

National Health and Nutrition Examination Survey

August 2021-August 2023 Data Documentation, Codebook, and Frequencies

Dietary Interview - Individual Foods, Second Day (DR2IFF_L)

Data File: DR2IFF_L.xpt

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Component Description

The objective of the dietary interview component is to obtain detailed dietary intake information from NHANES participants. The dietary intake data are used to estimate the types and amounts of foods and beverages (including all types of water) consumed during the 24-hour period prior to the interview (midnight to midnight), and to estimate intakes of energy, nutrients, and other food components from those foods and beverages. Following the dietary recall, participants are asked questions on salt use, whether the person's overall intake on the previous day was much more than usual, usual or much less than usual, and whether the participant is on any type of special diet. Questions on frequency of fish and shellfish consumed during the past 30 days are asked of participants 1 year or older, with the use of proxies for young children (see the [Dietary Interview Procedure Manuals \(cdc.gov\)](#) for more information on the proxy interview).

The dietary interview component, called What We Eat in America (WWEIA), is conducted as a partnership between the U.S. Department of Agriculture (USDA) and the U.S. Department of Health and Human Services (DHHS). Under this partnership, DHHS' National Center for Health Statistics (NCHS), Division of Health and Nutrition Examination Surveys is responsible for the survey sample design and all aspects of data collection and USDA's Food Surveys Research Group (FSRG) is responsible for the dietary data collection methodology, maintenance of the databases used to code and process the data, and data review and processing.

All NHANES participants are eligible for two 24-hour dietary recall interviews. Traditionally, the first dietary recall interview was collected in-person in the Mobile Examination Center (MEC) and the second interview was collected by telephone 3 to 10 days later. In August 2021-August 2023, the time participants spent in the MEC was limited to reduce risk of exposure to SARS-CoV-2. As a result, both dietary recall interviews were administered via telephone. Further information about changes in data collection are described in the [Plan and Operations report of the NHANES August 2021-August 2023](#).

As in previous years, two types of dietary intake data are available for the August 2021-August 2023 survey cycle: Individual Foods files and Total Nutrient Intakes files.

What's New with the August 2021-August 2023 WWEIA Release:

In response to the COVID-19 pandemic, the mode of the first dietary recall changed from in-person during the MEC examination to telephone 3 to 7 days after the examination. Both dietary interviews were completed in English or Spanish. During the mobile examination, participants scheduled an appointment for the first telephone dietary interview and received a set of measuring guides to help estimate the amounts of foods and beverages consumed.

Appendix 1 provides a summary of changes among the 5 latest cycles of data collection. No new data variables were added in the August 2021-August 2023 WWEIA release.

Dietary Interview Data Files: Four data files were produced from the information collected in the dietary interviews: two Individual Foods files and two Total Nutrient Intakes files. Each file includes one day of intake data. The number "1" or "2" in the file name identifies the day of the interview: 1 = first day, 2 = second day. File names are as follows:

File Names for Dietary Interview Data:

| File | Day 1 | Day 2 |
|-----------------------------|----------|----------|
| Individual Foods File | DR1IFF_L | DR2IFF_L |
| Total Nutrient Intakes File | DR1TOT_L | DR2TOT_L |

The amounts in these files reflect only nutrients obtained from foods, beverages, and water, including tap and bottled water. They do not include nutrients obtained from dietary supplement intakes, antacids, or medications. Data on intake of dietary supplement use are available on the [August 2021-August 2023 Dietary Data \(cdc.gov\) page](#).

Individual Foods Files (DR1IFF_L and DR2IFF_L): Detailed information about each food/beverage item (including the description, amount of, and nutrient content) reported by each participant is included in the Individual Foods files. The names for both Day 1 and Day 2 variables are listed in [Appendix 2](#).

The Individual Foods files include, for each interview day, one record for each food/beverage consumed by a participant. Each record is uniquely numbered within a participant's set of records and contains the information listed below:

- Number of days of complete intake obtained from participant;
- Day of the week of the intake;
- Whether the food/beverage was eaten in combination with other foods, such as in a sandwich;
- Time of eating occasion/when the food was eaten;
- Eating occasion name;
- Where the food/beverage was obtained;
- Whether the meal/snack was eaten at home or not;
- A USDA Food and Nutrient Database for Dietary Studies (FNDDS) code identifying the food/beverage;
- Amount of food/beverage consumed, in grams; and
- Food energy and 64 nutrients/food components (listed in [Appendix 3](#)) from each food/beverage as calculated using USDA's Food and Nutrient Database for Dietary Studies 2021-2023 (FNDDS 2021-2023).

Descriptions for the USDA FNDDS food codes are provided in the Food Code Description file (DRXFCD_L). The DRXFCD_L file includes abbreviated descriptions (up to 60 characters) and complete descriptions (up to 200 characters) associated with each USDA food code in the FNDDS 2021-2023. [Appendix 4](#) provides SAS code examples that may be used to link the food code description to the Individual Foods file.

Total Nutrient Intakes Files (DR1TOT_L and DR2TOT_L): For each participant, daily total energy and nutrient intakes from foods and beverages, and whether the amount of food consumed was usual, much more than usual, or much less than usual, are included in the Total Nutrient Intakes files. The Day 1 file also includes information on salt use in cooking and at the table; whether the participant is currently on any kind of diet to lose weight or for another health-related reason and, if so, the type of diet; and information on frequency of fish and shellfish consumption for participants aged 1 or older. The names for both Day 1 and Day 2 variables are listed in [Appendix 5](#).

The Total Nutrient Intakes files provide a summary record of total nutrient intakes for each participant. Each total intake record contains the following information:

- Number of days of complete intake obtained from participant;
- Day of the week of the intake;
- Type of salt used and how often added at the table and in food preparation (Day 1 file only);
- Use of salt at the table yesterday and the type of salt used;
- Whether the participant is currently on any kind of diet to lose weight or for other health-related reason and, if so, the type of diet (Day 1 file only);
- Total number of foods and beverages including water reported for that participant for that day's intake;
- Daily aggregates of food energy and 64 nutrients/food components (listed in [Appendix 3](#)) from all foods/beverages as calculated using USDA's Food and Nutrient Database for Dietary Studies August 2021-August 2023 (FNDDS 2021- 2023)
- Whether the amount of food consumed was usual, much more than usual, or much less than usual;
- Total amount of tap and bottled water consumed (calculated as the sum of reports of water drunk by itself in the 24-hour recall) and the usual source of tap water; and
- Frequency of fish and shellfish consumption in the past 30 days (participants 1 year or older, Day 1 file only).

Eligible Sample

All participants in the August 2021-August 2023 sample who spoke English or Spanish were eligible. Participants aged 1 year or older were eligible for the frequency of fish and shellfish consumption questions following the 24-hour recall.

Protocol and Procedure

The examination protocol and data collection methods are fully documented in the NHANES [dietary interviewer procedures manuals](#).

Interviews were conducted with a proxy for participants less than six years of age (who was generally the person most knowledgeable about the participant's intake). Interviews of children aged 6 to 8 were conducted with a proxy and the child was present to assist in reporting intake information. Interviews of children aged 9-11, were conducted with the child and the assistance of a proxy familiar with the child's intake. Participants 12 years or older answered for themselves. Dietary interviewers conducted telephone interviews in English and Spanish.

During the MEC visit, participants were scheduled an appointment for the first dietary interview and were given a set of measuring guides ([NHANES Measuring Guides for the Dietary Recall Interview](#)) to use for reporting food amounts during the telephone interview. The measuring guides included measuring cups, spoons, a ruler, and a food model booklet, which contained two-dimensional drawings of glasses, mugs, bowls, mounds, circles, wedges, a shape chart and a chicken chart. The first telephone dietary interview was scheduled 3 to 7 days post MEC examination while the second interview was collected 3 to 10 days following the first dietary interview and were generally scheduled on a different day of the week as the first interview. In August 2021-August 2023, 204 participants were interviewed on the same day of the week for both day 1 and day 2 interviews due to their scheduling availability. Any participant who did not have a telephone was given a toll-free number to call so that the recall could be conducted.

What We Eat in America data were collected using USDA's dietary data collection instrument, the Automated Multiple Pass Method (AMPM), available at:

<http://www.ars.usda.gov/nea/bhnrc/fsrg>. The AMPM was designed to provide an efficient and accurate means of collecting intakes for large-scale national surveys. The AMPM is a fully computerized recall method that uses a 5-step interview outlined below:

1. **Quick List** - Participant recalls all foods and beverages consumed the day before the interview (midnight to midnight).
2. **Forgotten Foods** - Participant is asked about consumption of foods commonly forgotten during the Quick List step.
3. **Time and Occasion** - Time and eating occasion are collected for each food.
4. **Detail Cycle** - For each food, a detailed description, amount eaten, and additions to the food are collected. Eating occasions and times between eating occasions are reviewed to elicit forgotten foods.
5. **Final Probe** - Additional foods not remembered earlier are collected.

The AMPM includes an extensive compilation of standardized food-specific questions and possible response options. Routing of questions is based on previous responses. The AMPM is updated for each 2-year collection of WWEIA to reflect the changing food supply and to address research needs from the data user community. Additional information about the AMPM is provided in Raper et al. ([Raper et al., 2004](#)).

The AMPM was validated in a large study and shown to be an effective method for collecting accurate group energy intake of adults. Completed in 2004, this extensive research project included 524 healthy, weight-stable volunteers, aged 30-69 years. The accuracy of the AMPM was evaluated by comparing reported energy intake (EI) to total energy expenditure (TEE) using the doubly labeled water technique ([Moshfegh et al., 2008](#)). Among the findings were that EI compared to TEE was under-reported by 11% overall, by less than 3% for normal weight subjects with body mass index (BMI) < 25 and 16% for overweight subjects with BMI \geq 25.

Additional studies provide evidence that the AMPM accurately measures group energy intake. Blanton ([Blanton et al., 2006](#)) reported that EI was not significantly different from TEE for a sample of 20 adult females. Rumpler ([Rumpler et al., 2008](#)) found that mean EIs were accurately reported for a sample of 12 adult males.

