

Spinal cord

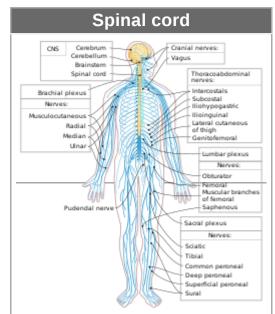
The **spinal cord** is a long, thin, tubular structure made up of nervous tissue that extends from the <u>medulla oblongata</u> in the <u>brainstem</u> to the <u>lumbar</u> region of the <u>vertebral column</u> (backbone) of <u>vertebrate</u> animals. The center of the spinal cord is hollow and contains a structure called the <u>central canal</u>, which contains <u>cerebrospinal fluid</u>. The spinal cord is also covered by <u>meninges</u> and enclosed by the <u>neural arches</u>. Together, the <u>brain</u> and spinal cord make up the <u>central nervous</u> system.

In <u>humans</u>, the spinal cord is a continuation of the brainstem and anatomically begins at the <u>occipital bone</u>, passing out of the <u>foramen magnum</u> and then enters the <u>spinal canal</u> at the beginning of the <u>cervical vertebrae</u>. The spinal cord extends down to between the first and second <u>lumbar vertebrae</u>, where it tapers to become the <u>caudal equina</u>. The enclosing bony vertebral column protects the relatively shorter spinal cord. It is around 45 cm (18 in) long in adult men and around 43 cm (17 in) long in adult women. The diameter of the spinal cord ranges from 13 mm ($\frac{1}{2}$ in) in the cervical and lumbar regions to 6.4 mm ($\frac{1}{4}$ in) in the <u>thoracic</u> area.

The spinal cord functions primarily in the transmission of <u>nerve signals</u> from the <u>motor cortex</u> to the body, and from the <u>afferent fibers</u> of the <u>sensory neurons</u> to the <u>sensory cortex</u>. It is also a center for coordinating many <u>reflexes</u> and contains <u>reflex arcs</u> that can independently control reflexes. [1] It is also the location of groups of <u>spinal interneurons</u> that make up the <u>neural circuits</u> known as <u>central pattern generators</u>. These circuits are responsible for controlling motor instructions for rhythmic movements such as walking. [2]

Structure

The spinal cord is the main pathway for information connecting the brain and <u>peripheral nervous system</u>. Much shorter than its protecting spinal column, the human spinal cord originates in the brainstem, passes through the <u>foramen magnum</u>, and continues through to the <u>conus medullaris</u> near the second <u>lumbar vertebra</u> before terminating in a fibrous extension known as the filum terminale.



The spinal cord (in yellow) connects the brain to nerves throughout the body.

Details					
Part of	Central nervous system				
Artery	Spinal artery				
Vein	Spinal vein				
Identifiers					
<u>Latin</u>	medulla spinalis				
MeSH	D013116 (https://mesh b.nlm.nih.gov/record/ui? ui=D013116)				
NeuroNames	22 (http://braininfo.rprc. washington.edu/central directory.aspx?ID=22)				
TA98	A14.1.02.001 (https://ifa a.unifr.ch/Public/EntryPa ge/TA98%20Tree/Entit y%20TA98%20EN/14.1. 02.001%20Entity%20TA 98%20EN.htm)				
<u>TA2</u>	6049 (https://ta2viewer. openanatomy.org/?id=6 049)				

It is about 45 centimetres (18 inches) long in males and about 43 cm (17 in) in females, <u>ovoid</u>-shaped, and is enlarged in the cervical and lumbar regions. The cervical enlargement, stretching from the C5 to T1 vertebrae, is where sensory input comes from and motor output goes to the arms and trunk. The lumbar enlargement, located between L1 and S3, handles sensory input and motor output coming from and going to the

legs.

