

# Notes on TRPO

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## 1 Trust Region Policy Optimization

The objective is

$$J(\pi) := \mathbb{E}_{\pi} \left[ \sum_{t=0}^{\infty} \gamma^t \cdot r(s_t, a_t) \right]. \quad (1)$$

The problem is  $\max_{\pi} J(\pi)$ . We want to develop an iterative method to solve this problem.

**Lemma 1.1.** *The performance difference between two policies is*

$$\begin{aligned} J(\pi') &= J(\pi) + \mathbb{E}_{\pi'} \left[ \sum_{t=0}^{\infty} \gamma^t \cdot A_{\pi}(s_t, a_t) \right] \\ &= J(\pi) + \sum_s d_{\pi'}(s) \sum_a \pi'(a | s) \cdot A_{\pi}(s, a), \end{aligned} \quad (2)$$

where  $d_{\pi}(s)$  is the discounted state visitation frequencies and  $A_{\pi}$  is the advantage function under policy  $\pi$ .

*Proof.* Let  $\Pr^{\pi}(\tau | s_0 = s)$  denote the probability of observing a trajectory  $\tau$  when starting in state  $s$  and following the policy  $\pi$ . Using a telescoping argument, we have:

$$\begin{aligned}
& V^\pi(s) - V^{\pi'}(s) \\
&= \mathbb{E}_{\tau \sim \text{Pr}^\pi(\tau | s_0=s)} \left[ \sum_{t=0}^{\infty} \gamma^t r(s_t, a_t) \right] - V^{\pi'}(s) \\
&= \mathbb{E}_{\tau \sim \text{Pr}^\pi(\tau | s_0=s)} \left[ \sum_{t=0}^{\infty} \gamma^t \left( r(s_t, a_t) + V^{\pi'}(s_t) - V^{\pi'}(s_t) \right) \right] - V^{\pi'}(s) \\
&\stackrel{(a)}{=} \mathbb{E}_{\tau \sim \text{Pr}^\pi(\tau | s_0=s)} \left[ \sum_{t=0}^{\infty} \gamma^t \left( r(s_t, a_t) + \gamma V^{\pi'}(s_{t+1}) - V^{\pi'}(s_t) \right) \right] \\
&\stackrel{(b)}{=} \mathbb{E}_{\tau \sim \text{Pr}^\pi(\tau | s_0=s)} \left[ \sum_{t=0}^{\infty} \gamma^t \left( r(s_t, a_t) + \gamma \mathbb{E} \left[ V^{\pi'}(s_{t+1}) \mid s_t, a_t \right] - V^{\pi'}(s_t) \right) \right] \\
&\stackrel{(c)}{=} \mathbb{E}_{\tau \sim \text{Pr}^\pi(\tau | s_0=s)} \left[ \sum_{t=0}^{\infty} \gamma^t A^{\pi'}(s_t, a_t) \right] \\
&= \frac{1}{1-\gamma} \mathbb{E}_{s' \sim d_s^\pi} \mathbb{E}_{a \sim \pi(\cdot | s')} \left[ A^{\pi'}(s', a) \right],
\end{aligned}$$

where (a) rearranges terms in the summation and cancels the  $V^{\pi'}(s_0)$  term with the  $-V^{\pi'}(s)$  outside the summation, and (b) uses the tower property of conditional expectations and the final equality follows from the definition of  $d_s^\pi$ .  $\square$

- If we can find a  $\pi'$  such that  $\sum_a \pi'(a | s) \cdot A_\pi(s, a) \geq 0$  for all  $s$ , then update  $\pi$  by  $\pi'$  will make the objective larger or remain unchanged.
- The classic method, exact policy iteration, chooses  $\pi'(s) = \arg \max_a A_\pi(s, a)$ , so it can improve the policy in each iteration or at least not make it worse.
- But due to the unavoidable estimation error, the exact policy iteration may choose the suboptimal action so the true at some state  $s$  such that  $\sum_a \pi'(a | s) \cdot A_\pi(s, a) < 0$ .

Consider the following fuction:

$$L_\pi(\pi') = J(\pi) + \sum_s d_\pi(s) \sum_a \pi'(a | s) \cdot A_\pi(s, a). \quad (3)$$

**Lemma 1.2.**  $L_\pi(\pi')$  matches  $J(\pi)$  to the first order:

- $L_{\pi_0}(\pi_0) = J(\pi_0)$ ,
- $\nabla_\theta L_{\pi_{\theta_0}}(\pi_\theta)|_{\theta=\theta_0} = \nabla_\theta J(\pi_\theta)|_{\theta=\theta_0}$ .

**Theorem 1.3.** *The following bound holds:*

$$J(\pi') \geq L_\pi(\pi') - \frac{4\epsilon\gamma}{(1-\gamma)^2} \alpha^2, \quad (4)$$

where  $\epsilon = \max_{s,a} |A_\pi(s,a)|$ ,  $\alpha = D_{\text{TV}}^{\max}(\pi, \pi')$  and  $D_{\text{TV}}(p||q) = \frac{1}{2} \sum_i |p_i - q_i|$  is the total variation divergence.

