



Cite this: *Nanoscale*, 2018, **10**, 19871

Sonication-enabled rapid production of stable liquid metal nanoparticles grafted with poly(1-octadecene-*alt*-maleic anhydride) in aqueous solutions†

Yiliang Lin,^a Jan Genzer,^a Weihua Li,^b Ruirui Qiao,^c Michael D. Dickey^{*a} and Shi-Yang Tang^{*b}

Gallium-based liquid metals are attractive due to their unique combination of metallic and fluidic properties. Liquid metal nanoparticles (LM NPs), produced readily using sonication, find use in soft electronics, drug delivery, and other applications. However, LM NPs in aqueous solutions tend to oxidize and precipitate over time, which hinders their utility in systems that require long-term stability. Here, we introduce a facile route to rapidly produce an aqueous suspension of stable LM NPs within five minutes. We accomplish this by dissolving poly(1-octadecene-*alt*-maleic anhydride) (POMA) in toluene and mixing with deionized water in the presence of a liquid metal (LM). Sonicating the mixture results in the formation of toluene–POMA emulsions that embed the LM NPs; as the toluene evaporates, POMA coats the particles. Due to the POMA hydrophobic coating, the LM NPs remain stable in biological buffers for at least 60 days without noticeable oxidation, as confirmed by dynamic light scattering and transmission electron microscopy. Further stabilization is achieved by tuning the LM composition. This paper elucidates the stabilization mechanisms. The stable LM NPs possess the potential to advance the use of LM in biomedical applications.

Received 11th July 2018,
Accepted 29th September 2018

DOI: 10.1039/c8nr05600e

rscl.li/nanoscale

Introduction

Metals that exist as liquids at room temperature are attractive due to their unique combination of metallic and fluidic properties. As fluids, liquid metals are the softest among all conductive materials.¹ Gallium or its alloys are promising liquid metal candidates due to their low toxicity and negligible vapor pressure.² Multiple methods^{3,4} have been developed to pattern gallium-based liquid metals and enable a variety of applications, including, but not limited to, soft electronics,^{5,6} microfluidics,⁷ composites⁸ and motors.⁹

While most conventional metallic nanoparticles (NPs) are synthesized through a tedious bottom-up approach (*i.e.*, reducing precursor metal salts), the fluidic nature of liquid metals (LMs) enables facile methods to produce LM NPs. Disruptive

forces induced by acoustic stimulation,^{10–15} microfluidic devices^{16,17} or shearing¹⁸ have been utilized to break the LMs into nanosized particles. The spontaneous formation of an oxide skin on the surface of the metal helps to stabilize the resulting LM NPs. The oxide skin of the gallium-based liquid metal is composed primarily of gallium oxide^{19,20} and the growth of the oxide could be controlled through either thiolation²¹ or thermal oxidation.²² While the thiolation mitigates (but not eliminates) the growth of the oxide skin, in thermal oxidation, the oxide skin grows thicker with increasing temperature, as expected. Interestingly, the texture and roughness of the oxide skin can be manipulated through thermal oxidation in a temperature-dependent manner.²² LM NPs are soft and conductive, and thus suitable for inkjet printing and also soft electronics applications, *i.e.*, soft circuit components^{23–26} or antennas.²⁷ The presence of the oxide skin also enables the formation of a LM/metal oxide framework, which is utilized for photocatalytic applications.^{28,29} Interestingly, the morphology of LM NPs is transformable under pH or light stimulus, and several studies have demonstrated the possibility of using LM NPs for drug delivery, specifically for tumour treatment.^{30–32} A recent review summarizes the state-of-the-art biomedical applications involving liquid metals, demonstrating the low-toxicity of liquid metals for bio-applications.³³ In addition, LM NPs also find usage in room-temperature sintering,³⁴ batteries³⁵ and energy harvesting.³⁶

^aDepartment of Chemical and Biomolecular Engineering, North Carolina State University, Raleigh, NC, USA. E-mail: mddickey@ncsu.edu

^bSchool of Mechanical, Materials, Mechatronic and Biomedical Engineering, University of Wollongong, Australia. E-mail: shiyang@uow.edu.au

^cARC Centre of Excellence in Convergent Bio-Nano Science and Technology, Drug Delivery, Disposition and Dynamics Theme, Monash Institute of Pharmaceutical Sciences, Monash University, Parkville, VIC 3052, Australia

†Electronic supplementary information (ESI) available. See DOI: 10.1039/c8nr05600e

The sonication of a LM in ethanol produces stable LM NPs. However, sonicating the LM in water results in unstable suspensions (*i.e.*, the LM NPs eventually settle due to gravity). Surfactants could be utilized to slow down the precipitation; yet, in the presence of oxygen and water, LM NPs transform into GaOOH nanorods due to the oxidation of gallium.³⁷ Therefore, it is desirable to have a coating that can both stabilize the LM NPs and prevent the oxidation reaction on the LM NP surface. In the presence of a hydrophilic polymer coating, such as polymeric grafts made of brushed polyethylene glycol (bPEG),¹⁷ the LM NPs could remain stable in aqueous environments for a few days. Unfortunately, the LM NPs will still precipitate in biological buffers, which hinders their use in biomedical applications. Here, we demonstrate that it is possible to synthesize LM NPs in buffer solutions that remain stable up to at least 60 days by grafting a hydrophobic polymer layer comprising poly(1-octadecene-*alt*-maleic anhydride) (POMA) on the surface of the LM NPs. This is enabled by dissolving hydrophobic POMA in toluene to form emulsions in the aqueous phase that can encapsulate the LM NPs, and toluene subsequently evaporates upon sonication. It takes only 5 minutes to produce stable LM NPs in a one-pot synthesis. We further demonstrate that the stabilization could be achieved by tuning the composition of the LM alloy. The stabilization mechanism is studied and elucidated systematically in this work.

