

During the government shutdown, only websites supporting excepted functions will be updated. As a result, the information on this website may not be up-to-date and the agency may not be able to respond to inquiries. Updates regarding government operating status and resumption of normal operations can be found at <https://www.opm.gov/>.



National Center for Health Statistics



# August 2021-August 2023 Dietary Data - Continuous NHANES

- [NHANES August 2021-August 2023 Dietary Variable List](#)
- [Questionnaire Instruments](#)
- [Exam Procedure Manuals](#)
- [Measuring Guides for the Dietary Recall Interview](#)
- [What We Eat in America, Dietary Data: Impact of Mode Change](#)
- [Dietary Supplement Data Collection Mode Changes](#)
- [Brief Overview of Sample Design, Nonresponse Bias Assessment, and Analytic Guidelines](#)
- [SAS Universal Viewer](#)
- [Data User Agreement](#)

Data File Name	Doc File	Data File	Date Published
Dietary Interview - Individual Foods, First Day	<a href="#">DR1IFF_L Doc</a>	<a href="#">DR1IFF_L Data [XPT - 64.2 MB]</a>	October 2024
Dietary Interview - Individual Foods, Second Day	<a href="#">DR2IFF_L Doc</a>	<a href="#">DR2IFF_L Data [XPT - 56.4 MB]</a>	October 2024
Dietary Interview - Total Nutrient Intakes, First Day	<a href="#">DR1TOT_L Doc</a>	<a href="#">DR1TOT_L Data [XPT - 11.4 MB]</a>	October 2024
Dietary Interview - Total Nutrient Intakes, Second Day	<a href="#">DR2TOT_L Doc</a>	<a href="#">DR2TOT_L Data [XPT - 5.8 MB]</a>	October 2024
Dietary Interview Technical Support File - Food Codes	<a href="#">DRXFCD_L Doc</a>	<a href="#">DRXFCD_L Data [XPT - 1.4 MB]</a>	October 2024
Dietary Supplement Database - Blend Information	<a href="#">DSBI Doc</a>	<a href="#">DSBI Data [XPT - 10 MB]</a>	February 2025
Dietary Supplement Database - Ingredient Information	<a href="#">DSII Doc</a>	<a href="#">DSII Data [XPT - 82.4 MB]</a>	February 2025
Dietary Supplement Database - Product Information	<a href="#">DSPI Doc</a>	<a href="#">DSPI Data [XPT - 6.5 MB]</a>	February 2025
Dietary Supplement Use 30-Day - Individual Dietary Supplements	<a href="#">DSQIDS_L Doc</a>	<a href="#">DSQIDS_L Data [XPT - 6 MB]</a>	<a href="#">Updated April 2025</a>

Data File Name	Doc File	Data File	Date Published
Dietary Supplement Use 30-Day - Total Dietary Supplements	<a href="#">DSQTOT_L Doc</a>	<a href="#">DSQTOT_L Data [XPT - 2.7 MB]</a>	<a href="#">Updated April 2025</a>