



Everyday, Toby starts his stream early in the morning.



Unfortunately, Toby often finds himself forgetting to eat, and only remembers later when the hunger reminds him.



So Toby downloads Game Time, an app he finds online designed to remind people to take breaks and help them stay healthy.



The next day, Toby rises early again and starts his stream.



But this day, Game Time is there to remind him he needs to eat come noontime.



So Toby takes a break and gets himself a quick healthy meal.

[Christopher S.]Christie Storyboard

- Christie struggles to focus on her computer service
- While at work, she overhears a co-worker using Game Time and decides to try it
- She spends sometimes customizing the alarm consistency and intensity for her needs.
- She is now able to work on her computer repair and stay focused with helpful reminders
- The alarms also remind her to take healthy breaks
- She is now much more able to pursue her dream of computer repair.

Christie struggles to focus on her computer service



While at work, she overhears a co-worker using *Game Time* and decides to try it



She spends some time customizing the alarm consistency and intensity for her needs.



Christie is now able to work on her computer repair and stay focused with helpful reminders



The alarms also remind her to take healthy breaks



She is now much more able to pursue her dream of computer repair.





Maria is married with three children and she has a busy life. Though she tries hard life can be stressful for at times especially being a nurse



She usually spends time doing other things to try and take her mind off of the stress such as reading or watching a movie. They help but not much and then she sees her children play a new video game.



The game seems fun and satisfying so she downloads it on her phone and thus she starts playing it. It's addictive for her and she plays it whenever she gets the time, sadly neglecting some of her duties.



Her husband sees something wrong and looks for a solution and finds Game Time on a form for similar situations. He looks at the reviews and sees they are mostly positive and some from some not so happy kids, so he thinks this must work.



She is introduced to the app and she sees all the wonderful features it has and thinks that she can do this. When she plays the game it reminds her of how much she has played and healthy alternatives.



Maria sees how great the app is and signs her kids up for it as well. The children at first do not like it, but over time they begin to enjoy it due to amount of activities that can be done instead.



Thanks to Game Time all is well in the household again and Everyone is better for it.

