

# Chapter 2: Chemistry

**But this is BIOLOGY!!**



# Don't Panic



**DON'T  
PANIC  
AND  
CARRY  
A TOWEL**



# Basic Principles

- *Chemistry* is the science of the structure and interactions of matter.
- *Matter* is anything that occupies space and has mass.
  - *Mass* is the amount of matter a substance contains
  - *weight* is the force of gravity acting on a mass.

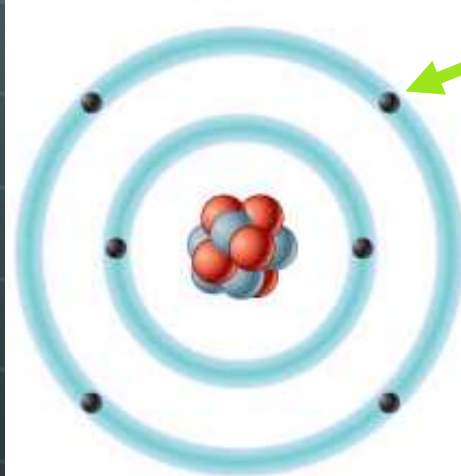
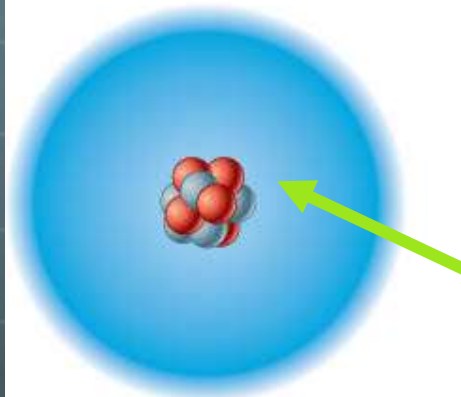
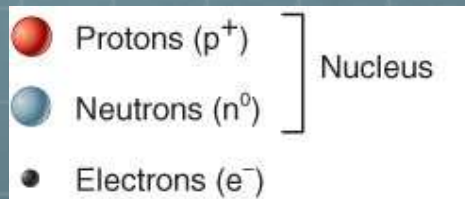


# HOW MATTER IS ORGANIZED

## ■ Chemical Elements

- All forms of matter are composed of *chemical elements* which are substances that cannot be split into simpler substances by ordinary chemical means.
- Elements have abbreviations called *chemical symbols*.
  - Oxygen (O), carbon (C), hydrogen (H), and nitrogen (N) make up 96% of body weight.
  - These elements, together with calcium (Ca) and phosphorus (P) make up 98.5% of total body weight.
- Trace elements are present in tiny amounts
  - copper, tin, selenium & zinc

# Structure of Atoms



Atoms are the smallest units of matter that retain the properties of an element

3 types of subatomic particles

protons, neutrons and electrons

Nucleus: protons ( $p^+$ ) & neutrons (neutral charge)

Electrons ( $e^-$ ) surround the nucleus as a cloud (electron shells are designated regions of the cloud)

# Ions, Molecules, & Compounds



## Ions



**an atom that gave up or gained an electron**



**written with its chemical symbol and (+) or (-)**



## Molecule



**atoms share electrons**



**written as molecular formula showing the number of atoms of each element (H<sub>2</sub>O)**

# Chemical Bonds

- What are they?

- Types

  - Ionic

  - Covalent

  - Polar covalent

  - Hydrogen



- Water

- pH





- Chemical reactions



# Chemical Bonds

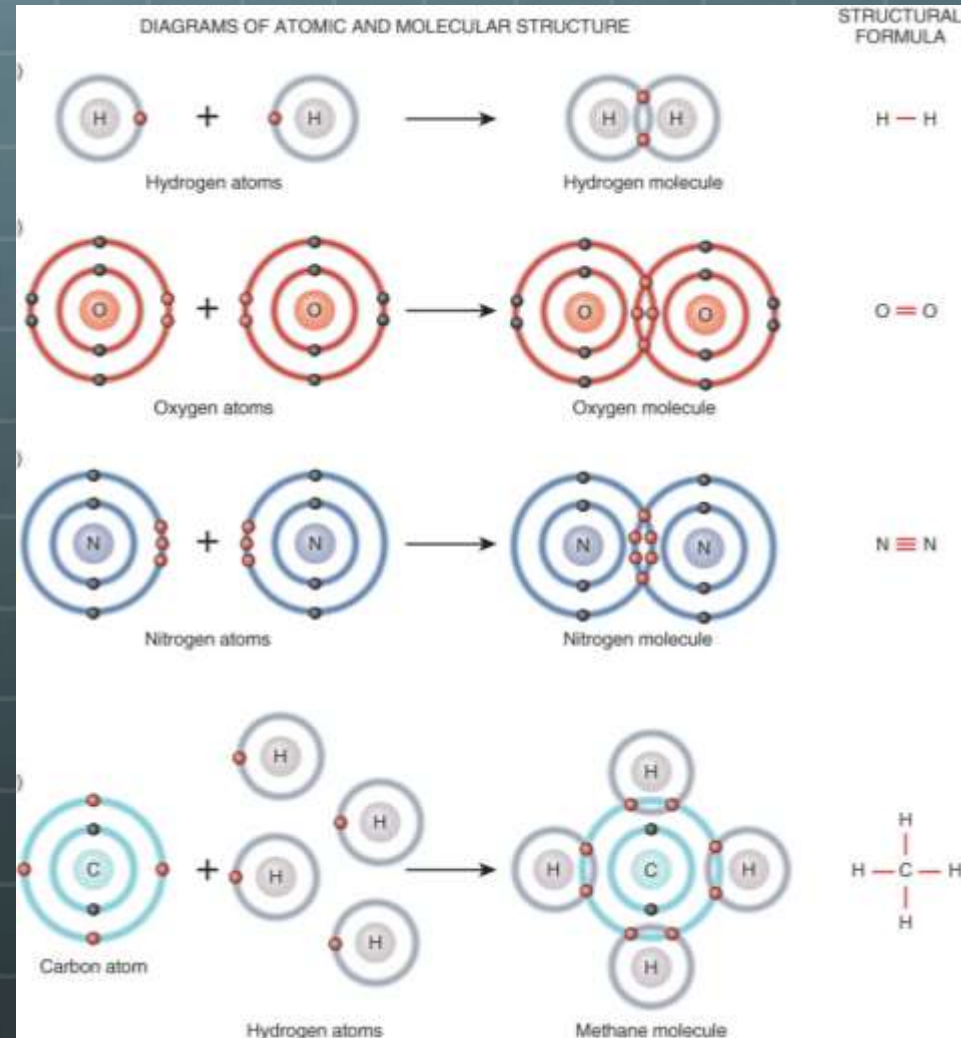
-  The atoms of a molecule are held together by forces of attraction called *chemical bonds*.
-  The likelihood that an atom will form a chemical bond with another atom depends on the number of electrons in its outermost shell, also called the *valence shell*.

