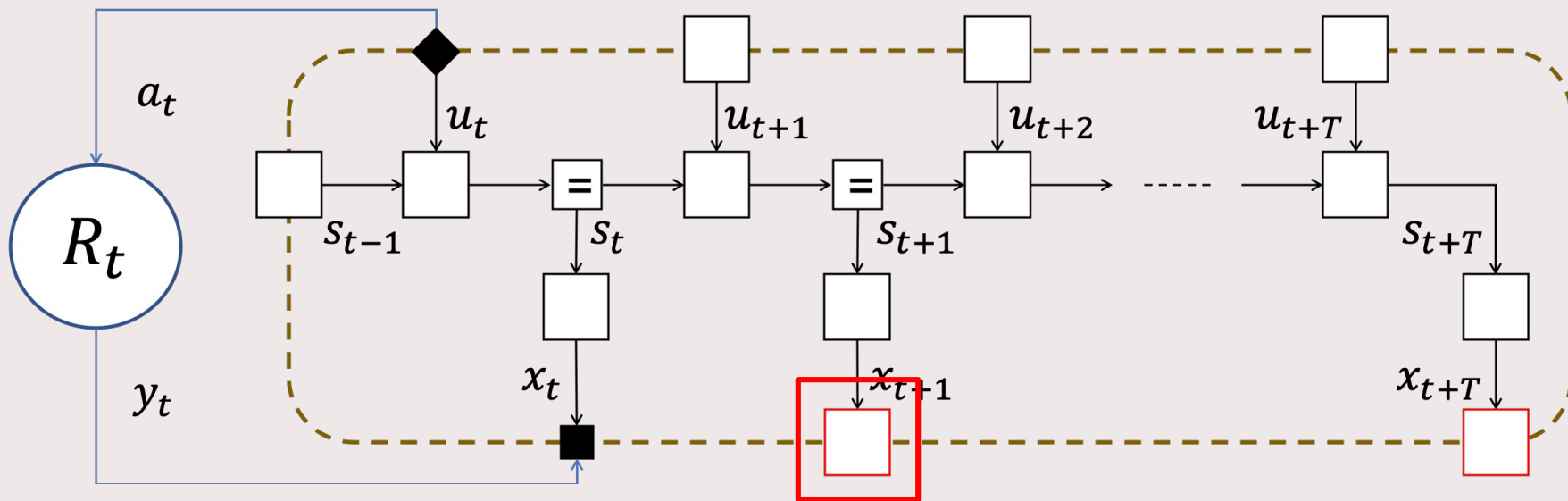
# Free Energy revisited

$$G = \underbrace{\iint q(x, s|u) \log \frac{q(s|u)}{p(s|x, u)} ds dx}_{\text{Epistemic Value}} - \underbrace{\iint q(x, s|u) \log p(x) ds dx}_{\text{Instrumental Value}}$$

This one goes to 11!

