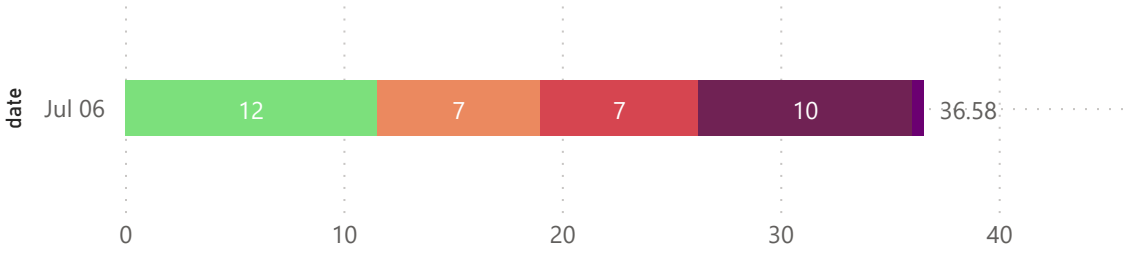
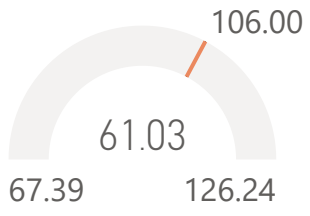
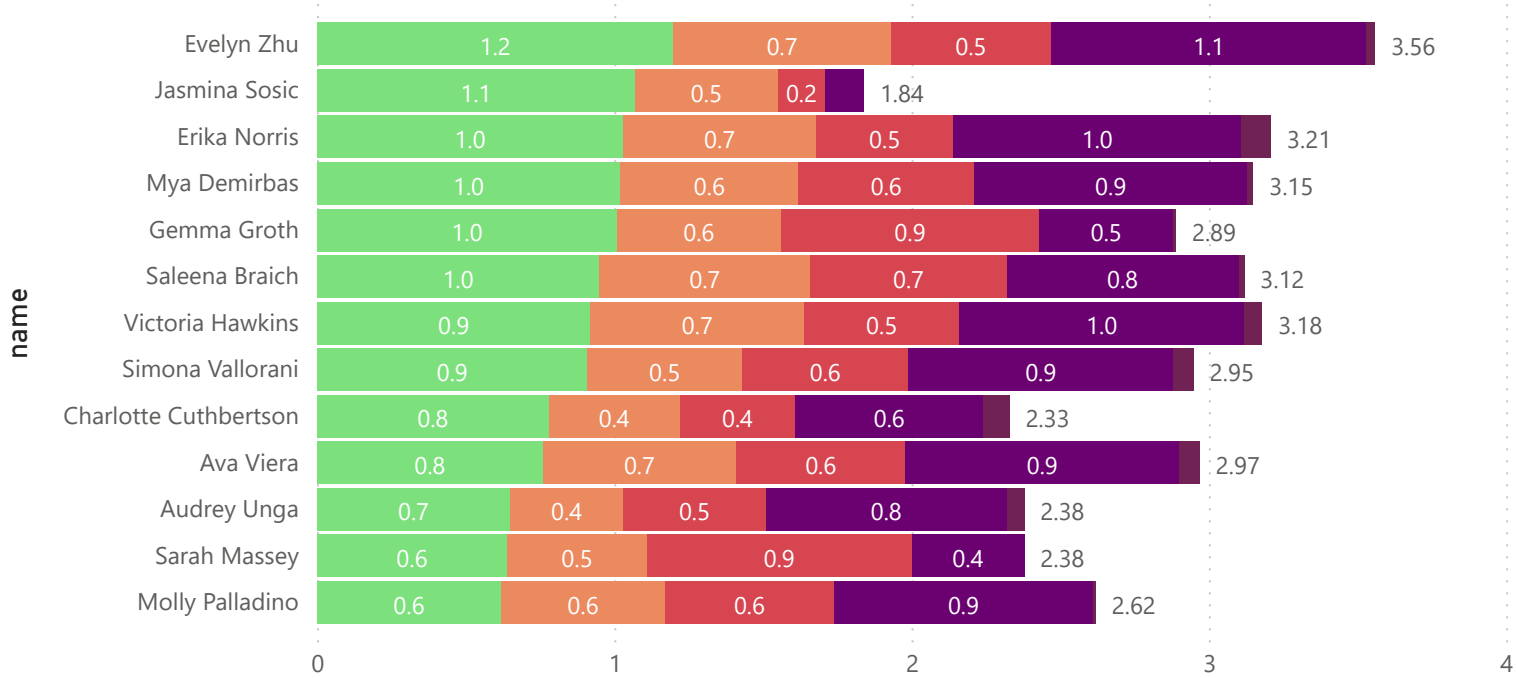
# July-06-2023 (Thu)
# Training
# [GD-3]

