

# Female reproductive system

The **female reproductive system** is made up of the internal and external sex organs that function in the reproduction of new offspring. The human female reproductive system is immature at birth and develops to maturity at puberty to be able to produce gametes, and to carry a fetus to full term. The internal sex organs are the vagina, uterus, fallopian tubes, and ovaries. The **female reproductive tract** includes the vagina, uterus, and fallopian tubes and is prone to infections. [1] The vagina allows for sexual intercourse and childbirth, and is connected to the uterus at the cervix. The uterus or womb accommodates the embryo, which develops into the fetus. The uterus also produces secretions, which help the transit of sperm to the fallopian tubes, where sperm fertilize ova (egg cells) produced by the ovaries. The external sex organs are also known as the genitals and these are the organs of the vulva including the labia, clitoris, and vaginal opening. [2]

During the <u>menstrual cycle</u>, the ovaries release an <u>ovum</u>, which transits through the fallopian tube into the uterus. If an egg cell meets with sperm on its way to the uterus, a single sperm cell can enter and merge with it, fertilizing it into a zygote.

Fertilization usually occurs in the fallopian tubes and marks the beginning of <a href="mailto:embryogenesis">embryogenesis</a>. The zygote will then <a href="mailto:divide">divide</a> over enough generations of cells to form a <a href="mailto:blastocyst">blastocyst</a>, which <a href="mailto:implants">implants</a> itself in the wall of the uterus. This begins the period of <a href="mailto:gestation">gestation</a> and the embryo will continue to <a href="mailto:develop">develop</a> until <a href="mailto:full-term">full-term</a>. When the fetus has developed enough to survive outside the uterus, the cervix dilates and contractions of the uterus propel the newborn through the birth canal (the vagina).

The corresponding equivalent among males is the <u>male</u> reproductive system.

# Female reproductive system (human) A pictorial illustration of the female reproductive system **Details Identifiers Latin** systema genitale femininum MeSH D005836 (https://meshb.nlm.ni h.gov/record/ui?ui=D005836) **TA98** A09.1.00.001 (https://ifaa.unifr.c h/Public/EntryPage/TA98%20Tr ee/Entity%20TA98%20EN/09.1. 00.001%20Entity%20TA98%20 EN.htm) TA2 3469 (https://ta2viewer.openan atomy.org/?id=3469) 45663 (https://bioportal.bioontol FMA

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Anatomical terminology

# External genitalia

#### Vulva

The vulva is of all of the external parts and tissues and includes the following: [3]

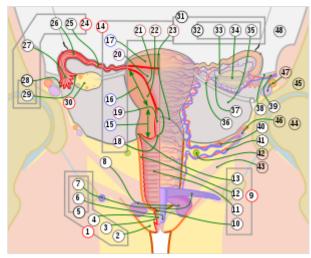
 Clitoris: an organ located at the top of the vulva. It consists of the <u>body</u> and its pea-shaped glans that is protected by the clitoral hood. The corpora cavernosa are tissues of the clitoris that aid in <u>erection</u> by filling with blood during sexual arousal.

- <u>Labia</u>: two types of vertical folds of skin called the <u>labia majora</u> (thick and large outer folds that protect other parts of the vulva) and the <u>labia minora</u> (thin and small inner folds that protect the vestibule from dryness, infections and irritation).
- Mons pubis: a mass of <u>fatty tissue</u> where the pubic hair grows.
- Vulval vestibule: an almond-shaped area between the labia minora that contains the openings.
- <u>Urinary meatus</u>: the opening of the <u>urethra</u> for urine to pass through.
- Vaginal opening: entrance to the vagina.
- Hymen: connective tissue that covers the vaginal opening.
- Vestibular glands/female accessory glands: two pairs of glands in the vulval vestibule known as the <u>Bartholin's glands</u>, which produce a <u>mucous</u> fluid for <u>vaginal</u> <u>lubrication</u>, and the <u>Skene's glands</u> for the <u>ejaculation</u> of fluid as well as for lubricating the meatus.

# **Internal genitalia**

### **Vagina**

The vagina is a fibromuscular (made up of fibrous and muscular tissue) <u>canal</u> leading from the outside of the body to the cervix of the uterus. It is also referred to as the birth canal in the context of <u>pregnancy</u>. The vagina accommodates a <u>penis</u> during <u>sexual</u> intercourse. <u>Semen</u> containing <u>spermatozoa</u> is <u>ejaculated</u> from the penis at <u>orgasm</u>, into the vagina potentially enabling <u>fertilization</u> of the <u>egg cell</u> (ovum) to take place.



