

Sum Product Theorems and Applications (Spring 2022, Weikun He)

Ajorda Jiao

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Notation

$O(1)$	Absolute constant.
$O_s(1)$	A constant only depend on s .
$\mathcal{O}(m)$	A subset with cardinality at most m .
K	A parameter at least 1. Always denote a bound of cardinality increasing under sum or product.
$f \ll g$	There exists an absolute constant $C > 0$ such that $f \leq Cg$.
$f \asymp g$	$f \ll g$ and $g \ll f$.
$f \ll_s g$	There exists an constant C_s depending on s such that $f \leq C_s g$.
$f \lesssim g$	There exists $C = C(K) > 0$ with at most a polynomial dependence on K such that $f \leq Cg$.
$f \sim g$	$f \lesssim g$ and $g \lesssim f$.
$R(A, K)$	See Definition 2.1.
$\#A$	Cardinality of A .
$ A $	Lebesgue measure of A .
$A^{(\delta)}$	δ -neighborhood of A .
$\mathcal{N}_\delta(A)$	δ -covering number of A .
$R_\delta(A, K)$	See Definition 6.10.
$\ \cdot\ , \ \cdot\ _p$	L^2 norm and general L^p norm, usually take $p = 1, \infty$.
$\mu \boxplus \nu$	Additive convolution of measures on \mathbb{R} .
$\mu \boxminus \nu$	Subtractive convolution of measures on \mathbb{R} .
$\mu * \nu$	Multiplicative convolution of measures in a group or on \mathbb{R} .

Theorem 0.1 (Erdős-Szemerédi Theorem)

There exists an absolute constant $c > 0$, such that for every finite set $A \subset \mathbb{R}$,

$$\max \{ \#(A + A), \#AA \} \geq c(\#A)^{1+c}.$$

§1 Basic additive combinatorics

$(E, +)$ abelian group. $A, B \subset E$.

Notation 1.1. $A + B := \{a + b : a \in A, b \in B\}$.

Question 1.2 (Freiman). If $\#(A + A) \leq K\#A$, for some parameter K , what can we say about A ?

Observation 1.3. If A is a **arithmetic progression**, then $\#(A + A) \leq 2\#A$. If A is a **generalized A.P. of rank r** , i.e.

$$A = \{a_0 + t_1 d_1 + \cdots + t_r d_r : \forall i, 1 \leq t_i \leq N_i\},$$

then $\#(A + A) \leq 2^r \#A$.

Freiman Type Theorem If $\#(A + A) \leq K\#A$, then exists

- (i) $P \subset E$ is a generalized arithmetic progression of rank $O_K(1)$, $\#P = O_K(\#A)$.
- (ii) $X \subset E$ finite, $\#X = O_K(1)$.

Such that $A \subset P + X$.

Theorem 1.4 (Szemerédi)

$A \subset \mathbb{N}$ with positive upper density, then A contains arbitrarily long A.P.

Lemma 1.5 (Ruzsa Triangle Inequality)

$A, B, C \subset (E, +)$ finite, then

$$\#(A - C)\#B \leq \#(A - B)\#(B - C).$$

Proof. Construct a map $(A - C) \times B \rightarrow (A - B) \times (B - C)$, $(x, b) \mapsto (a_x - b, b - c_x)$, where a_x, c_x are fixed way of writing $x = a_x - c_x$ for every x , this map is injective. \square

Definition 1.6. Define the **Ruzsa distance** between A, B by

$$d(A, B) = \log \frac{\#(A - B)}{(\#A)^{\frac{1}{2}}(\#B)^{\frac{1}{2}}}.$$

Lemma 1.7 (Ruzsa Covering Lemma)

$A, B \subset (E, +)$ finite, $K \geq 1$. If $\#(A + B) \leq K\#A$, then $\exists X \subset E$, $\#X \leq K$, such that $B \subset A - A + X$.

Proof. Let $X \subset B$ be the maximal set such that $(x + A)_{x \in X}$ are pairwise disjoint. \square

Remark 1.8 — Ruzsa Covering Lemma $\iff B \subset A - A + \mathbb{O}\left(\frac{\#(A+B)}{\#A}\right)$.

Proposition 1.9 (Plünnecke-Ruzsa Inequality)

$A, B \subset E$ finite, $K \geq 1$. If $\#(A + B) \leq K\#A$, then $\forall k, l \geq 0$, we have

$$\#\left(\sum_k B - \sum_l B\right) \leq K^{k+l}\#A,$$

where $\sum_k B := \underbrace{B + B + \dots + B}_{k \text{ times}}$.

Lemma 1.10 (Petridis)

If $\#(A + B) \leq K\#A$, then $\exists A_0 \subset A$, such that for every $C \subset E$ finite,

$$\#(C + A_0 + B) \leq K\#(C + A_0).$$

Proof. Let $K_0 := \inf_{A' \subset A} \frac{\#(A'+B)}{\#A'} \leq K$ and $A_0 \subset A$ such that $K_0 = \frac{\#(A_0+B)}{\#A_0}$. Applying induction to $\#C$, consider $C' = C \cup \{c\}$, where $c \notin C$. WLOG, assume $c = 0$. Then

$$\#(C' + A_0 + B) = \#(C + A_0 + B) + \#(A_0 + B) - \#((C + A_0 + B) \cap (A_0 + B)).$$

Observe that $((C + A_0) \cap A_0) + B \subset (C + A_0 + B) \cap (A_0 + B)$. By assumption,

$$(C + A_0) \cap A_0 \subset A \implies \#((C + A_0) \cap A_0) + B \geq K_0\#((C + A_0) \cap A_0).$$

Hence by inductive assumption,

$$\#(C' + A_0 + B) \leq K_0(\#(C + A_0) + \#A_0 - \#((C + A_0) \cap A_0)) = K_0\#(C' + A_0).$$

\square

Proof of Plünnecke-Ruzsa Inequality 1.9. Applying lemma, we have

$$\#(B + A_0) \leq K\#A_0, \quad \#(B + B + A_0) \leq K\#(B + A_0) \leq K^2\#A_0, \quad \dots$$

Hence, $\#(\sum_k B + A_0) \leq K^k\#A_0$. Finally, applying Ruzsa triangle inequality, we have

$$\#\left(\sum_k B - \sum_l B\right) \leq \frac{\#(\sum_k B + A_0) \#(\sum_l B + A_0)}{\#A_0} \leq K^{k+l}\#A_0 \leq K^{k+l}\#A.$$

\square

Question 1.11. If E is not an abelian group, does the arguments still hold?

Answer Ruzsa triangle inequality, Ruzsa covering lemma, Petridis lemma still hold, but Plünnecke-Ruzsa inequality **fails**. See the following examples.

Example 1.12

G non abelian group. Take $A = H \cup \{a\}$, where H is a subgroup of G and $a \notin H$. Then $AA = H \cup aH \cup Ha \cup \{a\}$. Assume $\#H = N$, then $\#(AA) \leq 3N + 1 \leq \#A$. Consider $AAA \supseteq HaH$, if $aHa^{-1} \cap H = \{1\}$, then $\#(HaH) = N^2$. Explicitly, we can choose $G = S_{N+1}$, $H = \langle (123 \cdots N) \rangle$ and $a = (N \ (N+1))$. Hence for any $N > 0$, there exists A such that $\#(AA) \leq 3\#A$ but $\#(AAA) \geq N\#A$.

§2 Sum-product theorems

Let $(E, 0, 1, +, \cdot)$ be a ring, $A \subset E$ finite set. Let $E^\times = \{\text{invertible elements in } E\}$.

Definition 2.1. Define $R(A, K) := \{x \in E : \#(A + xA) \leq K\#A\}$.

The following lemma shows that $R(A, K)$ has an “almost” ring structure.

Lemma 2.2

1. If $x \in R(A, K) \cap E^\times$, then $x^{-1} \in R(A, K)$.
2. If $1, x, y \in R(A, K)$, then $x + y, x - y, xy \in R(A, K^{O(1)})$, where $O(1) = 8$ is enough.

Proof. 1. Trivial.

2. If $x, y \in R(A, K)$, by Ruzsa covering lemma, we have

$$xA \subset A - A + \mathcal{O}(K), \quad yA \subset A - A + \mathcal{O}(K).$$

then $A + (x + y)A \subset \sum_3 A - \sum_2 A + \mathcal{O}(K^2)$. Because $1 \in R(A, K)$, hence by P-R, we have $\#(\sum_3 A - \sum_2 A) \leq K^5 \#A$. Then $\#(A + (x + y)A) \leq K^7 \#A$. Similarly, we can prove $\#(A + xyA) \leq K^8 \#A$. □

Notation 2.3. For $s \in \mathbb{N}$, let $\sum_{\leq s} A = \bigcup_{1 \leq k \leq s} A$, let $\prod_{\leq s} A = \bigcup_{1 \leq k \leq s} \prod_k A$. Let

$$\langle A \rangle_s = \sum_{\leq s} \prod_{\leq s} A - \sum_{\leq s} \prod_{\leq s} A.$$

Lemma 2.4 (Ring Version of P-R)

Assume $\#(A + AA) \leq K\#A$, then $\#\langle A \rangle_s \leq K^{O_s(1)}\#A$.

Remark 2.5 — $\#(A + A) \leq K\#A$ and $\#(AA) \leq K\#A$ do not imply $\#(A + AA) \leq K^{O(1)}\#A$. For a counter example, we consider $A = \sqrt{-1}\mathbb{F}_p \subset \mathbb{F}_p[\sqrt{-1}]$ for some $p = 4k + 3$ and $K = 1$, then $\#(A + AA) = p^2 = p\#A$.

Proof. By R-covering, we have $AA \subset A - A + \mathbb{O}(K)$. Let $X = \mathbb{O}(K)$, note that X could be chose in AA . Because $A \subset R(A, K)$ and $1 \in R(A, K^2)$ for $\#A \geq 2$, then $AA \subset R(A, K^{O(1)})$. Then

$$AAA \subset AA - AA + \bigcup_{x \in X} xA \subset \sum_2 A - \sum_2 A + \mathbb{O}(K^2) + \bigcup_{x \in X} (A - A + \mathbb{O}(K^{O(1)})),$$

hence $AAA \subset \sum_3 A - \sum_3 A + \mathbb{O}(K^{O(1)})$. By induction, we can prove the theorem. \square

As the consequence of this lemma, we have $\langle A \rangle_s \subset R(A, K^{O_s(1)})$ if $A \subset R(A, K)$.

From now on, let E be a field, $A \subset E$ finite, $K \geq 1$.

Theorem 2.6 (Sum-Product Theorem in Fields)

Assume $\#(A + AA) \leq K\#A$, then

- (1) either $\#A \ll K^{10000}$.
- (2) or \exists finite subfield F , such that $A \subset F$ and $\#F \ll K^{10000}\#A$.

Remark 2.7 — If $E = \mathbb{R}$, then for every $A \subset \mathbb{R}$, $\#(A + AA) \geq (\#A)^{1 + \frac{1}{10000}}$.

Lemma 2.8

For any $x \in E$, if $\#(A + xA) < (\#A)^2$, then $x \in \frac{A-A}{(A-A) \setminus \{0\}}$.

Proof of Theorem 2.6. Let $F = \frac{A-A}{(A-A) \setminus \{0\}}$. Then the sets $F + F, F - F, FF, F/F$ all come from A by at most $O(1)$ times of operations. It follows that $F + F, F - F, FF, F/F \subset R(A, K^{O(1)})$. For if $K^{O(1)} < \#A$, then $R(A, K^{O(1)}) \subset F$. We can verify that F is a field.

Precisely, consider $K = (\#A)^{\frac{1}{10000}}$, the lemma shows that $R(A, K^{9999}) \subset F$. By assumption, $\#(A + AA) \leq K\#A \leq K\#(AA)$, hence $1 \in R(A, K^3)$ by P-R. By “almost” ring structure, we have $A - A \subset R(A, K^{30})$ and $((A - A) \setminus \{0\})^{-1} \subset R(A, K^{30})$, hence $F \subset R(A, K^{300})$. Furthermore, $F + F, FF \subset R(A, K^{3000}) \subset F$. Hence F is a finite field.

Now, we estimate $\#F$. There are two methods. One way is to consider a map

$$F \times (A \setminus \{0\}) \rightarrow (AA - AA) \times (AA - AA), \quad (x, a) \mapsto (au_x, bv_x),$$

where $u_x, v_x \in A - A$ are fixed elements to write $x = \frac{u_x}{v_x}$ for every x . The map is injective, hence $(\#F)(\#A - 1) \leq (\#(AA - AA))^2 \leq K^4(\#A)^2$ by P-R.

Another way is to use energy argument, see definition 3.1. Consider

$$(\#A)^4 = \sum_{x \in F} \# \{a, b, a', b' \in A : ax + b = a'x + b'\} \geq \sum_{x \in F} \frac{(\#A)^4}{\#(A + xA)} \geq \#F \frac{(\#A)^3}{K^{300}}.$$

Hence $\#F \leq K^{300}\#A$. \square

But the input condition in this Theorem is not as desired. Indeed, we want to show that if both $\#(AA)$ and $\#(A + A)$ are small, then $\#A$ is small. For interpreting this input to the case of previous theorem, we need a following lemma by Katz-Tao.

Lemma 2.9 (Katz-Tao Lemma)

Assume $\#(A + A) \leq K\#A$, $\#(AA) \leq K\#A$. Then $\exists A' \subset A$ such that

$$\#A' \gg \frac{1}{K^{O(1)}}\#A \quad \text{and} \quad \#(A'A' - A'A') \ll K^{O(1)}\#A'.$$

Proof. Consider the function $\varphi = \sum_{a \in A} \mathbb{1}_{aA}$ defined on AA . Endowing AA with the counting measure, then

$$(\#A)^4 = \|\varphi\|_1^2 \leq \|\varphi\|_2^2 \|1\|_2^2 = \#(AA) \left\| \sum_{a,b \in A} \mathbb{1}_{aA \cap bA} \right\|_1 \leq K\#A \sum_{a,b \in A} \#(aA \cap bA).$$

Therefore, $\exists b \in A$ such that $\frac{1}{\#A} \sum_{a \in A} \#(aA \cap bA) \geq \frac{\#A}{K}$. Consider

$$A' := \left\{ a \in A : \#(aA \cap bA) \geq \frac{\#A}{2K} \right\},$$

then $\#A' \geq \frac{\#A}{2K}$. Hence for every $a \in A'$, by R-triangle,

$$\#(aA + bA) \leq \frac{\#(aA + aA \cap bA) \#(bA - aA \cap bA)}{\#(aA \cap bA)} \lesssim \frac{\#(A + A) \#(A - A)}{\#A} \lesssim \#A.$$

By R-covering, $aA \subset bA - bA + \mathcal{O}(K^{O(1)})$. Then for every $a_1, a_2, a_3, a_4 \in A$,

$$(a_1a_2 - a_3a_4)A \subset b^2 \left(\sum_4 A - \sum_4 A \right) + \mathcal{O}(K^{O(1)}).$$

Let $d = a_1a_2 - a_3a_4$, then $dA \subset \bigcup_{x \in X} (b^2 (\sum_4 A - \sum_4 A) + x)$ where $\#X \lesssim 1$. Then $\exists x$ such that $\#(dA \cap (b^2 (\sum_4 A - \sum_4 A) + x)) \gtrsim \#A$. Hence

$$\# \left\{ u \in A - A : du \in b^2 \left(\sum_8 A - \sum_8 A \right) \right\} \gtrsim \#A.$$

Consider $F = b^2 \frac{\sum_8 A - \sum_8 B}{(A-A) \setminus \{0\}}$, then $\#F \leq \#(A - A) \#(\sum_8 A - \sum_8 A) \lesssim (\#A)^2$. On the other hand, $\#F \gtrsim \#A \#(A'A' - A'A')$ by the former deduction. Hence $\#(A'A' - A'A') \lesssim \#A$. \square

Corollary 2.10

If $\#(AA) \leq K\#A$, $\#(A + A) \leq K\#A$, then

- (1) either $\#A \ll K^{O(1)}$.
- (2) or \exists finite subfield F , $\exists a \in E$, such that $\#(A \cap aF) \gg \frac{\#A}{K^{O(1)}}$ and $\#F \ll K^{O(1)}\#A$.

