

Yogurt

in the bread machine

Ingredients

1 Yogurt
500 mL of milk (whole milk, preferably)

-OR-

100ml of lactic acid bacteria
1 L of milk (whole milk, preferably)

Preparation

(machine mixer is not necessary)

Mix all the ingredients in the bread machine.
Cooking takes 8 hours.
Then leave to cool in the fridge for at least 2 hours.