

# GLENN BALMEDINA

## SUMMARY

To engage in challenging task with the opportunity to exercise my nursing and technical skills, to acquire and utilize learning from various fields and eventually, to advance in the organization while making a substantial contribution to its growth and development.



### PHONE:

+81 (0) 906 596 3966



### Email:

glenn.balmedina@gmail.com



### ADDRESS:

503-0012  
108 Bellwood, 1-58 Mitsuyacho,  
Ogaki City, Gifu Prefecture,  
Japan



## SKILL HIGHLIGHTS

- Clinical Assessment
- Patient Communication
- Interpersonal skills
- Bedside Nursing Procedures
- Dedication
- Compassion
- Team Leadership



## LANGUAGES

- English – Fluent
- Japanese – N4
- Filipino – Native Speaker



## HOBBIES

- Travel
- Basketball
- Photography
- Music



## EXPERIENCE

### Social Welfare Corporation Hokushin

Feb 2022 - Present

**3-2 Special Nursing Home for the Elderly Pasada  
Ogaki-Shi Gifu Japan**

#### Job Description

- Answering call signals; supply and empty bed pans; bathe, dress and groom patients.
- Serving meal trays, feed or assist in feeding of patients and assist patients with menu selection.
- Performing weighing, lifting, turning, and positioning patients.
- Supervising patients' exercise routines, set up and provide leisure activities for patients, accompany patients on outside recreational activities and perform other duties related to patient care and comfort.

### Hospital Nursing Aide

Apr 2017 – Sept 2022

**SDS Medical Center, Inc.  
Marikina City, Philippines**

#### Job Description

- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.
- Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.
- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Assess physical conditions of patients to aid in diagnosis or treatment.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Supply, collect, or empty bedpans. Dispose of biomedical waste in accordance with standards.

### Patient Care Coordinator Insular Healthcare

Jan 2017 to Apr 2017

**Makati City, Philippines**

#### Job Description

- Ensure coordination of communication between patients and families and medical staff.
- Provide patients and families with information on hospital services, procedures and protocols.
- Respond to patient inquiries regarding physicians and services.
- Create and maintain liaison with insurance companies to inquire about payable or paid claims.



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## CLINICAL EXPERIENCE / INTERNSHIP DURING STUDY

### **Community Service**

#### **Tumana Health Center**

- Provide persons, families, or vulnerable populations with the psychosocial support needed to cope with chronic, acute, or terminal; illnesses. Services include advising family care givers, providing patient's education and counseling, and making necessary referrals for other social services.

### **Lying In Clinics**

#### **Cynthia-Naggie Paanakan**

- Effectively provided complete care for postpartum mothers and newborn infants; managed up to 3 mothers and 3 infants.

### **Hospital Internship**

#### **Antipolo Hospital Medical Center St. Victoria Hospital**

#### **H.Vill Hospital**

#### **St. Mattheus Medical Hospital**

#### **Amang Rodriguez Memorial Medical Center**

- Assess patient health problems and needs, develop and implementing nursing care plans, and maintain medical records. Administer nursing care to ill, injured, convalescent or disabled patients. May advise patients on health maintenance and disease prevention or provide case management.

### **Special Care Internship**

#### **National Center for Mental Health**

- Caring for patients experiencing acute mental distress or who have an enduring mental illness; building relationships with patients to encourage trust while listening to and interpreting their needs and concerns.
- Philippine Orthopedic Center



## EDUCATION

College: Pamantasan ng Lungsod ng Marikina  
Bachelor of Science in Nursing  
March 31, 2015