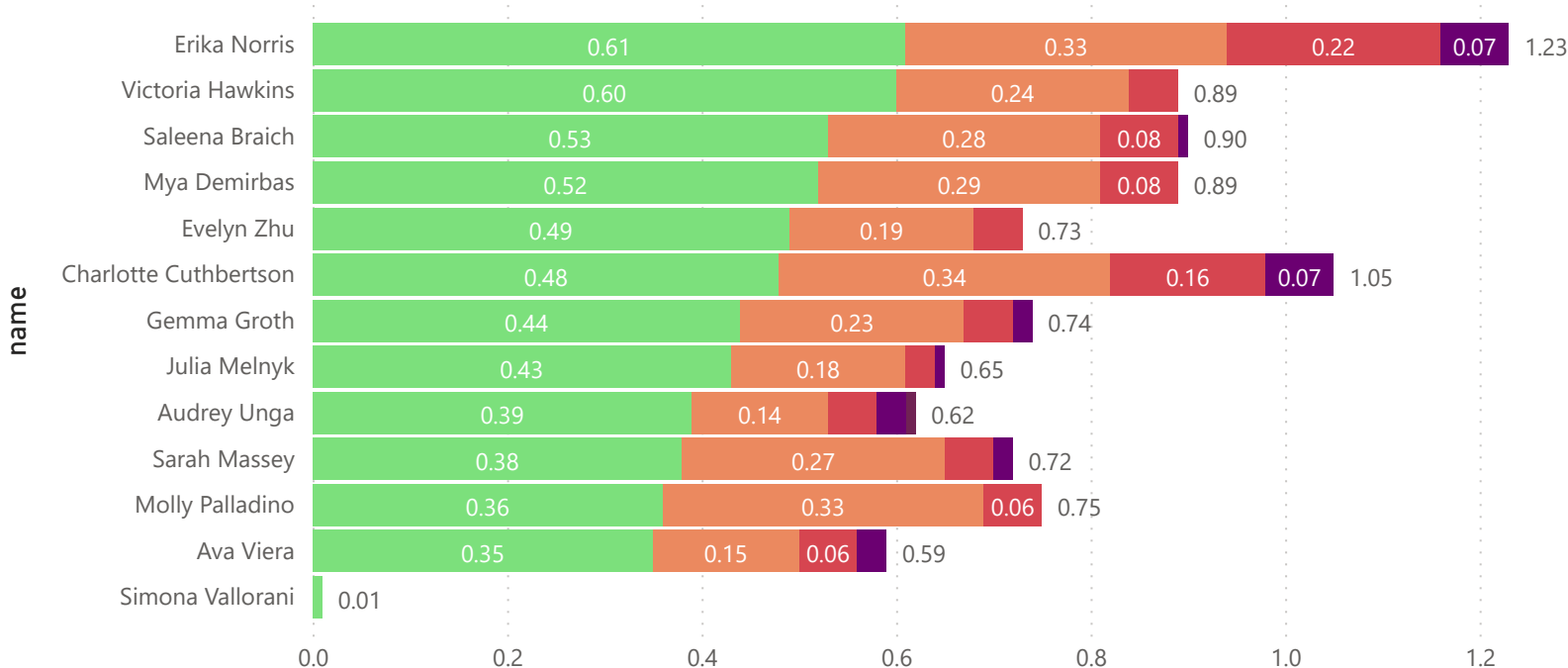
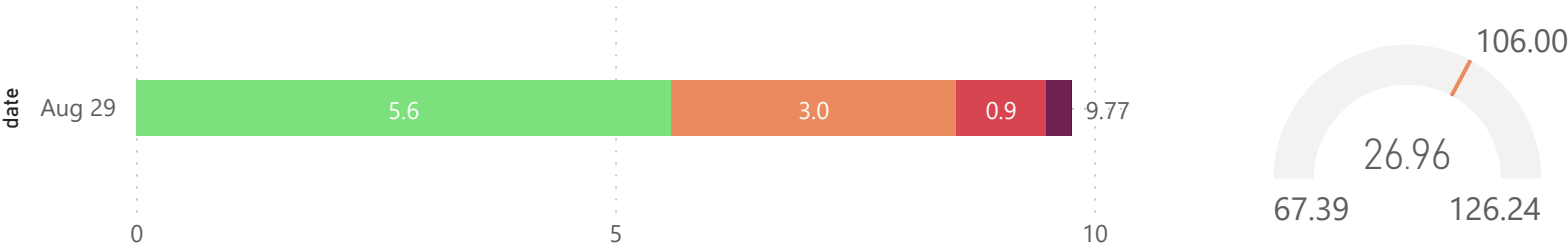




Aug-29-2023 (Tue)  
Training  
[GD+2]



Team Distance Covered in Game by SpeedBand

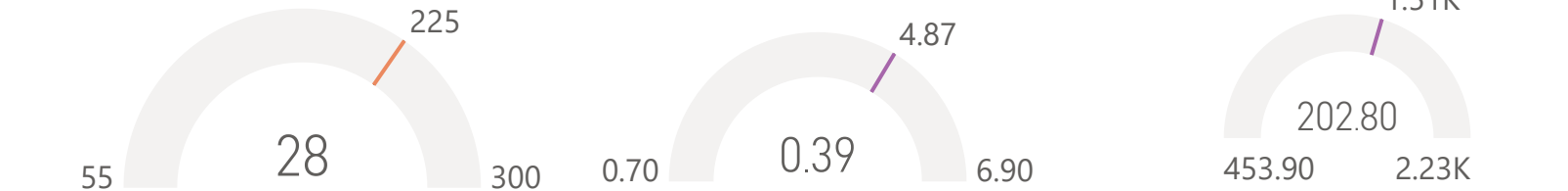


Player Name	Sum of Sprints Count	Sum of Sprints Distance (km)	Sum of Session Load	TotalDec(<-2 m/s/s)	TotalAcc(> 2 m/s/s)	Average of RPE
Charlotte Cuthbertson	7	0.09	28.60	73	86	3.00
Erika Norris	7	0.12	34.50	96	98	
Ava Viera	4	0.05	13.50	43	45	3.50
Audrey Unga	3	0.05	14.00	40	60	5.00
Gemma Groth	3	0.03	14.50	51	56	
Sarah Massey	2	0.03	15.30	49	56	
Julia Melnyk	1	0.02	11.40	47	44	
Saleena Braich	1	0.01	17.00	82	99	4.40
Evelyn Zhu	0	0.00	11.00	52	52	6.60
Molly Palladino	0	0.00	14.60	52	50	2.60
Mya Demirbas	0	0.00	15.60	59	57	6.30
Simona Vallorani	0	0.00	0.10	0	1	
Victoria Hawkins	0	0.00	12.70	79	58	
Total	28	0.39	202.80	723	762	4.30

Comparison to Previous Game Count

Comparison to Previous Game Sprint Distance

Comparison to Previous Session Load



Compare to previous GD +2/-2

Week of Aug 28th (Total Distance)