# Ionic Bonds

-  When an atom loses or gains a valence electron, ions are formed
-  Positively and negatively charged ions are attracted to one another.
-  Cations are positively charged ions that have given up one or more electrons (they are electron donors).
-  Anions are negatively charged ions that have picked up one or more electrons that another atom has lost (they are electron acceptors).

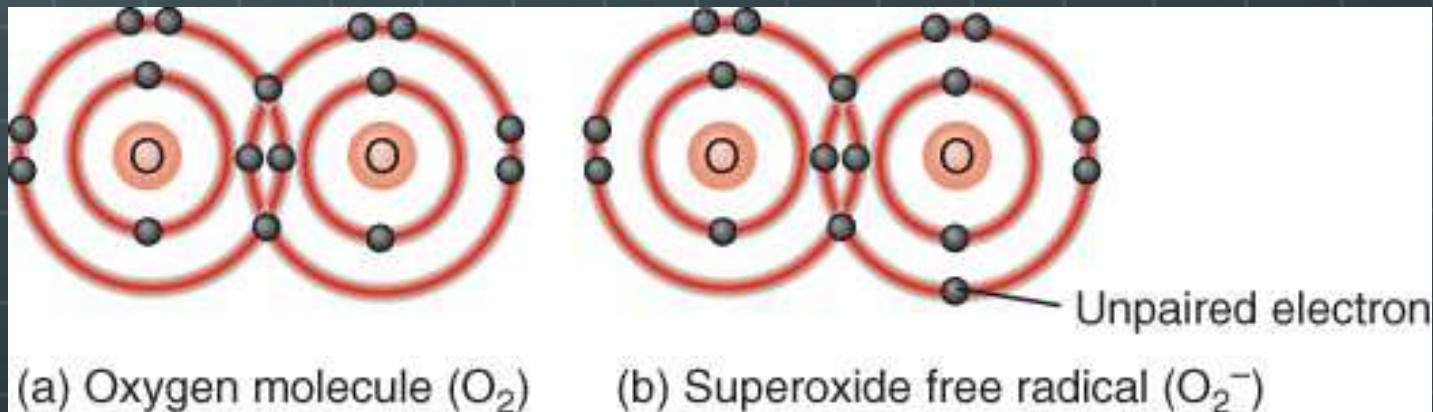
# Covalent Bonds

- Atoms share electrons to form covalent bonds
- *Non-polar covalent bonds* share electrons equally
- *Polar covalent bonds* share electrons unequally between the atoms involved



