



**Government Mohan Kumaramangalam
Medical College Hospital**
Department of Community Medicine
GMKMCH Salem

Patient ID : NCD100015

Patient Name : Balaji

Age : 40

Gender : Male

Dr. Rubesh Sharma MBBS MD (Community Med)
Assistant Professor

REG NO : 97647

Mail id : dr.rubesh.smc@gmail.com

Risk Status

Alcohol : Zone 1

BMI : Obese

Diet : Substantial Risk

Physical : Substantial Risk

Sleep : Poor Sleep Quality

Stress : Moderate Stress

Tobacco : Substantial Risk

Family History : Systemic Hypertension / Diabetes Mellitus / Dyslipdemia / Cardio Vascular Disease /
Chronic Kidney Disease / Stroke / Sudden Natural Death

Anthropometry

Height : 178 cms

Weight : 84 kgs

**Waist/
Hip ratio** : 1.06

BMI : 26.51 kg/m²

Vitals

Temperature : 98.4 F

RR : 14/min

Pulse : 78/min

BP : 120/80 mm of Hg

Blood Sugar

Parameter	FBS mg/dl	PPBS mg/dl	RBS mg/dl	HBA1c %
Value	90	130	98	5
Date	20-06-2023	20-06-2023	20-06-2023	20-06-2023

Disease Status

Diabetic - No Diabetes

Hypertensive - No Systemic Hypertension

Medication

S.No	Medicine Name	Category	Strength	RoA	RoF	FN	AN	Eve	Night	Duration (days)	Qty
1	Rosuvastatin	Others	10	PO	After Food	30	0	0	0	1	

Dr. Rubesh Sharma