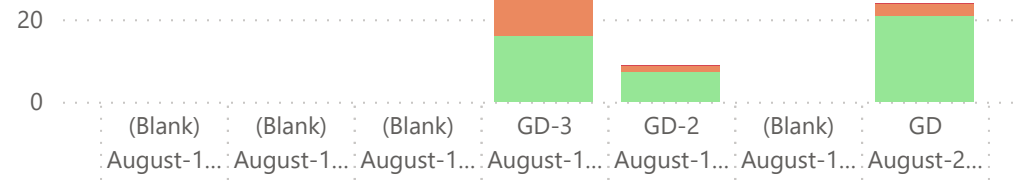
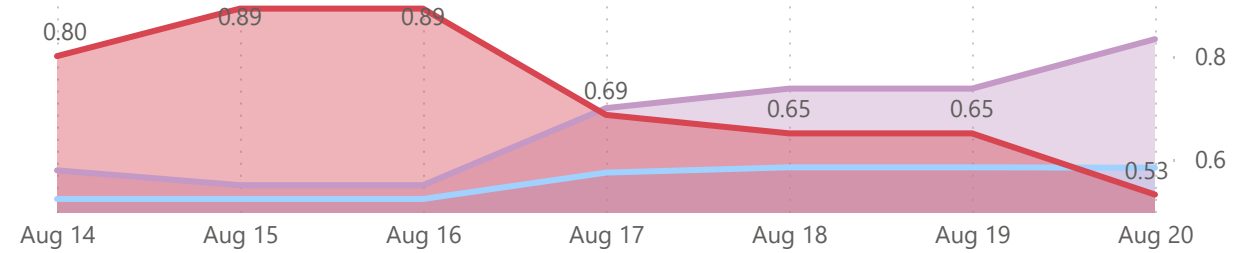


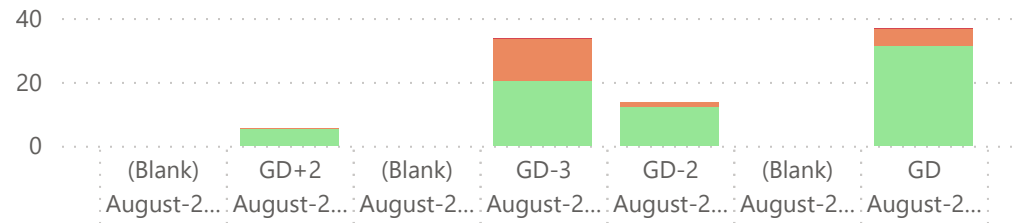
### Week of Aug 14th (Total Distance)



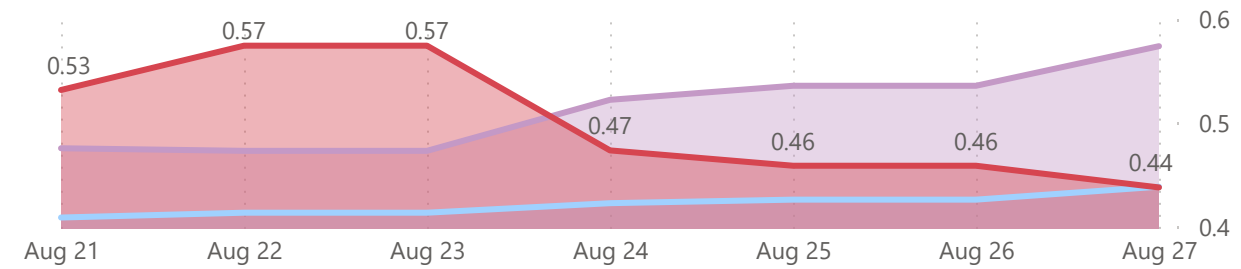
### Acute: Chronic Workload Ratio



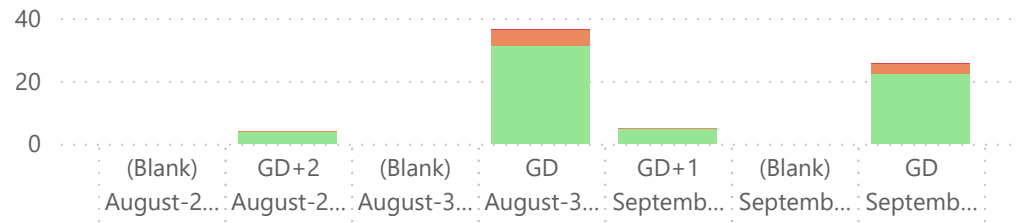
**Week of Aug 21st (Total Distance)**



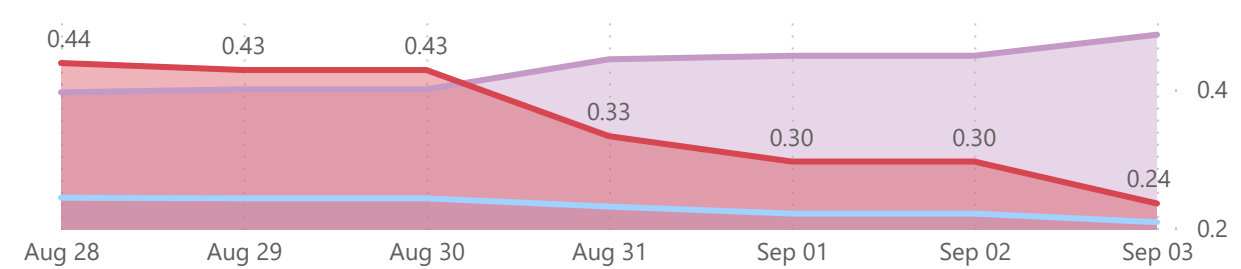
### Acute: Chronic Workload Ratio



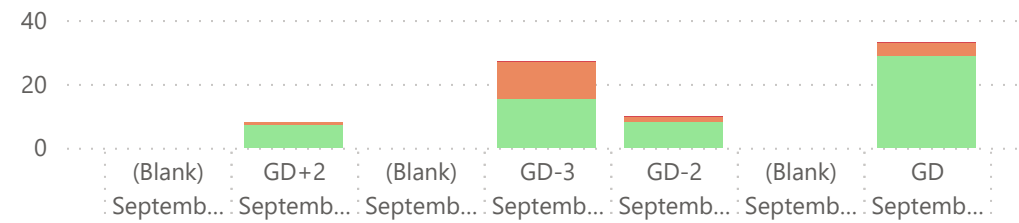
### Week of Aug 28th (Total Distance)



### Acute: Chronic Workload Ratio



Week of Sep 4th (Total Distance)



## Acute: Chronic Workload Ratio

