

$$S_N^2 = \frac{1}{N-1} \sum_{i=1}^N (x_i - \mu_N)^2$$

$$N = k + n$$

$$\begin{aligned}
\frac{1}{N-1} \sum_{i=1}^N (x_i - \mu_N)^2 &= \frac{1}{N-1} \left[\sum_{i=1}^k (x_i - \mu_N)^2 + \sum_{i=1}^n (x_i - \mu_N)^2 \right] \\
&= \frac{1}{N-1} \left[\sum_{i=1}^k (x_i - \mu_k + \mu_k - \mu_N)^2 + \sum_{i=1}^n (x_i - \mu_n + \mu_n - \mu_N)^2 \right] \\
&= \frac{1}{N-1} \left[\sum_{i=1}^k ((x_i - \mu_k)^2 + 2(x_i - \mu_k)(\mu_k - \mu_N) + (\mu_k - \mu_N)^2) \right. \\
&\quad \left. + \sum_{i=1}^n ((x_i - \mu_n)^2 + 2(x_i - \mu_n)(\mu_n - \mu_N) + (\mu_n - \mu_N)^2) \right] \\
&= \frac{1}{N-1} \left[\sum_{i=1}^k ((x_i - \mu_k)^2 + (\mu_k - \mu_N)^2) + \sum_{i=1}^n ((x_i - \mu_n)^2 + (\mu_n - \mu_N)^2) \right] \\
&= \frac{1}{N-1} \left[\sum_{i=1}^k (x_i - \mu_k)^2 + k(\mu_k - \mu_N)^2 + \sum_{i=1}^n (x_i - \mu_n)^2 + n(\mu_n - \mu_N)^2 \right] \\
&= \frac{1}{N-1} [(k-1)S_k^2 + k(\mu_k - \mu_N)^2 + (n-1)S_n^2 + n(\mu_n - \mu_N)^2] \\
&= \frac{1}{N-1} [(k-1)S_k^2 + k \left(\mu_k - \left(\frac{k\mu_k + n\mu_n}{N} \right) \right)^2 + (n-1)S_n^2 + n \left(\mu_n - \left(\frac{k\mu_k + n\mu_n}{N} \right) \right)^2] \\
&= \frac{1}{N-1} [(k-1)S_k^2 + k \left(\frac{n(\mu_k - \mu_n)}{N} \right)^2 + (n-1)S_n^2 + n \left(\frac{k(\mu_n - \mu_k)}{N} \right)^2] \\
&= \frac{(k-1)S_k^2}{N-1} + \frac{(n-1)S_n^2}{N-1} + \frac{1}{N-1} \left[k \left(\frac{n(\mu_k - \mu_n)}{N} \right)^2 + n \left(\frac{k(\mu_n - \mu_k)}{N} \right)^2 \right] \\
&= \frac{(k-1)S_k^2}{N-1} + \frac{(n-1)S_n^2}{N-1} + \frac{1}{N-1} \left[\frac{kn^2(\mu_k - \mu_n)^2}{N^2} + \frac{nk^2(\mu_n - \mu_k)^2}{N^2} \right] \\
&= \frac{(k-1)S_k^2}{N-1} + \frac{(n-1)S_n^2}{N-1} + \frac{1}{N-1} \left[\frac{kn(\mu_k - \mu_n)^2}{N^2} * (n+k) \right] \\
&= \frac{(k-1)S_k^2}{N-1} + \frac{(n-1)S_n^2}{N-1} + \frac{1}{N-1} \left[\frac{kn(\mu_k - \mu_n)^2}{N^2} * N \right] \\
&= \frac{(k-1)S_k^2}{N-1} + \frac{(n-1)S_n^2}{N-1} + \frac{1}{N-1} \left[\frac{kn(\mu_k - \mu_n)^2}{N} \right] \\
&= \frac{(k-1)}{N-1} S_k^2 + \frac{(n-1)}{N-1} S_n^2 + \frac{nk}{N(N-1)} * (\mu_k - \mu_n)^2
\end{aligned}$$