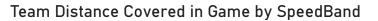
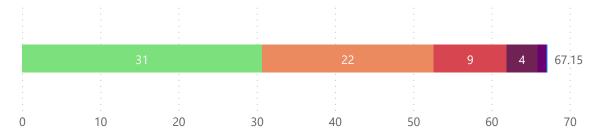


## 08-31-2023 (Thu) vs FC Durham OPDL Match Day 11

[LOSE]

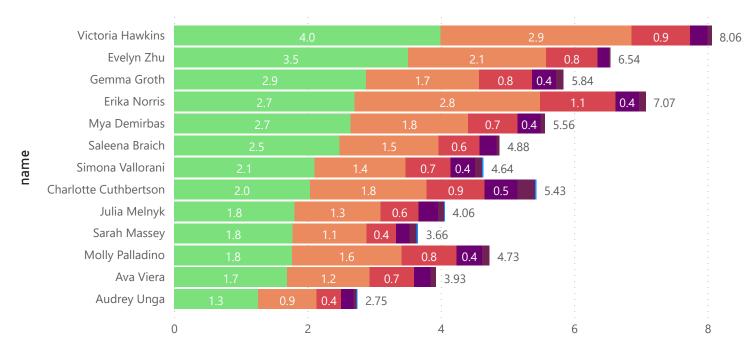








126.24



| Player Name           | Sum of Sprints<br>Count |   | Sum of Session<br>Load | TotalDec(<-2<br>m/s/s) | TotalAcc(> 2<br>m/s/s) | Average of<br>RPE |
|-----------------------|-------------------------|---|------------------------|------------------------|------------------------|-------------------|
| Erika Norris          | 3                       | 0 | 214.80                 | 235                    | 170                    |                   |
| Victoria Hawkins      | 2                       | 2 | 189.20                 | 215                    | 168                    | 5.10              |
| Charlotte Cuthbertson | 4                       | 6 | 225.30                 | 148                    | 165                    | 8.80              |
| Evelyn Zhu            | 1                       | 5 | 144.70                 | 177                    | 163                    | 8.70              |
| Gemma Groth           | 2                       | 8 | 171.60                 | 164                    | <b>15</b> 9            | 10.00             |
| Simona Vallorani      | 2                       | 9 | 158.80                 | 150                    | 152                    | 9.20              |
| Mya Demirbas          | 2                       | 8 | 157.60                 | 171                    | 142                    | 9.70              |
| Saleena Braich        | 2                       | 2 | 128.50                 | 157                    | 134                    | 7.50              |
| Ava Viera             | 2                       | 0 | 127.70                 | 136                    | 118                    | 7.70              |
| Molly Palladino       | 3                       | 6 | <b>16</b> 9.30         | 131                    | 115                    | 7.30              |
| Julia Melnyk          | 2                       | 5 | 133.20                 | 109                    | 107                    | ,                 |
| Sarah Massey          | 1                       | 8 | 117.30                 | 108                    | 89                     |                   |
| Audrey Unga           | 1                       | 6 | 86.80                  | 74                     | 74                     | 8.50              |
| Total                 | 33                      | 5 | 2,024.80               | 1975                   | 1756                   | 8.25              |

