



@ablazemmama

**Abla Zemmama**

@ablazemmama Official Account  
 Rabat  
 Lifestyle | Recipe | Travel  
 Abila25@hotmail.fr

**Engagement Rate****0.20%**

Posts: 1699

Average like rate: 0.17%

Average comment rate: 0.03%

PERCENTAGE: Average

**Instagram Analysis****Follower Reach****229.5K**

Followers

**1.4K**

Following

**97%**

of followers have less than 1500 followings

**Audience Type****45% 103.9K**

Real People

**1% 2.9K**

Influencers

**53% 122.7K**

Non Engaging

**Average Engagement****1.5K**

Followers

**Average Likes****398.2**

likes per post

**Average Comments****67.9**

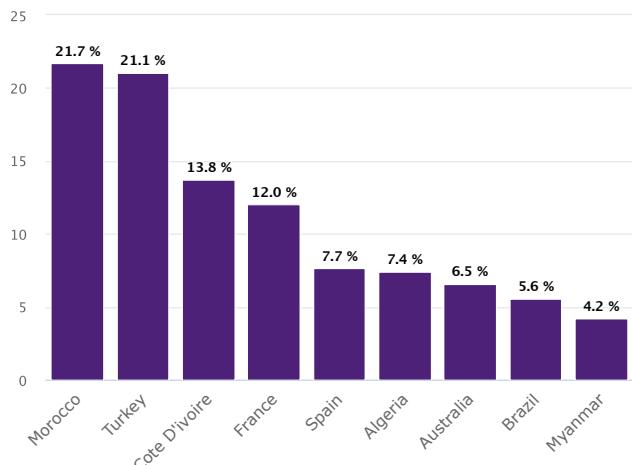
comments per post

**Authentic Engagement****677.8**

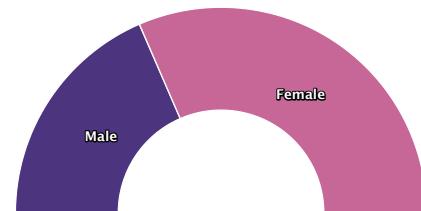
followers per post

**Likes-Comments Ratio****1.9K**

comments per 100 likes

**Follower Locations**

This sample set of data could only retrieve locations from 150 followers and thus is only an estimate.

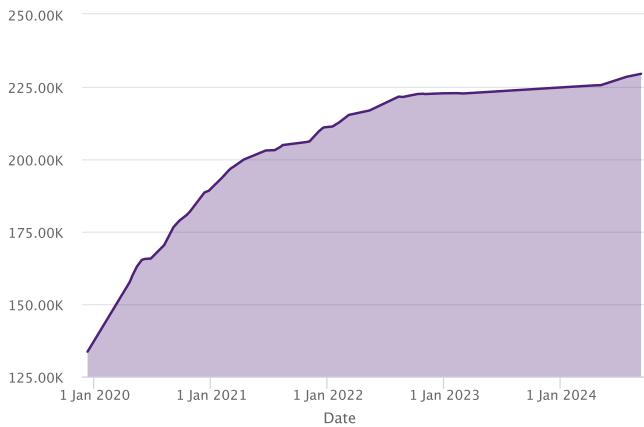
**Follower Gender**

The followers of this account are:

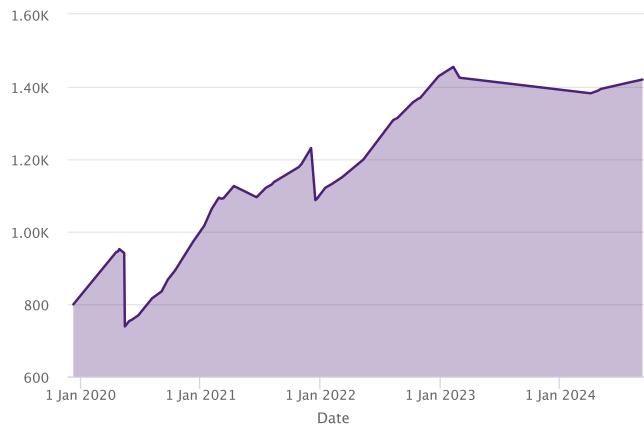
**37% Male vs 63% Female**

This sample set of data could only retrieve genders from 150 followers and thus is only an estimate.

