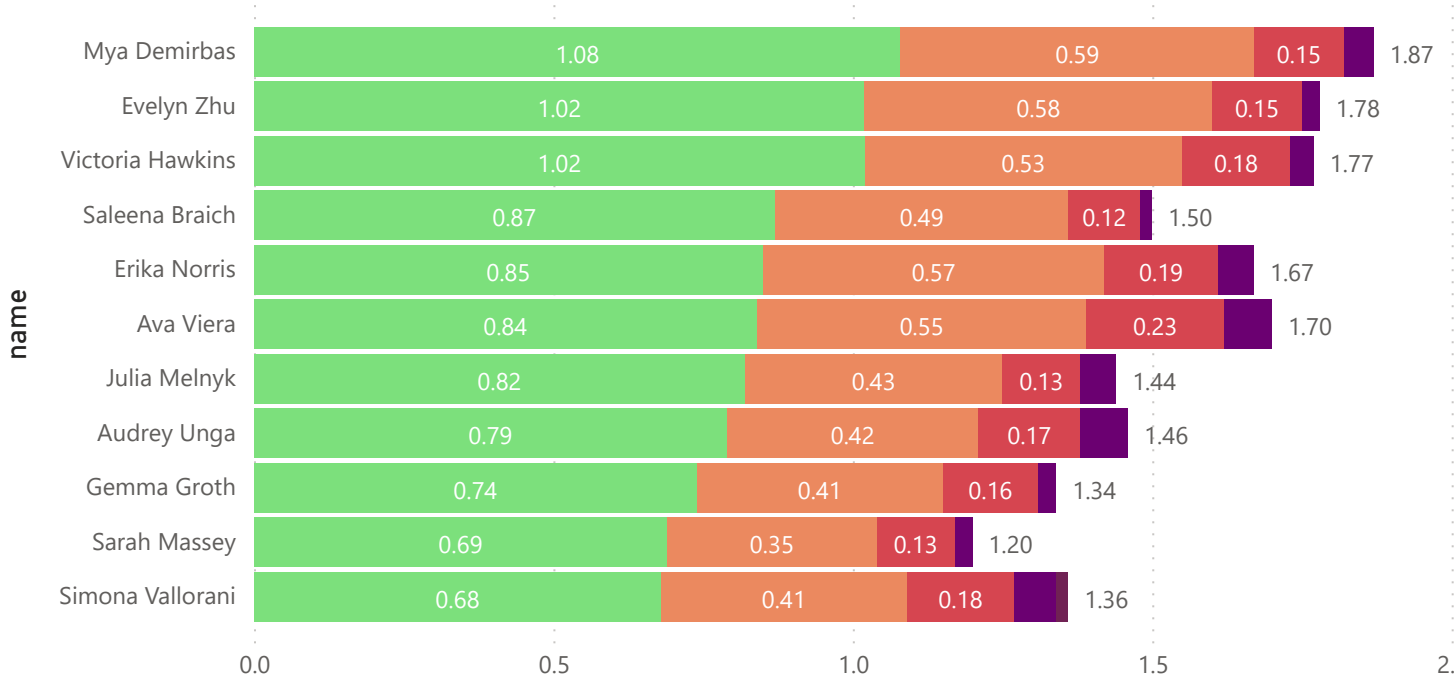
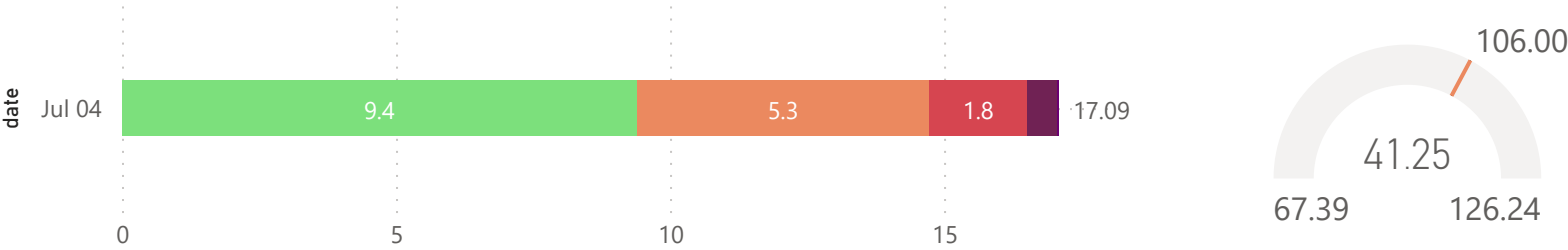




July-04-2023 (Tue)
Training
[GD+2]



Team Distance Covered in Game by SpeedBand

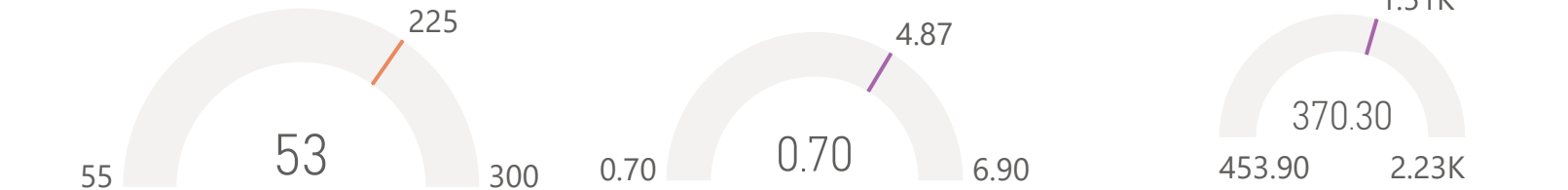


Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Audrey Unga	8	0.10	35.00	84	93	
Simona Vallorani	8	0.10	38.50	65	89	
Ava Viera	6	0.10	41.80	82	79	5.80
Julia Melnyk	6	0.10	31.10	82	72	
Erika Norris	5	0.10	37.90	110	96	
Evelyn Zhu	4	0.00	33.50	97	105	
Gemma Groth	4	0.10	28.40	75	74	
Victoria Hawkins	4	0.10	34.80	93	93	
Mya Demirbas	3	0.00	36.70	90	74	
Sarah Massey	3	0.00	24.20	63	53	
Saleena Braich	2	0.00	28.40	112	96	6.00
Total	53	0.70	370.30	953	924	5.90

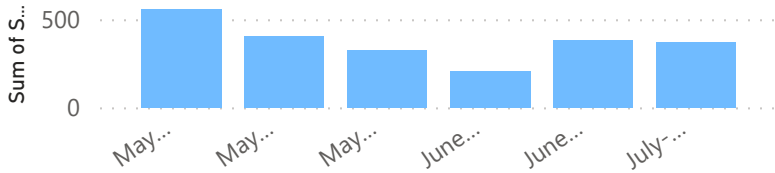
Comparison to Previous Game Count

Comparison to Previous Game Sprint Distance

Comparison to Previous Session Load



Compare to previous GD +2



Week of Jul 3rd (Total Distance)

