

# From 'Um' to Words: The Role of Disfluency Interactions in Shaping Early Language Development

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## 1. Background

Disfluencies (e.g., fillers, pauses, retracing, and repetition) are common in speech and reflect moments of increased cognitive effort (e.g., [Arnold et al., 2007; Nafissi and Ramezane, 2017]).

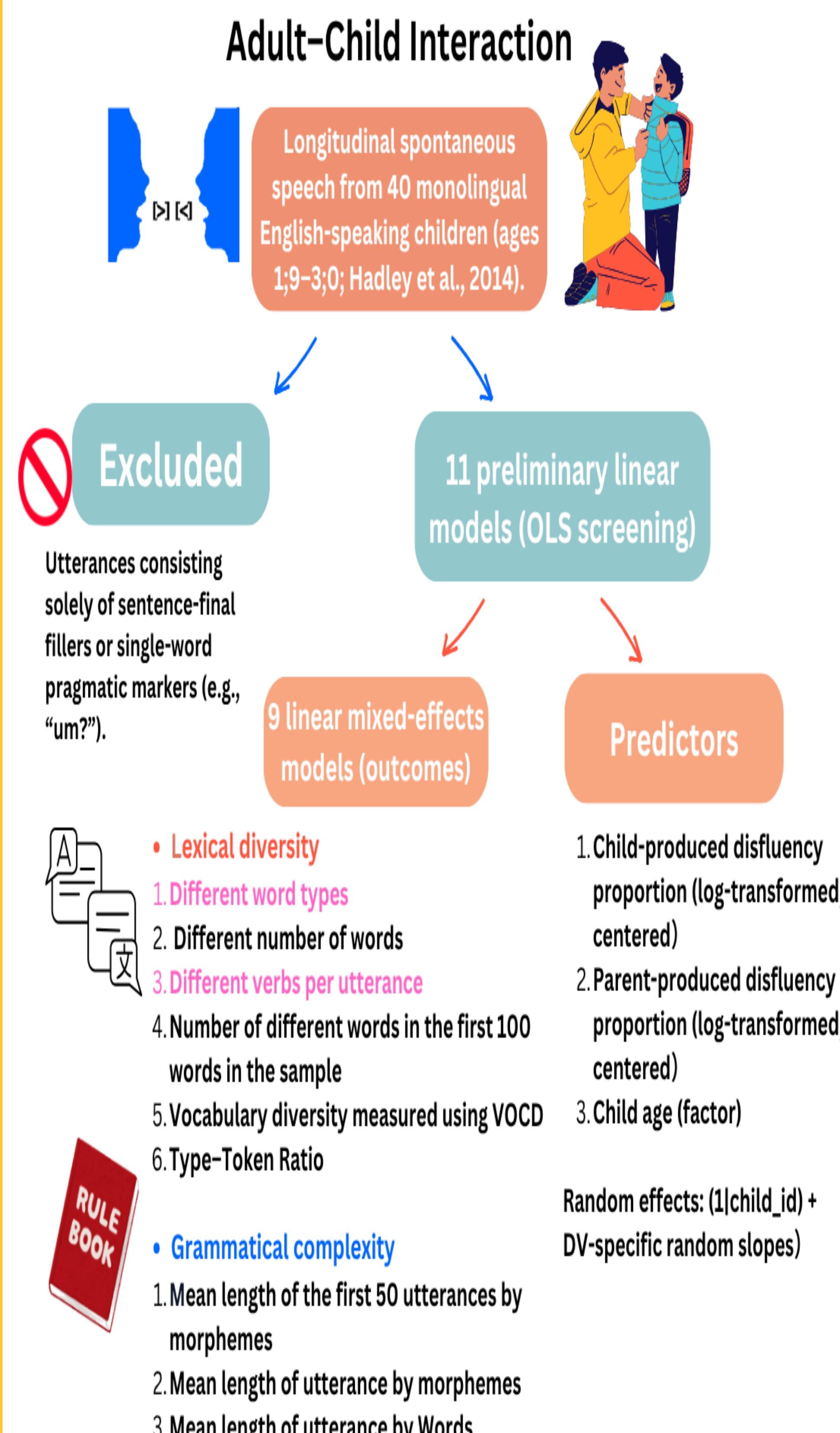
- In **children**, disfluencies often coincide with periods of rapid lexical growth and grammatical development, suggesting a developmental role in language acquisition, which may provide children with additional processing time to plan and execute more sophisticated linguistic constructions (e.g., [Fischman and Altman, 2024]).
- In **adults**, disfluencies occur before complex structures, pointing to a role in managing cognitive resources during language production (e.g., [Fox Tree, 1995]).