Experimental

Chemical preparation

EGaIn liquid metal, toluene, chloroauric acid (HAuCl₄), poly(1-octadecene-*alt*-maleic anhydride) (POMA, $M_n \sim 30\text{--}50$ kDa), poly(methyl vinyl ether-*alt*-maleic anhydride) (PMVEMA, $M_n = 216$ kDa), and poly(styrene-*co*-maleic anhydride) (PSMA, $M_n = 224$ kDa) were purchased from Sigma Aldrich, USA. The Ga₂₀In₈₀ alloy was prepared by melting and mixing 16 g of indium and 4 g of gallium at 100 °C. We used a probe sonication system (QSONICA, Q700, 40% amplitude) to break the alloys into NPs.

Characterization

Scanning electron microscopy (SEM) images were obtained using a JEOL JSM-7500FA scanning electron microscope. Transmission electron microscopy (TEM) images and energy-dispersive X-ray spectroscopy (EDS) maps were obtained using FEI Titan 80–300 and JEOL JEM-ARM200f transmission electron microscopes. A Zeta-sizer (Zetasizer Nano ZS, Malvern Instrument, USA) was used to measure the size distribution and the zeta potential of the LM NPs. The concentration of the EGaIn nanoparticles was measured by weighing the dried suspensions.

Results and discussion

Fig. 1a shows a schematic of the proposed method leading to the one-step production of stable and functionalizable EGaIn

NPs with a hydrophobic insulating coating layer in an aqueous solution. In a typical experiment, we dissolved 50 mg POMA powder in 1 mL toluene and added 100 μL of the POMA–toluene solution into an 8 mL glass vial, which contained 5 mL deionized (DI) water (the final POMA concentration in water is 1 mg mL⁻¹) and 50 μL of EGaIn. Toluene dissolves POMA, which is otherwise insoluble in water. Next, we sonicated the mixture using a probe sonication system at 40% amplitude for 300 s. Upon the activation of the probe, EGaIn breaks into NPs. In addition, the sonication should form a POMA–toluene emulsion (*cf.* Fig. 1a). The POMA macromolecules act as emulsifiers where the maleic anhydride groups are hydrolysed into carboxylic acid groups that interact with EGaIn NPs, while the hydrophobic octadecyl (C18) hydrocarbon chains prevent EGaIn NPs from aggregation and oxidation. Meanwhile, sonication also enables the POMA coated EGaIn NP to interact with toluene *via* the C18 chains and thereby become encapsulated within the emulsion (*cf.* Fig. 1a). In the end, toluene evaporates upon heating caused by prolonged sonication (*cf.* Fig. 1a). This enables the formation of double POMA-layer grafted EGaIn NPs in water. The interaction between POMA and EGaIn likely occurs through hydrogen bonding. Specifically, POMA hydrolysed in aqueous solution forms carboxyl groups, which form hydrogen bonds with the native gallium oxide on the surface of EGaIn. We performed time-of-flight secondary ion mass spectrometry (ToF-SIMS) experiments on EGaIn-POMA samples and detected the signals from GaO⁻ and COO⁻. However, the ToF-SIMS spectra (not shown) contain no evidence for the formation of complexes between carboxyl groups in POMA and gallium (or gallium oxide), which indicates that gallium is not likely covalently attached to the carboxyl groups.

Fig. 1b shows the size distribution of the POMA-grafted EGaIn NPs measured using a Zeta-sizer, where the peak size is centered at ~ 170 nm. The NP suspension is very stable; the dark color indicates a high concentration of the NP (~ 2 mg mL⁻¹), as shown in the inset of Fig. 1b. The concentration of the LM NPs could be further increased to 8 mg mL⁻¹ following another sonication cycle. To the best of our knowledge, this is the highest concentration of LM NPs in aqueous systems reported to date. Fig. 1c shows the TEM images of the LM NPs. The zoomed-in image in Fig. 1c shows the thin layer of the oxide (~ 2.5 nm) formed on the LM NP surface. No diffraction pattern was observed from the convergent-beam electron diffraction (CBED) measurements (see Fig. S1 in the ESI[†]), indicating that NPs remain in a liquid state. We further obtained EDS maps to examine the distribution of gallium, indium, and oxygen within the EGaIn NPs, as shown in Fig. 1d. The EDS mapping indicates a uniform distribution of gallium and indium within the NPs; the presence of oxygen is attributed to the oxide layer and the POMA polymer coating. Since we obtained the TEM image using a copper grid coated with an evaporated carbon film, the POMA polymer coating cannot be distinguished from the carbon film background due to the lack of contrast.

