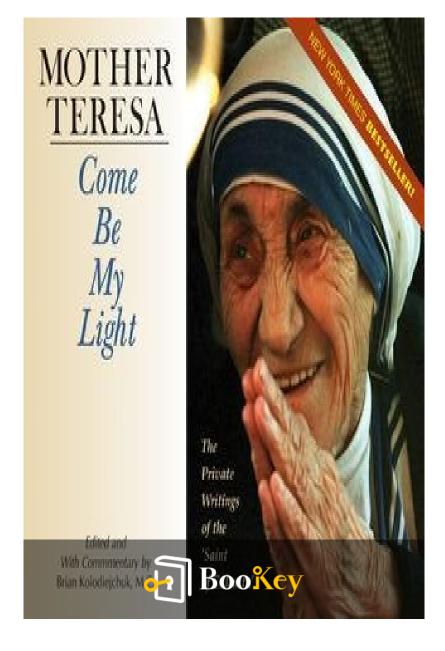
Come Be My Light PDF

Mother Teresa



Come Be My Light

The Inner Struggles and Spiritual Journey of Mother Teresa

Written by Bookey

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About the book

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In Come Be My Light, discover an unparalleled intimacy with the divine as you journey through the profound inner life and spiritual struggles of Mother Teresa, one of the most revered figures of the 20th century. Through previously unpublished letters compiled in this gripping collection, delve into the heart of her unwavering faith amidst the stark darkness of doubt and isolation. This deeply moving narrative unveils the hidden torment behind her public persona of unwavering charity and compassion, offering a rich, nuanced portrait of her relentless pursuit of God's love. Captivating and deeply inspiring, this book invites readers to witness the raw, authentic humanity of a saint in the making, challenging us to find our own path of light in times of profound darkness.

About the author

Mother Teresa, born Anjezë Gonxhe Bojaxhiu in 1910 in Skopje, then part of the Ottoman Empire, is globally revered as a paragon of compassion and selfless service. A Roman Catholic nun of Albanian descent, she founded the Missionaries of Charity in 1950, dedicating her life to the impoverished and marginalized in Calcutta, India. Her extraordinary humanitarian efforts garnered international acclaim, earning her the Nobel Peace Prize in 1979. Living by her belief in serving Christ through serving the poor, she remains an enduring symbol of charity and faith. Her profound spiritual insights and unyielding devotion to the destitute are vividly encapsulated in her posthumously published book, "Come Be My Light."



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Chapter 1: The Calling - Mother Teresa's Divine Inspiration to Serve the Poor

Mother Teresa's journey of profound spiritual calling began in the bustling, culturally vibrant streets of Skopje, now the capital of North Macedonia, where she was born in 1910 as Agnes Gonxha Bojaxhiu. From a young age, Agnes exhibited a deep and fervent devotion to her faith. Her early life was marked by a quiet, yet intense spiritual curiosity that spurred her to learn about the lives of saints and missionaries. This nascent curiosity blossomed into a powerful and irresistible call to serve, which would eventually define her entire life.

In 1928, at the tender age of eighteen, Agnes felt an unequivocal divine push to join the Sisters of Loreto, an Irish community of nuns with missions in India. She took on the name Teresa, inspired by Saint Therese of Lisieux, known as the "Little Flower," whose life focused on doing ordinary things with extraordinary love. It was during her time in the convent that Sister Teresa felt an additional, more urgent calling. In 1946, during a fateful train ride from Calcutta to the Himalayan foothills for a retreat, she experienced what



she described as "a call within a call." The vision was compelling and unmistakable – she believed Jesus spoke to her, asking her to leave the convent to serve Him among the poorest of the poor.

