



# **Personal Development Plan**

## **Employee Skill Development**

### **(IT2100)**

Reg No: IT23588332

Name: Helitha Y.M.Y

Degree: BSc (Hons) in Information Technology specialize in Software Engineering

Year: 2

Semester: 2

# 1. Self-Assessment

I have conducted a personal self-Assessments using SWOT-analysis supported by a skill audit to evaluate my current personal, academic and professional development. This exercise help me to understand my strengths, weakness, opportunities and threats in relations to my career aspirations as a computing undergraduate at SLIIT.

## 1.1 SWOT Analyze

### Strengths

- Strong memory (regarding technical knowledge) and critical thinking skills, enabling me to solve logical and technical problems under pressure.
- Adaptability to new technologies, with willingness to experiment and integrate them into on going project even when there if there is risk.
- Leadership experience, demonstrated by leading 2 out of 3 university projects to over 80% marks and successfully coordinating team effort as well as a experience of being prefect for consecutive 5 years.
- Effective presentation skills – clear and confident voice, pacing for audience to understanding, and expressive gesture.
- Hand-on technical experience: hackathon participation, development of a microservice based mobile application with Docker and AI integration.
- Growing proficiency of in multiple languages (C, C++, Java, Python) and currently learning of MERN + Three.js (3D object rendering to website), showing consistent technical growth.

### Weaknesses

- Difficulty with theoretical knowledge retention – I tend to forget theoretical concepts within a few months.
- Limited communication and relationship management skills; I struggle to consistency maintain friendships, respond to messages, and build professional networks.
- Inconsistent discipline for non-technical task such as language learning (e.g. Japanese), attending long lectures, or business-related studies.

- Presentation delivery is strong, but language proficiency(particularly in English and other languages) needs some improvement for professional settings.
- I sometimes prioritize technical problem solving over broader strategic or business thinking.

### **Opportunities**

- Access to hackathon, competitions and internship through my university, providing practical exposure and professional networking.
- Also, there are time to risk for exploring and experiencing new things like starting and growing a business.
- Availability of online learning resources (YouTube, Udemy, Coursera) to improve technical, language and communication skills.
- The global demand for full-stack developers and AI/ML specialist, creating career opportunities if I strengthen my skills consistently.
- Personal interest in experimenting with emerging technologies such as AI and 3D visualization (Three.js) which can give me a competitive edge in job market.

### **Threats**

- Rapid technological changes in IT section, requiring continuous upskilling to stay relevant.
- High competition from peers who may possess stronger professional networks or industry internship.
- Potential burn out from taking risks with untested technologies in academic projects, which could affect project outcomes, if not manage carefully.
- Overreliance on technical problem-solving might limit opportunities in roles requiring, stronger communication.

