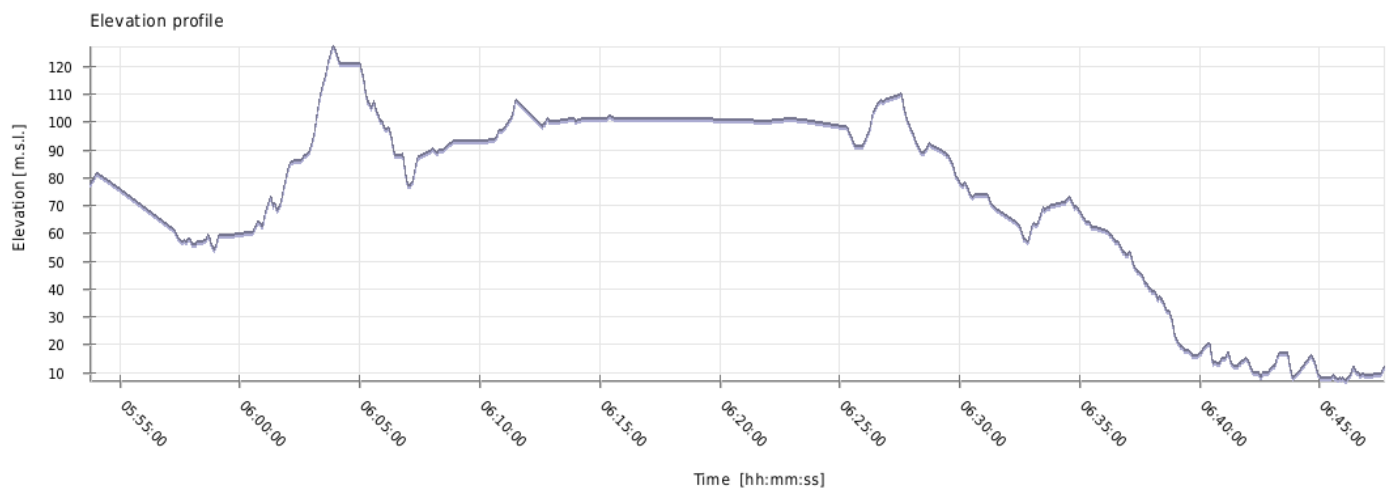
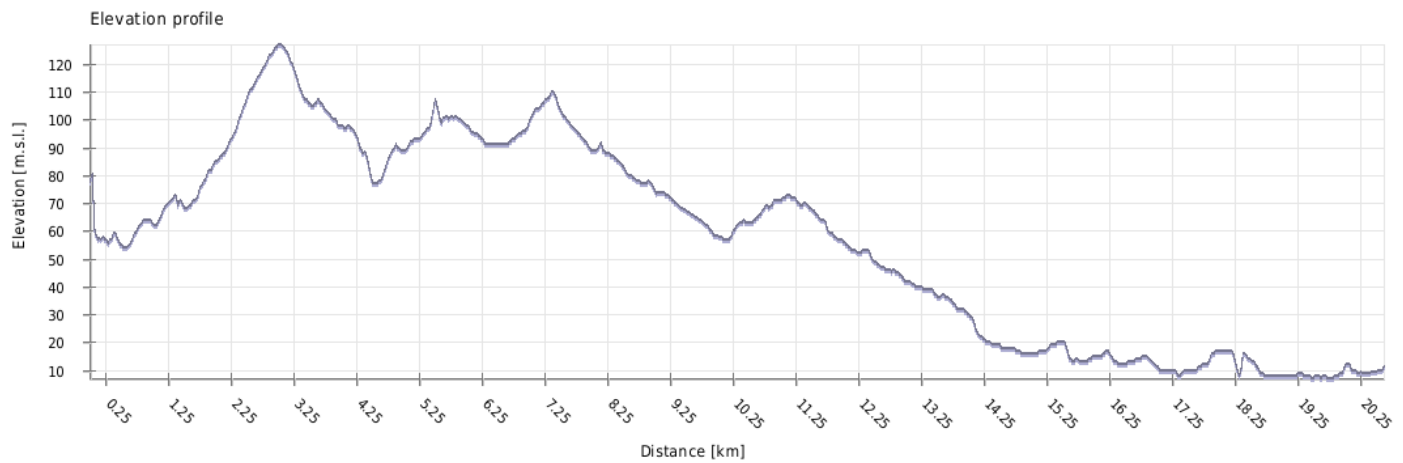