Despite this divine inspiration, Mother Teresa faced immense struggles as she set out to follow this new direction. Leaving the security and structure of the convent for the chaotic and impoverished streets of Calcutta was no small task. She approached her superiors and the Archbishop of Calcutta with her vision, but it took over a year of persistent requests and prayers before she received permission from the Vatican to pursue her mission. Her initial endeavors were marked by extreme hardship. She left the Loreto convent in 1948, armed only with a meager stipend and an unshakable faith in her divine calling. Adorned in a simple white sari with a blue border, she stepped into the world of Calcutta's destitution, ready to spread love and compassion among the neglected souls who languished in the shadows.

Determined, Mother Teresa navigated her new life with resilience. She started with an open school in a makeshift facility, teaching the slum children to read and write. Soon after, she began visiting families, nursing the sick, and



feeding the hungry. Her work attracted attention, and gradually, like-minded individuals joined her cause, drawn by her unwavering commitment and infectious spirit of service.

Mother Teresa's perseverance through these early struggles evidences her extraordinary strength and faith. She demonstrated a tireless dedication, often going days without proper food or rest, solely relying on the sustenance of her spiritual vigor and trust in God's providence. Overcoming the initial resistance and skepticism, she slowly garnered support from local communities and authorities who began to recognize the divine glow of her mission.

Part one of "Come Be My Light" offers an intimate look into these formative experiences and internal struggles of Mother Teresa. This phase of her life showcases how her divine inspiration translated into tangible actions and dedication, setting the foundation for her lifelong mission—to serve the poorest of the poor with love, compassion, and unyielding faith.



Chapter 2 : Founding the Missionaries of Charity - Establishing a New Order

Founding the Missionaries of Charity - Establishing a New Order

In August 1948, Mother Teresa donned the white sari with a blue border for the first time, symbolizing her leap from a cloistered convent life to becoming what she called the "spouse of Jesus for eternity." Driven by an unshakable vision and a deep, divine inspiration to serve the poorest of the poor, she sought permission from her superiors and the Vatican to start her own religious order. The request was revolutionary, reflecting her resolve to step into the slums of Calcutta and live among those she intended to help, a stark departure from the traditional roles assigned to nuns at the time.

With a few former students from her school at St. Mary's High School in Kolkata joining her in 1950, Mother Teresa founded the Missionaries of Charity. The new order was built on the principles of absolute simplicity, unwavering faith, and total dedication to the service of the impoverished and



dying. Their foundational vow was to give "wholehearted free service to the poorest of the poor." This deep commitment to serving those who were destitute, regardless of their faith or condition, defined the unique ethos of the Missionaries of Charity.

Life within the order was stringent and humble. The sisters of the Missionaries of Charity adopted a lifestyle that mirrored the poverty of those they served. Their quarters were sparse, meals were simple, and comforts were minimal. This was not merely a symbolic gesture but a profound embodiment of their mission. The members devoted themselves to living as close as possible to the lifestyles of the impoverished communities they served, thereby fostering a deep sense of solidarity and understanding.

The scope of their work was extensive and multifaceted. The Missionaries of Charity established homes to care for the dying, orphanages for abandoned children, leper colonies, and food kitchens. They walked the streets to aid the homeless, rescued those left to die on the sidewalks, and offered solace to the neglected. Their work extended beyond mere charity; it was an expression of unconditional love and dignity for every human life, aligning perfectly with Mother



Teresa's belief in seeing Christ in the distressing disguise of the poor.

The order continued to grow under Mother Teresa's firm yet compassionate leadership. Her deep faith in God's providence and her unyielding resolve attracted numerous volunteers and benefactors. As more sisters joined, they expanded not only in numbers but also in reach, opening missions in various corners of the world, from South America to Africa to Europe. Each new establishment was fueled by the same guiding principles and the relentless drive to alleviate human suffering without discrimination.

Mother Teresa's founding of the Missionaries of Charity marked a pivotal shift in her mission, transforming her personal calling into a collective movement. The principles of simplicity, humility, and service were not just guiding values but were actively lived by every member. Their daily practices and sacrifices formed the backbone of their work, ensuring that their commitment to God and humanity was always at the forefront.

