

# CHEAT SHEETS

FOR EVERYTHING!

PENETRATION TESTING CHEAT SHEETS

FORENSICS CHEAT SHEETS

CISO AND WEBADMIN CHEAT SHEETS

MALWARE ANALYSIS AND REVERSE ENGINEERING

TEXT EDITORS

DEVELOPERS/BUILDERS

OWASP CHEAT-SHEETS STILL IN DRAFT/BETA STAGES



CYBER TIPS

# INFO-SEC RELATED CHEAT SHEETS

## PENETRATION TESTING CHEAT SHEETS



Mobile Application Pentesting: <https://www.peerlyst.com/posts/mobile-application-penetration-testing-cheat-sheet>

Nmap : <https://pen-testing.sans.org/blog/2013/10/08/nmap-cheat-sheet-1-0/>

Nmap (Not printable): <https://hackertarget.com/nmap-cheatsheet-a-quick-reference-guide/>

Nmap 5(older version): <https://nmapcookbook.blogspot.lu/2010/02/nmap-cheat-sheet.html>

Nmap 5 (older version, printable) <http://www.cheat-sheets.org/saved-copy/Nmap5.cheatsheet.eng.v1.pdf>

Java-Deserialization <https://github.com/GrrrDog/Java-Deserialization-Cheat-Sheet>

Metasploit <https://www.tunnelsup.com/metasploit-cheat-sheet/>

Another Metasploit: <http://resources.infosecinstitute.com/metasploit-cheat-sheet/>

Powerupsql <https://github.com/NetSPI/PowerUpSQL/wiki/PowerUpSQL-CheatSheet>

Scapy <https://pen-testing.sans.org/blog/2016/04/05/scapy-cheat-sheet-from-sans-sec560#>

HTTP Status codes: [http://suso.suso.org/docs/infosheets/HTTP\\_status\\_codes.gif](http://suso.suso.org/docs/infosheets/HTTP_status_codes.gif)

Beacon <https://github.com/HarmJ0y/CheatSheets/blob/master/Beacon.pdf>

Powershellempire <https://github.com/HarmJ0y/CheatSheets/blob/master/Empire.pdf>

Powersploit <https://github.com/Hackplayers/CheatSheets/blob/master/PowerSploit.pdf>

PowerUp <https://github.com/Hackplayers/CheatSheets/blob/master/PowerUp.pdf>

PowerView <https://github.com/Hackplayers/CheatSheets/blob/master/PowerView.pdf>

Vim <https://people.csail.mit.edu/vgod/vim/vim-cheat-sheet-en.pdf>

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## Memory Acquisition

Remember to open command prompt as Administrator

**Win32dd / Win64dd** (x86 / x64 systems respectively)  
/f Image destination and filename

```
C:\> win32dd.exe /f E:\mem.img
```

**Mandiant Memoryze MemoryDD.bat**

-output image destination

```
C:\> MemoryDD.bat -output E:\
```

**Volatility™ WinPmem**

- (single dash) Output to standard out  
-l Load driver for live memory analysis

```
C:\> winpmem_<version>.exe
```

## Converting Hibernation Files and Crash Dumps

**Volatility™ imagecopy**

-f Name of source file (crash dump, hibernation file)  
-o Output file name  
--profile Source OS from imageinfo

```
# vol.py imagecopy -f hiberfil.sys -o
```

```
hiber.img --profile=Win7SP1x64
```

```
# vol.py imagecopy -f Memory.dmp -o
```

```
memdump.img --profile=Win7SP1x64
```

## Memory Analysis Tools

**Volatility™ (Windows/Linux/Mac)**

<http://code.google.com/p/volatility/>

**Mandiant Redline (Windows)**

<http://www.mandiant.com/resources/download/redline>

**Volafox (Mac OS X and BSD)**

## Memory Artifact Timelining

The Volatility™ Timeliner plugin parses time-stamped objects found in memory images. Output is sorted by:

- > Process creation time
- > Thread creation time
- > Driver compile time
- > DLL / EXE compile time
- > Network socket creation time
- > Memory resident registry key last write time
- > Memory resident event log entry creation time