- 1. Vulva: 2. Labia majora; 3. Labia minora;
- 4. Vestibule; 5. Clitoris: (with 6. Glans and
- 7. Body). 8. Bulb of vestibule
- 9. Vagina: 10. Hymen; 11. Lumen; 12. Wall;
- 13. Fornix (lateral)
- 14. Uterus: Parts: 15. Cervix; 16. Body and
- 17. Fundus. 18. Orifices: external and internal;
- 19. Cervical canal; 20. Uterine cavity; Layers:
- 21. Endometrium; 22. Myometrium and
- 23. Perimetrium
- 24. Fallopian tube: 25. Isthmus; 26. Ampulla;
- 27. <u>Infundibulum</u>; 28. <u>Fimbriae</u> (with 29. Fimbria ovarica)
- 30. **Ovary**
- 31. Visceral pelvic <u>peritoneum</u>: 32. <u>Broad</u> <u>ligament</u> (with 33. <u>Mesosalpinx</u>; 34. <u>Mesovarium</u> and 35. Mesometrium)

Ligaments: 36. Round; 37. Ovarian;

38. Suspensory of ovary

Blood vessels: 39. Ovarian artery and vein;

40.  $\underline{\text{Uterine artery}}$  and  $\underline{\text{veins}}$ ; 41.  $\underline{\text{Vaginal artery}}$  and  $\underline{\text{veins}}$ 

Other: 42. <u>Ureter</u>; 43. <u>Pelvic floor</u> (<u>Levator ani</u>); 44. <u>Femoral head</u>; 45. <u>Hip bone</u>; 46. <u>Internal iliac</u> <u>vessels</u> (anterior branches); 47. <u>External iliac</u> vessels; 48. Abdominal cavity

#### Cervix

The cervix is the neck of the uterus, the lower, narrow portion where it joins with the upper part of the vagina. It is <u>cylindrical</u> or <u>conical</u> in shape and protrudes through the upper anterior vaginal wall. Approximately half its length is visible, the remainder lies above the vagina beyond view. The vagina has a thick layer outside and it is the opening where the fetus emerges during delivery.

#### **Uterus**

The uterus or womb is the major female reproductive <u>organ</u>. The uterus provides mechanical protection, nutritional support, and waste removal for the developing embryo (weeks 1 to 8) and fetus (from week 9 until the delivery). In addition, contractions in the muscular wall of the uterus are important in pushing out the fetus at the time of birth.

The uterus contains three suspensory ligaments that help stabilize the position of the uterus and limits its range of movement. The uterosacral ligaments keep the body from moving inferiorly and anteriorly. The round ligaments restrict posterior movement of the uterus. The cardinal ligaments also prevent the inferior movement of the uterus.

The uterus is a pear-shaped <u>muscular</u> organ. Its major function is to accept a fertilized ovum, which becomes implanted into the <u>endometrium</u>, and derives nourishment from blood vessels, which develop exclusively for this purpose. The fertilized ovum becomes an <u>embryo</u>, develops into a <u>fetus</u> and gestates until <u>childbirth</u>. If the egg does not embed in the wall of the uterus, the female begins menstruation. [4]

### **Fallopian tubes**

The fallopian tubes are two tubes leading from the ovaries into the uterus. On maturity of an ovum, the follicle and the ovary's wall rupture, allowing the ovum to escape and enter the fallopian tube. There it travels toward the uterus, pushed along by movements of <u>cilia</u> on the inner lining of the tubes. This trip takes hours or days. If the ovum is fertilized while in the fallopian tube, then it normally implants in the <u>endometrium</u> when it reaches the uterus, which signals the beginning of pregnancy. [5]

### **Ovaries**

The ovaries are small, paired <u>gonads</u> located near the lateral walls of the pelvic cavity. These organs are responsible for the production of the <u>egg cells</u> (ova) and the secretion of hormones. The process by which the <u>egg cell</u> (ovum) is released is called <u>ovulation</u>. The speed of ovulation is <u>periodic</u> and impacts directly to the length of a menstrual cycle.



External female genitalia; a human vulva



<u>Sagittal</u> <u>MRI</u> showing an extreme anteversion of the uterus and dislocation of the cervix uteri.

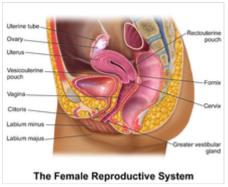
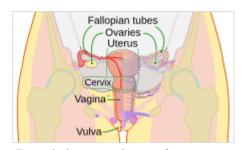


Illustration depicting a healthy female reproductive system (sagittal view)

After ovulation, the egg cell is travels through the fallopian tube toward the uterus. If fertilization is going to occur, it often happens in the fallopian tube; the fertilized egg can then proceed to try and implant on the uterus's lining.  $\frac{[6][7]}{}$  During fertilization the egg cell plays a role; it releases certain molecules that are essential to guiding the sperm and allows the surface of the egg to attach to the sperm's surface. The egg can then absorb the sperm and fertilization can then begin.  $\frac{[8]}{}$ 



Frontal view as scheme of reproductive organs

## **Function**

The female reproductive system functions to produce offspring.

In the absence of fertilization, the ovum will eventually traverse the entire reproductive tract from the fallopian tube until exiting the vagina through menstruation.

The reproductive tract can be used for various <u>transluminal procedures</u> such as <u>fertiloscopy</u>, <u>intrauterine</u> insemination, and transluminal sterilization.