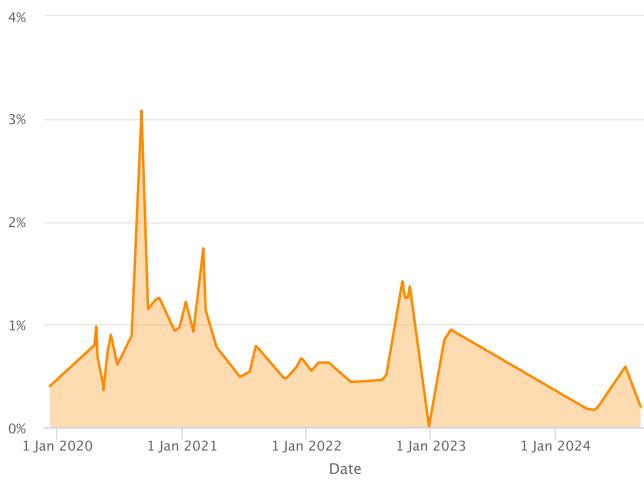
### Follower Growth Over Time



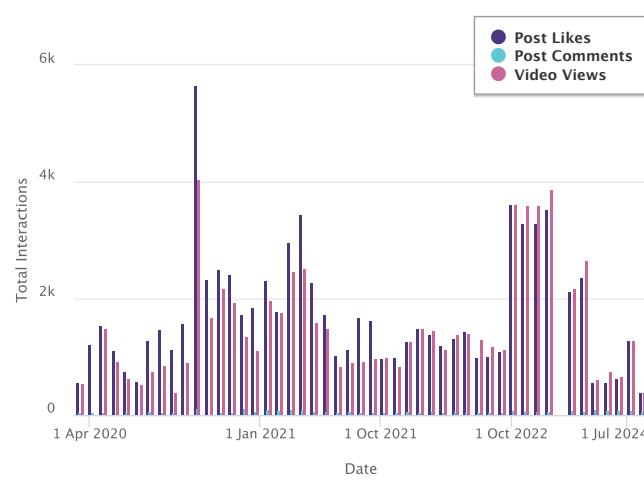
### Following Growth Over Time



### Engagement Rate Over Time



### Stats Growth



## Detailed Analysis

#	Date	Subscribers	Growth	Eng. Rate	Growth	Likes
1	09/07/2024	229.5K	+1016	0.2%	-0.39%	398.2
2	07/24/2024	228.5K	+2933	0.59%	+0.4%	1.3K
3	05/03/2024	225.5K	+1	0.19%	+0.02%	626.1
4	04/24/2024	225.5K	+120	0.17%	-0.01%	560.8
5	04/02/2024	225.4K	+2722	0.18%	-0.77%	560.4
6	02/28/2023	222.7K	-118	0.95%	+0.1%	2.4K
7	02/09/2023	222.8K	+62	0.85%	+0.84%	2.1K
8	12/26/2022	222.7K	+250	0.01%	-1.36%	n/a
9	10/31/2022	222.5K	-115	1.37%	+0.11%	3.5K
10	10/25/2022	222.6K	+71	1.26%	0%	3.3K
11	10/17/2022	222.5K	+16	1.26%	-0.16%	3.3K
12	10/09/2022	222.5K	+1040	1.42%	+0.91%	3.6K
13	08/23/2022	221.5K	-127	0.51%	+0.05%	1.1K
14	08/10/2022	221.6K	+4775	0.46%	+0.02%	1K
15	05/11/2022	216.8K	+1547	0.44%	-0.19%	991.4
16	03/07/2022	215.3K	+2558	0.63%	0%	1.4K
17	02/05/2022	212.7K	+1439	0.63%	+0.08%	1.3K
18	01/15/2022	211.3K	+271	0.55%	-0.11%	1.2K
19	12/21/2021	211K	+189	0.66%	-0.01%	1.4K
20	12/16/2021	210.8K	+1225	0.67%	+0.08%	1.5K