# Have you ever wondered what a free radical is?

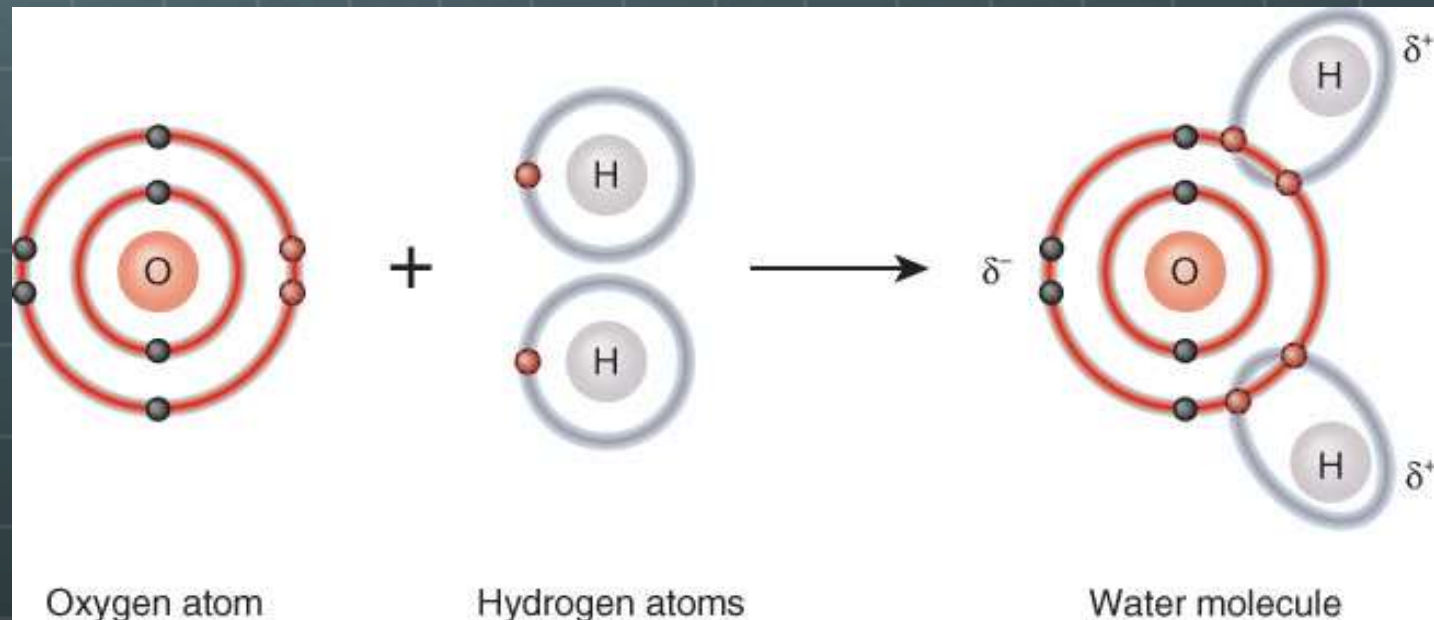
- A *free radical* is an electrically charged atom or group of atoms with an unpaired electron in its outermost shell.
- Unstable and highly reactive BUT can become stable by
  - giving up an electron OR
  - taking an electron from another molecule (example: breaking apart important body molecules)
- Antioxidants are substances that inactivate oxygen-derived free radicals





# Classic Polar Covalent Bond

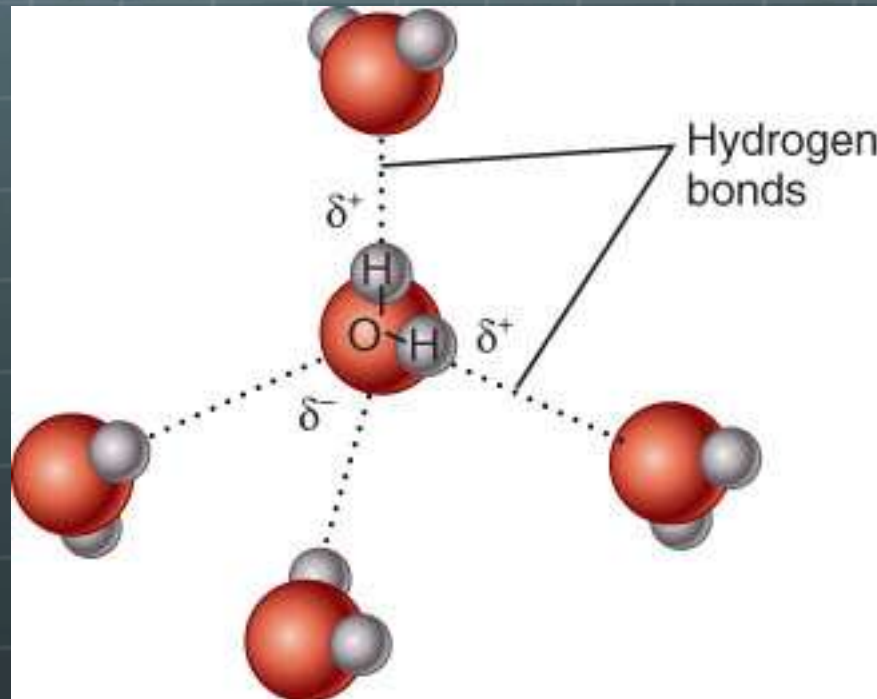
- 🌐 In a water molecule, oxygen attracts the hydrogen electrons more strongly
- 🌐 Oxygen has greater electronegativity as indicated by the negative Greek delta sign.