## Team Distance Covered in Game by SpeedBand



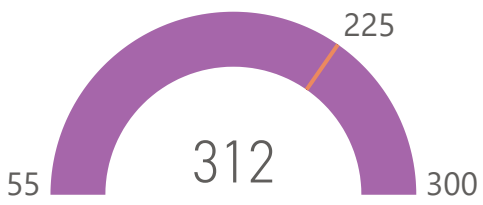

## Comparison to Previous Game Distance



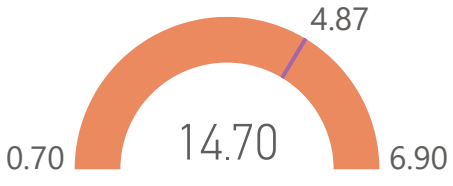




| Player Name | Sum of Sprints Count | Sum of Sprints Distance (km) | Sum of Session Load | TotalDec(<-2 m/s/s) | TotalAcc(> 2 m/s/s) | Average of RPE |
|---|---|---|---|---|---|---|
| Evelyn Zhu | 27 | 1.40 | 186.40 | 114 | 116 | 7.80 |
| Mya Demirbas | 25 | 1.30 | 166.50 | 105 | 114 | 8.70 |
| Gemma Groth | 22 | 0.80 | 125.90 | 68 | 93 | |
| Erika Norris | 27 | 1.40 | 181.40 | 108 | 89 | 10.00 |
| Victoria Hawkins | 28 | 1.40 | 176.60 | 88 | 81 | |
| Simona Vallorani | 28 | 1.30 | 166.40 | 70 | 75 | 8.10 |
| Jasmina Sosic | 6 | 0.20 | 44.40 | 80 | 74 | 6.40 |
| Molly Palladino | 27 | 1.30 | 154.40 | 60 | 71 | 7.90 |
| Saleena Braich | 28 | 1.30 | 157.50 | 76 | 71 | 8.40 |
| Charlotte Cuthbertson | 22 | 1.00 | 128.20 | 50 | 64 | 8.00 |
| Ava Viera | 32 | 1.40 | 173.40 | 63 | 60 | 7.80 |
| Sarah Massey | 16 | 0.70 | 111.70 | 46 | 59 | 10.00 |
| Audrey Unga | 24 | 1.20 | 147.40 | 35 | 56 | 9.10 |
| **Total** | **312** | **14.70** | **1,920.20** | **963** | **1023** | **8.38** |

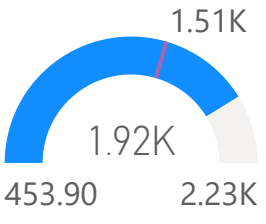
## Comparison to Previous Game Count



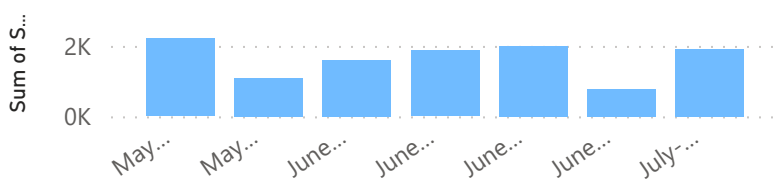

## Comparison to Previous Game Sprint Distance

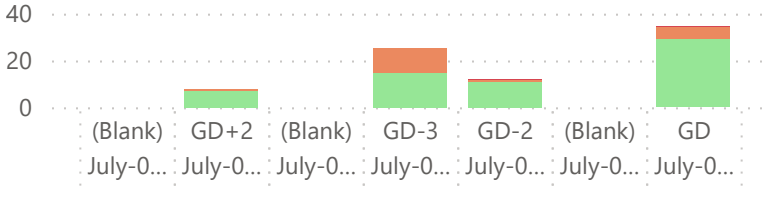



## Comparison to Previous Session Load




## Compare to previous GD -3




## Week of Jul 3rd (Total Distance)