Additional evidence for the accuracy of AMPM has been provided by analysis of the 24-hour urinary sodium data collected in the AMPM Validation Study, which suggest the AMPM is a valid measure for estimating mean sodium intake in adults. Dietary sodium intake calculated from 24-hour recall data of 465 subjects collected via AMPM was compared with sodium values from 24-hour urine collections measured during the same 24-hour period. The AMPM-derived mean dietary sodium estimates reflected over 90% of the biomarker-based estimates ([Rhodes et al., 2013](#)).

For additional information about the dietary interview component and related survey protocols, please visit the [August 2021-August 2023 Dietary Interviewer Procedures Manual](#) page. A description of changes to the NHANES August 2021-August 2023 survey is provided in the [Plan and Operations of the National Health And Nutrition Examination Survey, August 2021-August 2023](#).

Quality Assurance & Quality Control

All dietary interviewers were required to complete an intensive one-week training course and to conduct supervised practice interviews before working independently in the field. Retraining sessions were conducted annually to reinforce the proper protocols and technique.

Interviewers were monitored throughout the data collection period. Monitoring consisted of the following:

- Reviews of audio recorded interviews were conducted for approximately 5% of each interviewer's work.
- Quality control of interviews, which were checked for completeness of the recalls, missing information, inconsistent reports, and unclear notes. Written notification and feedback were provided to the interviewers.

Data Processing and Editing

Interview data files were sent electronically from the field and were imported into Survey Net, a computer-assisted food coding and data management system developed by USDA ([Raper et al., 2004](#)).

[USDA's Food and Nutrient Database for Dietary Studies \(FNDDS\)](#) 2021-2023 was used to process the intakes reported by the August 2021-August 2023 sample. The FNDDS includes comprehensive information that can be used to code individual foods/beverages and portion sizes reported by participants and includes nutrient values for calculating nutrient intakes. FNDDS nutrient values as well as food codes and portion sizes are updated for every 2-year WWEIA, NHANES release cycle. The basis for the nutrient values as well as food codes and portion weights in FNDDS are detailed in the documentation for FNDDS 2021-2023 available at <http://www.ars.usda.gov/nea/bhnrc/fsrg>.

Coders were required to pass a certification test after the initial training. They were routinely monitored to ensure the quality and completeness of their work. Approximately 10 percent of the coder's work was randomly selected to be independently coded by another coder. Results from the two codings were compared and adjudicated, if necessary.

After intake data were coded, various types of reviews and quality assurance procedures were conducted to ensure the quality of the data. Examples of reviews include the following:

- Interviewers' and coders' questions and comments were reviewed to ensure that they have been addressed.
- Decisions made by coders about how to code new or unusual foods/beverages or quantities reported by participants were reviewed for accuracy, reasonableness, and consistency across intake data; items in question were resolved by coder supervisors.
- Specific data integrity checks for reasonableness, consistency, and logic were conducted.

Analytic Notes

Each Individual Foods file (Day 1 and Day 2) is comprised of food records. For most participants, there are multiple records in each file. For each Total Nutrient Intakes file (Day 1

and Day 2) there is one record for each participant. These files can be linked with other NHANES files by the respondent sequence number (SEQN).

Variable names: For data collected on both Day 1 and Day 2, variable names are differentiated by having the number "1" or "2" in the third position of the variable name to identify the collection day. For example, the USDA food code variable (in the Individual Foods File), which identifies the food reported by the participant, is named DR1IFDCD in the Day 1 file and DR2IFDCD in the Day 2 file. Appendices 2 and 5 list the Day 1 and Day 2 variable names for the Individual Foods file and the Total Nutrient Intakes file, respectively.

Names for the following variables are the same for both days in the Individual Foods file and the Total Nutrient Intakes file:

Variables with the Same Name for Both Days in the Dietary Interview Files

| Day 1 and Day 2 variable name | Label |
|-------------------------------|--------------------------------|
| SEQN | Respondent sequence number |
| WTDRD1 | Dietary day one sample weight |
| WTDR2D | Dietary two-day sample weight |
| DRABF | Breast-fed infant (either day) |
| DRDINT | Number of days of intake |

Number of days of intake: A variable has been included to indicate the number of days of intake collected from each participant. The variable name is DRDINT. In the August 2021-August 2023 sample, 6,754 participants provided complete dietary intakes for Day 1. The 6,754 participants with a complete Day 1 intake include 21 participants who had an unreliable day 1 intake but reliable day 2 intake. For these 21 individuals, the single reliable recall is included in the data set as Day 1 recall. Of those providing the Day 1 data, 5,879 provided complete dietary intakes for Day 2.

Dietary recall status code: A status code (DR1DRSTZ or DR2DRSTZ) is used in both the Individual Foods and Total Nutrient Intakes files to indicate the quality and completeness of a survey participant's response to the dietary recall section. The codes are the following:

1 = Reliable and met the following minimum criteria:

- The first 4 steps of the 5-step AMPM completed.
- Food/beverages consumed for each reported eating occasion identified.

For individuals with a code 1, all relevant variables associated with the 24-hour dietary recall contain a value.

2 = Not reliable or did not meet the minimum criteria

Individuals with a code 2 have incomplete records. No data on total nutrient intakes and the total number of foods reported are provided for these cases. These individuals have no records in the Individual Foods files.

3 [Code 3 is not included in the current datasets. It was only used for data from the 1999-2000 survey cycle.]

4 = Reported consuming breast milk

For infants and children who consumed human milk, there is a record in the Individual Foods files for each report of human milk. However, because amounts of human milk intake are not quantified, these records contain missing values for the amount consumed and for the amounts of energy and nutrients from human milk. Also, records of human milk have a missing value for the food source variable (DR1FS, DR2FS) and the eaten at home variable (DR1_040Z, DR2_040Z) in the Individual Foods files. Records for any other foods and beverages consumed by breast-fed infants and children are included in the Individual Foods files along with their amounts and nutrient information. Because of the missing amount or quantity information for human milk, no total nutrient intakes (contained in the Total Nutrient Intakes files) were computed for participants with a code 4.

A variable that identifies breast-fed children, DRABF, is included. This variable has a code of 1 if a child consumed human milk in either intake day.

5 = Not done

This code is assigned when the dietary recall section of the interview did not take place due to various reasons (such as refusal, equipment failure, or unable to contact the participant). These individuals have no records in the Individual Foods files. These individuals have a record in the Total Nutrients file with values only for the following variables: the respondent sequence number (SEQN), the dietary recall status code (DR1DRSTZ or DR2DRSTZ) and for participants 1 year or older, the fish and shellfish questions in the DR1TOT_L file (DRD340, DRD350A-K, DRD350AQ-JQ, DRD360, DRD370A-V, and DRD370AQ-QU).

Only codes 1 and 4 appear in the Individual Foods file.

Distinguishing Between Foods/Beverages and Dietary Supplements in NHANES: In August 2021-August 2023, there was no 24-hour dietary supplement use collection. The 30-day dietary supplement use collection changed from being collected during the home interview to collection after the first 24-hour dietary recall via telephone. All NHANES participants responding to the 24-hour dietary recall interview are eligible for the dietary supplement and non-prescription antacid use questions. Information is obtained on all vitamins, minerals, herbals, and other dietary supplements as well as non-prescription antacids that were consumed during a 30-day period, including the name and the amount of supplement or antacid taken.

Distinguishing between foods/beverages and supplements can be challenging. NCHS and FSRG review questionable items reported in the dietary supplement and dietary recall components to resolve disposition of these items into the appropriate component. Products that are labeled as a dietary supplement, that have a supplement facts panel on the label, and are in tablets, capsules, softgels, gelcaps, or other pill forms, are considered dietary supplements. Items that are powders or liquids can be hard to distinguish. General guidelines used state that if powders and liquid concentrates have product directions stating that they be added to a liquid, they are classified as beverages. Examples are teas and protein powders. An exception is made for fiber products, which are classified as dietary supplements. Along this same guideline, energy drinks are considered beverages, but "energy shot" type products are considered dietary supplements.

It is best to refer to the databases that detail every food/beverage and dietary supplement reported in NHANES to identify exact determination used. The databases are:

- [2021-2023 Food and Nutrient Database for Dietary Studies](#)
- [NHANES Dietary Supplement Database](#)

Participants who reported consuming only water, no food or other beverages: Records are included in the Individual Foods file for participants who consumed only water. There are 5 such individuals in the August 2021-August 2023 datasets, 4 in the Day 1 data and 1 in the Day 2 data. Their dietary recall status variable for the day is coded as "1" (complete and reliable) in the Total Nutrients file and the total number of items is the number of times water was reported. Individuals with just water intake and no food intake will have zero energy intake for the day.

Participants who reported consuming no water, food or other beverages: There can be participants whose intakes are determined to be complete even though they reported no water, food, or other beverage records for the day. For such participants there are no records in the Individual Foods file, but their dietary recall status is coded as complete and reliable, and the Total Nutrients file will include records with zero values for all nutrients. In the August 2021-August 2023 datasets, there are 3 individuals in the day 1 data that reported no water, food, or other beverage records for the day.

Number of days between the intake day and the day of family interview: Each of the four intake files includes a variable (DR1DBIH for Day 1 files and DR2DBIH for Day 2 files) to indicate the number of days between the intake day (i.e., the period covered by the 24-hour recall) and the day that the family questionnaire was administered in the household. A positive value in DR1BHIH or DR2BHIH indicates the family interview occurred prior to the intake day. In the survey, most of the family interviews were done before the participant participated in the dietary interview. A value of "0" in DR1BHIH or DR2BHIH indicates the family interview occurred on the same date as the intake day. A negative value (i.e., DR1BHIH<0 or DR2BHIH<0) means that the family interview occurred after the intake day.

Food source: The source from which each food/beverage was obtained (e.g., from a store, fast food restaurant, cafeteria) is identified by the variables DR1FS (day 1) and DR2FS (day 2) in the Individual Foods files.

