



User Interviews

 [User Interview Guide](#)



Noise Boys: Read the user interview guide. This is just a template. Feel free to change or add/remove anything.

Introduction Script

Thank you so much for talking with me today. I'm ____ and I'm going to walk you through the session today. This is ____ who will observe in silence and help us take notes during our interview.

We are conducting research to understand _____. I will ask you questions about your experience with _____, how you currently go about _____, and any challenges you experience in the process.

There are no right or wrong answers. We want to understand things from your perspective, so the more candid you are, the more helpful it is for our project.

If there's any question you don't understand, let me know and I will rephrase the question.

With your permission, we're going to record our conversation. The recording will be used for research purposes only and it won't be seen by anyone outside of the project team. Your answers will be kept confidential. Can I have your permission to record this meeting?

Great! Do you have any questions before we get started?

Warm-Up Questions

- About how long have you been a PE teacher?
- Can you tell us a little about yourself—what you do, your hobbies, etc.?
- What does a typical work day look like for you?
 - How many days do you work per week and how many hours a day?
 - How do you plan PE activities for each session?
- How does your work environment looks like ?
 - How loud is your work environment?

Main Questions

1. In which classes do you experience the most noise and which classes are the most stressful?
 - a. Can you tell me how did you feel?
 - b. Did you do anything to make you feel better?
 - c. If you are stressed, is your stress coming from your working environment/conditions or is it stress from outside of the workspace.
 - d. *Ask about which **activities** if they don't mention it.*
2. How harmful would you describe the noise levels?
 - a. In what way do you think the noises are possibly affecting the quality of your teaching?
3. What would you identify as a helpful solution for having more control on the noise in the classroom?
 - a. If you could see how noisy your gym sessions get, how would you visualise noise?
 - b. Do you imagine a physical or digital solution?

- c. What are your thoughts on using a digital solution to monitor and provide insights about sound levels during PE class?
 - d. If you could build your ideal experience that helps you reduce noise levels in class, what would it be like?
4. Can you tell me what wearables/devices you use during a gym session (if any)?

Ending Script

We will finish this session in a few minutes.

- Is there anything you've been thinking about that we haven't talked about?
- Do you have any questions for us?

Thank you so much for your time! It was really valuable for us to hear you talk about your experience. If we have any further questions, can I follow up with you by email?

Thanks again, and have a nice day!