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Anatomical terminology

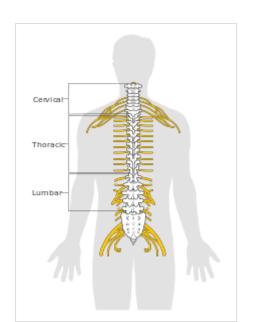


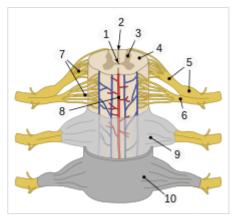
Diagram of the spinal cord showing segments

The spinal cord is continuous with the caudal portion of the medulla, running from the base of the skull to the body of the first lumbar vertebra. It does not run the full length of the vertebral column in adults. It is made of 31 segments from which branch one pair of sensory nerve roots and one pair of motor nerve roots. The nerve roots then merge into bilaterally symmetrical pairs of spinal The peripheral nerves. nervous system is made up

of these spinal roots, nerves, and ganglia.

The dorsal roots are afferent <u>fascicles</u>, receiving sensory information from the skin, muscles, and visceral organs to be relayed to the brain. The roots terminate in <u>dorsal root ganglia</u>, which are composed of the cell bodies of the corresponding neurons. Ventral roots consist of <u>efferent fibers</u> that arise from motor neurons whose cell bodies are found in the ventral (or anterior) gray horns of the spinal cord. [5]

The spinal cord (and brain) are protected by three layers of tissue or membranes called meninges, that surround the canal. The dura



Parts of human spinal cord

1	central canal
2	posterior median sulcus
3	gray matter
4	white matter
5	dorsal root (left), dorsal root ganglion (right)
6	ventral root
7	fascicles
8	anterior spinal artery
9	arachnoid mater
10	dura mater

mater is the outermost layer, and it forms a tough protective coating. Between the dura mater and the surrounding bone of the vertebrae is a space called the epidural space. The epidural space is filled with adipose tissue, and it contains a network of blood vessels. The arachnoid mater, the middle protective layer, is named for its open, spiderweb-like appearance. The space between the arachnoid and the underlying pia mater is called the subarachnoid space. The subarachnoid space contains cerebrospinal fluid, which can be sampled with a lumbar puncture, or "spinal tap" procedure. The delicate pia mater, the innermost protective layer, is tightly associated with the surface of the spinal cord. The cord is stabilized within the dura mater by the connecting denticulate ligaments, which extend from the enveloping pia mater laterally between the dorsal and ventral roots. The dural sac ends at the vertebral level of the second sacral vertebra.

In cross-section, the peripheral region of the cord contains neuronal <u>white matter</u> tracts containing <u>sensory</u> and <u>motor axons</u>. Internal to this peripheral region is the <u>grey matter</u>, which contains the <u>nerve cell bodies</u> arranged in the three <u>grey columns</u> that give the region its butterfly-shape. This central region surrounds the central canal, which is an extension of the fourth ventricle and contains cerebrospinal fluid.

The spinal cord is elliptical in cross section, being compressed dorsolaterally. Two prominent grooves, or sulci, run along its length. The <u>posterior median sulcus</u> is the groove in the dorsal side, and the <u>anterior</u> median fissure is the groove in the ventral side.

Segments

The human spinal cord is divided into segments where pairs of spinal nerves (mixed; sensory and motor) form. Six to eight motor nerve rootlets branch out of right and left ventralateral sulci in a very orderly manner. Nerve rootlets combine to form nerve roots. Likewise, sensory nerve rootlets form off right and left dorsal lateral sulci and form sensory nerve roots. The ventral (motor) and dorsal (sensory) roots combine to form <u>spinal nerves</u> (mixed; motor and sensory), one on each side of the spinal cord. Spinal nerves, with the exception of C1 and C2, form inside the <u>intervertebral foramen</u>. These rootlets form the demarcation between the central and peripheral nervous systems.

Generally, the spinal cord segments do not correspond to bony vertebra levels. As the spinal cord terminates at the L1-L2 level, other segments of the spinal cord would be positioned superior to their corresponding bony vertebral body. For example, the T11 spinal segment is located higher than the T11 bony vertebra, and the sacral spinal cord segment is higher than the L1 vertebral body. [6]

The grey column, (as three regions of grey columns) in the center of the cord, is shaped like a butterfly and consists of cell bodies of <u>interneurons</u>, motor neurons, <u>neuroglia</u> cells and <u>unmyelinated</u> axons. The <u>anterior</u> and <u>posterior grey column</u> present as projections of the grey matter and are also known as the horns of the spinal cord. Together, the grey columns and the grey commissure form the "grey H."