The code descriptions for this variable are:

Code Descriptions for Source of Food Variable

| Code | Description |
|-------------|--|
| 1 | Store grocery/supermarket |
| 2 | Restaurant with waiter/waitress |
| 3 | Restaurant fast food/Pizza |
| 4 | Bar/Tavern/Lounge |
| 5 | Restaurant, no additional information |
| 6 | Cafeteria NOT in a K-12 school |
| 7 | Cafeteria in a K-12 school |
| 8 | Child/Adult care center |
| 9 | Child/Adult home care |
| 10 | Soup kitchen/shelter/food pantry facility |
| 11 | Meals on Wheels Program |
| 12 | Community food program – other |
| 13 | Community program, no additional info |
| 14 | Vending machine |
| 15 | Common coffee pot or snack tray |
| 16 | From someone else/gift |
| 17 | Mail order purchase |
| 18 | Residential dining facility |
| 19 | Grown or caught by you or someone you know |
| 20 | Fish caught by you or someone you know |
| 24 | Sport, recreation, or entertainment |
| 25 | Street vendor, vending truck |
| 26 | Fundraiser sales |
| 27 | Store - convenience type |
| 28 | Store - no additional information |
| 91 | Other, specify |

Eating occasion: The variables DR1_030Z and DR2_030Z are located in the Individual Foods file. The code descriptions for the eating occasion variables are shown in the table below.

**Code Descriptions for Eating
Occasion Variable**

| Code | Description |
|-------------|----------------------|
| 1 | Breakfast |
| 2 | Lunch |
| 3 | Dinner |
| 4 | Supper |
| 5 | Brunch |
| 6 | Snack |
| 7 | Beverage/Drink |
| 8 | Feeding-infant only |
| 9 | Extended consumption |
| 10 | Desayuno |
| 11 | Almuerzo |
| 12 | Comida |
| 13 | Merienda |
| 14 | Cena |
| 15 | Entre comida |
| 16 | Botana |
| 17 | Bocadillo |
| 18 | Tentempie |
| 19 | Bebida |
| 91 | Other |

Eating occasion was designated by the respondent. During the interview, a list of eating occasion names was available to the respondent for selection. However, eating occasion names were not defined for the respondent.

Foods and beverages coded as part of a combination: 41 percent of foods and beverages reported in the WWEIA, NHANES August 2021-August 2023 sample were identified as items consumed together as combinations. Items consumed as a combination were identified by one of sixteen unique "combination food types." Foods and beverages not coded in combination have the code "0" for the combination food type variable.

The combination types provide a linkage for:

- Foods or beverages with additions, such as cereal with milk, coffee with cream;
- Multi-component foods that have specific protocol for collection such as some salads and sandwiches; and
- Other combinations that do not have a unique code in the FNDDS.

Combination Type, Code, Examples, and Percent of Food and Beverages Reported by Type, August 2021-August 2023, Day 1

| Combination Type | Code | Examples of Combination Type | % Items |
|---------------------------------------|-------------|--|----------------|
| Not in combination | 0 | NA | 59 |
| Beverage w/ additions | 1 | Coffee, tea with: milk, cream, sugar. | 9 |
| Cereal w/ additions | 2 | Cereals (ready-to-eat, cooked) with: milk, sugar, fruit, butter. | 4 |
| Bread/baked product w/additions | 3 | Breads, rolls, pancakes with: butter, jam, syrup, fruit. Cakes, pies with: ice cream, toppings. Crackers with: cheese, dip, peanut butter. | 5 |
| Salad | 4 | Components of salads that do not have a single code in FNDDS. It may also designate additional items to single code salads. | 5 |
| Sandwiches | 5 | Components of sandwiches that do not have a single code in FNDDS. It may also designate additional items added to single code sandwiches. | 6 |
| Soup | 6 | Soup with: crackers, croutons, cheese. | <1 |
| Frozen meals | 7 | Components of a prepackaged frozen meal and additions to the meal. | <1 |
| Ice cream/ frozen yogurt w/ additions | 8 | Ice cream with: syrup, nuts, toppings. | <1 |
| Dried beans or Vegetable w/ additions | 9 | French fries, potatoes with: catsup, gravy, butter, toppings. Beans with: sauce, butter. | 3 |
| Fruit w/ additions | 10 | Fruit with: toppings, milk, honey. Components of fruit mixtures or salads that do not have a single code in FNDDS. | 1 |
| Tortilla products | 11 | Components of tacos and tortilla products that do not have a single code in FNDDS. It may also designate additional items to single code tacos or tortilla products. | 2 |
| Meat, Poultry, Fish | 12 | Meat, poultry, fish with: gravy, sauce, and condiments. | 2 |
| Lunchables® | 13 | Components of pre-packaged lunch kits. | <1 |
| Chips w/ additions | 14 | Potato chips, corn chips with: dip, cheese, salsa. | 1 |
| Baby Toddler Food and Infant Formula | 15 | Baby Toddler cereal with: infant formula, fruit. Infant formula with: baby cereal. | <1 |
| Other mixtures | 90 | Rice, pasta, spaghetti, eggs, other mixtures with: butter, gravy, sauce, condiments. | 4 |

All items given a combination food type are given an additional variable to identify each of the items within the combination. This variable is the "combination food number" that is unique to the combination food type within the individual intake.

Variable Labels and Names for Combination Coding

| Combination Coding | Variable Name, Day 1 | Variable Name, Day 2 |
|---------------------------|-----------------------------|-----------------------------|
| Combination food type | DR1CCMTX | DR2CCMTX |
| Combination food number | DR1CCMNM | DR2CCMNM |

The What We Eat in America Food Categories, available on the FSRG website (<http://www.ars.usda.gov/nea/bhnrc/fsrg>), is a grouping scheme that combines foods and beverages together that have similar usage and nutrient content with the emphasis on how they are commonly consumed in the American diet. There are more than 170 unique categories, and each is assigned a 4-digit number and description. The WWEIA Food Categories contain discrete food items and are not disaggregated (e.g., pizza vs. grain, cheese, tomatoes, etc.). Designed to be flexible, the categories can be combined as needed to address specific research questions. A new version of the WWEIA Food Categories is produced for each 2-year release cycle of WWEIA, NHANES.

Special diet: Information on whether the participant is currently on any kind of diet to lose weight or for other health-related reason and, if so, the type of diet, was provided. The variable DRQSDIET identifies whether a participant was on a special diet. The variables DRQSDT1 through DRQSDT12 and DRQSDT91 identify the type of diet or diets that the participant was following. These variables can be found in the Total Nutrient Intakes file.

Sample weights for dietary intake data: The August 2021–August 2023 NHANES sample design is similar to past cycles that drew a multi-year, stratified, clustered four-stage sample of the U.S. civilian noninstitutionalized population to provide national health estimates. To adapt to the continuing pandemic environment, this cycle also included an updated sample design to minimize contact between interviewers and survey participants. An [overview of sample design, nonresponse bias assessment, and analytic guides for NHANES August 2021-August 2023](#) is provided on the NHANES website. In addition, a [document](#) is also available online to provide additional information on the changes that pertain to the dietary data collection in this survey cycle.

Similar to prior cycles, sample weights are constructed to encompass the unequal probabilities of selection, as well as adjustments for non-participation by selected sample persons. In order to produce national, representative estimates, **the appropriate sample weights must be used.**

For the NHANES August 2021–August 2023 sample, there were 22,660 persons selected; of these 8,860 were considered participants to the MEC examination and data collection. A total of 6,754 MEC participants provided complete dietary intakes for Day 1, and of those providing the Day 1 data, 5,879 provided complete dietary intakes for Day 2. The 6,754 participants who provided complete Day 1 intakes includes 21 participants who had an unreliable day 1 intake and reliable day 2 intake. For these 21 individuals, the single reliable recall is included in the data set as Day 1 recall.

Most analyses of NHANES data use data collected in the MEC and the variable WTMEC2YR should be used for the sample weights. However, for the WWEIA dietary data, different sample weights are recommended for analysis. Because food intake can vary by weekdays and weekends, use of the MEC weights disproportionately represents intakes on weekends.

A set of weights (WTDRD1) is provided that should be used when an analysis uses the Day 1 dietary recall data (either alone or when Day 1 nutrient data are used in conjunction with MEC data). The set of weights (WTDRD1) is applicable to the 6,754 participants with Day 1 data. Day 1 weights were constructed by taking the MEC sample weights (WTMEC2YR) and further adjusting for: (a) the additional non-response; and (b) the differential allocation by weekdays (Monday through Thursday) and weekends (Friday through Sunday) for the dietary intake data collection. These Day 1 weights are more variable than the MEC weights, and the sample size is smaller, so estimated standard errors using Day 1 data and Day 1 weights might be larger than standard errors for similar estimates based on MEC weights.

When analysis is based on both days of dietary intake, only 5,879 sample participants have complete data. The NHANES protocol requires an attempt to collect the second day of dietary data at least 3 days after the first day, but the actual number of days between the two interviews is variable. A set of adjusted weights, WTDR2D, is to be used when an analysis uses

the smaller sample with completed Day 1 and Day 2 dietary data. This two-day weight was constructed for the 5,879 participants by taking the Day 1 weights (WTDRD1) and further adjusting for: (a) the additional non-response for the second recall; and (b) for the proportion of weekend (Friday through Sunday) and weekday (Monday through Thursday) combinations of Day 1 and Day 2 recalls.

NOTE: All sample weights are person-level weights, and each set of dietary weights should sum to the same overall population control total as the MEC weights (WTMEC2YR). For the August 2021-August 2023 cycle, the Day 1 dietary recall weights (WTDRD1) are appropriate to use in the analysis of the fish and shellfish consumption data (i.e., variables DRD340, DRD350A-K, DRD350AQ-JQ DRD360, DRD370A-V, and DRD370AQ-UQ) located in the Day 1 Total Nutrient Intake File (DR1TOT_L), irrespective of whether other dietary data are included in the analysis. Please refer to the [NHANES Analytic Guidelines](#) and the on-line [NHANES Tutorial](#) for further details on the use of sample weights and other analytic issues.