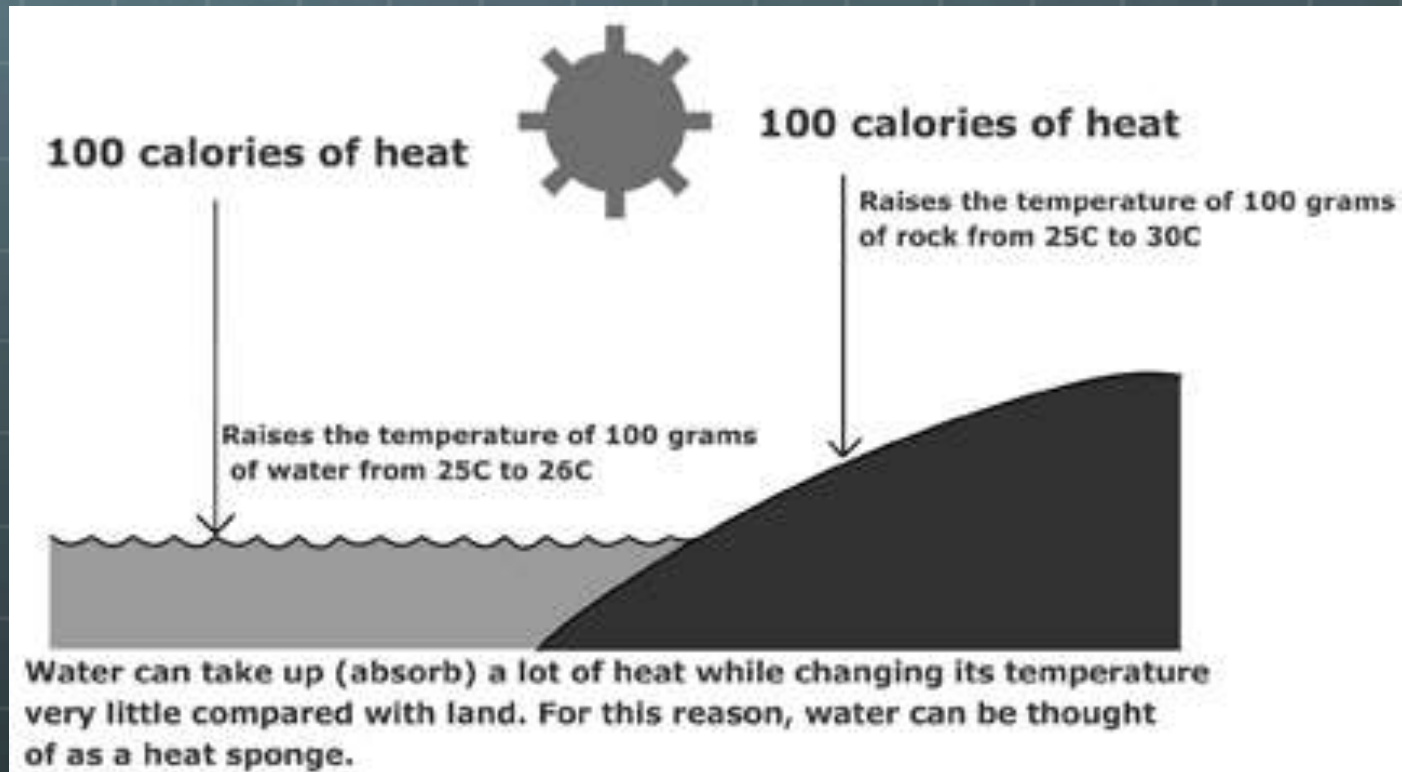
# Hydrogen Bonds

- Approximately 5% as strong as covalent bonds
- Large 3-D molecules are often held together by a large number of hydrogen bonds.
- Water* is the most important and abundant inorganic compound in all living systems.
- An important property of water is its polarity.



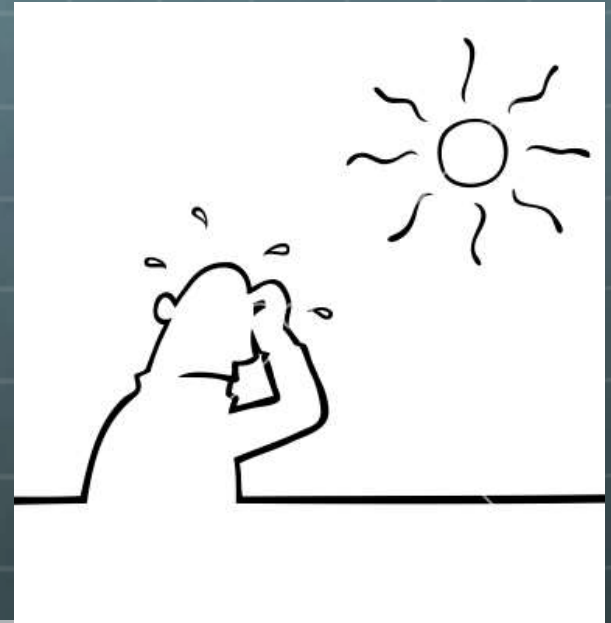
# Properties of Water

- Water has a high heat capacity.





# Properties of Water



- Heat of *vaporization* is also high
  - amount of heat needed to change from liquid to gas
- Has high surface tension
  - Can affect respiratory function



# Properties of Water

-  **Water is a major part of mucus and other lubricating fluids.**
-  **It is found wherever friction needs to be reduced or eliminated**

# Water in Chemical Reactions

-  Hydrolysis breaks large molecules down into simpler ones by adding a molecule of water.
-  Dehydration synthesis occurs when two simple molecules join together, eliminating a molecule of water in the process.