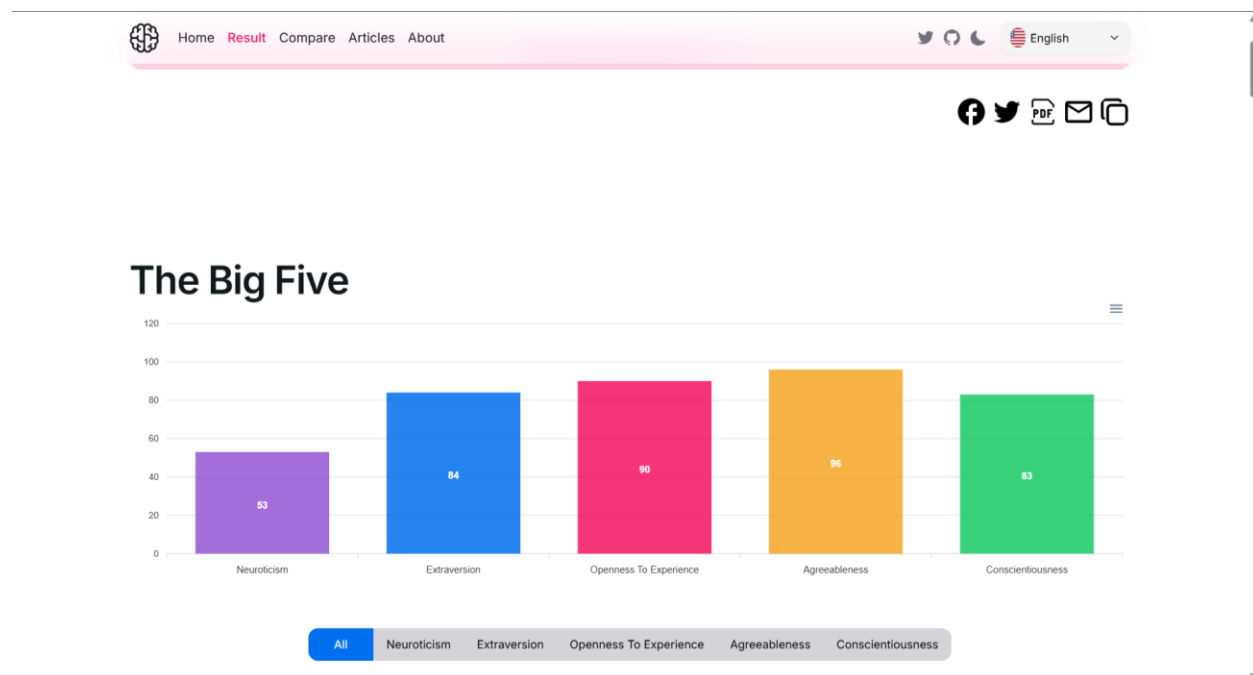
## **1.2 Skill audit**

- Technical Skill: Proficient in C, C++, Java; actively learning MERN and Three.js experience with Docker and monolith architecture; AI integration in projects.
- Problem Solving: Excellent under pressure, with demonstrated ability to resolve unexpected technical issues.

- **Leadership:** led teams in multiple academic projects as well as in school, good at project coordination.
- **Presentation:** Strong verbal delivery, stage presence and audience engagement.
- **Communication & Networking:** Needs development; Difficulty in sustaining personal and professional relationships.
- **Time Management & Consistency:** Strong when motivated by technical challenges, but weaker in theoretical or less engaging tasks.
- **Language Skill:** Basic proficiency in English for academic work, but improvement is needed for professional fluency and additional foreign languages.

### 1.3 Personality Traits, values and Learning Styles

#### Personality Traits



- **Neuroticism** is low, indicating that I am exceptionally calm, composed and unflappable. You do not react with intense emotions, even to situations that most people would describe as stressful.
- **Extraversion** is high, indicating you are sociable, outgoing, energetic, and lively. You prefer to be around people much of the time.

- **Openness** to Experience is high, indicating you enjoy novelty, variety, and change. You are curious, imaginative, and creative.
- **Agreeableness** indicates a strong interest in others' needs and well-being. You are pleasant, sympathetic, and cooperative.
- **Conscientiousness** is high. This means you set clear goals and pursue them with determination. People regard you as reliable and hard-working.

## Learning Styles

My learning styles is largely independent and self-directed. I rely heavily on self-study methods such as exploring online resources (YouTube, AI-powered tools and books). I prefer practical application of knowledge through hands-on projects, hackathons and experimenting with new frameworks, rather than passive lecture-based learning.

## Values

- **Innovation & Curiosity** – I'm motivated to explore new technologies and framework even if they involve risks.
- **Resilience** – I value staying under calm under pressure and finding solution instead of giving up.
- **Growth & Learning** – I believe in my self-improvement through new projects, challenges and skills.
- **Collaboration** – I recognize the importance of teamwork, as seen in my leadership roles in academic projects.
- **Adaptability** – I value flexibility and the ability to adjust to adjust to changing technologies and project requirements.

## 2. Goal Setting

Following my self-assessments, I have identified a set of **SMART goals** that address my weakness, build on my strengths, and align with my long-term career aspirations. These goals are structured as Short-term, Mid-Term and Long-Term objectives.

### Short-term Goal (0-6 months)

1. Improve Communication Skills
  - Specific: Enhance English fluency and clarity in professional conversation
  - Measurable: Participate in speaking session; record review progress monthly.
  - Achievable: Join a community group or SLIIT gavel club.
  - Relevant: Support career growth and team leadership.
  - Time-Bound: Achieve measurable improvement in 6 months.
2. Strengthen theoretical knowledge retention
  - Use spaced retention(Anki) to improve recall of theory
  - Retain 70%+ of core subjects beyond Exam
  - Track retention through self-quizzes by the end of each semester
3. Expand peer Networking
  - Build consistent professional relationships at SLIIT
  - Join at least one active student community; respond to 90% of messages within 24 hours
  - Maintain habit over next 6 months.

### Mid-term Goal(6-18 months)

1. Secure an internship
  - Apply technical knowledge in professional environment
  - Try to attend at least 3 interviews
  - Provides industry exposure and practical skills
  - Secure placement within 12-18 months
2. Expand technical Portfolio
  - Build 2-3 side projects including newest technology and AI integration
  - Publish project on GitHub with documentation
  - Complete within 12-18 months

**Long-term Goal (2-5 years)**

- Establish a career as a Full-stack developer
- Develop leadership capacity by managing large project teams in academic and professional context
- Gain global exposure by participating in international tech conferences or securing employment in a multinational tech company.