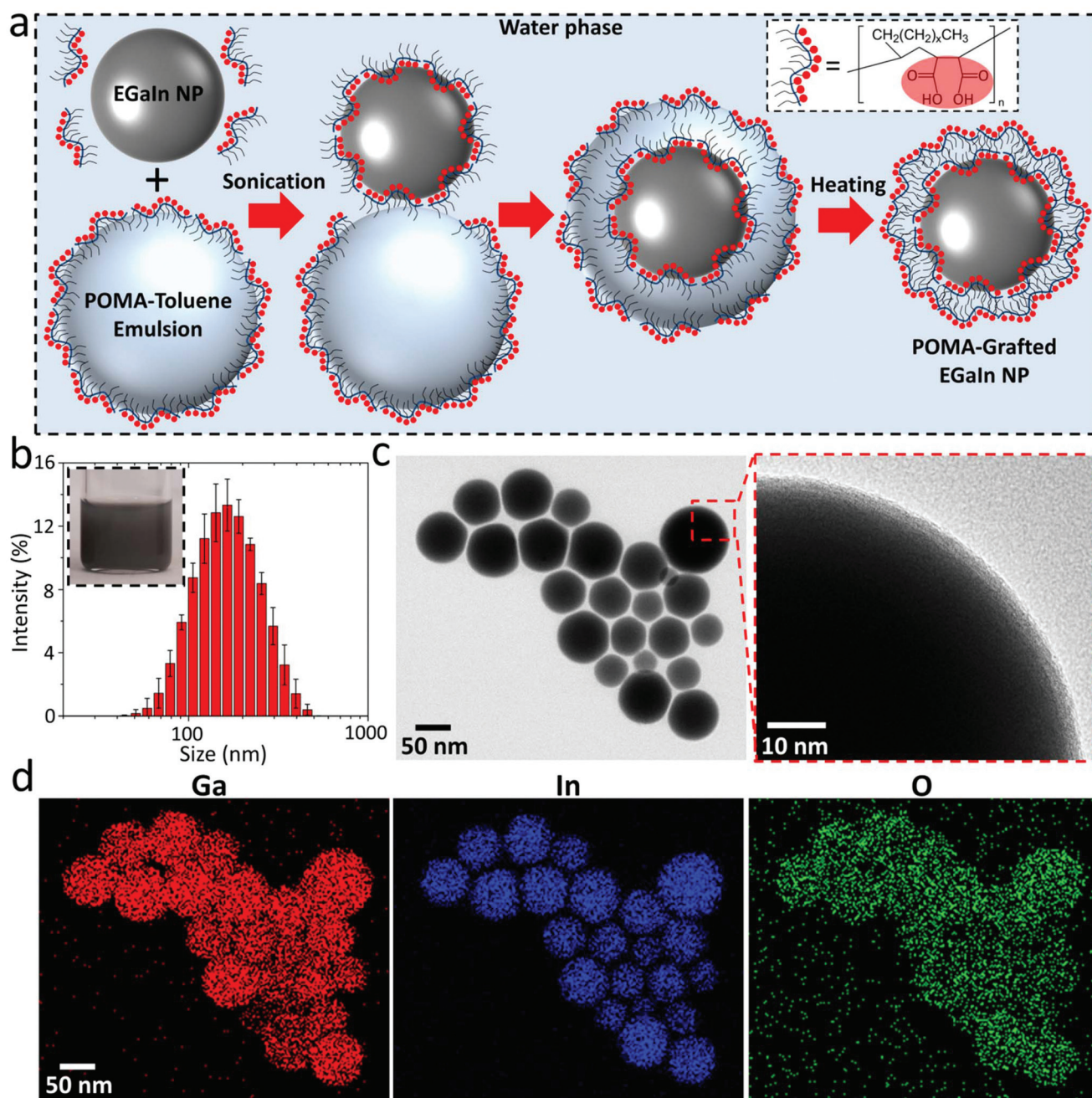


Fig. 1 Production of POMA grafted EGaIn NPs. (a) Schematic depicting the mechanism leading to the production of stable liquid metal NPs. (b) Hydrodynamic size distribution of the POMA grafted EGaIn NPs; the inset shows the NP colloidal suspension. (c) TEM images of the produced NPs. (d) EDS mapping of gallium, indium, and oxygen for the NPs.

Therefore, we obtained additional TEM images using a grid coated with a lacey carbon film to avoid the background (*cf.* Fig. S2a[†]), from which we discovered that the thickness of the POMA coating is ~ 6 to 7 nm. We also prepared LM NPs grafted with small molecules of trisodium citrate by sonicating $50 \mu\text{L}$ of EGaIn in 5 mL of trisodium citrate (1 mM) solution for 5 min , and we found that the hydrodynamic size distribution of the NPs became narrower and smaller; the peak size was found to be $\sim 150 \text{ nm}$ (*cf.* Fig. S2b[†]). This

result is in line with the TEM measurements where the increase of the particle size is due to the POMA polymer coating.

We also measured the zeta potentials for the NPs with or without the POMA grafted layer. The zeta potential of EGaIn NPs without POMA grafting is low ($-6.1 \pm 5.1 \text{ mV}$) in water and the NPs aggregate rapidly after sonication. In contrast, we obtained a large negative zeta potential for POMA grafted EGaIn NPs ($-47.9 \pm 9.2 \text{ mV}$), confirming the hydrolysis and

charging of COO^- originating from maleic anhydride units on the grafted POMA coatings. This indicates that the stabilization of the LM NPs can be attributed (at least in part) to electrostatic repulsion among COO^- . We note that steric effects due to the C18 units might also play a role in stabilization. To better understand the production mechanism depicted in Fig. 1a, we further conducted a series of proof-of-concept experiments to validate our proposed scheme, as discussed in the following sections.

Fig. 2a presents sequential snapshots taken during the production of EGaIn NPs. We observed the formation of a white-colored suspension after activating the probe for 10 s. We attribute this suspension to the formation of POMA–toluene emulsions (*cf.* the emulsion also forms without a LM as shown in Fig. 2b). The temperature of the suspension increases to $\sim 95^\circ\text{C}$ after sonicating for 300 s, as measured using a thermocouple. The color of the suspension changes gradually to dark grey after activating the probe for 300 s, indicating the evapor-

