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<div> <div>Final Mark</div> <div>Formative Submitted 07/02/2025, 18:34 (UTC+2)</div> </div>			<div>80 / 100</div>		
<div>Time spent</div> <div>00:49:33</div>		<div>Amount attempted</div> <div>100%</div>		<div>Status</div> <div>Complete</div>	
SCO Title	Status	Score	Student's Response	Result	Time
CAREER DEVELOPMENT	Complete	80%	N/A	N/A	00:49:33
CAREER_DEVELOPMENT_Q_What_is_the_purpose_of_setting_goals_in_career_counselling_0	Complete	0%	t	Correct	00:00:06
CAREER_DEVELOPMENT_Q_What_should_be_the_outcome_of_effective_career_counselling_0	Complete	0%	a	Correct	00:00:06
CAREER_DEVELOPMENT_Q_What's_the_primary_goal_of_career_development_0	Complete	0%	c	Correct	00:00:05
CAREER_DEVELOPMENT_Q_Which_on_of_the_following_best_describes_the_concept_of_career_planning_0	Complete	0%	s	Correct	00:00:04
CAREER_DEVELOPMENT_Q_Which_of_the_following_is_an_example_of_a_hard_skill_0	Complete	0%	l	Incorrect	00:00:08

Reflection on My Learning Experience in Career Development

Career Development has been a deeply insightful and empowering learning journey for me. This subject has not only broadened my understanding of how careers are shaped but has also helped me reflect on my own aspirations, strengths, and areas for improvement.

Understanding Career Development

Through this course, I’ve come to understand that career development is a lifelong process involving self-discovery, planning, goal-setting, and skill-building. It requires a clear vision, continuous learning, and adaptability to the changing work environment. I’ve realized that career growth doesn’t happen by chance but through intentional effort and planning.

Goal-Setting in Career Counselling

One key lesson I’ve learned is the importance of setting goals in career counselling. Although I initially struggled with this concept during the assessment, I now understand that setting goals gives direction, motivates action, and provides measurable progress. It is a vital tool for both clients and counsellors to track development and maintain focus.

Effective Career Counselling Outcomes

I also explored what effective career counselling should achieve. This includes helping individuals understand their interests, values, and skills while exploring suitable career options. This topic resonated with me, as it reinforced how critical it is to have the right guidance when making life-changing career decisions.

Career Planning and Lifelong Growth

The section on career planning highlighted that it is not a one-time event but a continuous process. Planning involves setting goals, identifying resources, making decisions, and revisiting them as life circumstances change. I found this especially meaningful, as it taught me to remain proactive in managing my career.

Differentiating Skills: Hard vs. Soft

One of the challenges I encountered was distinguishing between hard and soft skills. I learned that hard skills are measurable and teachable, such as computer proficiency, while soft skills are interpersonal and harder to quantify, like communication and leadership. This knowledge is essential for job readiness and personal branding.

Personal Growth and Insight

Overall, this learning experience has given me a clearer sense of purpose and direction. I now understand how to evaluate my abilities, set realistic career goals, and take action toward achieving them. The assessment also helped me identify gaps in my understanding, which I now see as opportunities for further development.