Proof. Take such A' in lemma, we choose $a \in A' \setminus \{0\}$, let $B = a^{-1}A'$. Then $1 \in B$ and $B - BB \subset BB - BB$, hence $\#(B - BB) \leq K^{O(1)}\#B$. Then $\#(B + BB) \leq K^{O(1)}\#B$ by P-R and R-covering. Applying Theorem 2.6 to B , the corollary follows. \square

§3 More additive combinatorics

Let $(E, +)$ be an abelian group.

Definition 3.1. For $A, B \subset (E, +)$, define the **additive energy** between A, B

$$\mathcal{E}_+(A, B) := \# \{ (a, b, a', b') \in A \times B \times A \times B : a + b = a' + b' \}.$$

The trivial bound of energy is

$$\#A\#B \leq \mathcal{E}_+(A, B) \leq (\#A)^{\frac{3}{2}}(\#B)^{\frac{3}{2}}.$$

Let $r = \mathbb{1}_A * \mathbb{1}_B$, then $r(y) = \# \{ (a, b) \in A \times B : a + b = y \}$. Endowing E with the counting measure, then

$$\mathcal{E}_+(A, B) = \sum_{y \in A+B} r(y)^2 = \|\mathbb{1}_A * \mathbb{1}_B\|_2^2.$$

Note that $\|\mathbb{1}_A * \mathbb{1}_B\|_1 = \|\mathbb{1}_A\|_1 \|\mathbb{1}_B\|_1 = \#A\#B$. By Cauchy-Schwarz,

$$\mathcal{E}_+(A, B) = \|\mathbb{1}_A * \mathbb{1}_B\|_2^2 \geq \frac{\|\mathbb{1}_A * \mathbb{1}_B\|_1^2}{\# \text{supp } \mathbb{1}_A * \mathbb{1}_B} = \frac{(\#A)^2(\#B)^2}{\#(A+B)}.$$

This inequality shows that if A and B have a small sum set, then the additive energy between A, B is big.

Remark 3.2 — The converse is **not** true. See the following example.

Example 3.3

Let $A = \{0, 1, 2, \dots, N-1\} \cup \{N, 2N, \dots, N^2\}$, then $\#A = 2N$. We have $\#(A+A) \asymp N^2$ and $\mathcal{E}_+(A, A) \geq \mathcal{E}_+(\{0, \dots, N-1\}, \{0, \dots, N-1\}) \geq \frac{N^2}{2N} \gg N^3$. They both attain the trivial upper bound up to a constant.

Theorem 3.4 (Balog-Szemerédi-Gowers)

The following are equivalent, the parameter $K_i > 0$ differs from each other by at most a polynomial dependence:

(i) $\mathcal{E}_+(A, B) \geq \frac{1}{K_1}(\#A)^{\frac{3}{2}}(\#B)^{\frac{3}{2}}.$

(ii) $\exists A' \subset A, B' \subset B$ with $\#A' \geq \frac{\#A}{K_2}, \#B' \geq \frac{\#B}{K_2}$, such that

$$\#(A' + B') \leq K_2(\#A)^{\frac{1}{2}}(\#B)^{\frac{1}{2}}.$$

(iii) $\exists G \subset A \times B$ with $\#G \geq \frac{1}{K_3}\#A\#B$ such that

$$\#(A \overset{G}{+} B) \leq K_3(\#A)^{\frac{1}{2}}(\#B)^{\frac{1}{2}},$$

where $A \overset{G}{+} B := \{a + b : (a, b) \in G\}.$

Proof. (ii) \implies (i): Trivial.

(i) \implies (iii): Let $Y = \left\{ y : r(y) \geq \frac{(\#A)^{\frac{1}{2}}(\#B)^{\frac{1}{2}}}{2K_1} \right\}$, $G = \{(a, b) \in A \times B : a + b \in Y\}$, then $A \overset{G}{+} B = Y$. The bound of energy $\mathcal{E}_+(A, B) \geq \frac{1}{K_1}(\#A)^{\frac{3}{2}}(\#B)^{\frac{3}{2}}$ immediately gives that $\#G \geq \frac{1}{2K_1} \#A \#B$. Besides,

$$\#Y \frac{\#A \#B}{4K_1^2} \leq \sum_{y \in Y} r(y)^2 \leq (\#A)^{\frac{3}{2}}(\#B)^{\frac{3}{2}},$$

hence $\#Y \ll K_1^2 (\#A)^{\frac{1}{2}} (\#B)^{\frac{1}{2}}$.

For proving (iii) \implies (ii), we need some more preparations.

Theorem 3.5 (Multiplicative Balog-Szemerédi-Gowers)

For every group (H, \cdot) , $A, B \subset H$ finite sets. The following are equivalent, the parameter $K_i > 0$ differs from each other by at most a polynomial dependence:

(i) $\mathcal{E}_+(A, B) \geq \frac{1}{K_1} (\#A)^{\frac{3}{2}} (\#B)^{\frac{3}{2}}$.

(ii) $\exists A' \subset A, B' \subset B$ with $\#A' \geq \frac{\#A}{K_2}, \#B' \geq \frac{\#B}{K_2}$, such that

$$\#(A'B') \leq K_2 (\#A)^{\frac{1}{2}} (\#B)^{\frac{1}{2}}.$$

(iii) $\exists G \subset A \times B$ with $\#G \geq \frac{1}{K_3} \#A \#B$ such that

$$\#(A \overset{G}{\cdot} B) \leq K_3 (\#A)^{\frac{1}{2}} (\#B)^{\frac{1}{2}},$$

where $A \overset{G}{\cdot} B := \{ab : (a, b) \in G\}$.

Theorem 3.6 (Graph-Theoretic B-S-G)

Let A, B be finite sets, $G \subset A \times B$. Assume $\#G \geq \frac{1}{K} \#A \#B$. Then exists $A' \subset A, B' \subset B$, $\#A' \gtrsim \#A, \#B' \gtrsim \#B$. And for every $a' \in A', b' \in B'$,

$$\#\{(a, b) \in A \times B : (a', b), (a, b'), (a, b') \in G\} \gtrsim \#A \#B.$$

Proof of BSG assuming graph BSG. Let A', B' be given by graph B-S-G, for every $x \in A' \cdot B'$,

$$r_3(x) = \#\{(y_1, y_2, y_3) \in (A \overset{G}{\cdot} B)^3 : x = y_1 y_2^{-1} y_3\} \gtrsim \#A \#B.$$

Then

$$\#(A' \cdot B') \leq \frac{\#(A \overset{G}{\cdot} B)^3}{\#A \#B} \lesssim (\#A)^{\frac{1}{2}} (\#B)^{\frac{1}{2}}.$$

□

Notation 3.7. For $a \in A$, let $B(a) := \{b \in B : (a, b) \in G\}$.

Proof of graph BSG. Let $A_1 := \# \left\{ a \in A : \#B(a) \geq \frac{\#B}{2K} \right\}$, then $\#A \geq \frac{\#A}{2K}$. Then

$$\sum_{a, a' \in A_1} \#B(a) \cap B(a') = \sum_{b \in B} \left(\sum_{a \in A_1} \mathbb{1}_{B(a)}(b) \right)^2 \geq \frac{(\sum_{a \in A_1} \#B(a))^2}{\#B} \geq \frac{1}{4K^2} (\#A)^2 \#B.$$

Set $\varepsilon = \frac{1}{32K}$, let

$$U = \left\{ (a, a') \in A_1 \times A_1 : \#B(a) \cap B(a') \leq \frac{\varepsilon}{4K^2} \#B \right\}.$$

Idea: we want $A' \subset A, B' \subset B$ such that:

- (i) $\#A' \gtrsim \#A, \#B' \geq \#B$,
- (ii) $\forall a \in A', \#A_1^U(a) := \#\{a' \in A_1 : (a, a') \in U\} \leq \frac{\#A_1}{8K}$.
- (iii) $\forall b \in B', \#A_1(b) \geq \frac{\#A_1}{4K}$.

This is enough, but condition (ii) is too much. Instead, we want $A' \subset A_2 \subset A_1, B' \subset B$ such that

- (i) $\#A' \gtrsim \#A, \#B' \geq \#B$,
- (ii) $\forall a \in A', \#A_2^U(a) \leq \frac{\#A_2}{8K}$.
- (iii) $\forall b \in B', \#A_2(b) \geq \frac{\#A_2}{4K}$.

Candidate $A_2 = A_1(b)$ for some $b \in B$. Notice that

$$\begin{aligned} \sum_{b \in B} \#(A_1(b) \times A_1(b)) &= \sum_{a, a' \in A_1} \#(B(a) \cap B(a')) \geq \frac{(\#A_1)^2 \#B}{4K^2}, \\ \sum_{b \in B} \#(A_1(b) \times A_1(b) \cap U) &= \sum_{(a, a') \in U} \#(B(a) \cap B(a')) \leq \frac{\varepsilon (\#A_1)^2 \#B}{4K^2}. \end{aligned}$$

Hence $\exists b \in B$, write $A_2 = A_1(b)$ such that

$$\#(A_2 \times A_2) - \frac{1}{2\varepsilon} \#(A_2 \times A_2 \cap U) \geq \frac{(\#A_1)^2}{8K^2}.$$

Then $\#A_2 \geq \frac{\#A_1}{2\sqrt{2}K}$ and $\#(U \cap (A_2 \times A_2)) \leq 2\varepsilon (\#A_2)^2$. Let $A' = \left\{ a \in A' : \#A_2^U(a) \leq \frac{\#A_2}{8K} \right\}$, by

$$\sum_{a \in A_2} \#A_2^U(a) = \#(U \cap (A_2 \times A_2)) \leq \frac{(\#A_2)^2}{16K},$$

it shows $\#A' \gtrsim \#A$. Let $B' = \left\{ b \in B' : \#A_2(b) \geq \frac{\#A_2}{4K} \right\}$, then

$$\sum_{b \in B} \#A_2(b) = \sum_{a \in A_2 \subset A_1} \#B(a) \geq \frac{\#A_2 \#A}{2K},$$

hence $\#B' \geq \frac{\#B}{4K}$. □

§4 A product theorem

Let (G, \cdot) be a group, $A \subset G$ finite subset.

Notation 4.1. Let $\prod_k A = \underbrace{AA \cdots A}_{k \text{ times}}, A^{-1} = \{a^{-1} : a \in A\}.$

Lemma 4.2

1. If $\#(AAA) \leq K\#A$, then $\#\prod_3(A \cup \{1\} \cup A^{-1}) \ll K^3\#A$.
2. If $\#\prod_3(A \cup \{1\} \cup A^{-1}) \leq K\#A$, then for every $k \geq 3$,

$$\#\prod_k(A \cup \{1\} \cup A^{-1}) \ll K^{k-2}\#A.$$

Proof. 1. By Ruzsa-triangle,

$$\#(AAA^{-1}) \leq \frac{\#(AAA)\#(A^{-1}A^{-1})}{\#A^{-1}} \leq K^2\#A,$$

$$\#(AA^{-1}A) \leq \frac{\#(AA^{-1}A^{-1})\#(AA)}{\#A} \leq K^3\#A,$$

The result follow.

2. Assume $1 \in A = A^{-1}$, the statement follows by Ruzsa-triangle. □

Definition 4.3. A finite set $A \subset G$ is called a **K -approximate subgroup**, if

- (i) $1 \in A, A^{-1} = A$,
- (ii) $\exists X \subset G, \#X \leq K$, such that $AA \subset XA$.

Lemma 4.4 (Reformulation of lemma 4.2)

If $\#(AAA) \leq K\#A$, then $\prod_2(A \cup \{1\} \cup A^{-1})$ is an $O(K^{O(1)})$ -approximate subgroup.

Question 4.5. Does $\#(AAA) \leq K\#(AA)$ imply $\#\prod_k A \leq K^{O_k(1)}\#A$?

Theorem 4.6 (Helfgott)

$\forall \delta > 0, \exists \varepsilon > 0$, let $G = \text{SL}(2, \mathbb{F}_p)$, where p is a prime number. Let $A \subset G, \langle A \rangle = G$, then

- (1) either $\#(AAA) \geq c(\#A)^{1+\varepsilon}$,
- (2) or $\#A \geq p^{3-\delta}$.

Theorem 4.7 (Equivalent formulation of Helfgott's Theorem)

If $A \subset G = \mathrm{SL}(2, \mathbb{F}_p)$ is a K -approximate subgroup, then

- (i) either $\langle A \rangle \neq G$,
- (ii) or $\#A \lesssim 1$,
- (iii) or $\#A \gtrsim \#G$.

Exercise 4.8. Prove two statements above are equivalent.

Remark 4.9 — $\mathrm{PSL}(2, \mathbb{F}_p)$ is a simple group for $p > 5$.

Remark 4.10 — Such result does not hold for abelian group.

Lemma 4.11 (Orbit-Stabalizer Formula)

$A \curvearrowright X$, then for every $x \in X$, we have

$$\#A \leq \#(A.x) \#(\mathrm{Stab}(x) \cap A^{-1}A).$$

Remark 4.12 — If A is a subgroup, then identity holds.

Definition 4.13. $T \subset \mathrm{SL}(2, \overline{\mathbb{F}}_p)$ is called a **torus** if $T = g \begin{bmatrix} * & 0 \\ 0 & * \end{bmatrix} g^{-1}$ for some $g \in \mathrm{SL}(2, \overline{\mathbb{F}}_p)$.

Lemma 4.14 (rich torus)

Assume A is a K -approximate subgroup, then $\exists T \subset \mathrm{SL}(2, \overline{\mathbb{F}}_p)$ a torus such that

$$\#(T \cap AA) \gtrsim \# \mathrm{tr}(A) - 2,$$

where $\mathrm{tr}(A) = \{\mathrm{tr}(a) : a \in A\}$.

Proof. Consider $B \subset A$ with $\#B = \# \mathrm{tr}(A) - 2$, $\pm 2 \notin \mathrm{tr}(B)$ and $\mathrm{tr}(b), b \in B$ are pairwise distinct. Consider the conjugation, we have

$$\#B \#A \leq \sum_{b \in B} \# \{aba^{-1} : a \in A\} \#(C_G(b) \cap AA) \leq \#(AAA) \max_{b \in B} \#(C_G(b) \cap AA),$$

hence there are some $b \in B$ such that $\#(C_G(b) \cap AA) \gtrsim \#B$. □

Definition 4.15. An affine variety over $\overline{\mathbb{F}}_p$ of **complexity** $\leq M$ is $V \subset \overline{\mathbb{F}}_p^n$,

$$V = \{\underline{x} \in \overline{\mathbb{F}}_p^n : f_1(\underline{x}) = \cdots = f_s(\underline{x}) = 0\},$$

where $f_1, \dots, f_s \in \overline{\mathbb{F}}_p[x_1, x_2, \dots, x_n]$ and $s, n, \deg f_1, \dots, \deg f_s \leq M$.

Proposition 4.16 (Escape from Subvarieties)

$\forall M > 0, \exists p_0 = p_0(M)$, such that for every $p > p_0$ prime, $G = \mathrm{SL}(2, \overline{\mathbb{F}}_p)$, $V \subset G$ a proper subvariety of complexity $\leq M$. $A \subset \mathrm{SL}(2, \mathbb{F}_p)$, assume $\langle A \rangle = \mathrm{SL}(2, \mathbb{F}_p)$, then $\exists g \in \prod_m (\{1\} \cup A)$, such that $g \notin V$, where m depends only on M .

Remark 4.17 — $\mathrm{SL}(2, \mathbb{F}_p)$ is not Zariski dense in G , i.e., \exists proper subvariety V such that $\mathrm{SL}(2, \mathbb{F}_p) \subset V$, hence we need an additional condition on complexity.

