

Speak English With Vanessa

Free PDF Worksheet

Daily Life Conversation Vocabulary

Get ready to level up your speaking and listening skills!

How to use this worksheet:

1. 🎥 [Watch the original lesson](#) on YouTube to learn the key phrases and tips.
2. 📖 **Read out loud** the sample sentences to practice speaking naturally.
3. 💬 **Answer the challenge question** at the end to use what you've learned in real sentences.
4. 🌟 **BONUS:** [Download the FREE bonus speaking practice here!](#)

Thanks so much for learning English with me!

Your teacher,

Vanessa

1. To go with your gut

to trust your natural feeling or instinct when making a decision

- So I'm going to ask you my first question, and I want you to just **go with your gut** and tell me what you think.
- When choosing a new job, sometimes it's best to **go with your gut** rather than overthinking it.

2. I'm on a mission.

an expression that means to be very determined to do something

- If I were to do this... I'd be like, "I'm not using my smartphone for a month. **I'm on a mission.**"
- She's **on a mission** to finish her novel before the end of the year.

3. No way

an expression used to strongly disagree or refuse something

- Could you live without coffee or tea for the rest of your life –No. **No way.**
- You want me to clean the entire garage today? –**No way!**

4. To hit the spot

satisfies a need, craving, or desire perfectly

- I love fruit, like fresh fruit, watermelon, like those types of things. And that always **hits the spot** for me.
- After a long run, a cold smoothie really **hits the spot**.

5. Stuck in the Stone Age

living with outdated methods or technology

- Everyone else is living the good life and you're **stuck in the Stone Age**.
- Some small businesses are **stuck in the Stone Age**, still using fax machines instead of email.

6. To be in the dog house

being in trouble or out of favor with someone; it's usually a humorous phrase that men use when they want to say that they're in trouble with their wives

- Yeah, my wife cursed me and I can't use electricity. I'm **in the dog house** real bad this time.
- He's **in the dog house** after accidentally throwing away his wife's childhood photos.

7. To defeat the purpose

to make an action ineffective or pointless

- I guess I could still have my phone in this scenario, so that **defeats the purpose**.
- Wearing heavy makeup while trying to protect your skin **defeats the purpose**.

8. Get nothing from it

to gain no benefit or value from something

- I check Facebook for some stupid reason every now and then, and I **get about nothing from it**.
- She went to class, but she left feeling like she **got nothing from it** because her professor was unprepared.

9. A bummer

a disappointing or frustrating situation

- Now, if the world Internet shut down, we'd find a way to survive. But if it's just you, that's **a big bummer**.
- It's a **bummer** that the beach trip got canceled due to rain.

10. Put a lot of money into + [noun] / Put a lot of money into + [verb+ing]

to spend a significant amount of money on something

- We certainly **put a lot of money into** our home area.
- Businesses **put a lot of money into** advertisements so they can get the right customers.

11. To get weaned off

to gradually stop using something, usually a habit or substance

- I would eventually **get weaned off** of the caffeine.
- She's **getting weaned off** social media by limiting herself to 30 minutes a day.

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Vanessa's Challenge Question

Use the space below to write a few sentences answering this question: **Have you ever put money into something to improve it, such as your house or your car?**

Sample answer: *Over the years, I've needed to repair several things in my home. I've lived in my house for over 20 years, and some things are getting older. I recently put a lot of money into painting the walls in my house. I also really want to buy new furniture since I've never bought anything new. So, I might consider putting money into a new couch and coffee table.*

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