## Detailed Analysis

#	Date	Subscribers	Growth	Eng. Rate	Growth	Likes
21	12/03/2021	209.6K	+3 450	0.59%	+0.11%	1.3K
22	11/04/2021	206.2K	+214	0.48%	0%	986.4
23	10/26/2021	205.9K	+1 054	0.48%	-0.29%	972.3
24	08/12/2021	204.9K	+628	0.77%	-0.02%	1.6K
25	08/05/2021	204.3K	+1 132	0.79%	+0.25%	1.7K
26	07/18/2021	203.1K	+113	0.54%	+0.05%	1.1K
27	06/20/2021	203K	+3 137	0.49%	-0.29%	1K
28	04/12/2021	199.9K	+2 481	0.78%	-0.36%	1.7K
29	03/11/2021	197.4K	+466	1.14%	-0.6%	2.3K
30	03/04/2021	196.9K	+662	1.74%	+0.2%	3.5K
31	02/25/2021	196.3K	+2 668	1.54%	+0.61%	3K
32	02/03/2021	193.6K	+2 372	0.93%	-0.29%	1.8K
33	01/12/2021	191.2K	+2 080	1.22%	+0.25%	2.3K
34	12/24/2020	189.1K	+639	0.97%	+0.03%	1.9K
35	12/10/2020	188.5K	+6 524	0.94%	-0.32%	1.7K
36	10/26/2020	182K	+1 270	1.26%	+0.02%	2.4K
37	10/15/2020	180.7K	+1 870	1.24%	+0.09%	2.5K
38	09/23/2020	178.8K	+2 300	1.15%	-1.93%	2.3K
39	09/04/2020	176.5K	+6 178	3.08%	+2.19%	5.7K
40	08/06/2020	170.4K	+4 652	0.89%	+0.28%	1.6K

## Detailed Analysis

#	Date	Subscribers	Growth	Eng. Rate	Growth	Likes
41	06/25/2020	165.7K	+141	0.61%	-0.29%	1.1K
42	06/06/2020	165.6K	+305	0.9%	+0.15%	1.5K
43	05/28/2020	165.3K	+1957	0.75%	+0.39%	1.3K
44	05/15/2020	163.3K	+266	0.36%	-0.08%	598.3
45	05/13/2020	163K	+3295	0.44%	-0.24%	749.9
46	04/28/2020	159.7K	+1153	0.68%	-0.3%	1.1K
47	04/24/2020	158.6K	+1181	0.98%	+0.18%	1.5K
48	04/19/2020	157.4K	+23857	0.8%	+0.4%	1.2K
49	12/10/2019	133.6K	+133558	0.4%	+0.4%	567.6

