



What is life? – The Free Energy Principle and Active Inference

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Battleplan

- Premise
- NESS and Biology
- Relation to Bayes
- Markov Blankets

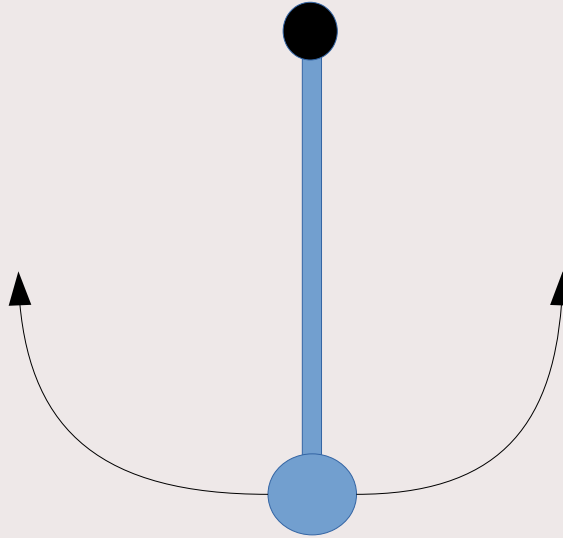
- Bayesian brain hypothesis
- Free Energy Revisited
- Sample structures
- “This goes to 11!”



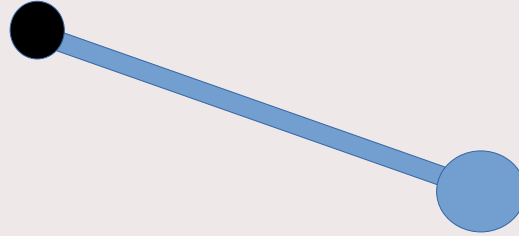
Premise



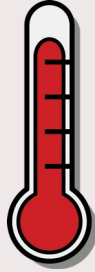
Equilibria



Equilibria



Equilibria



Bayes?

Bayes?

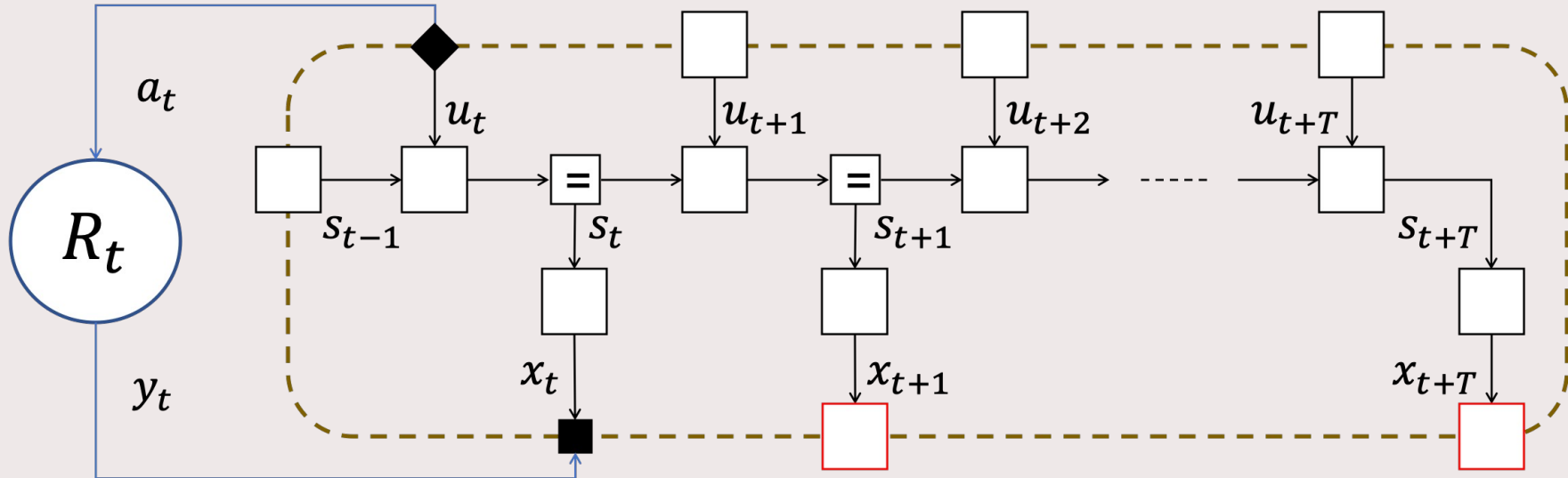
$$p(\text{🌡️}) = (\text{Target}) \text{ Prior}$$

Bayes?

