

# 30 Day English Speaking Challenge: Family

---

## Week 4: Food – Day 26: Drinks

**Question:** Do you typically have drinks when you go out to eat? What are some typical drinks that people have in your country?

### Vocabulary:

1. Have drinks: *consume alcoholic beverages*

We **had drinks** before we went out to dinner with friends.

2. Hold my/your alcohol: *drink an alcoholic beverage without becoming too drunk*

He thought he could **hold his alcohol** but he's already out of control.

3. Lightweight: *begins to get drunk after consuming a small amount of alcohol*

I'm a **lightweight** so I'll stick to one glass of wine.

### Vanessa's answer:

I live in Asheville, North Carolina, which is a city famous for beer breweries. My husband enjoys a glass of beer every now and then, and I try every beer that he drinks, just a sip, and I still haven't found a beer that I like. Sometimes I have a glass of wine on a special occasion, but really, I can't **hold my alcohol**. So I guess you would call me a **lightweight**. I don't really enjoy drinking alcohol that much.