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A Descriptive Study: Factors Affecting the Gender-Role Attitude in College Students

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Aim(s): Modern society is experiencing a rapid social change with institutional de-systematization, and accordingly, the concept of traditional gender-role is changing. The purpose of this study is to investigate possible factors affecting the gender-role attitudes in college students and to provide a basis to help the students form egalitarian gender-role attitudes.

Method(s): To identify factors affecting the gender-role attitudes, this descriptive study analyzed the results of self-administered questionnaire surveys from undergraduate students of a four-year university (n=244) in J province during the first week of May 2019. To examine the effects of interpersonal relationship competence and perceived conjugal relations of parents on the gender-role attitudes, a hierarchical linear regression analysis was utilized.

Result(s): When the perceived conjugal relations of parents was added in the third stage, the regression model was shown to be statistically significant ($F=2.626$, $p<.001$), and the explanatory power was 23.1%. The influential factors were: gender (male; $\beta=0.274$, $p<.001$), birth order (only child; $\beta=0.197$, $p=.004$), type of program (medical; $\beta=-0.227$, $p=.016$), and economic condition (middle class; $\beta=0.220$, $p=.004$), interpersonal relationship competence ($\beta=-0.175$, $p=.006$); and the perceived conjugal relations of parents was statistically significant as $\beta=0.174$ ($p=.014$).

The results showed that traditional gender-role attitudes were predominant if the students were middle class males, being only child, and majoring in nonmedical fields. Traditional gender-role attitudes were also likely to be higher when interpersonal relationship competence was lower; and perceived conflictual conjugal relationship of parents was higher.

Conclusion(s): The main factors influencing the gender-role attitude in the college students were interpersonal relationship competence and perceived conjugal relationship of parents. In order for the students to develop egalitarian gender-role attitudes, it is suggested to examine ways to enhance their interpersonal relationship competence, and to explore the important factors affecting development of the egalitarian gender-role attitude.

Keywords: College Students, Gender-Role Attitude