

# Introduction

- This is a basic AsciiDoc document.

Skip the Diet  
Just eat Healthy.



- to BOLD use \* between words **bold**
- to SLANT use \_ between words *Slant*
- For URL give url with square brackets beside it and write name you wish to see for that URL  
[Github](#)
- for number bullets use .
  1. one
    - a. one.one
      - i. one.one.one
  2. two
  3. three
- for bullets use \*
  - one
    - one.one
  - two
  - three

**IMPORTANT** | To mark as important

**TIP** | To mark as tip

use 4 ==== at begin and end

For box

use 4 ---- at begin and end

For box color

- For table use table at top right side of screen select as many as you want

Table 1. Desc of table

1st header	2nd header	3rd header
Column 1, row 1	Column 2, row 1	Column 3, row 1
Column 1, row 2	Column 2, row 2	Column 3, row 2
Column 1, row 3	Column 2, row 3	Column 3, row 3

# Add new page



TIP

To remember