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### **CAREER OBJECTIVE**

Supportive, motivated, and patient-oriented registered nurse (RN) with 11 years of clinical experience in Hemodialysis, General ward, and OPD settings. Dedicated, efficient, and detail-oriented team player with excellent interpersonal skills, compassion, and dedication toward collaboratively maintained treatment plans. A licensed medical professional with a history of monitoring patients, administering medications, and supporting doctors and hospital staff on operational tasks. Delivers high standard patient care; always applies evidence-based knowledge to get results and achieve best practice.

### **QUALIFICATIONS**

- **Total of 132 months of Clinical Experience**
- BLS /ACLS (Philippine Heart Association)
- Good knowledge of computer desktop operation and Microsoft Office programs.

Exposure to:

Electronic Medical Records  
Hemodialysis treatment (Out-patient, In-patient, ICU)  
On-call/ emergency dialysis  
Sustained Low-Efficiency Dialysis (SLED)  
All kinds of Procedures in the Orthopedic Section (Bandage, Casting, Platelet Rich Plasma Injection, Hyaluronic Acid Injection, Closed Reduction, release of the CTS), Post-Op care  
Stress Test, ECG, and Spirometry Machine

### **LICENSES AND CERTIFICATIONS**

**Institution** : Professional Regulation Commission, Philippines  
**Nursing Registration No.** : 0933828

**Institution** : Ministry of Health, Jeddah Saudi Arabia  
**Nursing Registration No.** : 11JN0026555

### **Nursing School Info**

Batch 2005-2009 - **Emilio Aguinaldo College - Cavite** - Bachelor of Science in Nursing

### **Languange Spoken**

English – Filipino - Arabic

## **BEDSIDE NURSING EXPERIENCE**

**April 2022 – PRESENT (22 months)**

South Imus Specialist Hospital (Philippines)

- 100 bed capacity

Position: **Staff Nurse, 40-48 hours/week, 4-8 Patients**

Area: **Hemodialysis Unit**

Roles, Responsibilities, Skills:

- Adheres to Data Privacy
- Proper Communication & Documentation
- Cephalo-caudal assessment
- Assists Nephrologists Rounds
- Assessing and Proper Carrying out of Doctor's orders.
- Medication administration
- AVF cannulation
- Blood Transfusion during/while on HD
- Blood Sugar monitoring
- Pain assessment & management
- Coordination with Team members
- Efficient Time Management and Task Delegation
- Health Teaching
- Pre and Post HD monitoring
- Infection Control
- Fall Prevention
- Patient transfer and transport
- Hospital Information System Management
- Intradialytic Complication management

Equipment: Infusion Pump, Suctioning Machine, ThermoScan, sphygmomanometer, Pulse oximeter, Stethoscope, Nebulizer, Glucometer, Desktop computer, E-Cart, standing scale, Oxygen equipment, Hemodialysis Machine

**January 2022 – April 2022 (3 months)**

South Imus Specialist Hospital (Philippines)

- 100 bed capacity

Position: **Staff Nurse, 40-48 hours/week, 5-15 Patients**

Area: **General Ward**

Roles, Responsibilities, Skills:

- Maintain accurate, detailed reports and records.
- Monitor all aspects of patient care, including diet and physical activity.
- Prepare patients for and assist with examinations or treatments.
- Monitor, record, and report symptoms or changes in patient's conditions.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.
- Instruct individuals, families, or other groups on topics such as health education, disease prevention, or childbirth and develop health improvement programs.
- Modify patient treatment plans as indicated by patients' responses and conditions.

Equipment: Infusion Pump, Suctioning Machine, ThermoScan, sphygmomanometer, Pulse oximeter, Stethoscope, Nebulizer, Glucometer, Desktop computer, E-Cart, standing scale, Oxygen equipment, Enteral Feeding Equipment, Urinary Catheters and Drainage Bags, Infection Control Supplies, Medication Carts, Defibrillator, Cardiac Monitor

**October 2020 – December 2021 (14 months)**

**South Imus Specialist Hospital (Philippines)**

- 100 bed capacity

Position: **Benefits Staff, 48 hours/week, 15-20 Patients**

Area: **Business Office Section**

**Roles, Responsibilities, Skills**

- Entertains queries and concerns regarding PhilHealth membership and benefit packages.
- Check the accuracy and completeness of all documents. (In-patient, OPD, Direct filing)
- Assesses member's/patient's submitted requirements and verifies coverage of their benefits.
- Process claims according to category.
- Handles Out-Patient Transactions – from deductions to Bizbox transmittals.
- Reports discharged PhilHealth Patients to the Admitting Section for their census.
- Abides by the Hospital Policy, Rules, and Regulations, and follows the Department's standard operating procedures

Equipment: Bizbox software, Electronic Health Records (EHR) Software, Computers and Workstations, Telephones and Communication Devices