It was this new religious order, characterized by an unparalleled devotion to the poorest of the poor and guided



by Mother Teresa's vision, that laid the foundation for a global movement of compassion and service. The Missionaries of Charity became a testament to what a life guided by divine inspiration, profound simplicity, and unwavering dedication can achieve. They exemplified a new way of living religious life, one that was deeply immersed in the world's most pressing needs while staying anchored in faith and humility.



Chapter 3: The Dark Night of the Soul -Mother Teresa's Inner Spiritual Struggles

Mother Teresa's profound spiritual challenges and inner struggles, often referred to as the "Dark Night of the Soul," form a compelling and deeply human dimension of her life as depicted in "Come Be My Light." Despite her unwavering external dedication to God, Mother Teresa faced immense internal conflicts and profound spiritual tribulations that tested her faith in ways unimaginable to many.

From the accounts and private correspondence included in the book, it becomes evident that Mother Teresa experienced prolonged periods of spiritual dryness, marked by an absence of the sense of God's presence. This phase of her life was characterized by feelings of abandonment, loneliness, and intense spiritual desolation. She often articulated this darkness in her letters, expressing a deep yearning for God's presence and a sense of being forsaken by Him despite her tireless devotion and service.

This inner turmoil began soon after she founded the



Missionaries of Charity and lasted for nearly fifty years, almost until the end of her life. These feelings of desolation were starkly contrasting to the joy and peace that she expected to accompany her close communion with God. Despite this intense spiritual suffering, Mother Teresa persevered, viewing these trials as a way of sharing in Christ's Passion and as a means of drawing closer to the suffering of those whom she served.

Mother Teresa's spiritual director and confidant, Father Celeste van Exem, along with other spiritual advisors, played a crucial role in helping her navigate this spiritual crisis. They offered guidance, encouragement, and perspective, reinforcing the idea that her feelings of abandonment were a profound sharing in the suffering of Jesus. She was urged to accept this darkness as part of God's divine plan for her and to continue her work with trust and surrender.

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Chapter 4 : A Life of Sacrifice - Daily Commitment to God and Humanity

Part 4: A Life of Sacrifice - Daily Commitment to God and Humanity

Mother Teresa's life was the embodiment of sacrifice, humility, and unwavering devotion to God and humanity. Each day began at 4:30 AM, as she immersed herself in prayer and contemplation, grounding her spirit in the divine before stepping into the physical realm of service. This rigorous routine was not just a display of discipline but a manifestation of her deep spiritual commitment.

She believed that to serve the poorest of the poor, one must embody simplicity and humility. Her daily life was a testament to these values. Clad always in a simple white sari with blue borders, the traditional attire of the Missionaries of Charity, Mother Teresa embraced a life devoid of personal luxuries. Her living quarters were stark, her meals frugal, often no more than a bowl of rice or lentils, mirroring the sustenance of those she served.



Her day was filled with unrelenting work. She attended to the sick, comforted the dying, and ensured that those abandoned by society felt the warmth of human love and the presence of God in their last moments. Every act, no matter how mundane or laborious, was performed with the intent of embodying God's compassion on earth. Her touch, her smile, her words carried a profound sense of care and love, making those in the bleakest conditions feel cherished and valued.

Mother Teresa emphasized humility in every aspect of her work. She did not see herself as a savior but as an instrument of God's love. Her humility was evident in how she interacted with others, always showing great reverence and respect regardless of their social status or condition. She sought to see Christ in every person, believing that by serving them, she was serving God directly. Her life was a continuous act of communion with God through her service to humankind.

Her personal sacrifices were immense and numerous. She endured the pain of being misunderstood, the struggle of continuous physical labor, and the heartbreak of witnessing immense suffering daily. Despite facing severe physical ailments herself, she rarely took time for personal rest, driven



by the urgent needs of those around her. Her commitment was not without its toll, but she bore it with grace, viewing her suffering as a way to unite more closely with the sufferings of Christ.