Definition 4.18. An affine subvariety V is **irreducible** if V can not be written as $V = V_1 \cup V_2$ where V_1, V_2 are both subvarieties and $V_1, V_2 \neq V$.

Definition 4.19. **Krull dimension** of a subvariety V is defined as

$$\dim V := \max \{k : \exists V_1 \subsetneq V_2 \subsetneq \cdots \subsetneq V_k \subset V, V_1, \dots, V_k \text{ irreducible}\}.$$

Proof. $G = \{(x_{11}, x_{12}, x_{21}, x_{22}) \in \overline{\mathbb{F}}_p^4 : x_{11}x_{22} - x_{12}x_{21} = 1\}$ is of complexity 4. Let

$$\overline{\mathbb{F}}_p[G] := \overline{\mathbb{F}}_p[x_{11}, \dots, x_{22}] / (\det \begin{bmatrix} x_{11} & x_{12} \\ x_{21} & x_{22} \end{bmatrix} - 1).$$

For every $V \subset G$ subvariety, with complexity $\leq M$, let

$$I_V := \{f \in \overline{\mathbb{F}}_p[G] : \forall x \in V, f(x) = 0\},$$

which is an ideal. There exists $d = d(M)$ such that $I = (I_V \cap \overline{\mathbb{F}}_p[G]_{\deg \leq d}) = I_V$. Consider $G \curvearrowright \overline{\mathbb{F}}_p[G]$ given by $(g.f)(\cdot) = f(g^{-1} \cdot)$, hence $G \curvearrowright \overline{\mathbb{F}}_p[G]_{\deg \leq d}$. Let $m = \dim \overline{\mathbb{F}}_p[G]_{\deg \leq d}$. Assume for a contradiction, $\prod_m (A \cup \{1\}) \subset V$. Take $g_1, \dots, g_s \in \prod_m (A \cup \{1\})$ such that

$$J = I + g_1^{-1}I + \cdots + g_s^{-1}I$$

is $\langle A \rangle$ -invariant. Let $H = \{g \in G : g.J = J\}$, then

1. H is a subgroup, $A \subset H$.
2. $H \subset V$. Indeed, $\forall h \in H, f \in I, h^{-1}.f \in J$. Hence $\exists f_0, f_1, \dots, f_s \in I$, such that

$$h^{-1}f = f_0 + g_1^{-1}f_1 + \cdots + g_s^{-1}f_s.$$

Take $x = 1_G$, we have $h \in V$.

3. Complexity of H is $O_M(1)$.

By a Schwarz-Zippel (Lang-Weil) theorem, we have

$$\#(H \cap \mathrm{SL}(2, \mathbb{F}_p)) \ll_M p^{\dim H} \ll_M p^{\dim V}.$$

But $\# \langle A \rangle \asymp p^3$, if V is proper, then $\dim V < \dim G = 3$. A contradiction. \square

Proof of Theorem 4.7. We separate the proof into following four steps.

- I. $\exists T \subset G$ torus such that $\#(T \cap AA) \gtrsim \# \mathrm{tr}(A) - 2$.
- II. There exists some integers of $O(1)$ such that $\# \mathrm{tr}(\prod_{O(1)} A) \gg (\#A)^{\frac{1}{3}}$.
- III. T torus, finite $V \subset T$, then $\exists g \in \prod_{O(1)} A$ such that one of the following holds:

- (1) $\#VVV \geq K' \#V$.
- (2) $\# \operatorname{tr}(\prod_{20} Vg \prod_{20} Vg^{-1}) \geq K' \#V$.
- (3) $\#V \lesssim 1$.
- (4) $\#V \gtrsim p$.

IV. T torus, finite $V \subset T$, then $\exists g \in \prod_{O(1)} A$ such that $\#(VgVg^{-1}V) \gg (\#V)^3$.

After those four steps, we can prove the theorem. Applying II, we have $\# \operatorname{tr} \prod_{O(1)} A \gg (\#A)^{\frac{1}{3}}$. By I, there is T torus, let $V = T \cap \prod_{O(1)} A$, such that $\#V \gtrsim (\#A)^{\frac{1}{3}}$. For every $g \in \prod_{O(1)} A$, we have $\# \operatorname{tr}(\prod_{O(1)} A) \geq \# \operatorname{tr}(\prod_{20} Vg \prod_{20} Vg^{-1})$. By I, there is some $V' = T' \cap \prod_{O(1)} A$ such that

$$\#V' \gtrsim \max \left\{ \# \operatorname{tr}(\prod_{20} Vg \prod_{20} Vg^{-1}), \#VVV \right\}.$$

By IV, there exists $h \in \prod_{O(1)} A$, such that

$$\#A \gtrsim \# \prod_{O(1)} A \gg \#(V'hV'h^{-1}V') \gg (\#V')^3.$$

Hence, $\max \left\{ \# \operatorname{tr}(\prod_{20} Vg \prod_{20} Vg^{-1}), \#VVV \right\} \lesssim (\#A)^{\frac{1}{3}}$. By III, take a suitable $K' = O(K^{O(1)})$, then there exists $g \in \prod_{O(1)} A$ such that $\#V \lesssim 1$ or $\#V \gtrsim p$. Which shows that $\#A \lesssim 1$ or $\#A \gtrsim p^3$. \square

Proof of II. For every $g, h \in G$, consider

$$\Phi_{g,h} : G \rightarrow (\overline{F}_p)^3, \quad x \mapsto (\operatorname{tr}(x), \operatorname{tr}(gx), \operatorname{tr}(hx)).$$

Then

$$\begin{aligned} & \{(g, h) \in G \times G : \Phi_{g,h} \text{ has fiber of positive dimension}\} \\ &= \{(g, h) \in G \times G : \Phi_{g,h} \text{ has fiber of } \# > 2\} \end{aligned}$$

is a proper subvariety of $G \times G$ of complexity $O(1)$. By “escape”(4.16), there exists $g, h \in \prod_{O(1)}(A \cup \{1\})$ such that each fiber of $\Phi_{g,h}$ has $\# \leq 2$, hence $\#A \ll (\# \operatorname{tr}(\prod_{O(1)} A))^3$. \square

Proof of IV. For every $g \in G$, consider

$$\phi_g : T^3 \rightarrow G, \quad (x, y, z) \mapsto xgyg^{-1}z.$$

Then

$$\{g \in G : \phi_g \text{ has fiber of positive dimension}\}$$

is a proper subvariety of G of complexity $O(1)$. By “escape”(4.16), there exists $g \in \prod_{O(1)}(A \cup \{1\})$ such that each fiber of ϕ_g is of 0-dimensional. Because the complexity is of $O(1)$, hence each fiber of ϕ_g is of $\# \leq O(1)$. Therefore, $\#\phi_g(V^3) \gg (\#V)^3$. \square

Proof of III. Assume $V \subset T = \left\{ \begin{bmatrix} * & 0 \\ 0 & * \end{bmatrix} \right\}$, $g = \begin{bmatrix} a & b \\ c & d \end{bmatrix}$, then

$$\operatorname{tr} \left(\begin{bmatrix} x & 0 \\ 0 & x^{-1} \end{bmatrix} \begin{bmatrix} a & b \\ c & d \end{bmatrix} \begin{bmatrix} y & 0 \\ 0 & y^{-1} \end{bmatrix} \begin{bmatrix} a & b \\ c & d \end{bmatrix}^{-1} \right) = ad \cdot w(xy) - bc \cdot w(xy^{-1}),$$

where $w(x) = x + x^{-1}$. Then the statement is equivalent to the following proposition.

Proposition 4.20

$\widehat{V} \subset \overline{\mathbb{F}}_p^\times$, $a_1, a_2 \in \overline{\mathbb{F}}_p^\times$, assume \widehat{V} is a K -approximate subgroup of $\overline{\mathbb{F}}_p$ and

$$\left\{ a_1 w(xy) + a_2 w(xy^{-1}) : x, y \in \prod_{20} \widehat{V} \right\} \leq K \# \widehat{V},$$

then either $\# \widehat{V} \lesssim 1$ or $\# \widehat{V} \gtrsim p$.

Proof. We just prove a special case of $a_1 = a_2 = 1$. Let $E = \{(w(xy), w(xy^{-1})) : x, y \in \widehat{V}\}$, by assumption, $\#(w(\prod_2 \widehat{V}) + w(\prod_2 \widehat{V})) \lesssim \# \widehat{V}$. At the same time, $\#E \gg (\# \widehat{V})^2$, hence by B-S-G(3.4) and P-R, there exists $V' \subset \prod_2 \widehat{V}$, $\#V' \gtrsim \# \widehat{V}$ such that

$$\#(w(V') + w(V')) \lesssim \# \widehat{V}.$$

Notice that $w(x)w(y) = w(xy) + w(xy^{-1})$, then $w(V')w(V') \leq K \# \widehat{V}$. By sum-product, either $\#w(V') \lesssim 1$ or $\#w(V') \gtrsim p$. \square

Exercise 4.21. Prove the general cases.

Remark 4.22 — Another view of this proposition is given by Eleke-Ronyai problem. Which shows that there exists $\varepsilon > 0$, such that for every $f \in \mathbb{R}[x, y]$ or $f \in \mathbb{R}(x, y)$, then

- (1) either $\forall A \subset \mathbb{R}$ finite, $\#A = N$, we have $\#f(A \times A) \gg N^{1+\varepsilon}$,
- (2) or $\exists g, h, \phi : \mathbb{R} \rightarrow \mathbb{R}$ analytic such that $f(x, y) = \phi(g(x) + h(y))$.

§5 Expansion in $\mathrm{SL}(2, \mathbb{F}_p)$

Let $S \subset \mathrm{SL}(2, \mathbb{Z})$ be a finite subset, $S = S^{-1}$. Let $G_p = \mathrm{SL}(2, \mathbb{F}_p) = \mathrm{SL}(2, \mathbb{Z}) / \ker \pi_p$, where

$$\pi_p : \mathrm{SL}(2, \mathbb{Z}) \rightarrow \mathrm{SL}(2, \mathbb{F}_p)$$

is the projection by mod p . Let $\Gamma = \mathrm{SL}(2, \mathbb{Z})$, then there is a natural action $\Gamma \curvearrowright G_p$. Consider **Koopman representation** $\Gamma \curvearrowright L^2(G_p)$ given by

$$\gamma \mapsto T_p(\gamma) \in U(L^2(G_p)), \quad T_p(\gamma)f(\cdot) = f(\gamma^{-1} \cdot).$$

Let $\chi_S = \frac{1}{\#S} \mathbb{1}_S$, define

$$T_p(\chi_S)f(\cdot) = \frac{1}{\#S} \sum_{\gamma \in S} f(\gamma^{-1} \cdot) = \chi_S * f,$$

then $T_p(\chi_S) \in \mathrm{End}(L^2(G_p))$. [Regard $L^2(G_p)$ as the family of density functions.]

Remark 5.1 — If $S = S^{-1}$, then $T_p(\chi_S)$ is self-adjoint.

Consider the spectrum of $T_p(\chi_S)$. Note that $\|T_p(\chi_S)\| \leq 1$ and $1 \in \mathrm{Spec}(T_p(\chi_S))$. Let

$$L_0^2(G_p) := \mathbb{1}_G^\perp = \left\{ f \in L^2(G_p) : \int f = 0 \right\},$$

then $T_{p,0}(\chi_S) : L_0^2(G_p) \rightarrow L_0^2(G_p)$.

Theorem 5.2 (Uniform Expansion in $\mathrm{SL}(2, \mathbb{F}_p)$, Bourgain-Gamburd)

Assume $\langle S \rangle \subset \mathrm{SL}(2, \mathbb{Z})$ is not virtually solvable, then $\{T_{p,0}(\chi_S)\}_p$ has a **uniform spectral gap**, i.e., there exists $c > 0$, such that for every p prime,

$$\mathrm{Spec}(T_{p,0}(\chi_S)) \cap [1 - c, 1] = \emptyset.$$

Exercise 5.3. Prove that the conclusion is equivalent to $\exists \varepsilon > 0$, such that $\forall p$ prime, for every $f \in L_0^2(G_p)$, there exists $s \in S$,

$$\|f - T_p(s)f\| \geq \varepsilon \|f\|.$$

(We say $\bigoplus_p L_0^2(G_p)$ has no almost invariant vector).

Remark 5.4 — As a consequence of the exercise, let $S' \subset \langle S \rangle$ be a finite symmetric set, if $\{T_p(\chi_{S'})\}_p$ has a uniform spectral gap, then $\{T_p(\chi_S)\}_p$ has a uniform spectral gap.

Proposition 5.5 (Tits Alternative for $\mathrm{SL}(2, \mathbb{Z})$)

$\Gamma' \subset \mathrm{SL}(2, \mathbb{Z})$ subgroup, then

- (1) either Γ' contains non-abelian free subgroup,
- (2) or Γ' is virtually solvable.

Proof. Consider $\Gamma(3) = \ker \pi_3 = \{g \in \mathrm{SL}(2, \mathbb{Z}) : g \equiv 1 \pmod{3}\}$, then $[\Gamma : \Gamma(3)] < \infty$. Note that $\Gamma(3) = \pi_1(\mathbb{H}/\Gamma(3))$ which is a free group. By Nielsen-Schreier's argument, $\Gamma' \cap \Gamma(3) \subset \Gamma(3)$ is of finite index and hence is also a free group. Then, $\Gamma' \cap \Gamma(3) = 1, \mathbb{Z}$, or a non-abelian free group. \square

Remark 5.6 — Finite index subgroup of finite generated group is also finite generated.

Remark 5.7 — This proposition allows us to reduce the statement of Theorem 5.2 to the case that S freely generates a non-abelian free group.

Theorem 5.8 (B-S-G weighted version)

Let μ, ν be two probability measures on G , $K \geq 2$, if

$$\|\mu * \nu\| \geq K^{-1} \|\mu\|^{\frac{1}{2}} \|\nu\|^{\frac{1}{2}},$$

then there exists an $O(K^{O(1)})$ -approximate subgroup H , $a, b \in G$, such that

$$\#H \sim \|\mu\|^{-2} \sim \|\nu\|^{-2}, \quad \mu(aH) \gtrsim 1, \nu(aH) \gtrsim 1.$$

Remark 5.9 — If $\mu = \frac{1}{\#A} \mathbb{1}_A$, then $\|\mu\|^2 = \frac{1}{\#A}$. This shows that the exponent -2 is reasonable.

Remark 5.10 — $\|\mu\|^2 \leq \|\mu\|_\infty \|\mu\|_1 \leq 1$, and $\|\mu\| = 1$ iff μ is Dirac. $\|\mu\|^2 \geq \frac{1}{\#G}$, the equality holds iff $\mu = \chi_G$.

Remark 5.11 — $\|\mu * \nu\| \leq \|\mu\|_1 \|\nu\| = \|\nu\|$, hence if $\|\mu\|^{\frac{1}{2}} \|\nu\|^{\frac{1}{2}} \lesssim \|\mu * \nu\|$, then $\|\mu\| \lesssim \|\nu\|$. Therefore, $\|\mu\| \sim \|\nu\|$.

