Everything is interconnected. When I was a little girl, my grandfather took me to sit outside in the sun on a hot summer day. There were no clouds in the sky. And after a while I began to perspire. And he pointed up to the sky, and he said, "Look, do you see that? That's part of you up there. That's your water that helps to make the cloud that becomes the rain that feeds the plants that feeds the animals."

In my continued exploration of subjects in nature that have the ability to illustrate the interconnection of all life, I started storm chasing in 2008 after my daughter said, "Mom, you should do that."

Storm chasing is a very tactile experience. There's a warm, moist wind blowing at your back and the smell of the earth, the wheat, the grass. And then there are the colors in the clouds of hail forming, the greens and the blues. I've learned to respect the lightning. My hair used to be straight.... I'm just kidding.....

What really excites me about these storms is their movement, the way they spin, with their clouds. They become lovely monsters.

When I'm photographing them, I cannot help but remember my grandfather's lesson. As I stand under them, I see not just a cloud, but understand that what I have the privilege to witness is the same forces, the same process in a small-scale version that helped to create our galaxy, our solar system, our sunand even this very planet.

All my relations. Thank you.