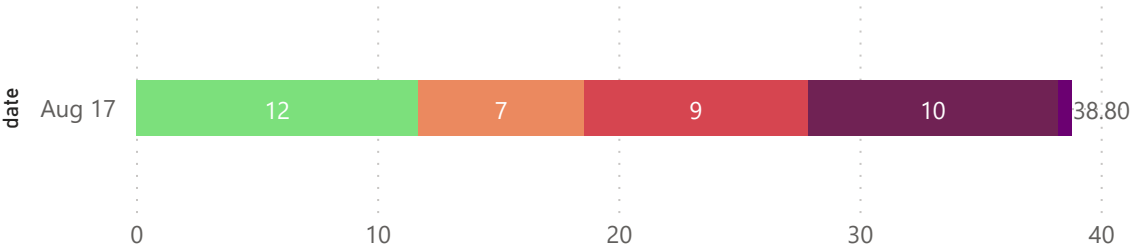




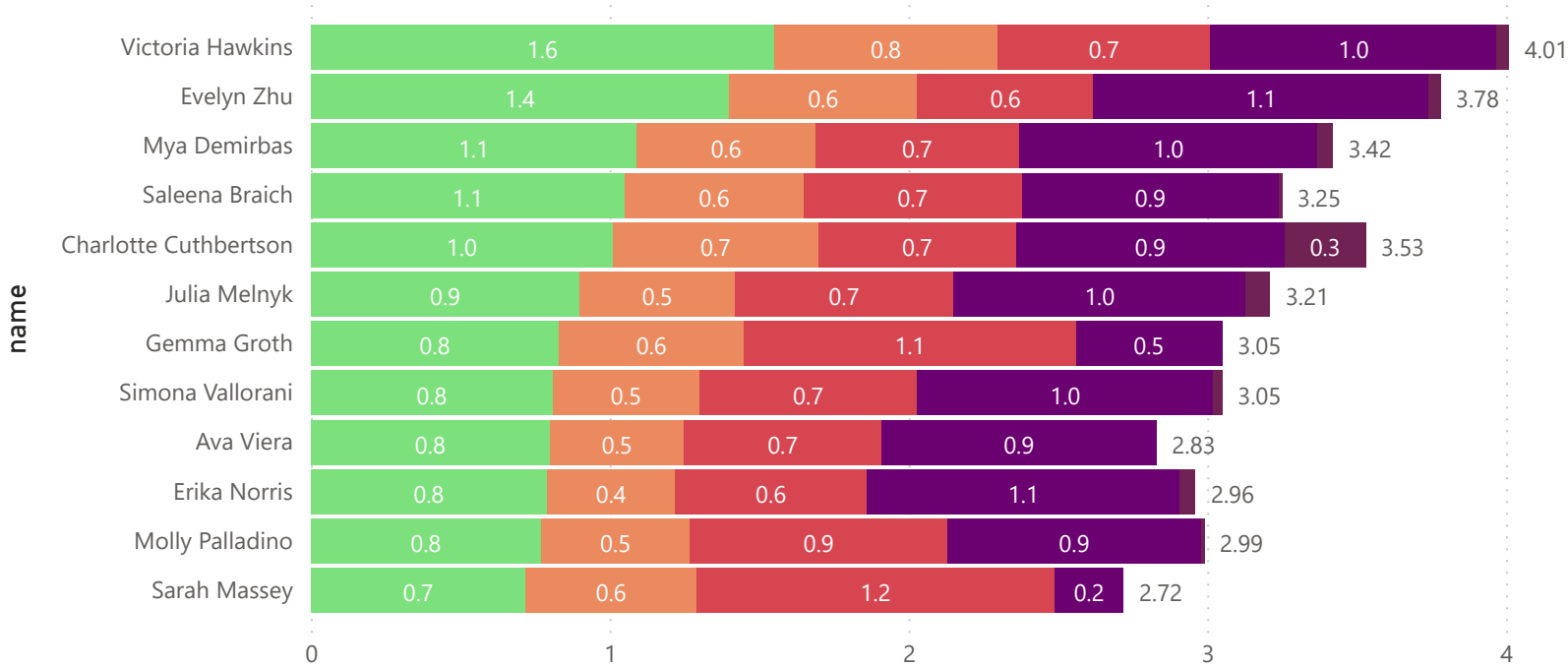
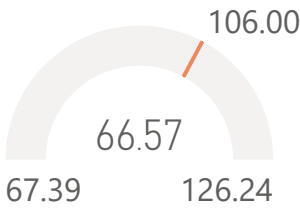
Aug-17-2023 (Wed)
Training
[GD-3]



Team Distance Covered in Game by SpeedBand

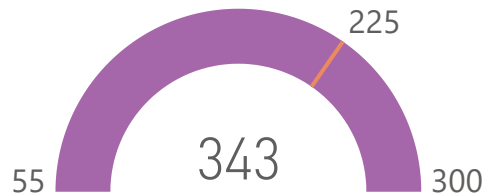


Comparison to Previous Game Distance

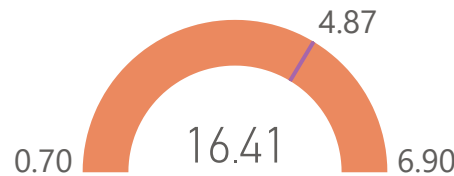


Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Charlotte Cuthbertson	38	1.69	220.60	90	109	9.00
Julia Melnyk	34	1.57	190.60	54	82	6.20
Erika Norris	33	1.56	184.80	64	73	
Molly Palladino	33	1.46	168.70	50	84	
Simona Vallorani	31	1.57	178.60	53	92	7.20
Saleena Braich	30	1.46	164.80	68	94	7.90
Victoria Hawkins	30	1.46	188.40	89	111	7.60
Ava Viera	28	1.38	161.10	64	88	6.00
Evelyn Zhu	28	1.54	196.80	97	100	7.70
Mya Demirbas	28	1.45	185.00	79	81	
Gemma Groth	19	0.85	142.00	57	92	8.50
Sarah Massey	11	0.41	115.20	48	60	
Total	343	16.41	2,096.60	813	1066	7.53

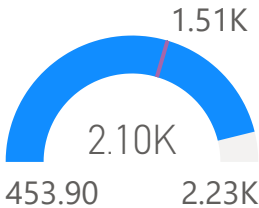
Comparison to Previous Game Count



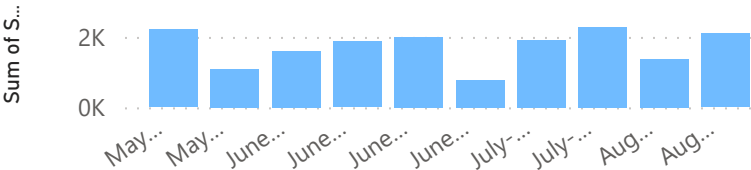
Comparison to Previous Game Sprint Distance



Comparison to Previous Session Load



Compare to previous GD -3



Week of Aug 14th (Total Distance)

