



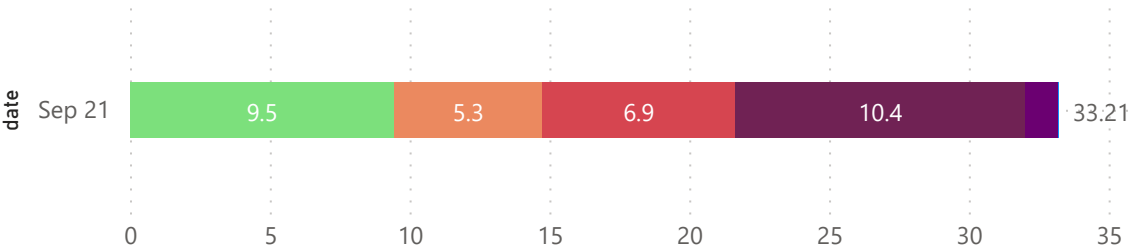
# Sep-21-2023 (Thu)

## Training

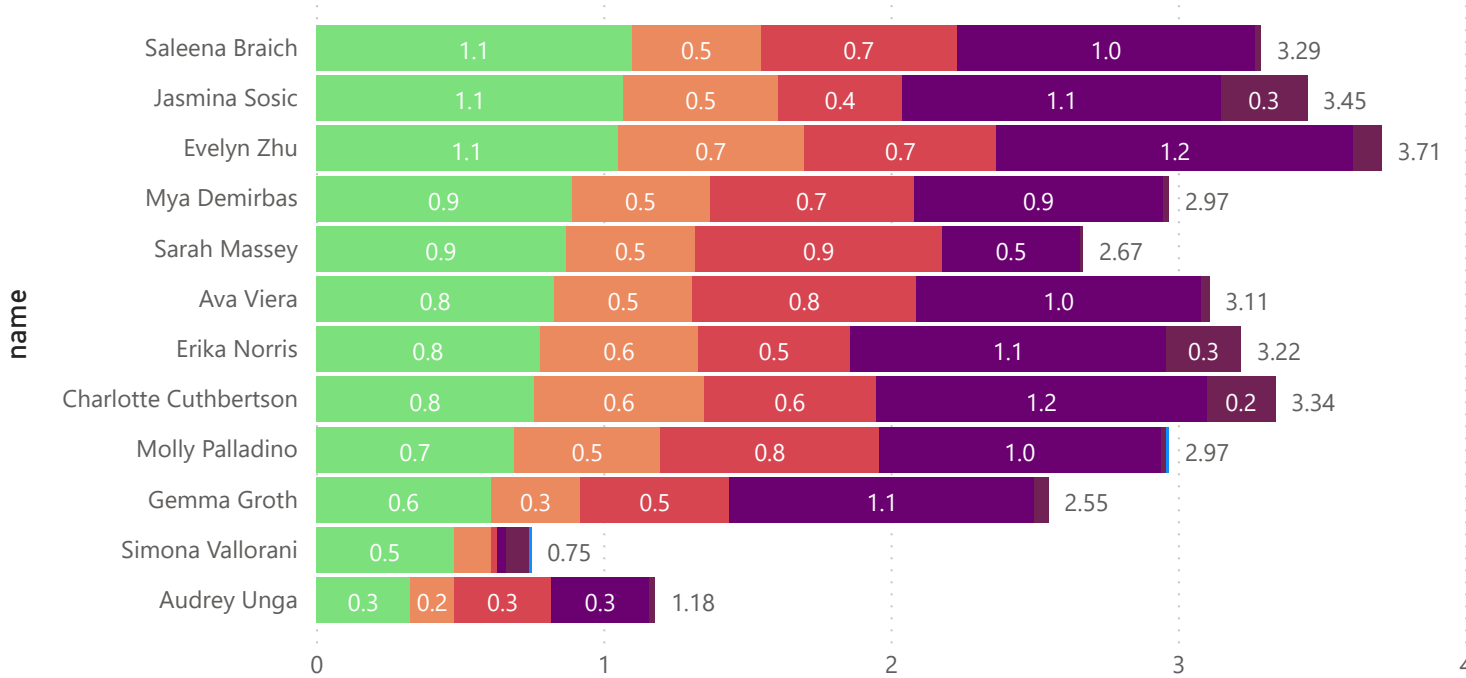
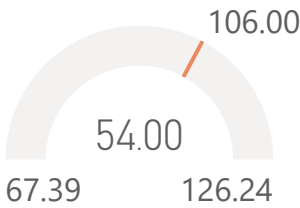
### [GD-3]



Team Distance Covered in Game by SpeedBand

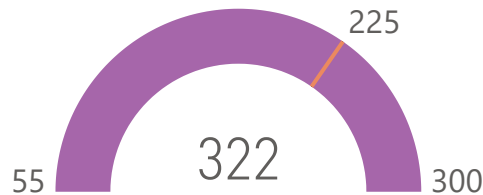


Comparison to Previous Game Distance

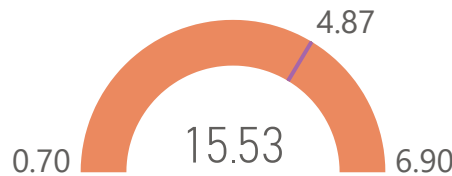


Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Charlotte Cuthbertson	42	1.86	234.40	52	103	
Molly Palladino	35	1.52	181.80	63	106	6.70
Ava Viera	34	1.61	184.70	60	95	5.70
Erika Norris	33	1.69	226.60	73	104	9.80
Evelyn Zhu	33	1.71	223.90	80	109	
Saleena Braich	32	1.55	182.40	76	122	6.60
Gemma Groth	30	1.54	172.90	39	68	
Jasmina Susic	30	1.73	230.50	73	117	
Mya Demirbas	27	1.27	164.50	56	74	
Sarah Massey	22	0.92	123.90	48	81	
Simona Vallorani	4	0.13	29.40	16	50	0.80
Audrey Unga	0	0.00	71.00	13	26	10.00
Total	322	15.53	2,026.00	649	1055	6.60

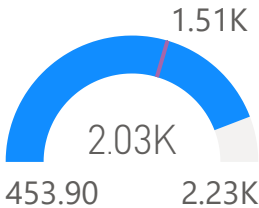
Comparison to Previous Game Count



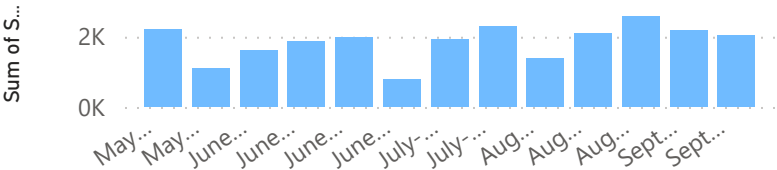
Comparison to Previous Game Sprint Distance



Comparison to Previous Session Load



Compare to previous GD -3



Week of Sep 18th (Total Distance)