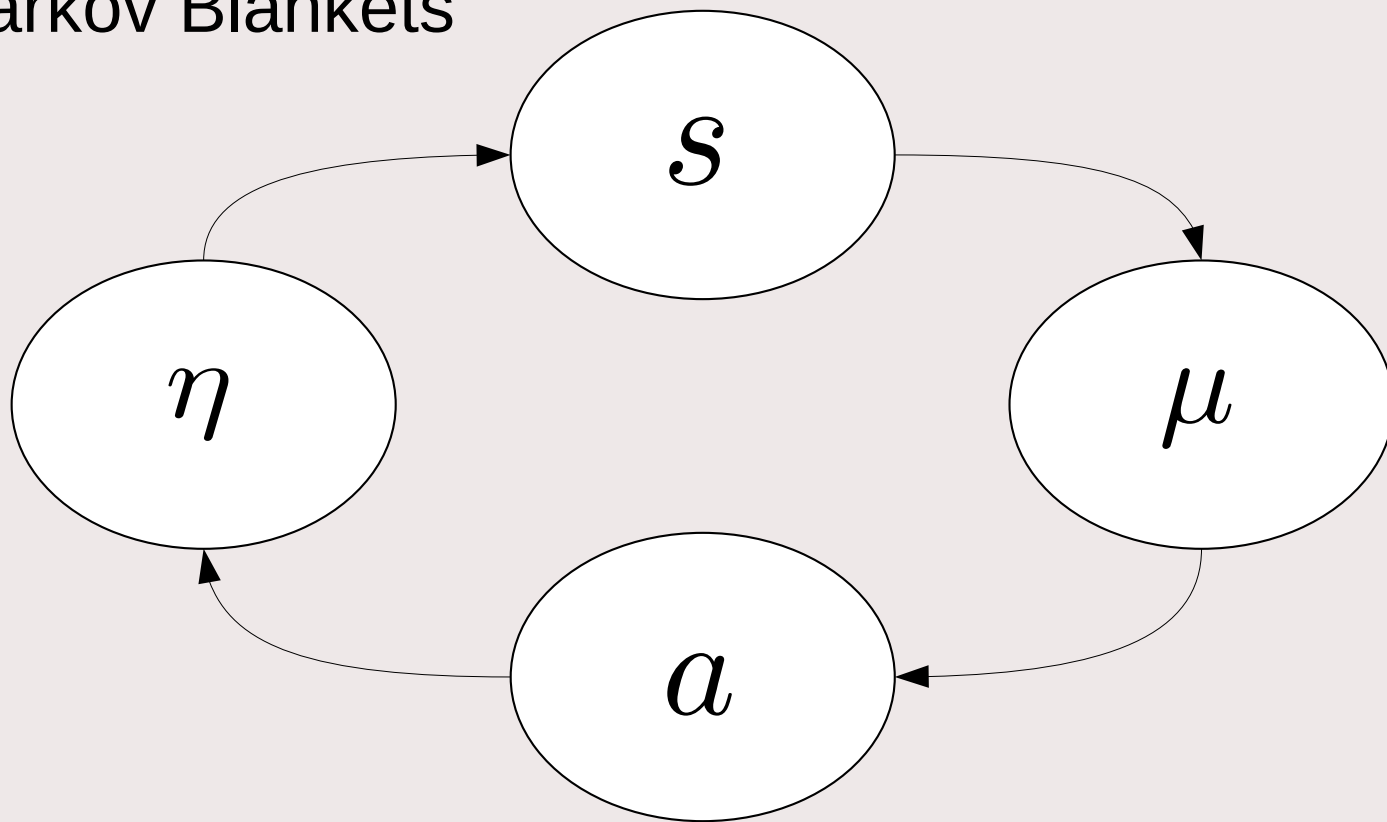
$p(\text{🌡️}) = (\text{Target}) \text{ Prior}$

