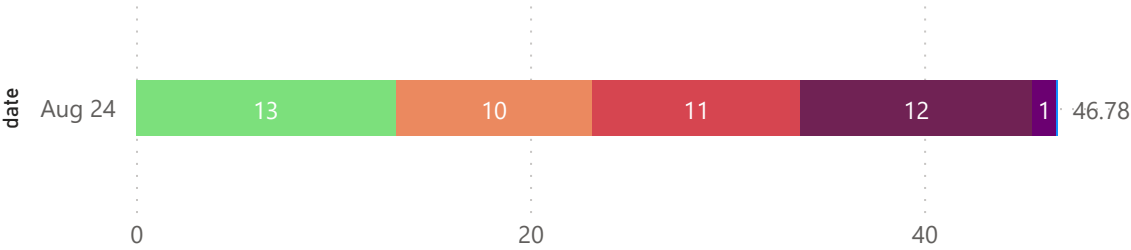# Aug-24-2023 (Wed)
Training
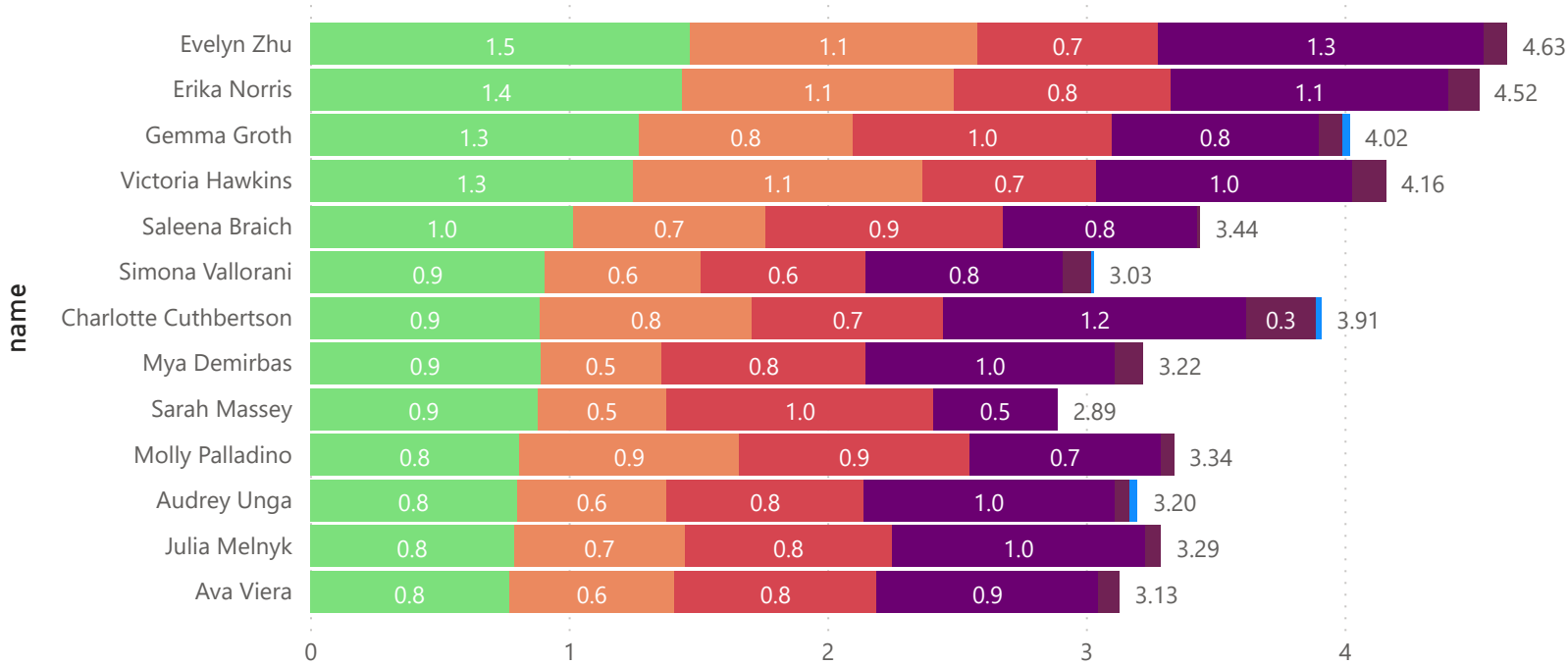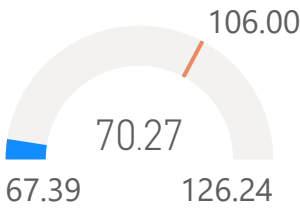# [GD-3]