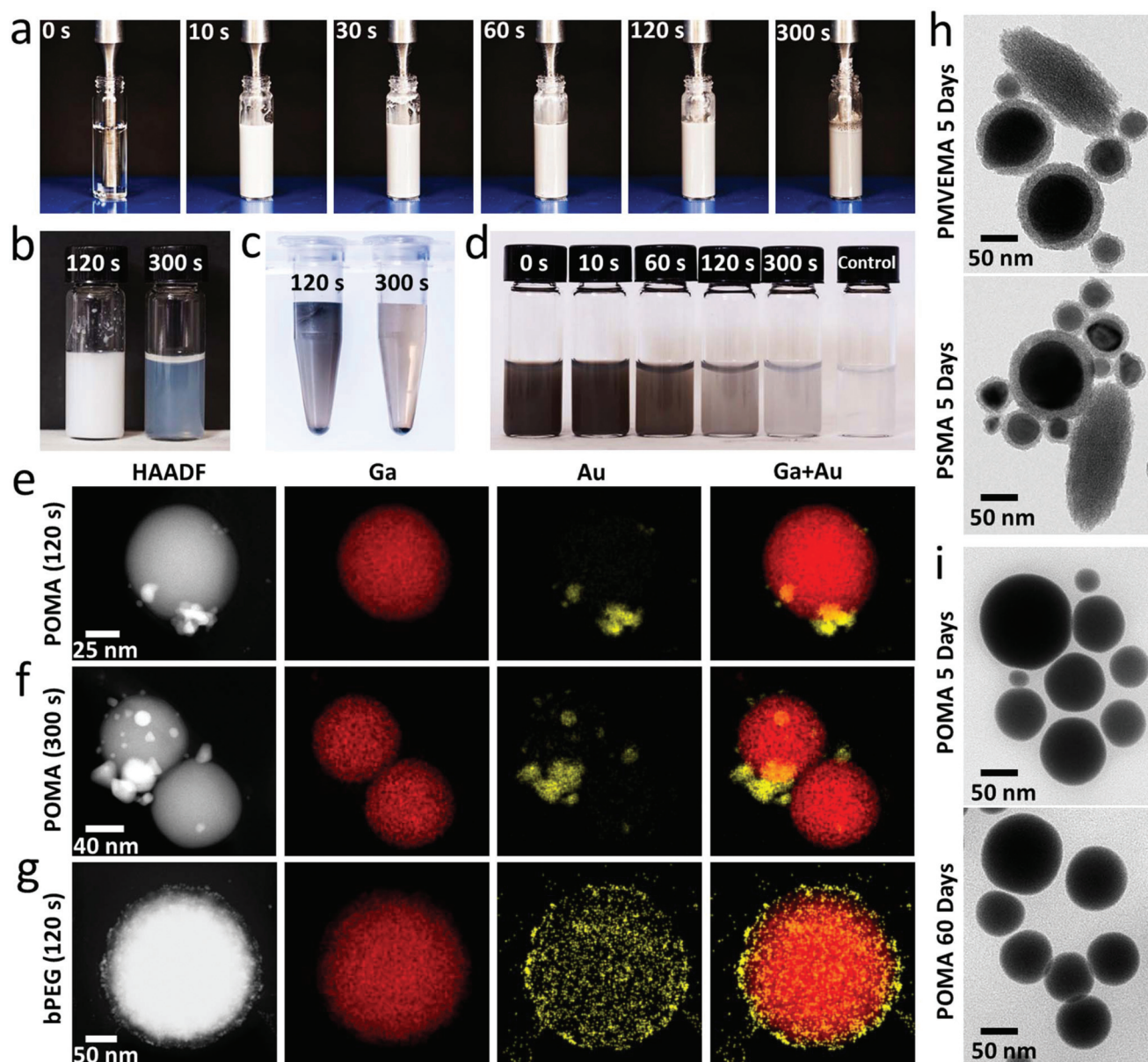


Fig. 2 Investigating the mechanism behind the production of POMA grafted EGaIn NPs. (a) Sequential snapshots showing the NP suspension during the production process. (b) Water–POMA–toluene mix 120 and 300 s after activating the sonication probe. (c) Centrifuged LM NP suspension 120 and 300 s after activating the sonication probe. (d) Image of the supernatants for LM NPs produced with different pre-sonication times; the control sample lacks EGaIn during sonication. TEM image and EDS mapping of the POMA grafted EGaIn NPs produced with (e) 120, and (f) 300 s sonication times after the galvanic replacement reaction. (g) TEM image and EDS mapping of the bPEG-grafted EGaIn NPs after the galvanic replacement reaction. (h) TEM images for PMVEMA and PSMA grafted LM NPs 5 days after production. (i) TEM images of POMA grafted LM NPs 5 and 60 days after production.

ation of toluene and the formation of POMA-grafted LM NPs. A series of control experiments shows that no stable LM NP suspensions are obtained in the cases of (1) sonicating EGaIn in water; (2) sonicating EGaIn in water and POMA powder; and (3) sonicating EGaIn in water and toluene (see Fig. S3 in the ESI† for details). This indicates that the presence of POMA–toluene emulsions is crucial for producing stable POMA-grafted LM NPs. The formation of POMA–toluene emulsions is evidenced by sonicating the water–POMA–toluene mixture in the absence of EGaIn, as shown in Fig. 2b. We can clearly see the white-colored suspension after activating the sonication probe for 120 s; the liquid gradually becomes clearer after prolonging the sonicating time to 300 s, indicating the gradual evaporation of toluene induced by heat. Similarly, Fig. 2c shows the centrifuged (at 9600g for 5 min) NP suspensions with a sonication time of 120 s and 300 s, respectively, in which the supernatant is opaque with a thick layer of a toluene–EGaIn mixture at 120 s, while the supernatant is transparent at 300 s.

We further conducted a series of experiments to demonstrate the importance of forming POMA–toluene emulsions at the beginning of the production process for achieving stable POMA grafted EGaIn NPs. Fig. 2d shows the supernatant of the LM NP suspensions obtained by pre-sonicating the water–POMA–toluene mixture for 0, 10, 60, 120, and 300 s before adding EGaIn for additional 300 s sonication. The concentration of the LM NP reduces significantly on prolonging the pre-sonication time. This may be attributed to the fact that the evaporation of toluene prevents the POMA–toluene emulsions to interact with and encapsulate POMA-coated EGaIn NPs (*cf.* Fig. 1a), and consequently, no stable double-layer POMA grafted LM NPs can be produced.

