换源

cd /etc/apt

sudo vim sources.list

换为以下

# 默认注释了源码镜像以提高 apt update 速度，如有需要可自行取消注释

deb https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy main restricted universe multiverse

# deb-src https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy main restricted universe multiverse

deb https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-updates main restricted universe multiverse

# deb-src https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-updates main restricted universe multiverse

deb https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-backports main restricted universe multiverse

# deb-src https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-backports main restricted universe multiverse

# deb https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-security main restricted universe multiverse

# # deb-src https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-security main restricted universe multiverse

deb http://ports.ubuntu.com/ubuntu-ports/ jammy-security main restricted universe multiverse

# deb-src http://ports.ubuntu.com/ubuntu-ports/ jammy-security main restricted universe multiverse

# 预发布软件源，不建议启用

# deb https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-proposed main restricted universe multiverse

# # deb-src https://mirrors.tuna.tsinghua.edu.cn/ubuntu-ports/ jammy-proposed main restricted universe multiverse