

VIA Strengths Chart: What Are Your Neurological Superpowers?



TRANSCENDENCE
APPRECIATION OF BEAUTY & EXCELLENCE
You notice and appreciate beauty and excellence in all domains of life.



COURAGE
BRAVERY
You do not shrink from threat, challenge, difficulty, or pain.



WISDOM
CREATIVITY
Thinking of new ways to do things is a crucial part of who you are.



WISDOM
CURIOSITY
You like exploration and discovery.



JUSTICE
FAIRNESS
One of your abiding principles is to treat all people fairly.



TEMPERANCE
FORGIVENESS
You forgive those who have done you wrong.



TRANSCENDENCE
GRATITUDE
You are aware of good things that happen and don't take them for granted.



COURAGE
HONESTY
You live your life in a genuine and authentic way.



TRANSCENDENCE
HOPE
You expect the best in the future, and you work to achieve it.



TEMPERANCE
HUMILITY
You do not seek the spotlight and others value your modesty.



TRANSCENDENCE
HUMOR
Bringing smiles to other people is important to you.



WISDOM
JUDGMENT
You think things through and examine them from all sides.



HUMANITY
KINDNESS
You are kind and generous to others.



JUSTICE
LEADERSHIP
You excel at encouraging a group to get things done.



HUMANITY
LOVE
You value close relationships with others.



WISDOM
LOVE OF LEARNING
You have a passion for mastering new skills, topics, and bodies of knowledge.



COURAGE
PERSEVERANCE
You work hard to finish what you start.



WISDOM
PERSPECTIVE
People who know you consider you wise.



TEMPERANCE
PRUDENCE
You are a careful person.



TEMPERANCE
SELF-REGULATION
You are a disciplined person.



HUMANITY
SOCIAL INTELLIGENCE
You know how to fit in to different social situations.



TRANSCENDENCE
SPIRITUALITY
Your beliefs shape your actions and are a source of comfort to you.



JUSTICE
TEAMWORK
You excel as a member of a group.



COURAGE
ZEST
You approach everything you do with excitement and energy.

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