

# Lecture-13: BMI Calculator

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## **BMI Calculator:**

Body Mass Index (BMI) is a measure that assesses the relationship between your weight and height. It is calculated using the formula:

$$\text{BMI} = \text{weight} / (\text{height} * \text{height})$$

This formula takes your weight in kilograms and your height in meters squared to determine your BMI. The BMI value can help classify whether a person is underweight, normal weight, overweight, or obese.