Team Distance Covered in Game by SpeedBand

date — Aug 24: 13 | 10 | 11 | 12 | 1 — 46.78

Comparison to Previous Game Distance

106.00
70.27
67.39   126.24

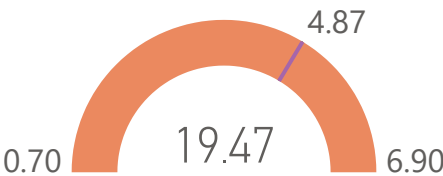| name					
Evelyn Zhu	1.5	1.1	0.7	1.3	4.63
Erika Norris	1.4	1.1	0.8	1.1	4.52
Gemma Groth	1.3	0.8	1.0	0.8	4.02
Victoria Hawkins	1.3	1.1	0.7	1.0	4.16
Saleena Braich	1.0	0.7	0.9	0.8	3.44
Simona Vallorani	0.9	0.6	0.6	0.8	3.03
Charlotte Cuthbertson	0.9	0.8	0.7	1.2	0.3	3.91
Mya Demirbas	0.9	0.5	0.8	1.0	3.22
Sarah Massey	0.9	0.5	1.0	0.5	2.89
Molly Palladino	0.8	0.9	0.9	0.7	3.34
Audrey Unga	0.8	0.6	0.8	1.0	3.20
Julia Melnyk	0.8	0.7	0.8	1.0	3.29
Ava Viera	0.8	0.6	0.8	0.9	3.13

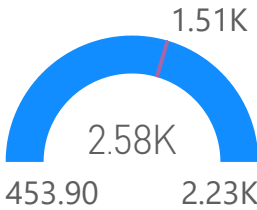| Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Charlotte Cuthbertson	43	1.92	261.30	71	95	8.30
Gemma Groth	35	1.60	206.00	80	82	9.40
Audrey Unga	34	1.60	200.00	48	71	10.00
Erika Norris	34	1.62	233.70	99	94	10.00
Evelyn Zhu	34	1.81	240.40	80	103	7.95
Julia Melnyk	34	1.61	193.60	45	66	8.50
Molly Palladino	32	1.30	175.20	50	63	8.80
Ava Viera	31	1.47	182.30	49	64	6.20
Mya Demirbas	31	1.49	197.50	58	68	9.40
Victoria Hawkins	30	1.55	215.30	91	78	
Saleena Braich	28	1.31	167.40	59	62	8.10
Simona Vallorani	28	1.35	169.10	53	65	7.50
Sarah Massey	21	0.86	135.80	56	59	
Total	**415**	**19.47**	**2,577.60**	**839**	**970**	**8.51**

Comparison to Previous Game Count
225
415
55   300
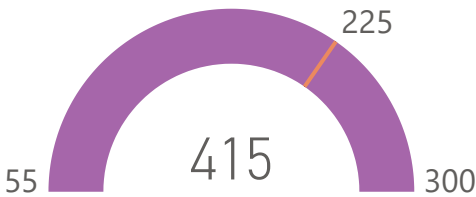
Comparison to Previous Game Sprint Distance
4.87
19.47
0.70   6.90

Comparison to Previous Session Load
1.51K
2.58K
453.90   2.23K

Compare to previous GD -3
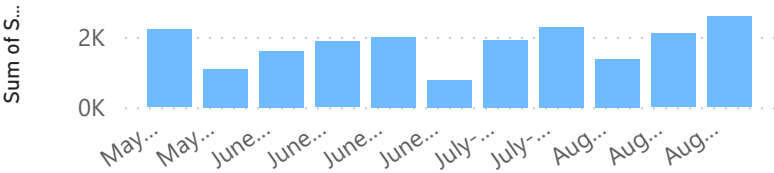
Week of Aug 21st (Total Distance)

(Blank) August... | GD+2 August... | (Blank) August... | GD-3 August... | GD-2 August... | (Blank) August... | GD August...