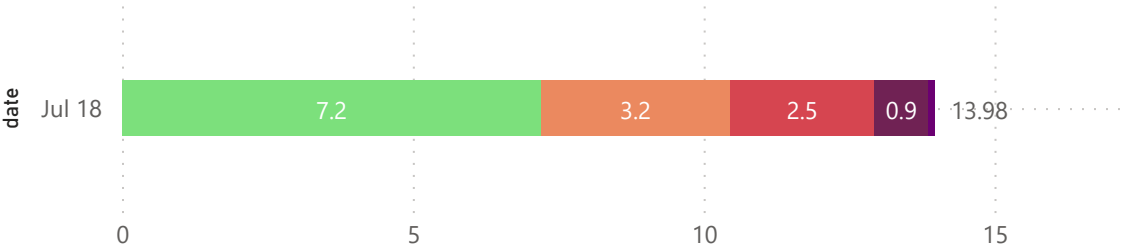




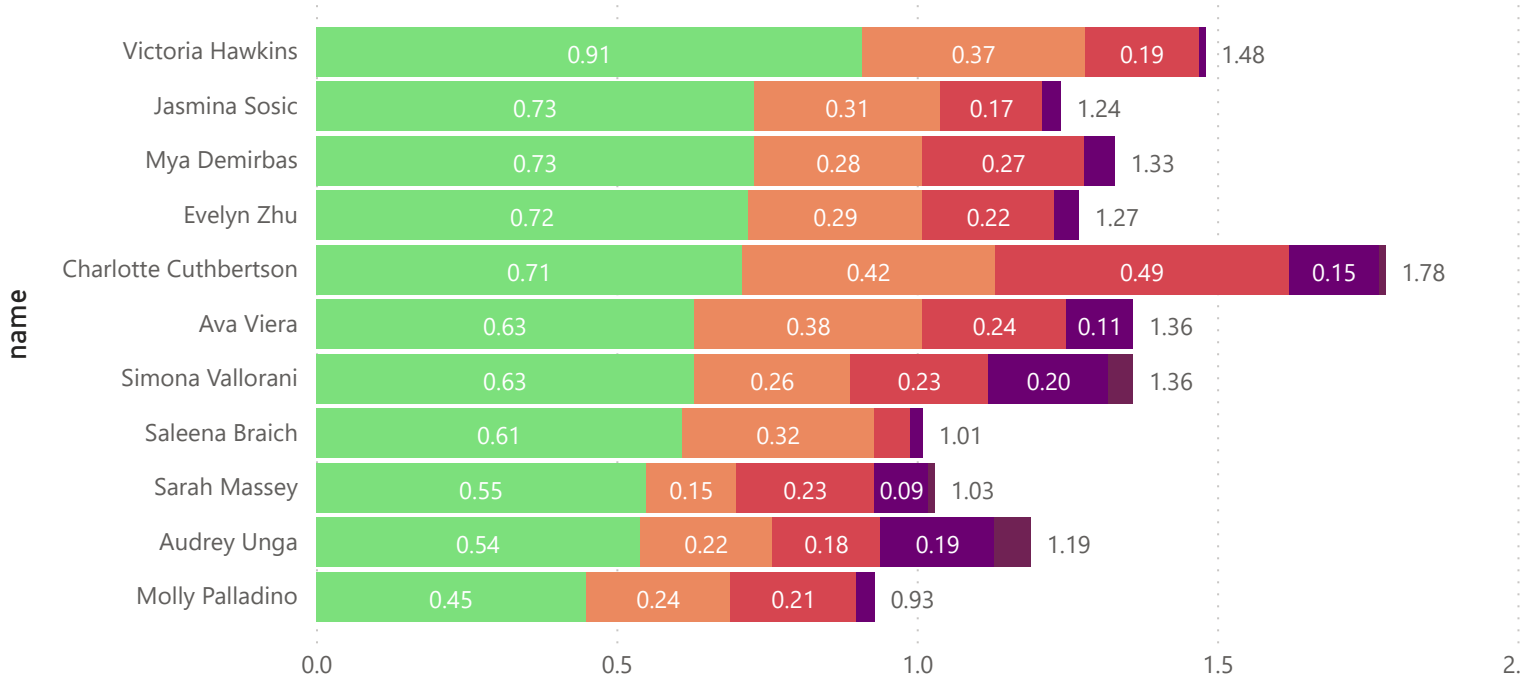
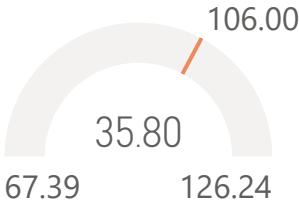
July-18-2023 (Tue)
Training
[GD+2]



Team Distance Covered in Game by SpeedBand

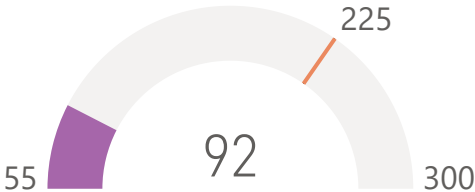


Comparison to Previous Game Distance

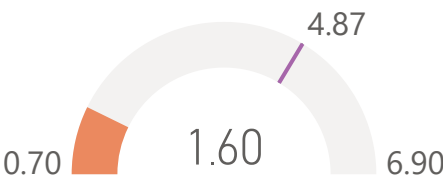


Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Audrey Unga	21	0.40	54.90	75	78	9.70
Simona Vallorani	21	0.30	54.60	51	81	
Charlotte Cuthbertson	19	0.50	63.10	70	82	
Ava Viera	10	0.10	39.80	73	87	4.60
Sarah Massey	8	0.10	32.80	52	51	
Jasmina Susic	4	0.10	25.50	59	64	
Mya Demirbas	4	0.10	33.30	52	63	
Molly Palladino	3	0.00	25.30	54	55	1.80
Evelyn Zhu	1	0.00	29.30	52	75	6.50
Saleena Braich	1	0.00	18.20	56	67	4.80
Victoria Hawkins	0	0.00	26.70	48	77	7.50
Total	92	1.60	403.50	642	780	6.06

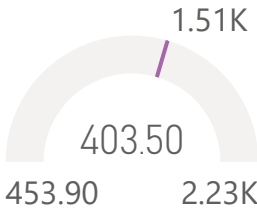
Comparison to Previous Game Count



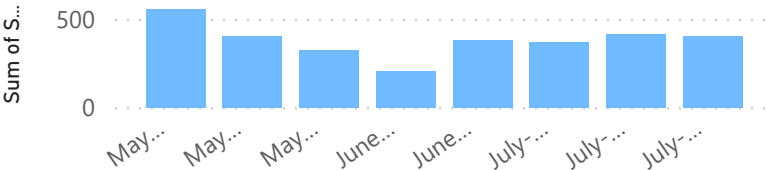
Comparison to Previous Game Sprint Distance



Comparison to Previous Session Load



Compare to previous GD +2



Week of Jul 17th (Total Distance)