**timeliner**

--output-file Optional file to write output  
--output=body body for mactime

```
# vol.py -f mem.img timeliner --output-file out.csv  
--profile=Win7SP1x86
```

## Registry Analysis Volatility™ Plugins

**hivelist** - Find and list available registry hives

```
# vol.py hivelist
```

**hivedump** - Print all keys and subkeys in a hive

-o Offset of registry hive to dump (virtual offset)

```
# vol.py hivedump -o 0x01a14b60
```

**printkey** - Output a registry key, subkeys, and values

-K "Registry key path"

```
# vol.py printkey -K  
"Software\Microsoft\Windows\CurrentVersion\Run"
```

**userassist** - Find and parse userassist key values

```
# vol.py userassist
```

**hashdump** - Dump user NTLM and Lanman hashes

-y Virtual offset of SYSTEM registry hive (from hivelist)

-s Virtual offset of SAM registry hive (from

hivelist)

```
# vol.py hashdump -y 0x8781c008 -s
```



## Memory Forensics Cheat Sheet v1.1

POCKET REFERENCE GUIDE

SANS Institute

<http://computer-forensics.sans.org>

by Chad Tilbury

<http://forensicmethods.com>

## Purpose

This cheat sheet supports the SANS FOR508 Advanced Forensics and Incident Response Course and SANS FOR526 Memory Analysis. It is not intended to be an exhaustive resource of Volatility™ or other highlighted tools. Volatility™ is a trademark of Verizon. The SANS Institute is not sponsored or approved by, or affiliated with Verizon.

## How To Use This Document

Memory analysis is one of the most powerful tools available to forensic examiners. This guide hopes to simplify the overwhelming number of available options.

Analysis can be generally broken up into six steps:

1. Identify Rogue Processes
2. Analyze Process DLLs and Handles
3. Review Network Artifacts
4. Look for Evidence of Code Injection
5. Check for Signs of a Rootkit
6. Dump Suspicious Processes and Drivers

We outline the most useful Volatility™ plugins supporting these six steps here. Further information is provided for:

- > Memory Acquisition
- > Converting Hibernation Files and Crash Dumps
- > Memory Artifact Timelining
- > Registry Analysis Volatility™ Plugins
- > Memory Analysis Tool List

Master boot record, guid partition table, NTFS volume boot record, Master file table record, standard information attribute, \$Attribute list attribute, \$file name attribute, and more forensics posters/cheat sheets: <https://github.com/Invoke-IR/ForensicPosters>

Mounting DD Images <https://sift.readthedocs.io/en/latest/cheatsheet/>

SANS Cheat sheet : <http://digital-forensics.sans.org/community/cheat-sheets>

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## CISO AND WEBADMIN CHEAT SHEETS



CSP cheat sheet <https://scotthelme.co.uk/csp-cheat-sheet/#require-sri-for> (via Scott Helme)

HTTP Status codes [http://suso.suso.org/docs/infosheets/HTTP\\_status\\_codes.gif](http://suso.suso.org/docs/infosheets/HTTP_status_codes.gif)

The windows logging Cheat Sheet [https://www.malwarearchaeology.com/s/Windows-Logging-Cheat-Sheet ver Oct 2016.pdf](https://www.malwarearchaeology.com/s/Windows-Logging-Cheat-Sheet-ver-Oct-2016.pdf)

[The Windows Splunk Logging Cheat Sheet](#)

[The Windows File Auditing Logging Cheat Sheet](#)

[The Windows Registry Auditing Logging Cheat Sheet](#)

[The Windows PowerShell Logging Cheat Sheet](#)

Curl HTTP : <https://bagder.github.io/curl-cheat-sheet/http-sheet.html>

[Virtual Patching](#)

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## MALWARE ANALYSIS AND REVERSE ENGINEERING



Malware analysis: <http://r00ted.com/cheat%20sheet%20reverse%20v5.png>

ADB: [https://github.com/maldroid/adb\\_cheatsheet](https://github.com/maldroid/adb_cheatsheet)

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- [Insecure Direct Object Reference Prevention](#)
- [Content Security Policy](#)

