

Required book (\$25 - \$33)

CNIT 124 Advanced Ethical Hacking

Fall 2017 Sam Bowne

Scores

Open Lab Hours for Sci 214

Schedule · Lecture Notes · Projects · Links · Home Page



Optional book (\$35)

CRN 77818 Thu 6:10-9:00 MUB 388

Catalog Description

Advanced techniques of defeating computer security, and countermeasures to protect Windows and Unix/Linux systems. Hands-on labs include Google hacking, automated footprinting, sophisticated ping and port scans, privilege escalation, attacks against telephone and Voice over Internet Protocol (VoIP) systems, routers, firewalls, wireless devices, Web servers, and Denial of Service attacks.

Prerequisites: CNIT 123.

Upon successful completion of this course, the student will be able to:

- A. Use Google and automated footprinting tools to locate vulnerable Web servers, passwords, open VNC servers, database passwords, and Nessus reports
- B. Perform sophisticated ping and port scans with several tools, and protect servers from the scans
- C. Enumerate resources on systems using banner-grabbing and specific attacks against common Windows and Unix/Linux services including FTP, Telnet, HTTP, DNS, and many others, and protect those services
- D. Use authenticated and unauthenticated attacks to compromise Windows and Unix/Linux systems and install backdoors and remote-control agents on them, and protect the systems from such attacks
- E. Enter networks through analog phone systems, defeating many authentication techniques, and defend networks from such attacks
- F. Penetrate PBX, voicemail, Virtual Private Network (VPN), and Voice over Internet Protocol (VoIP) systems, and defend them
- G. Perform new wireless attacks, including denial-of-service and cracking networks using Wi-Fi Protected Access (WPA) and WPA-2
- H. Identify firewalls and scan through them
- I. Perform classical and modern Denial of Service (DoS) attacks, and defend networks from them
- J. Locate Web server vulnerabilities, exploit them, and cure them
- K. Describe many ways Internet users are attacked through their browsers and other Internet clients, and the protective measures that can help them

Student Learning Outcomes (measured to guide course improvements)

Enumerate resources on systems using banner-grabbing and specific attacks against common Windows and Unix/Linux services including FTP, Telnet, HTTP, DNS, and many others, and protect those services

Perform classical and modem Denial of Service (DoS) attacks, and defend networks from them

Locate Web server vulnerabilities, exploit them, and cure them

Textbook

Penetration Testing: A Hands-On Introduction to Hacking by Georgia Weidman -- ISBN-10: 1593275641, No Starch Press; 1 edition (June 8, 2014)

Buy from Amazon

Quizzes

The quizzes are multiple-choice, online, and open-book. However, you may not ask other people to help you during the quizzes. You will need to study the textbook chapter before the lecture covering it, and take the quiz before that class. Each quiz is available for one week, up 30 minutes before class. Each quiz has 5 questions, you have ten minutes to take it, and you can make two attempts. If you take the quiz twice, the higher score counts.

To take quizzes, first <u>claim your RAM ID</u> and then log in to Canvas here:

https://ccsf.instructure.com

Live Streaming

Live stream at: ccsf.edu/webcasts

Classes will also be recorded and published on YouTube for later viewing.

Live Streaming for Kahoots

During the Kahoots, I'll also stream the class via **Zoom**.

Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/4108472927

Meeting ID: 410-847-2927

Schedule (may be revised)

<u>Date</u> <u>Quiz</u> <u>Topic</u>

Thu 8-24 Demo: Projects 1, 1x, 2, 2x, 3, and 8x



Thu 8-31

Ch 2: Using Kali Linux



Thu 9-7

Ch 3: Programming



Fri 9-8 Last Day to Add Classes

Thu 9-14

Ch 4: Using the Metasploit Framework



Thu 9-21 Quizzes Ch 2 & 5 due* Proj 1-3 due

Ch 5: Information Gathering



Thu 9-28 Quizzes Ch 3 & 6 due* Proj 4 & 5 due

Ch 6: Finding Vulnerabilities



Thu 10-5

Quizzes Ch 4 & 7 due* Proj 7 due

Ch 7: Capturing Traffic



Thu 10-12 Quiz Ch 8 due* Proj 8 due

Ch 8: Exploitation



Thu 10-19

Quiz Ch 9 due* Proj 6 & 9 due

Ch 9: Password Attacks



Thu 10-26

Quiz Ch 10-12 due* Proj 10 & 11 due

Ch 10: Client-Side Exploitation

Ch 11: Social Engineering
Ch 12: Bypassing Antivirus Applications



Thu 11-2 Class Cancelled for the <u>National CPTC</u> in Rochester, NY

Thu 11-9 Quiz Ch 13 (Part 1) due* Ch 13: Post Exploitation (Part 1) Proj 12 & 13 due



