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COMM 1010-003
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Personal Change Proposal

1 Competency Area

Interpersonal Interest: This dimension assesses the extent to which you are likely to initiate and maintain friendship with people who might be different from you. It also measures how inclined you are to actively seek out others, as well as your ability to engage them in interesting conversation (“GCI”).

2 Goal

I would like to improve my interpersonal interest by seeking out other acquaintances who I might not normally befriend or connect with. Specifically I would like to find interests outside of class work with at least one individual in my classes this semester.

3 Rationale

I’m not averse to meeting new people, and I often enjoy the company of others, however I rarely go out of my way to make introductions or make small-talk with others in the hopes of finding mutual interest. Either I’m introduced, or I seek out those who I’ve already found share a mutual interest, or I’m simply forced to interact with them for a prolonged period of time. I’m usually humbly content with my casual social network as it is. I rarely, if ever, seek out interpersonal relationships because of differences of culture.

The potential rewards in interpersonal, or intercultural, relationships are tremendous. Including acquiring knowledge about the world, breaking stereotypes, and acquiring new skills (“Martin” 391). It would be a shame to waste this time amongst hundreds of fellow students, and not take part in as much shared experience as possible.

4 Implementation

I should start now, with every class period, with every trip to the library. I’ll introduce myself to at least one new person in each course I take, and I’ll make sure to ask at least one question that doesn’t relate directly to the course at hand, or too something of my own personal interest.

Though I’m likely to find many shared interests amongst my peers, I’ll seek out someone who can authentically educate me on something I’ve never experienced before.

5 Works Cited

Martin, Judith N., and Thomas K. Nakayama. "Chapter 10: Culture, Communication, and Intercultural Relationships." *Intercultural Communication in Contexts*. 6th ed. Boston: McGraw-Hill, 2013. 391. Print.

GCI, Communication 2150 Course Readings. SLCC, Spring 2013.