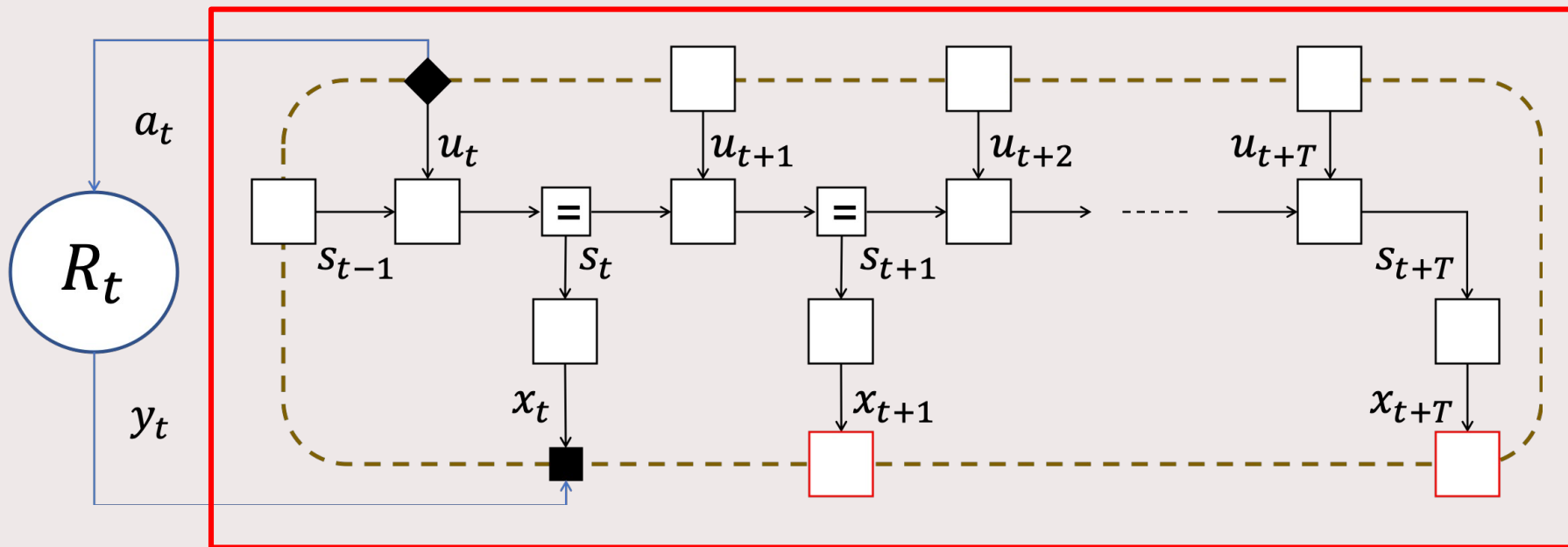


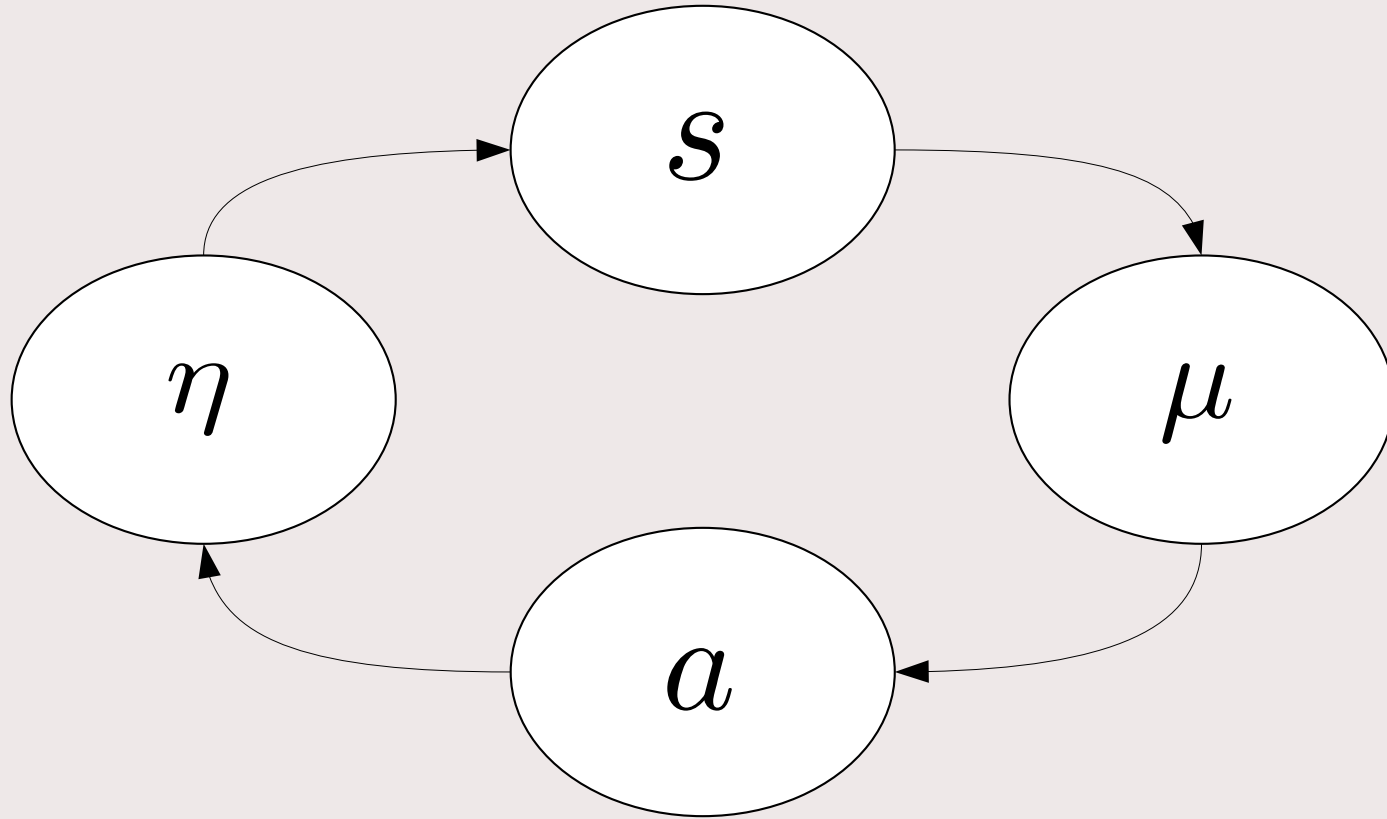
This one goes to 11!

