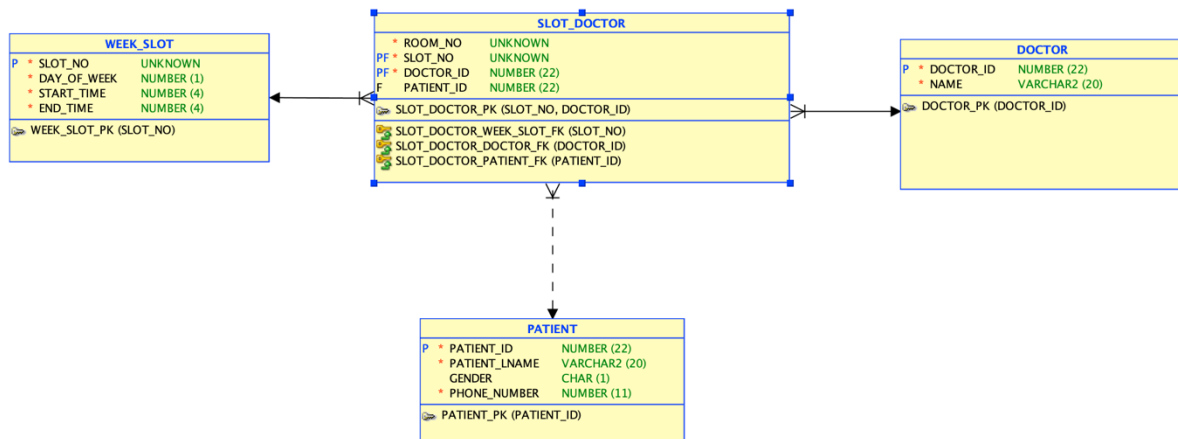Some Instructions:

I used the write lock to lock the table slot_doctor when I need to find the information on the table, so that other user can't modify the database on the same time;
For MYSQL the update statement will create a record Lock, so other people can't modify the record which will help us to maintain the concurrency of the table.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00	1	2	3	4	5	6	7
9:00-10:00	8	9	10	11	12	13	14
10:00-11:00	15	16	17	18	19	20	21
11:00-12:00	22	23	24	25	26	27	28
13:00-14:00	29	30	31	32	33	34	35
14:00-15:00	36	37	38	39	40	41	42
15:00-16:00	43	44	45	46	47	48	49
16:00-17:00	50	51	52	53	54	55	56

Here is the demo for the information stored inside the WEEK_SLOT;

The table need to update every week. It's a weekly system.

Video Link!

https://drive.google.com/file/d/17vFI2uRLsgWHrnj15MX8xatfWpLAd9ix/view?usp=sharing