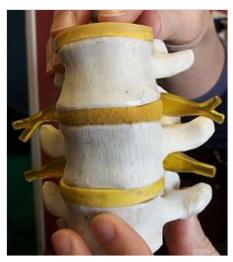
The white matter is located outside of the grey matter and consists almost totally of <u>myelinated</u> motor and sensory axons. "Columns" of white matter carry information either up or down the spinal cord.

The spinal cord proper terminates in a region called the <u>conus medullaris</u>, while the <u>pia mater</u> continues as an extension called the <u>filum terminale</u>, which anchors the spinal cord to the <u>coccyx</u>. The <u>cauda equina</u> ("horse's tail") is a collection of nerves inferior to the conus medullaris that continue to travel through the vertebral column to the coccyx. The cauda equina forms because the spinal cord stops growing in length at about age four, even though the vertebral column continues to lengthen until adulthood. This results in sacral spinal nerves originating in the upper lumbar region. For that reason, the spinal cord occupies only two-thirds of the vertebral canal. The inferior part of the vertebral canal is filled with cerebrospinal fluid and the space is called the lumbar cistern. [7]

Within the <u>central nervous system</u> (CNS), nerve cell bodies are generally organized into functional clusters, called nuclei. Axons within the CNS are grouped into tracts.

There are 31 spinal cord nerve segments in a human spinal cord:

■ 8 **cervical segments** forming 8 pairs of <u>cervical nerves</u> (C1 spinal nerves exit the spinal column between the foramen magnum and the C1 vertebra; C2 nerves exit between the

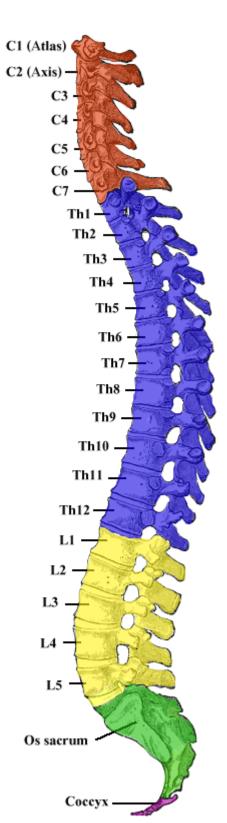


A model of segments of the human spine and spinal cord. Nerve roots can be seen extending laterally from the (not visible) spinal cord.

posterior arch of the C1
vertebra and the lamina of C2; C3–C8 spinal nerves pass through the intervertebral foramen above their corresponding cervical vertebrae, with the exception of the C8 pair which exit between the C7 and T1 vertebrae)

C1 (Atlas)
C2 (Axis)
C3
C4
C5
C5
C5
C6
C6
C6
C7

- 12 thoracic segments forming 12 pairs of thoracic nerves
- 5 lumbar segments forming 5 pairs of <u>lumbar</u> nerves
- 5 sacral segments forming 5 pairs of sacral nerves
- 1 coccygeal segment



Spinal cord segments in some common species^[8]

Species	Cervical	Thoracic	Lumbar	Sacral	Caudal/Coccygeal	Total
Dog	8	13	7	3	5	36
Cat	8	13	7	3	5	36
Cow	8	13	6	5	5	37
Horse	8	18	6	5	5	42
Pig	8	15/14	6/7	4	5	38
Human	8	12	5	5	1	31
Mouse ^[9]	8	13	6	4	3	35

In the fetus, vertebral segments correspond with spinal cord segments. However, because the <u>vertebral column</u> grows longer than the spinal cord, spinal cord segments do not correspond to vertebral segments in the adult, particularly in the lower spinal cord. For example, lumbar and sacral spinal cord segments are found between vertebral levels T9 and L2, and the spinal cord ends around the L1/L2 vertebral level, forming a structure known as the conus medullaris.

