

Banana ice cream

Ingredients

4 large ripe bananas
The juice of a lemon
300 ml of milk
200 ml liquid crème fraîche
80 g of sugar

Preparation

Combine all the ingredients and blend until smooth.
Churn in an ice cream maker (this takes around 40-50 minutes)

Lemon is not obligatory, but enhances the flavor of the banana and prevents it from blackening.