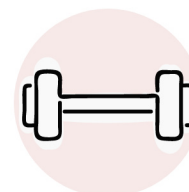


MONTHLY FITNESS SCHEDULE

MONTH:

YEAR:

MON	TUE	WED	THU	FRI	SAT	SUN



GOALS:

- _____
- _____
- _____
- _____

STATS:

DESCRIPTION	START	END

NOTES:
