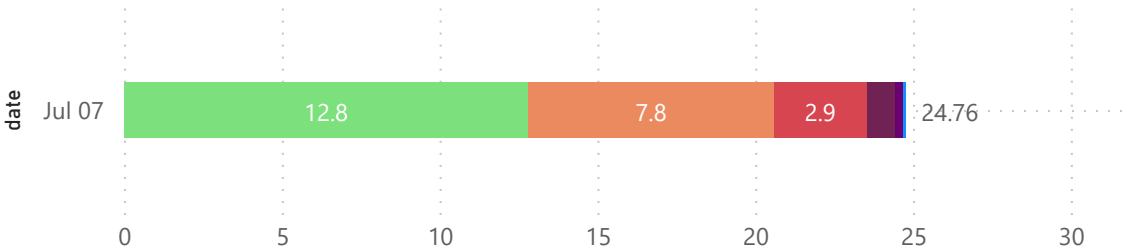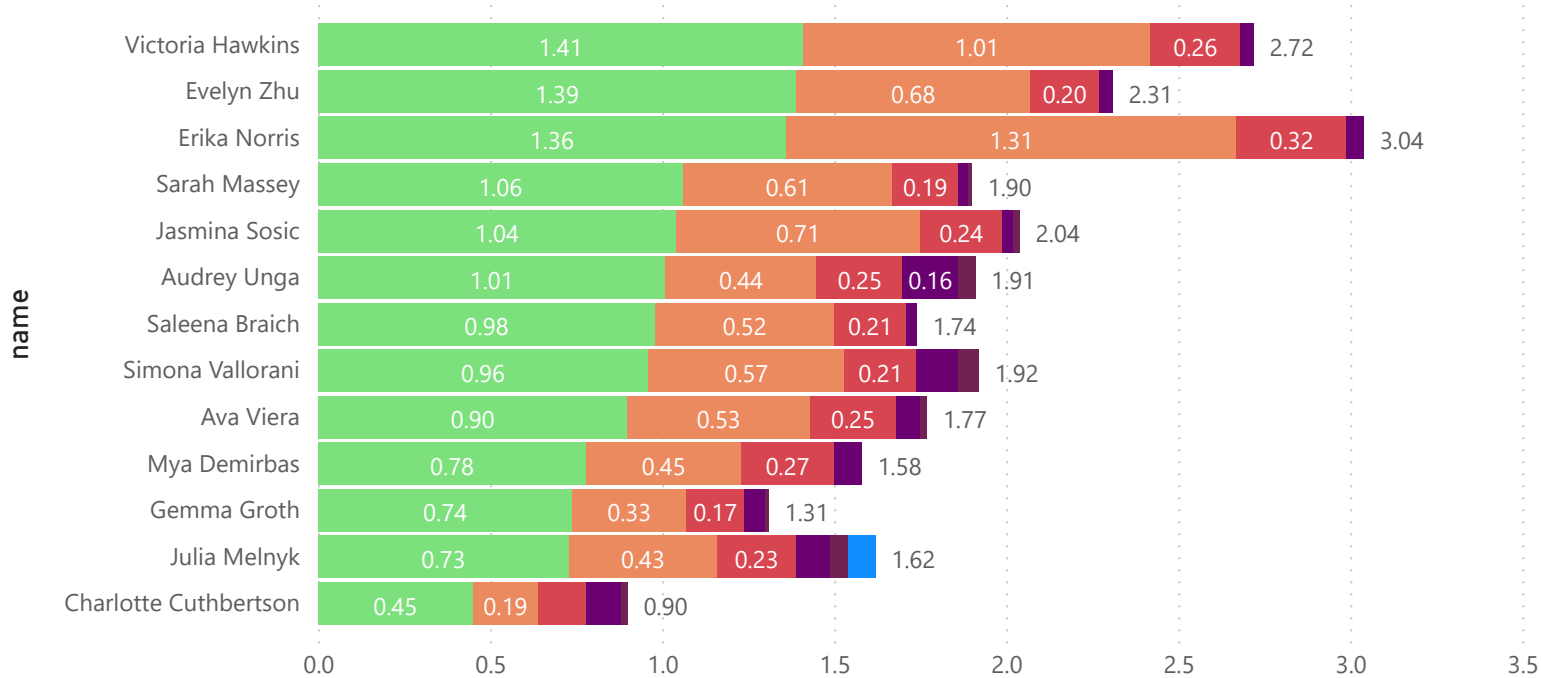# July-07-2023 (Fri)
Training
[GD-2]

