



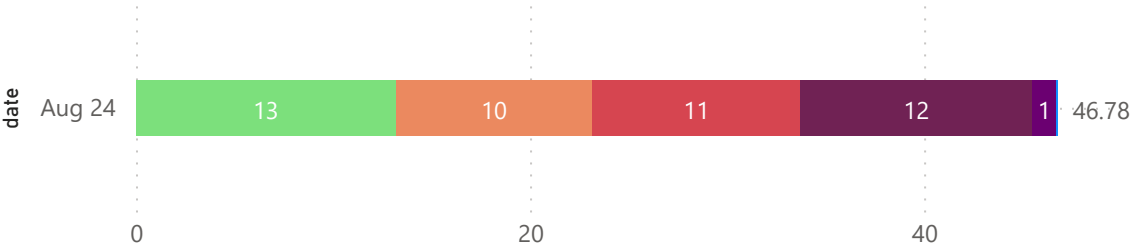
# Aug-24-2023 (Thu)

## Training

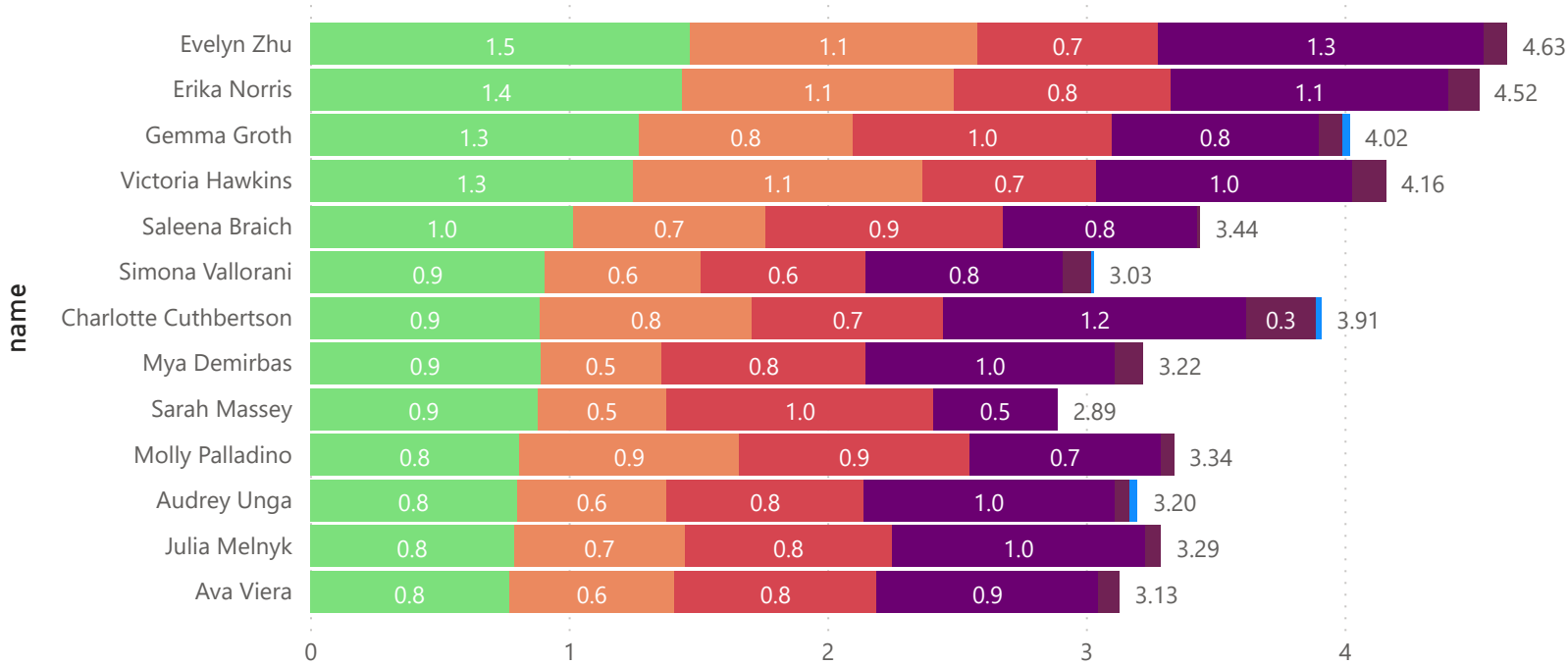
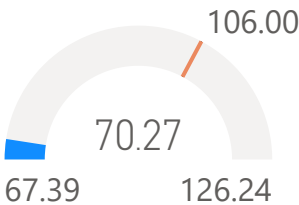
### [GD-3]



Team Distance Covered in Game by SpeedBand

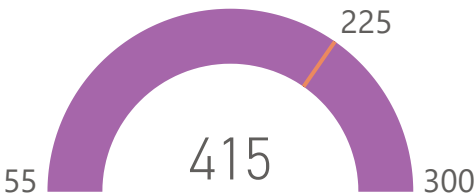


Comparison to Previous Game Distance

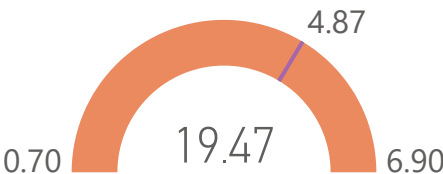


Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Charlotte Cuthbertson	43	1.92	261.30	71	95	8.30
Gemma Groth	35	1.60	206.00	80	82	9.40
Audrey Unga	34	1.60	200.00	48	71	10.00
Erika Norris	34	1.62	233.70	99	94	10.00
Evelyn Zhu	34	1.81	240.40	80	103	7.95
Julia Melnyk	34	1.61	193.60	45	66	8.50
Molly Palladino	32	1.30	175.20	50	63	8.80
Ava Viera	31	1.47	182.30	49	64	6.20
Mya Demirbas	31	1.49	197.50	58	68	9.40
Victoria Hawkins	30	1.55	215.30	91	78	
Saleena Braich	28	1.31	167.40	59	62	8.10
Simona Vallorani	28	1.35	169.10	53	65	7.50
Sarah Massey	21	0.86	135.80	56	59	
Total	415	19.47	2,577.60	839	970	8.51

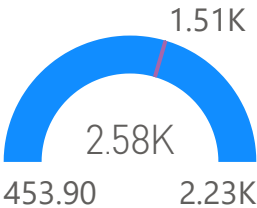
Comparison to Previous Game Count



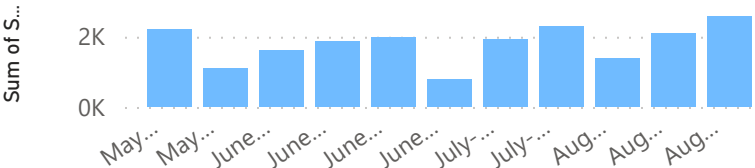
Comparison to Previous Game Sprint Distance



Comparison to Previous Session Load



Compare to previous GD -3



Week of Aug 21st (Total Distance)