$q(\text{🌡️}) = \text{Posterior}$

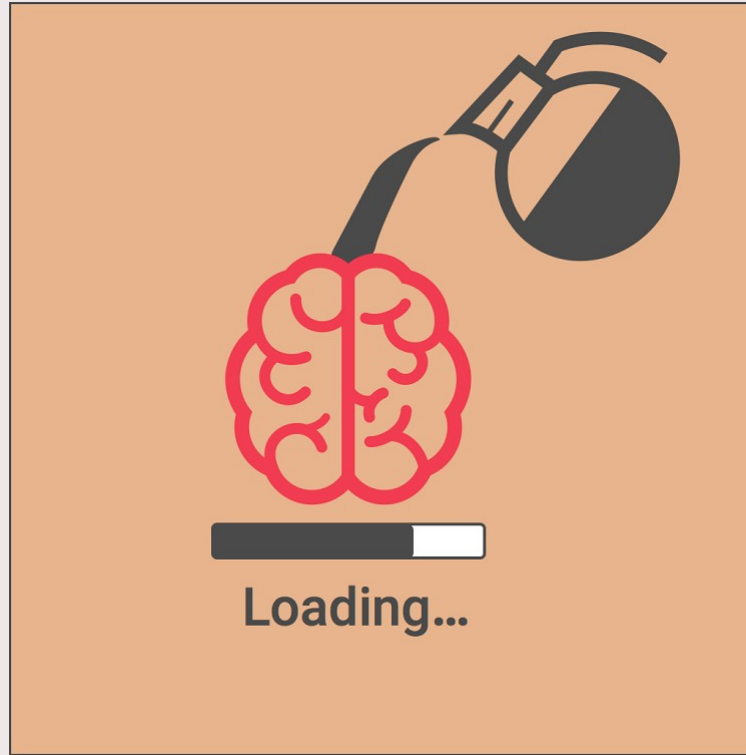
Markov Blankets



Markov Blankets



Break time



Battleplan

- Premise
- NESS and Biology
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- Bayesian brain hypothesis
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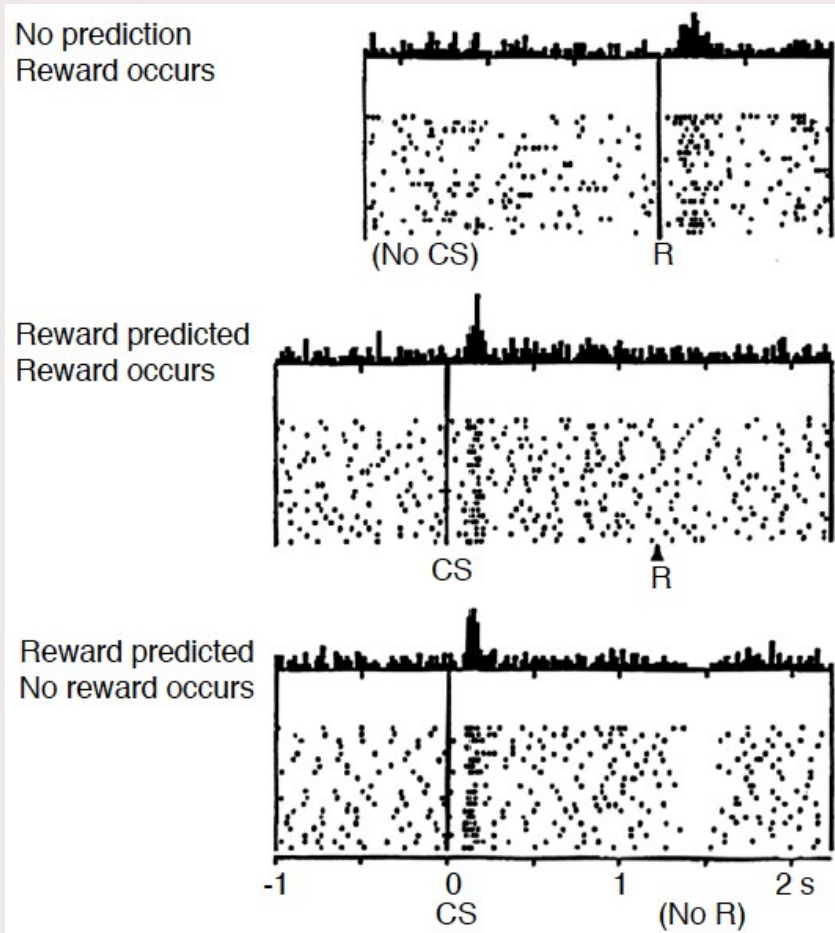
The Bayesian Brain

*“Perception is inference of the causes of observed impressions upon our sensorium!”**



Do dopamine neurons report an error in the prediction of reward? *

The Bayesian Brain



*Figure reproduced from Schultz, Dayan and Montague, 1997, *A Neural Substrate of Prediction and Reward*