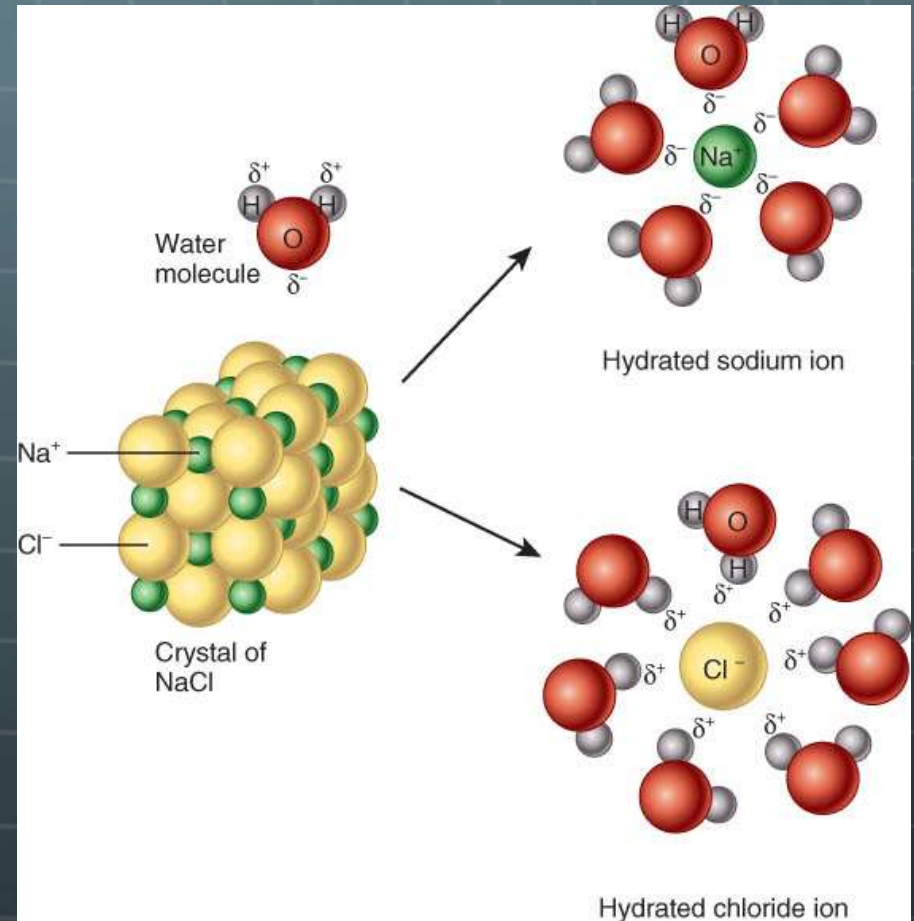


# Water as a solvent

- In a solution: the solvent dissolves the solute.
  - Some examples
- Substances that dissolve in water are hydrophilic, while substances that do not are hydrophobic.

# Water as a Solvent

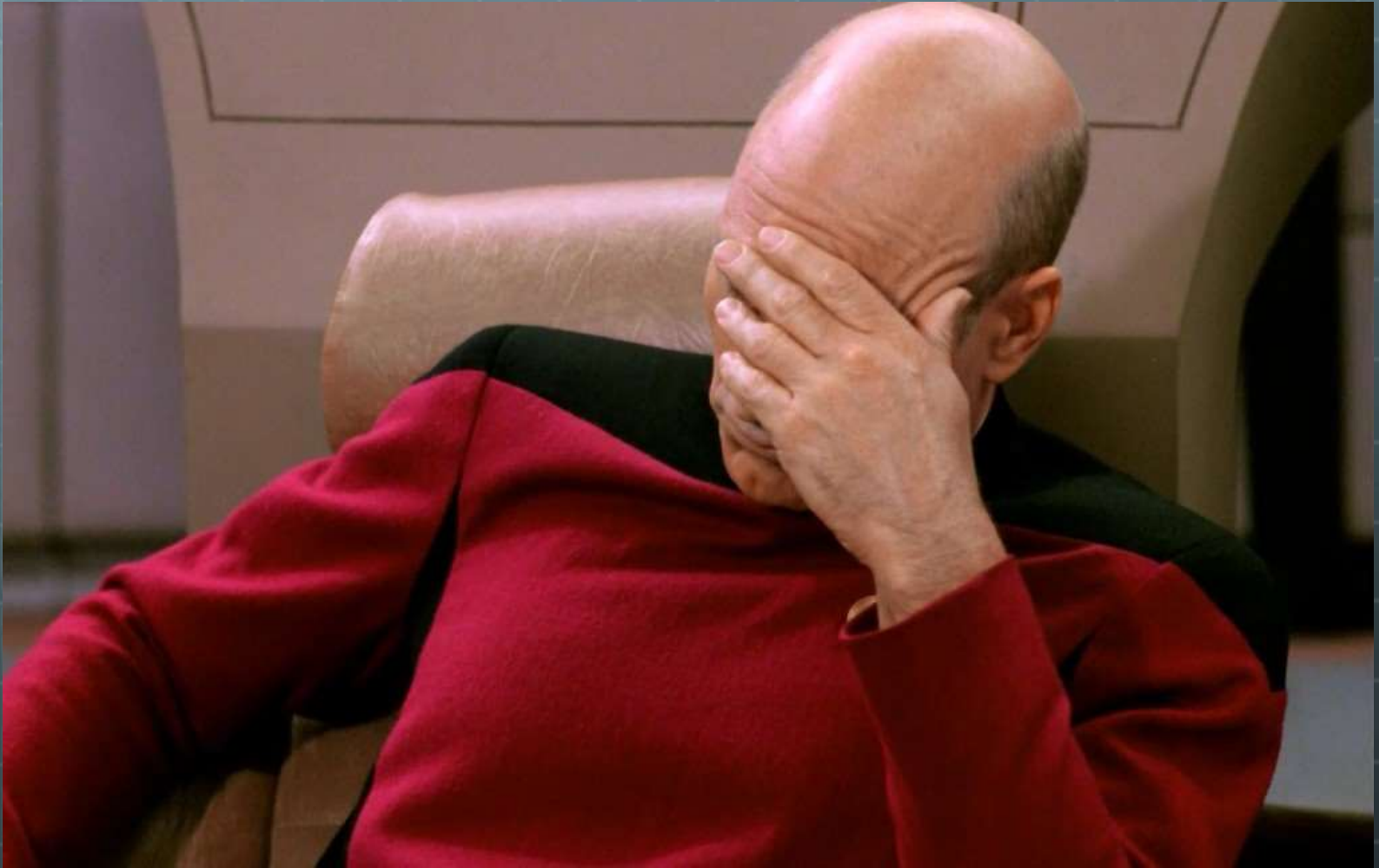
- Most versatile solvent known
- polar covalent bonds allow it to interact with many molecules
- Water dissolves or suspends many substances