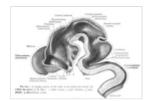
Although the spinal cord cell bodies end around the L1/L2 vertebral level, the spinal nerves for each segment exit at the level of the corresponding vertebra. For the nerves of the lower spinal cord, this means that they exit the vertebral column much lower (more caudally) than their roots. As these nerves travel from their respective roots to their point of exit from the vertebral column, the nerves of the lower spinal segments form a bundle called the cauda equina.

There are two regions where the spinal cord enlarges:

- <u>Cervical enlargement</u> corresponds roughly to the <u>brachial plexus</u> nerves, which innervate the <u>upper limb</u>. It includes spinal cord segments from about C4 to T1. The vertebral levels of the enlargement are roughly the same (C4 to T1).
- <u>Lumbar enlargement</u> corresponds to the <u>lumbosacral plexus</u> nerves, which innervate the <u>lower limb</u>. It comprises the spinal cord segments from L2 to S3 and is found about the vertebral levels of T9 to T12.

Development

The spinal cord is made from part of the <u>neural tube</u> during development. There are four stages of the spinal cord that arises from the neural tube: The neural plate, neural fold, neural tube, and the spinal cord. Neural differentiation occurs within the spinal cord portion of the tube. [10] As the neural tube begins to develop, the <u>notochord</u> begins to secrete a factor known as <u>Sonic hedgehog</u> (SHH). As a result, the <u>floor plate</u> then also begins to secrete SHH, and this will induce the basal plate to develop <u>motor neurons</u>. During the maturation of the neural tube, its lateral walls thicken and form a longitudinal groove called the <u>sulcus limitans</u>. This extends the length of the spinal cord into dorsal and ventral portions as



Spinal cord seen in a midsection of a fiveweek-old embryo

well. [11] Meanwhile, the overlying <u>ectoderm</u> secretes <u>bone morphogenetic protein</u> (BMP). This induces the <u>roof plate</u> to begin to secrete BMP, which will induce the <u>alar plate</u> to develop <u>sensory neurons</u>. Opposing gradients of such morphogens as BMP and SHH form different domains of dividing cells along the dorsal ventral axis. [12] Dorsal root ganglion neurons differentiate from neural crest progenitors. As the dorsal and

ventral column cells proliferate, the lumen of the neural tube narrows to form the small central canal of the spinal cord. The alar plate and the basal plate are separated by the sulcus limitans. Additionally, the floor plate also secretes <u>netrins</u>. The netrins act as chemoattractants to <u>decussation</u> of pain and temperature sensory neurons in the alar plate across the anterior white commissure, where they then ascend towards the <u>thalamus</u>. Following the closure of the caudal neuropore and formation of the brain's ventricles that contain the choroid plexus tissue, the central canal of the caudal spinal cord is filled with cerebrospinal fluid.



Spinal cord seen in a midsection of a 3 month old fetus

Earlier findings by Viktor Hamburger and Rita Levi-Montalcini in the chick embryo have been confirmed by more recent studies which have demonstrated that the elimination of neuronal cells by programmed cell death is necessary for the correct assembly of the nervous system. [14]

Overall, spontaneous embryonic activity has been shown to play a role in neuron and muscle development but is probably not involved in the initial formation of connections between spinal neurons.

Blood supply

The spinal cord is supplied with blood by three arteries that run along its length starting in the brain, and many arteries that approach it through the sides of the spinal column. The three longitudinal arteries are the anterior spinal artery, and the right and left posterior spinal arteries. These travel in the subarachnoid space and send branches into the spinal cord. They form anastomoses (connections) via the anterior and posterior segmental medullary arteries, which enter the spinal cord at various points along its length. The actual blood flow caudally through these arteries, derived from the posterior cerebral circulation, is inadequate to maintain the spinal cord beyond the cervical segments.

