

**Problem Statement:**

Many college students face challenges managing their time efficiently which leads to an increased stress level and lower academic performance.

**What is the problem:** Over the time while I've been in college, I've heard lots of students complain about how they don't have lots of time to get things done whether it's school, social life, clubs, gym, etc. This could lead to students stressing, having mental breakdowns, or even trying to decide which is more important for them to spend their time on.

**Who's experiencing the problem:** Students all across the world who experience issues with time management while in college.

**Why does it matter:** Managing your time wisely could lead to better performance overall. You could have the time to get most of the things done you want plus a little extra time just for yourself. We know not having time to get things done could be a burden in your life and could really mess with a person's mental health. By managing time with our app, you could get that burden of not having time right off your shoulders!