Free Energy

$$F = \int q(s|u) \log \frac{q(s|u)}{p(x, s|u)} ds$$

Free Energy

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Control states

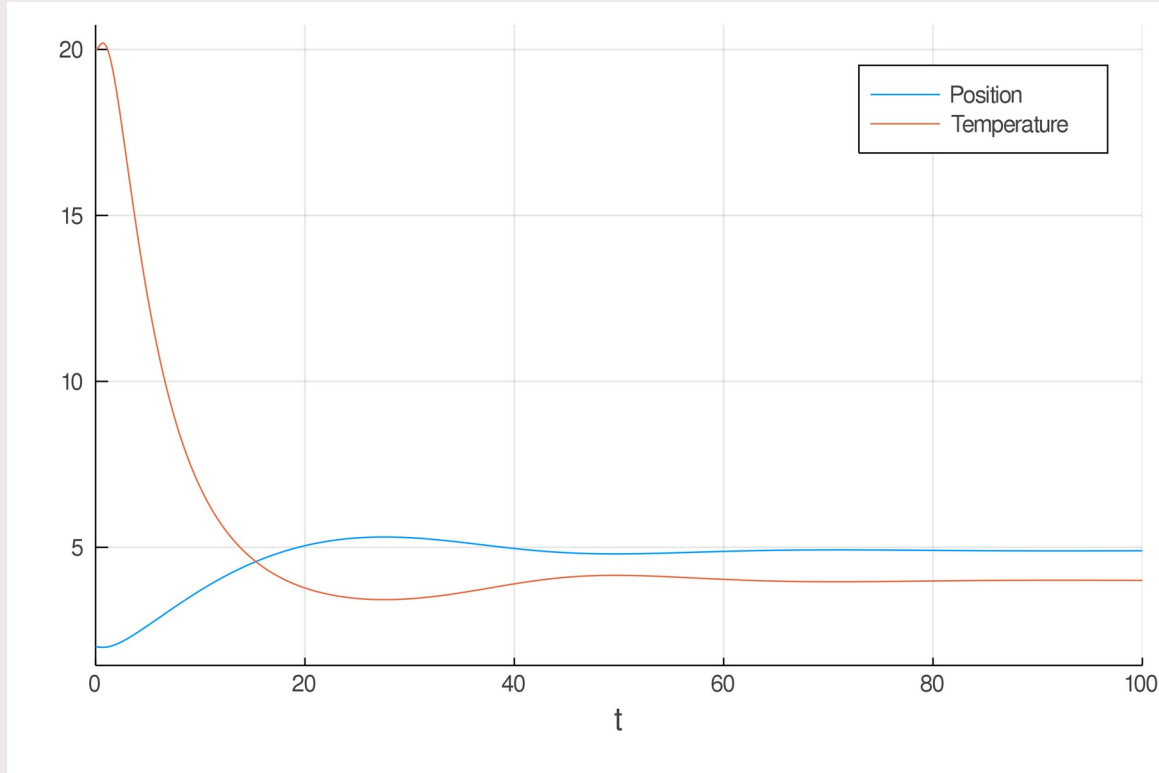
Hidden states

Observations

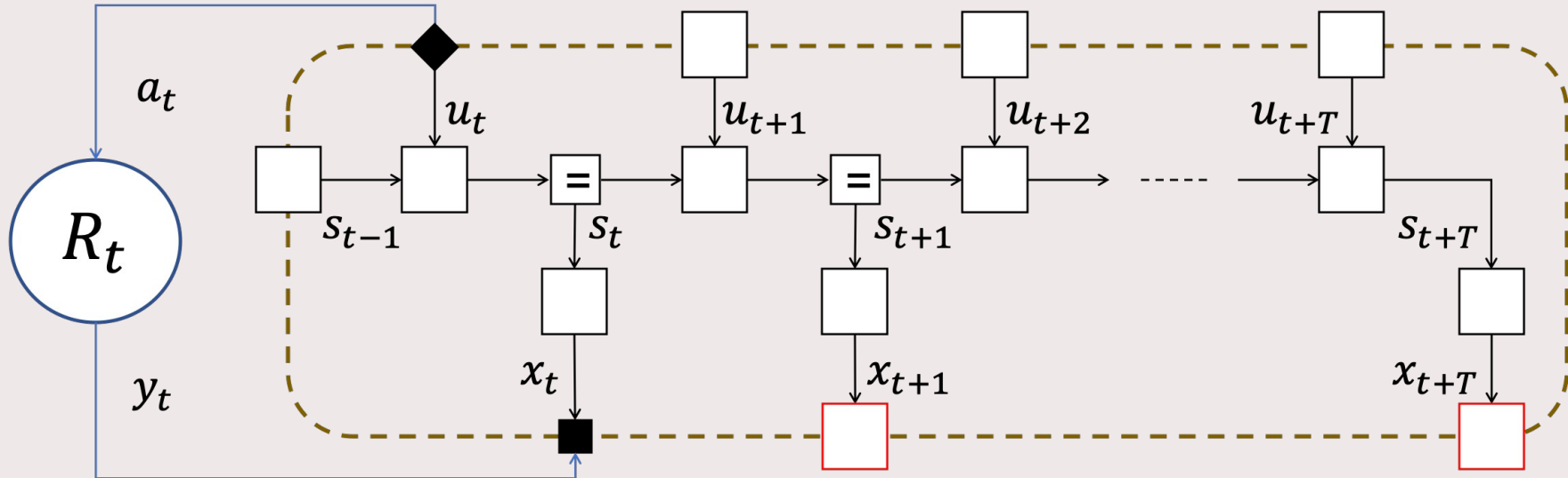
Free Energy

$$F = \int q(s|u) \underbrace{\log \frac{q(s|u)}{p(s|u)}}_{\text{Complexity}} \underbrace{- \log p(x|s)}_{\text{Accuracy}} ds$$

Free Energy



Introducing the future



Free Energy revisited