## 2. Hypotheses

We investigate the following hypotheses:

- The rate of disfluencies has a positive effect on measures of vocabulary growth
- There is a difference between the production of different types of disfluency among adults and children.

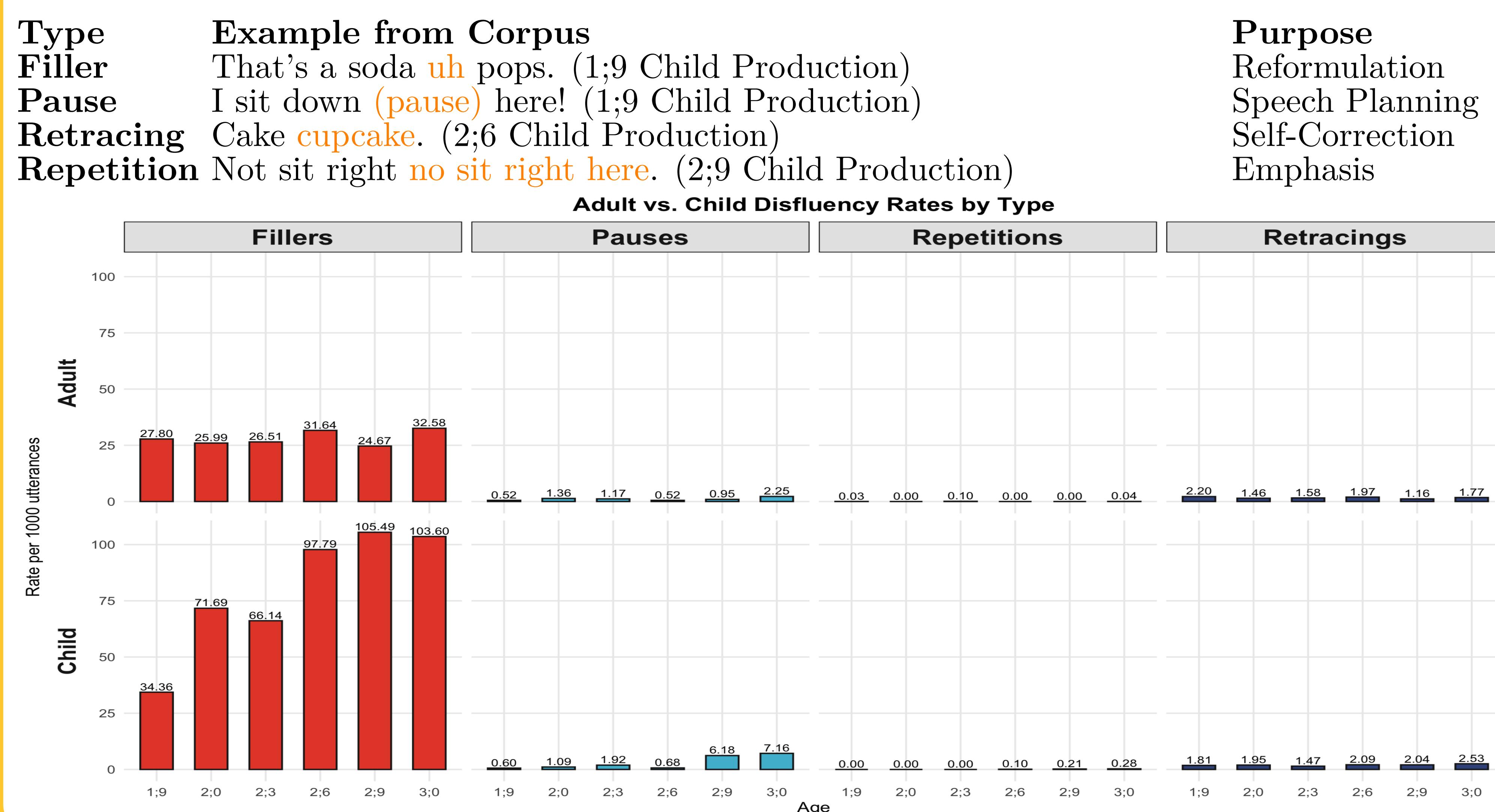
## 3. Dataset and Modeling



## 7. Acknowledgments

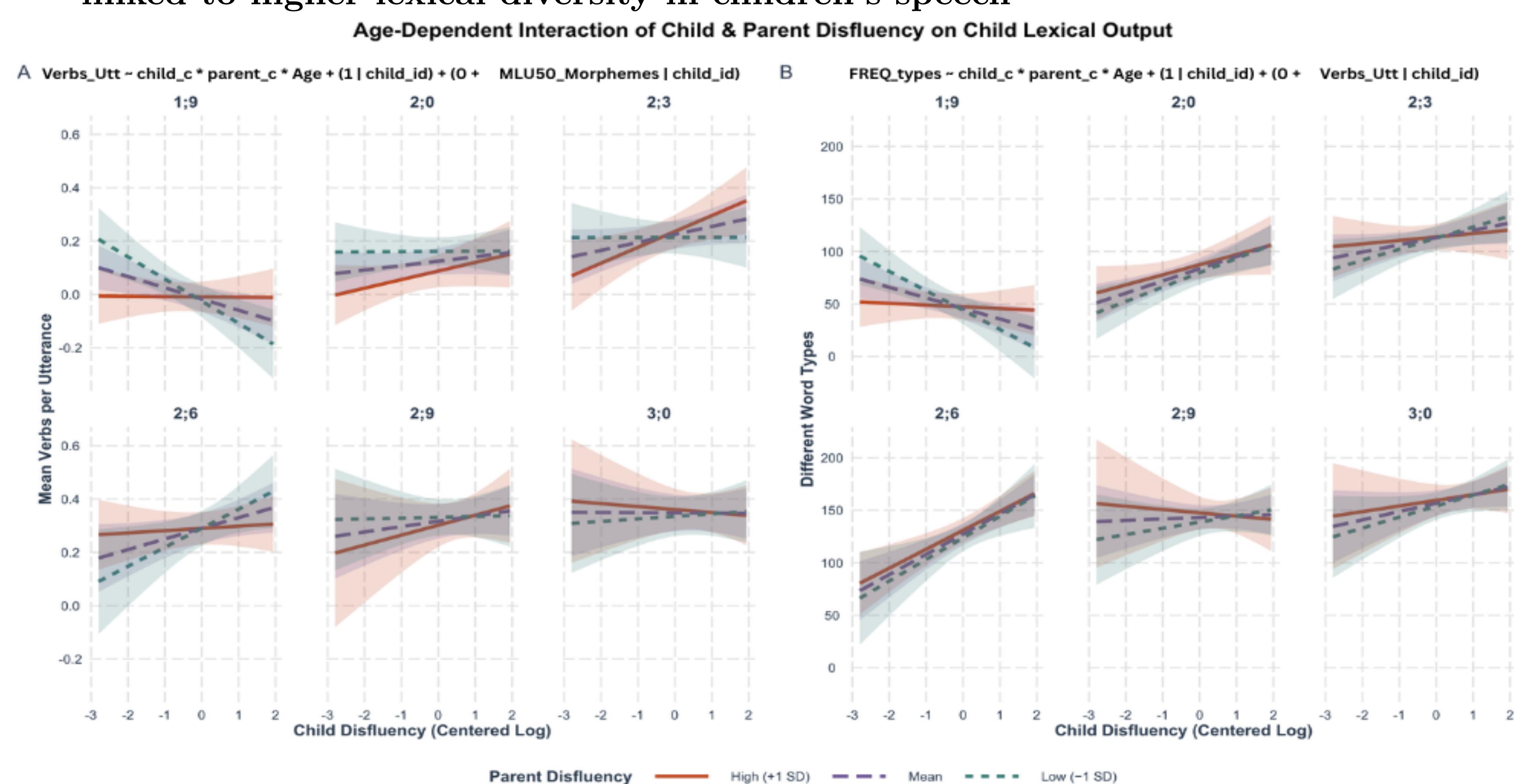
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## 4. Different Types of Disfluencies in Natural Discourse



## 5. Results

- The **verbs per utterance** model showed significant effects of: Child disfluency ( $\beta = 0.16$ ,  $p < 0.05$ ), Parent disfluency ( $\beta = 0.17$ ,  $p < 0.05$ ), the interaction between child disfluency and parent disfluency ( $\beta = 0.06$ ,  $p < 0.01$ )  $\Rightarrow$  **disfluencies from both children and parents are associated with greater verb use in children's speech**
- The **word types** model revealed a significant effect of: Parent disfluency ( $\beta = 33.76$ ,  $p < 0.05$ ), a marginal effect of child disfluency ( $\beta = 32.18$ ,  $p = 0.06$ ), the interaction between child disfluency and parent disfluency ( $\beta = 11.49$ ,  $p < 0.05$ )  $\Rightarrow$  **greater parental disfluency is linked to higher lexical diversity in children's speech**



- Individual Differences:** some children mirror parental disfluency, while others are decoupled or even show the opposite trend.



## 6. Conclusion

- Disfluencies play a dynamic role in early language development, and rather than being mere markers of production difficulty, disfluencies co-occur with advanced lexical use, potentially reflecting or supporting developmental processes.
- Interactions between parent and child disfluency suggest that children's language production is shaped not only by their own planning demands but also by caregiver input.