## Posting Frequency

Avg posts per day

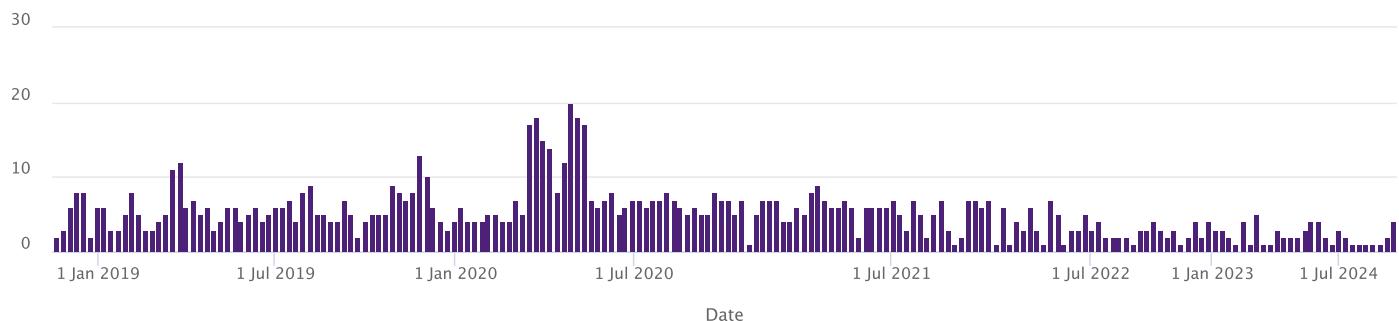
**0.48**

Avg posts per week

**3.39**

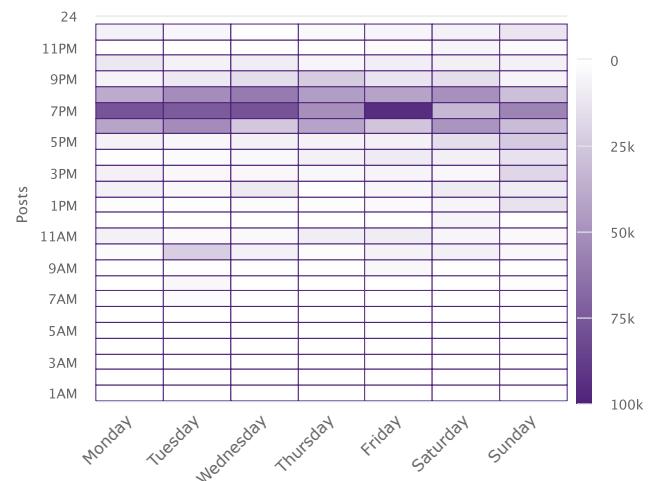
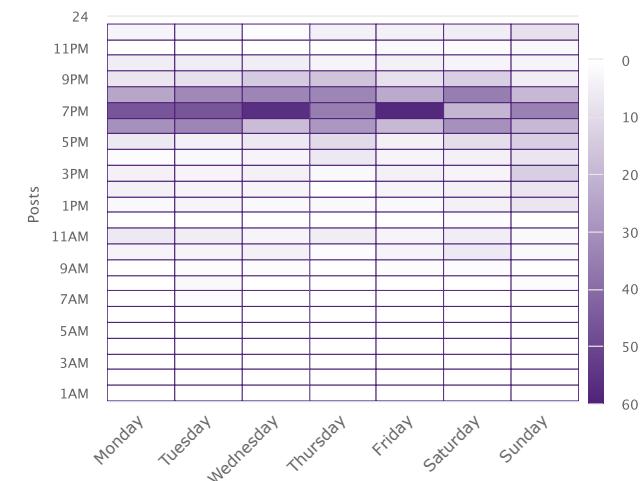
Avg posts per month

**15.00**



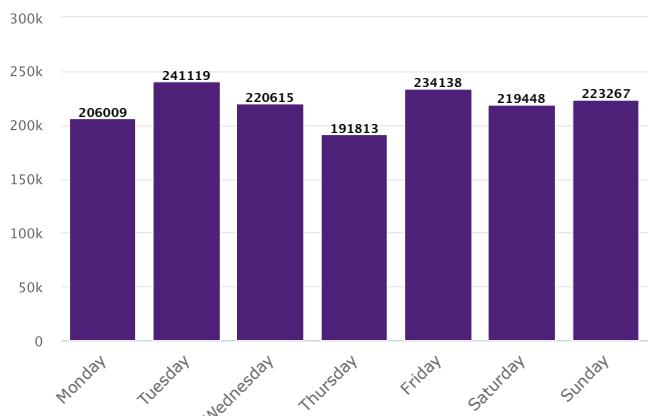
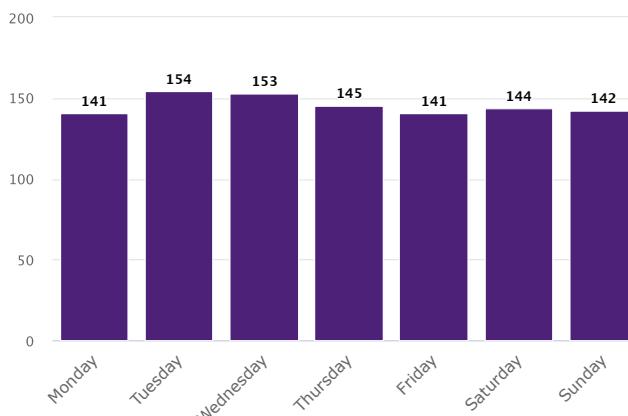
## Posting Activity

## Engagement Times



## Most Popular Posting Days

## Most Popular Days by Interaction



## Hash Tags

#summer2024  
#family #modestoutfit #modest #outfit #grwm #kidsfashion #mommy #midesizefashion #kiabimaroc #sunday #outfitinspo #reallife #backtoschool #kids #humour #selflovefirst #trend #maman #love #funny #fyp #UVMUNE400 #valentine #couplelove #valentinesgift #fashion #meme #memes #justforfun #modestinspo #foreverlove #curvyfashion #foryoupage #viedemaman #LarochePosaySkincare #LaRochePosay #SUNCARE #ramadanoutfits #funday #ramadanoutfit #momlife #modestfashion #summer #couple #couplevideos #summerrecap

