



JESSALENE LACSA PALINLIN

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638 Sai Sha Rd Kam Fung Court Kam Lan House Blk J 17/F Flat 12 Ma on Shan NT

Education:

New Age Caregiver Academy (Hongkong)

December 2022- April 2023

Certificate in Caregiving (H.K) (FIRST AID, ELDERLY AND CHILDCARE)

Diploma in Caregiving (T.Q.U.K) (ELDERLY AND INFANT CARE) LEVEL 2

New Age Caregiver Academy (Hongkong)

Certificate in International Nursing Assistant

December 2022- Nov 2023

Experience:

2019-present

Domestic Helper

Nanny

Hongkong

- . Take care of 2 children (1 with special needs)
- . Bring and pick up the children in school
- . Help the children in their school activities and homework
- . Prepare their food
- . help them to maintain their clean hygiene
- . Maintain the cleanliness and orderliness of the house

2017-2018

Caregiver for elder

Philippines

- . Take care of old lady
- . prepare her diet meal
- . help her to maintain her hygiene
- . ensure that she takes her medicine correctly and on-time
- . give her special attention she needed

2014-2015

Production Operator

Philippines

Proctor and Gamble Philippines (P&G)

- . Help to perform packaging their selected items

Additional Skills:

Knowledge in legal and ethical issues in caregiving

Can do first aid, CPR and use of Automated External Defibrillator (AED)

Skills assessment in taking vital signs

Skills in infant, child and elder Care

Knowledge in care of patience with dementia, disabled persons, diabetes and oxygenation problem

Computer Skills:

Knowledge in MS WORD

Knowledge in MS Office

Knowledge in MS Powerpoint

Reference Available upon Request