

Braised carrots

Ingredients

For 6 people:

1 onion

12 carrots

Oil, salt, pepper

Preparation

Mince the onion, brown it in a basting with oil.

Mince the carrots and add them to the onion, salt, pepper.

Reduce the heat and cook for 45 minutes over very low heat.

Finish cooking with 15 minutes over medium heat: the water must be evaporated, you can leave caramelize to taste.