

BENSON RUTH

No.20 Ekrejebor Road, Before ABJ Junction Ughelli,
Delta State, Nigeria.

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CAREER OBJECTIVES:

I am a dedicated and compassionate caregiver, looking for a fulfilling role where I can utilize my empathetic nature, exceptional interpersonal skills, and hands-on experience to provide high-quality care and support to individuals in need. I aim to contribute my nurturing abilities to enhance the well-being and quality of life of those under my care while maintaining a positive and supportive environment. I am committed to creating a lasting impact by promoting independence, dignity, and a sense of security for clients and their families.

RELEVANT SKILLS:

Excellent Communication Skills:

Ability to communicate effectively with clients/patients to understand their unique needs. Ability to articulate a patient's daily schedule and report accurately and meticulously.

Good Interpersonal Skills:

Able to relate with people from various backgrounds simply and understandingly, i am also a team player.

Physical Strenght:

I can provide support to patients with mobility issues, Including lifting, clothing, and feeding clients daily.

Compassionate:

Ability to understand how a client feels and how to help.

Patience:

The capacity to remain calm and collected in difficult situations.

Professionalism:

Professional in delivering quality and effective services.

Flexibility:

A proven ability to adapt to different situations at all times.

Caring:

I make sure to always prioritize the well-being of those I'm caring for, as I understand just how important it is to provide compassionate care.

Time Management:

Ability to perform all my tasks in a shift. following my clients care support plan.

IT Skills:

Proficient with Microsoft Excel, Microsoft Word and PowerPoint.

PROFESSIONAL CERTIFICATION:

The Bliss Caregivers

Certified Caregiver 2023

Allison Empower Yourself.

Certificate in Human Resource Systems and Processes. 2022

Customer Care Services. 2022

Occupational Health and Safety Management System. 2022

EDUCATION AND QUALIFICATION:

Institution

National Youth Service Corps

Delta State Polytechnic Ozoro, Delta State.

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Great Immaculate Heart Suleja, Niger State.

L.E.A Primary School Gwagwa, F.C.T Abuja.

Certification

NYSC

HND (Accounting)

OND (Accounting)

WAEC (Social Science)

FSLC (Basic Education)

Date

2022

2021

2017

2015

2004

EXPERIENCE:

Rehoboth Specialist Hospital. Port Harcourt, Rivers State. Nigeria. (January - December 2023).

Position Held:

Intern - Caregiver.

Duties Performed:

- Administration of prescribed medications.
- Bed Bathing.
- Oral Toileting.
- Grooming of patient.
- Monitoring of vital signs.
- Record Keeping / Reporting.
- Assisting with mobility.
- Movement of the patient from bed to wheelchair.

Ministry of Basic and Secondary Education. Asaba, Delta State, Nigeria. (NYSC service year).

Position Held:

Office Assistant.

Duties Performed:

- Uploaded schedules.
- Typesetting, photocopying, and printing.
- Mail Dispatch.
- Receiving and Entering emails.
- Keeping records and Retrieving files.

Lone Star Drilling Nigeria Ltd. Port Harcourt, Rivers State. Nigeria. (2018 – 2020).

Position Held:

Secretary.

Duties performed:

- Keep the office running efficiently.
- Answering phones, taking messages, or directing calls.
- Handling incoming and outgoing emails and mail.
- Drafting memos and proofing company correspondence.

Destiny Technologies. Sabon - Wuse, Niger State. Nigeria. (2010 – 2015).

Position held:

Secretary.

Duties Performed:

- Answering calls, taking messages, and handling correspondence.
- Typing and collating reports.
- Prioritizing workloads.
- Printing, laminating, photosetting, and lecturing the basics of computers.

Interest:

Traveling, researching, reading, caring for others, and meeting new people.

References:

Strong Reference Available.