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SCO Title	Status	Score	Student's Response	Resi
Interview Skills	Complete	100%	N/A	N/A
INTERVIEW_SKILLS_QUI_What_is_the_primary_purpose_of_a_job_interview__0	Complete	0%	t	Corr
INTERVIEW_SKILLS_QUI_What_is_the_CAR_method_used_for_in_interviews__0	Complete	0%	a	Corr
INTERVIEW_SKILLS_QUI_What_is_the_purpose_of_researching_a_company_before_an_interview__0	Complete	0%	t	Corr
INTERVIEW_SKILLS_QUI_What_is_the_best_way_to_answer_the__quot_Tell_me_about_yourself__quot_question_in_an_interview__0	Complete	0%	s	Corr
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INTERVIEW_SKILLS_QUI_What_is_the_CAR_method_used_for_in_interviews__1	Complete	0%	a	Corr
INTERVIEW_SKILLS_QUI_What_is_the_purpose_of_researching_a_company_before_an_interview__1	Complete	0%	t	Corr
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Reflection on My Learning Experience in Interview Skills

Learning about Interview Skills has been a very helpful and eye-opening experience. This topic gave me the tools and confidence I need to succeed in job interviews and present myself professionally to future employers.

Understanding the Interview Process

I learned that interviews are more than just answering questions—they are an opportunity to show who I am, what I know, and why I am the right person for the job. I now understand the different types of interviews (such as face-to-face, telephone, or panel) and how to prepare for each one.

Preparing for an Interview

Preparation is key. I discovered how important it is to research the company, understand the job role, and prepare answers to common interview questions. I also learned the importance of dressing appropriately and arriving on time to make a good first impression.

Answering Questions Confidently

Through this topic, I gained skills in answering interview questions clearly and confidently. I learned how to talk about my strengths, experiences, and goals using the STAR method (Situation, Task, Action, Result). This method helps me to stay focused and give structured answers.

Body Language and Attitude

I also learned how body language can affect how an interviewer sees me. Maintaining eye contact, sitting upright, smiling, and showing interest all help to make a positive impression. Being calm and polite during the interview also shows professionalism.

Learning from Mistakes

Although I may have made a few mistakes during practice, I now see them as learning opportunities. Each mistake taught me what to avoid and how to improve next time. I am grateful for the chance to reflect and grow