We also performed galvanic replacement of the surface of EGaIn NPs with gold (Au) to prove the existence of the hydrophobic layer formed between the two layers of POMA grafted molecules on a LM NP. In doing so, we added 10 μL HAuCl₄ solution (concentration of 10 mM) into 1 mL of the obtained EGaIn NP suspension and gently mixed it for 5 min. The straightforward reaction reduces Au⁺ ions to metallic Au-NPs on the surface of EGaIn (the other half reaction involves Ga oxidation). We compared the corresponding TEM images and EDS mappings obtained for the galvanic replacement experiments conducted using POMA grafted NPs with 120 s (Fig. 2e) and 300 s (Fig. 2f) sonication times, as well as bPEG (Mn~20 kDa; see details in previous work¹⁷ and Fig. S4 in the ESI†) grafted EGaIn NPs (Fig. 2g). The surfaces of the POMA-grafted NPs contain fewer AuNPs, and the size of the formed AuNPs is relatively large in comparison with the case of bPEG-grafted NPs. We have previously shown that the surface of bPEG-grafted EGaIn NPs can be uniformly coated with silver NPs after galvanic replacement due to the uniform reaction occurring on the surface of EGaIn.¹⁷ However, in the case of POMA grafted NPs, the existence of a hydrophobic layer can prevent the reaction. We reason that the larger size of the AuNPs observed is due to the continuous growth of a particle from a localized point on the surface of EGaIn with defects in

POMA coating. Furthermore, it is likely that additional unevaporated toluene is present in the hydrophobic layer for the NPs obtained with 120 s sonication time, and this layer further prevents the galvanic replacement reaction, therefore, reducing the number of Au-NPs formed on the surface (see Fig. 2e and f).

Such a hydrophobic insulating layer prevents the hydrolysis and the oxidation of the EGaIn NPs. This is evidenced by control experiments conducted using PMVEMA and PSMA, as the grafting macromolecules. We observed the formation of a relatively thick (10–20 nm) gallium oxide shell on the NPs and gallium oxide nanodisks only 5 days after the production of the particles, as shown in Fig. 2h (see also Fig. S5 in the ESI†), while no change for the POMA grafted NPs was observed in water even 60 days after production, as shown in Fig. 2i. The hydrophobic insulating layer can also prevent the dissolution of the NPs from the etchant, such as a strong acid, as shown in Fig. S6.† The developed simple and straightforward NP grafting method by sonicating NPs and POMA–toluene solution can also be applied to other materials such as iron oxide, tungsten trioxide, and titanium dioxide NPs, as shown in Fig. S7 in the ESI.†

We demonstrated that the POMA-grafted coatings are able to stabilize the EGaIn NPs in water. We further investigated the long-term stability of such POMA grafted EGaIn NPs in biological buffers containing competitive ions such as phosphate-buffered saline (PBS). We added 100 μL of ten times concentrated (10 \times) PBS buffer into 900 μL of the produced EGaIn NP suspension, and Fig. 3a displays the measured size distribution for the NPs over a period of 60 days. The NP suspension is very stable (see the Fig. 3a right-corner inset) with only a minor shift of the size distribution towards larger sizes after 60 days. We further examined the EGaIn NPs using TEM, as shown in the inset of Fig. 3a, where we did not observe the formation of gallium oxide nanodisks. The minor shift of the size distribution is likely due to the gradual growth of gallium oxide on the surface of EGaIn in PBS, indicating that oxygen molecules are still able to penetrate the hydrophobic insulating layer. This result is interesting as we initially expected that the ions within PBS could compromise the electrostatic repulsion force between NPs and induce aggregation.

To better understand the mechanism behind the stabilization, we suspended the LM NPs in 0.01 M sodium phosphate buffers with the pH of 2, 7 and 12 to suppress or facilitate the hydrolysis of grafted POMA. Fig. 3b shows the size distributions of the NPs 2 days after the suspension. The LM NPs are very stable in the buffers with no aggregation observed. We observed that the zeta potential of the NPs reduced significantly to -19.7 ± 12.9 mV in the pH 2 buffer, as shown in Fig. 3c. This can be attributed to the suppression of hydrolysis of grafted POMA at such a low pH, and the absence of NP aggregation indicates that the grafted POMA molecules can provide a barrier to sterically stabilize the NPs. The zeta potential increased to -44.3 ± 10.7 mV in the pH 7 buffer, indicating that the hydrolysis of grafted POMA is facilitated at a neutral

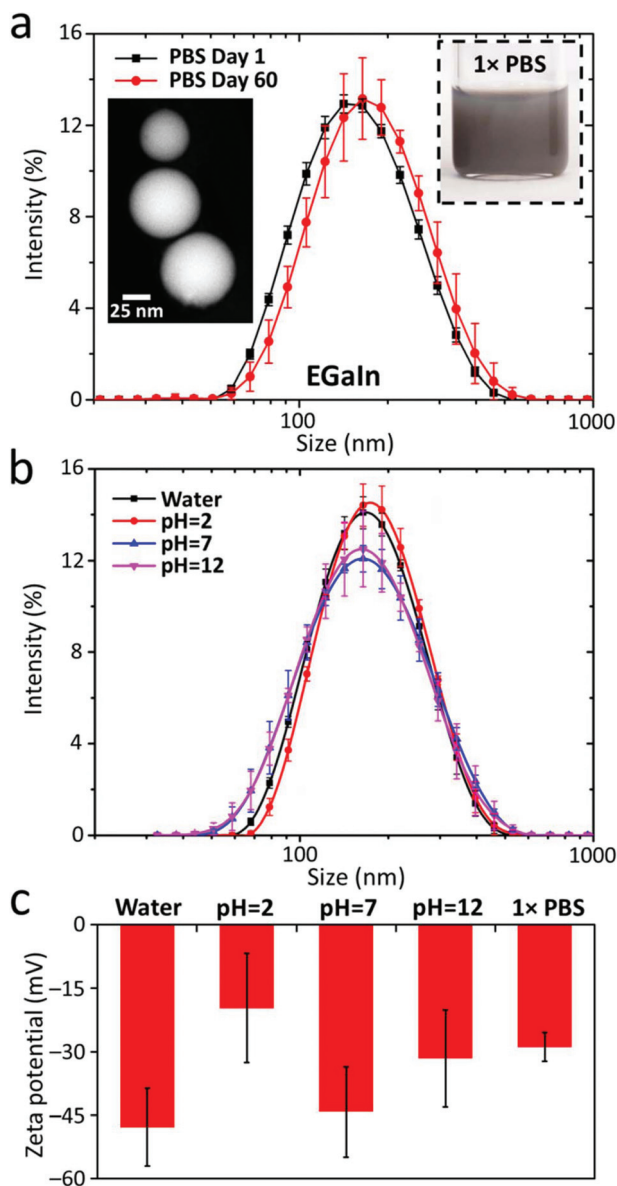


Fig. 3 Investigating the stability of POMA grafted liquid metal NPs in PBS buffer. (a) Hydrodynamic size distribution of the POMA grafted EGaIn NPs in 1× PBS buffer over a period of 60 days; the insets show the NP suspension and the TEM image taken 60 days after production. (b) Hydrodynamic size distribution of the LM NPs in water and 0.01 M sodium phosphate buffers with the pH of 2, 7 and 12. (c) Zeta potential of the POMA-grafted NPs suspended in water, sodium phosphate buffers, and 1× PBS.