**Corollary 1.4.** *From 1.3 we know that the following bound holds:*

$$J(\pi') \geq L_\pi(\pi') - \frac{4\epsilon\gamma}{(1-\gamma)^2} \cdot D_{\text{KL}}^{\max}(\pi, \pi'). \quad (5)$$

Assume that we have exact evaluation of  $A_\pi$ . Then we can have the following algorithm.

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**Algorithm 1** Policy iteration algorithm guaranteeing non-decreasing expected return  $\eta$

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- 1: Initialize  $\pi_0$
- 2: **for**  $i = 0, 1, 2, \dots$  until convergence **do**
- 3:   Compute all advantage values  $A_{\pi_i}(s, a)$
- 4:   Solve the constrained optimization problem:

$$\pi_{i+1} = \arg \max_{\pi} \left[ L_{\pi_i}(\pi) - \frac{4\epsilon\gamma}{(1-\gamma)^2} \cdot D_{\text{KL}}^{\max}(\pi_i, \pi) \right]$$

- 5: **end for**
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This is a minorization-maximization (MM) algorithm. The surrogate function is  $M_i(\pi) = L_{\pi_i}(\pi) - \frac{4\epsilon\gamma}{(1-\gamma)^2} \cdot D_{\text{KL}}^{\max}(\pi_i, \pi)$  that minorizes  $J$  with equality at  $\pi_i$ .

**Corollary 1.5.** *Algorithm 1 generates a monotonically improving sequence of policies  $J(\pi_i) \leq J(\pi_j)$  where  $i < j$ .*

*Proof.* We can see this by  $M_i$ :

- $\pi_{i+1} = \arg \max_{\pi} M_i(\pi)$ , so  $M_i(\pi_{i+1}) \geq M_i(\pi)$ .
- $J(\pi_{i+1}) \geq M_i(\pi_{i+1})$  by (5), and  $J(\pi_i) = M_i(\pi_i)$  because the divergence is 0.
- So  $J(\pi_{i+1}) - J(\pi_i) \geq M_i(\pi_{i+1}) - M_i(\pi_i) \geq 0$ .

□

If  $\pi$  is parameterized by  $\theta$ , then we know that by solving the following optimization problem, the objective  $J$  is guaranteed to be improved:

$$\max_{\theta} \left[ L_{\pi_{\theta_0}}(\pi_{\theta}) - \frac{4\epsilon\gamma}{(1-\gamma)^2} \cdot D_{\text{KL}}^{\max}(\pi_{\theta_0}, \pi_{\theta}) \right] \quad (6)$$

In practice, if we use the coefficient  $\frac{4\epsilon\gamma}{(1-\gamma)^2}$ , the step sizes will be very small. (Why?) A robust approach to taking larger steps is to impose a **trust region constraint**, which limits the KL divergence between the new policy and the old policy:

$$\begin{aligned} \max_{\theta} \quad & L_{\pi_{\theta_0}}(\pi_{\theta}) \\ \text{s.t.} \quad & D_{\text{KL}}^{\max}(\pi_{\theta_0}, \pi_{\theta}) \leq \delta. \end{aligned} \quad (7)$$

The constraints are too many, so we use a **heuristic approximation** which considers the average divergence:

$$\begin{aligned} \max_{\theta} \quad & L_{\pi_{\theta_0}}(\pi_{\theta}) = J(\pi_{\theta_0}) + \sum_s d_{\pi_{\theta_0}}(s) \sum_a \pi_{\theta}(a | s) \cdot A_{\pi_{\theta_0}}(s, a) \\ \text{s.t.} \quad & \mathbb{E}_{s \sim d_{\pi_{\theta_0}}} [D_{\text{KL}}((\pi_{\theta_0}(\cdot | s) \| \pi_{\theta}(\cdot | s)))] \leq \delta. \end{aligned} \quad (8)$$

That is,

$$\begin{aligned} \max_{\theta} \quad & \sum_s d_{\pi_{\theta_0}}(s) \sum_a \pi_{\theta}(a | s) \cdot A_{\pi_{\theta_0}}(s, a) \\ \text{s.t.} \quad & \mathbb{E}_{s \sim d_{\pi_{\theta_0}}} [D_{\text{KL}}((\pi_{\theta_0}(\cdot | s) \| \pi_{\theta}(\cdot | s)))] \leq \delta. \end{aligned} \quad (9)$$

Use importance sampling, then we have the trust region policy optimization problem:

$$\begin{aligned} \max_{\theta} \quad & \mathbb{E}_{s \sim d_{\pi_{\theta_0}}, a \sim q} \left[ \frac{\pi_{\theta}(a | s)}{q(a | s)} A_{\theta_0}(s, a) \right] \\ \text{s.t.} \quad & \mathbb{E}_{s \sim d_{\pi_{\theta_0}}} [D_{\text{KL}}((\pi_{\theta_0}(\cdot | s) \| \pi_{\theta}(\cdot | s)))] \leq \delta. \end{aligned} \quad (10)$$