**3. Action Planning**

Goal	Key Activities	Timeline	Resources/Support
Improve Communication Skill	<ul style="list-style-type: none"><li>• Practice weekly session</li><li>• Record Session</li><li>• Join and actively participate in a community group</li></ul>	0-6 months	Peers Mentors
Strengthen Theory Retention	<ul style="list-style-type: none"><li>• Create Anki flashcards</li><li>• Revise weekly</li><li>• Self-test past papers</li></ul>		Anki Lecture notes Study groups
Expand Peer networking	<ul style="list-style-type: none"><li>• Join SLIIT clubs</li><li>• Attend hackathons</li><li>• Maintain relationships</li></ul>		University clubs WhatsApp/Discord group
Secure Internship	<ul style="list-style-type: none"><li>• Update CV, LinkedIn and GitHub</li><li>• Apply for suitable internship</li><li>• Attend for career fairs</li></ul>	6-18 months	Career week LinkedIn
Expand Technical portfolio	<ul style="list-style-type: none"><li>• Build 2-3 new projects using various technology</li><li>• Upload to GitHub &amp; Update LinkedIn</li><li>• Do the proper documentation</li></ul>		GitHub VS code Android Studio Online Tutorials
Improve English proficiency	<ul style="list-style-type: none"><li>• Enroll in a English course</li><li>• Use Duolingo for practice</li></ul>		Coursers Duolingo

Establish Career as a Full stack developer	<ul style="list-style-type: none"> <li>• Specialize in various technology, frameworks and AI</li> </ul>	2-5 years	Online courses Internships
Develop leadership skills	<ul style="list-style-type: none"> <li>• Take leadership roles in teams</li> <li>• Mentor junior</li> </ul>		Student Societies Project Works
Gain global exposure	<ul style="list-style-type: none"> <li>• Apply to international conferences</li> <li>• Internship aboard</li> </ul>		University links Scholarship programs



## 4. Monitoring and Evaluation Strategy

To ensure my personal development plan remain effective and realistic, I will implement structured methods for tracking progress and making adjustment when necessary

### Methods for reviewing Progress

- **Personal Journal:** Maintain weekly reflection journal noting achievements, challenges and areas needing improvements
- **Monthly progress checklist:** Review SMART goals monthly against planned milestones
- **Peer and Mentor progress:** Seek consecutive feedbacks from teammates, lectures and mentors on communication, leadership, and project performance
- **Self-Assessments Tools:** Use online quizzes, coding challenges (LeetCode, HackerRank) and mock interviews to measure technical and problem-solving growth

### Plans for adjusting PDP

- **Quarterly Review:** Every 3 months, evaluate which goals are proceeded and which is progressing and which needs adjustment
- **Flexibility in Learning Paths:** If one strategy is ineffective (e.g. learning language by books), I will adapt by using interactive tools (apps, gavel clubs, movies or random conversation in online).
- **Continuous Updating:** Update goals as trends evolve in industry (e.g. If AI and blockchain gain dominance I will align technical learning accordingly.)
- **Balance with academic demands:** Adapts timeline during high workload time periods (exam seasons, final year project)

This strategy ensure that I do not only set goals but actively monitor regulate and adapt my development.

## 5. Personal Insight and Motivation

My motivation for this PDP comes from both my career aspiration and my personal values.