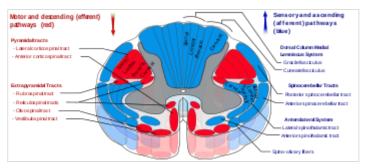
The major contribution to the arterial blood supply of the spinal cord below the cervical region comes from the radially arranged posterior and anterior radicular arteries, which run into the spinal cord alongside the dorsal and ventral nerve roots, but with one exception do not connect directly with any of the three longitudinal arteries. These intercostal and lumbar radicular arteries arise from the aorta, provide major anastomoses and supplement the blood flow to the spinal cord. In humans the largest of the anterior radicular arteries is known as the artery of Adamkiewicz, or anterior radicularis magna (ARM) artery, which usually arises between L1 and L2, but can arise anywhere from T9 to L5. Impaired blood flow through these critical radicular arteries, especially during surgical procedures that involve abrupt disruption of blood flow through the aorta for example during aortic aneurysm repair, can result in spinal cord infarction and paraplegia.

Function

Somatosensory organization

In the <u>dorsal column-medial lemniscus tract</u>, a primary neuron's axon enters the spinal cord and then enters the dorsal column. Here the dorsal column connects to the axon of the nerve cell. If the primary axon enters below spinal level T6, the axon travels in the <u>gracile fasciculus</u>, the medial part of the column. If the axon enters above level T6, then it travels in the <u>cuneate fasciculus</u>, which is lateral to the fasciculus gracilis. Either way, the primary axon ascends to the lower medulla, where it leaves its fasciculus and synapses with

a secondary neuron in one of the <u>dorsal</u> <u>column nuclei</u>: either the <u>nucleus gracilis</u> or the <u>nucleus cuneatus</u>, depending on the pathway it took. At this point, the secondary axon leaves its nucleus and passes anteriorly and medially. The collection of secondary axons that do this are known as <u>internal arcuate fibers</u>. The internal arcuate fibers <u>decussate</u> and continue ascending as the contralateral <u>medial</u> lemniscus. Secondary axons from the medial



Spinal cord tracts

lemniscus finally terminate in the <u>ventral posterolateral nucleus</u> (VPLN) of the <u>thalamus</u>, where they synapse with tertiary neurons. From there, tertiary neurons ascend via the posterior limb of the <u>internal</u> capsule and end in the primary sensory cortex.

The proprioception of the lower limbs differs from the upper limbs and upper trunk. There is a four-neuron pathway for lower limb proprioception. This pathway initially follows the dorsal spino-cerebellar pathway. It is arranged as follows: proprioceptive receptors of lower limb \rightarrow peripheral process \rightarrow dorsal root ganglion \rightarrow central process \rightarrow Clarke's column \rightarrow 2nd order neuron \rightarrow spinocerebellar tract \rightarrow cerebellum.

The anterolateral system works somewhat differently. Its primary neurons axons enter the spinal cord and then ascend one to two levels before synapsing in the <u>substantia gelatinosa</u>. The tract that ascends before synapsing is known as <u>Lissauer's tract</u>. After synapsing, secondary axons decussate and ascend in the anterior lateral portion of the spinal cord as the <u>spinothalamic tract</u>. This tract ascends all the way to the VPLN, where it synapses on tertiary neurons. Tertiary neuronal axons then travel to the primary sensory cortex via the posterior limb of the internal capsule.

Some of the "pain fibers" in the ALS deviate from their pathway towards the VPLN. In one such deviation, axons travel towards the <u>reticular formation</u> in the midbrain. The reticular formation then projects to a number of places including the <u>hippocampus</u> (to create memories about the pain), the <u>centromedian nucleus</u> (to cause diffuse, non-specific pain) and various parts of the cortex. Additionally, some ALS axons project to the <u>periaqueductal gray</u> in the pons, and the axons forming the periaqueductal gray then project to the <u>nucleus raphes magnus</u>, which projects back down to where the pain signal is coming from and inhibits it. This helps control the sensation of pain to some degree..

Motor organization

The <u>corticospinal tract</u> serves as the motor pathway for <u>upper motor neuronal</u> signals coming from the cerebral cortex and from primitive brainstem motor nuclei.