$$G = \underbrace{\int \int q(x|s) \underbrace{q(s|u) \log \frac{q(s|u)}{p(x, s|u)}}_F ds}_{\text{Expectation of } F} dx$$

Free Energy revisited

$$G = \iint q(x|s)q(s|u) \log \frac{q(s|u)}{p(s|x, u)} - \log p(x) ds dx$$

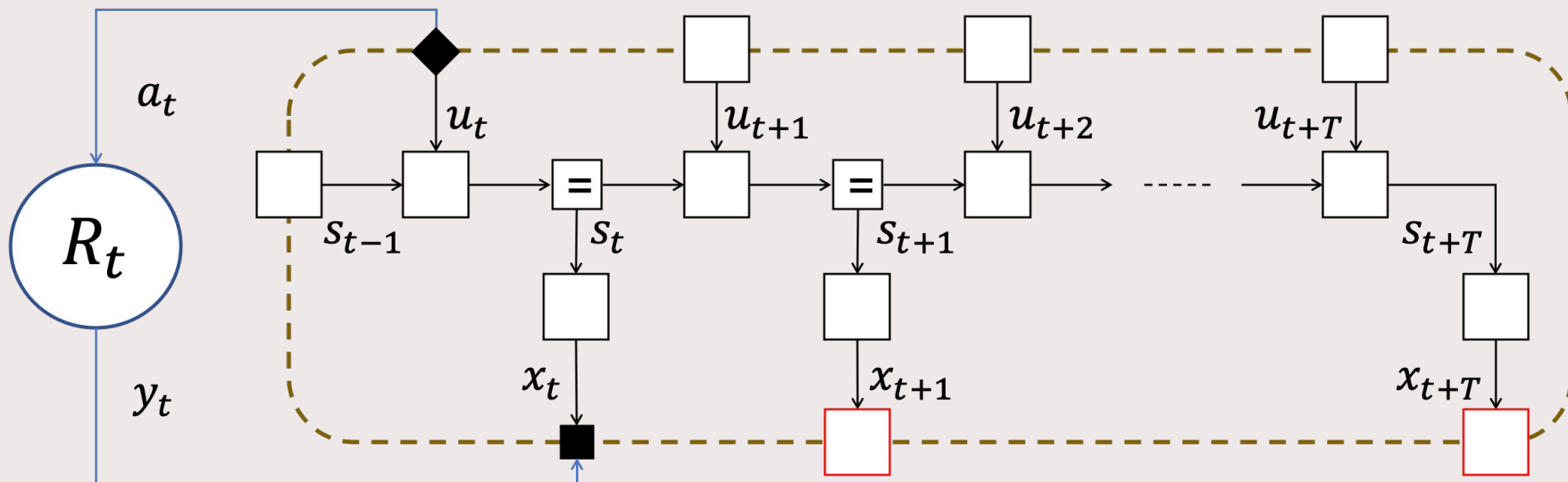
Free Energy revisited

$$G = \underbrace{\iint q(x, s|u) \log \frac{q(s|u)}{p(s|x, u)} ds dx}_{\text{"Information Gain"}} - \underbrace{\iint q(x, s|u) \log p(x) ds dx}_{\text{Crossentropy}}$$

