

A member of



## **SUMMARY OF GRADES**

| NAME  | CORPUZ, FERGILYN D.   |  |
|---|---|--|
| PROGRAM / COURSE  | LADDERIZED HEALTHCARE SERVICES AND CAREGIVING   |  |
| COURSE DESCRIPTION  | This course is designed to enhance the knowledge, skills, and attitudes of Nursing Aide and Caregiver in accordance with industry standards. It covers basic, common, and core competencies in TESDA-NC II. |  |
| FACILITATORS MR. NICOLAI MACABALLUG, BSN, RN, MSN MS. CATHERINE R. PASCUAL, BSN, RN |   |  |

## **BASIC and COMMON COMPETENCIES**

(10 Hours)

| JNI | T OF COMPETENCIES   | LEARNING OUTCOMES   | METHODOLOGY                       | CUMULATIVI<br>GRADE |
|-----|---|---|-----------------------------------|---------------------|
| 1.  | Participate in workplace communication                          | <ul> <li>1.1 Obtain and convey workplace information.</li> <li>1.2 Complete relevant work-related documentation.</li> <li>1.3 Participate in workplace meetings and discussion</li> </ul>   | Lecturette                        |                     |
| 2.  | Work in a team<br>environment                                   | <ul><li>2.1 Describe and identify team roles and responsibilities in a team.</li><li>2.2 Describe work as a team member.</li></ul>  | Lecturette                        |                     |
| 3.  | Practice career<br>professionalism                              | <ul><li>3.1 Integrate personal objectives with organizational goals.</li><li>3.2 Set and meet work priorities.</li><li>3.3 Maintain professional growth and development.</li></ul>  | Lecturette                        |                     |
| 4.  | Practice occupational health and safety                         | <ul> <li>4.1 Evaluate hazards and risks.</li> <li>4.2 Control hazards and risks.</li> <li>4.3 Maintain occupational health and safety awareness.</li> </ul>   | Lecturette                        |                     |
| 5.  | Implement and monitor infection control policies and procedures | <ul> <li>5.1 Provide information about the work group, organization's infection control policies and procedures.</li> <li>5.2 Integrate the organization's infection control policies and procedures into work practices. (Hospital Acquired Infections)</li> <li>5.3 Monitor infection control performance and implement improvement practices.</li> <li>5.4 Demo: Hand Hygiene, wearing and donning PPE, gloves techniques and cough etiquettes.</li> </ul> | Lecturette  Return  Demonstration | 49%                 |
| 6.  | Respond effectively to difficult / challenging behavior         | 6.1 Plan and respond to emergencies. Report and review incident   | Lecturette                        | 4                   |
| 7.  | Apply basic first aid   | <ul> <li>7.1 Assess the situation.</li> <li>7.2 Apply basic first aid techniques. Communicate details of the incident.</li> <li>7.3 Bandaging and emergency drills.</li> <li>7.4 Basic Life Support: Adult and Infant</li> </ul>  | Lecturette  Return  Demonstration | 47%                 |
| 8.  | Maintain a high standard of patient services.                   | <ul> <li>8.1 Communicate appropriately with patient.</li> <li>8.2 Establish and maintain good interpersonal relationship with patient.</li> <li>8.3 Act as respectful manner always.</li> <li>8.4 Evaluate own work to maintain a high standard of patient services</li> </ul>  | Lecturette                        |                     |