Cortical upper motor neurons originate from <u>Brodmann areas</u> 1, 2, 3, 4, and 6 and then descend in the posterior limb of the <u>internal capsule</u>, through the <u>crus cerebri</u>, down through the pons, and to the <u>medullary pyramids</u>, where about 90% of the axons cross to the contralateral side at the decussation of the pyramids. They then descend as the lateral corticospinal tract. These axons synapse with <u>lower motor neurons</u> in the ventral <u>horns</u> of all levels of the spinal cord. The remaining 10% of axons descend on the ipsilateral side as the ventral corticospinal tract. These axons also synapse with lower motor neurons in the ventral horns. Most of them will cross to the contralateral side of the cord (via the <u>anterior white commissure</u>) right before synapsing.

Actions of the spinal nerves

Actions of the spinal nerves ()				
Level	Motor function			
<u>C1-C6</u>	Neck flexors			
<u>C1-T1</u>	Neck extensors			
<u>C3, C4, C5</u>	Supply diaphragm (mostly C4)			
<u>C5, C6</u>	Move shoulder, raise arm (deltoid); flex elbow (biceps)			
<u>C6</u>	externally rotate (supinate) the arm			
<u>C6, C7</u>	Extend elbow and wrist (triceps and wrist extensors); pronate wrist			
<u>C7, C8</u>	Flex wrist; supply small muscles of the hand			
<u>T1–T6</u>	Intercostals and trunk above the waist			
<u>T7-L1</u>	Abdominal muscles			
<u>L1-L4</u>	Flex hip joint			
<u>L2, L3, L4</u>	Adduct thigh; Extend leg at the knee (quadriceps femoris)			
<u>L4, L5, S1</u>	abduct thigh; Flex leg at the knee (hamstrings); Dorsiflex foot (tibialis anterior); Extend toes			
L5, S1, S2	Extend leg at the hip (gluteus maximus); flex foot and flex toes			

O The midbrain nuclei include four motor tracts that send upper motor neuronal axons down the spinal cord to lower motor neurons. These are the <u>rubrospinal tract</u>, the vestibulospinal tract, the <u>tectospinal tract</u> and the reticulospinal tract. The rubrospinal tract descends with the lateral corticospinal tract, and the remaining three descend with the anterior corticospinal tract.

The function of lower motor neurons can be divided into two different groups: the lateral corticospinal tract and the anterior cortical spinal tract. The lateral tract contains upper motor neuronal axons which synapse on dorsal lateral (DL) lower motor neurons. The DL neurons are involved in distal limb control. Therefore, these DL neurons are found specifically only in the cervical and lumbosacral enlargements within the spinal cord. There is no decussation in the lateral corticospinal tract after the decussation at the medullary pyramids.

The anterior corticospinal tract descends <u>ipsilaterally</u> in the anterior column, where the axons emerge and either synapse on lower ventromedial (VM) motor neurons in the ventral horn ipsilaterally or descussate at the <u>anterior white commissure</u> where they synapse on VM lower motor neurons <u>contralaterally</u>. The tectospinal, vestibulospinal and reticulospinal descend ipsilaterally in the anterior column but do not synapse across the anterior white commissure. Rather, they only synapse on VM lower motor neurons

ipsilaterally. The VM lower motor neurons control the large, postural muscles of the <u>axial skeleton</u>. These lower motor neurons, unlike those of the DL, are located in the ventral horn all the way throughout the spinal cord.

Spinocerebellar tracts

<u>Proprioceptive</u> information in the body travels up the spinal cord via three tracks. Below L2, the proprioceptive information travels up the spinal cord in the <u>ventral spinocerebellar tract</u>. Also known as the anterior spinocerebellar tract, sensory receptors take in the information and travel into the spinal cord. The cell bodies of these primary neurons are located in the <u>dorsal root ganglia</u>. In the spinal cord, the axons synapse and the secondary neuronal axons decussates and then travel up to the <u>superior cerebellar peduncle</u> where they decussate again. From here, the information is brought to deep nuclei of the cerebellum including the fastigial and interposed nuclei.