Mother Teresa's impact on her mission and those she served was profound. Her sacrificial love inspired countless individuals to join her cause, expanding the reach of the Missionaries of Charity far beyond Calcutta. Her daily acts of service created ripples of compassion that reverberated through the hearts of many, instigating change and fostering a sense of global solidarity with the poor and marginalized.

Mother Teresa's life teaches that true service requires a constant and deliberate commitment to sacrifice and devotion. Through her example, we learn that greatness in service is not about grand gestures but rather the small, daily acts of love and kindness performed with a heart full of humility and a spirit dedicated to God. Her daily routine, marked by personal sacrifices, emphasizes that a life of true service is a journey of both external action and internal devotion, bound together by an unwavering commitment to the divine and humanity.



Chapter 5 : Global Recognition and Influence - Impact Beyond Calcutta

As Mother Teresa's work in the alleys of Calcutta grew, so did the world's recognition of her extraordinary dedication and selfless service. Her influence began to extend far beyond the bounds of the city she had come to love so dearly. The global community could no longer look away from the impoverished conditions she tirelessly worked to alleviate, and it was not long before accolades and international honors began to follow.

One of the most significant acknowledgments of her impact was the conferring of the Nobel Peace Prize in 1979. Mother Teresa's receipt of this prestigious award brought the Missionaries of Charity to the forefront of global consciousness. In her acceptance speech, she spoke not of her own achievements but of the need to heal the world's suffering through love and compassion. She urged people to find "the poor right in your own home first" and highlighted the profound dignity and value of every human life.

The Nobel Peace Prize was just one of many recognitions.



Governments and organizations from various countries awarded her honors as well, bestowing upon her titles such as the Bharat Ratna, India's highest civilian award, and the Presidential Medal of Freedom in the United States. Despite these accolades, Mother Teresa remained deeply humble, often redirecting the spotlight to the plight of those she served. She believed that the essence of her mission transcended any personal recognition; her objective was always to be a conduit for God's love and a servant to the poor.

These honors amplified her influence and emboldened her ability to engage in global humanitarian efforts. Mother Teresa became a powerful voice against the injustices of poverty, hunger, and disease. Her testimony before the United Nations in 1985 amplified her message to a global audience, urging international leaders to work towards peace and to recognize the importance of valuing human life.

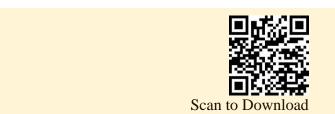
Moreover, Mother Teresa's example served as a catalyst for the proliferation of charitable endeavors worldwide. Her insistence on seeing and serving Christ in the poorest of the poor inspired countless individuals and organizations to embark on their own missions of mercy. Numerous



charitable foundations, medical bodies, and socio-religious groups began to model their activities on the principles she espoused: love, compassion, and selfless service.

Her influence fostered significant collaborations with other humanitarian projects, where her practical approach to care—simple yet deeply personal and loving treatment of those suffering and dying—offered a new standard in humanitarian aid. The scope of her work led to numerous partnerships and support mechanisms that expanded the outreach of her mission to various continents including Africa, Asia, and Latin America.

Ultimately, Mother Teresa's relentless efforts embodied a transcendent spirituality and practical charity that inspired world leaders, philanthropists, and ordinary people alike. Her dedication struck a universal chord, emphasizing that transcendent change comes from the simple act of loving and serving those in need. Mother Teresa's life illustrated a compelling narrative of how profound change can happen when one person commits fully to the well-being of others, influencing global humanitarian policies and inspiring generations thereafter.



Her legacy continues to ripple across the globe, setting a benchmark for those seeking to make a genuinely profound difference in the world. Through her life's work, Mother Teresa proved that influence can pervade beyond geographical and cultural boundaries when driven by the unwavering principles of love, sacrifice, and faith in the transformative power of kindness.