# Check in Time...



# On to: pH





# Acids and bases

- 🌐 **Electrolytes** – substances that release ions in water

- 🌐 **Acids** – electrolytes that release H (hydrogen) ions

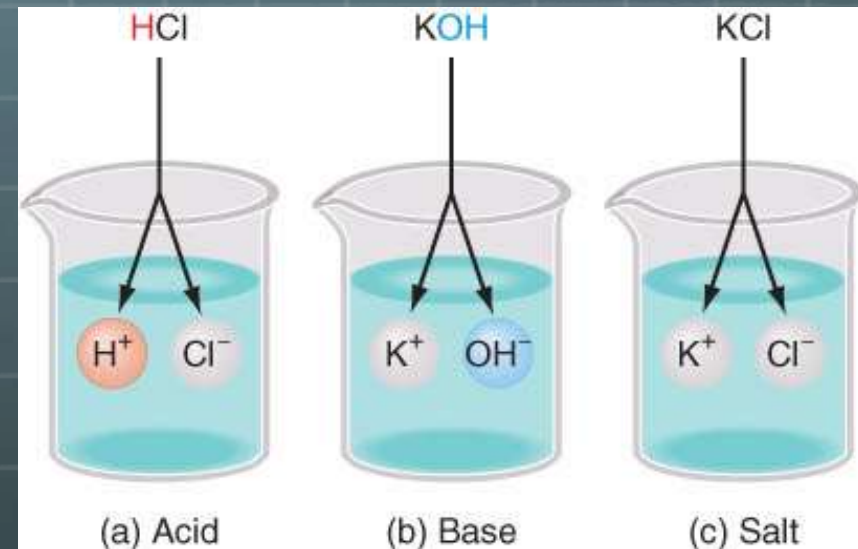
- 🌐 **Bases** – electrolytes that release ions that combine with H ions. Often dissociate into OH<sup>-</sup> (hydroxide ion)

- 🌐 **Salt** – electrolytes that releases ions that are neither H or OH

- 🌐 **pH**

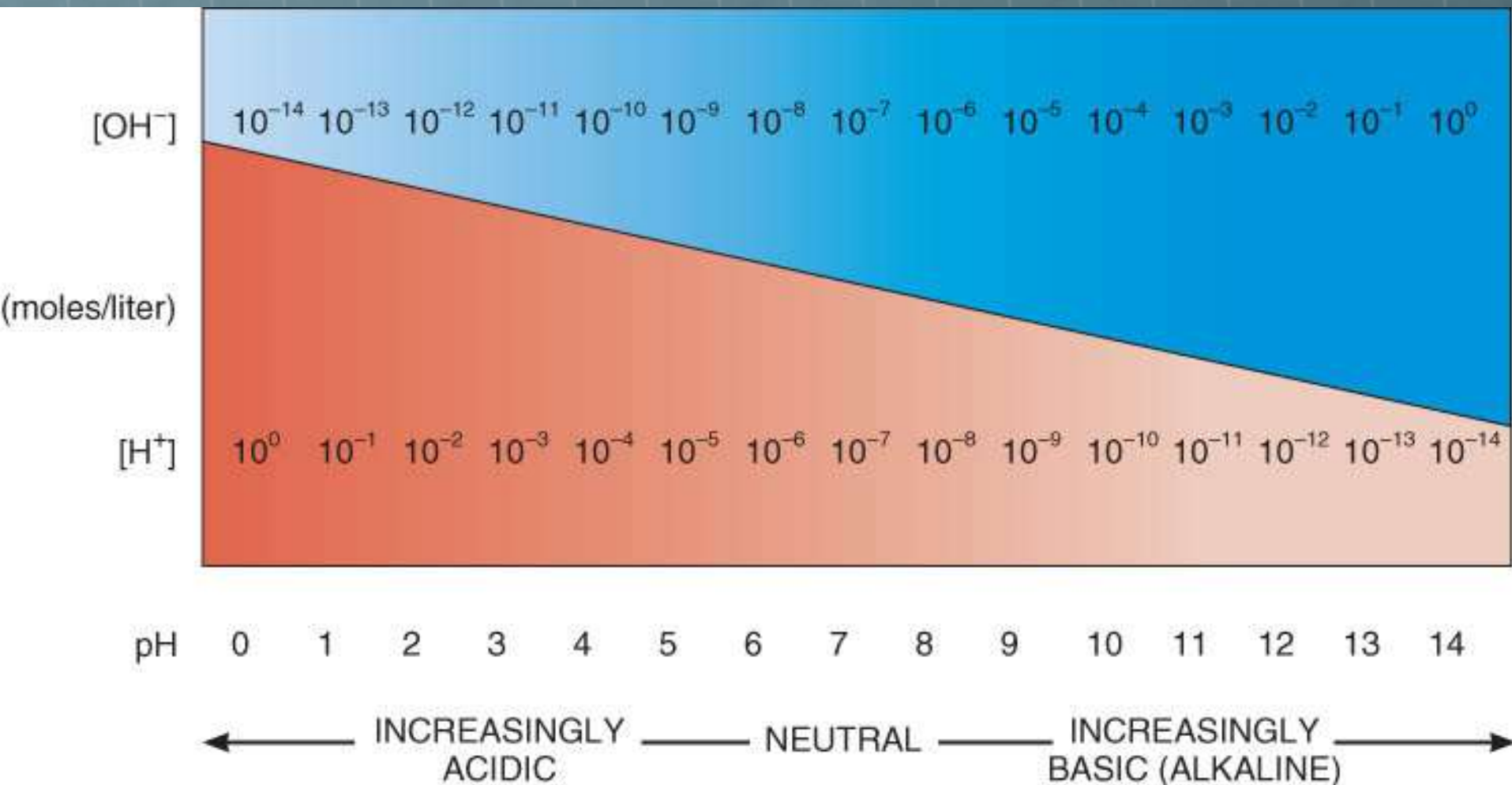
- 🌐 **Concentration of H ions in solution**