### Reason for my chosen Goals

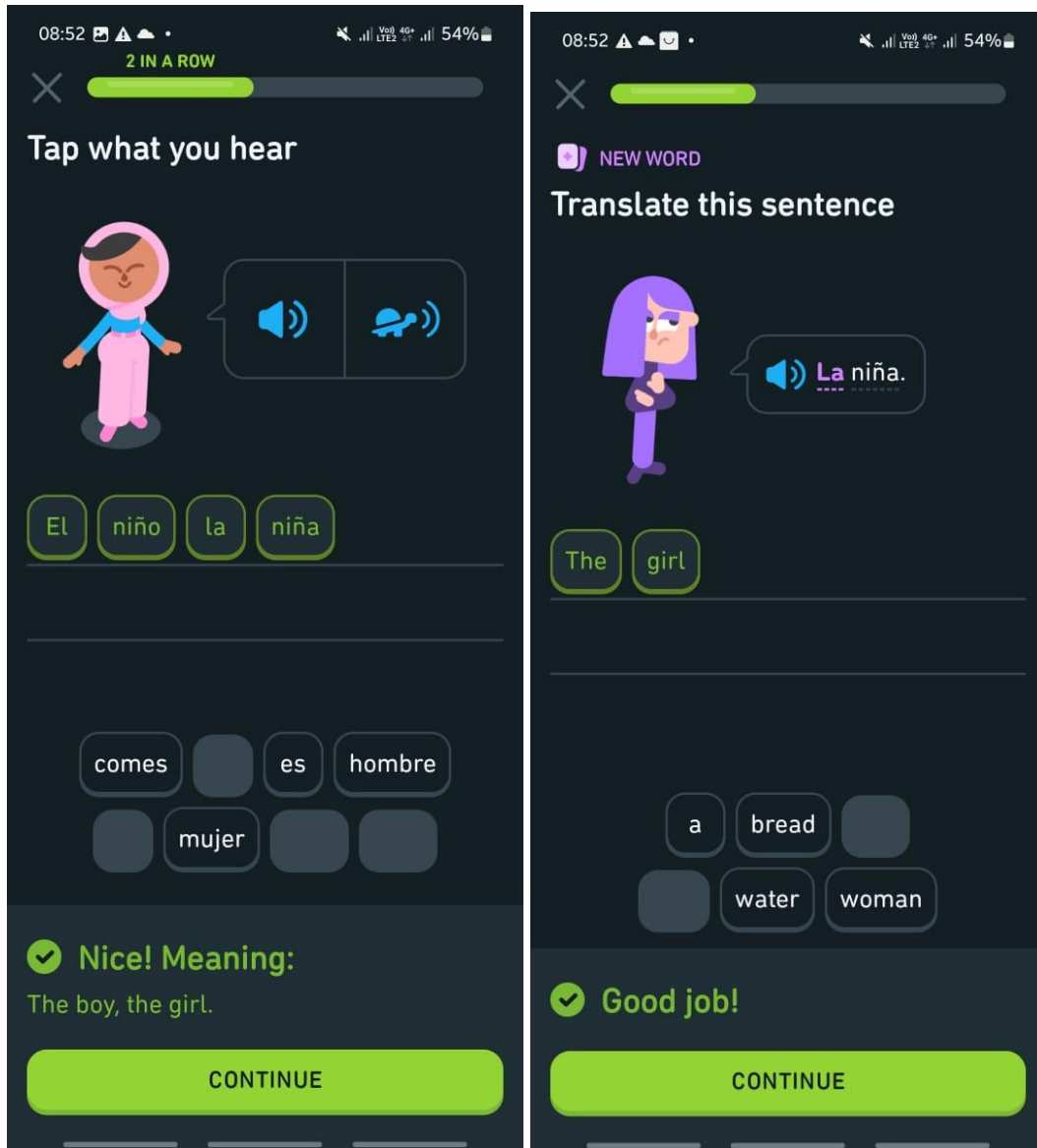
- I selected communication and networking goals because my technical strength must be complemented by strong interpersonal skill to become an effective professional
- I focused on theory retention because, despite excelling in practical work, I often struggle to sustain academic knowledge long-term, which is critical for exams and certification.
- I targeted technical portfolio building and internships to bridge the gap between classroom learning and real-world experience.
- Long-term, I aspire to be a full-stack developer with expertise in AI, and these goals logically build towards career path.

