

## SECURITY (COMP0141): SECURITY BEHAVIOUR



### HOW TO IMPROVE

Users lack intuition about complex computing devices →  
[Provide security education and training](#)

Users are in charge of their own (complex) devices →  
[Make security invisible](#)

It is hard to estimate risks →  
[Help users build more accurate mental models](#)

Security measures feel like they get in the way →  
[Make security the path of least resistance](#)

We've seen before different approaches to achieving usable security – let's go through them in turn now

## AWARENESS, EDUCATION, AND TRAINING

**Awareness:** why security matters and how behaviour affects it

- Make people realise security applies to them
- Principles from advertising: brief, unexpected, funny, visual



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**Education:** increase knowledge of threats and impact

- Change perceptions of and attitudes towards security
- Need to be positive (not just "don't"), realistic, and persuasive

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**Training:** build competencies and skills

- Replace bad habits with good ones
- Cannot be achieved via annual computer training!
- Need monitoring and corrective feedback

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These all need to take into account what we learned in the last lecture about human behaviour

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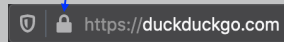
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## SECURE COMMUNICATION

no real sign of it, but your traffic  
is encrypted (and thus secure)

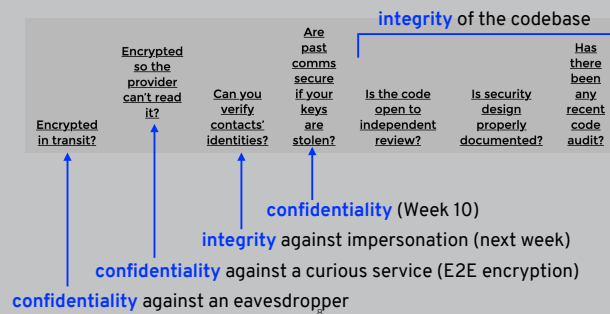


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We've already seen one example in which security was largely invisible, let's look at other forms of secure communication

## SECURE MESSAGING SCORECARD

The EFF secure messaging scorecard evaluated messaging apps using a variety of different criteria



The scorecard is out of date but you can find it at <https://www.eff.org/pages/secure-messaging-scorecard>

## SECURE MESSAGING SCORECARD

	Encrypted in transit?	Encrypted so the provider can't read it?	Can you verify contacts' identities?	Are past comms secure if your keys are stolen?
FACEBOOK	yes	no		
IMESSAGE	yes	yes		
SIGNAL	yes	yes		
TELEGRAM	yes	no		
WHATSAPP	yes	yes		

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Other forms of communication like messaging (texting, etc.) are secure/encrypted, although it depends a lot on the service provider

## MISCONCEPTIONS

**Futility:** Service providers / intelligence agencies / attackers are all-powerful so there's no point in trying to be secure

**Usability:** Apps with a good usable design are more secure

**Lack of prudent paranoia:** Why would anyone want to read my messages anyway?

**Security by obscurity:** Open source schemes are less secure than proprietary ones

**Fail-safe default:** Assume security is always there (but apps like Telegram have two modes)

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There are many misconceptions about the difference between different apps, some of these go back to the security design principles we saw

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## WHY JOHNNY CAN'T ENCRYPT

### Why Johnny Can't Encrypt

#### A Usability Evaluation of PGP 5.0

ALMA WHITTEN AND J. D. TYGAR

Only 2 out of 12 participants were able to complete tasks of:

- Generating keys
- Sending encrypted messages
- Decrypting received messages

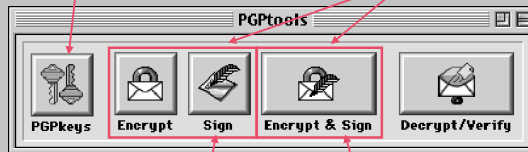
Some thought they were sending encrypted messages but were actually sending the plaintext - lack of usability led to issues with both availability and confidentiality

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## WHY JOHNNY CAN'T ENCRYPT

— keys in real life are *symmetric*, but here they're *asymmetric*: you can't decrypt things you encrypt (*wrong mental model*)

what's the difference?



signing is misleading - what does it have to do with encryption?  
(*wrong mental model*)

*lack of feedback* once you click  
(what did I just do?)