## Nmap Cheat Sheet

### Target Specification

| Switch    | Example                      | Description              |
|-----------|------------------------------|--------------------------|
|           | nmap 192.168.1.1             | Scan a single IP         |
|           | nmap 192.168.1.1 192.168.2.1 | Scan specific IPs        |
|           | nmap 192.168.1.1-254         | Scan a range             |
|           | nmap scanme.nmap.org         | Scan a domain            |
|           | nmap 192.168.1.0/24          | Scan using CIDR notation |
| -iL       | nmap -iL targets.txt         | Scan targets from a file |
| -iR       | nmap -iR 100                 | Scan 100 random hosts    |
| --exclude | nmap --exclude 192.168.1.1   | Exclude listed hosts     |

### Scan Techniques

| Switch | Example              | Description  |
|--------|----------------------|--|
| -sS    | nmap 192.168.1.1 -sS | TCP SYN port scan (Default)                            |
| -sT    | nmap 192.168.1.1 -sT | TCP connect port scan (Default without root privilege) |
| -sU    | nmap 192.168.1.1 -sU | UDP port scan  |
| -sA    | nmap 192.168.1.1 -sA | TCP ACK port scan                                      |
| -sW    | nmap 192.168.1.1 -sW | TCP Window port scan                                   |
| -sM    | nmap 192.168.1.1 -sM | TCP Maimon port scan                                   |

### Host Discovery

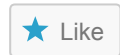
| Switch | Example                        | Description                                     |
|--------|--------------------------------|---|
| -sL    | nmap 192.168.1.1-3 -sL         | No Scan. List targets only                      |
| -sn    | nmap 192.168.1.1/24 -sn        | Disable port scanning                           |
| -Pn    | nmap 192.168.1.1-5 -Pn         | Disable host discovery. Port scan only          |
| -PS    | nmap 192.168.1.1-5 -PS22-25,80 | TCP SYN discovery on port x. Port 80 by default |
| -PA    | nmap 192.168.1.1-5 -PA22-25,80 | TCP ACK discovery on port x. Port 80 by default |
| -PU    | nmap 192.168.1.1-5 -PU53       | UDP discovery on port x. Port 40125 by default  |
| -PR    | nmap 192.168.1.1-1/24 -PR      | ARP discovery on local network                  |
| -n     | nmap 192.168.1.1 -n            | Never do DNS resolution                         |

### Port Specification

| Switch      | Example                             | Description   |
|-------------|-------------------------------------|---|
| -p          | nmap 192.168.1.1 -p 21              | Port scan for port x  |
| -p          | nmap 192.168.1.1 -p 21-100          | Port range  |
| -p          | nmap 192.168.1.1 -p U:53,T:21-25,80 | Port scan multiple TCP and UDP ports                                  |
| -p-         | nmap 192.168.1.1 -p-                | Port scan all ports   |
| -p          | nmap 192.168.1.1 -p http,https      | Port scan from service name   |
| -F          | nmap 192.168.1.1 -F                 | Fast port scan (100 ports)  |
| --top-ports | nmap 192.168.1.1 --top-ports 2000   | Port scan the top x ports   |
| -p-65535    | nmap 192.168.1.1 -p-65535           | Leaving off initial port in range makes the scan start at port 1      |
| -p0-        | nmap 192.168.1.1 -p0-               | Leaving off end port in range makes the scan go through to port 65535 |

Src: Peerlist

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3.

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2. Critical Thinking
3. Creativity

**in 2015**

1.  
2.  
3.

1. Complex Problem Solving
2. Coordinating with Others
3. People Management

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## DIGITAL FORENSICS

DIGITAL FORENSICS IS A BRANCH OF FORENSIC SCIENCE FOCUSING ON THE RECOVERY AND INVESTIGATION OF RAW DATA RESIDING IN ELECTRONIC OR DIGITAL DEVICES. THE GOAL OF THE



PROCESS IS TO EXTRACT AND RECOVER ANY INFORMATION FROM A DIGITAL DEVICE WITHOUT ALTERING THE DATA PRESENT ON THE DEVICE.