Team Distance Covered in Game by SpeedBand
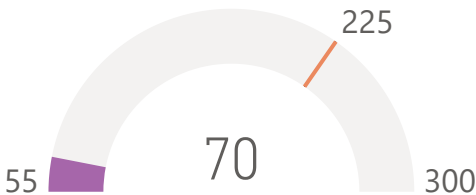
Comparison to Previous Game Distance

date — Jul 07: 12.8 | 7.8 | 2.9 | 24.76

Gauge: 106.00 | 50.75 | 67.39 — 126.24

(Speed band chart, by name)

Victoria Hawkins	1.41	1.01	0.26	2.72
Evelyn Zhu	1.39	0.68	0.20	2.31
Erika Norris	1.36	1.31	0.32	3.04
Sarah Massey	1.06	0.61	0.19	1.90
Jasmina Sosic	1.04	0.71	0.24	2.04
Audrey Unga	1.01	0.44	0.25	0.16	1.91
Saleena Braich	0.98	0.52	0.21	1.74
Simona Vallorani	0.96	0.57	0.21	1.92
Ava Viera	0.90	0.53	0.25	1.77
Mya Demirbas	0.78	0.45	0.27	1.58
Gemma Groth	0.74	0.33	0.17	1.31
Julia Melnyk	0.73	0.43	0.23	1.62
Charlotte Cuthbertson	0.45	0.19	0.90

Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Audrey Unga	12	0.30	59.60	61	106	
Simona Vallorani	10	0.20	57.50	65	118	
Julia Melnyk	8	0.20	302.60	44	62	5.80
Charlotte Cuthbertson	7	0.20	34.50	42	53	4.60
Ava Viera	6	0.10	45.30	57	86	6.80
Mya Demirbas	6	0.10	41.70	37	55	7.50
Gemma Groth	5	0.10	31.70	42	79	5.40
Erika Norris	3	0.00	65.40	106	108	
Jasmina Sosic	3	0.10	45.40	63	103	
Sarah Massey	3	0.10	38.50	69	99	4.40
Victoria Hawkins	3	0.10	54.10	98	141	7.80
Evelyn Zhu	2	0.00	41.90	65	117	7.40
Saleena Braich	2	0.10	35.20	51	95	5.30
Molly Palladino						7.30
Total	**70**	**1.60**	**853.40**	**800**	**1222**	**6.56**

Comparison to Previous Game Count
Gauge: 225 | 70 | 55 — 300

Comparison to Previous Game Sprint Distance
Gauge: 4.87 | 1.60 | 0.70 — 6.90
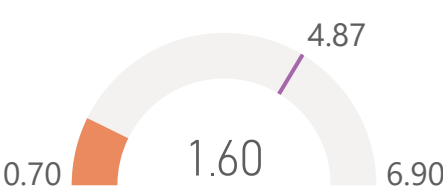
Comparison to Previous Session Load
Gauge: 1.51K | 853.40 | 453.90 — 2.23K

Compare to previous GD -2

(bar chart, Sum of S..., 0K–1K, May... through July-...)
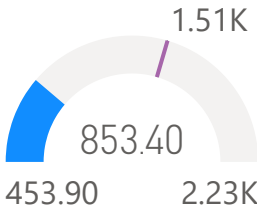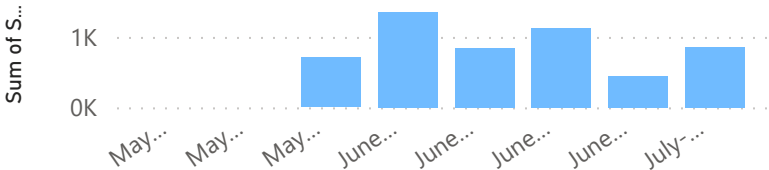
Week of Jul 3rd (Total Distance)

(bar chart, 0–40, (Blank) July-0..., GD+2 July-0..., (Blank) July-0..., GD-3 July-0..., GD-2 July-0..., (Blank) July-0..., GD July-0...)