

2024 PNS 14&U SC

Championships Time Standards

Girls						10&U Events	Boys					
SCM		LCM		SCY			SCY		LCM		SCM	
Automatic	Consideration	Automatic	Consideration	Automatic	Consideration		Consideration	Automatic	Consideration	Automatic	Consideration	Automatic
34.99	35.39	35.79	36.19	31.29	31.69	50 Free	32.39	31.79	36.79	36.29	35.99	35.39
1:18.79	1:20.09	1:20.39	1:21.79	1:09.49	1:10.99	100 Free	1:13.59	1:11.49	1:23.29	1:21.09	1:20.99	1:19.09
2:55.69	2:57.29	2:58.89	3:00.49	2:32.49	2:38.79	200 Free	2:43.09	2:40.79	3:03.89	2:59.39	3:00.59	2:56.09
5:52.89	6:08.49	5:59.29	6:14.89	6:38.19	6:53.39	400/500 Free	6:53.39	6:38.19	6:14.89	5:59.29	6:08.49	5:52.89
41.49	42.09	42.09	42.79	36.49	37.39	50 Back	38.49	37.49	42.89	42.09	42.19	41.49
1:32.39	1:33.59	1:33.59	1:34.89	1:19.89	1:21.69	100 Back	1:23.69	1:21.89	1:34.89	1:32.89	1:33.59	1:31.49
47.79	48.79	48.49	49.39	42.19	42.99	50 Breast	44.19	43.39	50.69	49.99	49.99	49.19
1:38.69	1:47.09	1:40.69	1:49.79	1:33.09	1:34.79	100 Breast	1:38.29	1:35.49	1:50.89	1:48.69	1:48.89	1:46.79
40.09	41.39	40.79	42.09	35.39	36.19	50 Fly	38.19	37.09	44.09	42.39	43.39	41.79
1:35.59	1:40.79	1:36.99	1:42.19	1:25.29	1:29.29	100 Fly	1:35.49	1:30.69	1:48.99	1:40.59	1:47.59	1:39.09
1:28.49	1:30.09	X	X	1:20.09	1:21.39	100 IM	1:23.49	1:22.19	X	X	1:31.09	1:29.69
3:17.19	3:26.19	3:20.39	3:28.89	2:53.29	2:59.69	200 IM	3:08.39	3:03.39	3:40.39	3:30.89	3:36.79	3:27.99
2:35.69	2:47.99	2:39.69	2:52.79	2:11.19	2:30.49	4x50 Fr Relay	2:30.49	2:11.19	2:52.79	2:39.69	2:47.99	2:35.69
2:56.09	3:18.29	3:00.09	3:24.39	2:28.89	2:57.59	4x50 Med Relay	2:57.59	2:28.89	3:24.39	3:00.09	3:18.29	2:56.09

Girls						11-12 Events	Boys					
SCM		LCM		SCY			SCY		LCM		SCM	
Automatic	Consideration	Automatic	Consideration	Automatic	Consideration		Consideration	Automatic	Consideration	Automatic	Consideration	Automatic
30.79	31.29	31.59	32.19	27.69	28.19	50 Free	27.69	27.09	32.59	31.69	31.79	30.79
1:07.99	1:09.99	1:09.59	1:11.49	1:00.99	1:02.49	100 Free	1:01.99	59.59	1:11.09	1:08.89	1:09.49	1:07.19
2:30.79	2:31.19	2:33.99	2:40.49	2:17.09	2:19.49	200 Free	2:18.29	2:13.99	2:36.99	2:32.39	2:33.79	2:29.39
5:22.89	5:32.89	5:29.29	5:39.09	6:11.89	6:20.69	400/500 Free	6:15.39	6:05.49	5:46.99	5:38.19	5:40.59	5:31.79
21:03.09	21:54.89	21:27.09	22:22.99	20:38.19	21:32.09	1650/1500 Fr	21:32.09	20:38.19	22:22.99	21:27.09	21:54.89	21:03.09
36.89	37.99	37.49	38.59	33.19	33.69	50 Back	32.49	31.99	39.29	37.99	38.69	37.39
1:19.69	1:21.89	1:20.89	1:23.09	1:11.19	1:12.89	100 Back	1:12.09	1:09.99	1:24.09	1:20.89	1:22.89	1:19.79
2:48.79	2:57.19	2:51.19	2:59.69	2:34.29	2:40.59	200 Back	2:38.99	2:34.49	3:01.49	2:51.49	2:59.09	2:49.09
42.29	43.69	43.29	44.79	37.59	38.19	50 Breast	38.39	36.49	45.59	44.89	44.59	43.99
1:30.69	1:34.09	1:32.69	1:36.09	1:21.39	1:23.49	100 Breast	1:21.09	1:17.89	1:37.09	1:35.59	1:35.09	1:33.19
3:16.79	3:23.09	3:20.79	3:27.69	2:55.49	2:59.99	200 Breast	3:08.19	2:58.39	3:36.59	3:23.99	3:32.59	3:19.99
33.99	35.29	34.69	35.99	30.59	31.39	50 Fly	31.89	30.99	37.19	35.79	36.49	35.09
1:22.49	1:24.89	1:23.89	1:26.19	1:12.69	1:15.49	100 Fly	1:14.89	1:11.79	1:24.89	1:21.49	1:23.49	1:20.09
2:58.09	3:13.19	3:00.89	3:15.99	2:37.19	2:50.29	200 Fly	2:43.99	2:31.39	3:10.19	2:55.59	3:07.39	2:52.79
1:17.99	1:19.89	X	X	1:11.89	1:13.19	100 IM	1:12.39	1:11.49	X	X	1:18.89	1:17.69
2:50.79	2:53.39	2:53.99	2:56.59	2:34.29	2:37.89	200 IM	2:33.89	2:30.79	3:01.79	2:55.89	2:58.59	2:52.69
6:23.29	6:50.09	6:29.69	6:56.79	5:46.19	6:00.99	400 IM	6:07.19	5:46.19	6:46.59	6:22.59	6:40.19	6:16.19
2:05.99	2:15.19	2:09.99	2:19.09	1:52.49	2:01.09	4x50 Fr Relay	1:58.09	1:53.29	2:17.39	2:12.79	2:11.89	2:08.79
4:41.69	5:00.79	4:49.69	5:09.49	4:15.09	4:29.49	4x100 Fr Relay	4:20.99	4:17.89	5:03.49	4:54.19	4:51.29	4:46.19
2:22.49	2:34.79	2:26.49	2:39.69	2:05.19	2:18.69	4x50 Med Relay	2:17.39	2:09.39	2:40.19	2:30.69	2:33.39	2:26.69
5:19.49	5:41.29	5:27.49	5:52.29	4:51.19	5:05.79	4x100 Med Relay	5:25.59	4:53.19	6:20.39	5:37.19	6:03.39	5:29.19