Proof. Let $m = \frac{1}{16K^4}$, $M = 4K^4$, let

$$A_0 = \{x \in G : m \|\mu\|^2 \leq \mu(x) \leq M \|\mu\|^2\},$$

$$A_- = \{x \in G : \mu(x) < m \|\mu\|^2\}, \quad A_+ = \{x \in G : \mu(x) > M \|\mu\|^2\}.$$

Consider $\mu_0 = \mu \mathbb{1}_{A_0}$, $\mu_- = \mu \mathbb{1}_{A_-}$, $\mu_+ = \mu \mathbb{1}_{A_+}$, then $\mu = \mu_0 + \mu_- + \mu_+$. Similarly, write $\nu = \nu_0 + \nu_- + \nu_+$. We have

$$\|\mu_- * \nu\| \leq \|\mu_-\| \leq m \|\mu\| \leq mK \|\mu\|^{\frac{1}{2}} \|\nu\|^{\frac{1}{2}},$$

$$\|\mu_+ * \nu\| \leq \|\mu_+\|_1 \|\nu\| \leq \frac{1}{M} \|\nu\| = \frac{K}{M} \|\mu\|^{\frac{1}{2}} \|\nu\|^{\frac{1}{2}}.$$

Hence

$$\|\mu_0 * \nu_0\| \geq \frac{1}{2K} \|\mu\|^{\frac{1}{2}} \|\nu\|^{\frac{1}{2}}.$$

On the other hand,

$$\mu_0 * \nu_0 \sim \|\mu\|^2 \|\nu\|^2 \mathbb{1}_{A_0} * \mathbb{1}_{B_0}, \quad \text{pointwise.}$$

Notice that $\#A_0 \sim \|\mu\|^{-2}$, recall the additive energy, it shows that

$$\mathcal{E}_+(A_0, B_0) = \|\mathbb{1}_{A_0} * \mathbb{1}_{B_0}\|^2 \gtrsim \|\mu\|^{-3} \|\nu\|^{-3} \gtrsim (\#A_0)^{\frac{3}{2}} (\#B_0)^{\frac{3}{2}}.$$

By B-S-G, $\exists A \subset A_0, B \subset B_0$, $\#A \gtrsim \#A_0$, $\#B \gtrsim \#B_0$ such that $\#(AB) \lesssim (\#A_0)^{\frac{1}{2}} (\#B_0)^{\frac{1}{2}}$. We have $\mu(A) = \mu_0(A) \gtrsim 1$, $\nu(B) \gtrsim 1$, it suffices to show the following lemma.

Lemma 5.12

Assume $\#AB \leq K(\#A)^{\frac{1}{2}}(\#B)^{\frac{1}{2}}$, then there exists $K^{O(1)}$ -approximate subgroup H , $\exists a, b \in G$ such that

$$\#(A \cap aH) \gtrsim \#A, \quad \#(B \cap Hb) \gtrsim \#B.$$

Exercise 5.13. Assume $\#A \cdot A^{-1} \leq K\#A$. Then $\exists S \subset G$ symmetric such that

$$\#S \geq \frac{\#A}{2K} \quad \text{and} \quad \# \left(A \left(\prod_n S \right) A^{-1} \right) \leq 2^n K^{2n+1} \#A, \quad \forall n \geq 0.$$

Show this statement by the following steps.

- I. $\mathcal{E}(A, A^{-1}) = \mathcal{E}(A^{-1}, A)$.
- II. Let $S = \{x \in G : r_{A^{-1} \cdot A}(x) \geq \frac{1}{2K} \#A\}$, show that $\#S \geq \frac{1}{2K} \#A$.
- III. $\forall a, b \in A, \forall x_1, \dots, x_n \in S$, bounded from below the number of ways to write $ax_1x_2 \dots x_nb^{-1}$ as $y_1y_2 \dots y_{n+1}$, where $y_j \in AA^{-1}$.
- IV. Conclude.

Proof of Lemma assuming Exercise. By R-triangle, we have $\#AA^{-1} \lesssim \#A$. Take S as in the exercise, let $H = SS$. Then $\#(SSS) \lesssim \#A \lesssim \#S$, hence H is a $O(K^{O(1)})$ -approximate subgroup. Besides $\#(AH) \lesssim \#H$, by R-covering, there holds $A \subset XHH \subset X'H$, where $\#X \lesssim 1, \#X' \lesssim 1$. Then there is some $x \in X'$ such that $\#(A \cap xH) \gtrsim \#A$. \square

Proposition 5.14 (Bourgain-Gamburd expansion machine)

Γ group, $S \subset \Gamma$ finite, $S = S^{-1}$. Assume G is a finite quotient of Γ and $\pi : \Gamma \rightarrow G$ is the natural projection. Let $\chi_S = \frac{1}{\#S} \mathbb{1}_S$ and $\mu = \pi_* \chi_S$. Assume that

- (quasi-randomness) minimal degree of non-trivial irreducible linear representation of G over \mathbb{C} is at least $(\#G)^\kappa$.
- (non-concentration in approximate subgroup)
 $\exists n_0 \leq C \log \#G$, such that $\forall K$ -approximate subgroup $H \subset G$,

$$\text{either } \#H \geq \frac{1}{CK^C} \#G, \quad \text{or } \mu^{*2n_0}(H) \leq CK^C (\#G)^{-\kappa}.$$

Then $\text{Spec}(T_0(\chi_S)) \cap [1 - c, 1] = \emptyset$ for some $c = c(\kappa, C) > 0$.

Lemma 5.15 (L^2 -flattening)

Same assumption as above, $\forall \delta > 0, \exists \varepsilon = \varepsilon(\delta, \kappa) > 0$, let $\nu = \mu^{*n}$ where $n \geq n_0$. Assume $\|\nu\|^2 \geq (\#G)^{-1+\delta}$, then $\|\nu * \nu\| \leq (\#G)^{-\varepsilon} \|\nu\|$.

Proof. Assume for a contradiction. Let $K = (\#G)^\varepsilon$, by B-S-G, there exists $H \subset G$ an $O(K^{O(1)})$ -approximate subgroup such that $\#H \sim \|\nu\|^{-2} \leq (\#G)^{1-\delta}$ and $\nu(aH) \gtrsim 1$ for some $a \in G$. For every $x \in G$, we have

$$\mu^{*n_0}(xH)^2 = \mu^{*n_0}(Hx^{-1})\mu^{*n_0}(xH) \leq \mu^{*2n_0}(HH).$$

Because HH is also an $O(K^{O(1)})$ -approximate subgroup, by the assumption, at least one of the followings holds:

- (1) $(\#G)^{1-\delta} \gtrsim \#(HH) \gtrsim \#G$.
- (2) $\mu^{*2n_0}(HH) \lesssim (\#G)^{-\kappa}$, then $1 \lesssim \nu(aH) \lesssim (\#G)^{-\frac{\kappa}{2}}$.

Take $\varepsilon = \varepsilon(\delta, \kappa)$ sufficiently small, both cases lead to a contradiction. \square

Proof of Proposition 5.14. Consequently, $\exists C_0 = C_0(\delta, \kappa)$ such that $\|\mu^{*C_0 n_0}\| \leq (\#G)^{-1+\delta}$. Let $n_1 = C_0 n_0$, let λ be an eigenvalue of $T_0(\chi_S)$, let m_λ be the multiplicity of λ . Consider $L^2(G)$ as the regular representation of G , then

$$L^2(G) = \bigoplus_{\rho \in \widehat{G}} (\deg \rho) \rho.$$

Because $T(\chi_S) \in \mathbb{C}[\widehat{G}]$, hence it preserves each ρ , then $m_\lambda \geq \deg \rho \geq (\#G)^\kappa$.

On the other hand,

$$\mathrm{tr}(T(\chi_S)^{2n_1}) = \sum_{g \in G} \langle T(\chi_S)^{2n_1} \delta_g, \delta_g \rangle = \sum_{g \in G} \|T(\chi_S)^{n_1} \delta_g\|^2 = \#G \|\mu^{*n_1}\|^2 \leq (\#G)^\delta.$$

Hence $m_\lambda \lambda^{2n_1} \leq (\#G)^\delta$, take $\delta = \frac{\kappa}{2}$, then $\lambda^{2n_1} \leq (\#G)^{-\frac{\kappa}{2}}$. Therefore,

$$\log \lambda \leq -\frac{\kappa \log(\#G)}{4 C_0 n_0} \leq -\frac{\kappa}{4 C C_0} \implies \lambda \leq 1 - c.$$

\square

Quasi-randomness

Remark 5.16 — Gowers showed that if finite group G is κ -quasi-randomness, then Cayley graph of G for some generator sets is a quasi-random graph.

Theorem 5.17 (Frobenius)

Let $G = \mathrm{SL}(2, \mathbb{F}_p)$, let ρ be a non-trivial irreducible linear representation of G , then $\deg \rho \geq \frac{p-1}{2}$.

Proof. Let (ρ, \mathcal{H}) be a non-trivial linear representation of G . Consider $U = \left\{ \begin{bmatrix} 1 & * \\ & 1 \end{bmatrix} \right\} \subset G$, then $U \cong \mathbb{F}_p$ is abelian. For $a \in \mathbb{F}_p$, let $\chi_a : \mathbb{F}_p \rightarrow \mathbb{C}, x \mapsto e(\frac{xa}{p})$. Then we have a decomposition

$$\mathcal{H} = \sum_{a \in \mathbb{F}_p} \mathcal{H}_a, \quad \mathcal{H}_a = \{ \xi \in \mathcal{H} : \forall u \in U : \rho(u)\xi = \chi_a(u)\xi \}.$$

For $a_t = \begin{bmatrix} t & \\ & t^{-1} \end{bmatrix}, u \in U$, we have $a_t^{-1} u a_t = u^{-t^2}$. Then $\forall \xi \in \mathcal{H}_a, u \in U$,

$$\rho(u)\rho(a_t)\xi = \rho(a_t)\rho(a_t^{-1} u a_t)\xi = \rho(a_t)\chi_a(u)^{t^{-2}}\xi = \chi_{t^{-2}a}\rho(a_t)\xi.$$

Given $a \in \mathbb{F}_p$, the orbit $\{t^{-2}a : t \in \mathbb{F}_p^\times\}$ is either $\{0\}$ or have $\frac{p-1}{2}$ elements. Then $\dim \mathcal{H} \geq \frac{p-1}{2}$, otherwise $\mathcal{H} = \mathcal{H}_0$. In the second case, $U \in \ker \rho$, but $\ker \rho$ is a normal subgroup of G , hence ρ is trivial. \square

Non-concentration in approximate subgroup

Proposition 5.18

Let $S \subset \mathrm{SL}(2, \mathbb{Z})$ be a finite set, $S = S^{-1}$, freely generates a non-abelian free group. Then $\exists \kappa > 0, \exists C > 0$, such that for every prime p , there is some $n_0 \leq C \log p$, such that for every K -approximate subgroup $H \subset G_p$,

$$\text{either } \#H \gtrsim \#G_p \asymp p^3, \quad \text{or } \mu^{*2n_0}(H) \leq p^{-\kappa}.$$

Lemma 5.19 (Kesten)

Assume $\#S = 2k$, then $\exists c > 0$,

$$\max_{g \in \mathrm{SL}(2, \mathbb{Z})} \chi_S^{*2n}(g) = \chi_S^{*2n}(1) \leq \left(\frac{\sqrt{2k-1}}{k} \right)^n \leq e^{-cn}.$$

Exercise 5.20. Find a recursive relation and use generating function to prove the lemma.

Remark 5.21 — Let $B_n := \prod_n(\{1\} \cup S)$ be the ball of word metric. Then there is some $c > 0$, such that for every prime p and every $n \leq c \log p$, $\pi_p : B_n \mapsto G_p$ is injective. This is because the norms of elements in B_n are with at most exponential growth.

Proof of Proposition 5.18. Let H be a K -approximate subgroup of G_p , by Helfgott's Theorem (4.7), there are three cases:

- (1) $\#H \lesssim 1$, then $\mu^{*n}(H) \leq e^{-cn} \#H \lesssim e^{-cn}$.
- (2) $\#H \gtrsim \#G_p$.
- (3) $\langle H \rangle \neq G_p$, we need a more technical theorem to deal with this case.

Theorem 5.22 (Dickson)

Let prime $p \geq 5$, assume $H \subset G_p$ and $\langle H \rangle \neq G_p$, then $\langle H \rangle$ is one of the followings:

- (1) dihedral group $D_{2\frac{p\pm 1}{2}}$ or its subgroup.
- (2) Borel subgroup $\left\{ \begin{bmatrix} * & * \\ & * \end{bmatrix} \right\} \subset G_p$.
- (3) A_4, A_5, S_4 .

Remark 5.23 — The third case in this theorem is similar with the case $\#H \lesssim 1$. For other two cases, we should notice that $\langle H \rangle$ is always a meta-abelian group, i.e.,

$$[[\langle H \rangle, \langle H \rangle], [\langle H \rangle, \langle H \rangle]] = \{1\}.$$

Continued Proof of Proposition 5.18. Take $n = \frac{c}{16} \log p$, we have

$$\mu^{*n}(H) \leq e^{-cn} \#(B_n \cap \pi_p^{-1}(H)).$$

Let $X = B_n \cap \pi_p^{-1}(H)$, we claim that $\#X \ll n^2$. Note that $[[X, X], [X, X]] \subset B_{16n}$, hence π_p is injective on it, which shows $[[X, X], [X, X]] = \{1\}$.

Let $z \in [X, X] \setminus \{1\}$, we have $[X, X] \in C(z)$. But S freely generates a non-abelian free group, we can show that

$$\#[X, X] \leq \#(C(z) \cap B_{4n}) \ll n.$$

Then there is $y \in X, b \in [X, X]$ such that

$$\#\{x \in X : [x, y] = b\} \gg \frac{\#X}{n}.$$

Take some x , then

$$\frac{\#X}{n} \ll \#(B_n \cap xC(y)) \ll n \implies \#X \ll n^2.$$

□

Combining above discussions, given $S \in \mathrm{SL}(2, \mathbb{Z})$, we can show that $(G_p, (\pi_p)_* \chi_S)$ satisfies the quasi-randomness condition and the non-concentration condition with parameters C, κ independent with p . By B-G expansion machine (5.14), $T_{p,0}(\chi_S)$ has a uniform spectral gap. This concludes the uniform expansion in $\mathrm{SL}(2, \mathbb{F}_p)$ (5.2). □

§6 Discretized sum-product theorems

The discretized settings: $A \subset \mathbb{R}$ bounded, $\delta > 0$.

Definition 6.1. The δ -covering number (metric entropy) of A is defined as

$$\mathcal{N}_\delta(A) := \min \left\{ k \in \mathbb{N} : \exists x_1, x_2, \dots, x_k, A \subset \bigcup_{i=1}^k B(x_i, \delta) \right\}.$$

Notation 6.2. $|A|$ denotes the Lebesgue measure of A . $A^{(\delta)} = A + B(0, \delta)$ be the δ -neighborhood of A .

Definition 6.3. A is called δ -separate if $\forall a \neq a' \in A, d(a, a') > \delta$.

We can also consider

$$\frac{|A^{(\delta)}|}{|B(0, \delta)|}, \quad \#\tilde{A} \text{ where } \tilde{A} \text{ is a maximal } \delta\text{-separated subset,}$$

$$\#\{k \in \mathbb{Z} : k\delta \in A^{(\delta)}\}, \quad \#\{k \in \mathbb{Z} : [k\delta, (k+1)\delta] \cap A = \emptyset\}.$$

Exercise 6.4. Show that all the quantities are big O of each other.

Remark 6.5 — How to understand $\mathcal{N}_\delta(A)$? We will always view δ as the size of a pixel or the resolution. Then think of $\mathcal{N}_\delta(A)$ as the number of pixels A needed at this resolution.

Some similar results hold:

1. (Ruzsa triangle) $\mathcal{N}_\delta(A - C)\mathcal{N}_\delta(B) \ll \mathcal{N}_\delta(A - B)\mathcal{N}_\delta(B - C)$.

2. (Ruzsa covering) If $\mathcal{N}_\delta(A + B) \leq K\mathcal{N}_\delta(A)$, then $B \subset A - A + \mathbb{O}(K) + B(0, \delta)$.
3. (Plünnecke-Ruzsa) If $\mathcal{N}_\delta(A + B) \leq K\mathcal{N}_\delta(A)$, then

$$\mathcal{N}_\delta \left(\sum_k B - \sum_l B \right) \ll_{k,l} K^{k+l} \mathcal{N}_\delta(A), \quad \forall k, l \in \mathbb{N}.$$

Definition 6.6. Let $\varphi : A \rightarrow \mathbb{R}$, the φ -energy of A at scale δ is

$$\mathcal{E}_\delta(\varphi, A) = \mathcal{N}_\delta \left((a, a') \in A \times A : |\varphi(a) - \varphi(a')| \leq \delta \right).$$

Remark 6.7 — We fix a norm on \mathbb{R}^2 to talk about $\mathcal{N}_\delta(B)$ with $B \subset \mathbb{R}^2$.