References

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Codebook and Frequencies

SEQN - Respondent sequence number

Variable Name: SEQN
SAS Label: Respondent sequence number
English Text: Respondent sequence number.
English Instructions: One of the key variables for the file. The primary key variables are SEQN and DR2ILINE.
Target: Both males and females 0 YEARS - 150 YEARS

WTDRD1 - Dietary day one sample weight

Variable Name: WTDRD1
SAS Label: Dietary day one sample weight
English Text: Dietary day one sample weight
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|----------------------------|--|-------|------------|--------------|
| 5708.632624 to 394679.4226 | Range of Values | 88032 | 88032 | |
| 0 | Day 1 dietary recall not done/incomplete | 0 | 88032 | |
| . | Missing | 0 | 88032 | |

WTDR2D - Dietary two-day sample weight

Variable Name: WTDR2D
SAS Label: Dietary two-day sample weight
English Text: Dietary two-day sample weight
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|-----------------------------|--|-------|------------|--------------|
| 6018.694738 to 759868.32478 | Range of Values | 88032 | 88032 | |
| 0 | Day 2 dietary recall not done/incomplete | 0 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2ILINE - Food/Individual component number

Variable Name: DR2ILINE

SAS Label: Food/Individual component number

English Text: Food/Individual component number

English Instructions: One of the key variables for the file. The primary key variables are SEQN and DR2ILINE.

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 to 40 | Range of Values | 88032 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2DRSTZ - Dietary recall status

Variable Name: DR2DRSTZ

SAS Label: Dietary recall status

English Text: Dietary recall status

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|--|-------|------------|--------------|
| 1 | Reliable and met the minimum criteria | 87424 | 87424 | |
| 2 | Not reliable or not met the minimum criteria | 0 | 87424 | |
| 4 | Reported consuming breast-milk | 608 | 88032 | |
| 5 | Not done | 0 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2EXMER - Interviewer ID code

Variable Name: DR2EXMER

SAS Label: Interviewer ID code

English Text: Interviewer ID code

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 5 to 96 | Range of Values | 88032 | 88032 | |
| . | Missing | 0 | 88032 | |

DRABF - Breast-fed infant (either day)

Variable Name:

DRABF

SAS Label:

Breast-fed infant (either day)

English Text:

Indicates whether the sample person was an infant who was breast fed on either of the two recall days.

Target:

Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 624 | 624 | |
| 2 | No | 87408 | 88032 | |
| . | Missing | 0 | 88032 | |

DRDINT - Number of days of intake

Variable Name:

DRDINT

SAS Label:

Number of days of intake

English Text:

Indicates whether the sample person has intake data for one or two days.

Target:

Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Day 1 only | 0 | 0 | |
| 2 | Day 1 and day 2 | 88032 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2DBIH - # of days b/w intake and HH interview

Variable Name: DR2DBIH

SAS Label: # of days b/w intake and HH interview

English Text: Number of days between intake day and the day of family questionnaire administered in the household.

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| -21 to 167 | Range of Values | 83166 | 83166 | |
| . | Missing | 4866 | 88032 | |

DR2DAY - Intake day of the week

Variable Name: DR2DAY
SAS Label: Intake day of the week
English Text: Intake day of the week
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Sunday | 16799 | 16799 | |
| 2 | Monday | 13762 | 30561 | |
| 3 | Tuesday | 12495 | 43056 | |
| 4 | Wednesday | 16047 | 59103 | |
| 5 | Thursday | 14595 | 73698 | |
| 6 | Friday | 6792 | 80490 | |
| 7 | Saturday | 7542 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2LANG - Language respondent used mostly

Variable Name: DR2LANG

SAS Label: Language respondent used mostly

English Text: The respondent spoke mostly:

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|---------------------|-------|------------|--------------|
| 1 | English | 81271 | 81271 | |
| 2 | Spanish | 6579 | 87850 | |
| 3 | English and Spanish | 182 | 88032 | |
| 4 | Other | 0 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2CCMNM - Combination food number

Variable Name: DR2CCMNM
SAS Label: Combination food number
English Text: Combination food number (sequential number)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 12 | Range of Values | 88032 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2CCMTX - Combination food type

Variable Name: DR2CCMTX
SAS Label: Combination food type
English Text: Combination food type
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|--|-------|------------|--------------|
| 0 | Non-combination food | 51380 | 51380 | |
| 1 | Beverage w/ additions | 7709 | 59089 | |
| 2 | Cereal w/ additions | 2980 | 62069 | |
| 3 | Bread/baked products w/ additions | 4544 | 66613 | |
| 4 | Salad | 4855 | 71468 | |
| 5 | Sandwiches | 5230 | 76698 | |
| 6 | Soup | 389 | 77087 | |
| 7 | Frozen meals | 39 | 77126 | |
| 8 | Ice cream/frozen yogurt w/ additions | 260 | 77386 | |
| 9 | Dried beans and vegetable w/ additions | 2341 | 79727 | |
| 10 | Fruit w/ additions | 635 | 80362 | |
| 11 | Tortilla products | 1951 | 82313 | |
| 12 | Meat, poultry, fish | 1750 | 84063 | |
| 13 | Lunchables® | 137 | 84200 | |
| 14 | Chips w/ additions | 485 | 84685 | |
| 15 | Baby Toddler Food and Infant Formula | 86 | 84771 | |
| 90 | Other mixtures | 3261 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2_020 - Time of eating occasion (HH:MM)

Variable Name: DR2_020

SAS Label: Time of eating occasion (HH:MM)

English Text: What time did you begin to eat/drink the meal/food?

English Instructions: Format HHMM6.

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 86340 | Range of Values | 88032 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2_030Z - Name of eating occasion

Variable Name: DR2_030Z
SAS Label: Name of eating occasion
English Text: Name of eating occasion
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|----------------------|--------------------------|--------------|-------------------|---------------------|
| 1 | Breakfast | 17334 | 17334 | |
| 2 | Lunch | 17934 | 35268 | |
| 3 | Dinner | 18882 | 54150 | |
| 4 | Supper | 3537 | 57687 | |
| 5 | Brunch | 601 | 58288 | |
| 6 | Snack | 14649 | 72937 | |
| 7 | Drink | 5920 | 78857 | |
| 8 | Infant feeding | 730 | 79587 | |
| 9 | Extended consumption | 2939 | 82526 | |
| 10 | Desayano | 1239 | 83765 | |
| 11 | Almuerzo | 1031 | 84796 | |
| 12 | Comida | 773 | 85569 | |
| 13 | Merienda | 556 | 86125 | |
| 14 | Cena | 1164 | 87289 | |
| 15 | Entre comida | 130 | 87419 | |
| 16 | Botana | 131 | 87550 | |
| 17 | Bocadillo | 156 | 87706 | |
| 18 | Tentempie | 25 | 87731 | |
| 19 | Bebida | 301 | 88032 | |
| 91 | Other | 0 | 88032 | |
| 99 | Don't know | 0 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2FS - Source of food

Variable Name: DR2FS

SAS Label: Source of food

English Text: Where did you get (this/most of the ingredients for this)
{FOODNAME}?

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|----------------------|--|--------------|-------------------|---------------------|
| 1 | Store - grocery/supermarket | 59861 | 59861 | |
| 2 | Restaurant with waiter/waitress | 4807 | 64668 | |
| 3 | Restaurant fast food/pizza | 6260 | 70928 | |
| 4 | Bar/tavern/lounge | 237 | 71165 | |
| 5 | Restaurant no additional information | 16 | 71181 | |
| 6 | Cafeteria NOT in a K-12 school | 567 | 71748 | |
| 7 | Cafeteria in a K-12 school | 1050 | 72798 | |
| 8 | Child/Adult care center | 171 | 72969 | |
| 9 | Child/Adult home care | 14 | 72983 | |
| 10 | Soup kitchen/shelter/food pantry | 52 | 73035 | |
| 11 | Meals on Wheels | 74 | 73109 | |
| 12 | Community food program - other | 126 | 73235 | |
| 13 | Community program no additional information | 1 | 73236 | |
| 14 | Vending machine | 181 | 73417 | |
| 15 | Common coffee pot or snack tray | 387 | 73804 | |
| 16 | From someone else/gift | 3032 | 76836 | |
| 17 | Mail order purchase | 936 | 77772 | |
| 18 | Residential dining facility | 78 | 77850 | |
| 19 | Grown or caught by you or someone you know | 622 | 78472 | |
| 20 | Fish caught by you or someone you know | 8 | 78480 | |
| 24 | Sport, recreation, or entertainment facility | 224 | 78704 | |
| 25 | Street vendor, vending truck | 215 | 78919 | |
| 26 | Fundraiser sales | 43 | 78962 | |
| 27 | Store - convenience type | 1922 | 80884 | |
| 28 | Store - no additional info | 298 | 81182 | |
| 91 | Other, specify | 0 | 81182 | |
| 99 | Don't know | 113 | 81295 | |
| . | Missing | 6737 | 88032 | |

DR2_040Z - Did you eat this meal at home?

Variable Name: DR2_040Z

SAS Label: Did you eat this meal at home?

English Text: Did you eat this meal at home?