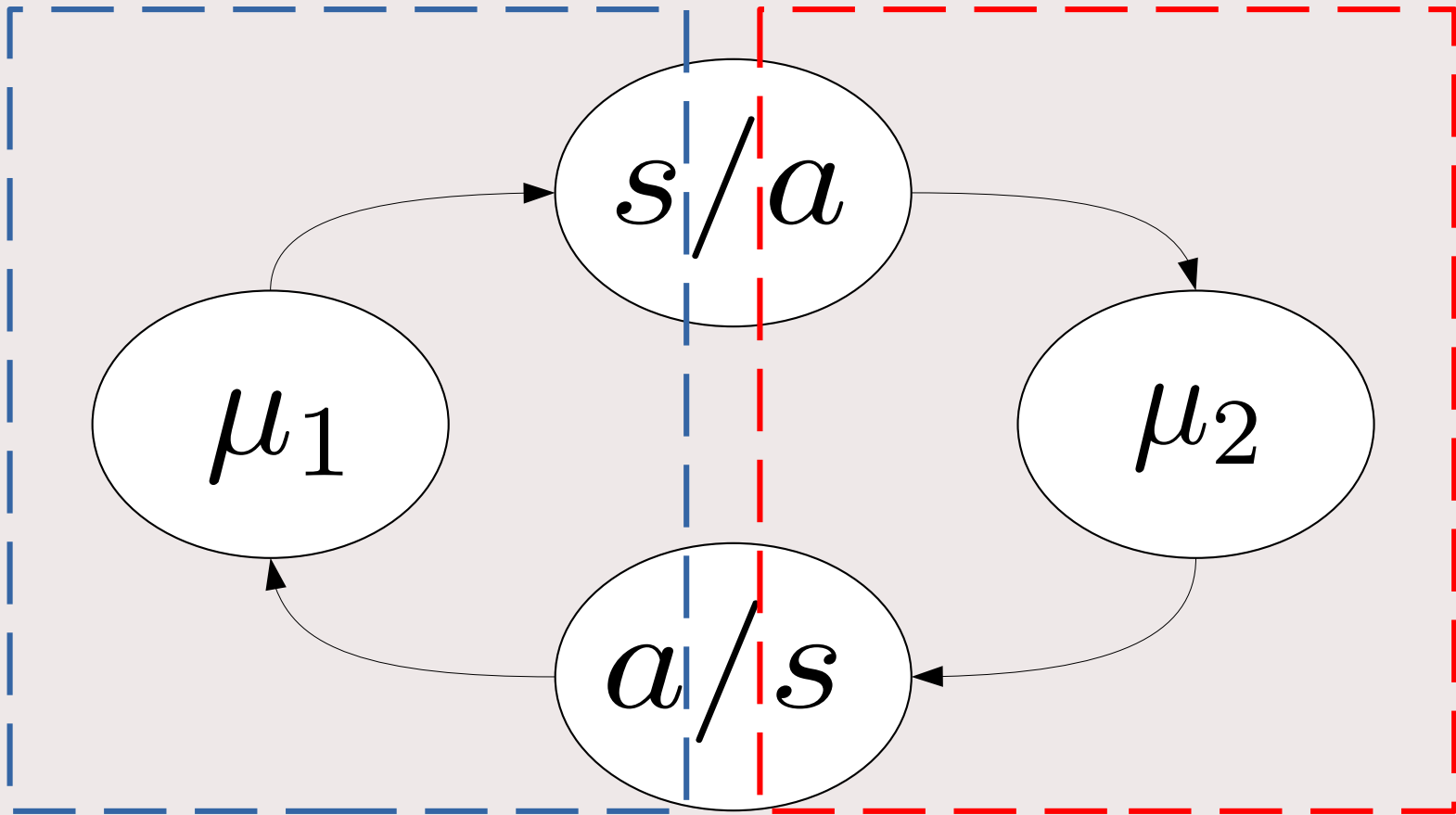




This one goes to 11!







# Further Reading

## **Lighthearted:**

Sean Carroll – What is the purpose of life? (YT)

Kai Ueltzhoffer – Life and the Second Law (Blog)

Maxwell Ramstead – A Tutorial on Active Inference (YT)

## **Research Papers:**

Christopher Buckley – A Mathematical Review

Karl Friston – A Rough guide to the brain

Karl Friston – Knowing one's place

Karl Friston – Free Energy, Value and Attractors

## **Here be dragons...**

Karl Friston – A Free Energy Principle for a Particular Physics