## **HEALTHCARE SERVICES**

## (750 Hours CORE COMPETENCIES)

| UNI | IT OF COMPETENCIES   | LEARNING OUTCOMES  | METHODOLOGY                 | CUMULATIV |
|-----|--|--|-----------------------------|-----------|
| 1.  | Prepare and maintain<br>beds.                                | <ul> <li>1.1 Prepare the area of bed-making.</li> <li>1.2 Perform bed-making according to established institution procedures.</li> <li>1.3 Perform aftercare activities of materials and equipment used.</li> </ul>  | Return<br>Demonstration     | 46%       |
| 2.  | Collect and maintain<br>linen stocks at end-user<br>location | <ul> <li>2.1 Explain the workplace procedure of collecting soiled linens.</li> <li>2.2 Maintain linen stock levels.</li> <li>2.3 Collect soiled linen.</li> <li>2.4 Distribute clean linen.</li> </ul>   | Lecturette                  |           |
| 3.  | Assist with patient mobility                                 | <ul> <li>3.1 Explain the workplace procedures for assisting patient with mobility.</li> <li>3.2 Prepare to assist with patient mobility.</li> <li>3.3 Assist with patient mobility.</li> <li>3.4 Complete patient mobility assistance.</li> </ul>  | Return<br>Demonstration     | 47%       |
| 4.  | Assist in transporting a patient.                            | <ul> <li>4.1 Explain the workplace for assisting patient transport.</li> <li>4.2 Prepare patient for transport.</li> <li>4.3 Assist in patient transport.</li> <li>4.4 Perform post-transport care.</li> </ul>   | Return<br>Demonstration     | 47%       |
| 5.  | Assist with bio-<br>psychosocial care of the<br>patient      | <ul> <li>5.1 Explain the concept of bio-psychosocial suppor</li> <li>5.2 Assist the patient in verbalizing his perceived problems related to bio-psychosocial concern.</li> <li>5.3 Perform bio-psychosocial measures and procedures implemented in the institution.</li> <li>5.4 Performing Vital Signs and Physical Assessmented in the patient on alternative to healthy be psychosocial well-being.</li> </ul> | Return<br>nt. Demonstration | 43%       |
| 6.  | Handle waste in a<br>healthcare environment                  | <ul> <li>6.1 Explain the concepts and principles of waste management and safe handling.</li> <li>6.2 Determine job requirement.</li> <li>6.3 Identify and segregate waste.</li> <li>6.4 Transport and store waste.</li> <li>6.5 Conduct quality control activities on clean-up work areas.</li> </ul>  | Lecturette                  |           |

# CAREGIVING (CORE COMPETENCIES)

| UNIT OF COMPETENCIES                           | LEARNING OUTCOMES   | METHODOLOGY                                   | CUMULATIVE<br>GRADE |
|--|---|---|---------------------|
| Provide care and support to Infants / Toddlers | <ol> <li>1.1 Explain the concept and principles of caring, growth, and development of infants/toddlers.</li> <li>1.2 Prepare infant/toddler for taking vital signs, bathing, and dressing.</li> <li>1.3 Clean and sterilize feeding bottles and prepare milk formula.</li> <li>1.4 Prepare and introduce adequate nutrition and semi-solid food.</li> <li>1.5 Prepare infant/toddler crib.</li> </ol> | Lecturette  Return  Demonstration  Lecturette | 40%                 |
| 2. Provide care and support to children        | <ul> <li>2.1 Explain the importance of installing personal hygiene practices in children.</li> <li>2.2 Maintain children's paraphernalia.</li> <li>2.3 Prepare children for taking vital signs, bathing, and dressing.</li> <li>2.4 Perform aftercare activities for materials and paraphernalia.</li> </ul>  | Lecturette                                    |                     |

