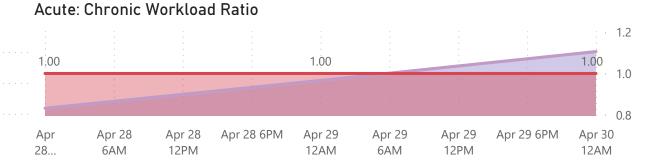
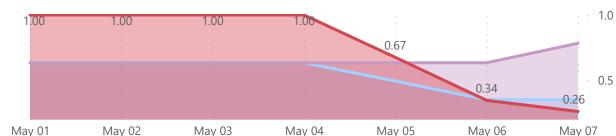
Week of Apr 28th (Total Distance) 40 20 GD GD April-28-23 April-29-23 April-30-23





: May-01-23: May-02-23: May-03-23: May-04-23: May-05-23: May-06-23: May-07-23:



Acute: Chronic Workload Ratio