Thu 11-16 No Proj No Quiz due Guest:
Nate Lindstrom
"Amazon AWS Technology Secrets"





Thu 11-23 Holiday - No Class

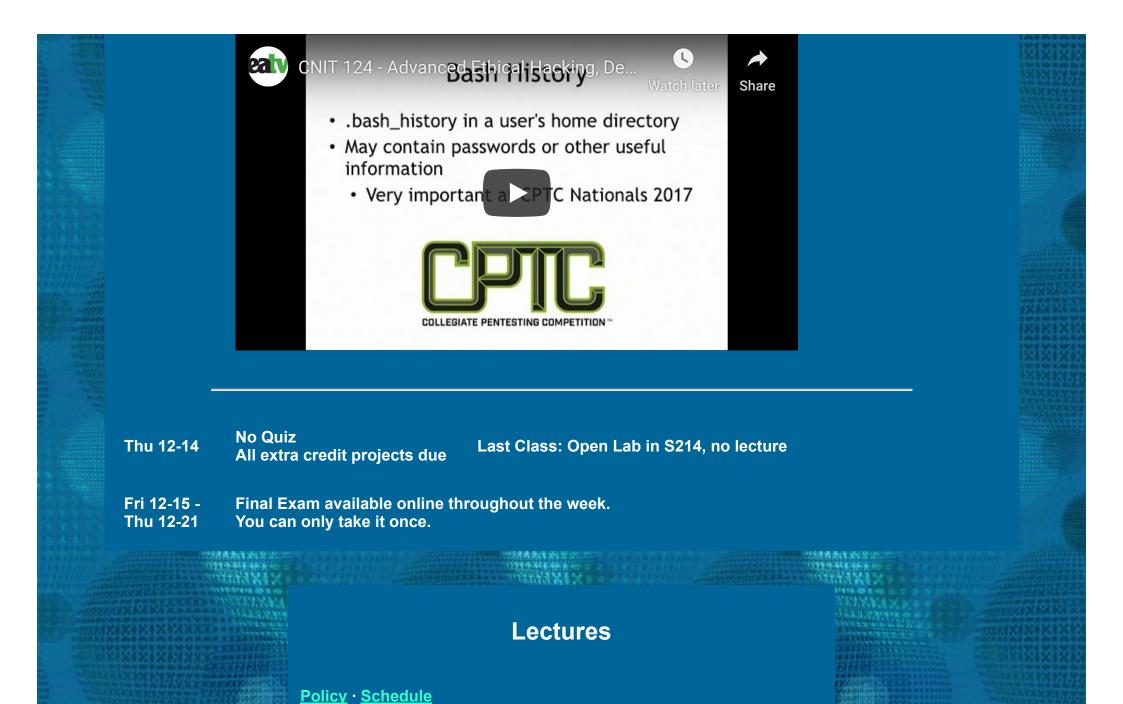
Thu 11-30 Quiz Ch 13 (Part 2) due* Proj 14 & 15 due

Job-Hunting and Resume Tips



Thu 12-7 No Quiz Proj 16 & 17 due

Ch 13: Post Exploitation (Part 2) & CCDC Training





Proj 5: Enumerating Metasploitable (15 pts.)

Proj 6: Metasploit v. Linux (15 pts.)

Proj 7: Password Hashes with Python (15 pts.)

Proj 8: Nessus (15 pts.) (Updated 8-15-17)

Proj 9: Nmap Scripts, Metasploit Scanner Modules, and Nikto (15 pts.)

Do One Of These Two Projects

Proj 10: Hacking a PPTP VPN with Asleap (25 pts.) (rev. 10-19-17)

Proj 10a: Hacking a PPTP VPN with Asleap (25 pts.) (rev. 10-25-17 to use only 2 VMs)

Proj 11: Exploiting Win2008-124 and Metasploitable (20 pts.)

Proj 12: Exploiting PHP Vulnerabilities (15 pts.)

Proj 13: XOR Encryption in Python (10 pts.)

Proj 14: Attacking Internet Explorer and Migrating (10 pts.)

Proj 15: Stealing Passwords from RAM with Metasploit (10 pts.)