pH (Fig. 3c), and the LM NPs can be stabilized by the combination of electrostatic repulsion and steric barrier, *i.e.* electrostatically.³⁸ The decreased zeta potential in a pH 12 buffer is likely due to the increased ion concentration after adding sodium hydroxide (NaOH) when adjusting the pH. These experiments explain the reason behind the outstanding stability of the NPs in PBS; our measurement shows that the zeta potential of the NPs is -28.9 ± 3.4 mV in 1× PBS (Fig. 3c) and therefore, the existence of the steric barrier formed by POMA

facilitates the stabilization. The zeta potential of the NPs further decreased to -23.9 ± 2.2 mV and -16.6 ± 1.3 mV after we doubled and tripled the concentration of PBS, respectively. Such a high ion concentration eventually induces the precipitation of the NPs, as shown in Fig. S8 in the ESI.†

Since the POMA grafted LM NPs are stable in biological buffers, we further examined their cytotoxicity on a Chinese hamster ovary (CHO) cell line using the Alamar Blue assay (see Fig. S9† for details). Fig. S9† shows the viability of the CHO cells upon 24 h exposure to the NPs with different concentrations; we observed that the NPs have no or little effect on the viability of CHO cells for the particle concentration less than $62.5 \mu\text{g mL}^{-1}$.

To minimize the growth of the oxide layer on the EGaIn NP surfaces and to maximize their long-term stability, we utilized an alloy which contains 80% (by weight) of indium and 20% of gallium ($\text{Ga}_{20}\text{In}_{80}$) for producing the POMA-grafted LM NPs. We hypothesize that increasing the content of indium can minimize the hydrolysis and oxidation of Ga in the NPs. On a related note, it is reported that a much higher concentration of gallium ions than that of indium ions is detected when submerging EGaIn in aqueous solutions, indicating the instability of gallium in the aqueous system compared to indium.³⁹ Therefore, it is possible to enhance the stability of the gallium-based alloys in the aqueous system by decreasing the content of gallium. We also conducted proof-of-concept experiments to compare the chemical stabilities of EGaIn and $\text{Ga}_{20}\text{In}_{80}$ NPs by sonicating them in DI water for 10 min. Our previously reported results show that EGaIn NPs can be hydrolysed and oxidized to gallium oxide nanodisks 10 min after sonication due to heating.³⁷ Fig. 4a and b display EDS spectra and SEM images obtained for the EGaIn and $\text{Ga}_{20}\text{In}_{80}$ NPs 10 min after sonication, respectively. The $\text{Ga}_{20}\text{In}_{80}$ alloy is a solid at room temperature but can become liquid after heating induced during sonication. Therefore, the bulk material can be broken into LM NPs. We can clearly see that the dealloying process occurred for EGaIn NPs and most of the NPs were oxidized to gallium oxide nanodisks (Fig. 4a), while the $\text{Ga}_{20}\text{In}_{80}$ NPs remained spherical and stable without changes in shapes (Fig. 4b). Interestingly, we did not observe diffraction patterns from the convergent-beam electron diffraction (CBED) measurement of the $\text{Ga}_{20}\text{In}_{80}$ NPs, indicating that the NPs of the $\text{Ga}_{20}\text{In}_{80}$ alloy are in the liquid state. This might be attributed to the supercooling effect of liquid metals.⁴⁰ Despite the high content of indium within the NPs, the EDS mappings presented in Fig. 4c clearly show the formation of a gallium, instead of indium, oxide layer on the surface of the NPs. During these experiments, we discovered that increasing the indium content can minimize the hydrolysis and oxidation of the NPs within PBS, as evidenced by the measurement of the size distribution reported in Fig. 4d, where no shift of the peak was observed within 60 days. We did not observe any changes of the NPs from the TEM images taken 60 days after particle production (Fig. 4d inset). These results demonstrate that this method of producing stable liquid metal NPs grafted by