From the levels of L2 to T1, proprioceptive information enters the spinal cord and ascends ipsilaterally, where it synapses in <u>Clarke's nucleus</u>. The secondary neuronal axons continue to ascend ipsilaterally and then pass into the cerebellum via the <u>inferior cerebellar peduncle</u>. This tract is known as the dorsal spinocerebellar tract.

From above T1, proprioceptive primary axons enter the spinal cord and ascend ipsilaterally until reaching the <u>accessory cuneate nucleus</u>, where they synapse. The secondary axons pass into the cerebellum via the inferior cerebellar peduncle where again, these axons synapse on cerebellar deep nuclei. This tract is known as the cuneocerebellar tract.

Motor information travels from the brain down the spinal cord via <u>descending</u> spinal cord tracts. Descending tracts involve two neurons: the upper motor neuron (UMN) and lower motor neuron (LMN). [17] A nerve signal travels down the upper motor neuron until it synapses with the lower motor neuron in the spinal cord. Then, the lower motor neuron conducts the nerve signal to the spinal root where efferent nerve fibers carry the motor signal toward the target muscle. The descending tracts are composed of white matter. There are several descending tracts serving different functions. The corticospinal tracts (lateral and anterior) are responsible for coordinated limb movements. [17]

Clinical significance

A <u>congenital disorder</u> is <u>diastematomyelia</u> in which part of the spinal cord is split usually at the level of the upper lumbar vertebrae. Sometimes the split can be along the length of the spinal cord.

Injury

Spinal cord injuries can be caused by trauma to the spinal column (stretching, bruising, applying pressure, severing, laceration, etc.). The vertebral bones or <u>intervertebral disks</u> can shatter, causing the spinal cord to be punctured by a sharp fragment of <u>bone</u>. Usually, victims of spinal cord injuries will suffer loss of feeling in certain parts of their body. In milder cases, a victim might only suffer loss of <u>hand</u> or foot function. More severe injuries may result in <u>paraplegia</u>, <u>tetraplegia</u> (also known as quadriplegia), or full body <u>paralysis</u> below the site of injury to the spinal cord.

Damage to upper motor neuron axons in the spinal cord results in a characteristic pattern of ipsilateral deficits. These include hypertonia and muscle weakness. Lower motor neuronal damage results in its own characteristic pattern of deficits. Rather than an entire side of deficits, there is a pattern relating to the myotome affected by the damage. Additionally, lower motor neurons are characterized by muscle weakness, hypotonia, hyporeflexia and muscle atrophy.

<u>Spinal shock</u> and <u>neurogenic shock</u> can occur from a spinal injury. Spinal shock is usually temporary, lasting only for 24–48 hours, and is a temporary absence of sensory and motor functions. Neurogenic shock lasts for weeks and can lead to a loss of muscle tone due to disuse of the muscles below the injured site.

The two areas of the spinal cord most commonly injured are the <u>cervical spine</u> (C1–C7) and the <u>lumbar spine</u> (L1–L5). (The notation C1, C7, L1, L5 refer to the location of a specific <u>vertebra</u> in either the cervical, thoracic, or lumbar region of the spine.) Spinal cord injury can also be non-traumatic and caused by disease (transverse myelitis, polio, spina bifida, <u>Friedreich's ataxia</u>, <u>spinal cord tumor</u>, <u>spinal stenosis etc.)^[18]</u>

Globally, it is expected there are around 40 to 80 cases of spinal cord injury per million population, and approximately 90% of these cases result from traumatic events. [19]

Real or suspected spinal cord injuries need immediate immobilisation including that of the head. <u>Scans</u> will be needed to assess the injury. A steroid, <u>methylprednisolone</u>, can be of help as can physical therapy and possibly <u>antioxidants</u>. Treatments need to focus on limiting post-injury cell death, promoting cell regeneration, and replacing lost cells. Regeneration is facilitated by maintaining electric transmission in neural elements.

