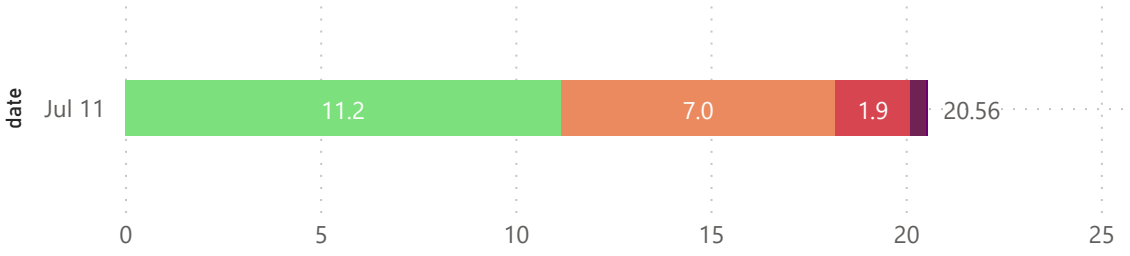
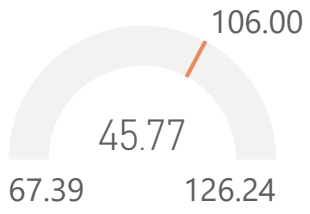
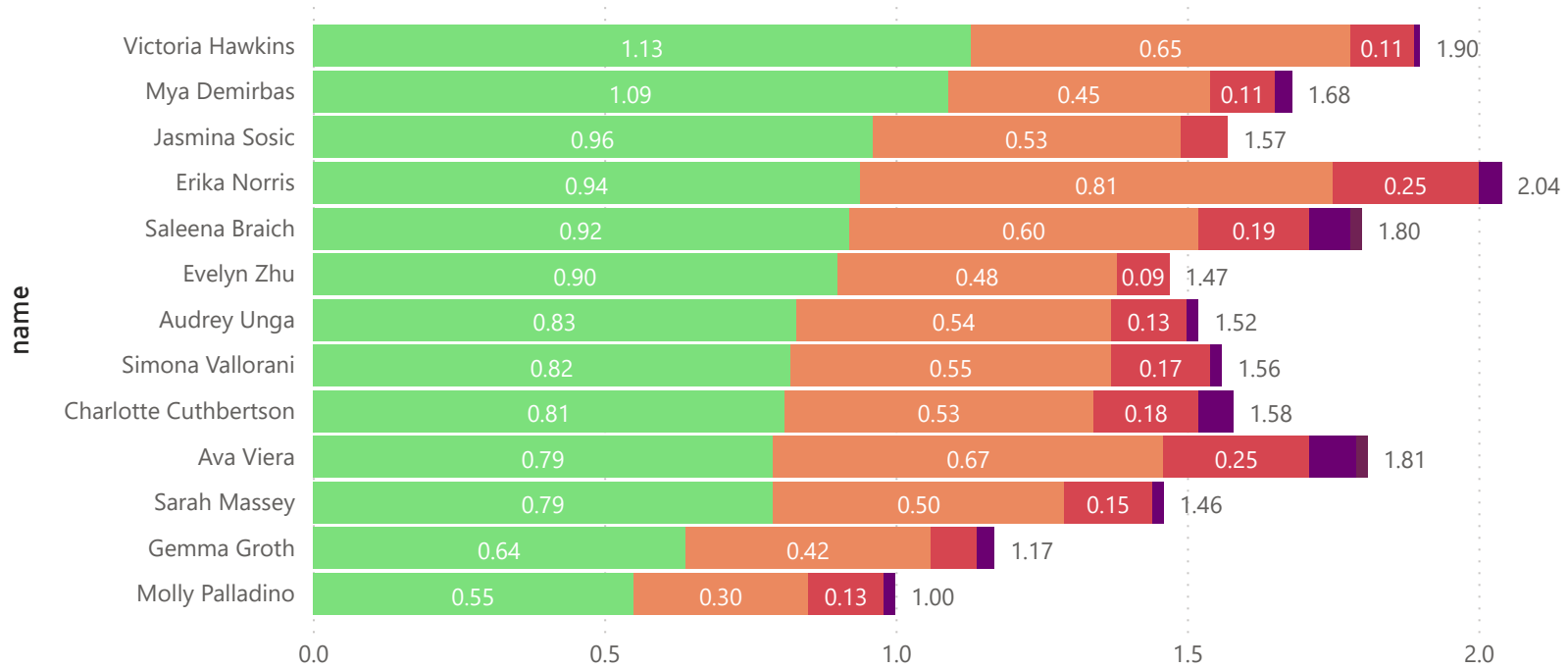
# Aug-10-2023 (Wed)
# Training
# [GD-3]

