

## Enhancing the JWT Payload

In this exercise, you'll enhance your JWT by including essential user data in the token's payload. These changes will make the token more useful for both the client and server —while keeping the payload minimal and efficient.

### What You Need to Do

- **Use the User's ID as the Subject.** We're currently using the user's email as the subject. While this works, looking up users by ID is faster and more efficient because the ID is usually the primary key and indexed in the database.
- **Include the User's Name and Email as Claims.** With this, the client can display the user's name (e.g. in the UI) without hitting an extra endpoint. To add custom claims to a JWT, use the `claim()` method of the JWT builder.