A short summary about the conductive heat transfer and solving the same exercise with L= 0.4 m, A= 20 m2, DeltaT= 25, and k=0.78 W/m K using both simple method and using the resistance concept.

Summary:

The conductive heat transfer is the transfer of heat internal energy in a medium without macroscopic motion, the heat spontaneously flows from a hotter to a colder boby.

The rate of heat trasfer through the wall:
The simple method:

$$\dot{Q} = kA \frac{\Delta T}{L} = 0.78 * 20 * \frac{25}{0.4} = 975 W$$

The resistance concept:

$$R_{wall} = \frac{L}{kA} = \frac{0.4}{0.78 * 20} = 0.0256 \, {^{\circ}}C/W$$

$$\dot{Q} = \frac{\Delta T}{R_{Wall}} = \frac{25}{0.0256} = 976.6W$$