**March 2015 – April 2019 (49 months)**

**Medical Reference Center (Jeddah, Saudi Arabia)**

- A **polyclinic**, serving as an outpatient department (OPD), offers a comprehensive array of healthcare services, spanning primary care, specialized medical care, one day surgery and diagnostic services

Position: **Staff Nurse, 40-48 hours/week, 15-25 Patients**

Area: **OPD Orthopedic Department**

**Roles, Responsibilities, Skills:**

- Assist orthopedic doctors in performing their duties.
- Help injured athletes manage and treat pain and get better after injury
- Monitor the patient's health and general body condition and report changes and improvements to the doctor.
- Work with doctors to perform treatments on patients with musculoskeletal conditions.
- Manage post-surgical joint replacements, and trauma/fractures. compartment syndrome/ post fasciotomies,
- Perform the assessment, collect accurate, complete, pertinent data, and through continuous assessment maintain awareness of the health status of each patient with special consideration.
- Dress and care for wounds, surgical incisions, and orthopedic devices such as casts, braces, and splints.
- Ensure proper hygiene and infection control to prevent complications.

Equipment: ThermoScan, sphygmomanometer, Pulse oximeter, Stethoscope, E-Card, fracture table, Orthopedic Cast Materials, Wheelchairs and Mobility Aids, Orthopedic Casting and Molding Equipment, Orthopedic Software, centrifuge for PRP injection, Telemetry, Sterilization Equipment,

**February 2010 – February 2014 (48 months)**

**Albaraka Medical Center (Jeddah, Saudi Arabia)**

- **Outpatient Specialty Center** that specialize in providing diagnostic, treatment, and follow-up services for specific medical specialties or subspecialties

Position: **Staff Nurse, 40-48 hours / week, 15-25 Patients**

Area: **General OPD Staff Nurse / Orthopedic Dept**

Roles, Responsibilities, Skills:

- Conduct thorough assessments of patients' medical histories and current health conditions.
- Perform routine medical procedures, including wound dressings, suture removal, and administration of injections and vaccinations.
- Collect and prepare specimens for laboratory tests as ordered by physicians.
- Maintain accurate and detailed medical records, documenting patient assessments, interventions, and outcomes
- Promote health awareness and preventive care among patients, such as cancer screenings, vaccinations, and health check-ups.
- Follow strict infection control protocols to prevent the spread of contagious diseases within the outpatient department.
- Maintain and organize medical equipment and supplies, ensuring their availability and functionality.
- Communicate effectively with patients, their families, and other healthcare team members

Equipment: ThermoScan, sphygmomanometer, Pulse oximeter, Stethoscope, E-Cart, Computerized Patient Records System, Telemetry, Minor Surgical Equipment, Sterilization Equipment, Dressing and Wound Care Supplies, Nebulizer, Electrocardiogram (ECG) Machine, Height Measurement Device,

#### **VOLUNTEER/OTHER NURSING EXPERIENCE**

**March 2009- February 2010 (11 months)**

**DBB Municipal Hospital Area 1 Dasmarinas, Cavite**

- 10 bed capacity

Position: **Volunteer Nursing Attendant, 40-48 hours/week, 5-10 Patients**

Area: **General Ward**

Roles, Responsibilities, Skills:

- Assist patients with activities of daily living (ADLs), including bathing, dressing, grooming, toileting, and feeding.
- Help patients with mobility, repositioning, and transfers, using proper lifting and transfer techniques to prevent injury.
- Take and record patients' vital signs, such as temperature, pulse, respiratory rate, and blood pressure.
- Report any abnormal vital signs to the nursing staff.

- Assist nurses or physicians with various medical procedures, such as wound care, catheter insertion, and specimen collection.
- Prepare patients for examinations or treatments
- Assist in the administration of medications to patients as directed by nursing staff, ensuring the correct dose and timing.

#### **SEMINARS AND TRAININGS ATTENDED**

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| <ul style="list-style-type: none"> <li>• Basic Life Support Training</li> <li>▪ Advance Life Support Training</li> <li>▪ Philippine Society of Nephrology Annual Seminar</li> <li>▪ National Patient Safety Congress 2022</li> <li>▪ 12th Postgraduate Course entitled: "Shifting Gears: Emerging from the Lockdown."</li> <li>▪ Accidental Awareness During General Anesthesia" and "Rediscovering NSAIDs in Multimodal Management of Postoperative Pain</li> </ul> | <ul style="list-style-type: none"> <li>▪ Management of the Coagulopathic Surgical Patient and Transfusion Reactions and Complications</li> <li>▪ PICU MRT Season 2 5th Station: No Sweet Talk on Blood Sugar in PICU: "Controlling sugars on the Rise: A talk on DKA in Children" and "Blood sugar monitoring in PICU: Understanding the highs and lows"</li> <li>▪ SURGICAL SITE INFECTION: PREVENTION AND MANAGEMENT</li> <li>▪ 3rd Patient Safety Congress</li> </ul> |
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**Resume updated on: February 8, 2024**