- 🌐 **Ranges from 0-14**

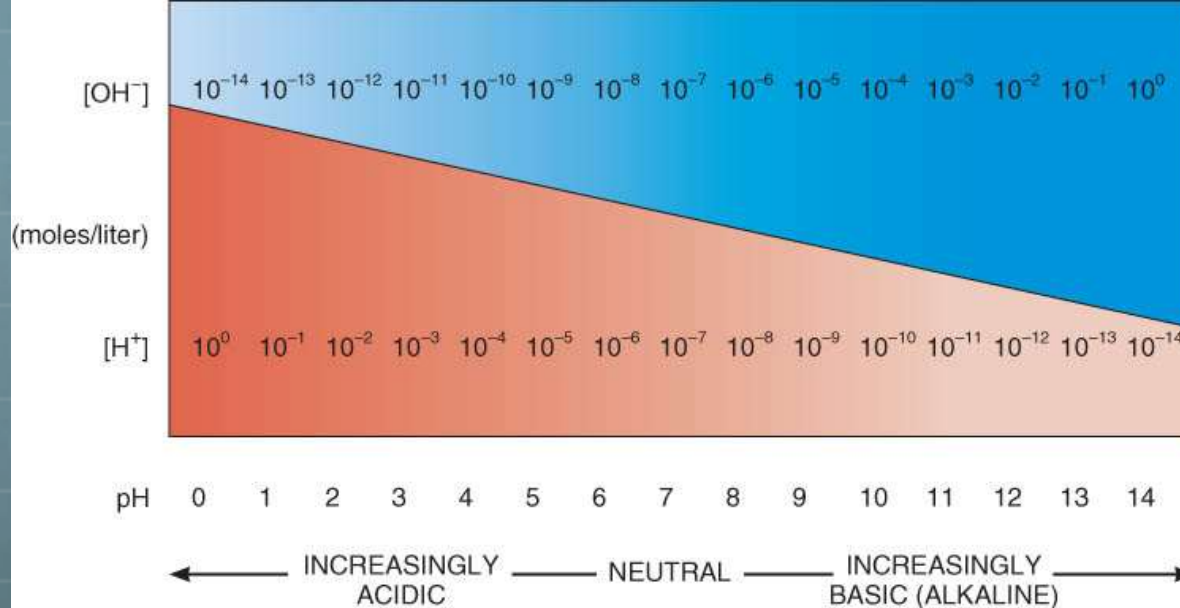





# On to pH



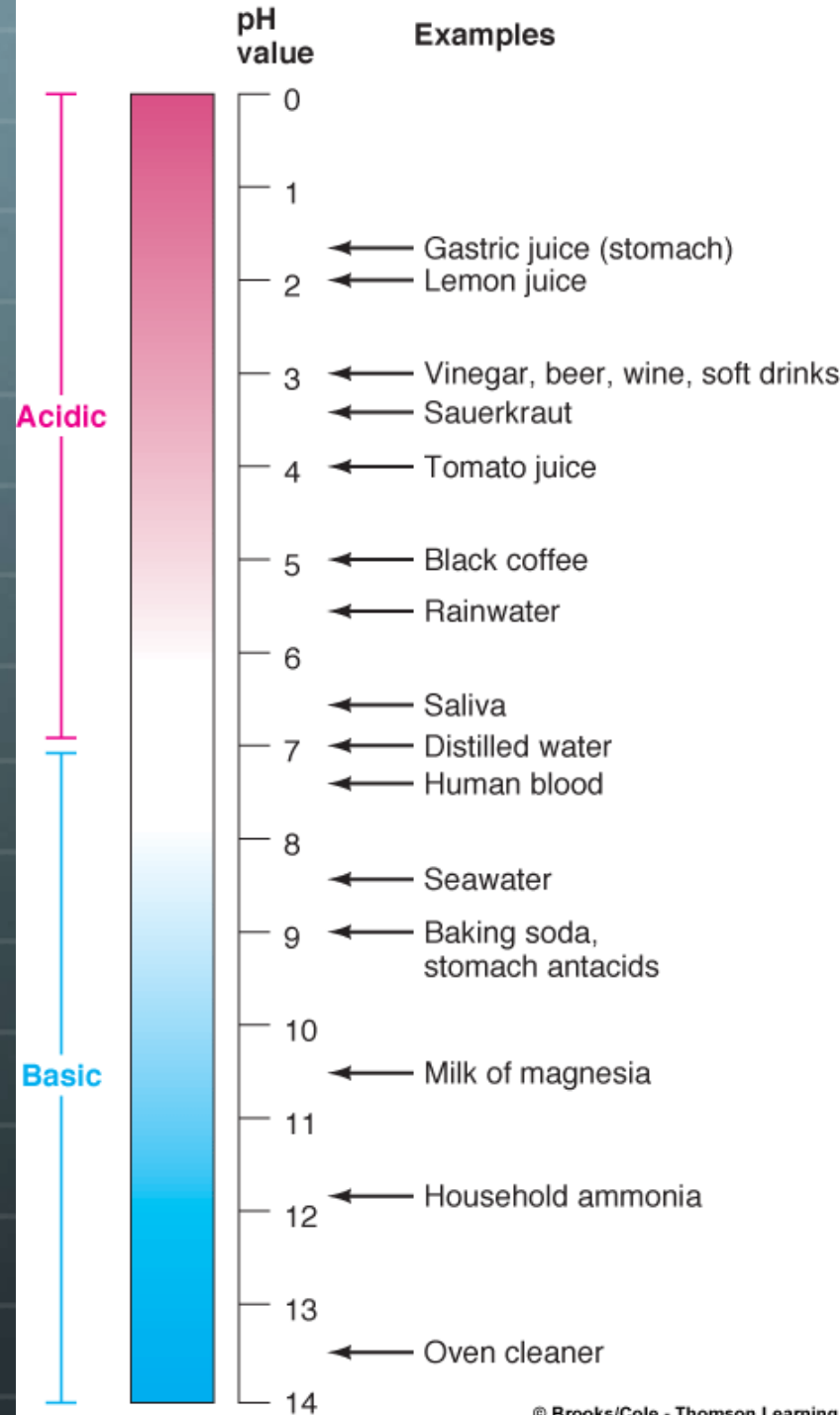
# Concept of pH



- 🌐 **pH of 7 is neutral**  
(distilled water -- concentration of  $OH^-$  and  $H^+$  are equal)
- 🌐 **pH below 7 is acidic ( $[H^+] > [OH^-]$ ).**
- 🌐 **pH above 7 is alkaline ( $[H^+] < [OH^-]$ ).**
- 🌐 **pH is a logarithmic scale**  
Example: a change of two or three pH units  
pH of 1 contains  $10 \times 10 = 100$  more  $H^+$  than pH of 3