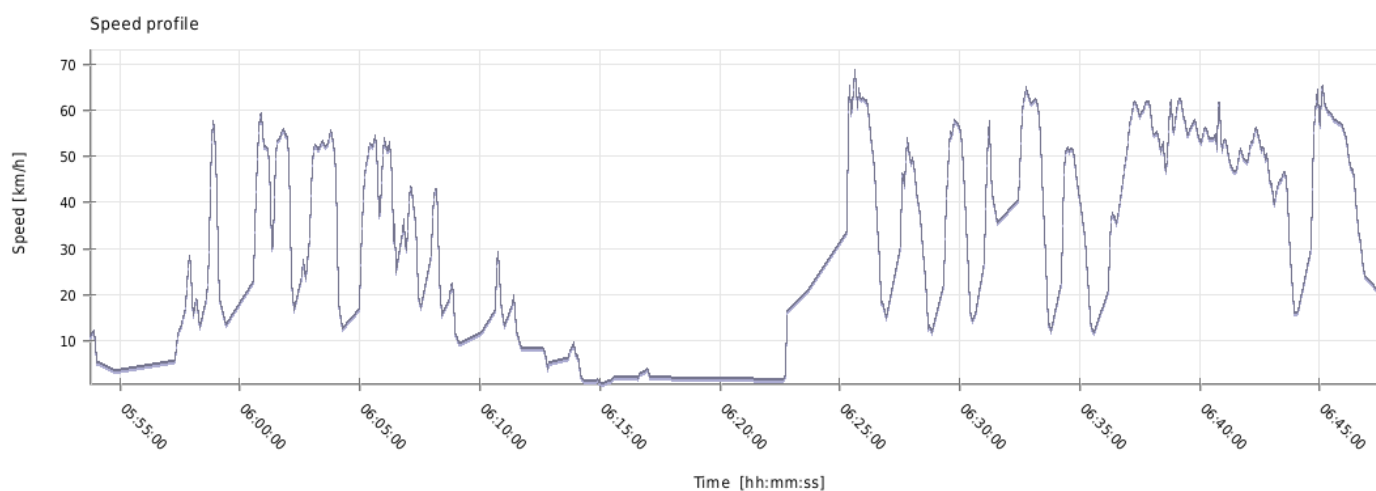
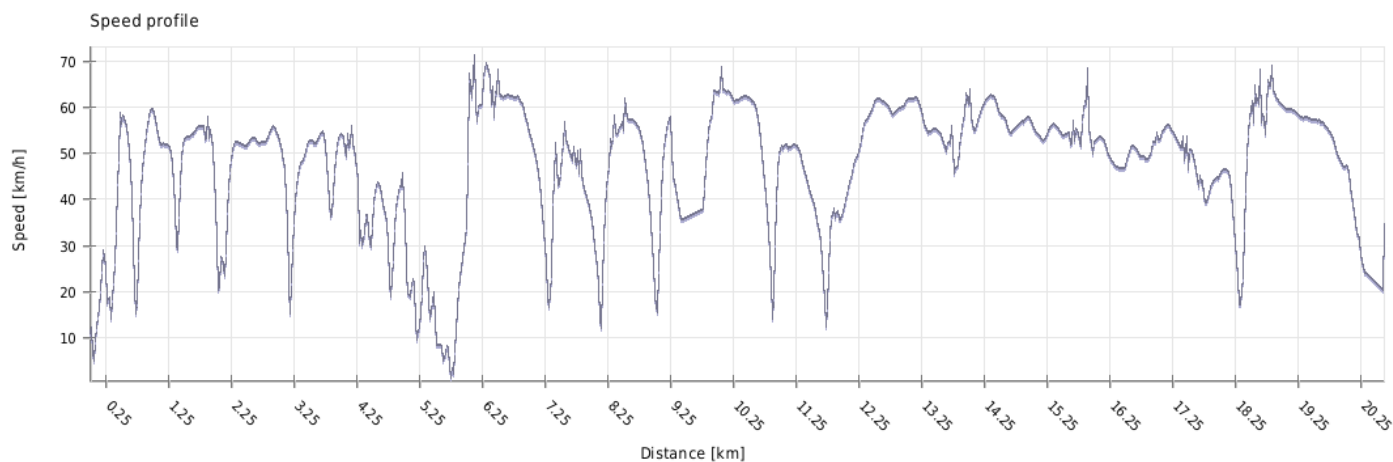