Proj 16: BeEF (10 pts.) (rev. 9-5-17)

Proj 17: Slowloris in Python (10 pts. + 10 pts. extra credit)

Extra Credit Projects

Proj 1x: Port Scanning Challenges (15 pts. extra credit)

Proj 2x: HTTP Login Challenges (35 pts. extra credit)

Proj 3x: CodeCademy Python Lessons (45 pts.)

Proj 4x: Wechall.net (points vary)

Proj 5x: Simple Programming (15 pts. extra credit)

Proj 6x: CodeCademy Command Line Course (15 pts.)

Proj 7x: Password Hashing Challenges (40 pts. extra credit)

Proj 8x: ETERNALBLUE v. Windows (10 pts. extra credit)

Proj 9x: Exploiting Apache Struts with CVE-2017-5638 (15 pts. extra credit)

Proj 10x: Exploiting Apache Struts with CVE-2017-9805 (10 pts. extra credit)

Proj 13x: XOR Encryption Challenges (40 pts. extra credit)

Proj 14x: Pass The Hash (10 pts. extra credit)

Proj 15x: ETERNALROMANCE (15 pts. extra credit)

Exploiting Domains

Proj 11x: Making a Domain Controller (20 pts. extra credit)

Proj 12x: Member Server and Group Policy (20 pts. extra credit)

Proj 16x: ETERNALROMANCE v. 2012 Member Server (20 pts. extra credit)

Proj 17x: Pivoting and Exploiting a Domain Controller (20 pts. extra credit)

Proj 18x: Privilege Escalation in Metasploitable (15 pts. extra credit)

Proj 19x: Pen Test a Host (Up to 50 pts. extra credit)

Proj 20x: Independent Project (pts. vary) -- Do something cool and show it to the class!

Proj 21x: PicoCTF (Up to 40 pts.)

Links

CEH Certification Resources

CEH Tips

CEH: Certified Ethical Hacker - Taking the Exam

CEH: Practice Exams

CEH: TechExams -- Certified Ethical Hacker (CEH) exam EC-Council - Certified Ethical Hacker (312-50) Practice Exam - This is the one I used **Links for Chapter Lectures** Ch 4a: Metasploit Module Search Page Ch 4b: How to get started with writing an exploit for Metasploit Ch 4c: Msfconsole one-liner example Ch 4d: Scanner HTTP Auxiliary Modules - Metasploit Unleashed Ch 4e: Metasploit: The New Metasploit Browser Autopwn:... Ch 4f: Simple Take Over of Windows Server 2008 via ms09-050 **Ch 5a: DNS Request Types** Ch 5b: 10 Linux DIG Command Examples for DNS Lookup Ch 5c: Open Resolver Project **Ch 5d: Public DNS Server List** Ch 5e: DNS AXFR scan data Ch 5f: DNS Hacking (Beginner to Advanced) - InfoSec Resources Ch 5g Wildcard DNS record - Wikipedia Ch 5h: Network tools for every sys admin Ch 5i: The Strange History of Port 0 Ch 7a: HowToDecrypt802.11 - The Wireshark Wiki Ch 7b: security - WEP/WPA/WPA2 and wifi sniffing - Server Fault Ch 7c: Benefits and Vulnerabilities of Wi-Fi Protected Access 2 (WPA2) Ch 7d: Details of Key Derivation for WPA Ch 8a: An Improved Reflective DLL Injection Technique Ch 8b: DLL injection - Wikipedia Ch 8c: Windows DLL Injection Basics--Clear Explanation with Good Figures Ch 8d: stephenfewer/ReflectiveDLLInjection -- Code from 2013 Ch 8e: Using Cadaver as a WebDAV Client Ch 8f: WebDAV - Wikipedia Ch 8q: helper: webday xampp (= 1.7.3 default credentials Ch 8h: How To Install and Secure phpMyAdmin on Ubuntu 14.04 Ch 8i: Docker Internals - Google Slides

Ch 8j: Docker: Understand the architecture

Ch 8k: Docker vs Virtualization
Ch 8l: UnionFS - Wikipedia
Ch 8m: Docker Hub
Ch 8o: Docker Container Breakout Proof-of-Concept Exploit | Docker Blog
Ch 8p: The Docker exploit and the security of containers | Xen Project Blog
Ch 8q: Docker breakout: brute-forcing a 32-bit number!
Ch 8r: Docker security
Ch 8s: Docker Addresses More Security Issues and Outlines "Pluggable" Approach
Ch 8t: Dump Windows password hashes efficiently
Ch 8u: Recovering Windows 7 Registry Hives/Files