In particular, the additive energy between $A, B \subset \mathbb{R}$ at scale δ is

$$\mathcal{E}_\delta(+, A \times B), \quad \text{where } + : \mathbb{R} \times \mathbb{R} \rightarrow \mathbb{R}.$$

Theorem 6.8 (B-S-G)

The following are equivalent, the parameter $K_i > 0$ differs from each other by at most a polynomial dependence:

- (i) $\mathcal{E}_\delta(+, A \times B) \geq \frac{1}{K_1} \mathcal{N}_\delta(A)^{\frac{3}{2}} \mathcal{N}_\delta(B)^{\frac{3}{2}}$.
- (ii) $\exists G \subset A \times B$ such that

$$\mathcal{N}_\delta(G) \geq \frac{1}{K_2} \mathcal{N}_\delta(A) \mathcal{N}_\delta(B) \quad \text{and} \quad \mathcal{N}_\delta(A + B) \leq K_2 \mathcal{N}_\delta(A)^{\frac{1}{2}} \mathcal{N}_\delta(B)^{\frac{1}{2}}.$$

- (iii) $\exists A' \subset A, B' \subset B$ such that $\mathcal{N}_\delta(A') \geq \frac{1}{K_3} \mathcal{N}_\delta(A), \mathcal{N}_\delta(B') \geq \frac{1}{K_3} \mathcal{N}_\delta(B)$ and

$$\mathcal{N}_\delta(A' + B') \leq K_3 \mathcal{N}_\delta(A)^{\frac{1}{2}} \mathcal{N}_\delta(B)^{\frac{1}{2}}.$$

Lemma 6.9

$\varphi : A \rightarrow \mathbb{R}$, then

$$\mathcal{E}_\delta(\varphi, A) \mathcal{N}_\delta(\varphi(A)) \gg \mathcal{N}_\delta(A)^2.$$

Sum-product estimate

Definition 6.10. Define $R_\delta(A, K) = \{x \in \mathbb{R} : \mathcal{N}_\delta(A + xA) \leq K\mathcal{N}_\delta(A)\}$.

Assume $A \subset B(0, 1) \subset \mathbb{R}$, let $K, L \geq 1$, there are some properties:

1. $R_\delta(A, K)^{(K^\delta)} \subset R_\delta(A, O(K^2))$.
2. $\forall s \geq 1, \langle R_\delta(A, K) \rangle_s \subset R_\delta(A, O_s(K^{O_s(1)}))$.
3. If $x \in R_\delta(A, K) \setminus B(0, L^{-1})$, then $x^{-1} \in R_\delta(A, KL)$.
4. If $\mathcal{N}_\delta(A + A) \leq K\mathcal{N}_\delta(A)$ and $\mathcal{N}_\delta(A + AA) \leq K\mathcal{N}_\delta(A)$, then

$$\mathcal{N}_\delta(\langle A \rangle_s) \ll_s K^{O_s(1)} \mathcal{N}_\delta(A), \quad \forall s \geq 1.$$

Remark 6.11 — $\mathcal{N}_\delta(AA)$ can be **smaller** than $\mathcal{N}_\delta(A)$. For example, let $A = B(0, \delta^{\frac{1}{2}})$, then $\mathcal{N}_\delta(A) \approx \delta^{-\frac{1}{2}}$ and $\mathcal{N}_\delta(AA) = 1$. That is, at scale δ , some points are somehow nilpotent.

Definition 6.12. The **Minkowski lower/upper dimension** are defined as

$$\underline{d}_M(A) = \liminf_{\delta \rightarrow 0^+} -\frac{\log \mathcal{N}_\delta(A)}{\log \delta}, \quad \bar{d}_M(A) = \limsup_{\delta \rightarrow 0^+} -\frac{\log \mathcal{N}_\delta(A)}{\log \delta}.$$

Theorem 6.13 (Bourgain Sum-Product Theorem)

$\forall \sigma \in (0, 1), \exists \varepsilon = \varepsilon(\sigma) > 0$ such that for every $A \subset B(0, 1) \subset \mathbb{R}$, $\delta > 0$ sufficiently small, assume that

- $\mathcal{N}_\delta(A) \leq \delta^{-\sigma-\varepsilon}$.
- (Frostman type non-concentration)

$$\forall \rho \geq \delta, \quad \max_{x \in \mathbb{R}} \mathcal{N}_\delta(A \cap B(x, \rho)) \leq \delta^{-\varepsilon} \rho^\sigma \mathcal{N}_\delta(A).$$

Then $\mathcal{N}_\delta(A + AA) \geq \delta^{-\varepsilon} \mathcal{N}_\delta(A)$.

Remark 6.14 — The conclusion does not hold without the non-concentration condition, for example, $A = B(0, \delta^{\frac{1}{2}})$.

Remark 6.15 — By a variant of Katz-Tao lemma (2.9), the conclusion can be replaced by $\max \{\mathcal{N}_\delta(A + A), \mathcal{N}_\delta(AA)\} \geq \delta^{-\varepsilon} \mathcal{N}_\delta(A)$.

Let us first explain the idea of proof. It is similar with the proof of sum-product theorem in a discrete case. Assume that $A + AA$ has no essential increasing. We construct the set $F = (A - A)/(A - A)$ and we can show that F is also not essential larger than A . Besides, F is similar with a field. In a discretized setting, we expect to show that $F^{(\delta)} = [0, 1]$. Otherwise, for every $x \in [0, 1] \setminus F^{(\delta)}$, we can show that $A + xA$ is large (recall Lemma 2.8). Precisely, $x \notin R_\delta(A, \delta^{-O(\varepsilon)})$. It follows that $R_\delta(A, \delta^{-O(\varepsilon)}) \subset F$. This will contradict with $F \subset R_\delta(A, \delta^{-O(\varepsilon)})$ and an almost ring structure.

Observation 6.16. For $A \subset \mathbb{R}, \delta < \delta'$, we have $\mathcal{N}_{\delta'}(A) \leq \mathcal{N}_\delta(A) \ll \frac{\delta'}{\delta} \mathcal{N}_{\delta'}(A)$.

Observation 6.17. For $A, B \subset \mathbb{R}, B \subset B(0, \rho)$, we have $\mathcal{N}_\delta(A + B) \geq \mathcal{N}_\rho(A) \mathcal{N}_\delta(B)$.

Proof. Let $\gamma = \gamma(\delta) > 0$ very small to be determined, let

$$F = \frac{A - A}{(A - A) \setminus B(0, \delta^\gamma)}.$$

Assume for a contradiction that

$$\mathcal{N}_\delta(A + AA) \leq \delta^{-\varepsilon} \mathcal{N}_\delta(A).$$

Let $\rho = \delta^{\frac{\varepsilon}{\sigma}}$, then $A \setminus B(0, \delta^{\frac{\varepsilon}{\sigma}}) \neq \emptyset$ by the non-concentration condition. Then

$$\mathcal{N}_\delta(AA) \geq \delta^{O(\frac{\varepsilon}{\sigma})} \mathcal{N}_\delta(A),$$

By the assumption and P-R, we have

$$\mathcal{N}_\delta(A + A) \leq \delta^{-O(\varepsilon + \frac{\varepsilon}{\sigma})} \mathcal{N}_\delta(A).$$

This shows that $\langle A \rangle_s \subset R_\delta(A, O_s(\delta^{O_s(\varepsilon)}))$ for every $s \geq 0$.

Claim Let $\delta_1 = \delta^{1-2\gamma}$, then either $F^{(2\delta_1)} \supset [0, 1]$ or $\exists x \in F, \frac{x+1}{2} \notin F^{(\delta_1)}$ or $\frac{x}{2} \notin F^{(\delta_1)}$.

Proof of Claim. Assume $\forall x \in F, \frac{x+1}{2}, \frac{x}{2} \in F^{(\delta_1)}$. Then for every $x \in F^{(2\delta_1)}$, we have $\frac{x+1}{2}, \frac{x}{2} \in F^{(2\delta_1)}$. Because $0, 1 \in F \subset F^{(2\delta_1)}$, then $[0, 1] \subset F^{(2\delta_1)}$.

Dense case: $F^{(2\delta_1)} \supset [0, 1]$.

Then $\mathcal{N}_{\delta_1}(F) \gg \delta_1^{-1}$. Let $\tilde{F} \subset F, \tilde{A} \subset A \setminus B(0, \delta^\gamma)$ be maximal δ_1 -separated sets. Consider

$$\tilde{A} \times \tilde{F} \rightarrow (AA - AA) \times (AA - AA), \quad (a, x) \mapsto (au_x, av_x), x = \frac{u_x}{v_x}.$$

We show that this map is injective and the image is $\frac{\delta}{C}$ -separated. Assume $a'u_{x'} = au_x + O(\frac{\delta}{C}), a'v_{x'} = av_x + O(\frac{\delta}{C})$, then

$$|a|, |v_x| \geq \delta^\gamma \implies x' = \frac{au_{x'}}{av_{x'}} = \frac{au_x + O(\frac{\delta}{C})}{av_x + O(\frac{\delta}{C})} = \frac{u_x}{v_x} + O\left(\frac{\delta_1}{C}\right).$$

Choose C large enough, it implies that $|x - x'| \leq \delta_1$ and hence $x' = x$. By \tilde{A} is δ_1 -separated, we have $a' = a$. Hence, by P-R,

$$\#\tilde{A}\#\tilde{F} \ll \mathcal{N}_\delta(AA - AA)^2 \leq \delta^{-O(\varepsilon)} \mathcal{N}_\delta(A)^2.$$

Because $\#\tilde{F} \asymp \mathcal{N}_{\delta_1}(F) \asymp \delta_1^{-1} = \delta^{-1+2\gamma}$, and

$$\#\tilde{A} \asymp \mathcal{N}_{\delta_1}(A \setminus B(0, \delta^\gamma)) \gg \delta^{-2\gamma} \mathcal{N}_\delta(A \setminus B(0, \delta^\gamma)) \gg \delta^{-2\gamma} (\mathcal{N}_\delta(A) - \delta^{-\varepsilon} \delta^{\gamma\sigma} \mathcal{N}_\delta(A)).$$

Choose γ small such that $\delta^{\gamma\sigma-\varepsilon} \leq \frac{1}{2}$, then

$$\mathcal{N}_\delta(A) \gg \delta^{-1+O(\gamma)+O(\varepsilon)}$$

contradict with $\mathcal{N}_\delta(A) \leq \delta^{-\varepsilon-\sigma}$ when γ, ε small enough.

Gap case: $\exists x \in F$, such that $\frac{x+1}{2} \notin F^{(\delta_1)}$ or $\frac{x}{2} \notin F^{(\delta_1)}$.

Write $\frac{x+1}{2}$ or $\frac{x}{2}$ as $\frac{u}{v}$, then $u, v \in A - A + A - A$ and $|v| \geq \delta^\gamma$. We know $u, v \in R_\delta(A, O(\delta^{-O(\varepsilon)}))$, by R-covering and P-R, we have $\mathcal{N}_\delta(A + uA + vA) \ll \delta^{-O(\varepsilon)} \mathcal{N}_\delta(A)$. We want to give a lower bound of $\mathcal{N}_\delta(uA + vA)$. Consider

$$\varphi : A \times A \rightarrow \mathbb{R}, \quad (a, b) \mapsto ua + vb,$$

it suffices to give an upper bound for $\mathcal{E}_\delta(\varphi, A \times A)$. For $a, b, c, d \in A$, if $|u(a - c) + v(b - d)| \leq \delta$, then

$$\left| \frac{u}{v} - \frac{d - b}{a - c} \right| \leq \frac{\delta}{|v||a - c|}.$$

Because $\frac{u}{v} \notin F^{(\delta_1)}, |v| \geq \delta^\gamma$, then $|a - c| \leq \delta^\gamma$. Now we estimate the choices of (a, b, c, d) :

- Choice for $a : \mathcal{N}_\delta(A)$ choices, choice for $b : \mathcal{N}_\delta(A)$ choices.
- Fix a , choice for $c : \mathcal{N}_\delta(A \cap B(a, \delta^\gamma)) \leq \delta^{-\varepsilon + \gamma\sigma} \mathcal{N}_\delta(A)$.
- Fix a, b, c , choice for $d : \mathcal{N}_\delta(A \cap B(-, \frac{\delta}{|v|})) \leq \delta^{-\varepsilon} (\frac{\delta}{|v|})^\sigma \mathcal{N}_\delta(A)$.

Then

$$\mathcal{E}_\delta(\varphi, A \times A) \leq \delta^{-O(\varepsilon) + \gamma\sigma + \sigma} |v|^{-\sigma} \mathcal{N}_\delta(A)^4 \implies \mathcal{N}_\delta(uA + vA) \geq |v|^\sigma \delta^{O(\varepsilon) - \gamma\sigma - \sigma}.$$

Because

$$\mathcal{N}_\delta(A) \leq \mathcal{N}_{2|v|}(A) \max_x \mathcal{N}_\delta(A \cap B(x, 2|v|)) \ll \delta^{-\varepsilon} |v|^\sigma \mathcal{N}_\delta(A) \mathcal{N}_{2|v|}(A),$$

we have $\mathcal{N}_{2|v|}(A) \gg \delta^\varepsilon |v|^{-\sigma}$. Notice that $(uA + vA) \subset B(0, 2|v|)$, then

$$\mathcal{N}_\delta(A + uA + vA) \gg \mathcal{N}_{2|v|}(A) \mathcal{N}_\delta(uA + vA) \gg |v|^{-\sigma} |v|^\sigma \delta^{O(\varepsilon) - \gamma\sigma - \sigma}.$$

But we know that $u, v \in (A - A + A - A) \subset R_\delta(A, \delta^{-O(\varepsilon)})$. Then

$$\mathcal{N}_\delta(A + uA + vA) \ll \delta^{-O(\varepsilon)} \mathcal{N}_\delta(A) \leq \delta^{-O(\varepsilon) - \sigma}.$$

Choose γ, ε small enough, a contradiction. (Choose γ small and ε much smaller than γ .) \square

Theorem 6.18 (Bourgain Sum-Product Theorem, another version)

$\forall \sigma \in (0, 1), \kappa > 0, \exists \varepsilon = \varepsilon(\sigma, \kappa) > 0$ such that for every $A \subset B(0, 1) \subset \mathbb{R}$ and $\delta > 0$ sufficiently small, assume that

- $\mathcal{N}_\delta(A) \leq \delta^{-\sigma - \varepsilon}$.
- $\forall \rho \geq \delta, \mathcal{N}_\rho(A) \geq \delta^\varepsilon \rho^{-\kappa}$.

Then $\mathcal{N}_\delta(A + AA) \geq \delta^{-\varepsilon} \mathcal{N}_\delta(A)$.

Proof. We prove a special case of $\kappa = \sigma$. Assume $\mathcal{N}_\delta(A + AA) \leq \delta^{-\varepsilon} \mathcal{N}_\delta(A)$, consider $\rho = \delta^{\frac{\varepsilon}{\sigma}}$, we can also have $A \setminus B(0, \rho) \neq \emptyset$. A same argument, we have $\mathcal{N}_\delta(A + A + AA) \leq \delta^{-O(\varepsilon)} \mathcal{N}_\delta(A)$. Hence

$$\delta^{-O(\varepsilon)} \mathcal{N}_\delta(A) \geq \mathcal{N}_\delta(A + A + AA) \geq \mathcal{N}_\delta(A + A) \geq \mathcal{N}_\rho(A) \max_{x \in \mathbb{R}} \mathcal{N}_\delta(A \cap B(x, \rho)),$$

then $\max_{x \in \mathbb{R}} \mathcal{N}_\delta(A \cap B(x, \rho)) \leq \delta^{-O(\varepsilon)} \rho^\sigma \mathcal{N}_\delta(A)$. It gives the condition in last version. \square

Remark 6.19 — An intuition is that, if $A + AA$ has no increasing, then A is like a fractal and A has a similar structure on each scale larger than δ .