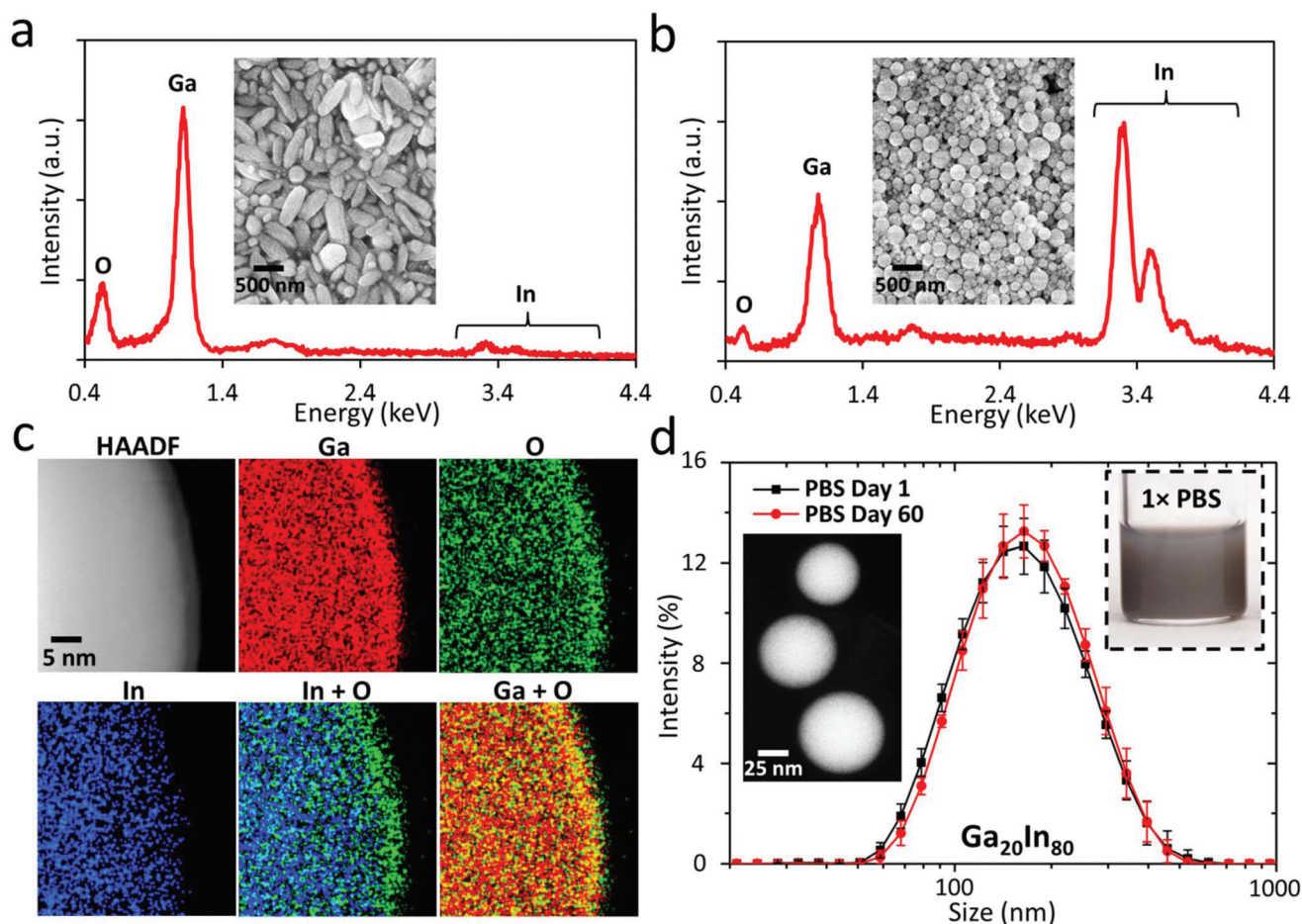


Fig. 4 Investigating the enhanced stability of Ga₂₀In₈₀ liquid metal NPs. EDS spectrum and SEM image for (a) EGaIn, and (b) Ga₂₀In₈₀ NPs obtained after 10 min sonication in DI water. (c) EDS mapping of gallium, indium, and oxygen for the Ga₂₀In₈₀ NPs. (d) hydrodynamic size distribution of the POMA grafted Ga₂₀In₈₀ NPs in 1x PBS buffer over a period of 60 days; the insets shows the NP suspension and the TEM image taken 60 days after production.

POMA represents a significant advancement in comparison with previously reported work.

Conclusions

In summary, we report on a simple and rapid method for producing stable LM NPs grafted with double-layered POMA molecules using sonication. It only takes 5 minutes to produce such NPs. The POMA coating not only offers a hydrophobic insulation layer and a steric barrier, but also forms a surface with a strong negative surface charge that stabilizes the LM NPs. The produced LM NPs are stable in ionic biological buffers, such as PBS, for at least 60 days without aggregation induced by hydrolysis and oxidation. Reducing the gallium content in the alloy further enhances the NP stability. The simplicity and versatility of the production method, along with the excellent stability of the produced LM NPs, provide the potential for achieving further development of LM NP-based biomedical applications.

Conflicts of interest

There are no conflicts of interest to declare.

Acknowledgements

Dr Shi-Yang Tang is the recipient of the Vice-Chancellor's Postdoctoral Research Fellowship funded by the University of Wollongong. Dr Shi-Yang Tang and Dr Weihua Li acknowledge funding from the University of Wollongong, University Internationalization Committee (UIC) Grant. Yiliang Lin and Dr Michael Dickey acknowledge funding from the National Science Foundation through the Research Triangle MRSEC (DMR-1121107). We thank Mr Steven Zboray for the helpful discussions. The authors acknowledge the use of the facilities and the assistance of Dr David Mitchell at the UOW Electron Microscopy Centre and the use of the Analytical Instrumentation Facility (AIF) at North Carolina State University, which is supported by the State of North Carolina

and the National Science Foundation (award number ECCS-1542015).