Ch 8v: How To Install Bkhive on Kali 2
Ch 8w: Transferring files from Kali to Windows (post exploitation)

Ch 9a: Yahoo Mail eliminates passwords as part of a major redesign (Oct., 2015)

Ch 9b: Teen says he hacked CIA director\'s AOL account (Oct., 2015)

Ch 9c: Packetstorm Wordlists for password cracking

Ch 9d: Openwall wordlists collection for password recovery, password cracking, and password strength checking

Ch 9e: Why passwords have never been weakerand crackers have never been stronger (2012)

Ch 9f: "thereisnofatebutwhatÂwemake"Turbo-charged cracking comes to long passwords (2013)

Ch 9g: Cracking 16 Character Strong passwords in less than an hour (2013)

Ch 9h: How the Bible and YouTube are fueling the next frontier of password cracking (2013)

Ch 10a: Adobe Reader Metasploit Modules

Ch 10b: CCSF Application Form (pdf)

Ch 10b: CCSF Application (pdf, can be poisoned with Metasploit)

Ch 11a: Update Social Engineering Toolkit on Kali Linux - YouTube

Ch 12a: Notepad Plus Plus Download

Ch 12b: VirusTotal - Free Online Virus, Malware and URL Scanner

Ch 12c: How to Evade AV Detection with Veil-Evasion

Ch 13a: Post-Mortem of a Metasploit Framework Bug

Ch 13b: Post Exploitation Using NetNTLM Downgrade Attacks

Ch 13c: Mount shadow volumes on disk images - ForensicsWiki

Ch 13d Shell is coming ...: Metasploit: Getting outbound filtering rules by tracerouting

Ch 13e: 5 Step To Capture Windows User Login Using Metasploit Keylogger

<u>Ch 13f: Windows Capture Winlogon Lockout Credential Keylogger | Rapid7</u>

Ch 13g: Metasploit: Capturing Windows Logons with Smartlocker

Ch 13h: Windows 8.1 stops pass-the-hash attacks

Ch 13i: Pass-the-Hash is Dead: Long Live Pass-the-Hash

Ch 13j: Using claims-based access control for compliance and information governance (2011)

Ch 13k: Windows Internals - showing token structure

Ch 13I: Access token stealing

Ch 13m: Access Tokens (Windows)

Ch 13n: What's in a Token (Part 2): Impersonation - TechNet Blogs

Ch 13o: Fun with Incognito - Metasploit Unleashed

Ch 13s: PSExec Demystified

Ch 13t: 4 Ways to Capture NTLM Hashes in Network

Ch 13p: Excellent explanation of NTLMv2

Ch 13q: NTLMv2 cracking speed estimates

Ch 13r: Fast Introduction to SOCKS Proxy - EtherealMind

Ch 15a: HowToDecrypt802.11 - The Wireshark Wiki

Ch 15b: WPA 4-way handshake - Wireshark Q&A

Miscellaneous Links

Learn Python the Hard Way

Fuzzing for SQL injection with Burp Suite Intruder - USE FOR PROJECTS

Pythonista on the App Store on iTunes -- INTERESTING FOR PROJECTS

Pythonista: Using pipista to install modules

How to Build a DNS Packet Sniffer with Scapy and Python

Bypassing Antivirus with Shellter 4.0 on Kali Linux -- GOOD 124 PROJECT

Online JavaScript beautifier -- deobfuscates code! -- IMPORTANT FOR MALWARE ANALYSIS

Android Security: Adding Tampering Detection to Your App

Old Links

PwnWiki.io -- USEFUL RED TEAM TIPS

Hacking Secret Ciphers With Python (Free E-Book)

Introduction to Cryptography Video Lessons by Christof Paar - YouTube

Cryptography Textbook Slides

RSA is 100x slower than AES (figures 9-13)

