

**Government Mohan Kumaramangalam  
Medical College Hospital**  
Department of Community Medicine  
GMKMCH Salem

02/08/2023

Dr. Rubesh Sharma MBBS MD (Community Med)  
Assistant Professor  
REG NO : 97647  
Mail id : dr.rubesh.smc@gmail.com

**Patient ID : NCD100015**

**Patient Name : Balaji**

**Age : 40**

**Gender : Male**

### Risk Status

**Alcohol** : Zone 1  
**BMI** : Obese  
**Diet** : Substantial Risk  
**Physical** : Substantial Risk  
**Sleep** : Poor Sleep Quality  
**Stress** : Moderate Stress  
**Tobacco** : Substantial Risk

### Anthropometry

**Height** : 178 cms  
**Weight** : 84 kgs  
**Waist/  
Hip ratio** : 1.06  
**BMI** : 26.51 kg/m<sup>2</sup>

### Vitals

**Temperature** : 98.4 F  
**RR** : 14/min  
**Pulse** : 78/min  
**BP** : 120/80 mm of Hg

### Blood Sugar

Parameter	FBS mg/dl	PPBS mg/dl	RBS mg/dl	HBA1c %
Value	90	130	98	5
Date	20-06-2023	20-06-2023	20-06-2023	20-06-2023

### Disease Status

**Diabetic** - No Diabetes

**Hypertensive** - No Systemic Hypertension

### Medication

S.No	Medicine Name	Category	Strength	RoA	RoF	FN	AN	Eve	Night	Duration (days)	Qty
1	Rosuvastatin	Others	10	PO	After Food	30	0	0	0	1	

**Dr. Rubesh Sharma**