References

- 1 S. Wagner and S. Bauer, *MRS Bull.*, 2012, **37**, 207–213.
- 2 W. M. Haynes, *CRC Handbook of Chemistry and Physics*, CRC Press, 95th edn, 2014.
- 3 I. D. Joshipura, H. R. Ayers, C. Majidi and M. D. Dickey, *J. Mater. Chem. C*, 2015, **3**, 3834–3841.
- 4 M. A. H. Khondoker and D. Sameoto, *Smart Mater. Struct.*, 2016, **25**, 093001.
- 5 M. D. Dickey, *Adv. Mater.*, 2017, **29**, 1606425.
- 6 M. D. Dickey, *ACS Appl. Mater. Interfaces*, 2014, **6**, 18369–18379.
- 7 K. Khoshmanesh, S.-Y. Tang, J. Yang Zhu, S. Schaefer, A. Mitchell, K. Kalantar-zadeh and M. D. Dickey, *Lab Chip*, 2017, **17**, 974–993.
- 8 N. Kazem, T. Hellebrekers and C. Majidi, *Adv. Mater.*, 2017, **29**, 1605985.
- 9 J. Zhang, Y. Yao, L. Sheng and J. Liu, *Adv. Mater.*, 2015, **27**, 2648–2655.
- 10 J. N. Hohman, M. Kim, G. A. Wadsworth, H. R. Bednar, J. Jiang, M. A. LeThai and P. S. Weiss, *Nano Lett.*, 2011, **11**, 5104–5110.
- 11 J. W. Boley, E. L. White, G. T.-C. Chiu and R. K. Kramer, *Adv. Funct. Mater.*, 2014, **24**, 3501–3507.
- 12 A. Yamaguchi, Y. Mashima and T. Iyoda, *Angew. Chem., Int. Ed.*, 2015, **54**, 12809–12813.
- 13 W. Zhang, J. Z. Ou, S.-Y. Tang, V. Sivan, D. D. Yao, K. Latham, K. Khoshmanesh, A. Mitchell, A. P. O'Mullane and K. Kalantar-zadeh, *Adv. Funct. Mater.*, 2014, **24**, 3799–3807.
- 14 L. R. Finkenauer, Q. Lu, I. F. Hakem, C. Majidi and M. R. Bockstaller, *Langmuir*, 2017, **33**, 9703–9710.
- 15 T. R. Lear, S.-H. Hyun, J. W. Boley, E. L. White, D. H. Thompson and R. K. Kramer, *Extreme Mech. Lett.*, 2017, **13**, 126–134.
- 16 S.-Y. Tang, V. Sivan, P. Petersen, W. Zhang, P. D. Morrison, K. Kalantar-zadeh, A. Mitchell and K. Khoshmanesh, *Adv. Funct. Mater.*, 2014, **24**, 5851–5858.
- 17 S.-Y. Tang, R. Qiao, S. Yan, D. Yuan, Q. Zhao, G. Yun, T. P. Davis and W. Li, *Small*, 2018, **14**, 1800118.
- 18 I. D. Tevis, L. B. Newcomb and M. Thuo, *Langmuir*, 2014, **30**, 14308–14313.
- 19 M. D. Dickey, R. C. Chiechi, R. J. Larsen, E. A. Weiss, D. A. Weitz and G. M. Whitesides, *Adv. Funct. Mater.*, 2008, **18**, 1097–1104.
- 20 R. N. S. Sodhi, P. Brodersen, L. Cademartiri, M. M. Thuo and C. A. Nijhuis, *Surf. Interface Anal.*, 2017, **49**, 1309–1315.
- 21 Z. J. Farrell and C. Tabor, *Langmuir*, 2018, **34**, 234–240.
- 22 J. Cutinho, B. S. Chang, S. Oyola-Reynoso, J. Chen, S. S. Akhter, I. D. Tevis, N. J. Bello, A. Martin, M. C. Foster and M. M. Thuo, *ACS Nano*, 2018, **12**, 4744–4753.
- 23 M. G. Mohammed and R. Kramer, *Adv. Mater.*, 2017, **29**, 1604965.
- 24 M. D. Bartlett, N. Kazem, M. J. Powell-Palm, X. Huang, W. Sun, J. A. Malen and C. Majidi, *Proc. Natl. Acad. Sci. U. S. A.*, 2017, **114**, 2143–2148.
- 25 M. D. Bartlett, A. Fassler, N. Kazem, E. J. Markvicka, P. Mandal and C. Majidi, *Adv. Mater.*, 2016, **28**, 3726–3731.
- 26 L. Tang, S. Cheng, L. Zhang, H. Mi, L. Mou, S. Yang, Z. Huang, X. Shi and X. Jiang, *Science*, 2018, **4**, 302–311.
- 27 Y. Lin, C. Cooper, M. Wang, J. J. Adams, J. Genzer and M. D. Dickey, *Small*, 2015, **11**, 6397–6403.
- 28 S.-Y. Tang, V. Sivan, K. Khoshmanesh, A. P. O'Mullane, X. Tang, B. Gol, N. Eshtiaghi, F. Lieder, P. Petersen, A. Mitchell and K. Kalantar-zadeh, *Nanoscale*, 2013, **5**, 5949–5957.
- 29 X. Tang, S.-Y. Tang, V. Sivan, W. Zhang, A. Mitchell, K. Kalantar-zadeh and K. Khoshmanesh, *Appl. Phys. Lett.*, 2013, **103**, 174104.
- 30 Y. Lu, Q. Hu, Y. Lin, D. B. Pacardo, C. Wang, W. Sun, F. S. Ligler, M. D. Dickey and Z. Gu, *Nat. Commun.*, 2015, **6**, 10066.
- 31 Y. Lu, Y. Lin, Z. Chen, Q. Hu, Y. Liu, S. Yu, W. Gao, M. D. Dickey and Z. Gu, *Nano Lett.*, 2017, **17**, 2138–2145.
- 32 S. A. Chechetka, Y. Yu, X. Zhen, M. Pramanik, K. Pu and E. Miyako, *Nat. Commun.*, 2017, **8**, 15432.
- 33 J. Yan, Y. Lu, G. Chen, M. Yang and Z. Gu, *Chem. Soc. Rev.*, 2018, **23**, 2518–2533.
- 34 S. Çınar, I. D. Tevis, J. Chen and M. Thuo, *Sci. Rep.*, 2016, **6**, 21864.
- 35 Y. Wu, L. Huang, X. Huang, X. Guo, D. Liu, D. Zheng, X. Zhang, R. Ren, D. Qu and J. Chen, *Energy Environ. Sci.*, 2017, **10**, 1854–1861.
- 36 T. Krupenkin and J. A. Taylor, *Nat. Commun.*, 2011, **2**, 448.
- 37 Y. Lin, Y. Liu, J. Genzer and M. D. Dickey, *Chem. Sci.*, 2017, **8**, 3832–3837.
- 38 G. Fritz, V. Schädler, N. Willenbacher and N. J. Wagner, *Langmuir*, 2002, **18**, 6381–6390.
- 39 J.-H. Kim, S. Kim, J.-H. So, K. Kim and H.-J. Koo, *ACS Appl. Mater. Interfaces*, 2018, **10**, 17448–17454.
- 40 M. Losurdo, A. Suvorova, S. Rubanov, K. Hingerl and A. S. Brown, *Nat. Mater.*, 2016, **15**, 995–1002.