How to Create a Bootable Ubuntu USB Drive, for Mac, in OS X

EDB (Evan's Debugger) Alternatives and Similar Software - AlternativeTo.net

How to install 32 bit software on a 64 bit Kali Linux system

How to Reverse Engineering with Radare2 -- INTERESTING FOR PROJECTS

OSCP study material: Georgia Weidman's book recommended

A book for those interested in PWK/OSCP -- Georgia Weidman's book recommended

Scapy Documents

Metasploitable 2 Exploitability Guide | Rapid7

Metasploitable 2 enumeration - Hacking Tutorials

Metasploitable 2 vulnerability assessment - Hacking Tutorials

Running Metasploitable2 on VirtualBox

The Kali Linux Certified Professional | Kali Linux

Monitor Apache Web Server Using Mod status -- WORKS ON UBUNTU

Understanding Python's "with" statement

PSExec for Lateral Movement

Unable to Contact IP Driver, error code 5 Windows 2008 Server hosted on Vmware

How to Make a Domain User the Local Administrator for all PCs

Post-Exploitation in Windows: From Local Admin To Domain Admin (efficiently) | pentestmonkey

Pass-the-hash attacks: Tools and Mitigation (2010)

PSExec Pass the Hash - Metasploit Unleashed

How to download a file using windows command line

mouse pointer is offset up and to the left -- VMware Communities -- USEFUL TROUBLESHOOTING

The "SYSTEM" challenge -- Decoder's Blog

Attack Methods for Gaining Domain Admin Rights in Active Directory

Penetration Testing in Active Directory using Metasploit (Part 2)

Attack Simulation: from No Access to Domain Admin

Exploit MS17-010 vulnerability on Windows Server 2012/2016 using Metasploit and TheFatRat - YouTube

HOW TO EXPLOIT ETERNALROMANCE/SYNERGY TO GET A METERPRETER SESSION ON WINDOWS SERVER 2016

Eternalromance: Exploiting Windows Server 2003 - Hacking Tutorials

Network access: Named Pipes that can be accessed anonymously

A Red Teamer's guide to pivoting

Privilege Escalation - Metasploit Unleashed

VMware Fix: Windows cannot find the Microsoft Software License Terms

Meter your Ethernet connection in Windows 10

Metasploit: Module database cache not built yet, using slow search -- HANDY FIX

RDP hijacking â€" how to hijack RDS and RemoteApp sessions transparently to move through an organisation

Pwning with Responder - USE IN PROJECT

Gladius: Automatic Responder Cracking

Seeing the unseen characters with cat!

How to see hidden characters..... | Unix

Metasploit privilege escalation with udev

virtual machine - Guest OS resolution (text too small) in vmware workstation 12 player

metasploit - How do you send a 64 bit meterpreter stager?

Locating Those Nasty Passwords in Group Policy Preferences Using PowerShell

Ubuntu Apache Default MaxKeepAliveRequests is 100

Enable SSH on Kali Linux Enable SSH on Kali Linux -- Doctor Chaos

The Easiest Metasploit Guide You'II Ever Read -- MANY GOOD PROJECTS HERE

Transferring files from Kali to Windows (post exploitation)

Top Five Ways I Got Domain Admin on Your Internal Network before Lunch (2018 Edition)--GOOD FOR PROJECTS AND OSCP

My First Go with BloodHound

Windows Password Hashes: LM, NTLM, Net-NTLMv2, oh my!

RPC ENUM - RID Cycling Attack - TrustedSec -- Recommended by @J0hnnyXm4s

<u>CrackMapExec: post-exploitation for large Active Directory networks -- Recommended by @J0hnnyXm4s</u>

InitString / evil-ssdp Spoof SSDP replies to phish for credentials and NetNTLM challenge/response

Seth: Perform a MitM attack and extract clear text credentials from RDP connections

Multiple Ways to Get root through Writable File

Setup of AD Penetration Lab

ifconfig - How can I display eth0's IP address at the login screen on Precise Server? - Ask Ubuntu

Privilege Escalation & Post-Exploitation Resources -- VERY USEFUL

Multiple Ways to Bypass UAC using Metasploit

Passing OSCP

OSCP Journey: Exam & Lab Prep Tips

ntroducing the Metasploit Vulnerable Service Emulator

Installing Python 3 on Mac OS X -- The Hitchhiker's Guide to Python

Pipenv & Virtual Environments -- The Hitchhiker's Guide to Python

SSH on Kali

New Unsorted Links

Ch 5j: Zone Transfer Test Online | HackerTarget.com

When target machine dont have "nc" installed ? Don't forget there is "Whois"

Malware writing - Python malware

The Journey to Try Harder: TJnull's Preparation Guide for PWK/OSCP

Modifying Empire to Evade Windows Defender: Mike Gualtieri

Transferring files from Kali to Windows (post exploitation)--VERY USEFUL
Ricochet Security Assessment Public Report
public-pentesting-reports

Last Updated: 12-8-17 3 pm