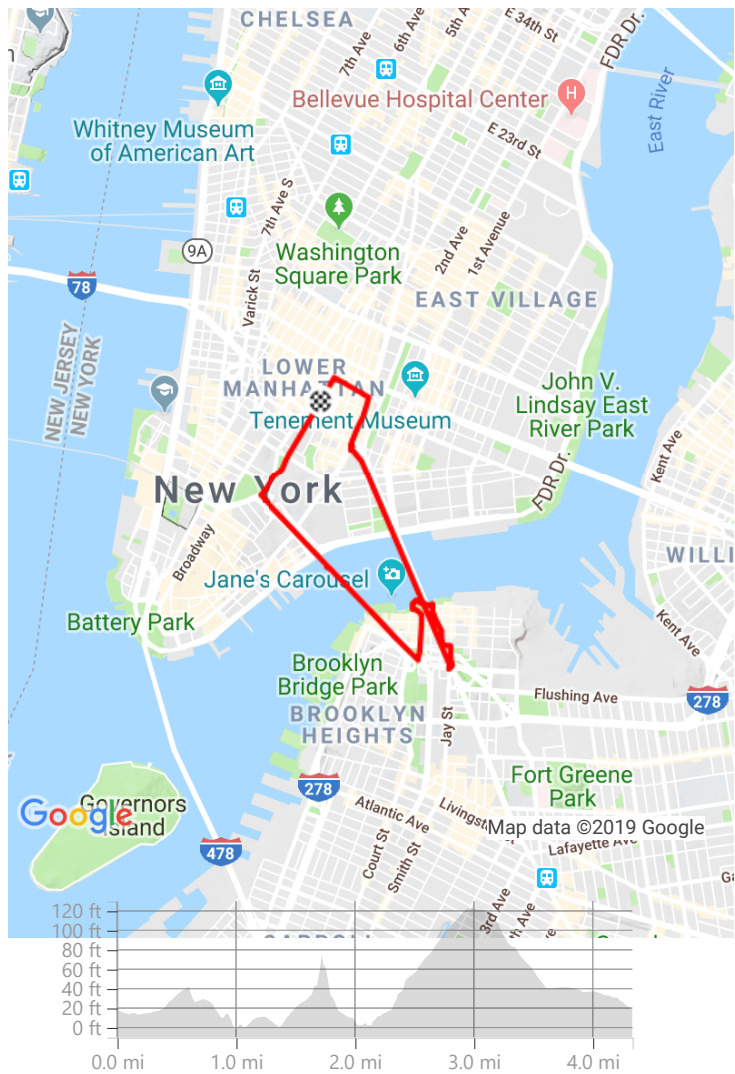


**STRAVA**  
**MOCA 4M**

<https://www.strava.com/routes/18086421>



Route recommendations may be incomplete and/or inaccurate and may contain sections of private land and/or sections of terrain that could be challenging or hazardous. Always use your best judgement about the safety of road and trail conditions and follow traffic and property laws. Est. Moving Time based on your avg pace of 10:01/mi over last 4 weeks

DIRECTION	DISTANCE (miles)
Proceed onto Centre Street	0.0
Continue	0.5
Left onto Brooklyn Bridge	0.5
Proceed onto Brooklyn Bridge	0.5
Proceed onto Brooklyn Bridge	1.5
Left onto Cadman Plaza East	1.7
Continue on Washington Street	1.7
Left onto Plymouth Street	1.9
Right	1.9
Proceed	2.0
Proceed	2.0
Proceed onto Adams Street	2.1
Left onto Plymouth Street	2.1
Right onto Anchorage Place	2.1
Proceed onto Anchorage Place	2.2
Continue on Pearl Street	2.2
Continue	2.3
Left onto York Street	2.3
Proceed onto Jay Street	2.4
Right onto Sands Street	2.5
Left onto Jay Street	2.5
Proceed onto Manhattan Bridge Pedestrian Path	2.5
Continue on Bowery / Manhattan Bridge	3.7
Left onto Canal Street / Manhattan Bridge	3.7
Right onto Bowery	3.7
Proceed onto Bowery	3.9
Left onto Broome Street	4.0
Proceed onto Centre Street	4.2
Arrive at Finish	4.3