Girls						13-14 Events	Boys					
SCM		LCM		SCY			SCY		LCM		SCM	
Automatic	Consideration	Automatic	Consideration	Automatic	Consideration		Consideration	Automatic	Consideration	Automatic	Consideration	Automatic
28.69	29.39	29.49	30.29	26.09	26.49	50 Free	24.79	24.09	28.09	27.69	27.29	26.89
1:02.89	1:04.59	1:04.49	1:06.19	56.89	57.99	100 Free	53.69	52.79	1:01.59	1:00.09	59.99	57.69
2:21.29	2:22.89	2:24.49	2:26.09	2:06.49	2:07.99	200 Free	1:58.39	1:56.79	2:17.49	2:13.79	2:14.29	2:10.69
4:58.09	5:15.09	5:04.49	5:21.19	5:40.99	5:51.19	400/500 Free	5:31.29	5:20.59	5:01.29	4:51.39	4:54.89	4:45.39
19:42.19	20:33.99	20:06.19	20:58.59	19:28.79	20:19.59	1500/1650 Fr	19:11.09	18:23.09	19:46.79	18:57.39	19:22.79	18:33.59
34.39	N/A	34.99	N/A	29.59	N/A	50 Back	N/A	26.49	N/A	30.99	N/A	30.29
1:14.49	1:16.59	1:15.69	1:17.89	1:05.59	1:06.89	100 Back	1:02.09	1:00.49	1:11.89	1:09.99	1:10.69	1:08.69
2:41.19	2:45.79	2:43.59	2:48.09	2:22.69	2:27.29	200 Back	2:15.89	2:11.89	2:36.79	2:32.89	2:34.39	2:30.39
37.89	N/A	38.89	N/A	34.49	N/A	50 Breast	N/A	29.99	N/A	34.49	N/A	33.19
1:22.99	1:27.99	1:24.99	1:30.09	1:14.49	1:15.99	100 Breast	1:08.69	1:08.19	1:21.99	1:19.19	1:19.99	1:17.29
3:04.09	3:05.89	3:08.09	3:09.79	2:41.49	2:44.49	200 Breast	2:32.29	2:27.89	2:59.59	2:53.29	2:55.59	2:49.29
30.09	N/A	30.79	N/A	27.99	N/A	50 Fly	N/A	25.09	N/A	28.09	N/A	27.39
1:12.89	1:14.09	1:14.29	1:15.49	1:05.29	1:05.99	100 Fly	1:00.69	58.89	1:09.09	1:06.29	1:07.69	1:04.89
2:44.99	3:09.29	2:47.79	3:11.99	2:26.69	2:39.09	200 Fly	2:23.99	2:14.39	2:56.59	2:33.99	2:53.79	2:31.29
2:37.19	2:41.69	2:40.39	2:44.59	2:22.29	2:24.29	200 IM	2:14.99	2:10.19	2:34.99	2:29.99	2:31.79	2:26.69
5:40.99	5:58.19	5:47.39	6:04.69	5:09.89	5:20.09	400 IM	4:51.69	4:42.29	5:40.99	5:29.09	5:34.59	5:22.89
1:56.99	2:00.39	2:00.99	2:03.79	1:46.69	1:47.79	4x50 Fr Relay	1:42.59	1:41.39	1:59.29	1:55.99	1:54.59	1:51.99
4:16.39	4:27.49	4:24.39	4:35.09	3:58.49	3:59.59	4x100 Fr Relay	3:53.09	3:42.39	4:31.09	4:13.09	4:20.19	4:05.09
2:12.09	2:16.49	2:16.09	2:20.79	1:59.19	2:02.29	4x50 Med Relay	1:53.39	1:52.39	2:12.19	2:11.09	2:08.09	2:06.59
4:56.09	5:01.59	5:04.39	5:11.29	4:20.09	4:30.19	4x100 Med Relay	4:21.09	4:06.69	5:05.09	4:45.89	4:51.49	4:37.89