|   | 2.5 Determine nutritional food requirements for children   |             |
|---|--|-------------|
| <ol> <li>Foster social, intellectual creative, and emotional development of children</li> </ol> | <ol> <li>Explain the concepts and principles of social,<br/>intellectual, creative, and emotional development<br/>of children (3-12 yrs. old)</li> </ol>   | Lecturette  |
| Foster the physical development of children   | <ul> <li>4.1 Explain the concepts and principles of the physical development of children.</li> <li>4.2 Explain the importance of healthy sleeping patterns and practices.</li> <li>4.3 Perform physical activities.</li> </ul>   | Lecturette  |
| 5. Provide care and support to elderly  | <ul> <li>5.1 Explain the concepts and principles of basic nursing care for the elderly.</li> <li>5.2 Identify appropriate physical, emotional, spiritual, and intellectual needs.</li> <li>5.3 Aid in promoting the appropriate needs for roles, responsibilities, rights, freedom, and activities of the elderly.</li> <li>5.4 Provide adequate nutrition and elimination.</li> </ul>   | Lectrurette |
| Provide care and support to people with special needs.  | <ul> <li>6.1 Identify and explain the needs of people with special needs.</li> <li>6.2 Identify personal care and assistance needed for daily living.</li> <li>6.3 Establish and maintain the appropriate relationship.</li> <li>6.4 Provide appropriate support for people with special needs.</li> <li>6.5 Assist oral and written communication.</li> <li>6.6 Provide adequate nutrition and eliminations for people with special needs.</li> </ul> | Lecturette  |
| <ol> <li>Maintain a healthy and<br/>safe environment</li> </ol>                                 | <ul> <li>7.1 Explain the concepts and principles of maintaining a clean and therapeutic environment.</li> <li>7.2 Explain the procedure for maintaining a clean and therapeutic environment.</li> <li>7.3 Assist the client in implementing a safe and therapeutic environment.</li> </ul>   | Lecturette  |
| 8. Respond to emergency   | <ul> <li>8.1 Discuss signs and symptoms of various illnesses and diseases.</li> <li>8.2 Identify and explain appropriate first aid and basic emergency procedures.</li> <li>8.3 Explain the procedures for implementing infection control prevention.</li> <li>8.4 Identify the appropriate procedures in medicine administration.</li> <li>8.5 Identify dangerous, hazardous, and threats to</li> </ul>   | Lecturette  |
| Clean living room,     dining room, bed room.   | safety and well-being.  8.6 Perform first aid procedures.  9.1 Explain the principles and proper procedures in cleaning and polishing living room, dining room,  |             |
| toilet and bathroom   | bedroom, bathroom, and kitchen. 9.2 Clean and sanitize the toilet and bathroom. 9.3 Identify different kinds of the cleaning agent. 9.4 Makeup beds and cots (Open and Closed bed) 9.5 Maintain a clean environment. 9.6 Perform aftercare activities of materials and equipment.  | Lecturette  |
| <ol> <li>Wash and iron clothes,<br/>linens, and fabrics</li> </ol>                              | <ul> <li>10.1 Explain the principles and procedures for washing and ironing clothes.</li> <li>10.2 Explain procedures for operating tools and equipment.</li> <li>10.3 Perform laundry.</li> <li>10.4 Iron clothes, linens, and fabrics.</li> <li>10.5 Perform aftercare activities of materials and equipment.</li> </ul>   | Lecturette  |

| <ol> <li>Prepare hot and cold meals</li> </ol> | 11.1 Explain the procedures for preparing hot and cold meal.          | Lecturette    |        |
|--|---|---------------|--------|
|  | 11.2 Prepare hot and cold meals.                                      |               |        |
|  | 11.3 Prepare appetizer sauces, dressings, and                         |               |        |
|  | garnishes.  | Return        | 42.25% |
|  | 11.4 Cook meals and dishes according to recipe / dietary requirement. | Demonstration |        |
|  | 11.5 Set the table and serve cooked dishes.                           | Lecturette    |        |
|  | 11.6 Perform aftercare activities with materials and equipment.       |               |        |
|  | 11.7 Demonstrate personal good grooming and                           | Return        |        |
|  | hygiene.  | Demonstration | 45.5%  |
|  | 11.8 Demonstrate clear and effective communication                    |               |        |
|  | on the job.   | Lecturette    |        |
|  | 11.9 Maintain professionalism at the workplace.                       |               |        |

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| <b>TOTAL GRADE (COMPETENCIES) (50%)</b> | 45.19% |
|---|--------|
| ATTENDANCE (10%)                        | 10%    |
| CLASS PARTICIPATION (10%)               | 10%    |
| WRITTEN EXAMINATION (30%)               | 27.9%  |

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Prepared By:

ERWINAL BANGUG Head, Registrar

Approved By:

NICOLAI R. MACABALLUG Chief Learning Officer

> RODELYN DU GO CEO/ President

General Average of 93.09%

The Trainee is Verified as

### COMPETENT

For completing the standards of Competency and Skills Proficiency.

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