§7 Projection theorem

Let $\mathbb{S}^1 = \{\theta \in \mathbb{R}^2 : \|\theta\| = 1\}$ be the unit circle in \mathbb{R}^2 , for every $\theta \in \mathbb{S}^1$, let

$$\text{proj}_\theta : \mathbb{R}^2 \rightarrow \mathbb{R} \cdot \theta$$

be the orthogonal projection.

Theorem 7.1 (Bourgain's Projection Theorem)

For every $\alpha \in (0, 1)$, $\kappa > 0$, there exists $\varepsilon = \varepsilon(\alpha, \kappa) > 0$, the following holds for $\delta > 0$ sufficiently small. Let $A \subset B_{\mathbb{R}^2}(0, 1)$, assume

- $\mathcal{N}_\delta(A) \leq \delta^{-2\alpha}$.
- $\forall \rho \geq \delta, \forall x \in \mathbb{R}^2, \mathcal{N}_\delta(A \cap B(x, \rho)) \leq \delta^{-\varepsilon} \rho^{2\alpha} \mathcal{N}_\delta(A)$.

Write

$$\mathcal{E} = \{\theta \in \mathbb{S}^1 : \mathcal{N}_\delta(\text{proj}_\theta A) \leq \delta^{-\alpha-\varepsilon}\},$$

then \mathcal{E} does not support a probability measure μ satisfying

$$\mu(B_{\mathbb{S}^1}(\theta, \rho)) \leq \delta^{-\varepsilon} \rho^\kappa, \quad \forall \rho \geq \delta, \theta \in \mathbb{S}^1.$$

Remark 7.2 — \mathcal{E} refers to an exception.

Example 7.3

Let $A = B(0, \delta^{\frac{1}{2}})$, then $\mathcal{N}_\delta(A) \asymp \delta^{-1}$. Notice that $\mathcal{N}_\delta(\text{proj}_\theta A) \asymp \delta^{-\frac{1}{2}}$, hence $\mathcal{E} = \mathbb{S}^1$. This is a contradiction. The reason is that A does not satisfy the second condition (non concentration condition).

Example 7.4

$A = C \times C$, where C is a Cantor set. We can choose C let $\mathcal{N}_\delta(C - C) \asymp \mathcal{N}_\delta(C)$, then when θ near $0, \frac{\pi}{2}, \frac{\pi}{4}$, $\mathcal{N}_\delta(\text{proj}_\theta A)$ is small. For more other θ 's, $\mathcal{N}_\delta(\text{proj}_\theta A)$ is large.

Idea Write $\theta = \theta_t = \frac{(1, t)}{\sqrt{1+t^2}}$, where $t \in [\frac{1}{2}, 2]$. Then

$$\text{proj}_\theta(x, y) = \frac{\langle \theta, (x, y) \rangle}{\langle \theta, \theta \rangle} \theta = (x + ty) \frac{\theta}{\sqrt{1+t^2}}.$$

Consider a special case for $A = A_0 \times A_0$, then

$$\mathcal{N}_\delta(\text{proj}_\theta A) \asymp \mathcal{N}_\delta(A_0 + tA_0).$$

Then \mathcal{E} is almost the set $R_\delta(A_0, \delta^{-\varepsilon})$.

Theorem 7.5 (Bourgain Sum-Product Theorem, another version)

$\forall \alpha \in (0, 1)$, $\forall \kappa > 0$, $\exists \varepsilon = \varepsilon(\alpha, \kappa) > 0$, such that for every $A_0 \subset B(0, 1) \subset \mathbb{R}$ and $\delta > 0$ sufficiently small, assume that

- $\mathcal{N}_\delta(A_0) \leq \delta^{-\alpha-\varepsilon}$.
- $\forall \rho \geq \delta, x \in \mathbb{R}, \mathcal{N}_\delta(A_0 \cap B(x, \rho)) \leq \delta^{-\varepsilon} \rho^\kappa \mathcal{N}_\delta(A_0)$.

Then for every $B_0 \subset \mathbb{R}$ such that $\forall \rho \geq \delta, \mathcal{N}_\rho(B_0) \geq \delta^\varepsilon \rho^{-\kappa}$, there exists $t \in B_0$, such that $\mathcal{N}_\delta(A_0 + tA_0) \geq \delta^{-\varepsilon} \mathcal{N}_\delta(A_0)$.

Remark 7.6 — The condition $\forall \rho \geq \delta, \mathcal{N}_\rho(B_0) \geq \delta^\varepsilon \rho^{-\kappa}$ is strictly weaker than the non concentration condition for B_0 .

Lemma 7.7

$\kappa, \varepsilon > 0$, let μ be a probability measure on \mathbb{R} , $\text{supp } \mu \subset B(0, 1)$, satisfying

$$\mu(B(x, \rho)) \leq \delta^{-\varepsilon} \rho^\kappa, \quad \forall \rho \geq \delta, x \in \mathbb{R}.$$

Then $\exists B_0 \subset \text{supp } \mu$ satisfying

$$\mathcal{N}_\delta(B_0 \cap B(x, \rho)) \leq \delta^{-O(\varepsilon)} \rho^\kappa \mathcal{N}_\delta(B_0), \quad \forall \rho \geq \delta, x \in \mathbb{R}.$$

Proof. Let

$$\mathcal{Q} := \{[k\delta, (k+1)\delta[: k \in \mathbb{Z}\},$$

for every $i \in \mathbb{N}$, define

$$\mathcal{Q}_i = \{Q \in \mathcal{Q} : 2^{-i-1} < \mu(Q) \leq 2^{-i}\}.$$

Observe that

$$\mu\left(\bigcup_{i \geq 2|\log \delta|} \mathcal{Q}_i\right) \ll \delta^{-1} 2^{-2|\log \delta|} \leq \delta < \frac{1}{2}.$$

Then $\exists i \in [0, 2|\log \delta|] \cap \mathbb{N}$, such that (for δ sufficiently small)

$$\mu\left(\bigcup_{Q \in \mathcal{Q}_i} Q\right) \geq \frac{1}{4|\log \delta|} \geq \delta^\varepsilon.$$

Fix this i , let $B_1 = \bigcup_{Q \in \mathcal{Q}_i} Q$ and $B_0 = B_1 \cap \text{supp } \mu$. Then for every $\rho \geq \delta, x \in \mathbb{R}$,

$$\begin{aligned} \mathcal{N}_\delta(B_0 \cap B(x, \rho)) &\asymp \#\{Q \in \mathcal{Q}_i : Q \cap B(x, \rho) \neq \emptyset\} \\ &\ll \frac{\mu(B_0 \cap B(x, 2\rho))}{\min_{Q \in \mathcal{Q}_i} \mu(Q)} \ll \frac{\delta^{-\varepsilon} \rho^\kappa}{\min_{Q \in \mathcal{Q}_i} \mu(Q)} \leq \delta^{-2\varepsilon} \rho^\kappa \#\mathcal{Q}_i \asymp \delta^{-2\varepsilon} \rho^\kappa \mathcal{N}_\delta(B_0). \end{aligned}$$

□

Lemma 7.7 + Theorem 7.5 \implies the special case $A = A_0 \times A_0$ of Theorem 7.1.

Proof of General Case of Theorem 7.1. Assume for a contradiction that \mathcal{E} supports such a probability measure μ . In particular, there exists $\theta_1, \theta_2 \in \mathcal{E}$ with $d(\theta_1, \theta_2) \geq \delta^{\frac{\varepsilon}{\kappa}} = \delta^{O(\varepsilon)}$. After a rotation and affine transformation of norm at most $\delta^{O(\varepsilon)}$, we can assume that x -axis and y -axis are both in \mathcal{E} . Let B, C be the projection of A to the x -axis and y -axis, respectively. For a $\theta_t = \frac{(1, t)}{\sqrt{1+t^2}} \in \mathcal{E}$, we have

$$\mathcal{N}_\delta(B \overset{A}{+} tC) \leq \delta^{-\alpha-\varepsilon},$$

here we abuse a notation $\overset{A}{+}$ to refer to $a = (b, c) \in A, b \in B, c \in C$. We have

$$\delta^{-2\alpha+O(\varepsilon)} \leq \mathcal{N}_\delta(A) \ll \mathcal{N}_\delta(B) \mathcal{N}_\delta(C),$$

hence $\mathcal{N}_\delta(B), \mathcal{N}_\delta(C) \geq \delta^{-\alpha+O(\varepsilon)}$. By B-S-G (6.8), there exists $B_t \subset B, C_t \subset C$ such that

$$\mathcal{N}_\delta(B_t) \geq \delta^{-\alpha+O(\varepsilon)}, \quad \mathcal{N}_\delta(C_t) \geq \delta^{-\alpha+O(\varepsilon)}, \quad \mathcal{N}_\delta(B_t + tC_t) \leq \delta^{-\alpha-O(\varepsilon)}.$$

If B_t, C_t are independent of t , then done. We need a following lemma.

Lemma 7.8 (popularity argument)

(X, λ) is a finite measure space, (T, ν) is a probability space, $K \geq 2$. If $\forall t \in T, X_t \subset X$ with $\lambda(X_t) \geq \frac{1}{K} \lambda(X)$. Then $\exists t_\star \in T$, such that

$$\nu \left\{ t \in T : \lambda(X_{t_\star} \cap X_t) \geq \frac{1}{2K^2} \lambda(X) \right\} \geq \frac{1}{2K^2}.$$

Exercise 7.9. Prove the lemma. Hint: applying C-S to $x \mapsto \int \mathbb{1}_{X_t}(x) d\nu(t)$.

Continued Proof of Theorem 7.1. Use lemma for $X = B^{(\delta)} \times C^{(\delta)}$, $\lambda = \text{Leb}$. Let $X_t = B_t^{(\delta)} \times C_t^{(\delta)}$, let ν be the push forward of μ under $\theta_t \mapsto t$. Then $\exists t_\star \in \mathbb{R}$, $D \subset \mathbb{R}$ with $\nu(D) \geq \delta^{O(\varepsilon)}$ such that for every $t \in D$,

$$\mathcal{N}_\delta(B_t \cap B_\star) \geq \delta^{-\alpha+O(\varepsilon)}, \quad \mathcal{N}_\delta(C_t \cap C_\star) \geq \delta^{-\alpha+O(\varepsilon)},$$

where $B_\star = B_{t_\star}$ and $C_\star = C_{t_\star}$.

We use notation $E \approx F$ to refer to $\mathcal{N}_\delta(E - F) \ll \delta^{-O(\varepsilon)} \mathcal{N}_\delta(E)^{\frac{1}{2}} \mathcal{N}_\delta(F)^{\frac{1}{2}}$. Now, we do some Ruzsa calculus. We know $B_t \approx -tC_t$, hence $B_t \approx B_{t_\star}$, and then $B_t \approx B_t \cap B_\star$. Moreover, for every $t \in D$, we have $B_\star \approx B_t \cap B_\star \approx B_t$ and $C_\star \approx C_t \cap C_\star \approx C_t$. Because $B_\star \approx -t_\star C_\star$, we have

$$B_\star \approx B_t \approx -tC_t \approx -tC_\star \approx \frac{t}{t_\star} B_\star, \quad \forall t \in D \subset \left[\frac{1}{2}, 2\right].$$

This will contradict with the Sum-Product Theorem (7.5) when ε is small. \square

Theorem 7.10 (Bourgain's Projection Theorem, adapted version)

For every $\alpha \in (0, 1)$, $\kappa > 0$, there exists $\varepsilon = \varepsilon(\alpha, \kappa) > 0$, the following holds for $\delta > 0$ sufficiently small. Let $A \subset B_{\mathbb{R}^2}(0, 1)$, assume

- $\mathcal{N}_\delta(A) \leq \delta^{-2\alpha}$.
- $\forall \rho \geq \delta, \forall x \in \mathbb{R}^2, \mathcal{N}_\delta(A \cap B(x, \rho)) \leq \delta^{-\varepsilon} \rho^{2\alpha} \mathcal{N}_\delta(A)$.

Write

$$\mathcal{E} = \left\{ \theta \in \mathbb{S}^1 : \exists A' \subset A, \mathcal{N}_\delta(A') \geq \delta^\varepsilon \mathcal{N}_\delta(A) \text{ and } \mathcal{N}_\delta(\text{proj}_\theta A') \leq \delta^{-\alpha-\varepsilon} \right\},$$

then \mathcal{E} does not support a probability measure μ satisfying

$$\mu(B_{\mathbb{S}^1}(\theta, \rho)) \leq \delta^{-\varepsilon} \rho^\kappa, \quad \forall \rho \geq \delta, \theta \in \mathbb{S}^1.$$

Corollary 7.11

$\forall \alpha \in (0, 1)$, $\exists \varepsilon = \varepsilon(\alpha) > 0$, let $A \subset \mathbb{R}^2$ be a Borel subset. If $\dim_H A = 2\alpha$, then

$$\dim_H \left(\left\{ \theta \in \mathbb{S}^1 : \dim_H \text{proj}_\theta A \leq \alpha + \varepsilon \right\} \right) = 0.$$

Remark 7.12 — To compare with Marstrand's Theorem: if $\alpha < \frac{1}{2}$, then

$$\text{Leb} \{ \theta \in \mathbb{S}^1 : \dim_H \text{proj}_\theta A < 2\alpha \} = 0.$$

Recall Hausdorff dimension of A , $\dim_H A \leq \alpha$ if and only if $\forall \varepsilon > 0, \exists x_i \in \mathbb{R}^2, 0 < r_i < \varepsilon, i \in \mathbb{N}$, such that

$$A \subset \bigcup_{i \in \mathbb{N}} B(x_i, r_i), \quad \sum_{i=0}^{\infty} r_i^{\alpha+\varepsilon} < \varepsilon.$$

In other word, $\dim_H A = \inf \{ \text{such } \alpha \}.$

Lemma 7.13 (Frostman Lemma)

If $A \subset \mathbb{R}^2, \dim_H A > \alpha$, then \exists a finite nonzero Borel measure μ on \mathbb{R}^2 , $\text{supp } \mu \subset A$, and for every $\rho > 0, x \in \mathbb{R}^2, \mu(B(x, \rho)) < \rho^\alpha$.

Remark 7.14 — Such a measure is said to be α -Frostman (or α -Hölder?).

