

Medical Check-Up Report

Patient Name: John Doe

Date of Examination: 2025-07-18

Vital Signs:

Blood Pressure: 120/80 mmHg

Blood Glucose: 95 mg/dL (fasting)

Cholesterol Levels:

Total: 180 mg/dL

LDL: 110 mg/dL

HDL: 50 mg/dL

Triglycerides: 130 mg/dL

Diagnosis:

Overall healthy. No signs of hypertension, diabetes, or hyperlipidemia.

Doctor's Notes:

Patient is in good health. Recommend maintaining a balanced diet and regular exercise. No medication required at this time. Follow-up in 12 months unless symptoms arise.