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 67446 | 67446 | |
| 2 | No | 20327 | 87773 | |
| 7 | Refused | 0 | 87773 | |
| 9 | Don't know | 5 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IFDCD - USDA food code

Variable Name: DR2IFDCD

SAS Label: USDA food code

English Text: USDA food code

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|----------------------|-------------------|-------|------------|--------------|
| 11000000 to 95342000 | Range of Values | 88032 | 88032 | |
| . | Missing | 0 | 88032 | |

DR2IGRMS - Grams

Variable Name: DR2IGRMS

SAS Label: Grams

English Text: Gram weight of the food/individual component

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 44160 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IKCAL - Energy (kcal)

Variable Name: DR2IKCAL

SAS Label: Energy (kcal)

English Text: Energy (kcal)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 5290 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IPROT - Protein (gm)

Variable Name: DR2IPROT

SAS Label: Protein (gm)

English Text: Protein (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 249.58 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ICARB - Carbohydrate (gm)

Variable Name: DR2ICARB

SAS Label: Carbohydrate (gm)

English Text: Carbohydrate (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 724.59 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ISUGR - Total sugars (gm)

Variable Name: DR2ISUGR

SAS Label: Total sugars (gm)

English Text: Total sugars (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 479.88 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IFIBE - Dietary fiber (gm)

Variable Name: DR2IFIBE

SAS Label: Dietary fiber (gm)

English Text: Dietary fiber (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 94.8 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ITFAT - Total fat (gm)

Variable Name: DR2ITFAT

SAS Label: Total fat (gm)

English Text: Total fat (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 280.12 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ISFAT - Total saturated fatty acids (gm)

Variable Name: DR2ISFAT

SAS Label: Total saturated fatty acids (gm)

English Text: Total saturated fatty acids (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 175.845 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IMFAT - Total monounsaturated fatty acids (gm)

Variable Name: DR2IMFAT

SAS Label: Total monounsaturated fatty acids (gm)

English Text: Total monounsaturated fatty acids (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 123.9 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IPFAT - Total polyunsaturated fatty acids (gm)

Variable Name: DR2IPFAT
SAS Label: Total polyunsaturated fatty acids (gm)
English Text: Total polyunsaturated fatty acids (gm)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 106.152 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ICHOL - Cholesterol (mg)

Variable Name: DR2ICHOL

SAS Label: Cholesterol (mg)

English Text: Cholesterol (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 2755 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IATOC - Vitamin E as alpha-tocopherol (mg)

Variable Name: DR2IATOC

SAS Label: Vitamin E as alpha-tocopherol (mg)

English Text: Vitamin E as alpha-tocopherol (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 102.06 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IATOA - Added alpha-tocopherol (Vitamin E) (mg)

Variable Name: DR2IATOA

SAS Label: Added alpha-tocopherol (Vitamin E) (mg)

English Text: Added alpha-tocopherol (Vitamin E) (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 102.06 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IRET - Retinol (mcg)

Variable Name: DR2IRET

SAS Label: Retinol (mcg)

English Text: Retinol (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 28581 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVARA - Vitamin A, RAE (mcg)

Variable Name: DR2IVARA

SAS Label: Vitamin A, RAE (mcg)

English Text: Vitamin A as retinol activity equivalents (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 28643 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IACAR - Alpha-carotene (mcg)

Variable Name: DR2IACAR

SAS Label: Alpha-carotene (mcg)

English Text: Alpha-carotene (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 15631 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IBCAR - Beta-carotene (mcg)

Variable Name: DR2IBCAR

SAS Label: Beta-carotene (mcg)

English Text: Beta-carotene (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 41934 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ICRYP - Beta-cryptoxanthin (mcg)

Variable Name: DR2ICRYP
SAS Label: Beta-cryptoxanthin (mcg)
English Text: Beta-cryptoxanthin (mcg)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 2460 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ILYCO - Lycopene (mcg)

Variable Name: DR2ILYCO

SAS Label: Lycopene (mcg)

English Text: Lycopene (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 137752 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ILZ - Lutein + zeaxanthin (mcg)

Variable Name: DR2ILZ
SAS Label: Lutein + zeaxanthin (mcg)
English Text: Lutein + zeaxanthin (mcg)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 67265 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVB1 - Thiamin (Vitamin B1) (mg)

Variable Name: DR2IVB1

SAS Label: Thiamin (Vitamin B1) (mg)

English Text: Thiamin (Vitamin B1) (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 5.481 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVB2 - Riboflavin (Vitamin B2) (mg)

Variable Name: DR2IVB2
SAS Label: Riboflavin (Vitamin B2) (mg)
English Text: Riboflavin (Vitamin B2) (mg)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 23.808 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2INIAC - Niacin (mg)

Variable Name: DR2INIAC

SAS Label: Niacin (mg)

English Text: Niacin (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 146.122 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVB6 - Vitamin B6 (mg)

Variable Name: DR2IVB6

SAS Label: Vitamin B6 (mg)

English Text: Vitamin B6 (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 21.497 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IFOLA - Total folate (mcg)

Variable Name: DR2IFOLA

SAS Label: Total folate (mcg)

English Text: Total folate (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1612 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IFA - Folic acid (mcg)

Variable Name: DR2IFA
SAS Label: Folic acid (mcg)
English Text: Folic acid (mcg)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1456 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IFF - Food folate (mcg)

Variable Name: DR2IFF
SAS Label: Food folate (mcg)
English Text: Food folate (mcg)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1612 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IFDFE - Folate, DFE (mcg)

Variable Name: DR2IFDFE

SAS Label: Folate, DFE (mcg)

English Text: Folate as dietary folate equivalents (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 2476 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ICHL - Total choline (mg)

Variable Name: DR2ICHL

SAS Label: Total choline (mg)

English Text: Total choline (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1802.2 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVB12 - Vitamin B12 (mcg)

Variable Name: DR2IVB12

SAS Label: Vitamin B12 (mcg)

English Text: Vitamin B12 (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 307.04 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IB12A - Added vitamin B12 (mcg)

Variable Name: DR2IB12A

SAS Label: Added vitamin B12 (mcg)

English Text: Added vitamin B12 (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 56.1 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVC - Vitamin C (mg)

Variable Name: DR2IVC
SAS Label: Vitamin C (mg)
English Text: Vitamin C (mg)
Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 766.3 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVD - Vitamin D (D2 + D3) (mcg)

Variable Name: DR2IVD

SAS Label: Vitamin D (D2 + D3) (mcg)

English Text: Vitamin D (D2 + D3) (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 62 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IVK - Vitamin K (mcg)

Variable Name: DR2IVK

SAS Label: Vitamin K (mcg)

English Text: Vitamin K (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 3391.3 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ICALC - Calcium (mg)

Variable Name: DR2ICALC

SAS Label: Calcium (mg)

English Text: Calcium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 7415 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IPHOS - Phosphorus (mg)

Variable Name: DR2IPHOS

SAS Label: Phosphorus (mg)

English Text: Phosphorus (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 11545 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IMAGN - Magnesium (mg)

Variable Name: DR2IMAGN

SAS Label: Magnesium (mg)

English Text: Magnesium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1275 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IIRON - Iron (mg)

Variable Name: DR2IIRON

SAS Label: Iron (mg)

English Text: Iron (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 61.21 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IZINC - Zinc (mg)

Variable Name: DR2IZINC

SAS Label: Zinc (mg)

English Text: Zinc (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 54.04 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ICOPP - Copper (mg)

Variable Name: DR2ICOPP

SAS Label: Copper (mg)

English Text: Copper (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 54.031 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ISODI - Sodium (mg)

Variable Name: DR2ISODI

SAS Label: Sodium (mg)

English Text: Sodium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 21441 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IPOTA - Potassium (mg)

Variable Name: DR2IPOTA

SAS Label: Potassium (mg)

English Text: Potassium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 8084 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ISELE - Selenium (mcg)

Variable Name: DR2ISELE

SAS Label: Selenium (mcg)

English Text: Selenium (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 958.5 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ICAFF - Caffeine (mg)

Variable Name: DR2ICAFF

SAS Label: Caffeine (mg)

English Text: Caffeine (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1440 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2ITHEO - Theobromine (mg)

Variable Name: DR2ITHEO

SAS Label: Theobromine (mg)

English Text: Theobromine (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 652 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IALCO - Alcohol (gm)

Variable Name: DR2IALCO

SAS Label: Alcohol (gm)

English Text: Alcohol (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 237.1 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IMOIS - Moisture (gm)

Variable Name: DR2IMOIS

SAS Label: Moisture (gm)

English Text: Moisture (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 44151.17 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS040 - SFA 4:0 (Butanoic) (gm)

Variable Name: DR2IS040

SAS Label: SFA 4:0 (Butanoic) (gm)

English Text: SFA 4:0 (Butanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 9.078 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS060 - SFA 6:0 (Hexanoic) (gm)

Variable Name: DR2IS060

SAS Label: SFA 6:0 (Hexanoic) (gm)

English Text: SFA 6:0 (Hexanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 5.383 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS080 - SFA 8:0 (Octanoic) (gm)

Variable Name: DR2IS080

SAS Label: SFA 8:0 (Octanoic) (gm)

English Text: SFA 8:0 (Octanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 4.919 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS100 - SFA 10:0 (Decanoic) (gm)

Variable Name: DR2IS100

SAS Label: SFA 10:0 (Decanoic) (gm)

English Text: SFA 10:0 (Decanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 6.769 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS120 - SFA 12:0 (Dodecanoic) (gm)

Variable Name: DR2IS120

SAS Label: SFA 12:0 (Dodecanoic) (gm)

English Text: SFA 12:0 (Dodecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 39.762 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS140 - SFA 14:0 (Tetradecanoic) (gm)

Variable Name: DR2IS140

SAS Label: SFA 14:0 (Tetradecanoic) (gm)

English Text: SFA 14:0 (Tetradecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 28.778 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS160 - SFA 16:0 (Hexadecanoic) (gm)

Variable Name: DR2IS160

SAS Label: SFA 16:0 (Hexadecanoic) (gm)

English Text: SFA 16:0 (Hexadecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 77.954 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IS180 - SFA 18:0 (Octadecanoic) (gm)

Variable Name: DR2IS180

SAS Label: SFA 18:0 (Octadecanoic) (gm)

English Text: SFA 18:0 (Octadecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 32.116 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IM161 - MFA 16:1 (Hexadecenoic) (gm)

Variable Name: DR2IM161

SAS Label: MFA 16:1 (Hexadecenoic) (gm)

English Text: MFA 16:1 (Hexadecenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 8.399 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IM181 - MFA 18:1 (Octadecenoic) (gm)

Variable Name: DR2IM181

SAS Label: MFA 18:1 (Octadecenoic) (gm)

English Text: MFA 18:1 (Octadecenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 123.319 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IM201 - MFA 20:1 (Eicosenoic) (gm)

Variable Name: DR2IM201

SAS Label: MFA 20:1 (Eicosenoic) (gm)

English Text: MFA 20:1 (Eicosenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 3.537 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IM221 - MFA 22:1 (Docosenoic) (gm)