Proof of Corollary 7.11. Assume for a contradiction, let

$$\mathcal{E} = \{ \theta \in \mathbb{S}^1 : \dim_H \text{proj}_\theta A \leq \alpha + \varepsilon \},$$

assume $\dim_H \mathcal{E} > \kappa > 0$. By Frostman lemma, there exists μ on \mathcal{E} which is κ -Frostman. There exists ν on A is $(2\alpha - \varepsilon)$ -Frostman. For every $\theta \in \mathcal{E}$, we can cover $\text{proj}_\theta A$ by $\bigcup_{i \in \mathbb{N}} B(x_i, r_i)$ with $r_i \leq \delta = 2^{k_0}$ and $\sum r_i^{\alpha+2\varepsilon} \leq \varepsilon$. WLOG, we can assume that $r_i = 2^{-k_i}$ where $k_i \in \mathbb{N}$, then

$$\text{proj}_\theta A \subset \bigcup_{k \geq k_0} B_{\theta,k}, \quad \text{where } B_{\theta,k} := \bigcup_{x \in X_{\theta,k}} B(x, 2^{-k}).$$

We also have an estimate for every $k \geq k_0, \#X_{\theta,k} \leq 2^{k(\alpha+2\varepsilon)}$. Then

$$\nu(A)\mu(\mathcal{E}) = \int \nu \left(\bigcup_{k \geq k_0} \text{proj}_\theta^{-1} B_{\theta,k} \right) d\mu(\theta) \leq \int \sum_{k \geq k_0} \nu(\text{proj}_\theta^{-1} B_{\theta,k}) d\mu(\theta).$$

Let $A_{\theta,k} = \text{proj}_\theta^{-1} B_{\theta,k}$, then $\exists k \geq k_0$, such that

$$\frac{1}{\nu(A)\mu(\mathcal{E})} \int \nu(A_{\theta,k}) d\mu(\theta) \geq \frac{6}{\pi^2} \frac{1}{k} \gg |\log \delta|^{-2} \geq \delta^{-\varepsilon}.$$

Choose $\delta_0 = 2^{-k_0}$ sufficiently small, fix a such k , let $\delta = 2^{-k} \leq \delta_0$. We have $A_{\theta,k} \subset A$ and

$$\mathcal{N}_\delta(\text{proj}_\theta A_{\theta,k}) \leq \#X_{\theta,k} \leq \delta^{-\alpha-2\varepsilon}.$$

Then $\exists D \subset \mathcal{E} \subset \mathbb{S}^1$ such that $\mu(D) \geq \delta^\varepsilon \mu(\mathcal{E})$ and $\forall \theta \in D, \nu(A_{\theta,k}) \geq \delta^\varepsilon \nu(A)$. We want to find $B \subset A$ such that

$$\mathcal{N}_\delta(A_{\theta,k} \cap B) \geq \delta^\varepsilon \mathcal{N}_\delta(B), \quad \mathcal{N}_\delta(B \cap B(x, \rho)) \leq \delta^{-O(\varepsilon)} \rho^{2\alpha} \mathcal{N}_\delta(B).$$

A similar argument in the proof of Lemma 7.7, we can find such a B and some $D' \subset D$, which contradicts with the Sum-Product theorem. \square

§8 Fourier decay of multiplicative convolution

Let μ be a Borel measure on \mathbb{R} , the Fourier transform of μ is

$$\widehat{\mu}(\xi) = \int e^{2\pi i \xi x} d\mu(x), \quad \forall \xi \in \mathbb{R}.$$

Obviously, $|\widehat{\mu}(\xi)| \leq \mu(\mathbb{R})$. And $\widehat{\mu \boxplus \nu}(\xi) = \widehat{\mu}(\xi) \widehat{\nu}(\xi)$.

Theorem 8.1 (Bourgain)

For every $\kappa > 0$, there exists $\varepsilon = \varepsilon(\kappa) > 0$, $s = s(\kappa) \geq 1$. Let $\delta > 0$ sufficiently small and μ be a Borel probability measure on \mathbb{R} with $\text{supp } \mu \subset [-1, 1]$. Assume that

$$\bullet [\text{NC}(\kappa, \varepsilon)] \quad \forall \rho \geq \delta, \max_{x \in \mathbb{R}} \mu(B(x, \rho)) \leq \delta^{-\varepsilon} \rho^\kappa.$$

Then for every $\xi \in \mathbb{R}$ with $\delta^{-1+\varepsilon} \leq |\xi| \leq \delta^{-1-\varepsilon}$, we have

$$\left| \int e^{2\pi i \xi x_1 \cdots x_s} d\mu(x_1) \cdots d\mu(x_s) \right| \leq \delta^\varepsilon.$$

Or, $|\widehat{\mu^{*s}}(\xi)| \leq \delta^\varepsilon$, where μ^{*s} refers to the s -th multiplicative convolution of μ .

We first state another variant of sum-product theorem which includes a measure. It is a direct consequence of combining Theorem 7.5 and Lemma 7.7. And at the end of this section, we will show how to derive this version by Theorem 6.18.

Theorem 8.2

$\forall \sigma \in (0, 1), \kappa > 0, \exists \varepsilon = \varepsilon(\sigma, \kappa) > 0$ such that the following holds for all $\delta > 0$ small enough. Let $A \subset [-1, 1] \subset \mathbb{R}$ and μ be a probability measure on $[-1, 1]$. Assume that

- $\mathcal{N}_\delta(A) \leq \delta^{-\sigma-\varepsilon}$.
- $\forall \rho \geq \delta, \mathcal{N}_\rho(A) \geq \delta^\varepsilon \rho^{-\kappa}$.
- $\forall \rho \geq \delta, \max_{x \in \mathbb{R}} \mu(B(x, \rho)) \leq \delta^{-\varepsilon} \rho^\kappa$.

Then $\mu(R_\delta(A, \delta^{-\varepsilon})) \leq \delta^\varepsilon$.

Notation 8.3. • $P_\delta = \frac{1}{2\delta} \mathbb{1}_{B(0, \delta)}$, regard P_δ as a density of probability measure.

- For a probability measure μ , define

$$\mu_\delta(x) = (\mu \boxplus P_\delta)(x) = \int P_\delta(x - y) d\mu(y) = \frac{1}{2\delta} \mu(B(x, \delta)).$$

Also regard as a density function.

- $\|\mu\|_{2, \delta}^2 := \|\mu_\delta\|_2^2 = \int \mu_\delta(x)^2 dx$.

Lemma 8.4 (L^2 -flattening)

For every $\kappa > 0$, there exists $\varepsilon = \varepsilon(\kappa) > 0$. Let $\delta > 0$ sufficiently small and μ be a Borel probability measure on \mathbb{R} with $\text{supp } \mu \subset [-1, 1]$ satisfying $[\text{NC}(\kappa, \varepsilon)]$. Assume that

$$\delta^{-\kappa+\varepsilon} \leq \|\mu\|_{2,\delta}^2 \leq \delta^{-1+\kappa-\varepsilon}.$$

Then

$$\|\mu * \mu \boxminus \mu * \mu\|_{2,\delta} \leq \delta^\varepsilon \|\mu\|_{2,\delta}.$$

Remark 8.5 — Condition $[\text{NC}(\kappa, \varepsilon)]$ implies that $\|\mu\|_{2,\delta} \ll \delta^{-1+\kappa-\varepsilon}$.

Example 8.6

- Let $\mu = \delta_0$, the Dirac measure, then $\mu_\delta = P_\delta$ and $\|\mu\|_{2,\delta}^2 \asymp \delta^{-1}$.
- Let $\mu = \frac{1}{2} \mathbb{1}_{[-1,1]}$, then $\|\mu\|_{2,\delta} \asymp 1$.

Lemma 8.7

Assume μ has $[\text{NC}(\kappa, \varepsilon)]$ and $\|\mu * \mu \boxminus \mu * \mu\|_{2,\delta} > \delta^\varepsilon \|\mu\|_{2,\delta}$. Then there exists $A \subset [-1, 1]$ with

$$\mathcal{N}_\delta(A) \leq \delta^{-1+O(\varepsilon)} \|\mu\|_{2,\delta}^{-2},$$

and an $a_0 \in \mathbb{R}$ with $|a_0| \geq \delta^{O(\varepsilon)}$ satisfying

- $\mu(-a_0 R_\delta(A, \delta^{-O(\varepsilon)})) \geq \delta^{O(\varepsilon)},$
- $\forall \rho \geq \delta, \max_{x \in \mathbb{R}} \mathcal{N}_\delta(A \cap B(x, \rho)) \leq \delta^{-O(\varepsilon)} \rho^\kappa \mathcal{N}_\delta(A).$

Applying Theorem 8.2 to $\tilde{\mu}$ where $\tilde{\mu}(E) = \mu(-a_0 E)$, Lemma 8.4 follows by this lemma.

Proof of Lemma 8.7. WLOG, $\delta = 2^{-k}$. We consider the dyadic partition

$$\mathcal{Q} = \{[j\delta, (j+1)\delta) : j \in [-2^k, 2^k - 1]\}.$$

Let

$$\mathcal{Q}_i = \{Q \in \mathcal{Q} : \mu(Q) \in [2^{-k+i-1}, 2^{-k+i}]\}, \quad \forall i \in \{1, \dots, k\},$$

$$\mathcal{Q}_0 = \{Q \in \mathcal{Q} : \mu(Q) \leq 2^{-k}\}.$$

Write $A_i = \bigcup_{Q \in \mathcal{Q}_i} Q + B(0, \delta) \subset \mathbb{R}$. We can verify that

$$\mu_\delta \ll \sum_{i=0}^k 2^i \mathbb{1}_{A_i} \ll \mu_{3\delta} + \mathbb{1}_{[-1,1]}.$$

Besides, we have (leave as an exercise)

$$\|\mu * \mu \boxminus \mu * \mu \boxplus P_\delta\|_2 \asymp \|\mu * \mu_\delta \boxminus \mu * \mu_\delta\|_2.$$

By assumption, we have

$$\begin{aligned} \delta^\varepsilon \|\mu\|_{2,\delta} &\leq \|\mu * \mu \boxminus \mu * \mu\|_{2,\delta} \asymp \|\mu * \mu_\delta \boxminus \mu * \mu_\delta\|_2 \\ &\ll \sum_{i,j=0}^k 2^{i+j} \|\mu * \mathbb{1}_{A_i} \boxminus \mu * \mathbb{1}_{A_j}\|_2. \end{aligned}$$

Note that $k = -\log \delta \leq \delta^{-\varepsilon}$, then there exists i, j such that

$$2^{i+j} \|\mu * \mathbb{1}_{A_i} \boxminus \mu * \mathbb{1}_{A_j}\|_2 \geq \delta^{O(\varepsilon)} \|\mu\|_{2,\delta}.$$

Fix this pair of i, j , we have

$$\mu * \mathbb{1}_{A_i} = \int \delta_a * \mathbb{1}_{A_i} d\mu(a) = \int \frac{1}{|a|} \mathbb{1}_{aA_i} d\mu(a).$$

By $[\text{NC}(\kappa, \varepsilon)]$, we can assume that $\text{supp } \mu \subset B(0, 1) \setminus B(0, \delta^{O(\varepsilon)})$. Hence

$$2^{i+j} \iint \|\mathbb{1}_{aA_i} \boxminus \mathbb{1}_{bA_j}\| d\mu(a) d\mu(b) \geq \delta^{O(\varepsilon)} \|\mu\|_{2,\delta}.$$

Besides, for every a, b , we have

$$\|\mathbb{1}_{aA_i} \boxminus \mathbb{1}_{bA_j}\| \leq \|\mathbb{1}_{aA_i}\|_1 \|\mathbb{1}_{bA_j}\| = |aA_i| \cdot |bA_j|^{\frac{1}{2}}.$$

By definition of A_i , we have

$$2^i |A_i| \ll 1, \quad 2^i |A_i|^{\frac{1}{2}} \ll \|\mu_{3\delta}\|_2 \asymp \|\mu\|_{2,\delta}.$$

It shows that $2^{i+j} \|\mathbb{1}_{aA_i} \boxminus \mathbb{1}_{bA_j}\|$ is bounded above by $O(\|\mu\|_{2,\delta})$. By pigeonhole, there exists $a \in \text{supp } \mu, B \subset \text{supp } \mu$ with $\mu(B) \geq \delta^{O(\varepsilon)}$ such that

$$2^{i+j} \|\mathbb{1}_{aA_i} \boxminus \mathbb{1}_{bA_j}\| \geq \delta^{O(\varepsilon)} \|\mu\|_{2,\delta}, \quad \forall b \in B.$$

It follows that for every $b \in B$,

$$\|\mathbb{1}_{aA_i} \boxminus \mathbb{1}_{bA_j}\|_2^2 \geq \delta^{O(\varepsilon)} |aA_i|^{\frac{3}{2}} |bA_j|^{\frac{3}{2}}.$$

Apply B-S-G, popularity argument and Ruzsa calculus in last section. We can find $A \subset A_i, b_0 \in B$ and $B' \subset B$. Such that

- $\mu(B') \geq \delta^{O(\varepsilon)},$
- $\mathcal{N}_\delta(A + b_0^{-1}bA) \leq \delta^{-O(\varepsilon)} \mathcal{N}_\delta(A),$ for every $b \in B'.$
- $\mathcal{N}_\delta(A) \geq \delta^{O(\varepsilon)} \frac{|A_i|}{\delta},$ hence $\mathcal{N}_\delta(A) = \delta^{-1+O(\varepsilon)} \|\mu\|_{2,\delta}^{-2}.$
- $\forall \rho \geq \delta,$ we have

$$\mathcal{N}_\delta(A \cap B(x, \rho)) \ll \frac{|A_i \cap B(x, \rho)|}{\delta} \ll \frac{1}{2^i \delta} \mu_{3\delta}(B(x, \rho)) \leq \delta^{-O(\varepsilon)} \rho^\kappa \frac{|A_i|}{\delta}.$$

□

Lemma 8.8

For every $\kappa, \tau, \varepsilon > 0$. Let $\delta > 0$ sufficiently small and μ, ν be a Borel probability measures on $[-1, 1]$. Assume that $\|\nu\|_{2,\delta}^2 \leq \delta^{-\tau}$ and μ has $[\text{NC}(\kappa, \varepsilon)]$. Then for every $\xi \in \mathbb{R}$ with $\delta^{-1+\varepsilon} \leq |\xi| \leq \delta^{-1-\varepsilon}$, we have

$$|\widehat{\mu * \nu}(\xi)| \leq \delta^{\frac{\kappa-\tau}{4}-O(\varepsilon)}.$$

Proof. We have

$$\delta^{-\tau} \geq \|\nu\|_{2,\delta}^2 = \|\nu \boxplus P_\delta\|_2^2 = \int |\widehat{\nu}(\zeta) \widehat{P}_\delta(\zeta)|^2 d\zeta \gg \int_{B(0, \frac{1}{10\delta})} |\widehat{\nu}(\zeta)|^2 d\zeta.$$

Note that $\text{supp } \nu \subset [-1, 1]$ and ν is a probability measure, then $\widehat{\nu}$ is 10-Lipschitz (2π -Lipschitz). Let $R = \delta^{-1+\varepsilon}$ and $t \in (0, R)$, define

$$H_{R,t} = \{\zeta \in \mathbb{R} : |\zeta| < R, |\widehat{\nu}(\zeta)| > t\}.$$

Then $H_{R,t} + B(0, t/20) \subset H_{2R,t/2}$. Hence

$$|H_{R,t} + B(0, \frac{t}{20})| \ll t^{-2} \int_{B(0, 2R)} |\widehat{\nu}(\zeta)|^2 d\zeta \ll t^{-2} \delta^{-\tau}.$$

It follows that $\mathcal{N}_t(H_{R,t}) \ll t^{-3} \delta^{-\tau}$. For every ξ with $|\xi| \in [\delta^\varepsilon R, R]$, we have

$$\begin{aligned} \widehat{\mu * \nu}(\xi) &= \iint e^{2\pi i \xi x y} d\mu(x) d\nu(y) = \int \widehat{\nu}(\xi x) d\mu(x) \\ &\leq t + \mu(\{x : \xi x \in H_{R,t}\}) = t + \mu(\xi^{-1} H_{R,t}) \\ &\leq t + \mathcal{N}_t(H_{R,t}) \max_{x \in \mathbb{R}} \mu(B(x, \xi^{-1} t)) \leq t + t^{-3} \delta^{-\tau} \delta^{\kappa-O(\varepsilon)}. \end{aligned}$$

Take $t = \delta^{\frac{\kappa-\tau}{4}}$, the conclusion follows. \square

Proof of Theorem 8.1. Let $\tau = \kappa/2$. We apply Lemma 8.4 with $\kappa/2$ and get $\varepsilon_0 = \varepsilon(\kappa/2)$. Define

$$\mu_1 = \mu|_{\mathbb{R} \setminus B(0, \delta^{O(\varepsilon)})}, \quad \mu_{k+1} = (\mu_k * \mu_k \boxminus \mu_k * \mu_k)|_{B(0, \delta^{O(\varepsilon)})}.$$

Then μ_k has $[\text{NC}(\kappa, O_k(\varepsilon))]$ and either $\|\mu_k\|_{2,\delta} \leq \delta^{-\kappa/2}$ or $\|\mu_{k+1}\|_{2,\delta} \leq \delta^{\varepsilon_0} \|\mu_k\|_{2,\delta}$. Hence there is $s \leq \lceil \varepsilon_0^{-1} \rceil$ such that $\|\mu_s\|_{2,\delta} \leq \delta^{-\kappa/2}$. By the previous lemma, we have

$$|\widehat{\mu_s * \mu_s}(\xi)| \leq \delta^{\frac{\kappa}{8}-O(\varepsilon)} \leq \delta^{\frac{\kappa}{16}},$$

assuming ε small enough. It remains to show the relation between $\widehat{\mu^{*S}}(\xi)$ and $\widehat{\mu_s * \mu_s}(\xi)$.