# **Development**

Chromosome characteristics determine the genetic sex of a fetus at <u>conception</u>. This is specifically based on the 23rd pair of chromosomes that is inherited. Since the mother's egg contains an X chromosome and the father's sperm contains either an X or Y <u>chromosome</u>, it is the male who determines the fetus' sex. If the fetus inherits the X chromosome from the father, the fetus will be a female. In this case, <u>testosterone</u> is not made and the <u>Wolffian duct</u> will degrade thus, the <u>Müllerian duct</u> will develop into female sex organs. The <u>clitoris</u> is the remnants of the Wolffian duct. On the other hand, if the fetus inherits the Y chromosome from the father, the fetus will be a male. The presence of testosterone will stimulate the Wolffian duct, which will bring about the development of the male sex organs and the Müllerian duct will degrade. [9]

# **Clinical significance**

## **Vaginitis**

<u>Vaginitis</u> is inflammation of the vagina and largely caused by an infection. It is the most common gynaecological condition presented. It is difficult to determine any one organism most responsible for vaginitis because it varies from range of age, sexual activity, and method of microbial identification. Vaginitis is not necessarily caused by a <u>sexually transmitted infection</u> as there are many infectious agents that make use of the close proximity to mucous membranes and secretions. Vaginitis is usually diagnosed based on the presence of vaginal discharge, which can have a certain color, odor, or quality. [11]

## **Bacterial vaginosis**

This is a vaginal infection in women. It differs from vaginitis in that there is no inflammation. Bacterial vaginosis is polymicrobial, consisting of many <u>bacteria</u> species. The diagnosis for bacterial vaginosis is made if three of the following four criteria are present: (1) Homogenous, thin discharge, (2) a  $\underline{pH}$  of 4.5 in

the vagina, (3) <u>epithelial cells</u> in the vagina with bacteria attached to them, or (4) a fishy odor. It has been associated with an increased risk of other genital tract infections such as endometritis. [11]

### Yeast infection

This is a common cause of vaginal irritation and according to the <u>Centers for Disease Control and Prevention</u> at least 75% of adult women have experienced one at least once in their lifetime. Yeast infections are caused by an overgrowth of fungus in the vagina known as <u>Candida</u>. Yeast infections are usually caused by an imbalance of the pH in the vagina, which is usually acidic. Other factors such as pregnancy, diabetes, weakened immune systems, tight fitting clothing, or <u>douching</u> can also be a cause. Symptoms of yeast infections include itching, burning, irritation, and a white cottage-cheese-like discharge from the vagina. Women have also reported that they experience painful intercourse and urination as well. Taking a sample of the vaginal secretions and placing them under a microscope for evidence of yeast can diagnose a yeast infection. Treatment varies from creams that can be applied in or around the vaginal area to oral tablets that stop the growth of fungus. [11]

### **Genital mutilation**

There are many practices of mutilating female genitalia in different cultures. The most common two types of genital mutilation practiced are <u>clitoridectomy</u>, the circumcision of the <u>clitoris</u> and the excision of the <u>clitoral</u> <u>prepuce</u>. They can all involve a range of adverse health consequences such as <u>bleeding</u>, irreparable tissue damage, and sepsis, which can sometimes prove fatal.

### **Genital surgery**

<u>Genitoplasty</u> refers to surgery that is carried out to repair damaged sex organs particularly following cancer and its treatment. There are also <u>elective surgical</u> procedures, which change the appearance of the external genitals.

#### **Birth control**

There are many types of birth control available to females. Birth control can be hormonal or physical in nature. Oral contraception can assist with management of various medical conditions, such as menorrhagia. [12] However, oral contraceptives can have a variety of side effects, including depression. [13]

# **Reproductive rights**

The <u>International Federation of Gynaecology and Obstetrics</u> was founded in 1954 to promote the well-being of women particularly in raising the standards of gynaecological practice and care. As of 2010, there were 124 countries involved.

Reproductive rights are legal rights related to reproduction and reproductive health. Women have the right to control matters involving their sexuality including their sexual and reproductive health. Violation of these rights include forced pregnancy, forced sterilization, forced abortion and genital mutilation. Female genital mutilation is the complete or partial removal of a female's external genitals.

## History

It is claimed in the  $\underline{\text{Hippocratic}}$  writings that both males and females contribute their seed to conception; otherwise, children would not resemble either or both of their parents. Four-hundred years later,  $\underline{\text{Galen}}$  "identified" the source of 'female semen' as the ovaries in female reproductive organs. [14]

## See also

- Conception
- Development of the reproductive system
- Evolution of sexual reproduction
- Female infertility
- Oogenesis
- Human sexuality § Female anatomy and reproductive system
- Orgasm § Females

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## **External links**

- Female reproductive system (http://www.the-human-body.net/female-reproductive-system.html) Archived (https://web.archive.org/web/20190527021058/http://www.the-human-body.net/female-reproductive-system.html) 2019-05-27 at the Wayback Machine
- Interactive diagram of female reproductive system (https://web.archive.org/web/2018032804 5745/http://www.aboutkidshealth.ca/En/HowTheBodyWorks/SexDevelopmentAnOverview/P ages/FemaleGenitalAnatomy.aspx)

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