## Elevation



Minimum elevation:	7 m.s.l.
Maximum elevation:	127 m.s.l.
Average elevation:	60.9 m.s.l.
Maximum difference:	120 m
Total climbing:	229 m
Total descent:	297 m
Start elevation:	80.2 m.s.l.
End elevation:	12 m.s.l.
Final balance:	-68.2 m

## Speed



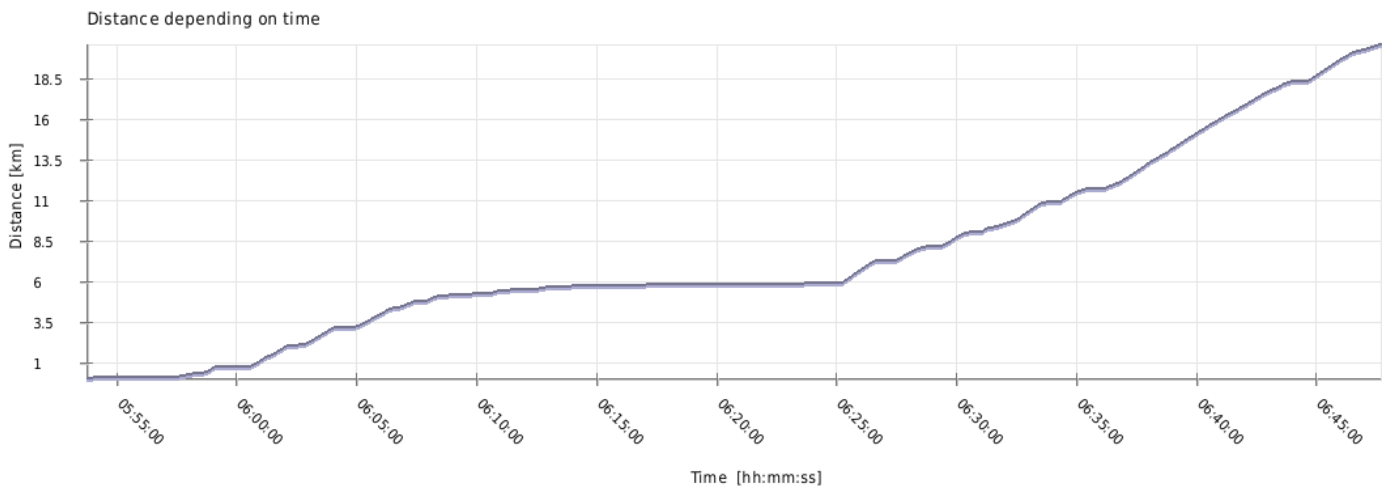
Minimum speed:	0.6 km/h
Maximum speed:	73.1 km/h
Average climbing speed :	22.4 km/h
Average descent speed :	25.6 km/h
Average flat speed:	41.3 km/h
Average speed:	33.1 km/h

## Time

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Date of track:	9.8.2022
Start time:	05:53:45
End time:	06:47:42
Total track time:	53m 57s
Climbing time:	11m 21s
Descent time:	17m 15s
Flat time:	25m 21s

Distance



Total flat distance:	20.6 km
Total real distance:	20.6 km
Climbing distance:	3.2 km
Descent distance:	4 km
Flat distance:	13.4 km