Claim 8.9. Let η_1, η_2 be two probability measures on \mathbb{R} , then

$$|\widehat{\eta_1 * \eta_2}(\xi)|^2 \leq \widehat{\eta_1 * (\eta_2 \boxminus \eta_2)}(\xi) \in \mathbb{R}.$$

Write $\mu_s = \mu_{s-1} * \mu_{s-1} \boxminus \mu_{s-1} * \mu_{s-1}$, then

$$\widehat{\mu_s * \mu_s}(\xi) \geq |(\mu_s * \mu_{s-1} * \mu_{s-1})^\wedge(\xi)|^2 \geq |(\mu_{s-1} * \mu_{s-1} * \mu_{s-1} * \mu_{s-1})^\wedge(\xi)|^4.$$

By a variant of the claim above, we can show by induction that

$$\left| \widehat{\mu_{s-k}^{*2k}}(\xi) \right|^{2^{2^k}} \leq \widehat{\mu_s * \mu_s}(\xi) \leq \delta^{\frac{\kappa}{16}}.$$

Take $k = s - 1$, the conclusion follows. \square

Now we turn back to the topic about different versions of sum product theorems. We will show a sketch of deriving Theorem 8.2 (indeed, we show Theorem 7.5) from Theorem 6.18. We need the following version as a transition.

Theorem 8.10

For every $\varepsilon_0 > 0, \kappa > 0$, there exists $\varepsilon = \varepsilon(\varepsilon_0, \kappa) > 0$ and $s = s(\varepsilon_0, \kappa) \geq 1$. Such that for every $A \subset [-1, 1]$ and $\delta > 0$ satisfying

$$\mathcal{N}_\rho(A) \geq \delta^\varepsilon \rho^{-\kappa}, \quad \forall \rho \geq \delta,$$

we have

$$\langle A \rangle_s + B(0, \delta) \supset B(0, \delta^{\varepsilon_0}).$$

Proof. Take $\sigma = 1 - \varepsilon_1$ and use Theorem 6.18 many times. Then there is $s \geq 1$ such that

$$\mathcal{N}_\delta(\langle A \rangle_s) \geq \delta^{-1+\varepsilon_1}.$$

We take ν to be the uniform measure on $\langle A \rangle_s + B(0, \delta)$, then $\|\nu\|_{2,\delta}^2 \ll \delta^{-\varepsilon_1}$. By Lemma 8.8, for every $\xi \in [\delta^{-1+\varepsilon}, \delta^{-1-\varepsilon}]$, we have

$$|\widehat{\nu * \nu}(\xi)| \leq \delta^{-O(\varepsilon)} |\xi|^{-\frac{\kappa-\varepsilon_1}{4}} \leq \delta^{-O(\varepsilon_1)} |\xi|^{-\frac{\kappa}{4}}.$$

Take $s' = \lceil 10\kappa^{-1} \rceil$, then

$$\widehat{(\nu * \nu)^{\boxplus s'}} \leq \delta^{-O(\varepsilon_1)} |\xi|^{-2}$$

for every $|\xi| \leq \delta^{-1+\varepsilon}$. Take ψ be a smooth function with $\text{supp } \psi \subset [-1, 1]$ and $\widehat{\psi} \geq 0$. Let $\psi_\delta(x) = \delta^{-1}\psi(\delta^{-1}x)$ and $\widehat{\psi}_\delta(\xi) = \widehat{\psi}(\delta\xi)$. Take $\eta = (\nu * \nu)^{\boxplus s'} \boxplus \psi_\delta$, then $\widehat{\eta}(\xi) \leq \delta^{-O(\varepsilon_1)} |\xi|^{-2}$. Hence $\widehat{\eta}$ is integrable and $(\text{supp } \eta - \text{supp } \eta)$ contains $B(0, \delta^{O(\varepsilon_1)})$. Precisely, we can estimate Fourier coefficient to show that $\text{supp } \eta$ contains some $B(x, \delta^{O(\varepsilon_1)})$. \square

Proof of Theorem 7.5. We apply the above Theorem to ε_0, κ . If $B \subset R_\delta(A, \delta^{-\varepsilon})$, then $\langle B \rangle_s + B(0, \delta) \subset R_\delta(A, \delta^{-O(\varepsilon)})$. It follows that $B(0, \delta^{\varepsilon_0}) \subset R_\delta(A, \delta^{-O(\varepsilon)})$. Now we use a probability argument to show that this is not the case. Let t obeys the uniform distribution on $B(0, \delta^{\varepsilon_0})$, by Jensen's inequality,

$$\mathbb{E}[\mathcal{N}_\delta(A + tA)] \geq \frac{\mathcal{N}_\delta(A)^4}{\mathbb{E}[\mathcal{E}(\varphi_t, A \times A)]},$$

where $\varphi_t : \mathbb{R} \times \mathbb{R} \rightarrow \mathbb{R}, (x, y) \mapsto x + ty$. Fix a maximal δ -separated set $\tilde{A} \subset A$, then

$$\mathbb{E}[\mathcal{E}(\varphi_t, A \times A)] \ll \sum_{x, x', y, y' \in \tilde{A}} \mathbb{P}[t(y - y') \in (x - x') + B(0, \delta)].$$

Take $\rho = \delta^{\frac{1-\sigma}{1+\kappa}}$, for every $|y - y'| \geq \rho$, we have

$$\mathbb{P}[t(y - y') \in (x - x') + B(0, \delta)] \ll \delta^{-\varepsilon_0} \frac{\delta}{\rho}.$$

For the case of $|y - y'| \leq \rho$, by non-concentration,

$$\#\{y, y' \in \tilde{A} : |y - y'| \leq \rho\} \ll \delta^{-\varepsilon} \rho^\kappa \mathcal{N}_\delta(A)^2.$$

It follows that

$$\mathbb{E}[\mathcal{E}(\varphi_t, A \times A)] \ll \delta^{-\varepsilon_0} \frac{\delta}{\rho} \mathcal{N}_\delta(A)^4 + \delta^{-\varepsilon} \rho^\kappa \mathcal{N}_\delta(A)^3 \ll \delta^{-O(\varepsilon) - \varepsilon_0} \delta^{\frac{\kappa(1-\sigma)}{1+\kappa}} \mathcal{N}_\delta(A)^3.$$

For ε_0 small enough, there exists $t \in B(0, \delta^{\varepsilon_0})$ such that

$$\mathcal{N}_\delta(A + tA) \geq \delta^{-O(\varepsilon)} \delta^{-\frac{\kappa(1-\sigma)}{2(1+\kappa)}} \mathcal{N}_\delta(A),$$

a contradiction. \square

§9 Applications in homogeneous dynamics

Higher dimension setting

Let E be a semisimple algebra over \mathbb{R} . Recall Weddeburn's structure theorem, E is a direct sum of $\text{Mat}(d, \mathbb{R})$, $\text{Mat}(d, \mathbb{C})$ or $\text{Mat}(d, \mathbb{H})$.

Theorem 9.1 (Saxcé-He)

Let E be a semisimple algebra over \mathbb{R} . $\forall \kappa > 0$, $\exists \varepsilon > 0$ and $k \in \mathbb{N}$, the following holds for $\delta > 0$ sufficiently small. Let η be a probability measure on $B_E(0, 1)$ satisfying

- $\forall \rho \geq \delta$, \forall proper affine subspace $W \subset E$, $\eta(W + B(0, \rho)) \leq \delta^{-\varepsilon} \rho^\kappa$.
- $\forall x \in E$, $\eta(\{y \in E : |\det(y - x)| \leq \delta^\varepsilon\}) \leq \delta^{\kappa\varepsilon}$.

Then for any linear form $\xi \in E^*$ with $\|\xi\| \leq \delta^{-1}$, we have

$$|\widehat{\eta^{*k}}(\xi)| \leq \|\xi\|^{-\varepsilon}.$$

Fourier decay is a consequence of the following sum-product theorem in semisimple algebras.

Theorem 9.2 (Saxcé-He)

Let E be a semisimple algebra over \mathbb{R} . $\forall \kappa > 0$, $\exists \varepsilon > 0$ and $k \in \mathbb{N}$, the following holds for $\delta > 0$ sufficiently small. Let $A \subset B_E(0, 1)$ satisfying

- $\mathcal{N}_\delta(A) \leq \delta^{-\dim E + \kappa}$.
- $\forall \rho \geq \delta$, \forall proper affine subspace $W \subset E$, $\mathcal{N}_\delta(A \cap (W + B(0, \rho))) \leq \delta^{-\varepsilon} \rho^\kappa \mathcal{N}_\delta(A)$.

Then

$$\mathcal{N}_\delta(A + A \cdot A) \geq \delta^{-\varepsilon} \mathcal{N}_\delta(A).$$

Random walk on a group

Let G be a group. Let μ be a measure on G . Let

$$g_1, g_2, \dots, g_n, \dots$$

be an i.i.d. sequence of random variables in G with law μ . The sequence $S_n := g_n \cdots g_2 g_1$, $n \geq 1$ is a **random walk** on G . Then the law of S_n is μ^{*n} .

Now we consider G acting on a space X . Let x_0 be a random point in X , the initial point. We consider the sequence $x_n := S_n x_0 = g_n \cdots g_2 g_1 x_0$, $n \geq 1$. We call (x_n) a random walk on X . Let ν_0 denote the law of x_0 , then the law of x_n is $\nu_n = \mu^{*n} * \nu_0$.

Question 9.3. Does (x_n) convergence in law?

We are interested in the action $\text{GL}(d, \mathbb{Z}) \curvearrowright \mathbb{T}^d$. Let μ be a probability measure on $\text{GL}(d, \mathbb{Z})$. We assume that

- μ has a finite exponential moment: $\exists \alpha > 0$, $\int_{\text{GL}(d, \mathbb{Z})} \|g\|^\alpha d\mu(g) < \infty$.
- the Zariski closure of $\Gamma = \langle \text{supp } \mu \rangle$ is a semisimple algebraic group.

- the action $\Gamma \curvearrowright \mathbb{Q}^d$ is strongly irreducible: Γ does not preserve any finite union of nontrivial proper subspaces in \mathbb{Q}^d .
- the action $\Gamma \curvearrowright \mathbb{R}^d$ has no compact factor: there is no Γ -invariant subspace $W \subset \mathbb{R}^d$ such that the image $\Gamma \rightarrow \mathrm{GL}(W)$ is relatively compact.

The first version classifies orbit closures.

Theorem 9.4 (Orbit closures, Guivarc'h-Starkov)

Under the standing assumptions, for any $x \in \mathbb{T}^d$,

- (1) either $x \in \mathbb{Q}^d / \mathbb{Z}^d$, then the orbit Γx is finite,
- (2) or $\overline{\Gamma x} = \mathbb{T}^d$.

Remark 9.5 — This is sometimes known as **ID-property**: infinite orbits are dense.

Now we turn to the measure theoretic view.

Definition 9.6. A measure ν on \mathbb{T}^d is called μ -stationary if $\nu = \mu * \nu$.

Theorem 9.7 (Classification of stationary measures, Benoist-Quint)

Under the standing assumptions, the only μ -stationary measure on \mathbb{T}^d are convex combinations of

- uniform measures on finite orbits and
- the Haar measure $m_{\mathbb{T}^d}$.

Remark 9.8 — In particular, this result shows a stiffness: every μ -stationary measure is $\langle \mathrm{supp} \mu \rangle$ -invariant.

Furthermore, there is an equidistribution result. The classification of orbit closures and that of stationary measures follows from this result.

Theorem 9.9 (Bourgain-Furman-Lindenstrauss-Mozes, Saxe-He)

Under the standing assumptions, we have

- (1) either $\mu^{*n} * \nu_0 \xrightarrow{w*} m_{\mathbb{T}^d}$,
- (2) or $\nu_0(\mathbb{Q}^d / \mathbb{Z}^d) > 0$.

And a quantitative version,

Theorem 9.10 (Bourgain-Furman-Lindenstrauss-Mozes, Saxcé-He)

Under the standing assumptions. There exists $c > 0, C > 1$, the following holds for any $x_0 \in \mathbb{T}^d$. For every $n \geq 1, a_0 \in \mathbb{Z}^d \setminus \{0\}$ and $t \in (0, 1/2)$, if

$$|\widehat{\mu^{*n} * \delta_{x_0}}(a_0)| \geq t \quad \text{and} \quad n \geq C \log \frac{\|a_0\|}{t},$$

then there exists $q \in \mathbb{N}$ such that $q \leq \|a_0\|^C t^{-C}$ and

$$d(x_0, \frac{1}{q} \mathbb{Z}^d / \mathbb{Z}^d) \leq e^{-cn}.$$

Now we show the relations between these results and sum-product estimates. Assume that $\nu_n \not\rightarrow m_{\mathbb{T}^d}$, then there exists $t > 0, a_0 \in \mathbb{Z}^d \setminus \{0\}$ and an unbounded sequence of n ,

$$|\widehat{\nu_n}(a_0)| \geq t.$$

We want to show that ν_0 has atoms at rational points.

Theorem 9.11 (Wiener's lemma)

$$\sum_{x \in \mathbb{T}^d} \nu_0(\{x\})^2 \asymp \lim_{N \rightarrow +\infty} \frac{1}{N^d} \sum_{a \in \mathbb{Z}^d \cap B(0, N)} |\widehat{\nu_0}(a)|^2.$$

So the idea is to show that ν_0 has a lot of large Fourier coefficients.

For $n, k \in \mathbb{N}$, let $\eta_{n,k}$ denote the push forward of $(\mu^{*n})^{\otimes 2k}$ by the map

$$\Phi_k : (g_1, \dots, g_{2k}) \mapsto g_1 + \dots + g_k - g_{k+1} - \dots - g_{2k}.$$

Lemma 9.12 (Additive structure of Fourier coefficients)

If $|\widehat{\nu_n}(a_0)| \geq t$, then for every $k \in \mathbb{N}$, the set

$$A = \{g \in \text{Mat}(d, \mathbb{Z}) : |\widehat{\nu_0}(g a_0)| \geq t^{2k}/2\}$$

satisfies $\eta_{n,k}(A) \geq t^{2k}/2$.

Proof. By Hölder's inequality, $|\widehat{\nu_n}(a_0)|^{2k} \leq \int |\widehat{\nu_0}(g a_0)| d\eta_{n,k}(g)$. □

Recall that

$$\widehat{\eta_{n,k}}(\xi) = |\widehat{\mu^{*n}}(\xi)|^{2k}, \quad \forall \xi \in \text{Mat}(d, \mathbb{R})^*.$$

We want to deduce that

$$\{g a_0 : g \in A\} \subset \{a \in \mathbb{Z}^d : |\widehat{\nu_0}(a)| \gg t^{O(k)}\}$$

is large from the fact that $\eta_{n,k}(A) \gg t^{O(k)}$ and the Fourier decay for μ^{*n} .

Proposition 9.13

Under the standing assumptions. There exists $C > 0, \sigma > \tau > 0$. If

$$|\widehat{\mu^{*n} * \nu_0}(a_0)| \geq t, \quad \text{for some } n \geq C|\log t|.$$

Then

$$\mathcal{N}_M(B(0, N) \cap \{a \in \mathbb{Z}^d : |\widehat{\nu_0}(a)| \gg t^C\}) \gg t^C \left(\frac{N}{M}\right)^d$$

where $N = e^{\sigma n} \|a_0\|$ and $M = e^{-\tau n} N$.