



MAE PAZ VINLUAN

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Devoted caregiver, providing exemplary service to individuals in residential care environments with respect and consideration. Expert at monitoring clients behaviors and encouraging participation in healthy activities as noted within care plan. Familiar with communicating to families and healthcare team regarding health concerns.

RELEVANT SKILLS

- Communication Skills
- Empathy
- Patience
- Flexibility
- Time Management
- Observational Skills
- Problem Solving
- Cultural Competence
- Physical Stamina
- Self-care
- Teamwork
- Documentation Skills
- Resilience
- CPR and First Aid

Education

2006

Bachelor of Science in Nursing

Lyceum Northwestern University

dagupan City, Pangasinan, Philippines

Language

English

Hebrew

Tagalog

Summary Qualifications

- Maintain professionalism and self control in difficult or stressful conditions.
- Successful at working flexible schedules and arriving punctuality.
- Dedicated to providing comfort, safety and general supervision while learning their unique preferences and personalities

Work Experience

Live-in Caregiver

Israel, 2010-2015

- February, 2010- February, 2012 - Client with Parkinson Disease
- April, 2012- December, 2012 - Client with Dementia, Diabetes, Hypertension
- February, 2013- February 2013 - Client with Dementia, Hypertension
- April 2015- December, 2015 - Handicapped Client 27 year old

Responsibilities

- Assist with Activities of Daily Living.
- Mobility assistance.
- Administer medications according to prescribed schedules and dosages and keep accurate records.
- Health monitoring.
- Plan and prepare nutritious meals based on dietary needs and restrictions.
- Perform light housekeeping duties, including cleaning, laundry, and maintaining a safe and organized living environment.
- provide emotional support, companionship, and engage in social activities to prevent loneliness and isolation.
- Identify and address safety hazards in the home, implement fall prevention measures, and ensure a safe environment.
- Handle challenging behaviors with patience and empathy, providing reassurance and redirection as needed
- Maintain accurate records of the care recipients medical history, medications, and daily care activities.
- Advocate for the needs and preferences of the care recipient, ensuring their rights and dignity are respected.
- Educate the recipient and their family members about their medical condition, treatment plans, and available resources.
- Adjust caregiving strategies and plans as the recipients needs change or evolve.
- Respect and consider the cultural background and preferences of the care recipient.
- Establish and maintain appropriate professional boundaries while providing compassionate care.