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## SLIPS VS. MISTAKES

**Slips** (right intent, wrong action):

- Caused by inattention
- Fixed with better design, fail-safe defaults
- Likely to occur when users deviate from a routine

**Mistakes** (wrong intent)

- Caused by a mismatch with the user's mental model
- Error in planning
- Fixed with better knowledge and feedback

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Slips can be targeted with more usable design, while mistakes are “deeper” and caused by a mismatch with the mental model

This is still very much a problem today

WHY JOHNNY (STILL) CAN'T ENCRYPT

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**Why Johnny Can't Encrypt**  
***A Usability Evaluation of PGP 5.0***  
ALMA WHITTEN AND J. D. TYGAR

**Why Johnny Still, Still Can't Encrypt:  
Evaluating the Usability of a Modern PGP Client**  
Scott Ruoti, Jeff Andersen, Daniel Zappala, Kent Seamons  
Brigham Young University

**Why (Special Agent) Johnny (Still) Can't Encrypt:  
A Security Analysis of the APCO Project 25 Two-Way Radio System**  
Sandy Clark   Travis Goodspeed   Perry Metzger   Zachary Wasserman   Kevin Xu  
Matt Blaze  
University of Pennsylvania

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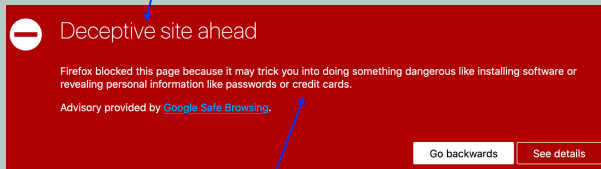
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## SECURITY WARNINGS

warning is **brief**



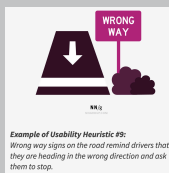
uses **simple language** to describe a **specific risk**

**visual design** makes the secure option look more **attractive**

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## USABILITY HEURISTICS

Great example of Nielsen's 9th usability heuristic: "Help users recognise, diagnose, and recover from errors"



Other ones include:

- Recognition rather than recall (**reduce memory burden**)
- Design that speaks the user's language (**mental models**)
- Visibility of system status (**feedback**)

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The ten usability heuristics: <https://www.nngroup.com/articles/ten-usability-heuristics/>

## MAKING SECURITY EASIER

Need to:

- Minimise effort (workload and complexity)
- Support and guide users through design

Security **habits** must become “unconscious competence”

But how do we actually change these habits?

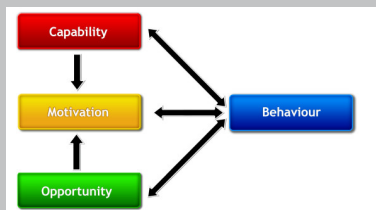
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## COM-B SYSTEM

ARE THEY  
ABLE TO?

DO THEY  
WANT TO?

CAN THEY?

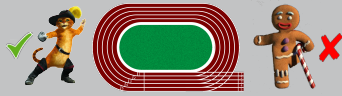


generalises for many different user groups  
(just different obstacles for different groups)

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This is due to Michie et al. (The behaviour change wheel: a new method for characterising and designing behaviour change interventions, 2011), also used to target obesity and get people to stop smoking

## IS THE SYSTEM USABLE?



**Need to instead ask:** Is it usable for **this** user with **this** goal?

Not all **users** are the same: employees at a university, older adults, children, women, blind people, refugees, journalists, etc.

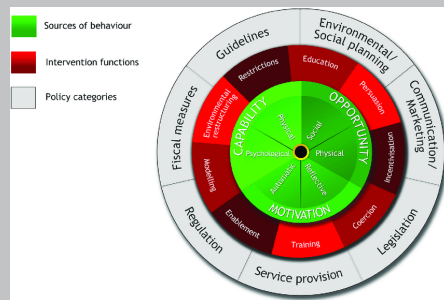
Even the same user can act differently (busy, on their laptop, etc.)

Not all **goals** are the same: employees use company devices for work, members of the public use mobile devices for social media, communication, gaming, navigation, etc.

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This goes back to what we saw in Week 1, it's really important to have approaches that work for all users, not just specific groups

## COM-B SYSTEM



see a range of different approaches that can influence behaviour  
(useful for far more than just computer security!)

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See that different interventions work to address different limitations

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Like we saw with cryptography, there is no silver bullet and these things don't work on their own – need to try to achieve all of them in order to really achieve usable security

## QUIZ!

Please go to

`https://moodle.ucl.ac.uk/mod/quiz/view.php?id=2821872`

to take this week's quiz!

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