

WEEK ONE 学习/大学/话题词汇

attend school (上学)

discuss with… (和……讨论)

seek assistance (寻求帮助)

motivate (激励)

think independently (独立地思考)

make good use of (充分利用),

suit (适合)

vision (视野)

get access to… (进入……; 见到……)

creativity (创造力)

be beneficial to (对……有益)

apply for (申请, 请求)

daily expense (日常花费)

be in great difficulty (陷入困境),

great varieties of sth (多种多样的)

lecture (讲座),

broaden one's horizons (开阔某人的眼界)

cultivate (培养)

more colorful and enjoyable (更加丰富和有趣),

strike a balance between…and… (在……和……中保持)

平衡)

postgraduate (研究生)

satisfactory (令人满意的)

practical skills (实用技能)

competitive (有竞争力的)

foundation (地基, 基础)

apply (运用),

adapt to (适应)

be indulged in… (沉溺于……)

valuable (有价值的)

sight (视野)

experience (经验)

rewarding (值得的, 有意义的),

absorb knowledge (吸收知识)

compared with (与……相比),

in the long run (从长远来看)

squeeze out time (挤出时间)

be inspired to (受到鼓舞去……)

overcome (战胜, 克服)

be responsible for (对……有责任),

provide aid (提供帮助)

certificate (证书)

prepare for tests (为考试做准备)

proper learning skill (恰当的学习方法)

a reasonable study schedule (合理的学习计划),

spare time for recreation and social activities (腾出时间参加娱乐和社会活动)

scientific learning method (科学的学习方法)

learning efficiency (学习效率)

major (专业),

come up with (提出, 想出)

lag behind (落后于)

practical ability (实际能力)

step into society (踏入社会)

adapt oneself to (适应)