 **Biochemical reactions are very sensitive to even small changes in acidity or alkalinity.**

 **pH of blood is 7.35 to 7.45**



# Maintaining pH: Buffer Systems

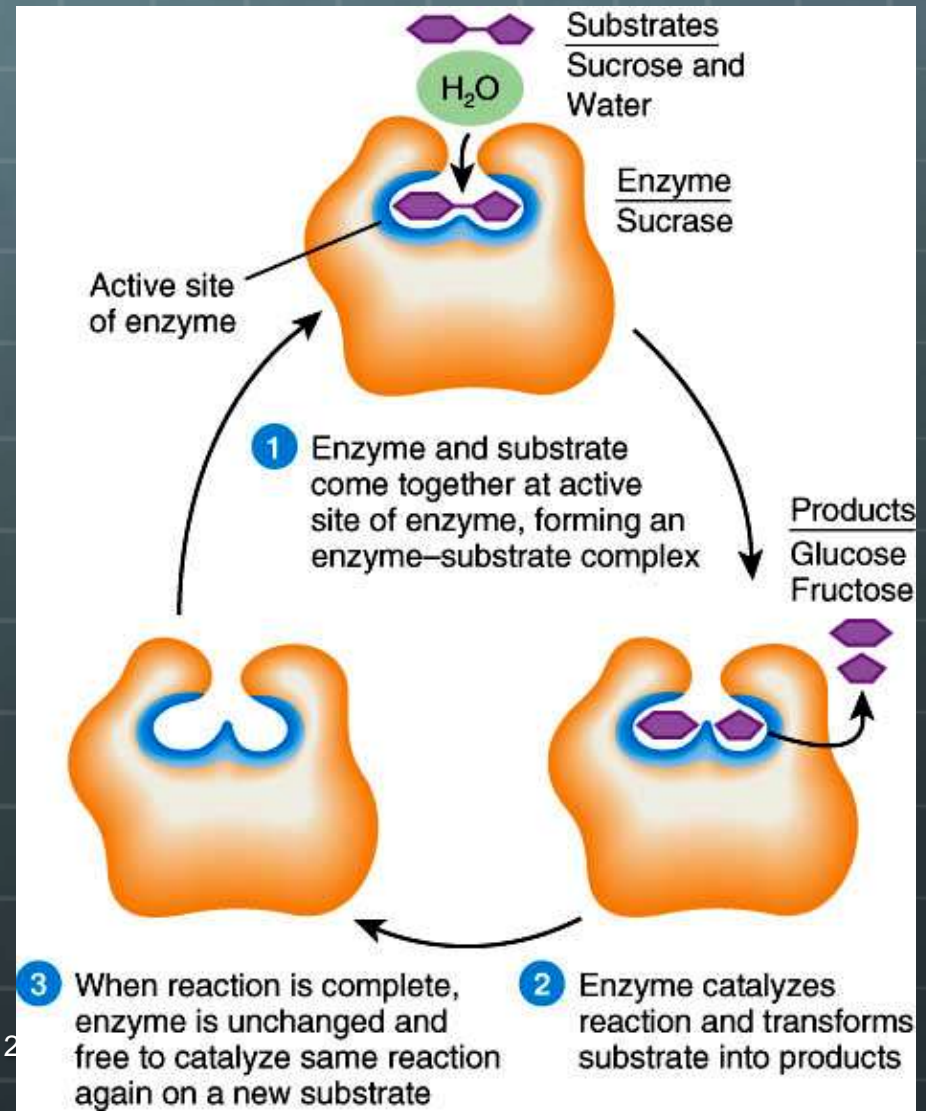
- The pH values of different parts of the body are maintained fairly constant by buffer systems
  - Example: carbonic acid-bicarbonate buffer system.





# Chemical Reactions - Enzymes

- Highly specific
- Very efficient
  - speed up reaction up to 10 billion times faster
- Are unchanged after reaction occurs
- 🌐 Enzymes usually end in suffix -ase
  - 🌐 protease, and lipase are examples





# Any questions?