Variable Name: DR2IM221

SAS Label: MFA 22:1 (Docosenoic) (gm)

English Text: MFA 22:1 (Docosenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 3.024 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IP182 - PFA 18:2 (Octadecadienoic) (gm)

Variable Name: DR2IP182

SAS Label: PFA 18:2 (Octadecadienoic) (gm)

English Text: PFA 18:2 (Octadecadienoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 92.174 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IP183 - PFA 18:3 (Octadecatrienoic) (gm)

Variable Name: DR2IP183

SAS Label: PFA 18:3 (Octadecatrienoic) (gm)

English Text: PFA 18:3 (Octadecatrienoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 16.344 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IP184 - PFA 18:4 (Octadecatetraenoic) (gm)

Variable Name: DR2IP184

SAS Label: PFA 18:4 (Octadecatetraenoic) (gm)

English Text: PFA 18:4 (Octadecatetraenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 0.612 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IP204 - PFA 20:4 (Eicosatetraenoic) (gm)

Variable Name: DR2IP204

SAS Label: PFA 20:4 (Eicosatetraenoic) (gm)

English Text: PFA 20:4 (Eicosatetraenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1.139 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IP205 - PFA 20:5 (Eicosapentaenoic) (gm)

Variable Name: DR2IP205

SAS Label: PFA 20:5 (Eicosapentaenoic) (gm)

English Text: PFA 20:5 (Eicosapentaenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 3.901 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IP225 - PFA 22:5 (Docosapentaenoic) (gm)

Variable Name: DR2IP225

SAS Label: PFA 22:5 (Docosapentaenoic) (gm)

English Text: PFA 22:5 (Docosapentaenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 1.728 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

DR2IP226 - PFA 22:6 (Docosahexaenoic) (gm)

Variable Name: DR2IP226

SAS Label: PFA 22:6 (Docosahexaenoic) (gm)

English Text: PFA 22:6 (Docosahexaenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 5.135 | Range of Values | 87778 | 87778 | |
| . | Missing | 254 | 88032 | |

**Appendix 1. Changes between WVEIA survey cycles 2013-2014 thru the
August 2021-August 2023 sample**

| Variable or feature | WWEIA 2013-2014 | WWEIA 2015-2016 | WWEIA 2017-2018 | WWEIA 2017-March 2020 Pre-Pandemic | WWEIA Aug 2021-Aug 2023 |
|---|---|---|---|--|--|
| Administration of 24-hour dietary recall | Same as 2003-2012: Day 1 in-person in MEC, Day 2 by telephone | Same as 2013-2014 | Same as 2013-2014 | Same as 2013-2014 | Day 1 by telephone, Day 2 by telephone |
| Language, Day 1 | Same as 1999-2012: Interpreters assisted as needed | Same as 2013-2014 | Same as 2013-2014 | Same as 2013-2014 | English or Spanish language |
| Language, Day 2 | Same as 2011-2012: English, Spanish, or Asian languages | Same as 2013-2014 | Same as 2013-2014 | Same as 2013-2014 | English or Spanish language |
| Person who did not provide reliable intake for Day 1 but did for Day 2 | Same as 2003-2012: Neither intake was included in the release datasets | Same as 2003-2014 | Same as 2003-2014 | Same as 2003-2014 | The single reliable intake was included in the release datasets as Day 1 intake (n=21) |
| Food source (where food was obtained) | Codes 8 and 9 revised descriptions. | Same as 2013-2014 | Same as 2013-2014 | Same as 2013-2014 | Same as 2013-2014 |
| Combination food types | Same as 2003-2012: Values for 15 combination types | Same as 2003-2014 | Same as 2003-2014 | Same as 2003-2014 | Values for 16 combination types; added "Baby Toddler Food and Infant Formula" |
| Number of intakes that include only water consumption for the day | 6 intakes (all in Day 2 data), records are included in Individual Foods file. | 5 intakes (all in Day 2 data), records are included in Individual Foods file. | 2 intakes (all in Day 2 data), records are included in Individual Foods file. | 5 intakes (1 in Day 1, 4 in Day 2 data), records are included in Individual Foods file. | 5 intakes (4 in Day 1, 1 in Day 2), records are included in Individual Foods file. |
| Number of intakes that include no water or food consumption for the day | 1 intake in Day 2 with no food or water records for the day. Record is not included in the Individual Foods File for this intake. | 1 intake in Day 1 with no food or water records for the day. Record is not included in the Individual Foods File for this intake. | 1 intake in Day 1 with no food or water records for the day. Record is not included in the Individual Foods File for this intake. | 2 intakes in Day 1 with no food or water records for the day. Record is not included in the Individual Foods File for these intakes. | 3 intakes in Day 1 with no food or water records for the day. Record is not included in the Individual Foods File for these intakes. |

| Variable or feature | WWEIA 2013-2014 | WWEIA 2015-2016 | WWEIA 2017-2018 | WWEIA 2017-March 2020 Pre-Pandemic | WWEIA Aug 2021-Aug 2023 |
|--|--|---------------------------|---|---|--------------------------------|
| Tap water source | Same as 2003-2012; Reported in 6 categories. | Same as 2003-2004 | Responses combined into 4 categories | Same as 2017-2018 | Same as 2017-2018 |
| Modification codes: DR1MC Day 2 Modification codes: DR2MC Modification Code Description file: DRXMCD | All remaining modification codes deleted; new food codes addressing modifications added in FNDDS 2013-2014 | No modification codes | No modification codes | No modification codes | No modification codes |
| Salt use at the table and in cooking or preparing foods and type | Same as 2003-2004 | Same as 2003-2004 | Question wording changed slightly by removing, "seasoned salt", and adding, "sea salt". | Same as 2017-2018 | Same as 2017-2018 |
| Salt used at the table yesterday and type | Question asked about salt use at the table yesterday and kind of salt to coincide with 24-hour recall. | Same as 2013-2014 | Question wording changed slightly by removing, "seasoned salt", and adding, "sea salt". | Same as 2017-2018 | Same as 2017-2018 |
| Main respondent and person whom helped in responding for the interview | Same as 2003-2012 | Response category changed | Same as 2015-2016 | Same as 2015-2016 | Same as 2015-2016 |

Appendix 2. Variables in the Individual Foods Files (DR1IFF_L and DR2IFF_L) by Position

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|---|
| SEQN | SEQN | Respondent sequence number |
| WTDRD1 | WTDRD1 | Dietary day one sample weight |
| WTDR2D | WTDR2D | Dietary two-day sample weight |
| DR1ILINE | DR2ILINE | Food/Individual component number |
| DR1DRSTZ | DR2DRSTZ | Dietary recall status |
| DR1EXMER | DR2EXMER | Interviewer ID code |
| DRABF | DRABF | Breast-fed infant (either day) |
| DRDINT | DRDINT | Number of days of intake |
| DR1DBIH | DR2DBIH | # of days b/w intake and HH interview |
| DR1DAY | DR2DAY | Intake day of the week |
| DR1LANG | DR2LANG | Language respondent used mostly |
| DR1CCMNM | DR2CCMNM | Combination food number |
| DR1CCMTX | DR2CCMTX | Combination food type |
| DR1_020 | DR2_020 | Time of eating occasion (HH:MM) |
| DR1_030Z | DR2_030Z | Name of eating occasion |
| DR1FS | DR2FS | Source of food |
| DR1_040Z | DR2_040Z | Did you eat this meal at home? |
| DR1IFDCD | DR2IFDCD | USDA food code |
| DR1IGRMS | DR2IGRMS | Grams |
| DR1IKCAL | DR2IKCAL | Energy (kcal) |
| DR1IPROT | DR2IPROT | Protein (gm) |
| DR1ICARB | DR2ICARB | Carbohydrate (gm) |
| DR1ISUGR | DR2ISUGR | Total sugars (gm) |
| DR1IFIBE | DR2IFIBE | Dietary fiber (gm) |
| DR1ITFAT | DR2ITFAT | Total fat (gm) |
| DR1ISFAT | DR2ISFAT | Total saturated fatty acids (gm) |
| DR1IMFAT | DR2IMFAT | Total monounsaturated fatty acids (gm) |
| DR1IPFAT | DR2IPFAT | Total polyunsaturated fatty acids (gm) |
| DR1ICHOL | DR2ICHOL | Cholesterol (mg) |
| DR1IATOC | DR2IATOC | Vitamin E as alpha-tocopherol (mg) |
| DR1IATOA | DR2IATOA | Added alpha-tocopherol (Vitamin E) (mg) |
| DR1IRET | DR2IRET | Retinol (mcg) |
| DR1IVARA | DR2IVARA | Vitamin A, RAE (mcg) |
| DR1IACAR | DR2IACAR | Alpha-carotene (mcg) |
| DR1IBCAR | DR2IBCAR | Beta-carotene (mcg) |
| DR1ICRYP | DR2ICRYP | Beta-cryptoxanthin (mcg) |

