

Braised Carrots

Ingredients

For 6 people:

1 onion

12 carrots

Oil, salt, pepper

Preparation

Slice the onion, brown it in a pan with oil.

Slice the carrots and add them to the onion, salt and pepper.

Reduce the heat and cook for 45 minutes over very low heat.

Finish cooking for 15 minutes over medium heat: the water must have evaporated; you can let it caramelize to taste.