## Captions most used

/> Que s'adresse message /> Mais maman souvenirs /> #ramadanoutfit /> #selflovefirst Inspiré looks  
prépare recap /> #LarochePosaySkincare solaire d'ailleurs protège /> Comme toutes /> #couple profité Forever réelle  
recevoir seule /> #summerdontgo chéries confie éviter prématûr. /> @kiabi\_maroc /> #kids dernier 😊😊  
protection vieillissement adoré été /> Et soleil 😊 tenué ❤️ beach amours regardent comment  
vidéo indispensable coups vraiment enfants /> :❤️ rentrée j'ai promotions /> With choses dites  
trouvez aussi /> Forever /> #trendhiver /> Look jamais vitamine بحب Personnellement comme hamdoulilah  
commentaire راسو Young Dkhel /> #humour n'oublie piscine derniers Vacances partir /> Bonne /> #summer  
الوحد /> Toutes /> #modestfashion /> Inspiré 😂😂 tenté /> #fun posent questions super /> Prêt affronter  
famille table ftour choisi

## Posts with Highest Engagement



3.6K 254

Inspiré de la vie réelle 😅😂 ( c'est pas tous les jours ) mais avouez on est tenté des fois 😂😂 ? Inspiré aussi de la vidéo de la super maman @meliinanaaa ❤️ :::::: #momlife #mommy

September 27, 2022

[See post](#)

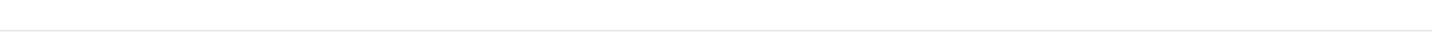


n/a 20

Summer 2024 recap ❤️ Que de bons souvenirs Al hamdoulilah cet été  
Prêt pour affronter la rentrée 😊 #summer #summer2024  
#summerrecap #backtoschool

September 06, 2024

[See post](#)



1.2K 29

Forever Young ❤️ Forever love ❤️ :::::: #couple #couplevideos  
#couplelove #love #forever

September 03, 2024

[See post](#)



n/a 35

Just for fun 😊 Mais avouez que je suis pas la seule 😊 ? #fun  
#justforfun #funny #meme #memes

September 05, 2024

[See post](#)

## Latest on Instagram | Part 1



Summer 2024 recap ❤️  
Que de bons souvenirs Al hamdoulilah cet été  
Prêt pour affronter la rentrée 😊  
#summer #summer2024 #summerrecap #backtoschool

11n/a 20 September 06, 2024 [See post](#)



Just for fun 😂  
Mais avouez que je suis pas la seule 😂 ?  
#fun #justforfun #funny #meme #memes #backtoschool

11n/a 35 September 05, 2024 [See post](#)



Ce message s'adresse à toutes les personnes qui vous posent des questions sur des choses qui n'e les regardent pas 😊  
Comme on dit Dkhel seha 😊  
:  
:  
:  
:  
#humour #fun #justforfun #funny

11n/a 42 September 04, 2024 [See post](#)



Forever Young ❤️  
Forever love ❤️  
:  
:  
:  
:  
#couple #couplevideos #couplelove #love #forever #foreveryoung #foreverlove

1.2K 29 September 03, 2024 [See post](#)



On a profité hier du dernier jour de vacances pour partir à la piscine avec les enfants ❤️  
Et bien sûr on n'oublie notre indispensable protection solaire @larocheposay 😊  
Et d'ailleurs on se protège du soleil été comme hiver !  
Bonne rentrée à tous 😊  
#Larocheposayskincare #UVM...

11n/a 21 September 02, 2024 [See post](#)



On profite des derniers jours de Vacances ❤️  
With mes amours ❤️  
Look by @kiabi\_maroc  
:  
:  
:  
:  
#trend #mom #love #family #canigetakiss

11n/a 31 August 30, 2024 [See post](#)