Chapter 6: Correspondence and Personal Reflections - Insight into Mother Teresa's Mind and Heart

Part 6: Correspondence and Personal Reflections - Insight into Mother Teresa's Mind and Heart

Within the treasure trove of Mother Teresa's letters and personal writings, unveiled in "Come Be My Light," lies an intimate glimpse into the profound inner life of a saint whose outward actions spoke volumes of love and compassion. These letters, often addressed to her spiritual advisors, reveal a contrasting world steeped in deep spiritual yearning, relentless faith, and poignant vulnerability.

Mother Teresa's correspondence serves as a window into the delicate balance she maintained between her public persona and her private struggles. One of the most striking revelations from these writings is her pervasive sense of spiritual abandonment, often referred to as the "dark night of the soul." Despite her resounding faith and her clear calling to serve the poorest of the poor, these letters poignantly expose years of intense spiritual desolation that plagued her



inner life.

In her letters to her confessors, Mother Teresa described her soul's anguish in vivid detail, speaking of the darkness, loneliness, and torment she experienced. She frequently expressed a sense of separation from God, a stark contrast to the divine presence she felt at the inception of her calling. This spiritual desolation puzzled those around her, knowing her as a beacon of light and unwavering faith. "In my soul," she wrote, "I feel just that terrible pain of loss, of God not wanting me, of God not being God, of God not really existing."

These writings highlight the paradox of Mother Teresa's life: outwardly, she was a symbol of God's boundless love and mercy; inwardly, she wrestled with prolonged periods of spiritual dryness. Her letters reveal that she continued her mission in the face of immense inner suffering, a testament to

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Chapter 7: Legacy of Love - Continuing Mother Teresa's Mission Today

Mother Teresa's legacy of love endures far beyond her earthly lifetime, continuing to inspire and shape humanitarian efforts around the world. Her profound impact on the global community can be seen through the tireless work of the Missionaries of Charity, the religious order she founded, and other organizations inspired by her example. These groups strive to keep her mission alive, serving the poorest of the poor and embodying the compassion and dedication that defined her life.

The Missionaries of Charity, with branches spread across continents, have expanded their scope to meet the needs of various marginalized communities. They continue to operate homes for the dying, orphanages, schools, and clinics, providing vital services to those who have nowhere else to turn. This ongoing commitment to the destitute ensures that Mother Teresa's vision of love and care for the least fortunate remains vibrant.

Beyond the Missionaries of Charity, numerous other



organizations and individuals have been profoundly influenced by Mother Teresa's work and ethos. Her life serves as a powerful testament to the impact of selfless service and steadfast faith, encouraging countless people to take up similar causes and dedicate their lives to helping others. Her teachings on love, humility, and compassion echo in the hearts of volunteers and aid workers who strive to make a difference in the world.

Mother Teresa's approach to service—rooted in love, respect, and dignity for every human being—continues to resonate. Educational and charitable institutions across the globe incorporate her principles, emphasizing the importance of serving others with humility and kindness. Her model of seeing Jesus in every person, especially the suffering and marginalized, challenges the world to view humanity through a lens of empathy and care.

Furthermore, her legacy is preserved through the countless awards and recognitions she received posthumously, which keep her story and mission in the public consciousness.

These honors serve not only as a testament to her life but also as perpetual reminders of the potential each individual has to effect change through acts of kindness and selflessness.



In modern times, as the world faces new challenges of poverty, disease, and societal upheaval, Mother Teresa's legacy offers a beacon of hope and a profound call to action. She demonstrated that even in the face of overwhelming need, one person's dedication and love could bring about significant change. Her life inspires ongoing humanitarian efforts and reinforces the belief that compassion and devotion can transcend all barriers.

In conclusion, Mother Teresa's legacy of love is a living testament to her unyielding faith, compassion, and commitment to serving others. The enduring efforts of the Missionaries of Charity, alongside the multitude of global humanitarian initiatives inspired by her life's work, ensure that her mission continues. As individuals and communities strive to embody her example, they keep her spirit alive, fostering a world where love and service to others remain paramount. This enduring legacy encourages every one of us to take up the mantle of compassion, service, and unwavering faith, ensuring that Mother Teresa's light continues to shine brightly across the globe.