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|-------------------------------|
| DR1ILYCO | DR2ILYCO | Lycopene (mcg) |
| DR1ILZ | DR2ILZ | Lutein + zeaxanthin (mcg) |
| DR1IVB1 | DR2IVB1 | Thiamin (Vitamin B1) (mg) |
| DR1IVB2 | DR2IVB2 | Riboflavin (Vitamin B2) (mg) |
| DR1INIAC | DR2INIAC | Niacin (mg) |
| DR1IVB6 | DR2IVB6 | Vitamin B6 (mg) |
| DR1IFOLA | DR2IFOLA | Total folate (mcg) |
| DR1IFA | DR2IFA | Folic acid (mcg) |
| DR1IFF | DR2IFF | Food folate (mcg) |
| DR1IFDFE | DR2IFDFE | Folate, DFE (mcg) |
| DR1ICHL | DR2ICHL | Total choline (mg) |
| DR1IVB12 | DR2IVB12 | Vitamin B12 (mcg) |
| DR1IB12A | DR2IB12A | Added vitamin B12 (mcg) |
| DR1IVC | DR2IVC | Vitamin C (mg) |
| DR1IVD | DR2IVD | Vitamin D (D2 + D3) (mcg) |
| DR1IVK | DR2IVK | Vitamin K (mcg) |
| DR1ICALC | DR2ICALC | Calcium (mg) |
| DR1IPHOS | DR2IPHOS | Phosphorus (mg) |
| DR1IMAGN | DR2IMAGN | Magnesium (mg) |
| DR1IIRON | DR2IIRON | Iron (mg) |
| DR1IZINC | DR2IZINC | Zinc (mg) |
| DR1ICOPP | DR2ICOPP | Copper (mg) |
| DR1ISODI | DR2ISODI | Sodium (mg) |
| DR1IPOTA | DR2IPOTA | Potassium (mg) |
| DR1ISELE | DR2ISELE | Selenium (mcg) |
| DR1ICAFF | DR2ICAFF | Caffeine (mg) |
| DR1ITHEO | DR2ITHEO | Theobromine (mg) |
| DR1IALCO | DR2IALCO | Alcohol (gm) |
| DR1IMOIS | DR2IMOIS | Moisture (gm) |
| DR1IS040 | DR2IS040 | SFA 4:0 (Butanoic) (gm) |
| DR1IS060 | DR2IS060 | SFA 6:0 (Hexanoic) (gm) |
| DR1IS080 | DR2IS080 | SFA 8:0 (Octanoic) (gm) |
| DR1IS100 | DR2IS100 | SFA 10:0 (Decanoic) (gm) |
| DR1IS120 | DR2IS120 | SFA 12:0 (Dodecanoic) (gm) |
| DR1IS140 | DR2IS140 | SFA 14:0 (Tetradecanoic) (gm) |
| DR1IS160 | DR2IS160 | SFA 16:0 (Hexadecanoic) (gm) |

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|------------------------------------|
| DR1IS180 | DR2IS180 | SFA 18:0 (Octadecanoic) (gm) |
| DR1IM161 | DR2IM161 | MFA 16:1 (Hexadecenoic) (gm) |
| DR1IM181 | DR2IM181 | MFA 18:1 (Octadecenoic) (gm) |
| DR1IM201 | DR2IM201 | MFA 20:1 (Eicosenoic) (gm) |
| DR1IM221 | DR2IM221 | MFA 22:1 (Docosenoic) (gm) |
| DR1IP182 | DR2IP182 | PFA 18:2 (Octadecadienoic) (gm) |
| DR1IP183 | DR2IP183 | PFA 18:3 (Octadecatrienoic) (gm) |
| DR1IP184 | DR2IP184 | PFA 18:4 (Octadecatetraenoic) (gm) |
| DR1IP204 | DR2IP204 | PFA 20:4 (Eicosatetraenoic) (gm) |
| DR1IP205 | DR2IP205 | PFA 20:5 (Eicosapentaenoic) (gm) |
| DR1IP225 | DR2IP225 | PFA 22:5 (Docosapentaenoic) (gm) |
| DR1IP226 | DR2IP226 | PFA 22:6 (Docosahexaenoic) (gm) |

Appendix 3. List of Nutrients/Food Components (Unit)

Energy and Macronutrients

Food energy (kcal)

Protein (gm)

Carbohydrate (gm)

Fat, total (gm)

Alcohol (gm)

Sugars, total (gm)

Dietary fiber, total (gm)

Water (moisture) (gm)*

Saturated fatty acids, total (gm)

Monounsaturated fatty acids, total (gm)

Polyunsaturated fatty acids, total (gm)

Cholesterol (mg)

Individual fatty acids:

4:0 (gm)

6:0 (gm)

8:0 (gm)

10:0 (gm)

12:0 (gm)

14:0 (gm)

16:0 (gm)

18:0 (gm)

16:1 (gm)

18:1 (gm)

20:1 (gm)

22:1 (gm)

18:2 (gm)

18:3 (gm)

18:4 (gm)

20:4 (gm)

20:5 n-3 (gm)

22:5 n-3 (gm)

22:6 n-3 (gm)

Vitamins, Minerals, and Other Components

Vitamin A as retinol activity equivalents (mcg)

Retinol (mcg)

Carotenoids:

Carotene, alpha (mcg)

Carotene, beta (mcg)

Cryptoxanthin, beta (mcg)

Lycopene (mcg)

Lutein + zeaxanthin (mcg)

Vitamin E as alpha-tocopherol (mg)

**Added vitamin E as alpha-tocopherol (mg)

Vitamin D (D2 + D3) (mcg)

Vitamin K as phylloquinone (mcg)

Vitamin C (mg)

Thiamin (mg)

Riboflavin (mg)

Niacin (mg)
Vitamin B-6 (mg)
Folate, total (mcg)
 Folate as dietary folate equivalents (mcg)
 Folic acid (mcg)
 Food folate (mcg)
Choline, total (mg)
Vitamin B-12 (mcg)
 ***Added vitamin B-12 (mcg)

Calcium (mg)
Iron (mg)
Magnesium (mg)
Phosphorus (mg)
Potassium (mg)
Sodium (mg)
Zinc (mg)
Copper (mg)
Selenium (mcg)
Caffeine (mg)
Theobromine (mg)

* Value reflects moisture present in all foods, beverages, and water consumed as a beverage
(variables DR1IMOIS, DR2IMOIS, DR1TMOIS, DR2TMOIS)

** Represents a synthetic subcomponent of vitamin E and is included in the vitamin E value.

*** Represents a fortified subcomponent of vitamin B12 and is included in the vitamin B12 value.

Appendix 4. Adding Food Code Descriptions to Your Files

One supporting file is included with the Individual Foods files: the Food Code Description file (DRXFCD_L).

The DRXFCD_L file includes abbreviated descriptions (up to 60 characters) and complete descriptions (up to 200 characters) associated with each USDA food code included in the Individual Foods files.

The Food Code Description file (DRXFCD_L) contains three variables:

DRXFDCD a numeric value corresponding to DR1IFDCD in the file DR1IFF_L or DR2IFDCD in the file DR2IFF_L;

DRXFCSD a short description (up to 60 characters) of the food code;

DRXFCLD a long description (up to 200 characters) of the food code.

The following SQL code is an example of appending the shorter food code description (here renamed DR1IFCSD) to one of the Individual Foods files using PROC SQL from SAS®. Other SQL implementations may be different.

```
proc sql;
  create table DR1IFF_L_PLUS as
    select iff.*, desc.DRXFCSD as DR1FCSD, desc.DRXFCLD as DR1FCLD
    from NHANES.DR1IFF_L iff
    left join NHANES.DRXFCD_L desc
    on iff.DR1IFDCD = desc.DRXFDCD
    order by SEQN, DR1ILINE;
  quit;
```

SAS® users may wish to use Proc Format to assign labels to the food codes. The following example generates and saves a picture format for food codes and a separate format for each food code that includes both the food code itself and the short food code description. It is assumed that the user has stored the Individual Foods files and the Food Code Description file in a library called NHANES and wishes to store the formats there as well.

```
options fmtsearch = (NHANES);

proc format library = library;
  picture foodcode
    low - high = '000-00000';
  quit;

data tmp;
  set NHANES.DRXFCD_L;
  length cfoodcode $9 label $72;
  cfoodcode = put(DRXFDCD, foodcode.);
  label = cfoodcode || ' ' || DRXFCSD;
run;

data fmt (keep = fmtname start label);
  set tmp;
  retain fmtname 'DRXFDCD';
```

```
rename DRXFDCD = start;
run;

proc format cntlin = fmt library = library;
run;
```

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Appendix 5. Variables in the Total Nutrients Files (DR1TOT_L and DR2TOT_L) by Position

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|---|
| SEQN | SEQN | Respondent sequence number |
| WTDRD1 | WTDRD1 | Dietary day one sample weight |
| WTDR2D | WTDR2D | Dietary two-day sample weight |
| DR1DRSTZ | DR2DRSTZ | Dietary recall status |
| DR1EXMER | DR2EXMER | Interviewer ID code |
| DRABF | DRABF | Breast-fed infant (either day) |
| DRDINT | DRDINT | Number of days of intake |
| DR1DBIH | DR2DBIH | # of days b/w intake and HH interview |
| DR1DAY | DR2DAY | Intake day of the week |
| DR1LANG | DR2LANG | Language respondent used mostly |
| DR1MRESP | DR2MRESP | Main respondent for this interview |
| DR1HELP | DR2HELP | Helped in responding for this interview |
| DBQ095Z | N/A | Type of table salt used |
| DBD100 | N/A | How often add salt to food at table |
| DRQSPREP | N/A | Salt used in preparation? |
| DR1STY | DR2STY | Salt used at table yesterday? |
| DR1SKY | DR2SKY | Type of salt used yesterday |
| DRQSDIET | N/A | On special diet? |
| DRQSDT1 | N/A | Weight loss/Low calorie diet |
| DRQSDT2 | N/A | Low fat/Low cholesterol diet |
| DRQSDT3 | N/A | Low salt/Low sodium diet |
| DRQSDT4 | N/A | Sugar free/Low sugar diet |
| DRQSDT5 | N/A | Low fiber diet |
| DRQSDT6 | N/A | High fiber diet |
| DRQSDT7 | N/A | Diabetic diet |
| DRQSDT8 | N/A | Weight gain/Muscle building diet |
| DRQSDT9 | N/A | Low carbohydrate diet |
| DRQSDT10 | N/A | High protein diet |
| DRQSDT11 | N/A | Gluten-free/Celiac diet |
| DRQSDT12 | N/A | Renal/Kidney diet |
| DRQSDT91 | N/A | Other special diet |
| DR1TNUMF | DR2TNUMF | Number of foods/beverages reported |
| DR1TKCAL | DR2TKCAL | Energy (kcal) |
| DR1TPROT | DR2TPROT | Protein (gm) |
| DR1TCARB | DR2TCARB | Carbohydrate (gm) |
| DR1TSUGR | DR2TSUGR | Total sugars (gm) |

