

During the government shutdown, only websites supporting excepted functions will be updated. As a result, the information on this website may not be up-to-date and the agency may not be able to respond to inquiries. Updates regarding government operating status and resumption of normal operations can be found at <https://www.opm.gov/>.



National Center for Health Statistics



National Health and Nutrition Examination Survey

August 2021-August 2023 Dietary Data - Continuous NHANES

- [NHANES August 2021-August 2023 Dietary Variable List](#)
- [Questionnaire Instruments](#)
- [Exam Procedure Manuals](#)
- [Measuring Guides for the Dietary Recall Interview](#)
- [What We Eat in America, Dietary Data: Impact of Mode Change](#)
- [Dietary Supplement Data Collection Mode Changes](#)
- [Brief Overview of Sample Design, Nonresponse Bias Assessment, and Analytic Guidelines](#)
- [SAS Universal Viewer](#)
- [Data User Agreement](#)

Data File Name	Doc File	Data File	Date Published
Dietary Interview - Individual Foods, First Day	DR1IFF_L Doc	DR1IFF_L Data [XPT - 64.2 MB]	October 2024
Dietary Interview - Individual Foods, Second Day	DR2IFF_L Doc	DR2IFF_L Data [XPT - 56.4 MB]	October 2024
Dietary Interview - Total Nutrient Intakes, First Day	DR1TOT_L Doc	DR1TOT_L Data [XPT - 11.4 MB]	October 2024
Dietary Interview - Total Nutrient Intakes, Second Day	DR2TOT_L Doc	DR2TOT_L Data [XPT - 5.8 MB]	October 2024
Dietary Interview Technical Support File - Food Codes	DRXFCD_L Doc	DRXFCD_L Data [XPT - 1.4 MB]	October 2024
Dietary Supplement Database - Blend Information	DSBI Doc	DSBI Data [XPT - 10 MB]	February 2025
Dietary Supplement Database - Ingredient Information	DSII Doc	DSII Data [XPT - 82.4 MB]	February 2025
Dietary Supplement Database - Product Information	DSPI Doc	DSPI Data [XPT - 6.5 MB]	February 2025
Dietary Supplement Use 30-Day - Individual Dietary Supplements	DSQIDS_L Doc	DSQIDS_L Data [XPT - 6 MB]	Updated April 2025

Data File Name	Doc File	Data File	Date Published
Dietary Supplement Use 30-Day - Total Dietary Supplements	DSQTOT_L Doc	DSQTOT_L Data [XPT - 2.7 MB]	Updated April 2025