Stenosis

Spinal stenosis at the lumbar region are usually due to <u>disc herniation</u>, hypertrophy of the <u>facet joint</u> and <u>ligamentum flavum</u>, <u>osteophyte</u>, and <u>spondylolisthesis</u>. An uncommon cause of lumbar spinal stenosis is spinal epidural <u>lipomatosis</u>, a condition where there is excessive deposit of fat in the epidural space, causing compression of nerve root and spinal cord. The epidural fat can be seen as low density on CT scan and high intensity on T2-weighted <u>fast spin echo MRI images</u>. [20]

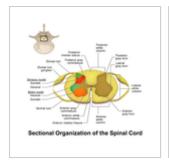
Tumours

<u>Spinal tumours</u> can occur in the spinal cord and these can be either inside (intradural) or outside (extradural) the dura mater.

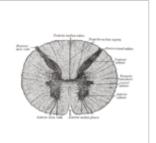
Procedures

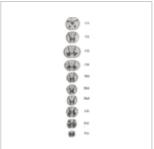
The spinal cord ends at the level of vertebrae L1–L2, while the subarachnoid space —the compartment that contains cerebrospinal fluid— extends down to the lower border of S2. [18] Lumbar punctures in adults are usually performed between L3–L5 (cauda equina level) in order to avoid damage to the spinal cord. [18] In the fetus, the spinal cord extends the full length of the spine and regresses as the body grows.

Additional images









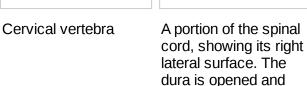
Spinal Cord Sectional Anatomy. Animation in the reference.

cord

Diagrams of the spinal Cross-section through the spinal cord at the mid-thoracic level

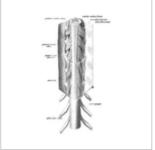
Cross-sections of the spinal cord at varying levels



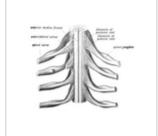


nerve roots.

arranged to show the



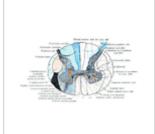
The spinal cord with dura cut open, showing the exits of the spinal nerves



The spinal cord showing how the anterior and posterior roots join in the spinal nerves









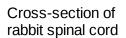
The spinal cord showing how the anterior and posterior roots join in the spinal nerves

A longer view of the spinal cord

Projections of the spinal cord into the nerves (red motor, blue sensory)

Projections of the spinal cord into the nerves (red motor, blue sensory)







Cross section of adult rat spinal cord stained using Cajal method

Dissection images



An overview of the spinal cord.



Sagittal section of pig vertebrae showing a section of the spinal cord.



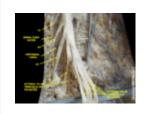
The base of the brain and the top of the spinal cord



Spinal cord. Spinal membranes and nerve roots.Deep dissection. Posterior view.



Spinal cord. Spinal membranes and nerve roots. Deep dissection. Posterior view.



Spinal cord. Spinal membranes and nerve roots. Deep dissection. Posterior view.



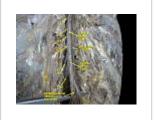
Spinal cord. Spinal membranes and nerve roots. Deep dissection. Posterior view.



Spinal cord. Spinal membranes and nerve roots.Deep dissection. Posterior view.



Spinal cord. Spinal membranes and nerve roots. Deep dissection. Posterior view.



Spinal cord. Spinal membranes and nerve roots.Deep dissection. Posterior view.



Cerebrum.Inferior view.Deep dissection



Cerebrum.Inferior view.Deep dissection



Spinal cord. Brachial plexus. Cerebrum.Inferior view.Deep dissection.



Spinal cord. Brachial plexus. Cerebrum.Inferior view.Deep dissection.



Spinal cord



Medulla spinalis of 8week-old human embryo

See also



- Brown-Séquard syndrome
- Hereditary spastic paraplegia (HSP, or familial spastic paraplegia FSP, Strümpell–Lorrain syndrome)
- Myelomere
- Neutral spine
- Poliomyelitis
- Post-polio syndrome
- Redlich-Obersteiner's zone
- Subacute combined degeneration of spinal cord
- Tethered spinal cord syndrome
- Upper-limb surgery in tetraplegia

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