### Personal and Career Vision

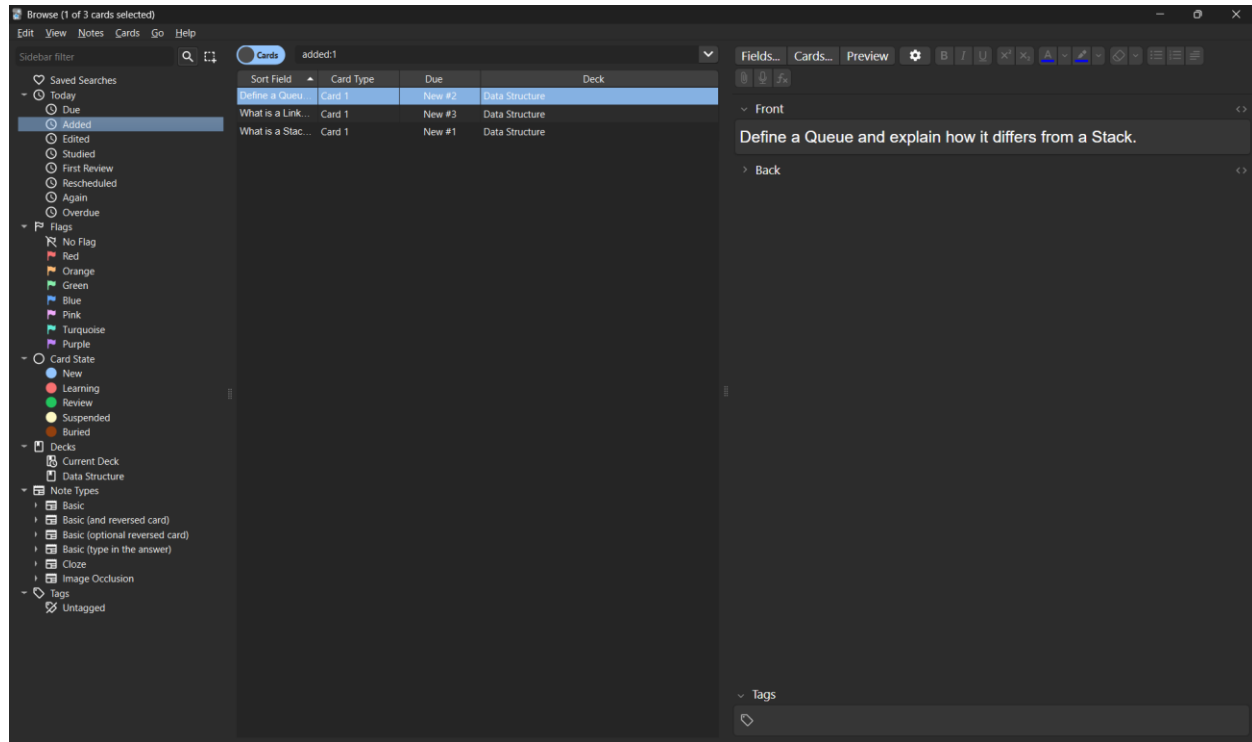
I am passionate about problem-solving and innovation; I enjoy the process of experimenting with new technologies even when there is risk. My vision is to grow into a individual who not only writes efficient code but also leads project that create-real world impact. Eventually, I aim to secure a role in a global tech company where I can contribute to cutting-edge solutions while mentoring others.

**Evidence for self-motivation**

- Learning Spanish with Duolingo



## Creating Anki cards for theory retention



CV including current qualifications



# YOHAN HELITHA

UNDERGRADUATE AT SLIIT

## CONTACT

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## SKILLS

- Project Management
- Teamwork
- Time Management
- Leadership
- Effective Communication
- Critical Thinking
- Digital Marketing

## LANGUAGES

- English (Intermediate)
- Japanese(Basic)
- Spanish(Basic)

## ACHIEVEMENT

- Dean's List – Semester 1 & 2nd Year Semester 1
- Prefect (5 Years) – Leadership & Discipline, Grades 6–11
- Olympiad Math Competition – Participant (Grade 9)
- Leadership Campaign – Participant



## PROFILE

Detail-oriented and proactive Information Technology undergraduate with a strong academic record, including multiple Dean's List achievements. Skilled in full-stack development with experience in MERN, Java, MySQL, and Docker, alongside practical knowledge of advanced libraries such as Three.js and Chart.js. Demonstrated leadership as a project team leader, successfully guiding teams to deliver high-quality solutions. Experienced in hackathons and industry competitions, showcasing adaptability, problem-solving, and innovation. Eager to contribute technical expertise and a growth mindset to dynamic professional environments.



## ACADEMIC & TECHNICAL PROJECTS

- Ceylon Smart Citizen – Hackathon Project Rootcode
  - Features: Service details (required documents, fees, booking, queue status) + AI assistant for customer queries
  - Participated in Trialathon, Desynthon, Hackathon, and Datathon rounds
- Online Examination Management (Group Leader) – HTML, CSS, JavaScript, Java, MySQL
  - Led team, secured 84 marks
- Website Development Project – HTML, CSS, JavaScript, PHP
  - Secured 80 marks
- MERN Stack + 3D Visualization Project (Ongoing) – MERN + Three.js + Leaflet.js + Chart.js + Docker

## HARD SKILL

- Programming: C, Python, Java, JavaScript, PHP
- Web Development: HTML, CSS, JavaScript, PHP, MERN Stack
- Databases: MySQL, MongoDB
- Tools: Docker, Git, Chart.js, Leaflet.js, Three.js



## EDUCATION

### Bachelor of Information Technology (Ongoing) – SLIIT

- GPA: 3.8 (Dean's List, Semester 1)
- GPA: 3.24 (Semester 2)
- GPA: 3.94 (Dean's List, 2nd Year – Semester 1)

### Diploma in IT (Python & Basic IT) – University of Moratuwa (Ongoing)

Advanced Level (Math Stream) – Mo/Wellassa National School - 3C passes