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|---|
| DR1TFIBE | DR2TFIBE | Dietary fiber (gm) |
| DR1TTFAT | DR2TTFAT | Total fat (gm) |
| DR1TSFAT | DR2TSFAT | Total saturated fatty acids (gm) |
| DR1TMFAT | DR2TMFAT | Total monounsaturated fatty acids (gm) |
| DR1TPFAT | DR2TPFAT | Total polyunsaturated fatty acids (gm) |
| DR1TCHOL | DR2TCHOL | Cholesterol (mg) |
| DR1TATOC | DR2TATOC | Vitamin E as alpha-tocopherol (mg) |
| DR1TATOA | DR2TATOA | Added alpha-tocopherol (Vitamin E) (mg) |
| DR1TRET | DR2TRET | Retinol (mcg) |
| DR1TVARA | DR2TVARA | Vitamin A, RAE (mcg) |
| DR1TACAR | DR2TACAR | Alpha-carotene (mcg) |
| DR1TBCAR | DR2TBCAR | Beta-carotene (mcg) |
| DR1TCRYP | DR2TCRYP | Beta-cryptoxanthin (mcg) |
| DR1TLYCO | DR2TLYCO | Lycopene (mcg) |
| DR1TLZ | DR2TLZ | Lutein + zeaxanthin (mcg) |
| DR1TVB1 | DR2TVB1 | Thiamin (Vitamin B1) (mg) |
| DR1TVB2 | DR2TVB2 | Riboflavin (Vitamin B2) (mg) |
| DR1TNIAC | DR2TNIAC | Niacin (mg) |
| DR1TVB6 | DR2TVB6 | Vitamin B6 (mg) |
| DR1TFOLA | DR2TFOLA | Total folate (mcg) |
| DR1TFA | DR2TFA | Folic acid (mcg) |
| DR1TFF | DR2TFF | Food folate (mcg) |
| DR1TFDFE | DR2TFDFE | Folate, DFE (mcg) |
| DR1TCHL | DR2TCHL | Total choline (mg) |
| DR1TVB12 | DR2TVB12 | Vitamin B12 (mcg) |
| DR1TB12A | DR2TB12A | Added vitamin B12 (mcg) |
| DR1TVC | DR2TVC | Vitamin C (mg) |
| DR1TVD | DR2TVD | Vitamin D (D2 + D3) (mcg) |
| DR1TVK | DR2TVK | Vitamin K (mcg) |
| DR1TCALC | DR2TCALC | Calcium (mg) |
| DR1TPHOS | DR2TPHOS | Phosphorus (mg) |
| DR1TMAGN | DR2TMAGN | Magnesium (mg) |
| DR1TIRON | DR2TIRON | Iron (mg) |
| DR1TZINC | DR2TZINC | Zinc (mg) |
| DR1TCOPP | DR2TCOPP | Copper (mg) |
| DR1TSODI | DR2TSODI | Sodium (mg) |

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|--|
| DR1TPOTA | DR2TPOTA | Potassium (mg) |
| DR1TSELE | DR2TSELE | Selenium (mcg) |
| DR1TCAFF | DR2TCAFF | Caffeine (mg) |
| DR1TTHEO | DR2TTHEO | Theobromine (mg) |
| DR1TALCO | DR2TALCO | Alcohol (gm) |
| DR1TMOIS | DR2TMOIS | Moisture (gm) |
| DR1TS040 | DR2TS040 | SFA 4:0 (Butanoic) (gm) |
| DR1TS060 | DR2TS060 | SFA 6:0 (Hexanoic) (gm) |
| DR1TS080 | DR2TS080 | SFA 8:0 (Octanoic) (gm) |
| DR1TS100 | DR2TS100 | SFA 10:0 (Decanoic) (gm) |
| DR1TS120 | DR2TS120 | SFA 12:0 (Dodecanoic) (gm) |
| DR1TS140 | DR2TS140 | SFA 14:0 (Tetradecanoic) (gm) |
| DR1TS160 | DR2TS160 | SFA 16:0 (Hexadecanoic) (gm) |
| DR1TS180 | DR2TS180 | SFA 18:0 (Octadecanoic) (gm) |
| DR1TM161 | DR2TM161 | MFA 16:1 (Hexadecenoic) (gm) |
| DR1TM181 | DR2TM181 | MFA 18:1 (Octadecenoic) (gm) |
| DR1TM201 | DR2TM201 | MFA 20:1 (Eicosenoic) (gm) |
| DR1TM221 | DR2TM221 | MFA 22:1 (Docosenoic) (gm) |
| DR1TP182 | DR2TP182 | PFA 18:2 (Octadecadienoic) (gm) |
| DR1TP183 | DR2TP183 | PFA 18:3 (Octadecatrienoic) (gm) |
| DR1TP184 | DR2TP184 | PFA 18:4 (Octadecatetraenoic) (gm) |
| DR1TP204 | DR2TP204 | PFA 20:4 (Eicosatetraenoic) (gm) |
| DR1TP205 | DR2TP205 | PFA 20:5 (Eicosapentaenoic) (gm) |
| DR1TP225 | DR2TP225 | PFA 22:5 (Docosapentaenoic) (gm) |
| DR1TP226 | DR2TP226 | PFA 22:6 (Docosahexaenoic) (gm) |
| DR1_300 | DR2_300 | Compare food consumed yesterday to usual |
| DR1_320Z | DR2_320Z | Total plain water drank yesterday (gm) |
| DR1_330Z | DR2_330Z | Total tap water drank yesterday (gm) |
| DR1BWATZ | DR2BWATZ | Total bottled water drank yesterday (gm) |
| DR1TWSZ | DR2TWSZ | Tap water source |
| DRD340 | N/A | Shellfish eaten during past 30 days |
| DRD350A | N/A | Clams eaten during past 30 days |
| DRD350AQ | N/A | # of times clams eaten in past 30 days |
| DRD350B | N/A | Crabs eaten during past 30 days |
| DRD350BQ | N/A | # of times crabs eaten in past 30 days |
| DRD350C | N/A | Crayfish eaten during past 30 days |

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|--|
| DRD350CQ | N/A | # of times crayfish eaten past 30 days |
| DRD350D | N/A | Lobsters eaten during past 30 days |
| DRD350DQ | N/A | # of times lobsters eaten past 30 days |
| DRD350E | N/A | Mussels eaten during past 30 days |
| DRD350EQ | N/A | # of times mussels eaten in past 30 days |
| DRD350F | N/A | Oysters eaten during past 30 days |
| DRD350FQ | N/A | # of times oysters eaten in past 30 days |
| DRD350G | N/A | Scallops eaten during past 30 days |
| DRD350GQ | N/A | # of times scallops eaten past 30 days |
| DRD350H | N/A | Shrimp eaten during past 30 days |
| DRD350HQ | N/A | # of times shrimp eaten in past 30 days |
| DRD350I | N/A | Other shellfish eaten past 30 days |
| DRD350IQ | N/A | # of times other shellfish eaten |
| DRD350J | N/A | Other unknown shellfish eaten past 30 d |
| DRD350JQ | N/A | # of times other unknown shellfish eaten |
| DRD350K | N/A | Refused on shellfish eaten past 30 days |
| DRD360 | N/A | Fish eaten during past 30 days |
| DRD370A | N/A | Breaded fish products eaten past 30 days |
| DRD370AQ | N/A | # of times breaded fish products eaten |
| DRD370B | N/A | Tuna eaten during past 30 days |
| DRD370BQ | N/A | # of times tuna eaten in past 30 days |
| DRD370C | N/A | Bass eaten during past 30 days |
| DRD370CQ | N/A | # of times bass eaten in past 30 days |
| DRD370D | N/A | Catfish eaten during past 30 days |
| DRD370DQ | N/A | # of times catfish eaten in past 30 days |
| DRD370E | N/A | Cod eaten during past 30 days |
| DRD370EQ | N/A | # of times cod eaten in past 30 days |
| DRD370F | N/A | Flatfish eaten during past 30 days |
| DRD370FQ | N/A | # of times flatfish eaten past 30 days |
| DRD370G | N/A | Haddock eaten during past 30 days |
| DRD370GQ | N/A | # of times haddock eaten in past 30 days |
| DRD370H | N/A | Mackerel eaten during past 30 days |
| DRD370HQ | N/A | # of times mackerel eaten past 30 days |
| DRD370I | N/A | Perch eaten during past 30 days |
| DRD370IQ | N/A | # of times perch eaten in past 30 days |
| DRD370J | N/A | Pike eaten during past 30 days |

| Day1 Name | Day2 Name | Variable Label |
|------------------|------------------|--|
| DRD370JQ | N/A | # of times pike eaten in past 30 days |
| DRD370K | N/A | Pollock eaten during past 30 days |
| DRD370KQ | N/A | # of times pollock eaten in past 30 days |
| DRD370L | N/A | Porgy eaten during past 30 days |
| DRD370LQ | N/A | # of times porgy eaten in past 30 days |
| DRD370M | N/A | Salmon eaten during past 30 days |
| DRD370MQ | N/A | # of times salmon eaten in past 30 days |
| DRD370N | N/A | Sardines eaten during past 30 days |
| DRD370NQ | N/A | # of times sardines eaten past 30 days |
| DRD370O | N/A | Sea bass eaten during past 30 days |
| DRD370OQ | N/A | # of times sea bass eaten past 30 days |
| DRD370P | N/A | Shark eaten during past 30 days |
| DRD370PQ | N/A | # of times shark eaten in past 30 days |
| DRD370Q | N/A | Swordfish eaten during past 30 days |
| DRD370QQ | N/A | # of times swordfish eaten past 30 days |
| DRD370R | N/A | Trout eaten during past 30 days |
| DRD370RQ | N/A | # of times trout eaten in past 30 days |
| DRD370S | N/A | Walleye eaten during past 30 days |
| DRD370SQ | N/A | # of times walleye eaten in past 30 days |
| DRD370T | N/A | Other fish eaten during past 30 days |
| DRD370TQ | N/A | # of times other fish eaten past 30 days |
| DRD370U | N/A | Other unknown fish eaten in past 30 days |
| DRD370UQ | N/A | # of times other unknown fish eaten |
| DRD370V | N/A | Refused on fish eaten past 30 days |

