

Children Pre-test Questionnaire

What do you do when you use your smart device?

- ☒ Watch movies/youtube (entertainment)
- ☒ Play games
- ☐ Draw
- ☐ Chat,video/phone call with friends (social)
- ☐ Read

How much time do you spend on your smart device?

- ☒ I spend all my free time on my device.
- ☒ I use it in the morning before school.
- ☒ I use it after school until bedtime
- ☒ I use it on the weekends
- ☒ Before going to bed
- ☐ Other:

Do you think you spend too much time on your device?

- ☐ Yes
- ☒ No



Would you spend less time on your phone if you were rewarded?

- ☐ Yes
- ☐ No
- ☒ depends on the reward

What kind of reward would make you spend less time on your device?

- ☐ More allowance (money)
- ☒ Candies/snacks (food)
- ☐ Activities (going to see a movie, going to laser quest, etc)
- ☐ Other:

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