## Team Distance Covered in Game by SpeedBand



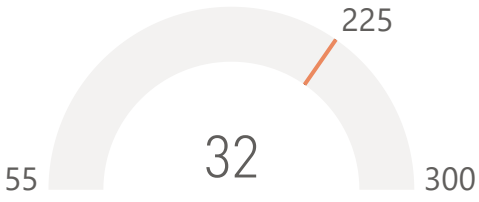

## Comparison to Previous Game Distance



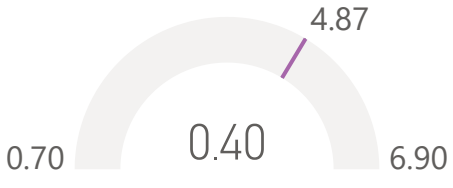




| Player Name | Sum of Sprints Count | Sum of Sprints Distance (km) | Sum of Session Load | TotalDec(<-2 m/s/s) | TotalAcc(> 2 m/s/s) | Average of RPE |
|---|---|---|---|---|---|---|
| Ava Viera | 7 | 0.10 | 49.50 | 79 | 80 | |
| Saleena Braich | 6 | 0.10 | 43.90 | 79 | 92 | |
| Charlotte Cuthbertson | 4 | 0.10 | 35.70 | 57 | 62 | |
| Erika Norris | 4 | 0.10 | 45.30 | 72 | 82 | |
| Gemma Groth | 4 | 0.00 | 22.50 | 29 | 53 | |
| Audrey Unga | 2 | 0.00 | 27.40 | 37 | 58 | |
| Mya Demirbas | 2 | 0.00 | 29.60 | 55 | 53 | |
| Simona Vallorani | 2 | 0.00 | 32.40 | 42 | 78 | |
| Sarah Massey | 1 | 0.00 | 28.90 | 55 | 65 | |
| Evelyn Zhu | 0 | 0.00 | 23.80 | 50 | 58 | |
| Jasmina Sosic | 0 | 0.00 | 24.00 | 40 | 73 | |
| Molly Palladino | 0 | 0.00 | 20.90 | 43 | 59 | |
| Victoria Hawkins | 0 | 0.00 | 31.00 | 66 | 81 | |
| **Total** | **32** | **0.40** | **414.90** | **704** | **894** | |

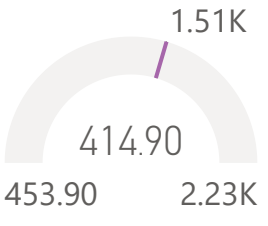
## Comparison to Previous Game Count



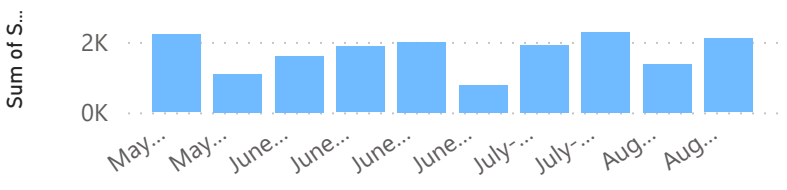

## Comparison to Previous Game Sprint Distance

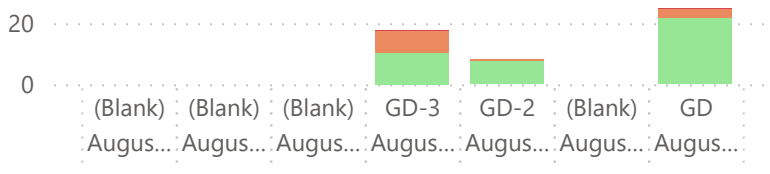



## Comparison to Previous Session Load




## Compare to previous GD -3




## Week of Aug 7th (Total Distance)