# LIXUE HUANG

#### **EDUCATION**

Deakin University, Melbourne, VIC

**Bachelor of Nursing**, Bachelor of Nursing, graduated in 02/2021

# PROFESSIONAL **SUMMARY**

- Recent Graduate Nurse with Bachelor of Nursing from Deakin University.
- Currently working as a graduated nurse with Well Health Care
- Eager to take new grad RN position in a hospital's medical and surgical rotations

#### **SKILLS**

- Maintain and enhance professional therapeutic relationships with colleagues and patients/clients.
- Conduct a primary assessment and a focused system assessment on patients/clients.
- Work with the multidisciplinary health team to deliver person-centred care.
- Respect cultural diversity; deliver safe, and evidence-based and culturally safe nursing care; advocate for them if needed.
- Administer medications via different routes; perform infection controls and hand hygiene.
- Use correct manual handling; assist patients with ADLs and daily activities.
- Perform documentation accurately and timely, report any concerns.
- Promote independence by empowering patients/clients and their families involving in healthcare decision-making.
- Education on self-management, providing relevant and contemporary health care information.

# WORK HISTORY

#### REGISTERED NURSE, 09/2021- to date

Eastern Health - Angliss Hospital, Part-time position, Melbourne, VIC

- Work collaboratively with other health-care team members to provide efficient, effective and responsive patient-centered nursing care.
- Support and encourage patients' and their families' understanding of of care delivery and care planning through timely and effective communication with them.
- Implementing evidence based clinical interventions against Eastern Health policy, standard and clinical practice guidelines.
- Reporting outcomes of nursing interventions to the Unit Manager, Team Leader, ANUM or delegate.

#### REGISTERED NURSE, 06/2021- to date

### Well Health Care, Casual position, Melbourne, VIC

- Undertake nursing duties for the client to maximise the client's wellbeing and healthcare at home, for example medication administration and wound management.
- Monitor and advise of hazards or risks in and around environments where clients live
- Provide base-line assessment information and ongoing care with appropriate interventions
- Ensure the continuity of client care by liaising with hospitals, other community services, doctors and allied health professionals
- Co-ordinate a written nursing care plan for clients/clients and assist with this plan
- Observe and promptly report any changes in a client's behaviour or wellbeing

#### PERSONAL CARE ASSISTANT 05/2021 - to date

#### Regis Aged Care, Part-time position, Melbourne, VIC

- Providing the very best care and support to clients in line with their personalised care plans
- Provide safe and effective person-centered care, attending to clients' personal care needs, including showering, dressing and other daily activities
- Assisting clients with their medication requirements
- Maintain up to date documentation and adherence to all legislative requirements and guidelines

# NURSING PLACEMENT

- Assisting clients to develop skills to encourage their independence
  Working as part of the care team, using a holistic approach, to look at every aspect of our clients' care
- Liaise with Register Nurse, Medical and Allied Services to ensure quality and timely delivery of care

#### NURSING STUDENT 11/2020 to 12/2020

#### Eastern Health-Maroondah Hospital (Medical Centre), Ringwood East, VIC

- Administered medications with various routes under preceptors' supervision.
- Conducted wound care and documentation.
- Assessment, care and removal of CVAD devices with proper patient education.
- Assessment, care and removal of drain tubes with proper patient education.
- Communication towards the patients, nursing staff and other hospital staff alike (doctors/ allied health)
- Exposed to NIV/ PICC lines / Telemetry patients and monitor their care under supervision.
- Exposure to palliative patients and learning to care for them and their families.

#### NURSE STUDENT 06/2020 to 06/2020

#### Eastern Health - Boxhill Hospital (surgical Ward), Box Hill, VIC

- Worked under preceptors' supervision, making shift plans to prioritise the health care tasks.
- Completed pre-and post-operative observations accurately.
- Conducted pain assessment regularly post-surgery and evaluating appropriate pain management.
- Monitored drainage tubes and wound sites, performed IDC insertion and TOV.
- Monitored and check the stoma site, maintain infection free of the stoma site, emptied and

- changing ostomy bags.
- Performed PEG feeding and appropriate PEG care.
- Maintained accurate fluid balance chart; kept the medical records accurately.
- Communication with buddy preceptors or nurse in charge, or doctors for any concerns related to deteriorations.
- Assisted patients' ADLs, promoting their independence by encouraging proper activities with physiotherapist's advice.
- Administered medications with various routes under preceptors' supervision.
- Communicated and received post-operative patients' handover ensures they are stable and safe to the ward prior to receiving patients from the recovery room.

#### NURSING STUDENT 05/2020 to 05/2020

# Eastern Health-Maroondah Hospital (Medical Centre), Ringwood East, VIC

- Performed ISOBAR handover
- Monitored patient with ongoing blood transfusion.
- Conducted Venepuncture
- Observed and demonstrated PICC line removal under supervision
- Perform SPC care

#### NURSING STUDENT 11/2019 to 11/2019

# Eastern Access Community Health, Ringwood East, VIC

- Assisted and observe comprehensive refugee health assessments.
- Assisted and observe diabetes reviews.
- Researched and administration of catch-up immunisations.
- Observed youth mental health assessments.
- Assisted with day activities dementia group.

### NURSING STUDENT 10/2019 to 11/2019

# Monash Health- Kingston Centre (Biala), Cheltenham, VIC

- Performed mental state examination
- Risk management conduction
- Progress notes documentation
- Medication administration with preceptors

# NURSING STUDENT 06/2019 to 07/2019

# Melbourne Private Hospital (Cardiac Ward), Melbourne City, VIC

- Worked under supervision, making shift plans to prioritise the health care tasks.
- Accessed patient's e-Medical history to know their health conditions and altered criteria.
- Monitored patients' cardiac performance, checking for any peripheral oedema.
- Conducted ECG when necessary.
- Conducted pain assessment regularly and evaluating appropriate pain management.
- Maintained accurate fluid balance chart; Keep the medical records accurately and continually.
- Communication with preceptors, nurse in charge or doctors for any concerns related to deteriorations; seeking help whenever unsure or unconfident to perform tasks and reflection

- after each shift.
- Assisted patients' ADLs, promoting their independence by encouraging proper activities with physiotherapist's advice.
- Administered medications with various routes under supervision.

#### NURSING STUDENT 11/2018 to 12/2018

# Eastern Health - Boxhill Hospital (Surgical Ward), Boxhill, VIC

- Worked under preceptors' supervision makes shift plans to prioritize the health care tasks;
  Keep the medical records accurately and continually.
- Completed post-operative observations accurately, conducting pain assessment regularly postsurgery, and evaluating appropriate pain management.
- Monitored drainage tubes and wound sites, recording the volume of drainage.
- Administered medications with various routes under supervision.

#### NURSING STUDENT 05/2018 to 05/2018

# Monash Health - Kingston Centre (Rehabilitation), Cheltenham, VIC

- Performed duties following all applicable standards, policies and regulatory guidelines to promote a safe working environment.
- Transferred patients by utilising different types of hoists.
- Don on and off Personal Protective Equipment for patients with strict precaution patients.
- Perform primary pain assessments, vitals and neurovascular observations.

# REFEREE 信 息