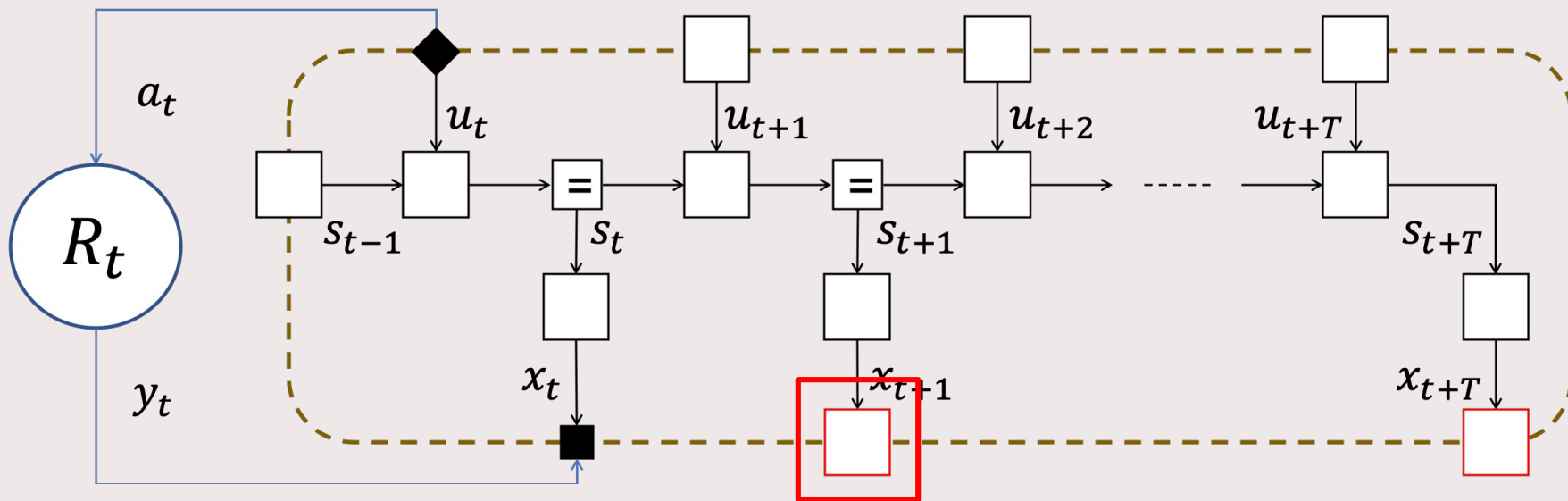
Free Energy revisited

$$G = \underbrace{\iint q(x, s|u) \log \frac{q(s|u)}{p(s|x, u)} ds dx}_{\text{Epistemic Value}} - \underbrace{\iint q(x, s|u) \log p(x) ds dx}_{\text{Instrumental Value}}$$

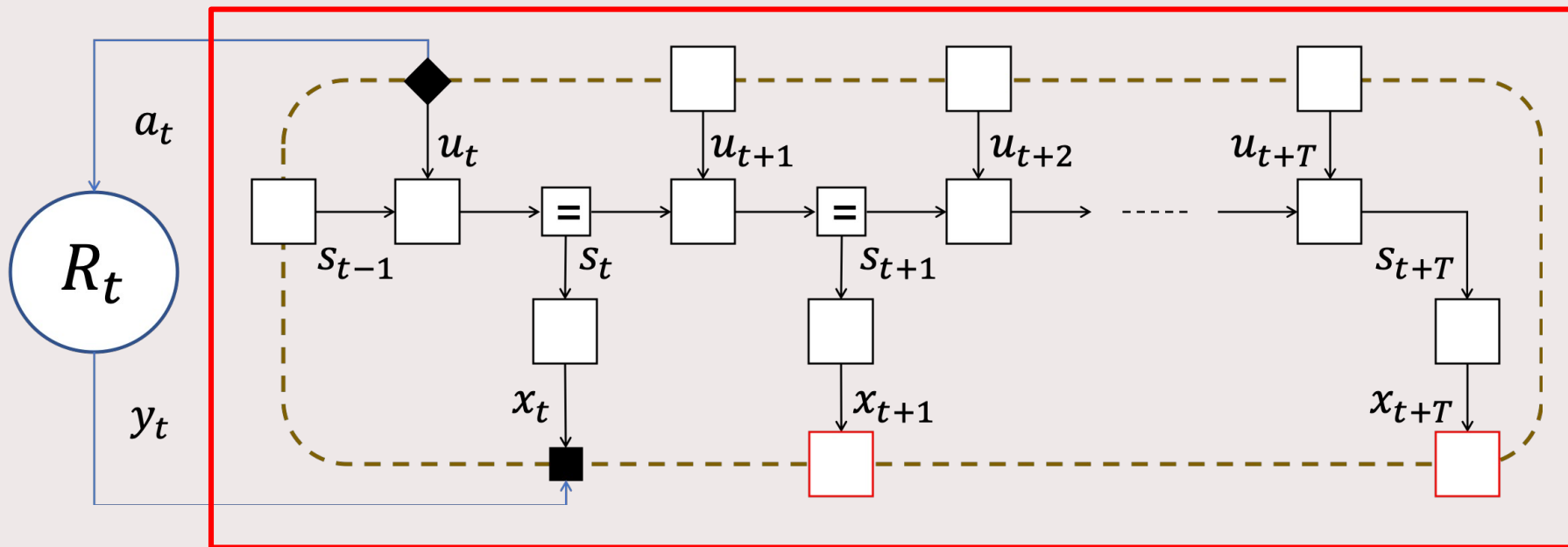
This one goes to 11!

