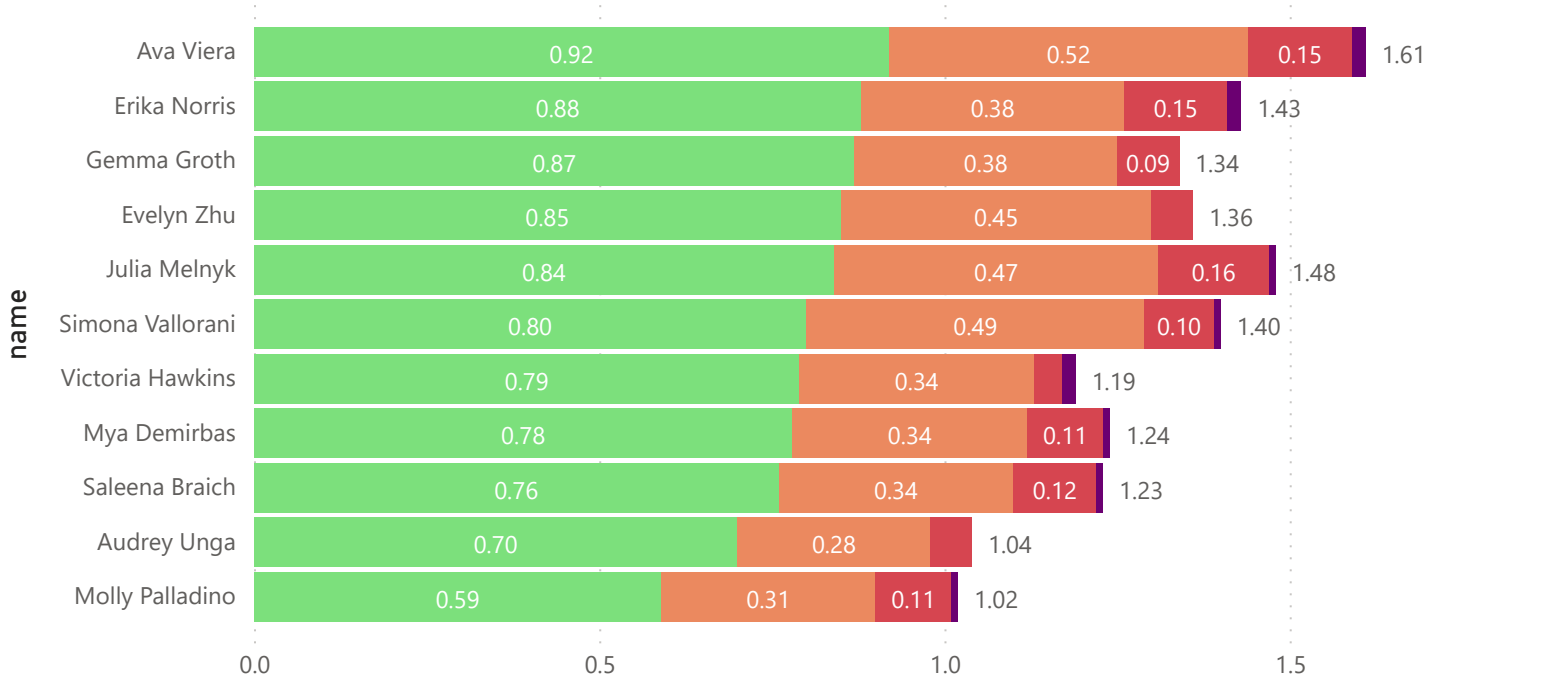
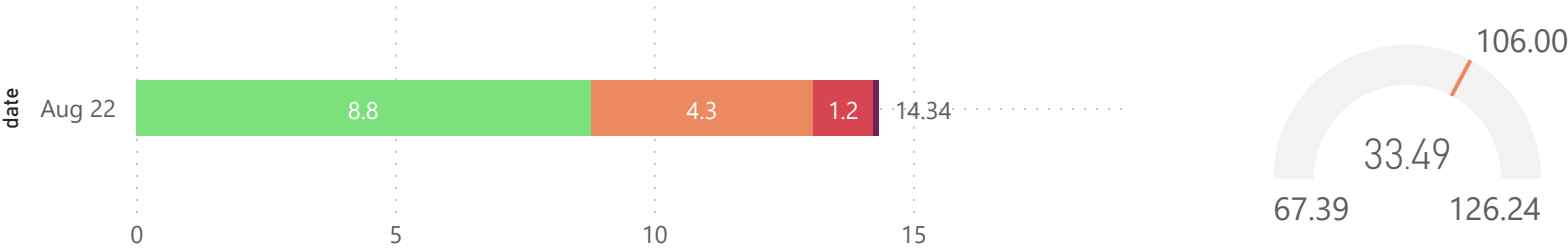




Aug-22-2023 (Tue)
Training
[GD+2]



Team Distance Covered in Game by SpeedBand



Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Erika Norris	2	0.03	26.10	98	81	
Victoria Hawkins	2	0.03	18.70	72	86	6.70
Ava Viera	1	0.02	30.20	98	84	4.90
Molly Palladino	1	0.01	19.10	68	80	3.80
Simona Vallorani	1	0.01	24.60	62	91	7.20
Audrey Unga	0	0.00	14.90	55	75	10.00
Evelyn Zhu	0	0.00	19.90	74	65	
Gemma Groth	0	0.00	20.80	66	78	
Julia Melnyk	0	0.00	27.70	82	97	
Mya Demirbas	0	0.00	20.40	81	72	7.60
Saleena Braich	0	0.00	21.20	85	83	5.10
Sarah Massey						3.80
Total	7	0.10	243.60	841	892	6.30

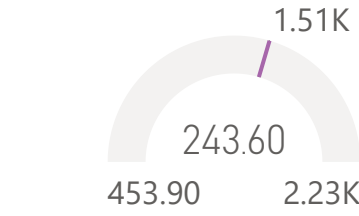
Comparison to Previous Game Count



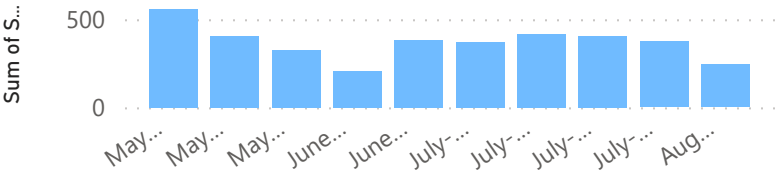
Comparison to Previous Game Sprint Distance



Comparison to Previous Session Load



Compare to previous GD +2



Week of Aug 21st (Total Distance)

