

User Inputs:

Enter your first name:

Zane

Enter your last name:

Parker

Enter your birth month:

10

Enter your birth day:

9

Enter your birth year:

1997

Enter the current month:

2

Enter the current day of the month:

25

Enter the current year:

2021

Outputs:

First name: Zane

Last name: Parker

Birth day: 10/9/1997

Age: 23

Max Heart Rate: 197

Target Heart Rate: 167