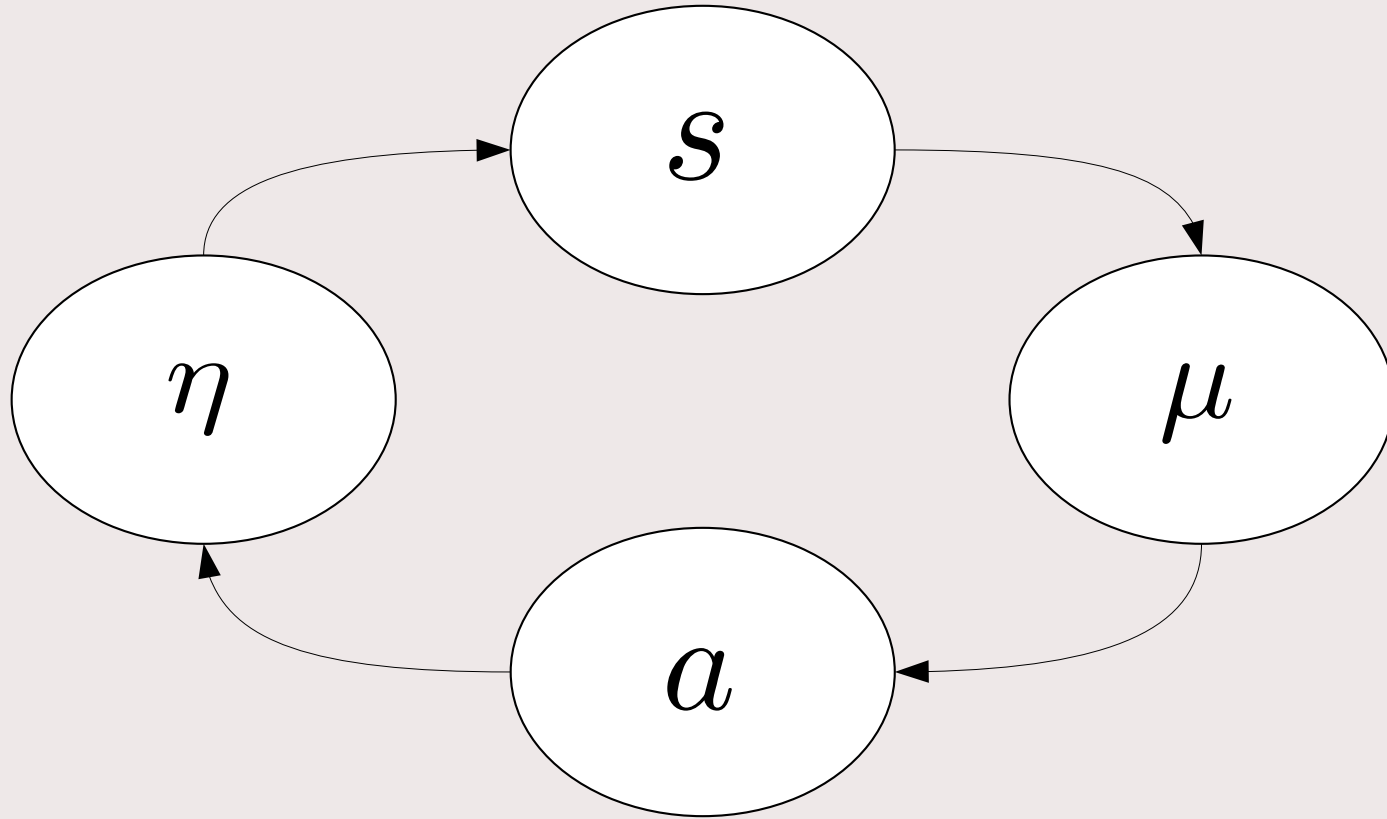


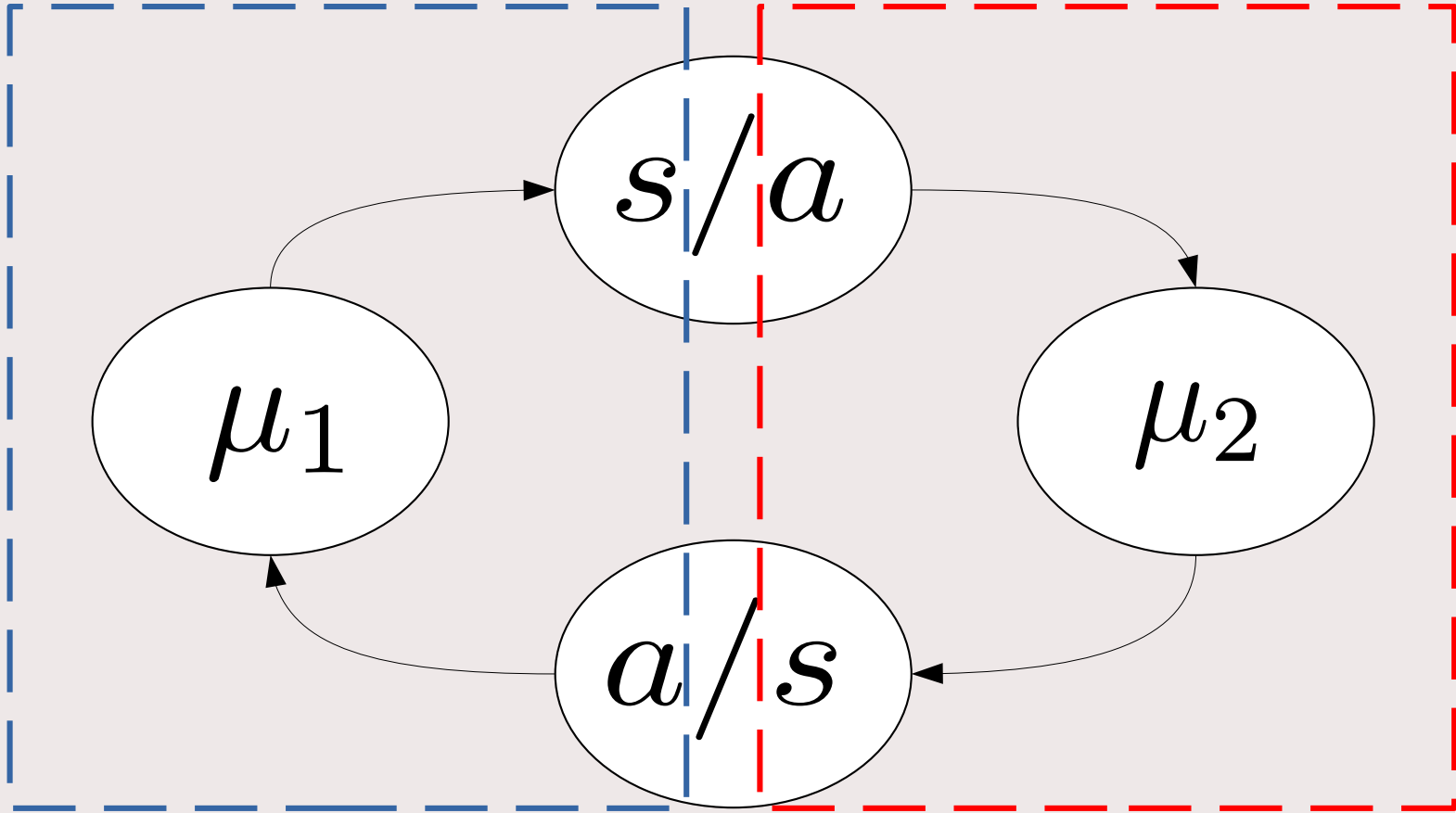
This one goes to 11!



This one goes to 11!







Further Reading

Lighthearted:

Sean Carroll – What is the purpose of life? (YT)

Kai Ueltzhoffer – Life and the Second Law (Blog)

Maxwell Ramstead – A Tutorial on Active Inference (YT)

Research Papers:

Christopher Buckley – A Mathematical Review

Karl Friston – A Rough guide to the brain

Karl Friston – Knowing one's place

Karl Friston – Free Energy, Value and Attractors

Here be dragons...

Karl Friston – A Free Energy Principle for a Particular Physics