ALTHEA GRACE SOLIBA GALLARDO

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Career Objective:

To utilize my Nursing Assistant/Caregiving skills and provide a professional service to
patients by applying and honing my knowledge and working in a challenging and motivated
environment.

Qualifications:

- Completed Nursing Assistant training
- 2 years experience as a caregiver
- 1 year experience as Nursing Assistant
- BLS certified

Skills:

- Proven skills, can relate well to people with various cultures.
- Excellent in communication skills as well as good interpersonal.
- Honest, hardworking, reliable and responsible
- Can work efficiently, can handle multitask.
- Excellent in vital signs taking and patient's monitoring.
- Excellent skills in bed making.
- Excellent in suctioning, tracheostomy care and PEG tube feeding.

EXPERIENCE:

Nursing Assistant/ Doctor's Assistant

LLH HOSPITAL

March 2022-PRESENT

DUTIES AND RESPONSIBILITIES:

- 1. Escort patients to exam rooms, interviews patients, measure vital signs, including weight, blood pressure, pulse, temperature, and document all information in patient's chart.
- 2. Prepares treatment rooms for patient examinations; Assist physician and physician assistant in exam rooms.
- 3. Keep exam rooms stocked with adequate medical supplies, maintain instruments, prepare sterilization as required; Properly disposes of contaminated supplies.
- 4. Performs other related duties as assigned or requested.

CAREGIVER

Abu Dhabi UAE

August 2019 - August 2021

DUTIES AND RESPONSIBILITIES:

- 1. Provided nursing care to the patient to prevent complications such as frequent turning and good skin care to prevent bed sores.
- 2. Monitored and recorded vital signs.
- 3. Monitored and record blood sugar level.
- 4. Administered insulin pen as a prescribed and basing on the sliding scale.
- 5. Administered medications as prescribed by physician.
- 6. Operated and used medical apparatus (pulse oximeter, concentrator, nebulizer and oxygen cylinder.
- 7. Tracheostomy care.
- 8. NGT/PEG feeding and care
- 9. Arrange medical appointments and transportation to and from the hospital.
- 10. Ordered and pick up of medications and medical supplies.

EDUCATION:

Senior High School (Philippines) Short course (Abu Dhabi, UAE) Accountancy Business and Management Certified Nursing Assistant Reception Management

TRAINING:

Basic Life Support Infection Control Wound Management