

Powerlifting

Weight

Day1: Thursday

Time: 8:00 Am to 9:00 Am

Venue: NITT Hospital

Boys (All categories)

Girls (All categories)

Competition

Venue: Sports Centre

Day1: Thursday

Evening (3) - > Girls (57 to 69)

Evening (3) - > Girls (69 and above)

Evening (4:30) - > Boys (83 to 93)

Evening (4:30) - > Boys (93 above)

Day2: Friday

Morning (8:30) - > Boys (below 59)

Morning (8:30) - > Boys (59 to 66)

Evening (3) - > Girls (below 57)

Evening (4) - > Boys (74 to 83)

Evening (4) - > Boys (66 to 74)