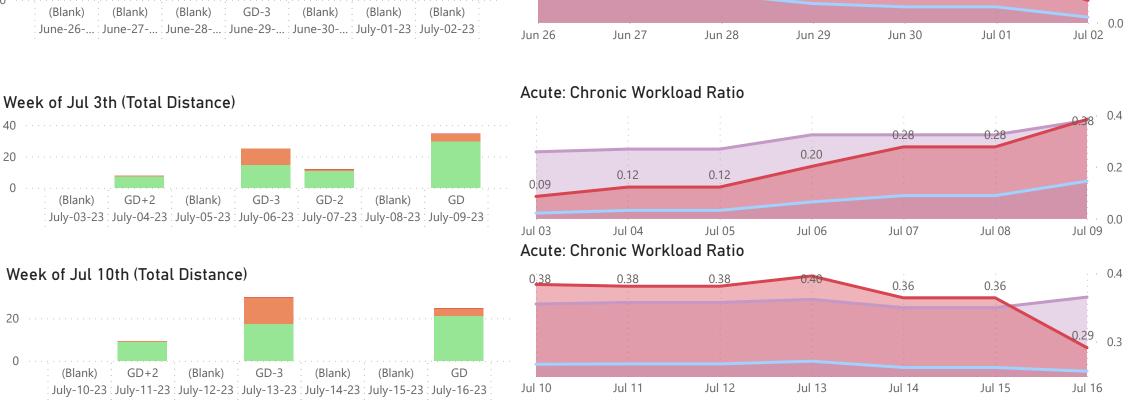
Acute: Chronic Workload Ratio Week of Jun 19th (Total Distance) 0.23 0.23 0.23 0.22 (Blank) GD+2 (Blank) GD-3 GD-2 (Blank) GD June-19-...: June-20-...: June-21-...: June-22-...: June-23-...: June-24-...: June-25-... Jun 19 Jun 20 Jun 21 Jun 22 Acute: Chronic Workload Ratio Week of Jun 26h (Total Distance) 0.29 0.29 0.21 (Blank) (Blank) GD-3 (Blank) : June-26-... : June-27-... : June-28-... : June-29-... : June-30-... : July-01-23 : July-02-23 Jun 26 Jun 27 Jun 28



0.31

Jun 25

0.19

Jun 23

0.20

0.19

Jun 24

0.20

0.3

0.2

0.4

0.2